wetherspoon **hotels**

In England, Ireland, Scotland and Wales

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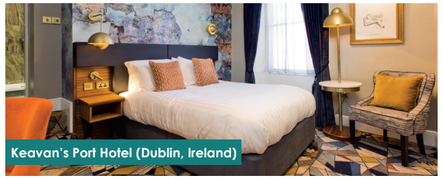
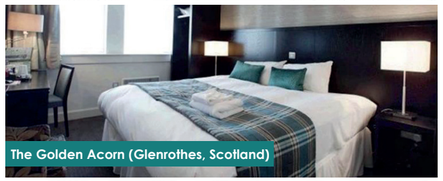
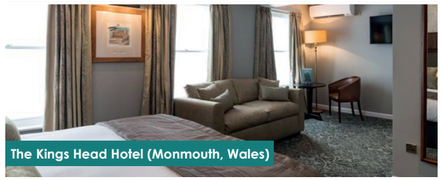
jdwetherspoon.com or the Wetherspoon app

The Saxon Crown (Corby, England)


Keavan's Port Hotel (Dublin, Ireland)


The Golden Acorn (Glenrothes, Scotland)


The Kings Head Hotel (Monmouth, Wales)

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot = Extremely hot

V Vegetarian Vegan 5% 5% fat or less UNDER 500 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

BREAKFAST

Served 8am – 12 noon

Large breakfast 1286 kcal — **8.01**
Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast

Traditional breakfast 742 kcal — **6.31**
Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast

Small breakfast UNDER 500 419 kcal — **5.41**
Fried egg, bacon, sausage, baked beans, hash brown

Add: Two slices of black pudding (355 kcal) **1.51**

Large vegetarian breakfast V 1206 kcal — **8.01**
Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast

Vegetarian breakfast V 816 kcal — **6.31**
Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast

Small vegetarian breakfast V UNDER 500 313 kcal — **5.41**
Fried egg, Quorn sausage, baked beans, hash brown, tomato

Vegan breakfast 786 kcal — **5.91**
Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread

Freedom breakfast 545 kcal — **5.41**
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato

Eggs Benedict 725 kcal — **6.50**
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket

Mushroom Benedict V 629 kcal — **6.50**
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket

Miner's Benedict 939 kcal — **6.50**
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket

Scrambled egg on toast V 570 kcal — **4.93**
Three eggs, buttered white bloomer toast

Beans on toast V 5% 566 kcal. Buttered white bloomer toast — **3.77**

Small beans on toast V 5% UNDER 500 251 kcal — **2.62**
Buttered white bloomer toast

Two slices of toast with jam or marmalade V UNDER 500 496 kcal — **2.58**
White bloomer bread

Fresh fruit 5% UNDER 500 177 kcal — **3.77**
Apple, banana, blueberries, strawberries

Porridge V 5% UNDER 500 252 kcal (plain) — **2.09**
Add: Banana (101 kcal) **62p**
Strawberries (14 kcal) **62p**
Blueberries (17 kcal) **62p**
Honey V (91 kcal) **34p**

Breakfast extras

Add any of the following:

Two slices of black pudding 355 kcal — **1.51**
Sausage 168 kcal — **1.05**
Quorn™ sausage 116 kcal — **1.05**
Baked beans 126 kcal — **93p**
Two rashers of back bacon 99 kcal — **1.57**
Four rashers of maple-cured bacon 91 kcal — **1.52**
Two scrambled eggs V 136 kcal — **1.63**
Fried egg V 56 kcal — **93p**
Poached egg V 63 kcal — **93p**
Hash brown 82 kcal — **46p**
Two mushrooms 91 kcal — **93p**
Two grilled tomato halves 16 kcal — **52p**
Slice of toast V 191 kcal — **1.13**

Breakfast butties and wraps

Bacon butty 525 kcal. Three rashers of bacon, buttered white bloomer bread — **4.36**

Sausage butty 713 kcal. Two sausages, buttered white bloomer bread — **4.36**

Quorn™ sausage butty V 609 kcal — **4.36**
Two Quorn sausages, buttered white bloomer bread

Breakfast wrap 739 kcal — **4.93**
Fried egg, bacon, sausage, hash brown, Cheddar cheese

Vegetarian breakfast wrap V 835 kcal — **4.93**
Fried egg, two Quorn sausages, two hash browns, Cheddar cheese

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills□

Egg & cheese muffin V UNDER 500 249 kcal — **4.47**
Fried egg, American-style cheese, in an English muffin

Egg & bacon muffin UNDER 500 298 kcal — **4.93**
Fried egg, bacon, American-style cheese, in an English muffin

Egg & sausage muffin UNDER 500 417 kcal — **4.93**
Fried egg, sausage, American-style cheese, in an English muffin

Egg & Quorn™ sausage muffin V UNDER 500 364 kcal — **4.93**
Fried egg, Quorn sausage, American-style cheese, in an English muffin

Breakfast muffin UNDER 500 466 kcal — **5.16**
Fried egg, sausage, bacon, American-style cheese, in an English muffin

Add: Hash brown (82 kcal) **46p**

Tea, coffee and hot chocolate

FREE REFILLS
TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —
LAVAZZA TORINO, ITALIA, 1895 — 100% ARABICA BEANS
£1.56 each

Flat white V 92 kcal
Cappuccino V 102 kcal
Latte V 113 kcal
Mocha V 147 kcal
Espresso 6 kcal
Black coffee 6 kcal
White coffee V 24 kcal
(Oat milk available 4 kcal)
Hot chocolate V 169 kcal
Tea Tetley
with semi-skimmed milk V 14 kcal
(Oat milk available 4 kcal)

Decaffeinated tea and coffee available.

Biscuits
Walkers shortbread V 151 kcal **71p**
Stem ginger biscuit V 123 kcal **71p**
Belgian chocolate biscuit V 129 kcal **71p**
Salted caramel brownie bar V 316 kcal **1.64**

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com □Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on the telephone, our website and our app. §Statement of daily calorie needs from the Department of Health & Social Care. ††Excluding decaffeinated. ***Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spritzes, liqueurs, bombs, shots and any drink not listed on the drinks menu.** Mixers exclude J2O and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

for the facts **drinkaware.co.uk**

jdwetherspoon.com

SIMNOGRILL

MENU_6191

FOOD

Main menu 11.30am – 11pm. Children's menu available.

This pub is named after a long-standing public house, demolished in 1968 to make way for the adjacent County Hall building. The Swan & Castle was built in 1896 on the site of The Swan (erected in 1806) which, itself, had replaced the even earlier Nag's Head (recorded in 1667).

Breakfast 8am – 12 noon — Traditional breakfast **£6.31**

Tea, coffee and hot chocolate Free refills□ — **£1.56** each

Burger meals

INCLUDES A DRINK*

Featuring 3oz American burger

soft drink* **£7.20** | alcoholic drink* **£8.73**

Afternoon deals

INCLUDES A DRINK*

Mon – Fri, 2pm – 5pm

Featuring small freshly battered fish and chips

soft drink* **£7.85** | alcoholic drink* **£9.38**

INCLUDES A DRINK*
Choose from over 150 drinks

How to order from your table

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

FOOD HYGIENE RATING 0 1 2 3 4 5 VERY GOOD

Food hygiene rating
We have been awarded the maximum food hygiene rating of 5 in our pub.

CERTIFIED SUSTAINABLE SEAFOOD MSC www.msc.org

Sustainable fish
The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.

LAVAZZA TORINO, ITALIA, 1895 — 100% ARABICA BEANS

Coffee
The freshly ground 100% Arabica Lavazza coffee†† we serve is from Rainforest Alliance-certified farms.

Tea
The Tetley tea we serve also comes from Rainforest Alliance-certified farms.

Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

100% UK AND IRISH BEEF

100% UK and Irish beef
Sourced from farms in the UK and Ireland. Traceable from farm to fork.

RSPCA ASSURED

Free-range eggs
100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.§

goodfoodtalks — opening menus for everybody — The spoken menu app for the visually impaired

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UNLIMITED FREE Wi-Fi

Small plates | Any 3 for £14.93

8" pizzas on a freshly baked sourdough base.

Margherita (V) (Under 500) 470 kcal — 6.04
Mozzarella, basil

Pepperoni 🌶🌶 578 kcal — 6.61
Mozzarella, pepperoni

Ham and mushroom 505 kcal — 6.61
Mozzarella, ham, mushroom, rocket

BBQ chicken 558 kcal — 6.61
Mozzarella, BBQ sauce, chicken breast, red onion, rocket

Roasted vegetable (V) 515 kcal — 6.61
Mozzarella, mushroom, roasted pepper, courgette, onion, basil

Vegan roasted vegetable (Ve) (Sa) (Under 500) 353 kcal — 6.61
Mushroom, roasted pepper, courgette, onion, basil

Spicy meat feast 🌶🌶🌶 618 kcal — 7.20
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket

11" garlic pizza bread (V) 772 kcal — 5.57

Nachos 🌶🌶🌶 (V) 592 kcal — 6.09
Cheese, guacamole, salsa, sour cream, sliced chillies

Bowl of chips (Ve) 964 kcal — 4.23

Bowl of chips with curry sauce (Ve) 1082 kcal — 5.86

Cheesy chips (V) 1256 kcal — 5.41

Loaded chips 1218 kcal — 6.31
Cheese, maple-cured bacon, sour cream

With any of the small plates below, choose one dip:
Sweet chilli 🌶🌶 (Ve) 48 kcal
Sticky soy (V) 100 kcal
Naga chilli 🌶🌶🌶 (Ve) 136 kcal
Jack Daniel's® Tennessee Honey glaze (V) 87 kcal
Chipotle mayo 🌶🌶🌶 (V) 150 kcal
Blue cheese (V) 270 kcal

Halloumi-style fries (V) (Under 500) 396 kcal — 5.19

Chicken bites (Under 500) 298 kcal — 6.31
Ten battered chicken breast pieces

Southern-fried chicken strips 🌶 (Under 500) 459 kcal — 6.31
Five chicken breast strips

Chicken wings 🌶🌶🌶 804 kcal — 6.99
Ten spicy chicken wings

Quorn™ nuggets (Ve) (Under 500) 331 kcal — 5.19
Eight coated pieces

Deli Deals® INCLUDES A DRINK*

8" pizzas on a freshly baked sourdough base.
Choose any 8" pizza from the small plates section.

Paninis

Cheddar cheese and tomato (V) 532 kcal
Wiltshire cured ham and Cheddar cheese 512 kcal
BBQ chicken, bacon and Cheddar cheese 572 kcal

soft drink* 7.43 each | alcoholic drink* 8.96 each

Wraps

Quorn™ nuggets (Ve) 534 kcal. Tomato, cucumber, salsa
Southern-fried chicken and smoky chipotle mayo 🌶🌶🌶 639 kcal
Fried halloumi-style cheese and sweet chilli sauce 🌶🌶 (V) 738 kcal
Tomato, cucumber

Add:
Chips (Ve) (602 kcal)
Salad (Ve) (87 kcal)
Spicy rice (Ve) (208 kcal) **1.44** each

Burgers INCLUDES A DRINK* | Beef burgers made from 100% British beef.

Beef burgers
One 3oz beef patty.
Served with a small portion of chips (329 kcal, included in Calories below).

American burger 695 kcal
Red onion, gherkin, ketchup, American-style mustard
Classic beef burger 676 kcal
Iceberg lettuce, tomato, red onion
Skinny beef burger (Under 500) 369 kcal
Iceberg lettuce, tomato, red onion, with a side salad, instead of chips

soft drink* 7.20 each | alcoholic drink* 8.73 each

American cheese burger 729 kcal — soft drink* 7.78 / alcoholic drink* 9.31
American-style cheese, red onion, gherkin, ketchup, American-style mustard

Double beef burgers
Two 3oz beef patties.
Served with chips (602 kcal, included in Calories below).

Double American burger 1137 kcal
Red onion, gherkin, ketchup, American-style mustard
Double classic beef burger 1118 kcal
Iceberg lettuce, tomato, red onion

soft drink* 9.46 each | alcoholic drink* 10.99 each

Double American cheese burger 1206 kcal — soft drink* 10.04 / alcoholic drink* 11.57
American-style cheese, red onion, gherkin, ketchup, American-style mustard

Just-a-burger
Served on its own, without chips or a drink. — each **4.51**
American burger (Under 500) 366 kcal
Red onion, gherkin, ketchup, American-style mustard
Crunchy chicken strip burger 🌶 (Under 500) 459 kcal
Two southern-fried chicken strips, iceberg lettuce, mayonnaise

Additional toppings and burger patties

Maple-cured bacon with Cheddar cheese 174 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese (V) 83 kcal	1.52
American-style cheese (V) 69 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip 🌶 92 kcal	1.50

3oz beef patty 169 kcal
Fried halloumi-style cheese (V) 446 kcal
Fried buttermilk chicken 473 kcal
BEYOND MEAT® patty (Ve) 184 kcal
— each **1.97**

Gourmet burgers
Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1661 kcal
Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee burger
Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze
Choose: Beef (two 3oz beef patties) 1565 kcal
Fried buttermilk chicken 1702 kcal

soft drink* 11.66 each | alcoholic drink* 13.19 each

BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce
Choose: Beef (two 3oz beef patties) 1644 kcal
Fried buttermilk chicken 1780 kcal

Fiesta burger (Ve) 1462 kcal
BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1479 kcal — soft drink* 13.12 / alcoholic drink* 14.65
Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

Chicken burgers
Served with a small portion of chips (329 kcal, included in the Calories below).

Crunchy chicken strip burger 🌶 787 kcal
Two southern-fried chicken strips, iceberg lettuce, mayonnaise

soft drink* 7.20 | alcoholic drink* 8.73

Served with chips (602 kcal, included in Calories below).

Fried buttermilk chicken burger 1254 kcal
Breaded whole chicken breast fillet

soft drink* 9.46 | alcoholic drink* 10.99

Meat-free burgers
Served with chips (602 kcal, included in Calories below).

Beyond Burger™ (Ve) 834 kcal
BEYOND MEAT plant-based patty

soft drink* 9.46 each | alcoholic drink* 10.99 each

Fried halloumi-style cheese burger 🌶🌶 (V) 1128 kcal
Sweet chilli sauce

Curries INCLUDES A DRINK*

Katsu curries
With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu chicken curry 826 kcal
Sliced whole breaded chicken breast fillet
Katsu grilled chicken curry (Sa) 541 kcal
Sliced grilled chicken breast
Katsu Quorn™ nugget curry (Ve) 685 kcal
Eight coated pieces

soft drink* 10.49 each | alcoholic drink* 12.02 each

Classic curries
With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry 🌶🌶 (Ve) (Sa) 867 kcal
Chicken tikka masala 🌶🌶 1190 kcal
Chicken jalfrezi 🌶🌶🌶 (Sa) 935 kcal
Beef Madras 🌶🌶🌶🌶 1043 kcal

soft drink* 11.60 each | alcoholic drink* 13.13 each

Change your plain naan to a garlic naan (V) (add 58 kcal) **47p**

Jacket potatoes INCLUDES A DRINK*

With salad and one filling. Extra fillings 1.22 each.

Coleslaw (V) 578 kcal
Cheese (V) 531 kcal
Baked beans (Ve) (Sa) 501 kcal
Five-bean chilli 🌶 (Ve) (Sa) (Under 500) 431 kcal
Roasted vegetables (Ve) (Sa) (Under 500) 402 kcal

soft drink* 8.60 each | alcoholic drink* 10.13 each

Chicken INCLUDES A DRINK*

Char-grilled half chicken
Chicken on the bone is marinated, slow cooked and finished on the char-grill.

Lemon and herb 🌶 **Char-grilled in a lemon & herb glaze**
Coleslaw, garlic & herb dip
Choose: Spicy rice 1099 kcal; **Chips** 1173 kcal; **Side salad** 978 kcal
Mediterranean salad 1089 kcal

Hot and spicy 🌶🌶🌶 **Char-grilled in a Naga chilli & citrus glaze**
Coleslaw, Naga chilli dip
Choose: Spicy rice 1069 kcal; **Chips** 1463 kcal; **Side salad** 948 kcal
Mediterranean salad 1058 kcal

soft drink* 12.60 each | alcoholic drink* 14.13 each

Chicken baskets

Boneless basket 🌶
Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce
Choose: Spicy rice 849 kcal; **Chips** 1243 kcal; **Side salad** 720 kcal

Chicken bites basket
Ten battered chicken breast pieces, coleslaw, sticky soy sauce
Choose: Spicy rice (Sa) 739 kcal; **Chips** 1133 kcal; **Side salad** 618 kcal

Southern-fried chicken strips basket 🌶
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze
Choose: Spicy rice 888 kcal; **Chips** 1282 kcal; **Side salad** 767 kcal

Quorn™ 'no chicken' nuggets basket 🌶🌶 (V)
Eight coated pieces, coleslaw, sweet chilli sauce
Choose: Spicy rice 721 kcal; **Chips** 1115 kcal; **Side salad** 600 kcal

soft drink* 10.43 each | alcoholic drink* 11.96 each

Salads and pastas INCLUDES A DRINK*

	soft drink*	alcoholic drink*
Chicken & maple-cured bacon salad **Choose:** **Chicken breast** (Sa) (Under 500) 279 kcal **Southern-fried chicken breast strips** (Under 500) 461 kcal	11.16	12.69
Mediterranean salad (Ve) (Sa) (Under 500) 334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing **Add: Roasted vegetables** (Ve) (135 kcal) **1.53**	10.03	11.56
Pasta alfredo (V) 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket **Add: Chicken breast** (187 kcal) **1.97** **Maple-cured bacon** (91 kcal) **1.52**	10.60	12.13
British beef & pancetta lasagne **Choose:** **Side salad** 780 kcal **Chips** 1295 kcal	11.16	12.69

Small pub classics INCLUDES A DRINK*

Fish and chips

	soft drink*	alcoholic drink*
Small freshly battered cod and chips Peas 680 kcal or mushy peas 739 kcal	9.62	11.15
Small Whitby breaded scampi Chips, peas 658 kcal or mushy peas 718 kcal. Four Whitby breaded scampi	9.62	11.15

Add: Two slices of bread (V) (383 kcal) **1.34**
Chip shop-style curry sauce (Ve) (118 kcal) **1.46**

Small Wiltshire cured ham, egg and chips (Under 500) 455 kcal One slice of Wiltshire cured ham, fried egg	8.38	9.91
Small all-day brunch 666 kcal Sausage, bacon, fried egg, baked beans, chips	8.68	10.21
Small vegetarian all-day brunch (V) 680 kcal Two Quorn sausages, fried egg, baked beans, chips	8.68	10.21

Afternoon deal
Mon - Fri, 2pm - 5pm
Choose from the above small pub classic meals.
soft drink* 7.85 | alcoholic drink* 9.38

Pub classics INCLUDES A DRINK*

Fish and chips

	soft drink*	alcoholic drink*
Freshly battered cod and chips Peas 1239 kcal or mushy peas 1298 kcal	11.84	13.37
Whitby breaded scampi Chips, peas 1195 kcal or mushy peas 1255 kcal. Eight Whitby breaded scampi	11.84	13.37

Add: Two slices of bread (V) (383 kcal) **1.34**
Chip shop-style curry sauce (Ve) (118 kcal) **1.46**

Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	9.49	11.02
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	9.49	11.02
Vegan sausages, chips and beans (Ve) 1013 kcal Three Quorn sausages	9.49	11.02
Five-bean chilli 🌶 (Ve) (Sa) 590 kcal. Rice, tortilla chips	10.08	11.61
All-day brunch 1213 kcal Two sausages, bacon, two fried eggs, baked beans, chips **Add: Two slices of black pudding** (355 kcal) **1.51**	11.49	13.02
Vegetarian all-day brunch (V) 1126 kcal Three Quorn sausages, two fried eggs, baked beans, chips	11.49	13.02

Afternoon deal
Mon - Fri, 2pm - 5pm
Choose from the above pub classic meals.
soft drink* 9.02 | alcoholic drink* 10.55

11" pizzas INCLUDES A DRINK*

On a freshly baked sourdough base.

	soft drink*	alcoholic drink*
Margherita (V) 939 kcal. Mozzarella, basil	10.43	11.96
Pepperoni 🌶🌶 1157 kcal. Mozzarella, pepperoni		
Ham and mushroom 1012 kcal Mozzarella, ham, mushroom, rocket		
BBQ chicken 1103 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket		
Roasted vegetable (V) 1029 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil		
Vegan roasted vegetable (Ve) (Sa) 705 kcal Mushroom, roasted pepper, courgette, onion, basil		
Spicy meat feast 🌶🌶🌶 1220 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	12.78	14.31

soft drink* 11.60 each | alcoholic drink* 13.13 each

Additional toppings
Red onion (Ve) 10 kcal; **Sliced chillies** 🌶🌶🌶🌶🌶 (Ve) 3 kcal
Mushroom (Ve) 6 kcal — each **88p**

Garlic & herb dip (Ve) 180 kcal; **Mozzarella** (V) 150 kcal; **Ham** 71 kcal
Chicken breast 94 kcal; **Maple-cured bacon** 91 kcal — each **1.15**

Pepperoni 🌶🌶 109 kcal; **Roasted vegetables** (Ve) 135 kcal — each **1.53**

Sides and extras

Bowl of chips (Ve) 964 kcal (**Add: Spicy seasoning** (Ve) (8 kcal) 34p)		4.23		
Small bowl of chips (Ve) 602 kcal		2.48		
Five chicken wings 🌶🌶🌶 402 kcal		3.34		
Eight Whitby breaded scampi 527 kcal		4.99		
Peas (Ve) 130 kcal		94p		
Mushy peas (V) 248 kcal		94p		
Side salad (Ve) 87 kcal		2.29		
Mediterranean side salad (Ve) 198 kcal		3.22		
Roasted vegetables (Ve) 135 kcal		1.53		
Coleslaw (V) 399 kcal		1.40		
Sliced chillies 🌶🌶🌶🌶🌶 (Ve) 3 kcal		88p		
Onion rings (Ve)	**Six** 269 kcal	2.33	**Twelve** 538 kcal	3.50
Garlic pizza bread (V)	**8"** 386 kcal	4.40	**11"** 772 kcal	5.57
With cheese (V)	**8"** 461 kcal	4.98	**11"** 922 kcal	6.44

Desserts

Vanilla ice cream (V) (Under 500) 338 kcal — 2.11
Two scoops, toffee sauce, Belgian chocolate sauce

Cookie crunch (V) (Under 500) 365 kcal — 2.11
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce

Mini warm chocolate brownie (V) (Under 500) 435 kcal — 3.28
Belgian chocolate sauce, vanilla ice cream

Mini warm cookie dough sandwich (V) (Under 500) 435 kcal — 3.28
Salted caramel filling, toffee sauce, vanilla ice cream

Fresh fruit (V) (Ve) (Sa) (Under 500) 447 kcal — 5.16
Apple, banana, blueberries, strawberries, vanilla ice cream

Warm chocolate fudge cake (V) 913 kcal. Vanilla ice cream — 5.91

Warm chocolate brownie (V) 736 kcal — 5.91
Belgian chocolate sauce, vanilla ice cream

Warm cookie dough sandwich (V) 735 kcal — 5.91
Salted caramel filling, toffee sauce, vanilla ice cream

British Bramley apple crumble (V) 830 kcal — 6.22
Vanilla ice cream

Add: Vanilla ice cream scoop (V) (135 kcal) **94p**; **Toffee sauce** (V) (74 kcal) **42p**
Belgian chocolate sauce (V) (61 kcal) **42p**; **Banana** (Ve) (101 kcal) **62p**
Strawberries (Ve) (14 kcal) **62p**; **Blueberries** (Ve) (17 kcal) **62p**

Adults need around 2000 kcal a day.[5]

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