wetherspoon hotels

In England, Ireland, Scotland and Wales

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ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
 Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot **Extremely hot** Vegetarian ØVegan 🤓 5% fat or less 👫 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

Served BREAKFAST 8am - 12 noon

Eggs Benedict 725 kcal

Mushroom Benedict V 629 kcal

Scrambled egg on toast V 570 kcal

Small beans on toast 🕥 🚳 🎆 251 kcal

Three eggs, buttered white bloomer toast

Hollandaise sauce rocket

Hollandaise sauce, rocket

Hollandaise sauce, rocket

Buttered white bloomer toast

Fresh fruit ⊘ 🥵 ‱ 177 kcal

Add: Banana 🥥 (101 kcal) 62p Strawberries (14 kcal) 62p

Blueberries (17 kcal) 62p

Honey (91 kcal) 34p

Apple, banana, blueberries, strawberries

Porridge V 🚳 👫 252 kcal (plain)

46p

Fried egg, bacon, sausage, hash brown, Cheddar cheese

Fried egg, two Quorn sausages, two hash browns, Cheddar cheese

Vegetarian breakfast wrap V 835 kcal

FREE

Breakfast wrap 739 kcal

White bloomer bread

Miner's Benedict 939 kcal

Two poached eggs, on an English muffin, with Wiltshire cured ham

Two poached eggs, on an English muffin, with mushroom,

Two poached eggs, on an English muffin, with black pudding,

Beans on toast 💟 🚳 566 kcal. Buttered white bloomer toast

Two slices of toast with jam or marmalade V 600 496 kcal

Large breakfast 1286 kcal Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast	8.01
Traditional breakfast 742 kcal Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast	6.31
Small breakfast ())) 419 kcal Fried egg, bacon, sausage, baked beans, hash brown	5.41
Add: Two slices of black pudding (355 kcal) 1.51	
Large vegetarian breakfast ♥ 1206 kcal Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	8.01
Vegetarian breakfast ♥ 816 kcal Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	6.31
Small vegetarian breakfast 🔍 🞆 313 kcal Fried egg, Quorn sausage, baked beans, hash brown, tomato	5.41
Vegan breakfast @ 786 kcal Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	5.91
Freedom breakfast 545 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	5.41

Breakfast extras

Add any of the following:		
Two slices of black pudding 355 kcal	1.51	Four
Sausage 168 kcal	1.05	Two s
Quorn sausage 🧭 116 kcal	1.05	Fried
Baked beans 🥥 126 kcal	93p	Poach
Two rashers of back bacon 99 kcal	1.57	Hash

Four ra	shers of maple-cured bacon 91 kcal
Two scr	r ambled eggs 136 kcal
Fried eg	gg V 56 kcal
Poache	d egg V 63 kcal
Hash br	rown 🥏 82 kcal

93p 1.52 Two mushrooms Ø 91 kcal 1.63 Two grilled tomato halves @ 16 kcal 52p 1.13 93p Slice of toast V 191 kcal 93p

Breakfast butties and wraps

Bacon butty 525 kcal. Three rashers of bacon, buttered white bloomer bread 4.36 Sausage butty 713 kcal. Two sausages, buttered white bloomer bread 4.36 Quorn[™] sausage butty ♥ 609 kcal 4.36 Two Quorn sausages, buttered white bloomer bread

Srea	kfasi	t mu	ffin	deal

Breakiast multin deal Includes tea, coffee or hot chocolate. Free refil	ls
Egg & cheese muffin () (55) 249 kcal Fried egg. American-style cheese, in an English muffin	4.47
Egg & bacon muffin (557) 298 kcal Fried egg, bacon, American-style cheese, in an English muffin	4.93
Egg & sausage muffin (555) 417 kcal Fried egg, sausage, American-style cheese, in an English muffin	4.93
Egg & Quorn™ sausage muffin V (500) 364 kcal Fried egg, Quorn sausage, American-style cheese, in an English muffin	4.93
Breakfast muffin (555) 466 kcal Fried egg. sausage, bacon, American-style cheese, in an English muffin	5.16
Add: Hash brown 🥥 (82 kcal) 46p	

Coldwater Creek wines, Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml)

-Tea, coffee and hot chocolate-



Salted caramel brownie bar V 316 kcal 1.64

Flat white V 92 kcal Cappuccino 💟 102 kcal Latte 💟 113 kcal Mocha 🖤 147 kcal Espresso Ø 6 kcal Black coffee @ 6 kcal White coffee V 24 kcal (Oat milk available 🥥 4 kcal) Hot chocolate 💟 169 kcal Tea Tetley with semi-skimmed milk 🔍 14 kcal (Oat milk available 🥥 4 kcal)

Decaffeinated tea and coffee available.

· **100%** · **BFFF**

FOOD HYGIENE RATING

0 1 2 3 4 5

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com ^OOffer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. • Non-refundable advance purchase rates, available to book direct on the telephone our website and our app. • Statement of daily calorie needs from the Department of Health & Social Care. ⁺Excluding decaffeinated. ***Drinks exclude bottled wine, sparkling wine, Prosecco**, cocktails, spritzes, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for

drinkaware.co.uk 🕿 jdwetherspoon.com 💪

for the facts

SIMNOGRILL **S**



6.50

6.50

6.50

4.93

3.77

2.62

2.58

3.77

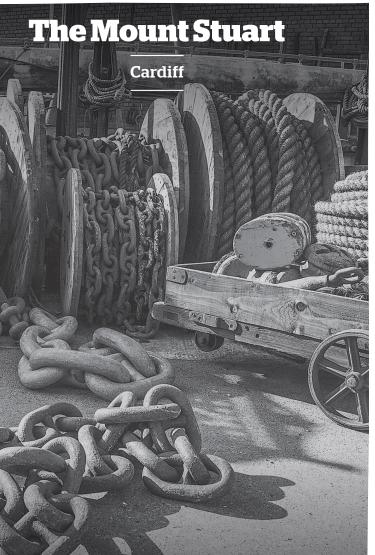
2.09

5.52

5.52



Main menu 11.30am - 11pm. Children's menu available.



This former dock building was erected in the 1880s and served as the long-time offices of the Mount Stuart Dry Docks Company Ltd. The offices were built alongside Graving Dock No.1, part of Cardiff Docks, built by the Marquesses of Bute. The now-demolished Mount Stuart public house stood just outside the dock gates. Both the dock offices and the pub were named after the Marquesses' ancestral home on the Isle of Bute.



Traditional

breakfast

Choose from over 150 drinks

How to order from your table



Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.





The freshly ground 100% Arabica Lavazza coffee we serve is from Rainforest Alliance-certified farms.

Tea

The Tetley tea we serve also comes from Rainforest Alliance-certified farms.

Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.§

to fork.

Food hygiene

the maximum

of 5 in our pub.

Irish beef

100% UK and

Sourced from farms

in the UK and Ireland.

Traceable from farm

We have been awarded

food hygiene rating

rating

The cod and haddock we serve

come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.

Free-range eggs

Sustainable fish

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.





wetherspoon hotels

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Small plates Any 3 for £17.75

on a frachly balead courdough bac

8" pizzas on a freshly baked sourdough base.	
Margherita V 555 470 kcal Mozzarella, basil	6.61
Pepperoni 📂 578 kcal Mozzarella, pepperoni	7.20
Ham and mushroom 505 kcal Mozzarella, ham, mushroom, rocket	7.20
BBQ chicken 558 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	7.20
Roasted vegetable 🕥 515 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	7.20
Vegan roasted vegetable @ 353 kcal Mushroom, roasted pepper, courgette, onion, basil	7.20
Spicy meat feast //// 618 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.80
11" garlic pizza bread 🕐 772 kcal	6.14
Nachos //// 🛇 592 kcal Cheese, guacamole, salsa, sour cream, sliced chillies	6.09
Bowl of chips @ 964 kcal	4.23
Bowl of chips with curry sauce 🥥 1082 kcal	5.86
Cheesy chips 💟 1256 kcal	5.53
Loaded chips 1218 kcal Cheese, maple-cured bacon, sour cream	6.31
With any of the small plates below, choose one dip: Sweet chilli // @ 48 kcal Sticky soy V 100 kcal Naga chilli /// @ 136 kcal	

Naga chilli	
Halloumi-style fries 👽 \varpi 396 kcal	6.20
Chicken bites ()) 298 kcal Ten battered chicken breast pieces	6.48
Southern-fried chicken strips / 59 kcal Five chicken breast strips	6.43
Chicken wings ### 804 kcal Ten spicy chicken wings	7.21
Quorn™ nuggets @ 331 kcal Eight coated pieces	6.03

Deli Deals[®] INCLUDES A DRINK

8" pizzas on a freshly baked sourdough base. Choose any 8" pizza from the small plates section. Paninis

Cheddar cheese and tomato V 532 kcal Wiltshire cured ham and Cheddar cheese 512 kcal BBQ chicken, bacon and Cheddar cheese 572 kcal Wraps

Quorn[™] nuggets Ø 534 kcal. Tomato, cucumber, salsa

Southern-fried chicken and smoky chipotle mayo **FFF** 639 kcal

Fried halloumi-style cheese and sweet chilli sauce **FF** V 738 kcal Tomato, cucumber

soft drink*

7.43 each

alcoholic drink*

9.19

each

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Add:
Chips 🥝 (602 kcal)
Salad 🥥 (87 kcal)
Spicy rice ⊘ (208 kcal) 1.44 each
```

from 100% British beef.

Burgers Includes a drink	Beef t	ourgers made		
Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).				
American burger 695 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 676 kcal Iceberg lettuce, tomato, red onion Skinny beef burger () 369 kcal Iceberg lettuce, tomato, red onion, with a side salad, inste	soft drink* 7.20 each ead of chips	alcoholic drink* 8.96 each		
American cheese burger 729 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		oft drink* 7.78 lic drink* 9.54		
Double beef burgers Two 30z beef patties. Served with chips (602 kcal, included in Calories	below).			
Double American burger 1137 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1118 kcal Iceberg lettuce, tomato, red onion	soft drink* 9.46 each	alcoholic drink* 11.22 each		
Double American cheese burger 1206 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		oft drink* 10.04 lic drink* 11.80		
Just-a-burger Served on its own, without chips or a drink. American burger 📷 366 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger 🖊 🗺 459 kc		each 4.51		
Two southern-fried chicken strips, iceberg lettuce, mayon	naise			

Additional toppings and burger patties

Maple-cured bacon with Cheddar cheese 174 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese V 83 kcal	1.52
American-style cheese 🔇 69 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip 🍠 92 kcal	1.50
3oz beef patty 169 kcal Fried halloumi-style cheese ♥ 446 kcal Fried buttermilk chicken 473 kcal ⓒ BEYOND MEAT patty @ 184 kcal	each 1.97

Curries INCLUDES A DRINK

Katsu curries With a mild Japanese-style katsu curry sauce coconut-flavour rice, sliced chillies and coriander.	e,
Katsu chicken curry 826 kcal Sliced whole breaded chicken breast fillet Katsu grilled chicken curry S 541 kcal Sliced grilled chicken breast Katsu Quorn™ nugget curry Ø 685 kcal	soft drink* 10.49 each alcoholic drink* 12.25 each
Eight coated pieces	
Classic curries With basmati pilau rice, plain naan and poppadums.	soft drink*
Mangalorean roasted cauliflower & spinach curry 🌮 🧑 🕸 867 kcal	11.60 each
Chicken tikka masala 🌮 1190 kcal	alcoholic drink*
Chicken jalfrezi 💴 🐼 935 kcal	13.36 each
Beef Madras ///// 1043 kcal	edCll
	•••••

Change your plain naan to a garlic naan (V) (add 58 kcal) 47p

Jacket potatoes Includes A DRINK

With salad and one filling. Extra fillings 1.30 each.	
Coleslaw 🔇 578 kcal	soft drink*
Cheese 💟 531 kcal	8.60 each
Baked beans @ 🐵 501 kcal	alcoholic drink*
Five-bean chilli 🖊 🧑 🤫 뻀 431 kcal	10.36
Roasted vegetables 🥏 🌚 ‱ 402 kcal	each

Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1661 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee burger

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1565 kcal Fried buttermilk chicken 1702 kcal	soft drink* 11.66 each
BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal	alcoholic drink* 13.42 each
Fried buttermilk chicken 1780 kcal	

Fiesta burger ⊘ 1462 kcal

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

 Triple American cheese & bacon burger 1479 kcal
 soft drink*
 13.12
 Three 3oz beef patties, American-style cheese, alcoholic drink* 14.88 maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

Chicken burgers

Chicken burgers Served with a small portion of chips (329 kcal, included in the Calories below).	soft drink* 7.20	alcoholic drink* 8.96		
Crunchy chicken strip burger 787 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise				
Served with chips (602 kcal, included in Calories below). Fried buttermilk chicken burger 1254 kcal Breaded whole chicken breast fillet	soft drink* 9.46	alcoholic drink* 11.22		
Meat-free burgers Served with chips				
(602 kcal, included in Calories below). Beyond Burger™ @ 834 kcal G BEYOND MEAT plant-based patty	soft drink* 9.46 each	alcoholic drink* 11.22 each		
Fried halloumi-style cheese burger 📂 🛇 1128 kcal				

Fri Sweet chilli sauce

Chicken INCLUDES A DRINK

Char-grilled half chicken Chicken on the bone is marinated, slow cooked and finished on the char-grill.

Lemon and herb 🖊 Char-grilled in a lemon & herb glaze	
Coleslaw, garlic & herb dip	soft drink*
C hoose: Spicy rice 1099 kcal ; Chips 1173 kcal; Side salad 978 kcal	12.60
Mediterranean salad 1089 kcal	each
Hot and spicy //// Char-grilled in a Naga chilli & citrus glaze	alcoholic drink*
Coleslaw, Naga chilli dip	14.36
Choose: Spicy rice 1069 kcal; Chips 1463 kcal; Side salad 948 kcal	each
Mediterranean salad 1058 kcal	

Chicken baskets

Boneless basket 🖊 Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Spicy rice 849 kcal; Chips 1243 kcal; Side salad 720 kcal

Chicken bites basket
Ten battered chicken breast pieces, coleslaw, sticky soy sauce
Choose: Spicy rice 🐵 739 kcal; Chips 1133 kcal; Side salad 618 kca

Southern-fried chicken strips basket 🖉 Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal

Quorn[™] 'no chicken' nuggets basket **//** ♥ Eight coated pieces, coleslaw, sweet chilli sauce Choose: Spicy rice 721 kcal; Chips 1115 kcal; Side salad 600 kcal

Salad

Chicken & Choose: Chicken breas Southern-frie

Mediterra Pearl barley, g red pepper, ch Add: Roasted

Pasta alfr Fusilli pasta, o sun-dried toma Add: Chicken Maple-cured

British be Choose: Side salad 780 Chips 1295 kcal

Smal

After Mon -Choose fi

Pub

Fish and Freshly ba

Peas 1239 kc Whitby b

soft drink*

10.43

each

alcoholic drink*

12.19

each

Chips, peas 1 Eight Whitby Add: Two slic

Chip shop-sty Wiltshire

Two slices of Sausage

Three Lincoln

Vegan sa Three Quorn

Five-bea

All-day bi Two sausage Add: Two slic

Vegetaria Three Quorn



ds and pastas INCLUDES A DRINK •	

as and pastas mere		
	soft drink* al	coholic drink*
k maple-cured bacon salad	11.16	12.92
st 🐼 뻀 279 kcal ed chicken breast strips 뻀 461 kcal		
anean salad @ ® (557) 334 kcal quinoa, butternut squash, wheat berries, herry tomatoes, pumpkin seeds, basil, dressing vegetables @ (135 kcal) 1.53	10.03	11.79
redo V 618 kcal creamy pecorino & regato cheese sauce, spinach, nato, basil, rocket breast (187 kcal) 1.97 bacon (91 kcal) 1.52	10.60	12.36
eef & pancetta lasagne	11.16	12.92
10 kcal		

Small pub classics INCLU	JDES A DI	RINK [.]
Fish and chips	soft drink*	alcoholic drink*
Small freshly battered cod and chips 🤗 Peas 680 kcal or mushy peas 739 kcal	9.62	11.38
Small Whitby breaded scampi Chips, peas 658 kcal or mushy peas 718 kcal. Four Whitby breaded scampi	9.62	11.38
Add: Two slices of bread (383 kcal) 1.34 Chip shop-style curry sauce (118 kcal) 1.46		
Small Wiltshire cured ham, egg and chips (366) 455 kcal One slice of Wiltshire cured ham, fried egg	8.38	10.14
Small all-day brunch 666 kcal Sausage, bacon, fried egg, baked beans, chips	8.68	10.44
Small vegetarian all-day brunch ♥ 680 kcal Two Quorn sausages, fried egg, baked beans, chips	8.68	10.44
Afternoon deal		

ondea

Fri, 2pm – 5pm om the above small pub classic meals.	soft drink* 7.85	alcoholic drink* 9.61
classics Includes a D	RINK •	1
1 -1-1	soft drin	k* alcoholic drink
l chips battered cod and chips <i>@</i> cal or mushy peas 1298 kcal	11.84	13.60
r readed scampi 1195 kcal or mushy peas 1255 kcal. [,] breaded scampi	11.84	13.60
ces of bread ♥ (383 kcal) 1.34 tyle curry sauce @ (118 kcal) 1.46		
e cured ham, eggs and chips 856 kca f Wiltshire cured ham, two fried eggs	al 9.4 9	11.25
s, chips and beans 1170 kcal nshire sausages	9.49	11.25
iusages, chips and beans @ 1013 kca sausages	al 9.49	11.25
in chilli 🖊 ⊘ 😳 5 90 kcal. Rice, tortilla chips	s 10.08	8 11.84
orunch 1213 kcal es, bacon, two fried eggs, baked beans, chips ces of black pudding (355 kcal) 1.51	11.49	9 13.25
an all-day brunch V 1126 kcal sausages, two fried eggs, baked beans, chips	11.49	13.25
Frnoon deal Fri, 2pm – 5pm om the above pub classic meals.	soft drink* 9.02	alcoholic drink* 10.78

11" pizzas Includes A DRINK .		
On a freshly baked sourdough base. soft	drink*	alcoholic drink*
Margherita 🔍 939 kcal. Mozzarella, basil 10		12.19
Pepperoni 🌮 1157 kcal. Mozzarella, pepperoni	•••••	
Ham and mushroom 1012 kcal Mozzarella, ham, mushroom, rocket BBQ chicken 1103 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket		soft drink* 11.60 each
Roasted vegetable ♥ 1029 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	a	13.36 each
Vegan roasted vegetable (2015) 800 705 kcal Mushroom, roasted pepper, courgette, onion, basil		
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	.78	
Additional toppings	•••••	
Red onion @ 10 kcal; Sliced chillies ///// @ 3 kcal Mushroom @ 6 kcal		each 88p
Garlic & herb dip ⊘ 180 kcal; Mozzarella ♥ 150 kcal; Ham 71 kcal Chicken breast 94 kcal; Maple-cured bacon 91 kcal		each 1.15
Pepperoni 🌮 109 kcal; Roasted vegetables 🥥 135 kcal		each 1.53

Sides and extras

Bowl of chips 🥏 964 kcal (Add: Spicy seasoning 🥏 (8 kcal) 34p)				4.23
Small bowl of chips 🧭 602 kcal				2.48
Five chicken wings 💴 402 kcal				3.34
Eight Whitby breaded scampi 527 kcal				4.99
Peas 🥏 130 kcal				94p
Mushy peas 💟 248 kcal				94p
Side salad 🥥 87 kcal				2.29
Mediterranean side salad 🧭 198 kcal				3.22
Roasted vegetables 🧭 135 kcal				1.53
Coleslaw 💟 399 kcal				1.40
Sliced chillies ####################################				
Onion rings 🤕	Six 269 kcal	2.33	Twelve 538 kcal	3.50
Garlic pizza bread V	8 " 386 kcal	4.98	11 " 772 kcal	6.14
With cheese V	8 '' 461 kcal	5.57	11 " 922 kcal	7.02

Desserts

Vanilla ice cream (V) (1997) 338 kcal Two scoops, toffee sauce, Belgian chocolate sauce	2.11
Cookie crunch (V) (555) 365 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	2.11
Mini warm chocolate brownie V (1997) 435 kcal Belgian chocolate sauce, vanilla ice cream	3.28
Mini warm cookie dough sandwich V (555) 435 kcal Salted caramel filling, toffee sauce, vanilla ice cream	3.28
Fresh fruit (V) (33) (1999) 447 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	5.16
Warm chocolate fudge cake V 913 kcal. Vanilla ice cream	5.91
Warm chocolate brownie 💟 736 kcal Belgian chocolate sauce, vanilla ice cream	5.91
Warm cookie dough sandwich (V) 735 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.91
British Bramley apple crumble V 830 kcal Vanilla ice cream	6.22

Add: Vanilla ice cream scoop 💟 (135 kcal) 94p; Toffee sauce 💟 (74 kcal) 42p Belgian chocolate sauce V (61 kcal) 42p; Banana Ø (101 kcal) 62p Strawberries (14 kcal) 62p; Blueberries (17 kcal) 62p

Adults need around 2000 kcal a day.§