## Sides and extras

Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (8 kcal) 34p) Small bowl of chips @ 602 kcal			4.23 2.48	
Five chicken wings  402 kcal				3.34
Eight Whitby breaded scampi 527 kcal				4.99
				1.97
Grilled halloumi-style cheese V 446 kcal				
Peas @ 130 kcal				94p
Mushy peas V 248 kcal				94p
Side salad 🥥 87 kcal				2.29
Mediterranean side salad @ 198 kcal				3.22
Roasted vegetables 🥥 135 kcal				1.53
Coleslaw V 399 kcal				1.40
Sliced chillies FFFF @ 3 kcal			88p	
Chicken gravy 50 kcal				94p
Onion rings 🕖	Six 269 kcal	2.33	Twelve 538 kcal	3.50
Garlic pizza bread V	<b>8</b> " 386 kcal	4.40	<b>11</b> " 772 kcal	5.57
With cheese V	<b>8</b> " 461 kcal	4.98	<b>11</b> " 922 kcal	6.44

## Dossarts

Desserts	
NEW Millionaire's shortbread © 528 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	2.17
Vanilla ice cream V 555 338 kcal Two scoops, toffee sauce, Belgian chocolate sauce	1.82
Cookie crunch (V) (555) 365 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.82
Cheesecake ♥ (\$355) 437 kcal Raspberry & white chocolate cheesecake, strawberries, blueberries	5.33
Mini warm chocolate brownie ♥ (500) 435 kcal Belgian chocolate sauce, vanilla ice cream	2.98
Mini warm cookie dough sandwich ♥ 555 435 kcal Salted caramel filling, toffee sauce, vanilla ice cream	2.98
Mini American-style pancakes V 555 412 kcal Two pancakes, maple-flavour syrup, vanilla ice cream	3.54
Fresh fruit 👽 😵 😘 447 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	4.56
Warm chocolate fudge cake 🛡 913 kcal. Vanilla ice cream	5.33
<b>Warm chocolate brownie ♥</b> 736 kcal Belgian chocolate sauce, vanilla ice cream	5.33
Warm cookie dough sandwich ♥ 735 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.33
British Bramley apple crumble ♥ Vanilla ice cream 830 kcal or custard 694 kcal	5.62
American-style pancakes ♥ ॐ 689 kcal Four pancakes, maple-flavour syrup, vanilla ice cream	4.99

Add: Custard (134 kcal) 1.23; Vanilla ice cream scoop (135 kcal) 94p Belgian chocolate sauce (61 kcal) 42p; Toffee sauce (74 kcal) 42p Banana (101 kcal) 62p; Strawberries (14 kcal) 62p; Blueberries (17 kcal) 62p

## ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- · Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

## DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot
= Extremely hot
▼ Vegetarian
Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

# BREAKFAST

4.99

4.45

6.59

4.99

4.45

4.61

4.45

6.85

4.99

# Served 8am - 12 noon

<b>Eggs Benedict</b> 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.14
Mushroom Benedict ♥ 629 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.14
Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.14
American-style pancakes Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. ♥ ಽ 554 kcal	4.99 4.30
Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syrup.	3.54 3.25
Scrambled egg on toast ♥ 570 kcal Three eggs, buttered white bloomer toast	3.77
Beans on toast © 566 kcal. Buttered white bloomer toast Vegan option available with vegan spread 544 kcal	3.66
Small beans on toast ♥ ॐ ॐ 251 kcal Buttered white bloomer toast	2.62
Fresh fruit 🕢 🥸 ; 177 kcal. Apple, banana, blueberries, strawberries	3.66
Porridge  \$\mathbf{v}\$ \$\mathbf	2.09
<b>Breakfast wrap</b> 739 kcal Fried egg, bacon, sausage, hash brown, Cheddar cheese	4.36
<b>Vegetarian breakfast wrap </b> ♥ 751 kcal Fried egg, two vegan sausages, two hash browns, Cheddar cheese	4.36

## **Breakfast extras**

Small American breakfast 629 kcal

Fried egg, hash brown, maple-cured bacon, sausage,

Large Scottish breakfast 1441 kcal

Small Scottish breakfast 655 429 kcal

Fried egg, bacon, sausage, baked beans, potato scone

Large vegetarian breakfast (V) 1080 kcal

mushroom, tomato, two slices of toast

mushroom, tomato, slice of toast

Vegan breakfast 702 kcal

tomato, slice of toast, vegan spread Freedom breakfast 545 kcal

American breakfast 1258 kcal

four pancakes, maple-flavour syrup

two pancakes, maple-flavour syrup

Vegetarian breakfast V 732 kcal

potato scone, two slices of toast

slice of toast

Scottish breakfast 848 kcal

Two fried eggs, bacon, two sausages, two slices of black pudding, baked beans,

Fried egg, bacon, sausage, black pudding, baked beans, potato scone,

Add: Haggis (246 kcal) 1.40; Two slices of black pudding (355 kcal) 1.51

Two fried eggs, three vegan sausages, baked beans, three hash browns,

Two fried eggs, two vegan sausages, baked beans, two hash browns,

Small vegetarian breakfast V 271 kcal

Fried egg, vegan sausage, baked beans, hash brown, tomato

Two vegan sausages, baked beans, two hash browns, mushroom,

Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato

Two slices of toast with jam or marmalade **3** 496 kcal **2.47** 

Two fried eggs, two hash browns, maple-cured bacon, two sausages,

Add any of the following:					
wo slices of black pudding 355 kcal	1.51	Two rashers of back bacon 99 kcal	1.57	Hash brown 🥝 82 kcal	46p
Sausage 168 kcal	1.05	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms @ 91 kcal	93p
<b>'egan sausage  7</b> 4 kcal	1.05	Two scrambled eggs V 136 kcal	1.63	Two grilled tomato halves 🕢 16 kcal	52p
Grilled halloumi-style cheese 💟 396 kcal	1.97	Fried egg 🤍 56 kcal	93p	Slice of toast V 191 kcal	1.13
Baked beans 🥏 126 kcal	93p	Poached egg V 63 kcal	93p		

## Rroakfast doals

DI CANIASI UCAIS	
Includes tea, coffee or hot chocolate. Free refi	lls <sup>-</sup>
Breakfast roll	3.31
Choose:	
Bacon (557) 303 kcal; Sausage 540 kcal; Vegetarian sausage V (557) 352 kcal Fried egg V (557) 260 kcal; Haggis (557) 450 kcal; Black pudding 559 kcal	
rileu eyy V 500 200 kcat; nayyis 500 450 kcat; black puuuing 557 kcat	
Egg & cheese muffin 🗸 🚟 249 kcal	3.31
Fried egg, American-style cheese, in an English muffin	
Egg & bacon muffin 😘 298 kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin	
Egg & sausage muffin (17 kcal	3.77
Fried egg, sausage, American-style cheese, in an English muffin	
Egg & vegetarian sausage muffin V 555 322 kcal	3.77
Fried egg, vegan sausage, American-style cheese, in an English muffin	
Breakfast muffin 555 466 kcal	4.01
Fried egg, sausage, bacon, American-style cheese, in an English muffin	
Smashed avocado muffin @ 58 (58) 244 kcal	4.01
Guacamole, pico di gallo, on an English muffin, rocket  Add: Maple-cured bacon (91 kcal) 1.52; Poached egg ♥ (63 kcal) 93p	
Grilled halloumi-style cheese (V) (396 kcal) 1.97	
Add: Hash hrown 🧑 (82 kcal) 🚣 🖰	

# Tea, coffee and hot chocolate-

Flat white 92 kcal

Latte V 113 kcal

Mocha 147 kcal

Espresso @ 6 kcal

Black coffee @ 6 kcal

White coffee 24 kcal

Cappuccino V 102 kcal

TEA. COFFEE AND **HOT CHOCOLATE** - ALL DAY EVERY DAY -

LAVATIA (2) (100)

(Oat milk available @ 4 kcal) Hot chocolate V 169 kcal Tea Tetley with semi-skimmed milk V 14 kcal (Oat milk available @ 4 kcal) Decaffeinated tea and coffee available.

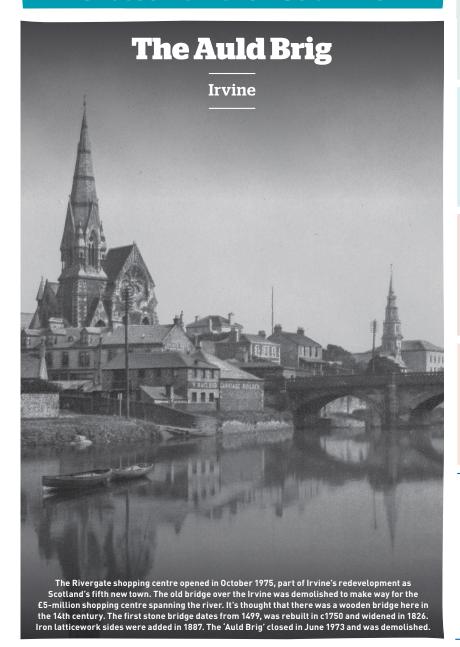
Walkers shortbread (V) 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for quidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. \*Non-refundable advance purchase rates, available to book direct on the telephone our website and our app. \*Statement of daily calorie needs from the Department of Health & Social Care. \*\*Excluding decaffeinated. \*Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spritzes, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for

for the facts drinkaware.co.uk % jdwetherspoon.com  $\supset$ 

Main menu 11.30am - 11pm. Children's menu available.

# INCLUDES A DRINK\* **Choose from over 150 drinks**



**Breakfast** 

8am - 12 noon

breakfast £4.99

Scottish

Tea. coffee and hot chocolate Free refills

£1.56

## **Burger meals** INCLUDES A DRINK •

Featuring 3oz American burger soft drink\* alcoholic drink\*

£6.04

£7.57

# **Afternoon deals**

INCLUDES A DRINK'

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips alcoholic drink\* £8.20

£6.67

# Steak Club

INCLUDES A DRINK\* • ↓ Tuesday 11.30am - 11pm

Featuring classic 8oz sirloin

soft drink\* alcoholic drink\*

£10.26 £11.79

# Curry Club

INCLUDES A DRINK Thursday 11.30am - 11pm

Featuring the katsu curry range alcoholic drink\*

£8.49

£10.02

# How to order from your table



**Download the Wetherspoon** app or scan this QR code.

Or note your table number and order at the bar.

LAVALLA







We have been awarded the food hygiene rating of PASS in our pub.



to fork.

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.

Sustainable fish

Free-range eggs

100% of the eggs we use are

free range. All shell eggs are

certified with the British Lion

quality mark and are RSPCA

standards of animal welfare.

assured, ensuring the highest



The Tetley tea we serve also comes from Rainforest Alliance-certified farms

we serve is from Rainforest

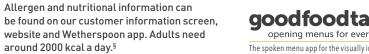
The freshly ground 100%

Arabica Lavazza coffee<sup>t</sup>

Alliance-certified farms.



Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.







Small plates Any 3 for £14.93	
8" pizzas on a freshly baked sourdough base.	
Margherita V 500 470 kcal. Mozzarella, basil	5.91
Haggis 597 kcal. Mozzarella, haggis, red onion	6.51
Pepperoni / 578 kcal. Mozzarella, pepperoni	6.51
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket	6.51
BBQ chicken 558 kcal	6.51
Mozzarella, BBQ sauce, chicken breast, red onion, rocket	
Roasted vegetable V 515 kcal	6.51
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	п.о.о
BBQ jackfruit and vegan cheeze /// @ 655 437 kcal	7.09
BBQ jackfruit, vegan cheese alternative, sliced chillies, red onion, rocket  Spicy meat feast /// 618 kcal	7.09
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.07
11" garlic pizza bread V 772 kcal	5.57
Bao buns Traditional Asian steamed buns	5.19
Choose: Spicy crunchy chicken FFF 624 kcal. Spicy mayo, red onion, sliced chillies, corian	dor
BBQ jackfruit (2) (555) 416 kcal. Red onion, sliced chillies, coriander	161
Nachos /// © 592 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	5.81
Bowl of chips @ 964 kcal	4.23
Bowl of chips with curry sauce @ 1082 kcal	5.58
Cheesy chips ♥ 1256 kcal	5.41
Loaded chips 1218 kcal. Cheese, maple-cured bacon, sour cream	6.03
NEW Mexican chips /// V 1214 kcal	6.03
Cheese, guacamole, salsa, sour cream, sliced chillies	
Pizza chips ♥ 1138 kcal. Pizza sauce, mozzarella	6.03
Add: Pepperoni // (109 kcal) 1.53	
Tomato & basil soup V 58 5555 341 kcal. White bloomer bread	4.23
Vegan option available with vegan spread 🥥 🥸 😘 370 kcal	
With any of the small plates below, choose one dip:	
Sweet chilli ₱₱ @ 48 kcal; Sticky soy ♥ 100 kcal	
Naga chilli <b>///</b> ⊘ 136 kcal; Jack Daniel's® Tennessee Honey glaze <b>v</b> 87 kcal	
Chipotle mayo  ♥ ♥ ♥ ♥ 150 kcal; Blue cheese ♥ 270 kcal	
Macaroni cheese bites V (377 kcal	5.46
Halloumi-style fries ♥ (555) 396 kcal	4.96
Chicken bites (355) 298 kcal. Ten battered chicken breast pieces	6.09
<b>Southern-fried chicken strips</b> 459 kcal. Five chicken breast strips	
Chicken wings /// 804 kcal. Ten spicy chicken wings	6.26
Quorn <sup>™</sup> nuggets @ 📸 331 kcal. Eight coated pieces	5.19

## Deli Deals INCLUDES A DRINK •

8" pizzas on a freshly baked sourdough base.

Choose any 8" pizza from the small plates section. **Paninis** 

Haggis and Cheddar cheese 687 kcal Tuna mayo and Cheddar cheese 599 kcal BBQ jackfruit and vegan cheeze @ 516 kcal BBQ jackfruit, vegan cheese alternative Cheddar cheese and tomato V 532 kcal Wiltshire cured ham and Cheddar cheese 512 kcal

BBQ chicken, bacon and Cheddar cheese 572 kcal

each alcoholic drink\* 7.80 each

soft drink\*

6.27

Wraps Shawarma chicken **FFF** 749 kcal

Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato onion rocket fresh mint

**Quorn**<sup>™</sup> **nuggets** Ø 534 kcal. Tomato, cucumber, salsa

Southern-fried chicken and smoky chipotle mayo 639 kcal Cold chicken and sweet chilli sauce ## 82 514 kcal

Fried halloumi-style cheese and sweet chilli sauce // 🔾 738 kcal Tomato cucumber

**Add: Chips** (602 kcal); **Salad** (87 kcal) Tomato & basil soup (150 kcal); Spicy rice (208 kcal) 1.44 each

## Jacket potatoes INCLUDES A DRINK •

	drink* <b>43</b> ich
Cheese © 531 kcal  Baked beans ② © 501 kcal  Smoky vegan chilli	96

Burgers INCLUDES A DRINK • Beef burgers made from 100% British beef. Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below). American burger 695 kcal Red onion, gherkin, ketchup, American-style mustard soft drink\* alcoholic drink\* Classic beef burger 676 kcal 6.04 7.57 Iceberg lettuce, tomato, red onion each each Skinny beef burger (500) 369 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips soft drink\* 6.61 American cheese burger 729 kcal American-style cheese, red onion, gherkin, ketchup, alcoholic drink\* 8.14 American-style mustard Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below) Double American burger 1137 kcal soft drink\* alcoholic drink\* Red onion, gherkin, ketchup, American-style mustard 8.30 9.83 Double classic beef burger 1118 kcal each each Iceberg lettuce, tomato, red onion Double American cheese burger 1206 kcal soft drink\* 8.88 American-style cheese, red onion, gherkin, ketchup, alcoholic drink\* 10.41 American-style mustard Just-a-burger Served on its own, without chips or a drink.

American burger 366 kcal. Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger / 459 kcal

3.59

each

soft drink\*

8.30

each

alcoholic drink\*

9.83

each

soft drink\*

9.25

each

alcoholic drink\*

10.78

Two southern-fried chicken strips, iceberg lettuce, mayonnaise NEW Spicy chicken strip burger ### 450 kcal Two southern-fried chicken strips, iceberg lettuce, Naga chilli mayo

**Meat-free burgers** Served with chips (602 kcal, included in Calories below). Fried halloumi-style cheese burger // W 1128 kcal Sweet chilli sauce Breaded vegetable burger V 1038 kcal Lentils carrot onion sweetcorn mushroom mozzarella

mature Cheddar cheese Beyond Burger™ @ 834 kcal. BEYOND MEAT plant-based patty

**Additional toppings** 

Maple-cured bacon with Cheddar cheese 174 kcal 2.14 Maple-cured bacon with American-style cheese 160 kcal 2.14 Cheddar cheese **V** 83 kcal **1.52** Vegan cheeze slice **3** 57 kcal 1.52 Maple-cured bacon 91 kcal 1.52 Crunchy chicken strip ₱ 92 kcal 1.50 American-style cheese V 69 kcal 1.52

## Chicken Includes a Drink

Char-grilled half chicken Chicken on the bone is marinated, slow cooked

Lemon and herb / Char-grilled in a lemon & herb glaze Coleslaw narlic & herh din

Side salad 978 kcal: Mediterranean salad 1089 kcal Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze Coleslaw. Naga chilli dig

Side salad 948 kcal; Mediterranean salad 1058 kcal Char-grilled half chicken, mash and gravy 857 kcal

Chicken baskets

Chicken wing basket FFF Eight wings, coleslaw, Naga chilli dip Choose: Spicy rice 1120 kcal; Chips 1515 kcal; Side salad 999 kcal

Boneless basket 🍠

Choose: Spicy rice 849 kcal; Chips 1243 kcal; Side salad 720 kcal Chicken bites basket

Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Spicy rice 5 739 kcal; Chips 1133 kcal; Side salad 618 kcal Southern-fried chicken strips basket Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze

Quorn™ 'no chicken' nuggets basket 🖊 💟

olic drink\* Add: Chicken gravy (50 kcal) 94p

and finished on the char-grill. soft drink\*

Choose: Spicy rice 1099 kcal; Chips 1173 kcal; Mashed potato 1177 kcal 11.42 alcoholic drink 12.95

Choose: Spicy rice 1069 kcal; Chips 1463 kcal; Mashed potato 1147 kcal

Lemon & herb chicken, peas, chicken gravy

Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce

Choose: Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal

Eight coated pieces, coleslaw, sweet chilli sauce Choose: Spicy rice 721 kcal; Chips 1115 kcal; Side salad 600 kcal Choose: Grilled chicken breast 1754 kcal; Fried buttermilk chicken 2039 kcal Caledonian burger 1713 kcal Two 3oz beef patties, haggis, whisky sauce Ultimate burger 1661 kgal each Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1565 kcal

BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal; Grilled chicken breast 1495 kcal

Smoky jackfruit burger @ 1523 kcal Fiesta burger @ 1360 kcal

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

red onion, gherkin, ketchup, American-style mustard Chicken burgers Served with a small portion of chips (329 kcal, soft drink\* included in the Calories below). 6.04 each Crunchy chicken strip burger 787 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise alcoholic drink\* NEW Spicy chicken strip burger 778 kcal 7.57 Two southern-fried chicken strips, iceberg lettuce, Naga chilli mayo

each Served with chips (602 kcal, included in Calories below). soft drink\* 8.30 Fried buttermilk chicken burger 1254 kcal Breaded whole chicken breast fillet each Grilled chicken breast burger 969 kcal alcoholic drink\* 9.83 Skinny chicken burger 53 588 kcal each Grilled chicken breast with salad, instead of chips

Additional burger patties

3oz beef patty 169 kcal; Fried halloumi-style cheese V 446 kcal Grilled chicken breast 187 kcal; Fried buttermilk chicken 473 kcal Breaded vegetable patty V 257 kcal each **1.97** BEYOND MEAT patty @ 184 kcal

## CUTTIES INCLUDES A DRINK •

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

soft drink\* Katsu chicken curry 826 kcal 9.31 Sliced whole breaded chicken breast fillet each Katsu grilled chicken curry 59 541 kcal Sliced grilled chicken breast 10.84 Katsu Quorn™ nugget curry @ 685 kcal each Eight coated pieces

Classic curries With basmati pilau rice, plain naan and poppadums. soft drink\* 10.43 Mangalorean roasted cauliflower & spinach curry **FF** @ 867 kcal Chicken tikka masala ## 1190 kcal alcoholic drink 11.96 Chicken jalfrezi FFF 🚳 935 kcal each Beef Madras / 1043 kcal

Change your plain naan to a garlic naan (V) (add 58 kcal) 47p

cauliflower & spinach curry // @ soft drink\* Choose: Basmati pilau rice 508 kcal: Chips 910 kcal each

Simple chicken tikka masala Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal Simple chicken jalfrezi each Choose: Basmati pilau rice 52 575 kcal; Chips 977 kcal

Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal

Served with chips, six onion rings (871 kcal, included in Calories below). Heatwave burger

Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing soft drink\*

10.51 alcoholic drink\* 12.04

Grilled chicken breast 1416 kcal; Fried buttermilk chicken 1702 kcal

Fried buttermilk chicken 1780 kcal

BEYOND MEAT plant-based patty, BBQ jackfruit, vegan cheese alternative

Triple American cheese & bacon burger 1479 kcal soft drink\* 11.96 Three 3oz beef patties, American-style cheese, maple-cured bacon, alcoholic drink\* 13.49

alcoholic drink\*

Simple curries With basmati pilau rice or chips. Simple Mangalorean roasted

8.18 alcoholic drink\* 9.71

Simple beef Madras

11" pizzas includes a drink • On a freshly baked sourdough base. soft drink\* alcoholic drink\* Margherita V 939 kcal. Mozzarella, basil 9.25 10.78 **Haggis** 1194 kcal. Mozzarella, haggis, red onion Pepperoni // 1157 kcal. Mozzarella, pepperoni soft drink\* Ham and mushroom 1012 kcal 10.43 each Mozzarella ham mushroom rocket BBQ chicken 1103 kcal alcoholic drink\* Mozzarella, BBQ sauce, chicken breast, red onion, rocket 11.96 Roasted vegetable V 1029 kcal each Mozzarella, mushroom, roasted pepper, courgette, onion, basil BBQ jackfruit and vegan cheeze 11.60 13.13 873 kcal, BBQ jackfruit, vegan cheese alternative. sliced chillies, red onion, rocket Spicy meat feast **FFF** 1220 kcal 11.60 13.13 Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket Additional toppings Red onion 10 kcal; Sliced chillies 7777 3 kcal; Mushroom 6 kcal each 88p Garlic & herb dip 180 kcal; Mozzarella V 150 kcal; Ham 71 kcal each 1.15 Chicken breast 94 kcal; Maple-cured bacon 91 kcal each 1.53 Pepperoni // 109 kcal; Roasted vegetables @ 135 kcal

Small pub classics INCLUDES A DRINK . Fish and chips Small freshly battered haddock and chips 6 8.44 9.97 Peas 680 kcal or mushy peas 739 kcal

Small Whitby breaded scampi 8.44 9.97 Four scampi, chips, peas 658 kcal or mushy peas 718 kcal. Add: Two slices of bread (383 kcal) 1.34 Chip shop-style curry sauce (118 kcal) 1.46 Small Wiltshire cured ham. 7.20 8.73

egg and chips 500 455 kcal One slice of Wiltshire cured ham, fried egg Small all-day brunch 666 kcal 7.49 9.02 Sausage, bacon, fried egg, baked beans, chips Small vegetarian all-day brunch ♥ 596 kcal 7.49 9.02 Two vegan sausages, fried egg, baked beans, chips

# Afternoon deal

Mon - Fri, 2pm - 5pm

soft drink\* alcoholic drink\* 6.67 8.20

## Pub classics INCLUDES A DRINK

alcoholic drink\* Fish and chips Freshly battered haddock and chips 🥏 10.65 12.18 Peas 1239 kcal or mushy peas 1298 kcal Whitby breaded scampi 10.65 12.18 Eight scampi, chips, peas 1195 kcal or mushy peas 1255 kcal. Add: Two slices of bread (V) (383 kcal) 1.34 Chip shop-style curry sauce (2) (118 kcal) 1.46 Steak & kidney pudding Peas, onion & red wine gravy 10.44 8.91 Choose: Chips 1223 kcal; Mashed potato 907 kcal Bangers and mash 950 kcal 8.91 10.44 Three Lincolnshire sausages, peas, onion & red wine gravy 10.44 8.91 Vegetarian bangers and mash **10** 667 kcal Three vegan sausages, peas, onion & red wine gravy 8.32 9.85 Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs Sausages, chips and beans 1170 kcal 8.32 9.85

Three Lincolnshire sausages Vegan sausages, chips and beans @ 887 kcal 8.32 9.85 Three vegan sausages Smoky vegan chilli // @ 529 kcal 10.44 Soya mince, red peppers, red kidney beans, black turtle beans. haricot beans, in a smoky chipotle tomato sauce. Rice, tortilla chips All-day brunch 1213 kcal 10.31 11.84 Two sausages, bacon, two fried eggs, baked beans, chips

10.31

9.37

7.84

Vegetarian all-day brunch V 1100 kcal 11.84 Three vegan sausages, two fried eggs, baked beans, chips Afternoon deal soft drink\* alcoholic drink

Add: Two slices of black pudding (355 kcal) 1.51

Mon - Fri, 2pm - 5pm

# Steaks and grills INCLUDES A DRINK •

Prime beef steaks from the UK and Ireland, matured for 21 days then seasoned with a steak-seasoning blend.

Classic 8oz sirloin steak soft drink\* alcoholic drink\* Choose: Jacket potato 741 kcal 11.84 13.37 Mashed potato 745 kcal: Chips 1061 kcal Mediterranean salad 657 kcal; Side salad 546 kcal

Gourmet 8oz sirloin steak With peas, tomato, mushroom, three onion rings soft drink\* alcoholic drink and a steak sauce. 15.71 14.18 Choose: Jacket potato 993 kcal

Mashed potato 997 kcal; Chips 1314 kcal Mediterranean salad 909 kcal; Side salad 798 kcal

Add your choice of steak sauce: **Creamy peppercorn sauce** (74 kcal) Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal)

Whisky sauce (81 kcal) each **1.82** Below meals are served with peas, soft drink\* alcoholic drink' BBQ chicken melt 10.65 12.18 Grilled chicken Cheddar cheese hacon BBQ sauce Choose: Jacket potato 530 803 kcal; Mashed potato 807 kcal Chips 1123 kcal; Mediterranean salad 719 kcal; Side salad 608 kcal 10.84 5oz gammon and egg Choose: Jacket potato 🚳 610 kcal; Mashed potato 614 kcal Chips 930 kcal; Mediterranean salad 526 kcal; Side salad (1966) 415 kcal

10oz gammon and eggs 12.48 14.01 Choose: Jacket potato 3 819 kcal; Mashed potato 824 kcal Chips 1140 kcal; Mediterranean salad 735 kcal; Side salad 625 kcal Mixed arill 12.48 14.01 Gammon, pork loin, rump, lamb, sausage

Choose: Jacket potato 1192 kcal; Mashed potato 1196 kcal Chips 1513 kcal; Mediterranean salad 1108 kcal; Side salad 997 kcal 15.76 Large mixed grill 14.23 Gammon, pork loin, rump, lamb, two sausages. fried egg, six onion rings

Choose: Jacket potato 1686 kcal; Mashed potato 1690 kcal Chips 2006 kcal; Mediterranean salad 1602 kcal; Side salad 1491 kcal

Add: Haggis and whisky sauce (313 kcal) 2.75

# Salads pastas and noodles

INCLUDES A DRINK soft drink\* alcoholic drink' Ramen noodle bowl / @ 536 kcal 9.47 11.00 Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies,

coriander in a light broth Add: Grilled chicken breast (94 kcal) 1.15 Poached egg (63 kcal) 93p Burrito salad bowl V 657 kcal 9.18 Spicy rice, cheese, roasted pepper, courgette, onion.

tortilla chips, guacamole, sliced chillies Add: Fried buttermilk chicken (473 kcal) 1.97 Chicken breast (187 kcal) 1.97; Smoky vegan chilli // @ (248 kcal) 1.97

Grilled halloumi-style cheese 9.18 & roasted vegetable salad (V) (1800) 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing

Chicken & maple-cured bacon salad 10.03 Choose: Grilled chicken breast 53 (1987) 279 kcal Southern-fried chicken breast strips 6500 461 kcal Mediterranean salad @ 58 583 334 kcal 8.90 Pearl barley, guinoa, butternut squash, wheat berries.

red pepper, cherry tomatoes, pumpkin seeds, basil, dressing Add: Grilled halloumi-style cheese (V) (396 kcal) 1.97 Tuna mayo (307 kcal) 1.06; Roasted vegetables (307 kcal) 1.53 Grilled chicken breast (187 kcal) 1.97

Macaroni cheese V 1186 kcal. Chips 8.35 Add: Cheese (V) (83 kcal) 1.52; Maple-cured bacon (91 kcal) 1.52

Pasta alfredo V 618 kcal 9.47 Fusilli pasta, creamy pecorino & regato cheese sauce, spinach sun-dried tomato, hasil, rocket Add: Grilled chicken breast (187 kcal) 1.97

Maple-cured bacon (91 kcal) 1.52 British beef & pancetta lasagne

Adults need around 2000 kcal a day.§

Choose: Side salad 780 kcal: Chips 1295 kcal

11.56

10.71

10.71

11.56

10.43

9.88

11.00

10.03