#### **Sides and extras**

Add: Snicy seas	onina 🤕	(8 kcal) 34n)	4.23
Small bowl of chips @ 602 kcal			
			2.48
402 kcal			3.34
<b>ampi</b> 527 kcal			4.99
heese 🕐 446	kcal		1.97
			94p
			94p
Side salad 🥏 87 kcal			
Mediterranean side salad 🤕 198 kcal			3.22
Roasted vegetables 🧭 135 kcal			1.53
			1.40
🕽 3 kcal			88p
Six 269 kcal	2.33	Twelve 538 kcal	3.50
<b>8</b> " 386 kcal	4.40	<b>11</b> " 772 kcal	5.57
<b>8</b> '' 461 kcal	4.98	<b>11</b> " 922 kcal	6.44
	2 kcal 402 kcal ampi 527 kcal heese V 446 k d l 198 kcal 35 kcal 3 kcal 3 kcal Six 269 kcal 8" 386 kcal	12 kcal 402 kcal ampi 527 kcal heese V 446 kcal Md Ø 198 kcal 35 kcal	402 kcal ampi 527 kcal heese ♥ 446 kcal d @ 198 kcal 35 kcal 3 kcal Six 269 kcal 2.33 Twelve 538 kcal 8 386 kcal 4.40 11" 772 kcal

#### **Desserts**

<b>Vanilla ice cream (V) (1999)</b> 338 kcal Two scoops, toffee sauce, Belgian chocolate sauce	2.05
<b>Cookie crunch (V) (1999)</b> 365 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	2.05
Mini warm chocolate brownie 🖤 🗺 435 kcal Belgian chocolate sauce, vanilla ice cream	3.22
Mini warm cookie dough sandwich V (1997) 435 kcal Salted caramel filling, toffee sauce, vanilla ice cream	3.22
<b>Fresh fruit V (20)</b> 447 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	4.80
Warm chocolate fudge cake V 913 kcal. Vanilla ice cream	5.57
Warm chocolate brownie 👽 736 kcal Belgian chocolate sauce, vanilla ice cream	5.57
Warm cookie dough sandwich V 735 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.57
British Bramley apple crumble V 830 kcal Vanilla ice cream	5.84
Add: Vanilla ice cream scoop V (135 kcal) 94p Belgian chocolate sauce V (61 kcal) 42p Toffee sauce V (74 kcal) 42p Banana (0) (101 kcal) 62p Strawberries (0) (14 kcal) 62p Blueberries (0) (17 kcal) 62p	

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
  Set Calorie and carbohydrate limits.

• List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

#### DIETARY SYMBOLS

**/** = Very mild **//** = Mild **///** = Medium hot **////** = Very hot **Extremely hot** Vegetarian ØVegan 🤓 5% fat or less 👫 Dish under 500 Calories Seafood with this mark comes from an MSC-certified

sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

## Served BREAKFAST

Large breakfast 1286 kcal Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast	7.09
<b>Traditional breakfast</b> 742 kcal Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast	5.41
Small breakfast ()) 419 kcal Fried egg, bacon, sausage, baked beans, hash brown	4.84
Add: Two slices of black pudding (355 kcal) 1.51	
Large vegetarian breakfast ♥ 1206 kcal Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	7.09
<b>Vegetarian breakfast                                    </b>	5.41
<b>Small vegetarian breakfast (V) (1997)</b> 313 kcal Fried egg, Quorn sausage, baked beans, hash brown, tomato	4.84
<b>Vegan breakfast @</b> 786 kcal Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	5.01
Freedom breakfast 545 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	4.84

#### **Breakfast extras**

1.51	Two rashers of back bacon 99 kcal
1.05	Four rashers of maple-cured bacon 9
1.05	Two scrambled eggs 💟 136 kcal
1.97	Fried egg 💟 56 kcal
93p	Poached egg V 63 kcal
	1.05 1.05 1.97

### **Breakfast butties and wraps**

-	
Bacon butty 525 kcal. Three rashers of bacon, buttered white bloomer bread	4.13
Sausage butty 713 kcal. Two sausages, buttered white bloomer bread	4.13
Quorn <sup>™</sup> sausage butty 💟 609 kcal	4.13
Two Quorn sausages, buttered white bloomer bread	

Brea	kfast	tmuf	ifin d	leal

Includes tea, coffee or hot chocolate. Free refil	ls
<b>Egg &amp; cheese muffin ()</b> (555) 249 kcal Fried egg, American-style cheese, in an English muffin	3.54
<b>Egg &amp; bacon muffin (887)</b> 298 kcal Fried egg, bacon, American-style cheese, in an English muffin	4.01
<b>Egg &amp; sausage muffin (555)</b> 417 kcal Fried egg, sausage, American-style cheese, in an English muffin	4.01
<b>Egg &amp; Quorn™ sausage muffin ⊘ (१९७२)</b> 364 kcal Fried egg, Quorn sausage, American-style cheese, in an English muffin	4.01
<b>Breakfast muffin ())</b> 466 kcal Fried egg, sausage, bacon, American-style cheese, in an English muffin	4.23
Add: Hash brown @ (82 kcal) 460	•••••

Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude

drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com

<sup>O</sup>Offer (excluding take away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. \*Non-refundable advance purchase rates, available to book direct on the telephone our website and our app. <sup>§</sup>Statement of daily calorie needs from the Department of Health & Social Care. <sup>11</sup>Excluding decaffeinated. **\*Drinks exclude bottled wine, sparkling wine, Prosecco**,

cocktails, spritzes, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for

Ти	<b>ggs Benedict</b> 725 kcal wo poached eggs, on an English muffin, with Wiltshire cured ham, ollandaise sauce, rocket	5.57
Ти	fushroom Benedict ♥ 629 kcal vo poached eggs, on an English muffin, with mushroom, ollandaise sauce, rocket	5.57
Tv	<b>finer's Benedict</b> 939 kcal vo poached eggs, on an English muffin, with black pudding, ollandaise sauce, rocket	5.57
	crambled egg on toast 👽 570 kcal hree eggs, buttered white bloomer toast	4.01
В	leans on toast V 🧐 566 kcal. Buttered white bloomer toast	3.88
	<b>mall beans on toast 👽 🕸 (557)</b> 251 kcal uttered white bloomer toast	2.84
	wo slices of toast with jam or marmalade Ѵ ‱ 496 kcal hite bloomer bread	2.69
	<b>resh fruit @ </b> 98 (177 kcal pple, banana, blueberries, strawberries	3.88
Ad St Bl	Porridge V @ 152 kcal (plain) dd: Banana @ (101 kcal) 62p trawberries @ (14 kcal) 62p lueberries @ (17 kcal) 62p oney V (91 kcal) 34p	2.09

	1.57	Hash brown @ 82 kcal	46p
91 kcal	1.52	Two mushrooms Ø 91 kcal	93p
	1.63	Two grilled tomato halves @ 16 kcal	52p
	93p	Slice of toast 💟 191 kcal	1.13
	93p	-	

<b>Breakfast wrap</b> 739 kcal Fried egg, bacon, sausage, hash brown, Cheddar cheese	4.59
<b>Vegetarian breakfast wrap ♥</b> 835 kcal Fried egg, two Quorn sausages, two hash browns, Cheddar cheese	4.59

#### -Tea, coffee and hot chocolate -



#### Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar 🔮 316 kcal 1.64

for the facts drinkaware.co.uk 🚽 jdwetherspoon.com  $\neg$ 

ltsim 🗲

around 2000 kcal a day.§

This is named after Richmal Crompton, the author best known for her 'William' books. William Brown first appeared in a series of short stories written in Richmal's spare time, while she was a teacher at Bromley High School for Girls. She lived in Bromley for 26 years, first in Cherry Orchard Road and later in nearby Oakley Road.

FOOD HYGIENE RATING 0 1 2 3 4 5



# 8am - 12 noon



Main menu 11.30am - 11pm. Children's menu available.

### INCLUDES A DRINK\* **Choose from over 150 drinks**

## **The Richmal Crompton**

**Bromley** 



Breakfast 8am-12 noon	Traditional breakfast £ <b>5.41</b>
Tea, coffee and hot chocolate <b>Free refills</b> "	£1.56
	NK <sup>*</sup> •
	- 5pm
	n – 11pm
Curry Chu INCLUDES ADRIN Thursday 11.30ar Featuring the katsu cu soft drink* alu £8.14 £	n – 11pm

#### How to order from your table



**Download the Wetherspoon** app or scan this QR code.

Or note your table number and order at the bar.



#### **Food hygiene** rating the maximum



We have been awarded food hygiene rating of 5 in our pub.

100% UK and

Sourced from farms

in the UK and Ireland.

Traceable from farm

Irish beef



**RSPCA** 

ASSURED

#### **Sustainable fish**

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.

#### Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

### LAVALLA





Alliance-certified farms. Tea The Tetley tea we serve also comes from Rainforest Alliance-certified farms.

we serve is from Rainforest

The freshly ground 100%

Arabica Lavazza coffeet

Coffee

Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need

to fork.



#### wetherspoon hotels 57 in England, Ireland,

HOTELS Scotland and Wales Book direct for the best rates jdwetherspoon.com or on our app



#### Small plates Any 3 for £14.93

8" pizzas on a freshly baked sourdough base

8" pizzas on a freshly baked sourdough base.	
<b>Margherita 🕐 🚟</b> 470 kcal Mozzarella, basil	6.04
Pepperoni <b>//</b> 578 kcal Mozzarella, pepperoni	6.61
Ham and mushroom 505 kcal Mozzarella, ham, mushroom, rocket	6.61
<b>BBQ chicken</b> 558 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	6.61
Roasted vegetable (V) 515 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	6.61
<b>Vegan roasted vegetable @ 53 (555)</b> 353 kcal Mushroom, roasted pepper, courgette, onion, basil	6.61
<b>BBQ jackfruit and vegan cheeze FFF @ 33</b> (555) 437 kcal BBQ jackfruit, vegan cheese alternative, sliced chillies, red onion, rocket	7.20
<b>Spicy meat feast ////</b> 618 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.20
11" garlic pizza bread 💟 772 kcal	5.57
Bao buns Traditional Asian steamed buns	5.19
Choose: Spicy crunchy chicken //// 624 kcal. Spicy mayo, red onion, sliced chillies, cor BBQ jackfruit @ 53 5555 416 kcal. Red onion, sliced chillies, coriander	iander
Nachos /// 🛇 592 kcal Cheese, guacamole, salsa, sour cream, sliced chillies	6.09
Bowl of chips Ø 964 kcal	4.23
Bowl of chips with curry sauce @ 1082 kcal	5.86
Cheesy chips ♥ 1256 kcal	5.41
<b>Loaded chips</b> 1218 kcal Cheese, maple-cured bacon, sour cream	6.31
With any of the small plates below, choose one dip:	
Sweet chilli <b>//</b> 348 kcal	
Sticky soy ♥ 100 kcal Naga chili ₱₱₱₱ @ 136 kcal	
Jack Daniel's® Tennessee Honey glaze V 87 kcal	
Chipotle mayo 💴 🖉 🕐 150 kcal	
Blue cheese V 270 kcal	
Halloumi-style fries V (333) 396 kcal	5.19
Chicken bites (555) 298 kcal Ten battered chicken breast pieces	6.31
Southern-fried chicken strips <b>/</b> (566) 459 kcal Five chicken breast strips	6.31
Chicken wings #### 804 kcal Ten spicy chicken wings	6.99
<b>Quorn™ nuggets @ (****)</b> 331 kcal Eight coated pieces	5.19

#### **Deli Deals**<sup>®</sup> INCLUDES A DRINK

8" pizzas on a freshly baked sourdough base. Choose any 8" pizza from the small plates section. **Paninis** Cheddar cheese and tomato V 532 kcal Wiltshire cured ham soft drink\* and Cheddar cheese 512 kcal 5.92 BBQ chicken, bacon and Cheddar cheese 572 kcal each BBQ jackfruit and vegan cheeze @ 516 kcal alcoholic drink\* BBQ jackfruit, vegan cheese alternative 7.45 Wraps each Shawarma chicken **FFF** 749 kcal

Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

Quorn<sup>™</sup> nuggets Ø 534 kcal. Tomato, cucumber, salsa

Southern-fried chicken and smoky chipotle mayo **FFF** 639 kcal

Fried halloumi-style cheese and sweet chilli sauce **FF** V 738 kcal Tomato, cucumber

Add: Chips @ (602 kcal); Salad @ (87 kcal); Spicy rice @ (208 kcal) 1.44 each

Burgers INCLUDES A DRINK.	Beef t	ourgers made	ef
Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, inc	cluded in Cal	ories below).	
American burger 695 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 676 kcal Iceberg lettuce, tomato, red onion Skinny beef burger (55) 369 kcal	soft drink* <b>5.70</b> each	alcoholic drink* <b>7.23</b> each	
Iceberg lettuce, tomato, red onion, with a side salad, inste	ad of chips		
American cheese burger 729 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		oft drink* <b>6.27</b> lic drink* <b>7.80</b>	
Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories	below).		
Double American burger 1137 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1118 kcal Iceberg lettuce, tomato, red onion	soft drink* <b>7.95</b> each	alcoholic drink* <b>9.48</b> each	
Double American cheese burger 1206 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		oft drink* <b>8.53</b> lic drink* <b>10.06</b>	
Just-a-burger Served on its own, without chips or a drink. American burger 👹 366 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger / 🚳 459 kc Two southern-fried chicken strips, iceberg lettuce, mayon		each <b>3.36</b>	
Additional toppings and burger patties			
Maple-cured bacon with Cheddar cheese 174 kc Maple-cured bacon with American-style chees Cheddar cheese 🕐 83 kcal	al	2.14 2.14 1.52	
American-style cheese 💟 69 kcal Maple-cured bacon 91 kcal Crunchy chicken strip 🍠 92 kcal		1.52 1.52 1.50	
<b>3oz beef patty</b> 169 kcal Fried halloumi-style cheese ♥ 446 kcal Grilled chicken breast 187 kcal		each <b>1.97</b>	

#### Curries Includes A DRINK

Fried buttermilk chicken 473 kcal

BEYOND MEAT patty @ 184 kcal

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flayour rice, sliced chillies and coriander.	
Katsu chicken curry 286 kcal Sliced whole breaded chicken breast fillet Katsu grilled chicken curry <sup>®</sup> 541 kcal Sliced grilled chicken breast Katsu Quorn <sup>™</sup> nugget curry <sup>®</sup> 685 kcal Eight coated pieces	soft drink* 8.96 each alcoholic drink* 10.49 each
Classic curries With basmati pilau rice, plain naan and poppadums.	soft drink*
Mangalorean roasted cauliflower & spinach curry ## @ 3867 kcal	10.08 each
Chicken tikka masala 🎢 1190 kcal	alcoholic drink*
Chicken jalfrezi	<b>11.61</b> each
Beef Madras //// 1043 kcal	

Change your plain naan to a garlic naan (V) (add 58 kcal) 47p

#### Jacket potatoes Includes A DRINK •

With salad and one filling. Extra fillings 1.22 each.	
Coleslaw 🔇 578 kcal	soft drink*
Cheese 🔇 531 kcal	<b>7.09</b> each
Baked beans 🥏 😨 501 kcal	alcoholic drink*
Five-bean chilli 🖊 🥏 🤫 5 431 kcal	8.62
Roasted vegetables 🥏 🌚 ‱ 402 kcal	each

#### from 100% British beef. **Gourmet burgers**

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1661 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin Tennessee burger Manle

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1565 kcal Grilled chicken breast 1416 kcal; Fried buttermilk chicken 1702 kcal	soft drink* <b>10.17</b> each
<b>BBQ burger</b> Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal	alcoholic drink* <b>11.70</b> each
Grilled chicken breast 1495 kcal; Fried buttermilk chicken 1780 kcal	

Smoky jackfruit burger ⊘ 1523 kcal **BEYOND MEAT** plant-based patty, BBQ jackfruit, vegan cheese alternative

#### Fiesta burger ⊘ 1462 kcal

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1479 kcal soft drink\* 11.60 Three 3oz beef patties, American-style cheese, alcoholic drink\* **13.13** maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

#### **Chicken burgers**

Served with a small portion of chips (329 kcal, included in the Calories below). soft drink\* 5.70 Crunchy chicken strip burger **/** 787 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise alcoholic drink\* 7.23 Served with chips (602 kcal, included in Calories below). soft drink\* Fried buttermilk chicken burger 1254 kcal 7.95 Breaded whole chicken breast fillet each Grilled chicken breast burger 969 kcal alcoholic drink\* Skinny chicken burger 🚳 🐻 388 kcal 9.48 each Grilled chicken breast with salad, instead of chips

#### Meat-free burgers

Meat-free burgers	soft drink*
Served with chips (602 kcal, included in Calories below).	<b>7.95</b>
Fried halloumi-style cheese burger 💋 🕥 1128 kcal	each
Sweet chilli sauce	alcoholic drink*
Beyond Burger™ Ø 834 kcal	9.48
BEYOND MEAT plant-based patty	each

#### Chicken Includes A DRINK

Char-grilled half chicken Chicken on the bone is marinated, slow cooked and finished on the char-grill.

Lemon and herb 🖊 Char-grilled in a lemon & herb glaze	
Coleslaw, garlic & herb dip Choose: Spicy rice 1099 kcal; Chips 1173 kcal; Side salad 978 kcal Mediterranean salad 1089 kcal	soft drink* <b>11.07</b> each
Hot and spicy //// Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip Choose: Spicy rice 1069 kcal; Chips 1463 kcal; Side salad 948 kcal	alcoholic drink* <b>12.60</b> each
Mediterranean salad 1058 kcal Chicken baskets	
Boneless basket /	

Three southern-fried chicken strips, five chicken breast bites. coleslaw, BBQ sauce Choose: Spicy rice 849 kcal; Chips 1243 kcal; Side salad 720 kcal

Chicken	bites	basket	

Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Spicy rice 🚳 739 kcal; Chips 1133 kcal; Side salad 618 kcal Southern-fried chicken strips basket 🖉

Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal

Quorn™ 'no chicken' nuggets basket 🗾 🔍 Eight coated pieces, coleslaw, sweet chilli sauce Choose: Spicy rice 721 kcal; Chips 1115 kcal; Side salad 600 kcal

#### Salads, pastas and noodles INCLUDES A DRINK

**British bee** Choose: Side sa

#### **Sma**l

Fish and Small free Peas 680 kcal

### After

Mon - Fr Choose fro

soft drink\*

8.91

each

alcoholic drink\*

10.44

each

Pub classics INCLUDES AD	RINK •	1
Fish and chips	soft drink	<ul> <li>alcoholic drink*</li> </ul>
<b>Freshly battered cod and chips</b> <i>P</i> eas 1239 kcal or mushy peas 1298 kcal	10.31	11.84
Whitby breaded scampi Eight scampi chips, peas 1195 kcal or mushy peas 1255 kcal	10.31	11.84
Add: Two slices of bread 🕥 (383 kcal) <b>1.34</b> Chip shop-style curry sauce 🥥 (118 kcal) <b>1.46</b>		
Steak & kidney pudding 1223 kcal Chips, peas, onion & red wine gravy	8.56	10.09
Wiltshire cured ham, eggs and chips 856 kca Two slices of Wiltshire cured ham, two fried eggs	al <b>7.96</b>	9.49
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	7.96	9.49
Vegan sausages, chips and beans @ 1013 kca Three Quorn sausages	al <b>7.96</b>	9.49
Five-bean chilli 🖊 🥥 😳 590 kcal. Rice, tortilla chips	8.56	10.09
All-day brunch 1213 kcal Two sausages, bacon, two fried eggs, baked beans, chips Add: Two slices of black pudding (355 kcal) 1.51	9.96	11.49
Vegetarian all-day brunch ♥ 1126 kcal Three Quorn sausages, two fried eggs, baked beans, chips	9.96	11.49
Afternoon deal Mon - Fri, 2pm - 5pm Choose from the above pub classic meals.	soft drink* <b>7.49</b>	alcoholic drink* <b>9.02</b>

Ramen noodle bowl / @ @ 236 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Grilled chicken breast (94 kcal) 1.15 Poached egg @ (63 kcal) 93p	soft drink* al <b>9.13</b>	coholic drink* <b>10.66</b>
Chicken & maple-cured bacon salad Choose: Grilled chicken breast 🐼 📆 279 kcal Southern-fried chicken breast strips 📆 461 kcal	9.70	11.23
Mediterranean salad  ②  ③  ③  ③  ③  ③  ③  ③  334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing Add: Grilled halloumi-style cheese  ③  (396 kcal) 1.97 Roasted vegetables  ③  (135 kcal) 1.53 Grilled chicken breast (187 kcal) 1.97	8.57	10.10
Pasta alfredo ♥ 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Grilled chicken breast (187 kcal) 1.97 Maple-cured bacon (91 kcal) 1.52	9.13	10.66
British beef & pancetta lasagne Choose: Side salad 780 kcal: Chips 1295 kcal	9.70	11.23

DES A DI	RINK <sup>®</sup> •
soft drink*	alcoholic drink*
8.09	9.62
8.09	9.62
6.86	8.39
7.15	8.68
7.15	8.68
	soft drink* 8.09 8.09 6.86 7.15

alcoholic drink'

7.86

<b>'NOON CEAL</b> i, 2pm – 5pm 1 the above small pub classic meals.	soft drink <b>6.33</b>

11" pizzas Includes A DRINK •		
On a freshly baked sourdough base.	soft drink	(* alcoholic drink*
Margherita V 939 kcal. Mozzarella, basil	8.91	10.44
Pepperoni 🕖 1157 kcal. Mozzarella, pepperoni		
Ham and mushroom 1012 kcal		soft drink*
Mozzarella, ham, mushroom, rocket BBQ chicken 1103 kcal		10.08 each
Mozzarella, BBQ sauce, chicken breast, red onion, rocket		alcoholic drink*
Roasted vegetable V 1029 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil		11.61
Vegan roasted vegetable @ 50 705 kcal		each
Mushroom, roasted pepper, courgette, onion, basil		
BBQ jackfruit and vegan cheeze		12.78
<b>IFF</b> © 873 kcal. BBQ jackfruit, vegan cheese alternative, sliced chillies, red onion, rocket		
Spicy meat feast //// 1220 kcal	11 25	12.78
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rock		
Additional toppings		
Red onion @ 10 kcal Sliced chillies #######@ 3 kcal		
Mushroom @ 6 kcal		each <b>88p</b>
Garlic & herb dip @ 180 kcal		
Mozzarella 🔍 150 kcal		
Ham 71 kcal Chicken breast 94 kcal		
Maple-cured bacon 91 kcal		each <b>1.15</b>
Pepperoni 🎢 109 kcal		
		1450

#### Steaks and grills INCLUDES A DRINK

each **1.53** 

#### Prime beef steaks from the UK and Ireland, matured for 21 days then seasoned with a steak-seasoning blend.

Roasted vegetables <a> 135</a> kcal

Classic 8oz sirloin steak Choose: Jacket potato 741 kcal; Chips 1061 kcal Mediterranean salad 657 kcal; Side salad 546 kcal	soft drink* <b>11.49</b>	alcoholic drink* <b>13.02</b>
Gourmet 8oz sirloin steak With peas, tomato, mushroom, three onion rings and a steak sauce. Choose: Jacket potato 993 kcal; Chips 1314 kcal Mediterranean salad 909 kcal; Side salad 798 kcal	soft drink* <b>13.84</b>	alcoholic drink* <b>15.37</b>
Add your choice of steak sauce: <b>Creamy peppercorn sauce</b> (74 kcal) J <b>ack Daniel's® Tennessee Honey glaze (V)</b> (87 kcal) <b>1.82</b>		
Below meals are served with peas, tomato and mushroom. BBQ chicken melt Grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Jacket potato 38 803 kcal; Chips 1123 kcal Mediterranean salad 719 kcal; Side salad 608 kcal	soft drink 10.31	* alcoholic drink*
<b>Mixed grill</b> Gammon, pork loin, rump, lamb, sausage Choose: Jacket potato 1192 kcal; Chips 1513 kcal Mediterranean salad 1108 kcal; Side salad 997 kcal	12.13	13.66
Large mixed grill Gammon, pork loin, rump, lamb, two sausages, fried egg, six onion rings Choose: Jacket potato 1686 kcal; Chips 2006 kcal Mediterranean salad 1602 kcal; Side salad 1491 kcal	13.89	15.42
Adults need around 2000 kcal a day.§		