Sides and extras

Bowl of chips 🥏 964 kcal (Add: Spicy seas	oning Ø	(8 kcal) 34p)	4.23
Small bowl of chips @ 602 kcal			2.48	
Five chicken wings 💴 402 kcal			3.34	
Eight Whitby breaded scampi 527 kcal			4.99	
Grilled halloumi-style cl	heese 💟 446	kcal		1.97
Peas 🥏 130 kcal				94p
Mushy peas V 248 kcal				94p
Side salad @ 87 kcal			2.29	
Mediterranean side salad 🧭 198 kcal			3.22	
Roasted vegetables 🥥 135 kcal			1.53	
Coleslaw V 399 kcal				1.40
Sliced chillies	🕽 3 kcal			88p
Onion rings ⊘	Six 269 kcal	2.33	Twelve 538 kcal	3.50
Garlic pizza bread V	8 '' 386 kcal	4.40	11 " 772 kcal	5.57
With cheese V	8 '' 461 kcal	4.98	11 " 922 kcal	6.44

Desserts

Vanilla ice cream (V) (557) 338 kcal Two scoops, toffee sauce, Belgian chocolate sauce	2.05
Cookie crunch (V) (1999) 365 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	2.05
Mini warm chocolate brownie (V) (555) 435 kcal Belgian chocolate sauce, vanilla ice cream	3.22
Mini warm cookie dough sandwich 🛛 🐯 435 kcal Salted caramel filling, toffee sauce, vanilla ice cream	3.22
Fresh fruit (V) (33) 447 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	4.80
Warm chocolate fudge cake 🔇 913 kcal. Vanilla ice cream	5.57
Warm chocolate brownie 🛛 736 kcal Belgian chocolate sauce, vanilla ice cream	5.57
Warm cookie dough sandwich V 735 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.57
British Bramley apple crumble V 830 kcal Vanilla ice cream	5.84
Add: Vanilla ice cream scoop V (135 kcal) 94p Belgian chocolate sauce V (61 kcal) 42p Toffee sauce V (74 kcal) 42p Banana (0) (101 kcal) 62p Strawberries (0) (14 kcal) 62p Blueberries (0) (17 kcal) 62p	

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
 Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

/ = Very mild **//** = Mild **///** = Medium hot **////** = Very hot **Extremely hot** Vegetarian ØVegan 🤓 5% fat or less 👫 Dish under 500 Calories Seafood with this mark comes from an MSC-certified

sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

Served BREAKFAST

Large breakfast 1286 kcal Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast	7.09
Traditional breakfast 742 kcal Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast	5.41
Small breakfast 뻀 419 kcal Fried egg, bacon, sausage, baked beans, hash brown	4.84
Add: Two slices of black pudding (355 kcal) 1.51	
Large vegetarian breakfast ♥ 1206 kcal Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	7.09
Vegetarian breakfast 	5.41
Small vegetarian breakfast Ѵ 뻀 3 13 kcal Fried egg, Quorn sausage, baked beans, hash brown, tomato	4.84
Vegan breakfast @ 786 kcal Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	5.01
Freedom breakfast 545 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	4.84

Breakfast extras

Add any of the following:		
Two slices of black pudding 355 kcal	1.51	Two rashers of back bacon 99 kcal
Sausage 168 kcal	1.05	Four rashers of maple-cured bacc
Quorn [™] sausage ⊘ 116 kcal	1.05	Two scrambled eggs 🕐 136 kcal
Grilled halloumi-style cheese 🔇 396 kcal	1.97	Fried egg 👽 56 kcal
Baked beans Ø 126 kcal	93p	Poached egg V 63 kcal

our rashers of maple-cured bacon 91 kg **vo scrambled eggs** 136 kcal ied egg V 56 kcal oached egg V 63 kcal

Breakfast butties and wraps

Bacon butty 525 kcal. Three rashers of bacon, buttered white bloomer bread	4.13
Sausage butty 713 kcal. Two sausages, buttered white bloomer bread	4.13
Quorn [™] sausage butty ♥ 609 kcal	4.13
Two Quorn sausages, buttered white bloomer bread	

Breakfast muffin dea	1
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15

Includes tea, coffee or hot chocolate. Free refi	lls [□]
Egg & cheese muffin () (555) 249 kcal Fried egg, American-style cheese, in an English muffin	3.54
Egg & bacon muffin (555) 298 kcal Fried egg, bacon, American-style cheese, in an English muffin	4.01
Egg & sausage muffin (567) 417 kcal Fried egg, sausage, American-style cheese, in an English muffin	4.01
Egg & Quorn™ sausage muffin ♥ (555) 364 kcal Fried egg, Quorn sausage, American-style cheese, in an English muffin	4.01
Breakfast muffin ())) 466 kcal Fried egg, sausage, bacon, American-style cheese, in an English muffin	4.23
Add: Hash brown 🥥 (82 kcal) 46p	

Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml)

8am - 12 noon

Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.57
Mushroom Benedict V 629 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.57
Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.57
Scrambled egg on toast 🛛 570 kcal Three eggs, buttered white bloomer toast	4.01
Beans on toast V 🕸 566 kcal. Buttered white bloomer toast	3.88
Small beans on toast 💟 🕸 🐯 251 kcal Buttered white bloomer toast	2.84
Two slices of toast with jam or marmalade V 🐯 496 kcal White bloomer bread	2.69
Fresh fruit @ 38 (555) 177 kcal Apple, banana, blueberries, strawberries	3.88
Porridge V & (50 252 kcal (plain) Add: Banana (101 kcal) 62p Strawberries (14 kcal) 62p Blueberries (17 kcal) 62p Honey V (91 kcal) 34p	2.09

	1.57	Hash brown 🧭 82 kcal	46
cal	1.52	Two mushrooms 🤕 91 kcal	93
	1.63	Two grilled tomato halves 🥏 16 kcal	52
	93p	Slice of toast 💟 191 kcal	1.1
	93p		

Breakfast wrap 739 kcal Fried egg, bacon, sausage, hash brown, Cheddar cheese	4.59
Vegetarian breakfast wrap 🔮 835 kcal Fried egg, two Quorn sausages, two hash browns, Cheddar cheese	4.59

-Tea, coffee and hot chocolate -



Flat white V 92 kcal Cappuccino V 102 kcal Espresso Ø 6 kcal Black coffee Ø 6 kcal White coffee V 24 kcal (Oat milk available 🥥 4 kcal) Hot chocolate 💟 169 kcal Tea Tetley with semi-skimmed milk 💟 14 kcal (Oat milk available 🥏 4 kcal)

Decaffeinated tea and coffee available.

1.64		

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com ^OOffer (excluding take away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on the telephone our website and our app. [§]Statement of daily calorie needs from the Department of Health & Social Care. ¹¹Excluding decaffeinated. ***Drinks exclude bottled wine, sparkling wine, Prosecco**, cocktails, spritzes, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for

jdwetherspoon.com \neg

drinkaware.co.uk

ltsim **S**

around 2000 kcal a day.§

Biscuits

Latte 💟 113 kcal Mocha 💟 147 kcal

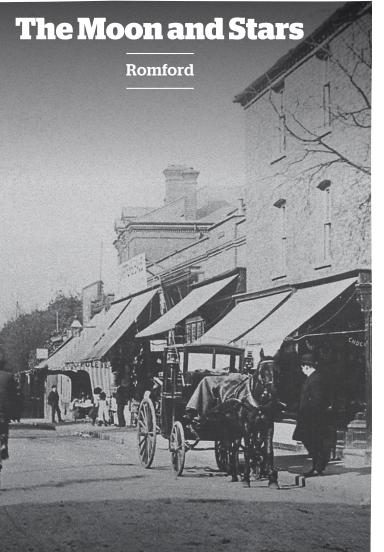
Walkers shortbread V 151 kcal 71p Stem ginger biscuit 🕐 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar 💟 316 kcal 1

for the facts



Main menu 11.30am - 11pm. Children's menu available.

INCLUDES A DRINK* **Choose from over 150 drinks**

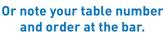


The famous writer George Orwell described his ideal pub in detail in a newspaper article. He named his fictional pub 'Moon Under Water' which is why 'moon' appears in the name of several Wetherspoon pubs. This pub opened in 1994, in premises previously occupied by Bonbon, Ladies' Fashions (99 South Street) and Pizza Hut (101–103). The building was erected in the inter-war years on the site of a detached Victorian house and its walled garden.



How to order from your table

Download the Wetherspoon app or scan this QR code.













Food hygiene rating We have been awarded

the maximum food hygiene rating of 5 in our pub.



100% UK and Irish beef Sourced from farms in the UK and Ireland. Traceable from farm to fork.



RSPCA

ASSURED

Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.

Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

LAVALLA



Arabica Lavazza coffeet we serve is from Rainforest Alliance-certified farms. Tea

The freshly ground 100%

Coffee

The Tetley tea we serve also comes from Rainforest Alliance-certified farms.

Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need



wetherspoon hotels 57 in England, Ireland,

Scotland and Wales HOTELS Book direct for the best rates jdwetherspoon.com or on our app





Small plates Any 3 for £14.93

8" pizzas on a freshly baked sourdough base

8" pizzas on a freshly baked sourdough base.	
Margherita 🕐 🚟 470 kcal Mozzarella, basil	6.04
Pepperoni // 578 kcal Mozzarella, pepperoni	6.61
Ham and mushroom 505 kcal Mozzarella, ham, mushroom, rocket	6.61
BBQ chicken 558 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	6.61
Roasted vegetable (V) 515 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	6.61
Vegan roasted vegetable @ 53 (555) 353 kcal Mushroom, roasted pepper, courgette, onion, basil	6.61
BBQ jackfruit and vegan cheeze FFF @ 33 (555) 437 kcal BBQ jackfruit, vegan cheese alternative, sliced chillies, red onion, rocket	7.20
Spicy meat feast //// 618 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.20
11" garlic pizza bread 💟 772 kcal	5.57
Bao buns Traditional Asian steamed buns	5.19
Choose: Spicy crunchy chicken //// 624 kcal. Spicy mayo, red onion, sliced chillies, cor BBQ jackfruit @ 53 5555 416 kcal. Red onion, sliced chillies, coriander	iander
Nachos /// 🛇 592 kcal Cheese, guacamole, salsa, sour cream, sliced chillies	6.09
Bowl of chips Ø 964 kcal	4.23
Bowl of chips with curry sauce @ 1082 kcal	5.86
Cheesy chips ♥ 1256 kcal	5.41
Loaded chips 1218 kcal Cheese, maple-cured bacon, sour cream	6.31
With any of the small plates below, choose one dip:	
Sweet chilli // 348 kcal	
Sticky soy ♥ 100 kcal Naga chili ₱₱₱₱ @ 136 kcal	
Jack Daniel's® Tennessee Honey glaze V 87 kcal	
Chipotle mayo 💴 🖉 🕐 150 kcal	
Blue cheese V 270 kcal	
Halloumi-style fries V (333) 396 kcal	5.19
Chicken bites (555) 298 kcal Ten battered chicken breast pieces	6.31
Southern-fried chicken strips / (566) 459 kcal Five chicken breast strips	6.31
Chicken wings #### 804 kcal Ten spicy chicken wings	6.99
Quorn™ nuggets @ (****) 331 kcal Eight coated pieces	5.19

Deli Deals[®] INCLUDES A DRINK

8" pizzas on a freshly baked sourdough base. Choose any 8" pizza from the small plates section. **Paninis** Cheddar cheese and tomato V 532 kcal Wiltshire cured ham soft drink* and Cheddar cheese 512 kcal 5.92 BBQ chicken, bacon and Cheddar cheese 572 kcal each BBQ jackfruit and vegan cheeze @ 516 kcal alcoholic drink* BBQ jackfruit, vegan cheese alternative 7.45 Wraps each Shawarma chicken **FFF** 749 kcal

Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

Quorn[™] nuggets Ø 534 kcal. Tomato, cucumber, salsa

Southern-fried chicken and smoky chipotle mayo **FFF** 639 kcal

Fried halloumi-style cheese and sweet chilli sauce **FF** V 738 kcal Tomato, cucumber

Add: Chips @ (602 kcal); Salad @ (87 kcal); Spicy rice @ (208 kcal) 1.44 each

Burgers INCLUDES A DRINK.	Beef t	ourgers made	ef
Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, inc	cluded in Cal	ories below).	
American burger 695 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 676 kcal Iceberg lettuce, tomato, red onion Skinny beef burger (55) 369 kcal	soft drink* 5.70 each	alcoholic drink* 7.23 each	
Iceberg lettuce, tomato, red onion, with a side salad, inste	ad of chips		
American cheese burger 729 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		oft drink* 6.27 lic drink* 7.80	
Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories	below).		
Double American burger 1137 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1118 kcal Iceberg lettuce, tomato, red onion	soft drink* 7.95 each	alcoholic drink* 9.48 each	
Double American cheese burger 1206 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		oft drink* 8.53 lic drink* 10.06	
Just-a-burger Served on its own, without chips or a drink. American burger 👹 366 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger / 🚳 459 kc Two southern-fried chicken strips, iceberg lettuce, mayon		each 3.36	
Additional toppings and burger patties			
Maple-cured bacon with Cheddar cheese 174 kc Maple-cured bacon with American-style chees Cheddar cheese 🕐 83 kcal	al	2.14 2.14 1.52	
American-style cheese 💟 69 kcal Maple-cured bacon 91 kcal Crunchy chicken strip 🍠 92 kcal		1.52 1.52 1.50	
3oz beef patty 169 kcal Fried halloumi-style cheese ♥ 446 kcal Grilled chicken breast 187 kcal		each 1.97	

Curries Includes A DRINK

Fried buttermilk chicken 473 kcal

BEYOND MEAT patty @ 184 kcal

Katsu curries With a mild Japanese-style katsu curry sauce coconut-flavour rice, sliced chillies and coriander.	:e,
Katsu chicken curry 286 kcal Sliced whole breaded chicken breast fillet Katsu grilled chicken curry [®] 541 kcal Sliced grilled chicken breast Katsu Quorn [™] nugget curry [®] 685 kcal Eight coated pieces	soft drink* 8.96 each alcoholic drink* 10.49 each
Classic curries With basmati pilau rice, plain naan and poppadums.	soft drink*
Mangalorean roasted cauliflower & spinach curry ## @ 3867 kcal	10.08 each
Chicken tikka masala 🎢 1190 kcal	alcoholic drink*
Chicken jalfrezi	11.61 each
Beef Madras //// 1043 kcal	

Change your plain naan to a garlic naan (V) (add 58 kcal) 47p

Jacket potatoes Includes A DRINK •

With salad and one filling. Extra fillings 1.22 each.	
Coleslaw 🔇 578 kcal	soft drink*
Cheese 🔇 531 kcal	7.09 each
Baked beans 🥏 😨 501 kcal	alcoholic drink*
Five-bean chilli 🖊 🥏 🤫 5 431 kcal	8.62
Roasted vegetables 🥏 🌚 ‱ 402 kcal	each

from 100% British beef. **Gourmet burgers**

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1661 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin Tennessee burger Manle

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1565 kcal Grilled chicken breast 1416 kcal; Fried buttermilk chicken 1702 kcal	soft drink* 10.17 each
BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal	alcoholic drink* 11.70 each
Grilled chicken breast 1495 kcal; Fried buttermilk chicken 1780 kcal	

Smoky jackfruit burger ⊘ 1523 kcal **BEYOND MEAT** plant-based patty, BBQ jackfruit, vegan cheese alternative

Fiesta burger ⊘ 1462 kcal

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1479 kcal soft drink* 11.60 Three 3oz beef patties, American-style cheese, alcoholic drink* 13.13 maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

Chicken burgers

Served with a small portion of chips (329 kcal, included in the Calories below). soft drink* 5.70 Crunchy chicken strip burger **/** 787 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise alcoholic drink* 7.23 Served with chips (602 kcal, included in Calories below). soft drink* Fried buttermilk chicken burger 1254 kcal 7.95 Breaded whole chicken breast fillet each Grilled chicken breast burger 969 kcal alcoholic drink* Skinny chicken burger 🚳 🐻 388 kcal 9.48 each Grilled chicken breast with salad, instead of chips

Meat-free burgers

Meat-free burgers	soft drink*
Served with chips (602 kcal, included in Calories below).	7.95
Fried halloumi-style cheese burger 💋 🕥 1128 kcal	each
Sweet chilli sauce	alcoholic drink*
Beyond Burger™ Ø 834 kcal	9.48
BEYOND MEAT plant-based patty	each

Chicken Includes A DRINK

Char-grilled half chicken Chicken on the bone is marinated, slow cooked and finished on the char-grill.

Lemon and herb 🖊 Char-grilled in a lemon & herb glaze	
Coleslaw, garlic & herb dip Choose: Spicy rice 1099 kcal; Chips 1173 kcal; Side salad 978 kcal Mediterranean salad 1089 kcal	soft drink* 11.07 each
Hot and spicy //// Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip Choose: Spicy rice 1069 kcal; Chips 1463 kcal; Side salad 948 kcal	alcoholic drink* 12.60 each
Mediterranean salad 1058 kcal Chicken baskets	
Boneless basket /	

Three southern-fried chicken strips, five chicken breast bites. coleslaw, BBQ sauce Choose: Spicy rice 849 kcal; Chips 1243 kcal; Side salad 720 kcal

Chicken	bites	basket	

Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Spicy rice 🚳 739 kcal; Chips 1133 kcal; Side salad 618 kcal Southern-fried chicken strips basket 🖉

Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal

Quorn™ 'no chicken' nuggets basket 🗾 🔍 Eight coated pieces, coleslaw, sweet chilli sauce Choose: Spicy rice 721 kcal; Chips 1115 kcal; Side salad 600 kcal

Salads, pastas and noodles INCLUDES A DRINK

British bee Choose: Side sa

Smal

Fish and Small free Peas 680 kcal

After

Mon - Fr Choose fro

soft drink*

8.91

each

alcoholic drink*

10.44

each

Pub classics INCLUDES AD	RINK •	1
Fish and chips	soft drink	 alcoholic drink*
Freshly battered cod and chips <i>P</i> eas 1239 kcal or mushy peas 1298 kcal	10.31	11.84
Whitby breaded scampi Eight scampi chips, peas 1195 kcal or mushy peas 1255 kcal	10.31	11.84
Add: Two slices of bread 🕥 (383 kcal) 1.34 Chip shop-style curry sauce 🥥 (118 kcal) 1.46		
Steak & kidney pudding 1223 kcal Chips, peas, onion & red wine gravy	8.56	10.09
Wiltshire cured ham, eggs and chips 856 kca Two slices of Wiltshire cured ham, two fried eggs	al 7.96	9.49
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	7.96	9.49
Vegan sausages, chips and beans @ 1013 kca Three Quorn sausages	al 7.96	9.49
Five-bean chilli 🖊 🥥 😳 590 kcal. Rice, tortilla chips	8.56	10.09
All-day brunch 1213 kcal Two sausages, bacon, two fried eggs, baked beans, chips Add: Two slices of black pudding (355 kcal) 1.51	9.96	11.49
Vegetarian all-day brunch ♥ 1126 kcal Three Quorn sausages, two fried eggs, baked beans, chips	9.96	11.49
Afternoon deal Mon - Fri, 2pm - 5pm Choose from the above pub classic meals.	soft drink* 7.49	alcoholic drink* 9.02

Ramen noodle bowl / @ @ 236 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Grilled chicken breast (94 kcal) 1.15 Poached egg @ (63 kcal) 93p	soft drink* al 9.13	coholic drink* 10.66
Chicken & maple-cured bacon salad Choose: Grilled chicken breast @ (30) 279 kcal Southern-fried chicken breast strips (30) 461 kcal	9.70	11.23
Mediterranean salad @ \$ \$334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing Add: Grilled halloumi-style cheese (396 kcal) 1.97 Roasted vegetables @ (135 kcal) 1.53 Grilled chicken breast (187 kcal) 1.97	8.57	10.10
Pasta alfredo ♥ 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Grilled chicken breast (187 kcal) 1.97 Maple-cured bacon (91 kcal) 1.52	9.13	10.66
British beef & pancetta lasagne Choose: Side salad 780 kcal: Chips 1295 kcal	9.70	11.23

DES A DI	RINK [®] •
soft drink*	alcoholic drink*
8.09	9.62
8.09	9.62
6.86	8.39
7.15	8.68
7.15	8.68
	soft drink* 8.09 8.09 6.86 7.15

alcoholic drink'

7.86

'NOON deal i, 2pm - 5pm 1 the above small pub classic meals.	soft drink 6.33

11" pizzas INCLUDES A DRINK]	
On a freshly baked sourdough base.		* alcoholic drink*
Margherita 🕐 939 kcal. Mozzarella, basil	8.91	
Pepperoni 🌮 1157 kcal. Mozzarella, pepperoni		
Ham and mushroom 1012 kcal Mozzarella, ham, mushroom, rocket BBQ chicken 1103 kcal		soft drink* 10.08 each
Mozzarella, BBQ sauce, chicken breast, red onion, rocket		alcoholic drink*
Roasted vegetable V 1029 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil		11.61 each
Vegan roasted vegetable @ 😳 705 kcal Mushroom, roasted pepper, courgette, onion, basil		
BBQ jackfruit and vegan cheeze FFF @ 3873 kcal. BBQ jackfruit, vegan cheese alternative, sliced chillies, red onion, rocket	11.25	12.78
Spicy meat feast //// 1220 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rock	et	12.78
Additional toppings Red onion @ 10 kcal		
Sliced chillies		
Mushroom 🧑 6 kcal		each 88p
Garlic & herb dip ⊘ 180 kcal Mozzarella ♥ 150 kcal		
Ham 71 kcal		
Chicken breast 94 kcal Maple-cured bacon 91 kcal		each 1.15
Pepperoni 🎢 109 kcal		
Roasted vegetables 🧭 135 kcal		each 1.53

a all

Steaks and grills INCLUDES A DRINK

Prime beef steaks from the UK and Ireland, matured for 21 days then seasoned with a steak-seasoning blend.

Classic 8oz sirloin steak Choose: Jacket potato 741 kcal; Chips 1061 kcal Mediterranean salad 657 kcal; Side salad 546 kcal	soft drink* 11.49	alcoholic drink* 13.02
Gourmet 8oz sirloin steak With peas, tomato, mushroom, three onion rings and a steak sauce. Choose: Jacket potato 993 kcal; Chips 1314 kcal Mediterranean salad 909 kcal; Side salad 798 kcal	soft drink* 13.84	alcoholic drink* 15.37
Add your choice of steak sauce: Creamy peppercorn sauce (74 kcal) Jack Daniel's® Tennessee Honey glaze Ѵ (87 kcal) 1.82	2 each	
Below meals are served with peas, tomato and mushroom. BBQ chicken melt Grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Jacket potato 😵 803 kcal; Chips 1123 kcal Mediterranean salad 719 kcal; Side salad 608 kcal	soft drink 10.31	* alcoholic drink*
Mixed grill Gammon, pork loin, rump, lamb, sausage Choose: J acket potato 1192 kcal; Chips 1513 kcal Mediterranean salad 1108 kcal; Side salad 997 kcal	12.13	13.66
Large mixed grill Gammon, pork loin, rump, lamb, two sausages, fried egg, six onion rings Choose: Jacket potato 1686 kcal; Chips 2006 kcal Mediterranean salad 1602 kcal; Side salad 1491 kcal	13.89	15.42
Adults need around 2000 kcal a day.§		

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