Sides and extras

Bowl of chips 🥏 964 kcal (Add: Spicy seas	oning Ø	(8 kcal) 34p)	4.23
Small bowl of chips 🥝 60	J2 kcal			2.48
Five chicken wings 👭	402 kcal			3.34
Eight Whitby breaded sc	ampi 527 kcal			4.99
Peas 🧭 130 kcal				94p
Mushy peas V 248 kcal				94p
Side salad 🥏 87 kcal				2.29
Mediterranean side sala	id 198 kcal			3.22
Roasted vegetables 🥏 🛙	35 kcal			1.53
Coleslaw 💟 399 kcal				1.40
Sliced chillies	🕽 3 kcal			88p
Onion rings 🤕	Six 269 kcal	2.33	Twelve 538 kcal	3.50
Garlic pizza bread 💟	8 '' 386 kcal	4.40	11 " 772 kcal	5.57
With cheese 💟	8 '' 461 kcal	4.98	11 " 922 kcal	6.44

Desserts

Vanilla ice cream () (555) 338 kcal Two scoops, toffee sauce, Belgian chocolate sauce	1.82
Cookie crunch (V) (1999) 365 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.82
Mini warm chocolate brownie V ‱ 435 kcal Belgian chocolate sauce, vanilla ice cream	2.98
Mini warm cookie dough sandwich 💟 (555) 435 kcal Salted caramel filling, toffee sauce, vanilla ice cream	2.98
Fresh fruit (V) 58 (555) 447 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	4.56
Warm chocolate fudge cake V 913 kcal. Vanilla ice cream	5.33
Warm chocolate brownie (V) 736 kcal Belgian chocolate sauce, vanilla ice cream	5.33
Warm cookie dough sandwich (V) 735 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.33
British Bramley apple crumble 🔮 830 kcal Vanilla ice cream	5.62
Add: Vanilla ice cream scoop ♥ (135 kcal) 94p Belgian chocolate sauce ♥ (61 kcal) 42p Toffee sauce ♥ (74 kcal) 42p Banana @ (101 kcal) 62p Strawberries @ (14 kcal) 62p Blueberries @ (17 kcal) 62p	

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

Exclude those dishes containing certain allergens.

result in changes to allergens contained in the dish.

- See full lists of ingredients.
 Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may

DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot **Extremely hot** Vegetarian ØVegan 🤓 5% fat or less 👫 Dish under 500 Calories Seafood with this mark comes from an MSC-certified

sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

Served BREAKFAST 8am - 12 noon

Large breakfast 1286 kcal Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast	6.59
Traditional breakfast 742 kcal Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast	4.99
Small breakfast (556) 419 kcal Fried egg, bacon, sausage, baked beans, hash brown	4.45
Add: Two slices of black pudding (355 kcal) 1.51	
Large vegetarian breakfast ♥ 1206 kcal Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	6.59
Vegetarian breakfast ⊘ 816 kcal Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	4.99
Small vegetarian breakfast (V) (1999) 313 kcal Fried egg, Quorn sausage, baked beans, hash brown, tomato	4.45
Vegan breakfast @ 786 kcal Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	4.61
Freedom breakfast 545 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	4.45

Breakfast extras

Add any of the following:		
Two slices of black pudding 355 kcal	1.51	Two rashers of back bacon 99 kcal
Sausage 168 kcal	1.05	Two scrambled eggs V 136 kcal
Quorn [™] sausage ⊘ 116 kcal	1.05	Fried egg V 56 kcal
Baked beans 🤕 126 kcal	93p	Poached egg V 63 kcal

Breakfast butties and wraps

Bacon butty 525 kcal. Three rashers of bacon, buttered white bloomer bread	
Sausage butty 713 kcal. Two sausages, buttered white bloomer bread	3.88
Quorn [™] sausage butty 👽 609 kcal	3.88
Two Quorn sausages, buttered white bloomer bread	

Breakfast muffin deal

Includes tea. coffee or hot chocolate. Free refills

Egg & cheese muffin () (555) 249 kcal Fried egg, American-style cheese, in an English muffin	3.31
Egg & bacon muffin (555) 298 kcal Fried egg, bacon, American-style cheese, in an English muffin	3.77
Egg & sausage muffin (567) 417 kcal Fried egg, sausage, American-style cheese, in an English muffin	3.77
Egg & Quorn™ sausage muffin V (‱) 364 kcal Fried egg, Quorn sausage, American-style cheese, in an English muffin	3.77
Breakfast muffin (500) 466 kcal Fried egg, sausage, bacon, American-style cheese, in an English muffin	4.01

Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml)

Add: Hash brown (82 kcal) 46p

Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.14
Mushroom Benedict ♥ 629 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.14
Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.14
Scrambled egg on toast v 570 kcal Three eggs, buttered white bloomer toast	3.77
Beans on toast (V) 🐼 566 kcal Buttered white bloomer toast	3.66
Two slices of toast with jam or marmalade V 🍩 496 kcal White bloomer bread	2.47
Fresh fruit @ to the straight when the straight for th	3.66
Porridge ♥ ֎ ֎֎֎֎֎֎֎֎֎֎֎֎֎֎֎֎֎֎֎֎֎֎֎֎֎֎֎֎֎֎֎֎֎	2.09

1.57	Hash brown 🥏 82 kcal	46p
1.63	Two mushrooms 🥏 91 kcal	93p
93p	Two grilled tomato halves @ 16 kcal	52p
93p	Slice of toast 💟 191 kcal	1.13

Breakfast wrap 739 kcal Fried egg, bacon, sausage, hash brown, Cheddar cheese	4.36
Vegetarian breakfast wrap № 835 kcal Fried egg, two Quorn sausages, two hash browns, Cheddar cheese	4.36

-Tea, coffee and hot chocolate-

Latte 🕐 113 kcal TEA, COFFEE AND HOT CHOCOLATE - ALL DAY EVERY DAY -LAVAILA 🛞 🚇 £1.56 **Biscuits** Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p

FREE

Mocha 💟 147 kcal Espresso Ø 6 kcal Black coffee Ø 6 kcal White coffee V 24 kcal (Oat milk available 🥥 4 kcal) Hot chocolate 💟 169 kcal Tea Tetley with semi-skimmed milk V 14 kcal (Oat milk available 🤕 4 kcal) Decaffeinated tea and coffee available.

Flat white 💙 92 kcal

Cappuccino V 102 kcal

Belgian chocolate biscuit (V) 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com ^OOffer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. • Non-refundable advance purchase rates, available to book direct on the telephone our website and our app. • Statement of daily calorie needs from the Department of Health & Social Care. ⁺Excluding decaffeinated. ***Drinks exclude bottled wine, sparkling wine, Prosecco**, cocktails, spritzes, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for

for the facts drinkaware.co.uk jdwetherspoon.com \neg

SEA 差



Main menu 11.30am - 11pm. Children's menu available.

INCLUDES A DRINK* **Choose from over 150 drinks**



This former car showroom takes its name from its location on Union Street, which was laid out in the early 19th century to link the three towns which later amalgamated to become Plymouth.



Food hygiene rating We have been awarded the maximum food hygiene rating of 5 in our pub.



100% UK and Irish beef Sourced from farms in the UK and Ireland. Traceable from farm



RSPCA

ASSURED

Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.

Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



Traditional **Breakfast** breakfast £4.99 8am - 12 noon Tea. coffee and £1.56 hot chocolate **Free refills Burger meals** INCLUDES A DRINK Featuring 3oz American burger soft drink* alcoholic drink* £7.57 £6.04 **Afternoon deals** INCLUDES A DRINK Mon - Fri, 2pm - 5pm Featuring small freshly battered fish and chips soft drink* alcoholic drink* £6.67 £8.20 Steak Club INCLUDES A DRINK Tuesday 11.30am - 11pm

Featuring classic 8oz sirloin

Curry Club[®] INCLUDES A DRINK Thursday 11.30am - 11pm Featuring the katsu curry range

alcoholic drink*

£11.79

alcoholic drink*

£8.49 £10.02 How to order

from your table

soft drink*

£10.26

soft drink*



Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

LAVALLA

ARABIC.



Coffee

The freshly ground 100% Arabica Lavazza coffeet we serve is from Rainforest Alliance-certified farms.

Tea

The Tetley tea we serve also comes from Rainforest Alliance-certified farms.

Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.



Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.§

to fork.

wetherspoon hotels

57 in England, Ireland, Scotland and Wales HOTELS Book direct for the best rates jdwetherspoon.com or on our app

Small plates Any 3 for £14.93

8" pizzas on a freshly baked sourdough base

8" pizzas on a freshly baked sourdough base.	
Margherita V 555 470 kcal Mozzarella, basil	6.51
Pepperoni 📂 578 kcal Mozzarella, pepperoni	7.09
Ham and mushroom 505 kcal Mozzarella, ham, mushroom, rocket	7.09
BBQ chicken 558 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	7.09
Roasted vegetable V 515 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	7.09
Vegan roasted vegetable @ 353 kcal Mushroom, roasted pepper, courgette, onion, basil	7.09
Spicy meat feast //// 618 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.67
11" garlic pizza bread V 772 kcal	5.57
Nachos //// 🛇 592 kcal Cheese, guacamole, salsa, sour cream, sliced chillies	5.81
Bowl of chips @ 964 kcal	4.23
Bowl of chips with curry sauce @ 1082 kcal	5.58
Cheesy chips 💟 1256 kcal	5.53
Loaded chips 1218 kcal Cheese, maple-cured bacon, sour cream	6.03
With any of the small plates below, choose one dip:	
Sweet chilli 🖉 🧭 48 kcal	
Sticky soy ♥ 100 kcal Naga chilli ₽₽₽₽ @ 136 kcal	
Jack Daniel's® Tennessee Honey glaze 💟 87 kcal	
Chipotle mayo //// 🛛 150 kcal	

Chipotle mayo //// 🛇 150 kcal Blue cheese 👽 270 kcal	
Halloumi-style fries 💟 🐻 396 kcal	4.96
Chicken bites (555) 298 kcal Ten battered chicken breast pieces	6.09
Southern-fried chicken strips 🖋 쨼 459 kcal Five chicken breast strips	6.20
Chicken wings	6.75
Quorn™ nuggets @ (‱) 331 kcal Eight coated pieces	5.19

Deli Deals[®] INCLUDES A DRINK

8" pizzas on a freshly baked sourdough base. Choose any 8° pizza from the small plates section.

Paninis

Cheddar cheese and tomato V 532 kcal

Wiltshire cured ham and Cheddar cheese 512 kcal	soft drink* 6.27
BBQ chicken, bacon and Cheddar cheese 572 kcal	each
Wraps	alcoholic drink* 7.80
Quorn [™] nuggets Ø 534 kcal	each

Jorn' nuggets 🎯 🗉 Tomato, cucumber, salsa

Southern-fried chicken and smoky chipotle mayo **FFF** 639 kcal

Fried halloumi-style cheese and sweet chilli sauce **FF** V 738 kcal Tomato, cucumber

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Add:
Chips 🧭 (602 kcal)
Salad 🧭 (87 kcal)
Spicy rice (208 kcal) 1.44 each
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Burgers INCLUDES A DRINK Beef burgers made from 100% British beef.

Duigers Includes A DRINK	Beet t	ourgers ma
Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, inc	cluded in Cale	ories below).
American burger 695 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 676 kcal Iceberg lettuce, tomato, red onion	soft drink* 6.04 each	alcoholic drink* 7.57 each
Skinny beef burger (555) 369 kcal Iceberg lettuce, tomato, red onion, with a side salad, inste	ad of chips	
American cheese burger 729 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		oft drink* 6.6 ' lic drink* 8.1 4
Double beef burgers Two 302 beef patties. Served with chips (602 kcal, included in Calories	below).	
Double American burger 1137 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1118 kcal Iceberg lettuce, tomato, red onion	soft drink* 8.30 each	alcoholic drink* 9.83 each
Double American cheese burger 1206 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		oft drink* 8.88 lic drink* 10.4 4
Just-a-burger Served on its own, without chips or a drink.		each 3.5 9
American burger (555) 366 kcal Red onion, gherkin, ketchup, American-style mustard		
Crunchy chicken strip burger // 559 kc Two southern-fried chicken strips, iceberg lettuce, mayon	al naise	
Additional toppings and burger patties		
Maple-cured bacon with Cheddar cheese 174 ko Maple-cured bacon with American-style chee		2.14
Cheddar cheese 💟 83 kcal		1.52
American-style cheese V 69 kcal		1.52
Maple-cured bacon 91 kcal		1.52
Crunchy chicken strip 🖊 92 kcal		1.50
3oz beef patty 169 kcal Fried halloumi-style cheese ♥ 446 kcal Grilled chicken breast 187 kcal		each 1.9 '
Fried buttermilk chicken 473 kcal		
-		

Curries Includes A DRINK

Katsu curries With a mild Japanese-style katsu curry sauc coconut-flavour rice, sliced chillies and coriander.	e,
Katsu chicken curry 826 kcal Sliced whole breaded chicken breast fillet Katsu grilled chicken curry ⊗ 541 kcal Sliced grilled chicken breast Katsu Quorn [™] nugget curry ⊘ 685 kcal Eight coated pieces	soft drink* 9.31 each alcoholic drink* 10.84 each
Classic curries With basmati pilau rice, plain naan and poppadums.	soft drink*
Mangalorean roasted cauliflower & spinach curry // @ 3867 kcal	10.43 each
Chicken tikka masala 🖊 1190 kcal	alcoholic drink*
Chicken jalfrezi	11.96 each
Change your plain naan to a garlic naan (2) (add 58 kcal) 47p	

Change your plain naan to a garlic naan 💟 (add 58 kcal) 47p

Jacket potatoes Includes A DRINK

With salad and one filling. Extra fillings 1.30 each.	
Coleslaw 🕐 578 kcal	soft drink*
Cheese 💟 531 kcal	7.43 each
Baked beans 🥏 😨 501 kcal	alcoholic drink*
Five-bean chilli 🖊 🤕 🤫 🗺 431 kcal	8.96
Roasted vegetables 🤕 🌚 ‱ 402 kcal	each

Gourmet burgers Served with chips, six onion rings (871 kcal, included in Calories below). Ultimate burger 1661 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin Tennessee burger soft drink* Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze 10.51 Choose: Beef (two 3oz beef patties) 1565 kcal each Grilled chicken breast 1416 kcal Fried buttermilk chicken 1702 kcal alcoholic drink* 12.04 BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce each Choose: Beef (two 3oz beef patties) 1644 kcal Grilled chicken breast 1495 kcal Fried buttermilk chicken 1780 kcal Fiesta burger 🥏 1462 kcal BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion Triple American cheese & bacon burger 1479 kcal soft drink* 11.96 Three 3oz beef patties, American-style cheese, alcoholic drink* 13.49 maple-cured bacon, red onion, gherkin, ketchup, American-style mustard **Chicken burgers** Served with a small portion of chips (329 kcal, included in the Calories below). soft drink* 6.04 Crunchy chicken strip burger **/** 787 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise alcoholic drink* 7.57 Served with chips (602 kcal, included in Calories below). soft drink* Fried buttermilk chicken burger 1254 kcal 8.30 Breaded whole chicken breast fillet each

Grilled chicken breast burger 969 kcal alcoholic drink* 9.83 Skinny chicken burger 🚳 🐻 388 kcal each Grilled chicken breast with salad, instead of chips Meat-free burgers soft drink* Served with chips (602 kcal, included in Calories below). 8.30

Fried halloumi-style cheese burger 🍠 💟 1128 kcal	each	
Sweet chilli sauce	alcoholic drink*	
Beyond Burger™ 🧑 834 kcal	9.83	
🕞 BEYOND MEAT plant-based patty	each	

Salads and pastas INCLUDES A DRINK

Chips 1295 kcal

	soft drink* al	coholic drink*
Burrito salad bowl © 657 kcal Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies Add: Chicken breast (187 kcal) 1.97 Five-bean chilli 🖉 🔍 (119 kcal) 1.97	9.18	10.71
Chicken & maple-cured bacon salad Choose: Grilled chicken breast @ 279 kcal Southern-fried chicken breast strips 461 kcal	10.03	11.56
Mediterranean salad @ 😒 🐻 334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing Add: Roasted vegetables @ (135 kcal) 1.53 Grilled chicken breast (187 kcal) 1.97	8.90	10.43
Pasta alfredo ♥ 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Grilled chicken breast (187 kcal) 1.97 Maple-cured bacon (91 kcal) 1.52	9.47	11.00
British beef & pancetta lasagne Choose: Side salad 780 kcal	10.03	11.56

Freshlv ba Peas 1239 kca Whitby bre

Vegetariar Three Quorn sa Afte Mon - F

Boneless basket 🖊 coleslaw, BBQ sauce Choose:

Choose:

Choose:

Choose:

Smal

Fish and Small free Peas 680 kcal

Small Whi Chips, peas 65 Four Whitby br

Add: Two slice Chip shop-sty

Small Wilt egg and cl One slice of W

> Small all-Sausage, baco

Small vege Two Quorn sau

Chicken baskets INCLUDES A DRINK

soft drink* 9.25

each

alcoholic drink*

10.78

each

soft drink* alcoholic drink*

8.20

6.67

Three southern-fried chicken strips, five chicken breast bites,

Spicy rice 849 kcal; Chips 1243 kcal; Side salad 720 kcal

Chicken bites basket

Ten battered chicken breast pieces, coleslaw, sticky soy sauce

Spicy rice 🚳 739 kcal; Chips 1133 kcal; Side salad 618 kcal

Southern-fried chicken strips basket 🖉 Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze

Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal

Quorn[™] 'no chicken' nuggets basket **//** ♥ Eight coated pieces, coleslaw, sweet chilli sauce

Spicy rice 721 kcal; Chips 1115 kcal; Side salad 600 kcal

l pub classics ING	CLUDES A DI	RINK [®] •
_ chips	soft drink*	alcoholic drink*
shly battered cod and chips 🤗 I or mushy peas 739 kcal	8.44	9.97
itby breaded scampi 58 kcal or mushy peas 718 kcal. readed scampi	8.44	9.97
es of bread 🔍 (383 kcal) 1.34 yle curry sauce 🥥 (118 kcal) 1.46		
tshire cured ham, hips (55) kcal Viltshire cured ham, fried egg	7.20	8.73
day brunch 666 kcal on, fried egg, baked beans, chips	7.49	9.02
letarian all-day brunch ∨ 680 kcal usages, fried egg, baked beans, chips	7.49	9.02

Afternoon deal Mon - Fri, 2pm - 5pm Choose from the above small pub classic me

Pub classics Includes a D	RINK [.] •]
Fich and chine	soft drin	k* alcoholic drink
Fish and chips Freshly battered cod and chips 🤗 Peas 1239 kcal or mushy peas 1298 kcal	10.65	5 12.18
Whitby breaded scampi Chips, peas 1195 kcal or mushy peas 1255 kcal. Eight Whitby breaded scampi	10.65	5 12.18
Add: Two slices of bread 🕥 (383 kcal) 1.34 Chip shop-style curry sauce 🥥 (118 kcal) 1.46		
Wiltshire cured ham, eggs and chips 856 kca Two slices of Wiltshire cured ham, two fried eggs	l 8.32	9.85
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	8.32	9.85
Vegan sausages, chips and beans @ 1013 kca Three Quorn sausages	l 8.32	9.85
Five-bean chilli 🖊 🤕 🧐 590 kcal. Rice, tortilla chips	8.9 1	10.44
All-day brunch 1213 kcal Two sausages, bacon, two fried eggs, baked beans, chips Add: Two slices of black pudding (355 kcal) 1.51	10.31	11.84
Vegetarian all-day brunch ♥ 1126 kcal Three Quorn sausages, two fried eggs, baked beans, chips	10.31	11.84
Afternoon deal Mon - Fri, 2pm - 5pm	soft drink* 7.84	alcoholic drink* 9.37

11" pizzas INCLUDES A DRINK"		
On a freshly baked sourdough base. Margherita 🖤 939 kcal. Mozzarella, basil	soft drink* 9.25	alcoholic dri 10.7
Pepperoni // 1157 kcal. Mozzarella, pepperoni Ham and mushroom 1012 kcal Mozzarella, ham, mushroom, rocket BBQ chicken 1103 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket Roasted vegetable 1029 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basi Vegan roasted vegetable 20 205 kcal Mushroom, roasted pepper, courgette, onion, basil	a	soft drink* 10.43 each Icoholic drink' 11.96 each
Spicy meat feast FFF 1220 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, ro	11.60	13.1
Additional toppings Red onion @ 10 kcal Sliced chillies ######@ 3 kcal Mushroom @ 6 kcal		each 88
Garlic & herb dip @ 180 kcal Mozzarella ♥ 150 kcal Ham 71 kcal Chicken breast 94 kcal Maple-cured bacon 91 kcal		each 1.1
••••••	•••••	

Steaks and grills INCLUDES A DRINK

Prime beef steaks from the UK and Ireland, matured for 21 days then seasoned with a steak-seasoning blend.

Classic 8oz sirloin steak Choose: Jacket potato 741 kcal; Chips 1061 kcal Mediterranean salad 657 kcal; Side salad 546 kcal	soft drink* 11.84	alcoholic drink* 13.37
Gourmet 8oz sirloin steak With peas, tomato, mushroom, three onion rings and a steak sauce. Choose: Jacket potato 993 kcal; Chips 1314 kcal Mediterranean salad 909 kcal; Side salad 798 kcal	soft drink* 14.18	alcoholic drink* 15.71
Add your choice of steak sauce: Creamy peppercorn sauce (74 kcal) Jack Daniel's® Tennessee Honey glaze Ѵ (87 kcal) 1.82		
Below meals are served with peas, tomato and mushroom. BBQ chicken melt Grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Jacket potato 🕸 803 kcal; Chips 1123 kcal Mediterranean salad 719 kcal; Side salad 608 kcal	soft drink 10.65	* alcoholic drink*
Mixed grill Gammon, pork loin, rump, lamb, sausage Choose: Jacket potato 1192 kcal; Chips 1513 kcal Mediterranean salad 1108 kcal; Side salad 997 kcal	12.48	14.01
Large mixed grill Gammon, pork loin, rump, lamb, two sausages, fried egg, six onion rings Choose: Jacket potato 1686 kcal; Chips 2006 kcal Mediterranean salad 1602 kcal; Side salad 1491 kcal	14.23	15.76
Adults need around 2000 kcal a day.§		