Sides and extras

Bowl of chips 🥏 964 kcal (Add: Spicy seas	oning Ø	(8 kcal) 34p)	4.23
Small bowl of chips 🥝 ઠી	12 kcal			2.48
Five chicken wings 🗾	402 kcal			3.34
Eight Whitby breaded sc	ampi 527 kcal			4.99
Grilled halloumi-style c	heese 🕐 446	kcal		1.97
Peas 🧭 130 kcal				94p
Mushy peas V 248 kcal				94p
Side salad 🤕 87 kcal				2.29
Mediterranean side sala	id 198 kcal			3.22
Roasted vegetables 🤕 🛙	35 kcal			1.53
Coleslaw V 399 kcal				1.40
Sliced chillies	🕽 3 kcal			88p
Chicken gravy 50 kcal				94p
Onion rings 🤕	Six 269 kcal	2.33	Twelve 538 kcal	3.50
Garlic pizza bread 💟	8 '' 386 kcal	4.40	11 " 772 kcal	5.57
With cheese V	8 '' 461 kcal	4.98	11 " 922 kcal	6.44

Desserts

Vanilla ice cream (V) (555) 338 kcal Two scoops, toffee sauce, Belgian chocolate sauce	1.82
Cookie crunch V 🐯 365 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.82
Mini warm chocolate brownie (V) (555) 435 kcal Belgian chocolate sauce, vanilla ice cream	2.98
Mini warm cookie dough sandwich ♥ 쮒 435 kcal Salted caramel filling, toffee sauce, vanilla ice cream	2.98
Mini American-style pancakes ♥ അ 412 kcal Two pancakes, maple-flavour syrup, vanilla ice cream	3.54
Fresh fruit () 😵 🗱 447 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	4.56
Warm chocolate fudge cake V 913 kcal. Vanilla ice cream	5.33
Warm chocolate brownie 🕐 736 kcal Belgian chocolate sauce, vanilla ice cream	5.33
Warm cookie dough sandwich V 735 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.33
British Bramley apple crumble V Vanilla ice cream 830 kcal or custard 694 kcal	5.62
American-style pancakes V 🚳 689 kcal Four pancakes, maple-flavour syrup, vanilla ice cream	4.99

Add: Custard 💟 (134 kcal) 1.23; Vanilla ice cream scoop 💟 (135 kcal) 94p Belgian chocolate sauce (61 kcal) 42p; Toffee sauce (74 kcal) 42p Banana (101 kcal) 62p; Strawberries (14 kcal) 62p; Blueberries (17 kcal) 62p

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
 Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

/ = Very mild **//** = Mild **///** = Medium hot **////** = Very hot **Extremely hot** Vegetarian 🖉 Vegan 🚳 5% fat or less 1 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

BREAKFAST Served 8am - 12 noon

Large breakfast 1286 kcal Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast	6.59
Traditional breakfast 742 kcal Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast	4.99
Small breakfast (†††† 419 kcal Fried egg, bacon, sausage, baked beans, hash brown	4.45
Add: Two slices of black pudding (355 kcal) 1.51	
Large vegetarian breakfast 🕐 1206 kcal Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	6.59
Vegetarian breakfast 	4.99
Small vegetarian breakfast (V) (1999) 313 kcal Fried egg, Quorn sausage, baked beans, hash brown, tomato	4.45
/egan breakfast @ 786 kcal wo Quorn sausages, baked beans, two hash browns, mushroom, omato, slice of toast, vegan spread	4.61
Freedom breakfast 545 kcal wo fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	4.45
American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two sausages, four pancakes, maple-flavour syrup	6.85
Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, sausage, two pancakes, maple-flavour syrup	4.99

Breakfast extras

Add any of the following:		
Two slices of black pudding 355 kcal	1.51	Two rashers of bac
Sausage 168 kcal	1.05	Four rashers of ma
Quorn[™] sausage ⊘ 116 kcal	1.05	Two scrambled egg
Grilled halloumi-style cheese V 396 kcal	1.97	Fried egg V 56 kcal
Baked beans 🥏 126 kcal	93p	Poached egg V 63 k
	-	

Breakfast butties and wraps

Bacon butty 525 kcal. Three rashers of bacon, buttered white bloomer bread 3.88 Sausage butty 713 kcal. Two sausages, buttered white bloomer bread 3.88 Quorn[™] sausage butty ♥ 609 kcal 3.88 Two Quorn sausages, buttered white bloomer bread

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills

Egg & cheese muffin () ()) 249 kcal Fried egg, American-style cheese, in an English muffin	3.31
Egg & bacon muffin (557) 298 kcal Fried egg, bacon, American-style cheese, in an English muffin	3.77
Egg & sausage muffin (500) 417 kcal Fried egg, sausage, American-style cheese, in an English muffin	3.77
Egg & Quorn™ sausage muffin V (555) 364 kcal Fried egg, Quorn sausage, American-style cheese, in an English muffin	3.77
Breakfast muffin ())) 466 kcal Fried egg, sausage, bacon, American-style cheese, in an English muffin	4.01
Smashed avocado muffin @ ® (557) 244 kcal Guacamole, pico di gallo, on an English muffin, rocket	4.01
Add: Maple-cured bacon (91 kcal) 1.52; Poached egg V (63 kcal) 93p Grilled halloumi-style cheese V (396 kcal) 1.97	
Add: Hash brown 🥝 (82 kcal) 46p	•••••

Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml)

Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.14
Mushroom Benedict (V) 629 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.14
Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.14
American-style pancakes Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. (V) 😵 554 kcal	4.99 4.30
Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syrup. 쨼 322 kcal Two pancakes, maple-flavour syrup. 父 🥸 🗺 277 kcal	3.54 3.25
Scrambled egg on toast 🔮 570 kcal Three eggs, buttered white bloomer toast	3.77
Beans on toast V 🥺 566 kcal. Buttered white bloomer toast	3.66
Small beans on toast (V 53 (555) 251 kcal Buttered white bloomer toast	2.62
Two slices of toast with jam or marmalade (V) (1999) 496 kcal White bloomer bread	2.47
Fresh fruit @ 🕸 \varpi 1 77 kcal Apple, banana, blueberries, strawberries	3.66
Porridge ♥ ॐ ‱ 252 kcal (plain) Add: Banana @ (101 kcal) 62p; Maple-flavour syrup @ (125 kcal) 34p	2.09

Strawberries @ (14 kcal) 62p; Blueberries @ (17 kcal) 62p Honey V (91 kcal) 34p

ack bacon 99 kcal	1.57	Hash brown 🧭 82 kcal	46p
maple-cured bacon 91 kcal	1.52	Two mushrooms 🥏 91 kcal	93р
eggs V 136 kcal	1.63	Two grilled tomato halves 🧭 16 kcal	52p
cal	93p	Slice of toast 🕐 191 kcal	1.13
63 kcal	93p		

Breakfast wrap 739 kcal	4.36
Fried egg, bacon, sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap V 835 kcal	4.36
Fried egg, two Quorn sausages, two hash browns, Cheddar cheese	

-Tea, coffee and hot chocolate -

FREE TEA, COFFEE AND HOT CHOCOLATE - ALL DAY EVERY DAY -LAVAILA 🛞 🚇 1.56

Flat white 💙 92 kcal Cappuccino V 102 kcal Hot chocolate 💟 169 kcal with semi-skimmed milk 🔍 14 kcal

Decaffeinated tea and coffee available.

Biscuits Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com ^OOffer (excluding take away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on the telephone our website and our app. [§]Statement of daily calorie needs from the Department of Health & Social Care. ¹¹Excluding decaffeinated. ***Drinks exclude bottled wine, sparkling wine, Prosecco**, cocktails, spritzes, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for

for the facts drinkaware.co.uk 🛛 jdwetherspoon.com \neg

Latte V 113 kcal Mocha 💟 147 kcal Espresso ⊘ 6 kcal Black coffee Ø 6 kcal White coffee V 24 kcal (Oat milk available 🕖 4 kcal) Tea Tetley (Oat milk available 🤕 4 kcal)

ltstd 🗵



Main menu 11.30am - 11pm. Children's menu available.

INCLUDES A DRINK* **Choose from over 150 drinks**

The Bear

Maidenhead



The name of this historic inn was perpetuated when it became a Wetherspoon pub in 2010. The Bear has been on this site since 1845. Previously, it was at the corner of Park Street and High Street. The Bear is recorded in 1489, when the landlord charged 'an unlawful price for provisions'. In the early 19th century, it was one of the town's main coaching inns, but was converted into a private house in 1845.

Breakfast 8am - 12 noon	Traditional breakfast £4.99
Tea, coffee and hot chocolate Free refills "	£1.56
Burger me INCLUDES ADR Featuring 30z Americ soft drink* £5.44	an burger
	- 5pm
Steak Chr INCLUDES ADRIN Tuesday 11.30an Featuring classic 80 soft drink* al £9.67 £1	IK: • • • n – 11pm z sirloin coholic drink*
	ік: •/ - m – 11pm

How to order from your table



Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.





Food hygiene rating We have been awarded the maximum food hygiene rating



of 5 in our pub. 100% UK and Irish beef Sourced from farms

in the UK and Ireland.

Traceable from farm



RSPCA

ASSURED

Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.

Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

LAVALLA



The freshly ground 100% Arabica Lavazza coffeet we serve is from Rainforest Alliance-certified farms.

Tea

Coffee

The Tetley tea we serve also comes from Rainforest Alliance-certified farms.

Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.§

to fork.





57 in England, Ireland,

Scotland and Wales HOTELS Book direct for the best rates jdwetherspoon.com or on our app



Small plates Any 3 for £14.93

8"	pizzas	on a f	freshly	y ba	ked	sourd	lough	ı base.	
_	L			,					

8" pizzas on a freshly baked sourdough base.	
Margherita V 뻀 470 kcal. Mozzarella, basil	5.91
Pepperoni 🌮 578 kcal. Mozzarella, pepperoni	6.51
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket	6.51
BBQ chicken 558 kcal	6.51
Mozzarella, BBQ sauce, chicken breast, red onion, rocket	
Roasted vegetable 👽 515 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	6.51
Vegan roasted vegetable Ø 🥸 👹 353 kcal Mushroom, roasted pepper, courgette, onion, basil	6.51
BBQ jackfruit and vegan cheeze /// @ 🕸 5000 437 kcal BBQ jackfruit, vegan cheese alternative, sliced chillies, red onion, rocket	7.09
Spicy meat feast FFF 618 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.09
Mozzaretta, nam, pepperom, chicken preast, suceu chittles, rocket	
11" garlic pizza bread V 772 kcal	5.57
Bao buns Traditional Asian steamed buns	5.19
Choose: Spicy crunchy chicken /// 624 kcal. Spicy mayo, red onion, sliced chillies, corian	der
BBQ jackfruit @ 53 (557) 416 kcal. Red onion, sliced chillies, coriander	401
Nachos 💴 V S92 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	5.81
Bowl of chips Ø 964 kcal	4.23
Bowl of chips with curry sauce 🥥 1082 kcal	5.58
Cheesy chips 💟 1256 kcal	5.53
Loaded chips 1218 kcal. Cheese, maple-cured bacon, sour cream	6.03
Tomato & basil soup V 🥸 🐻 341 kcal. White bloomer bread	4.23
With any of the small plates below, choose one dip: Sweet chilli ♥♥ @ 48 kcal; Sticky soy ♥ 100 kcal Naga chilli ♥♥♥ @ 136 kcal; Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal Chipotle mayo ♥♥♥ ♥ 150 kcal; Blue cheese ♥ 270 kcal	
Halloumi-style fries 💟 🌇 396 kcal	4.96
Chicken bites 5 298 kcal. Ten battered chicken breast pieces	6.09
Southern-fried chicken strips 🖉 📷 459 kcal. Five chicken breast strips	6.09
Chicken wings ### 804 kcal. Ten spicy chicken wings	6.75
Quorn [™] nuggets @ 331 kcal. Eight coated pieces	5.19

Deli Deals[®] INCLUDES A DRINK

8" pizzas on a freshly baked sourdough base. Choose any 8" pizza from the small plates section.	
Paninis	
Tuna mayo and Cheddar cheese 599 kcal	
BBQ jackfruit and vegan cheeze @ 516 kcal BBQ jackfruit, vegan cheese alternative	
Cheddar cheese and tomato 🔮 532 kcal	soft drink*
Wiltshire cured ham and Cheddar cheese 512 kcal	5.70 each
BBQ chicken, bacon and Cheddar cheese 572 kcal	alcoholic drink*
Wraps Shawarma chicken	7.23 each
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces tomato, onion, rocket, fresh mint	š,
Quorn [™] nuggets Ø 534 kcal. Tomato, cucumber, salsa	

Southern-fried chicken and smoky chipotle mayo **FFF** 639 kcal

Cold chicken and sweet chilli sauce **FF** 🐵 514 kcal

Fried halloumi-style cheese and sweet chilli sauce 💋 🛛 738 kcal Tomato, cucumber

Add: Chips @ (602 kcal); Salad @ (87 kcal)

Tomato & basil soup @ (150 kcal): Spicy rice @ (208 kcal) 1.44 each

Jacket potatoes INCLUDES A DRINK

With salad and one filling. Extra fillings 1.30 each.	
Tuna mayo 621 kcal	soft drink*
Coleslaw 💟 578 kcal	6.85 each
Cheese V 531 kcal	
Baked beans 🥏 🧐 501 kcal	alcoholic drink* 8.38
Five-bean chilli 卢 🤕 🥯 🛗 431 kcal	each
Roasted vegetables @ 🥸 🗱 402 kcal	

from 100% British beef.

Burgers includes a drink.	Beeft	ourgers ma
Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, inc	cluded in Cal	ories below).
American burger 695 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 676 kcal Iceberg lettuce, tomato, red onion	soft drink* 5.44 each	alcoholic drink [:] 6.97 each
Skinny beef burger (556) 369 kcal Iceberg lettuce, tomato, red onion, with a side salad, inste	ad of chips	
American cheese burger 729 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		oft drink* 6.0 lic drink* 7.5
Double beef burgers Two 3ozbeef patties. Served with chips (602 kcal, included in Calories	holow)	
Double American burger 1137 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1118 kcal Iceberg lettuce, tomato, red onion	soft drink* 7.73 each	alcoholic drink' 9.26 each
Double American cheese burger 1206 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		oft drink* 8.3 lic drink* 9.8
Just-a-burger		
Served on its own, without chips or a drink. American burger 🐻 366 kcal Red onion, gherkin, ketchup, American-style mustard		each 3.3
Crunchy chicken strip burger (************************************		
Additional toppings and burger patties	5	
Maple-cured bacon with Cheddar cheese 174 kc Maple-cured bacon with American-style chees Cheddar cheese 👽 83 kcal		2.1 2.1 1.5
American-style cheese V 69 kcal Maple-cured bacon 91 kcal		1.5 1.5
Crunchy chicken strip / 92 kcal 3oz beef patty 169 kcal		1.5
Fried halloumi-style cheese V 446 kcal Grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal Breaded vegetable patty V 257 kcal		each 1.9
BEYOND MEAT patty @ 184 kcal		

Chicken INCLUDES A DRINK

Char-grilled half chicken		
Chicken on the bone is marinated, slow cooked		
and finished on the char-grill.		
Lemon and herb / Char-grilled in a lemon & herb glaze		
Coleslaw, garlic & herb dip	soft drink*	
Choose: Spicy rice 1099 kcal; Chips 1173 kcal; Mashed potato 1177 kcal	10.83 each	
Side salad 978 kcal; Mediterranean salad 1089 kcal	each	
Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze	alcoholic drink*	
Coleslaw, Naga chilli dip Chases China 10/0 keel China 10/0 keel Mashed natata 11/7 keel	12.36	
Choose: Spicy rice 1069 kcal; Chips 1463 kcal; Mashed potato 1147 kcal Side salad 948 kcal; Mediterranean salad 1058 kcal	each	
Char-grilled half chicken, mash and gravy 857 kcal		
Lemon & herb chicken, peas, chicken gravy		
Chicken baskets		
Chicken wing basket 💴 Eight wings, coleslaw, Naga chilli dip)	
Choose: Spicy rice 1120 kcal; Chips 1515 kcal; Side salad 999 kcal		
Boneless basket 🖉		
Three southern-fried chicken strips, five chicken breast bites,		
coleslaw, BBQ sauce		
Choose: Spicy rice 849 kcal; Chips 1243 kcal; Side salad 720 kcal		
Chicken bites basket	soft drink*	
Ten battered chicken breast pieces, coleslaw, sticky soy sauce	8.68 each	
Choose: Spicy rice 🐵 739 kcal; Chips 1133 kcal; Side salad 618 kcal	edcii	
Southern-fried chicken strips basket 🖊	alcoholic drink*	
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze	10.21 each	
Choose: Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal	eacii	
Quorn [™] 'no chicken' nuggets basket // ♥		
Eight coated pieces, coleslaw, sweet chilli sauce		
Choose: Spicy rice 721 kcal; Chips 1115 kcal; Side salad 600 kcal		
Add: Chicken gravy (50 kcal) 94p		

Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below).

Heatwave burger

Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing Choose: Grilled chicken breast 1754 kcal; Fried buttermilk chicken 2039 kcal Smoky jackfruit burger @ 1523 kcal

gan cheese alternative

soft drink*

BEYOND MEAT plant-based patty, BBQ jackfruit, veg
Ultimate burger 1661 kcal
Two 3oz beef patties, maple-cured bacon, Cheddar cheese

9.93 signature burger sauce, gherkin each Tennessee burger alcoholic drink* Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1565 kcal 11.46

each Grilled chicken breast 1416 kcal; Fried buttermilk chicken 1702 kcal BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal; Grilled chicken breast 1495 kcal

Fried buttermilk chicken 1780 kcal Fiesta burger 🥝 1462 kcal

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1479 kcal soft drink* 11.38 Three 3oz beef patties, American-style cheese, maple-cured bacon, alcoholic drink* **12.91** red onion, gherkin, ketchup, American-style mustard

Chicken burgers

	oft drink* 5.4 blic drink* 6.9	
Served with chips (602 kcal, included in Calories below).	soft drink*	
Fried buttermilk chicken burger 1254 kcal Breaded whole chicken breast fillet	7.73 each	
Grilled chicken breast burger 969 kcal	alcoholic drink*	
Skinny chicken burger 🧐 🗱 388 kcal Grilled chicken breast with salad, instead of chips	9.26 each	
Meat-free burgers Served with chips (602 kcal, included in Calories below).	soft drink*	
Fried halloumi-style cheese burger // 1128 kcal Sweet chilli sauce	7.73 each	
Breaded vegetable burger ♥ 1038 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese	alcoholic drink* 9.26 each	
mature cheddar cheese Beyond Burger™ @ 834 kcal. 😭 BEYOND MEAT plant-based	patty	

Curries Includes A DRINK

Katsu curries With a mild Japanese-style katsu curry sauc	e,
Katsu chicken curry 826 kcal Sliced whole breaded chicken breast fillet Katsu grilled chicken curry ⊗ 541 kcal Sliced grilled chicken breast Katsu Quorn [™] nugget curry ⊘ 685 kcal Eight coated pieces	soft drink* 8.73 each alcoholic drink* 10.26 each
Classic curries With basmati pilau rice, plain naan and poppadums. Mangalorean roasted cauliflower & spinach curry // @ @ 867 kcal Chicken tikka masala // 1190 kcal Chicken jalfrezi /// @ 935 kcal Beef Madras //// 1043 kcal	soft drink* 9.84 each alcoholic drink* 11.37 each
Change your plain naan to a garlic naan V (add 58 kcal) 47p Simple curries With basmati pilau rice or chips. Simple Mangalorean roasted	
cauliflower & spinach curry // @ Choose: Basmati pilau rice @ 508 kcal; Chips 910 kcal Simple chicken tikka masala // Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal Simple chicken jalfrezi ////	soft drink* 7.62 each alcoholic drink* 9.15 each

Simple beef Madras Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal

On a fresh

Margherit Pepperon Ham and n BBQ chicke Mozzarella, BE Roasted v Mozzarella, m Vegan roa

Mushroom, roa **BBQ** jackf /// 🖉 🕄 8 sliced chillies,

Spicy mea Mozzarella, ha

Addition Red onion 🥝 1

Garlic & herb Chicken breast Pepperoni 🕖 109 kcal; Roasted vegetables 🥏 135 kcal

Smal

Fish and Small fres Peas 680 kcal Small Whi Four scampi, c

Add: Two slice Chip shop-sty Small Wilt

egg and ch One slice of Wi Small all-Sausage, bacor Small vege Two Quorn sau

Mon – Fri, 2pm – 5pm Choose from the above small p

Pubo

Fish and Freshly ba Peas 1239 kcal Whitby bre Eight scampi, c Add: Two slice: Chip shop-styl

Steak & ki Peas, onion & r

Choose: Chips **Bangers** a Three Lincolns Vegetariar Three Quorn sa Wiltshire of Two slices of W Sausages, Three Lincolns Vegan sau Three Quorn sa Five-bean All-day br Two sausages, Add: Two slice: Vegetariar Three Quorn sa

Afte

Mon - F

11" pizzas INCLUDES A DRINK

hly baked sourdough base. ta 🖤 939 kcal. Mozzarella, basil	soft drink 8.68	* alcoholic drink' 10.21
	0.00	10.21
i // 1157 kcal. Mozzarella, pepperoni mushroom 1012 kcal. Mozzarella, ham, mushroon ken 1103 kcal BQ sauce, chicken breast, red onion, rocket regetable 1029 kcal nushroom, roasted pepper, courgette, onion, basil nsted vegetable 350 705 kcal	n, rocket	soft drink* 9.84 each alcoholic drink* 11.37 each
asted pepper, courgette, onion, basil		
i ruit and vegan cheeze 373 kcal. BBQ jackfruit, vegan cheese alternative, red onion, rocket	11.02	
at feast //// 1220 kcal am, pepperoni, chicken breast, sliced chillies, rock		12.55
al toppings		
10 kcal; Sliced chillies ######@ 3 kcal; Mushro	om 🥝 6 k	kcal each 88p
dip 🥏 180 kcal; Mozzarella 🕐 150 kcal; Ham 71 k	cal	
st 94 kcal; Maple-cured bacon 91 kcal		each 1.15

l pub classics Inclu		
chips	soft drink*	alcoholic drink*
shly battered cod and chips 🥝 or mushy peas 739 kcal	7.84	9.37
itby breaded scampi chips, peas 658 kcal or mushy peas 718 kcal	7.84	9.37
es of bread 🔍 (383 kcal) 1.34 /le curry sauce 🥥 (118 kcal) 1.46		
tshire cured ham, hips 🐻 455 kcal	6.61	8.14
iltshire cured ham, fried egg day brunch 666 kcal on, fried egg, baked beans, chips	6.91	8.44
etarian all-day brunch 🔮 680 kcal Jsages, fried egg, baked beans, chips	6.91	8.44

each **1.53**

soft drink* alcoholic drink*

7.62

6.09

Afternoon deal

Classics INCLUDES A D	RINK* •	* alcoholic drink*
chips attered cod and chips 🤣	10.08	11.61
ıl or mushy peas 1298 kcal eaded scampi chips, peas 1195 kcal or mushy peas 1255 kca	10.08	11.61
es of bread ♥ (383 kcal) 1.34 rle curry sauce ∅ (118 kcal) 1.46		•••••
i dney pudding red wine gravy	8.32	9.85
1223 kcal; Mashed potato 907 kcal and mash 950 kcal shire sausages, peas, onion & red wine gravy	8.32	9.85
n bangers and mash (V 793 kcal ausages, peas, onion & red wine gravy	8.32	9.85
cured ham, eggs and chips 856 kca Wiltshire cured ham, two fried eggs	al 7.73	9.26
, chips and beans 1170 kcal shire sausages	7.73	9.26
isages, chips and beans @ 1013 kca ausages	al 7.73	9.26
actives a chilli ♥ @ ⊗ 590 kcal. Rice, tortilla chips "unch 1213 kcal , bacon, two fried eggs, baked beans, chips	8.32 9.72	9.85 11.25
as of black pudding (355 kcal) 1.51 n all-day brunch ♥ 1126 kcal ausages, two fried eggs, baked beans, chips	9.72	11.25
r moon deal ri, 2pm - 5pm m the above pub classic meals	soft drink* 7.27	alcoholic drink* 8.80

Steaks and grills INCLUDES A DRINK

Prime beef steaks from the UK and Ireland, matured for 21 days then seasoned with a steak-seasoning blend.

Classic 8oz sirloin steak Choose: Jacket potato 741 kcal Mashed potato 745 kcal; Chips 1061 kcal Mediterranean salad 657 kcal; Side salad 546 kcal	soft drink* 11.25	alcoholic drink* 12.78	
Gourmet 8oz sirloin steak			
With peas, tomato, mushroom, three onion rings and a steak sauce. Choose: Jacket potato 993 kcal Mashed potato 997 kcal; Chips 1314 kcal Mediterranean salad 909 kcal; Side salad 798 kcal	soft drink* 13.59	alcoholic drink* 15.12	
Add your choice of steak sauce: Creamy peppercorn sauce			
Jack Daniel's® Tennessee Honey glaze 🖤 (87 kcal) 1.82	z each		
Below meals are served with peas, tomato and mushroom.	soft drink	* alcoholic drink*	
BBQ chicken melt 10.08 11.61 Grilled chicken, Cheddar cheese, bacon, BBQ sauce 10.08 11.61 Choose: Jacket potato @ 803 kcal; Mashed potato 807 kcal 10.08 10.08 Chips 1123 kcal; Mediterranean salad 719 kcal; Side salad 608 kcal 10.08 11.61			
5oz gammon and egg Choose: Jacket potato 🕸 610 kcal; Mashed potato 614 kc Chips 930 kcal; Mediterranean salad 526 kcal; Side sala			
10oz gammon and eggs	11.89		
Choose: Jacket potato @ 819 kcal; Mashed potato 824 kcal Chips 1140 kcal; Mediterranean salad 735 kcal; Side salad 625 kcal			
Mixed grill Gammon, pork loin, rump, lamb, sausage Choose: Jacket potato 1192 kcal; Mashed potato 1196 kc Chips 1513 kcal; Mediterranean salad 1108 kcal; Side sal		13.42	
Large mixed grill Gammon, pork loin, rump, lamb, two sausages, fried egg, six onion rings Choose: Jacket potato 1686 kcal; Mashed potato 1690 kc Chips 2006 kcal; Mediterranean salad 1602 kcal; Side sa		15.18	

Salads, pastas and noodles INCLUDES A DRINK

INCLUDES A DRINK V		
Ramen noodle bowl / @ @ @ @ 236 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Grilled chicken breast (94 kcal) 1.15 Poached egg () (63 kcal) 93p	soft drink* a 8.90	alcoholic drink* 10.43
Burrito salad bowl © 657 kcal Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies Add: Chicken breast (187 kcal) 1.97 Five-bean chilli 🖉 🔍 (119 kcal) 1.97	8.62	10.15
Grilled halloumi-style cheese & roasted vegetable salad V 🐻 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing	8.62	10.15
Chicken & maple-cured bacon salad Choose: Grilled chicken breast 😳 📆 279 kcal Southern-fried chicken breast strips 🗺 461 kcal	9.47	11.00
Mediterranean salad	8.35 1.53	9.88
Pasta alfredo ♥ 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Grilled chicken breast (187 kcal) 1.97 Maple-cured bacon (91 kcal) 1.52	8.90	10.43
British beef & pancetta lasagne Choose: Side salad 780 kcal; Chips 1295 kcal	9.47	11.00
Adults need around 2000 kcal a day.§		