

BREAKFAST

Served 8am – 11.30am

BREAKFAST

Large breakfast 1406 kcal Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast, Lurpak spreadable.	5.80
Traditional breakfast 808 kcal Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast, Lurpak spreadable.	4.50
Small breakfast 460 kcal Fried egg, bacon, sausage, baked beans, hash brown.	3.99
Large vegetarian breakfast 1333 kcal Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast, Lurpak spreadable.	5.80
Vegetarian breakfast 917 kcal Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, Lurpak spreadable.	4.50
Small vegetarian breakfast 368 kcal Fried egg, Quorn sausage, baked beans, hash brown, tomato.	3.99
Vegan breakfast 868 kcal Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread.	4.15
Freedom breakfast 568 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato.	3.99
NEW American breakfast 1368 kcal Two fried eggs, two hash browns, maple-cured bacon, two sausages, four pancakes, maple-flavour syrup.	5.80
NEW Small American breakfast 684 kcal Fried egg, hash brown, maple-cured bacon, sausage, two pancakes, maple-flavour syrup.	4.20

Add two slices of black pudding (352 kcal)
1.10

MUFFINS | INCLUDES TEA OR COFFEE Free refills*

Egg & cheese muffin 291 kcal Fried egg, American-style cheese, in an English muffin.	2.65
Egg & bacon muffin 342 kcal Fried egg, bacon, American-style cheese, in an English muffin.	3.05
Egg & sausage muffin 459 kcal Fried egg, sausage, American-style cheese, in an English muffin.	3.05
Egg & Quorn™ sausage muffin 400 kcal Fried egg, Quorn sausage, American-style cheese, in an English muffin.	3.05
Breakfast muffin 511 kcal Fried egg, sausage, bacon, American-style cheese, in an English muffin.	3.25
NEW Smashed avocado muffin 235 kcal Guacamole, pico di gallo, on a toasted English muffin. Add: Maple-cured bacon (86 kcal) 1.15 ; Poached egg (63 kcal) 65p Grilled halloumi-style cheese (416 kcal) 2.15	3.25

Add a hash brown (108 kcal)
35p

BREAKFAST EXTRAS Add any of the following to your breakfast:

Two slices of black pudding 352 kcal	1.10	Maple-cured bacon 86 kcal	1.15
Sausage 168 kcal	75p	Two rashers of bacon 103 kcal	1.15
Quorn sausage 119 kcal	75p	Poached egg 63 kcal	65p
Grilled halloumi-style cheese 416 kcal	2.15	Two scrambled eggs 167 kcal	1.20

Eggs Benedict 516 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket.	4.50
Mushroom Benedict 482 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket.	4.50
NEW Miner's Benedict 748 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket.	4.50
NEW American-style pancakes Four pancakes, maple-cured bacon, maple-flavour syrup. 711 kcal Four pancakes, maple-flavour syrup. 624 kcal	4.20 3.60
NEW Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syrup. 355 kcal Two pancakes, maple-flavour syrup. 312 kcal	2.95 2.70
Scrambled egg on toast 533 kcal Three eggs, white bloomer bread, Country Life spreadable.	3.15
Beans on toast 543 kcal. White bloomer bread, Country Life spreadable.	3.05
Small beans on toast 240 kcal White bloomer bread, Country Life spreadable.	2.15
Two slices of toast with jam or marmalade 452 kcal. White bloomer bread, Lurpak spreadable.	2.20
NEW Fresh fruit 178 kcal. Apple, banana, blueberries, strawberries.	3.05
MOMA Porridge 250 kcal (plain)	1.69
Add: Banana (105 kcal) 55p ; Maple-flavour syrup (195 kcal) 30p Strawberries (14 kcal) 55p ; Blueberries (17 kcal) 55p ; Honey (92 kcal) 30p	

BUTTIES AND WRAPS

Bacon butty 509 kcal Three rashers of bacon, white bloomer bread, Country Life spreadable.	3.25
Sausage butty 691 kcal Two sausages, white bloomer bread, Country Life spreadable.	3.25
Quorn™ sausage butty 593 kcal Two Quorn sausages, white bloomer bread, Country Life spreadable.	3.25
Breakfast wrap 721 kcal Fried egg, bacon, sausage, hash brown, Cheddar cheese.	3.65
Vegetarian breakfast wrap 849 kcal Fried egg, two Quorn sausages, two hash browns, Cheddar cheese.	3.65

FOOD MENU

CHAPEL AN GANSBLYDHEN

BODMIN

Breakfast served 8am – 11.30am. Main menu served 11.30am – 11pm. Children's menu available.

ALL MAIN MEALS INCLUDE ALMOST ANY DRINK*

Boneless chicken



with soft drink*
£6.95

with alcoholic drink*
£8.25

Char-grilled chicken



with soft drink*
£8.80

with alcoholic drink*
£10.10

IT'S BACK

TUESDAY

from 11.30am until 11pm

STEAK CLUB

INCLUDES ALMOST ANY DRINK*

FEATURING CLASSIC 8oz SIRLOIN

with soft drink* £7.80	with alcoholic drink* £9.10
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IT'S BACK

THURSDAY

from 11.30am until 11pm

CURRY CLUB

INCLUDES ALMOST ANY DRINK*

FEATURING SEVEN CURRIES

with soft drink* £6.80 each	with alcoholic drink* £8.10 each
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FREE REFILLS

TEA, COFFEE AND HOT CHOCOLATE

— ALL DAY EVERY DAY —



TORINO, ITALIA, 1895

Flat white 92 kcal
Cappuccino 102 kcal
Latte 113 kcal
Mocha 147 kcal
Espresso 6 kcal
Black coffee 6 kcal
White coffee 24 kcal (Oat milk available 4 kcal)

Hot chocolate 169 kcal
Tea Tetley with semi-skimmed milk 14 kcal (Oat milk available 4 kcal)
Decaffeinated tea and coffee available.

£1.20 each

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Our staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

🔥🔥🔥 = Extremely hot 🔥🔥 = Very hot
🔥 = Medium hot 🌿 = Mild 🌿 = Very mild

🌿 Vegetarian 🌱 Vegan

5% 5% fat or less UNDER 500 Dish under 500 Calories

🐟 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.

HOW TO ORDER FROM YOUR TABLE

Download the Wetherspoon app



OR

Scan this QR code



Or note your table number and order at the bar.

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com *Offer (excluding take-away and other unlisted hot drinks) available 7 days a week; applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on the telephone, our website and our app. †Statement of daily calorie needs from the Department of Health & Social Care. *Meals exclude breakfast, small plates and desserts. *Drinks exclude Prosecco 750ml bottle (but 200ml bottle available at an extra cost), sparkling wine, wine by the bottle, cocktails, liqueurs, bombs and shots. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

MENU_5498

for the facts
drinkaware.co.uk
jdwetherspoon.com
PSTD_5498_F

FOOD HYGIENE RATING

5

WE HAVE BEEN AWARDED THE MAXIMUM FOOD HYGIENE RATING OF 5 IN OUR PUB

goodfoodtalks
opening menus for everybody
The spoken menu app for the visually impaired

wetherspoon **hotels**
57 HOTELS – 1,285 ROOMS
in England, Ireland, Scotland and Wales
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jdwetherspoon.com or on our app

UNLIMITED FREE Wi-Fi

SMALL PLATES | ANY 3 FOR £12.50

8" PIZZAS On a freshly baked sour dough base.	
Margherita 466 kcal. Mozzarella, basil.	4.80
Pepperoni 595 kcal. Mozzarella, pepperoni.	5.30
Ham and mushroom 501 kcal. Mozzarella, ham, mushroom, rocket.	5.30
BBQ chicken 559 kcal. Mozzarella, BBQ sauce, chicken breast, red onion, rocket.	5.30
Roasted vegetable 512 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil.	5.30
Vegan roasted vegetable 355 kcal Mushroom, roasted pepper, courgette, onion, basil.	5.30
Spicy meat feast 623 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket.	5.80

11" garlic pizza bread 704 kcal	4.50
Tomato & basil soup 325 kcal White bloomer bread, Lurpak spreadable.	3.50
Quorn™ nuggets 440 kcal. Eight coated pieces, sweet chilli sauce.	4.35
Halloumi-style fries 475 kcal. Sweet chilli sauce.	4.15
Nachos 627 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies.	4.90
Bowl of chips 955 kcal	3.35
Bowl of chips with curry sauce 1073 kcal	4.35
Loaded chips 1281 kcal. Cheese, maple-cured bacon, sour cream.	5.10
Chicken breast bites 405 kcal. Battered chicken pieces, sticky soy sauce.	5.15
Southern-fried chicken strips 617 kcal Five chicken strips, smoky chipotle mayo.	5.15
Chicken wings 1370 kcal Ten spicy chicken wings, Naga chilli dip, blue cheese dip.	5.30

DELI DEALS* | INCLUDES A DRINK*

NEW TO DELI DEALS* 8" PIZZAS
Choose any 8" pizza from SMALL PLATES above.

PANINIS	with soft drink* 4.55 each
Cheddar cheese and tomato 587 kcal	with alcoholic drink* 5.85 each
Wiltshire cured ham and Cheddar cheese 552 kcal	
BBQ chicken, bacon and Cheddar cheese 637 kcal	
WRAPS	with soft drink* 4.55 each
Quorn™ nuggets 498 kcal. Tomato, cucumber, salsa.	Add chips (597 kcal) 1.05
Southern-fried chicken and smoky chipotle mayo 613 kcal	
Cold chicken and sweet chilli sauce 478 kcal	
Grilled halloumi-style cheese and sweet chilli sauce 698 kcal Tomato, cucumber.	Add tomato & basil soup (137 kcal) 1.05
	Add salad (72 kcal) 1.05

JACKET POTATOES | INCLUDES A DRINK*

With salad and one filling from below.	
Coleslaw 575 kcal	with soft drink* 5.55 each
Cheese 531 kcal	
Baked beans 483 kcal	Extra fillings 85p each
Tuna mayo 603 kcal	
Five-bean chilli 413 kcal	
Roasted vegetables 374 kcal	with alcoholic drink* 6.85 each

SALADS AND PASTAS | INCLUDES A DRINK*

NEW Chicken & maple-cured bacon salad 364 kcal	with soft drink* 7.95	with alcoholic drink* 9.25
Mediterranean salad 292 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, kale, pumpkin seeds, basil, dressing.	6.95	8.25
Add: Grilled halloumi-style cheese (416 kcal) 2.15		
Chicken breast (206 kcal) 1.65		
Roasted vegetables (80 kcal) 60p		
Pasta alfredo 645 kcal	7.45	8.75
Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket.		
Add: Chicken breast (206 kcal) 1.65		
Maple-cured bacon (86 kcal) 1.15		
British beef lasagne 756 kcal (also contains pork) Side salad.	7.95	9.25

Adults need around 2000 kcal a day.[§]

NEW CHICKEN | INCLUDES A DRINK*

CHAR-GRILLED HALF CHICKEN

Our chicken on the bone is marinated, slow cooked and finished on the char-grill.

Lemon and herb Char-grilled in a lemon & herb glaze. Coleslaw, garlic & herb dip. Choose: Spicy rice 1044 kcal Chips 1403 kcal Salad 873 kcal	with soft drink* 8.80 each
Hot and spicy Char-grilled in a Naga chilli & citrus glaze. Coleslaw, Naga chilli dip. Choose: Spicy rice 1170 kcal Chips 1528 kcal Salad 923 kcal	with alcoholic drink* 10.10 each

FRESH FROM THE GRILL | INCLUDES A DRINK* Served fresh from the grill, our prime beef steaks come from Britain and Ireland, are matured for 21 days then seasoned by us.

Classic 8oz sirloin steak Served with jacket potato, chips or Mediterranean salad. Choose: Jacket potato, Lurpak spreadable 754 kcal Chips 1055 kcal Mediterranean salad 628 kcal	with soft drink* 9.15	with alcoholic drink* 10.45
Gourmet 8oz sirloin steak Served with jacket potato or chips, with peas, tomato, mushroom, three onion rings and a steak sauce. Choose: Jacket potato, Lurpak spreadable 1009 kcal Chips 1309 kcal	with soft drink* 11.15	with alcoholic drink* 12.45
Add your choice of steak sauce: Jack Daniel's® Tennessee Honey glaze (73 kcal) 1.35 each Creamy peppercorn sauce (74 kcal)		

BURGERS | INCLUDES A DRINK* Our beef burgers are made from 100% British beef.

CLASSIC BURGERS Served with chips (597 kcal, included in Calories below).	
Classic 6oz beef burger 1171 kcal	with soft drink* 6.45 each
Fried buttermilk chicken burger 1155 kcal Breaded whole chicken breast escalope.	with alcoholic drink* 7.75 each
Grilled chicken breast burger 1031 kcal	
Skinny chicken burger 453 kcal Grilled chicken breast with salad, instead of chips.	
Breaded vegetable burger 1082 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese.	
Beyond Burger™ 1112 kcal	with soft drink* 7.45
BEYOND MEAT plant-based patty.	with alcoholic drink* 8.75
Double your BEYOND MEAT patty 287 kcal for an extra 2.45	

ADDITIONAL TOPPINGS

Maple-cured bacon with Cheddar cheese 170 kcal	1.70	Cheddar cheese 83 kcal 1.15
Maple-cured bacon with American-style cheese 172 kcal	1.70	American-style cheese 85 kcal 1.15

11" PIZZAS | INCLUDES A DRINK* On a freshly baked sour dough base.

Margherita 931 kcal Mozzarella, basil.	with soft drink* 6.95	with alcoholic drink* 8.25
Pepperoni 1191 kcal. Mozzarella, pepperoni.	with soft drink* 7.95 each	with alcoholic drink* 9.25 each
Ham and mushroom 1002 kcal. Mozzarella, ham, mushroom, rocket.		
BBQ chicken 1103 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket.		
Roasted vegetable 1024 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil.		
Vegan roasted vegetable 710 kcal Mushroom, roasted pepper, courgette, onion, basil.		

SIDES AND EXTRAS

Bowl of chips 955 kcal (Add: Spicy seasoning (6 kcal) 20p)	3.35
Small bowl of chips 597 kcal	1.90
Onion rings	Six 255 kcal 1.80
Garlic pizza bread	8" 352 kcal 3.50
With cheese	8" 425 kcal 3.99
	Twelve 510 kcal 2.60
	11" 704 kcal 4.50
	11" 850 kcal 5.25

BONELESS CHICKEN

NEW Boneless basket Three southern-fried chicken strips, chicken breast bites, coleslaw, BBQ sauce. Choose: Spicy rice 869 kcal; Chips 1227 kcal	with soft drink* 6.95 each
NEW Chicken breast bites basket Battered chicken pieces, coleslaw, sticky soy sauce. Choose: Spicy rice 737 kcal; Chips 1095 kcal	with alcoholic drink* 8.25 each
NEW Southern-fried chicken strips basket Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze. Choose: Spicy rice 714 kcal; Chips 1278 kcal	
NEW Quorn™ 'no chicken' nuggets basket Eight coated pieces, coleslaw, sweet chilli sauce. Choose: Spicy rice 1001 kcal; Chips 1360 kcal	

Below meals served with peas, tomato, mushroom.	with soft drink*	with alcoholic drink*
NEW BBQ chicken melt Grilled chicken, Cheddar cheese, bacon, BBQ sauce. Choose: Jacket potato, Lurpak spreadable 859 kcal; Chips 1137 kcal	8.15	9.45
NEW 5oz gammon and egg Choose: Jacket potato, Lurpak spreadable 795 kcal; Chips 1073 kcal	6.99	8.29
NEW 10oz gammon and eggs Choose: Jacket potato, Lurpak spreadable 1103 kcal; Chips 1378 kcal	9.69	10.99
Mixed grill Gammon, pork loin, rump, lamb, sausage. Choose: Jacket potato, Lurpak spreadable 1237 kcal; Chips 1515 kcal	9.69	10.99
Large mixed grill Gammon, pork loin, rump, lamb, two sausages, fried egg, six onion rings. Choose: Jacket potato, Lurpak spreadable 1730 kcal; Chips 2008 kcal	11.20	12.50
Add: Eight Whitby breaded scampi (236 kcal) 2.70		

GOURMET BURGERS Served with chips, six onion rings (852 kcal, included in Calories below).

Ultimate burger 1703 kcal 6oz beef patty, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin.	with soft drink* 8.10 each
Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze. Choose: 6oz beef patty 1585 kcal; Grilled chicken breast 1446 kcal; Fried buttermilk chicken 1570 kcal	with alcoholic drink* 9.40 each
BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce. Choose: 6oz beef patty 1668 kcal; Grilled chicken breast 1528 kcal; Fried buttermilk chicken 1652 kcal	
NEW Fiesta burger 1524 kcal	with soft drink* 9.10
BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion.	with alcoholic drink* 10.40
Empire State burger 1954 kcal Two 6oz beef patties, American-style cheese, maple-cured bacon.	with soft drink* 9.35
	with alcoholic drink* 10.65

6oz beef patty 346 kcal	Double your burger for an extra 1.45
Grilled chicken breast 206 kcal	
Fried buttermilk chicken 330 kcal	
Breaded vegetable patty 257 kcal	

Spicy meat feast 1230 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket.	with soft drink* 8.95	with alcoholic drink* 10.25
ADDITIONAL TOPPINGS		
Red onion 10 kcal; Sliced chillies 7 kcal		each 60p
Mushroom 8 kcal		
Garlic & herb dip 177 kcal; Mozzarella 169 kcal		each 85p
Ham 56 kcal; Chicken breast 103 kcal; Maple-cured bacon 86 kcal		
Pepperoni 130 kcal		each 1.10
Roasted vegetables 80 kcal		

Peas 110 kcal	65p	Mushy peas 224 kcal 65p
Side salad 72 kcal	1.75	Mediterranean side salad 169 kcal 2.55
Coleslaw 281 kcal	99p	Roasted vegetables 120 kcal 1.35
Five chicken wings 535 kcal	2.65	Grilled halloumi-style cheese 416 kcal 2.15
Eight Whitby breaded scampi 236 kcal		2.70

PUB CLASSICS | INCLUDES A DRINK*

NEW Char-grilled lemon & herb half chicken Peas, chicken gravy. Choose: Chips 1237 kcal; Mash 907 kcal; Jacket potato 958 kcal	with soft drink* 8.80	with alcoholic drink* 10.10
Sausages, chips and beans 1164 kcal Three Lincolnshire sausages.	6.15	7.45
Vegan sausages, chips and beans 1018 kcal Three Quorn sausages.	6.15	7.45
All-day brunch 1238 kcal Two sausages, bacon, fried eggs, baked beans, chips.	7.85	9.15
Vegetarian all-day brunch 1157 kcal Three Quorn sausages, fried eggs, baked beans, chips.	7.85	9.15
Small all-day brunch 678 kcal Sausage, bacon, fried egg, baked beans, chips.	5.45	6.75
Small vegetarian all-day brunch 697 kcal Two Quorn sausages, fried egg, baked beans, chips.	5.45	6.75
Wiltshire cured ham, eggs and chips 847 kcal Two slices of Wiltshire cured ham, two fried eggs.	6.15	7.45
Small Wiltshire cured ham, egg and chips 453 kcal. One slice of Wiltshire cured ham, one fried egg.	5.20	6.50
Five-bean chilli 622 kcal Rice, tortilla chips.	6.65	7.95

FISH AND CHIPS | INCLUDES A DRINK*

Freshly battered cod and chips Cod fillet, peas 1303 kcal or mushy peas 1363 kcal.	with soft drink* 8.15 each	with alcoholic drink* 9.45 each
Whitby breaded scampi Chips, peas 891 kcal or mushy peas 946 kcal. Eight Whitby breaded scampi.		
Small freshly battered cod and chips Peas 754 kcal or mushy peas 811 kcal.	with soft drink* 6.25 each	with alcoholic drink* 7.55 each
Small Whitby breaded scampi Chips, peas 501 kcal or mushy peas 675 kcal. Four Whitby breaded scampi.		

Add: Two slices of bread, Lurpak spreadable
(433 kcal) **1.05**
Chip shop-style curry sauce
(118 kcal) **1.05**

CURRIES | INCLUDES A DRINK*

Curry meals are served with basmati pilau rice, plain naan bread, poppadums and mango chutney.		
Chicken jalfrezi 900 kcal	with soft drink* 7.95 each	
Beef Madras 1069 kcal		
Chicken tikka masala 1158 kcal	with alcoholic drink* 9.25 each	
Mangalorean roasted cauliflower & spinach curry 924 kcal		
Change your plain naan bread to a garlic naan (add 57 kcal)		35p

Simple curry meals are served with basmati pilau rice or chips.

Simple chicken jalfrezi Choose: Basmati pilau rice 629 kcal; Chips 1033 kcal	with soft drink* 6.05 each	with alcoholic drink* 7.35 each
Simple beef Madras Choose: Basmati pilau rice 797 kcal; Chips 1202 kcal		
Simple chicken tikka masala Choose: Basmati pilau rice 887 kcal; Chips 1291 kcal		
Simple Mangalorean roasted cauliflower & spinach curry Choose: Basmati pilau rice 652 kcal; Chips 1057 kcal		

DESSERTS

British Bramley apple crumble Ice cream 738 kcal or NEW custard 498 kcal.	4.55
NEW American-style pancakes with ice cream 715 kcal. Four pancakes, maple-flavour syrup.	4.55
NEW Mini American-style pancakes with ice cream 420 kcal. Two pancakes, maple-flavour syrup.	2.55
NEW Fresh fruit with ice cream 304 kcal Apple, banana, blueberries, strawberries.	3.65
Warm chocolate fudge cake with ice cream 894 kcal	4.30
Warm chocolate brownie with ice cream 723 kcal. Belgian chocolate sauce.	4.30
Mini warm chocolate brownie with ice cream 424 kcal. Belgian chocolate sauce.	2.30
Warm cookie dough sandwich with ice cream 845 kcal. Salted caramel filling.	4.30
Mini warm cookie dough sandwich with ice cream 485 kcal. Salted caramel filling.	2.30

Adults need around 2000 kcal a day.[§]