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ALLERGEN AND NUTRITIONAL INFORMATION

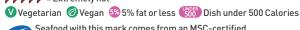
This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
 Set Calorie and carbohydrate limits.
- · List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot = Extremely hot





Adults need around 2000 kcal a day.§

BREAKFAST

7.43	Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.92
5.75	Mushroom Benedict ♥ 629 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.92
5.19	Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.92
7.43	Scrambled egg on toast ♥ 570 kcal Three eggs, buttered white bloomer toast	4.36
	Beans on toast V 🚳 566 kcal. Buttered white bloomer toast	3.77
5.75	Small beans on toast ♥ ጭ 551 kcal Buttered white bloomer toast	2.62
	Two slices of toast with jam or marmalade 1 496 kcal White bloomer bread	2.58
5.19	Fresh fruit	3.77
5.36	Porridge V S S S 252 kcal (plain) Add: Banana (101 kcal) 62p Strawberries (14 kcal) 62p	2.09
5.19	Blueberries ⊘ (17 kcal) 62p Honey ♥ (91 kcal) 34p	

Breakfast extras

Large breakfast 1286 kcal

Traditional breakfast 742 kcal

Small breakfast (300) 419 kcal

mushroom, tomato, two slices of toast Vegetarian breakfast V 816 kcal

mushroom, tomato, slice of toast

Vegan breakfast 786 kcal

tomato, slice of toast, vegan spread

Freedom breakfast 545 kcal

Fried egg, bacon, sausage, baked beans, hash brown

Add: Two slices of black pudding (355 kcal) 1.51

Large vegetarian breakfast V 1206 kcal

mushroom two slices of toast

Two fried eggs, bacon, two sausages, baked beans, three hash browns,

Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast

Two fried eggs, three Quorn sausages, baked beans, three hash browns

Two fried eggs, two Quorn sausages, baked beans, two hash browns,

Two Quorn sausages, baked beans, two hash browns, mushroom,

Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato

Small vegetarian breakfast V 500 313 kcal Fried egg, Quorn sausage, baked beans, hash brown, tomato

Add any of the following:					
Two slices of black pudding 355 kcal	1.51	Two rashers of back bacon 99 kcal	1.57	Hash brown 🥝 82 kcal	46p
Sausage 168 kcal	1.05	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms @ 91 kcal	93p
Quorn [™] sausage ⊘ 116 kcal	1.05	Two scrambled eggs 🕐 136 kcal	1.63	Two grilled tomato halves 🥏 16 kcal	52p
Grilled halloumi-style cheese V 396 kcal	1.97	Fried egg 🤍 56 kcal	93p	Slice of toast V 191 kcal	1.13
Baked beans @ 126 kcal	93p	Poached egg 🥨 63 kcal	93p		

Breakfast butties and wraps

Bacon butty 525 kcal. Three rashers of bacon, buttered white bloomer bread	3.88
Sausage butty 713 kcal. Two sausages, buttered white bloomer bread	3.88
Quorn [™] sausage butty © 609 kcal Two Quorn sausages, buttered white bloomer bread	3.88
two quorn sausages, buttered white bloomer bread	

Breakfast wrap 739 kcal Fried egg, bacon, sausage, hash brown, Cheddar cheese	4.93
Vegetarian breakfast wrap ♥ 835 kcal	4.93
Fried egg, two Quorn sausages, two hash browns, Cheddar cheese	

Breakfast muffin deal

Add: Hash brown @ (82 kcal) 46p

Includes tea, coffee or hot chocolate. Free refills

Egg & cheese muffin ♥ (249 kcal Fried egg, American-style cheese, in an English muffin	3.77
Egg & bacon muffin 300 298 kcal Fried egg, bacon, American-style cheese, in an English muffin	4.23
Egg & sausage muffin 333 417 kcal Fried egg, sausage, American-style cheese, in an English muffin	4.23
Egg & Quorn [™] sausage muffin ♥ 364 kcal Fried egg, Quorn sausage, American-style cheese, in an English muffin	4.23
Breakfast muffin 666 kcal Fried egg, sausage, bacon, American-style cheese, in an English muffin	4.47
	• • • • • • •

-Tea, coffee and hot chocolate-

Flat white **9**92 kcal

Mocha 147 kcal

Espresso @ 6 kcal Black coffee @ 6 kcal

Cappuccino V 102 kcal Latte V 113 kcal

White coffee 24 kcal (Oat milk available @ 4 kcal)



- ALL DAY EVERY DAY -

Hot chocolate V 169 kcal LAVATIA (A) (100 A) (100 A) (100 A) (100 A) with semi-skimmed milk **V** 14 kcal (Oat milk available @ 4 kcal) Decaffeinated tea and coffee available.

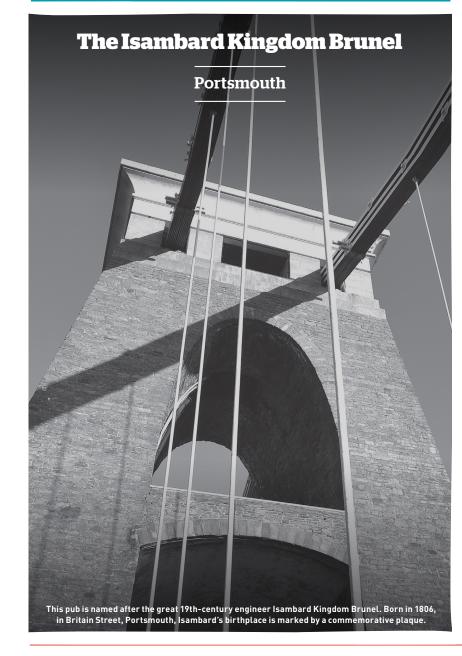
Walkers shortbread 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for quidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on the telephone our website and our app. *Statement of daily calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spritzes, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for

for the facts drinkaware.co.uk 🔉 jdwetherspoon.com

Main menu 11.30am - 11pm. Children's menu available.

INCLUDES A DRINK* **Choose from over 150 drinks**



Breakfast

8am - 12 noon

breakfast

Traditional

Tea. coffee and hot chocolate Free refills

£1.56

Burger meals INCLUDES A DRINK

Featuring 3oz American burger soft drink* alcoholic drink*

£5.44

Afternoon deals

INCLUDES A DRINK'

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips

£6.09

£7.62

£6.97

Steak Club

INCLUDES A DRINK • Tuesday 11.30am - 11pm

Featuring classic 8oz sirloin

soft drink*

£9.67 £11.20

Curry Club

INCLUDES A DRINK Thursday 11.30am - 11pm

Featuring the katsu curry range alcoholic drink*

£7.91

£9.44

How to order from your table



Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

LAVAZZA





Food hygiene rating

We have been awarded the maximum food hygiene rating



100% UK and Irish beef Sourced from farms

in the UK and Ireland. Traceable from farm to fork.



Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



The freshly ground 100%

Arabica Lavazza coffee we serve is from Rainforest Alliance-certified farms.



The Tetley tea we serve also comes from Rainforest Alliance-certified farms

Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.









Small plates Any 3 for £14.93	
Nachos ♥♥♥ ♥ 592 kcal Cheese, guacamole, salsa, sour cream, sliced chillies	5.81
Bowl of chips @ 964 kcal	4.23
Bowl of chips with curry sauce @ 1082 kcal	5.58
Cheesy chips ♥ 1256 kcal	5.41
Loaded chips 1218 kcal Cheese, maple-cured bacon, sour cream	6.03
With any of the small plates below, choose one dip: Sweet chilli	
Halloumi-style fries ♥ \varpi 396 kcal	4.96
Chicken bites 300 298 kcal Ten battered chicken breast pieces	6.09
Southern-fried chicken strips ≠ \$59 kcal Five chicken breast strips	6.20
Chicken wings 804 kcal Ten spicy chicken wings	6.75
Quorn™ nuggets Ø ॐ 331 kcal Eight coated pieces	5.19

Deli Deals INCLUDES A DRINK

Paninis

Cheddar cheese and tomato V 532 kcal

Wiltshire cured ham and Cheddar cheese 512 kgal

BBQ chicken, bacon and Cheddar cheese 572 kcal

soft drink*

5.70

each

alcoholic drink*

7.23

each

Wraps

·hhA

Quorn[™] nuggets @ 534 kcal Tomato, cucumber, salsa Southern-fried chicken

and smoky chipotle mayo 639 kcal Fried halloumi-style cheese

and sweet chilli sauce // V 738 kcal Tomato, cucumber

Chips (602 kcal) Salad (87 kcal) Spicy rice (208 kcal) 1.44 each

With salad and one filling. Extra fillings 1.22 each.

Coleslaw ▼ 578 kcal

soft drink* Cheese 6.85 each Baked beans alcoholic drink* 8.38 each Five-bean chilli

F Ø 5% 500 431 kcal Roasted vegetables

Burgers INCLUDES A DRINK • Beef burgers made from 100% British beef.

Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below). American burger 695 kcal Red onion, gherkin, ketchup, American-style mustard soft drink* alcoholic drink* 5.44 6.97 Classic beef burger 676 kcal each each Icehern lettuce tomato redionion Skinny beef burger 5569 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips American cheese burger 729 kcal soft drink* 6.04 American-style cheese, red onion, gherkin, ketchup, alcoholic drink* 7.57 American-style mustard Double beef burgers Two 3ozbeef patties. Served with chips (602 kcal, included in Calories below). Double American burger 1137 kcal soft drink* alcoholic drink* Red onion, gherkin, ketchup, American-style mustard 7.73 9.26 Double classic beef burger 1118 kcal each each Iceberg lettuce, tomato, red onion soft drink* 8.30 Double American cheese burger 1206 kcal alcoholic drink* 9.83 American-style cheese, red onion, gherkin, ketchup, American-style mustard Just-a-burger each 3.36 Served on its own, without chips or a drink. American burger 366 kcal Red onion, gherkin, ketchup, American-style mustard

Crunchy chicken strip burger # \$59 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise Additional toppings and burger patties

2.14 Maple-cured bacon with Cheddar cheese 174 kcal 2.14 Maple-cured bacon with American-style cheese 160 kcal Cheddar cheese V 83 kcal 1.52 1.52 American-style cheese V 69 kcal 1.52 Maple-cured bacon 91 kcal Crunchy chicken strip # 92 kcal 1.50 3oz beef patty 169 kcal

Fried halloumi-style cheese V 446 kcal Grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal

BEYOND MEAT patty @ 184 kcal

Side salad 780 kcal

Chins 1295 kcal

Salads and pastas Includes A DRINK .

soft drink* alcoholic drink 9.47 11.00 Chicken & maple-cured bacon salad Grilled chicken breast 52 5279 kcal Southern-fried chicken breast strips 461 kcal Mediterranean salad @ 530 (500) 334 kcal 9.88 8.35 Pearl barley, guinoa, butternut squash, wheat berries. red pepper, cherry tomatoes, pumpkin seeds, basil, dressing Grilled halloumi-style cheese (V) (396 kcal) 1.97 Roasted vegetables (a) (135 kcal) 1.53 Grilled chicken breast (187 kcal) 1.97 Pasta alfredo V 618 kcal 8.90 10.43 Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Grilled chicken breast (187 kcal) 1.97 Maple-cured bacon (91 kcal) 1.52 British beef & pancetta lasagne 9.47 11.00

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1661 kcal

Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee burger

soft drink* Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1565 kcal Grilled chicken breast 1416 kcal alcoholic drink Fried buttermilk chicken 1702 kcal

BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal

Grilled chicken breast 1495 kcal Fried huttermilk chicken 1780 kcal

Fiesta burger @ 1462 kcal

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1479 kcal soft drink* 11.38 Three 3oz beef patties, American-style cheese, alcoholic drink* 12.91 maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

Chicken burgers

Served with a small portion of chips (329 kcal, included in the Calories below). Crunchy chicken strip burger **/** 787 kcal soft drink* 5.44

Two southern-fried chicken strips, iceberg lettuce, mayonnaise alcoholic drink* 6.97

Served with chips (602 kcal, included in Calories below). Fried buttermilk chicken burger 1254 kcal

7.73 Breaded whole chicken breast fillet each Grilled chicken breast burger 969 kcal alcoholic drink* 9.26 Skinny chicken burger 388 kcal each Grilled chicken breast with salad, instead of chips

Meat-free burgers

each **1.97**

Served with chips (602 kcal, included in Calories below). Fried halloumi-style cheese burger / 🗸 🕠 1128 kcal

Sweet chilli sauce Beyond Burger[™] @ 834 kcal BEYOND MEAT plant-based patty

soft drink* 7.73 each alcoholic drink* 9.26 each

soft drink*

10.83

each

alcoholic drink

12.36

soft drink*

8.68

each

alcoholic drink*

10.21

each

soft drink*

9.93

each

11.46

each

Chicken Includes a DRINK •

Char-grilled half chicken

Chicken on the bone is marinated, slow cooked and finished on the char-grill.

Lemon and herb / Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip Choose: Spicy rice 1099 kcal; Chips 1173 kcal; Side salad 978 kcal Mediterranean salad 1089 kcal

Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip

Choose: Spicy rice 1069 kcal; Chips 1463 kcal; Side salad 948 kcal Mediterranean salad 1058 kcal

Chicken baskets

Boneless basket 🍠

Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Spicy rice 849 kcal; Chips 1243 kcal; Side salad 720 kcal

Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Spicy rice 3 739 kcal; Chips 1133 kcal; Side salad 618 kcal

Southern-fried chicken strips basket 🍠 Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal

Quorn™ 'no chicken' nuggets basket 🖊 🔍 Eight coated pieces, coleslaw, sweet chilli sauce Choose: Spicy rice 721 kcal; Chips 1115 kcal; Side salad 600 kcal

Curries includes a drink •

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

soft drink* Katsu chicken curry 826 kcal 8.73 Sliced whole breaded chicken breast fillet each Katsu grilled chicken curry @ 541 kcal alcoholic drink* Sliced grilled chicken breast 10.26 Katsu Quorn™ nugget curry @ 685 kcal each Eight coated pieces

Classic curries With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry **FF** @ 867 kcal Chicken tikka masala 1190 kcal

Chicken jalfrezi FFF 529 935 kcal Beef Madras /// 1043 kcal

Change your plain naan to a garlic naan (V) (add 58 kcal) 47p

Small pub classics INCLUDES A DRINK soft drink* alcoholic drink* Fish and chips Small freshly battered cod and chips 7.84 9.37 Peas 680 kcal or mushy peas 739 kcal Small Whitby breaded scampi 7.84 9.37 Chips, peas 658 kcal or mushy peas 718 kcal. Four Whitby breaded scampi

Add: Two slices of bread (V) (383 kcal) 1.34 Chip shop-style curry sauce (a) (118 kcal) 1.46 Small Wiltshire cured ham. 6.61 8.14 egg and chips (555 kcal One slice of Wiltshire cured ham, fried equ Small all-day brunch 666 kcal 8.44 6.91 Sausage, bacon, fried egg, baked beans, chips

Afternoon deal

Two Quorn sausages, fried egg, baked beans, chips

Mon - Fri, 2pm - 5pm Choose from the above small pub classic me

Small vegetarian all-day brunch V 680 kcal

soft drink* alcoholic drink* 6.09 7.62

6.91

8.44

soft drink*

9.84

each

alcoholic drink*

11.37

each

Pub classics includes a drink soft drink* alcoholic drink*

Fish and chips		
Freshly battered cod and chips Peas 1239 kcal or mushy peas 1298 kcal	10.08	11.61
Whitby breaded scampi Chips, peas 1195 kcal or mushy peas 1255 kcal. Eight Whitby breaded scampi	10.08	11.61
Add: Two slices of bread ♥ (383 kcal) 1.34 Chip shop-style curry sauce ⊚ (118 kcal) 1.46		
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	7.73	9.26
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	7.73	9.26
Vegan sausages, chips and beans 1013 kcal Three Quorn sausages	7.73	9.26
Five-bean chilli 🖊 🕢 🥸 590 kcal. Rice, tortilla chips	8.32	9.85
All-day brunch 1213 kcal Two sausages, bacon, two fried eggs, baked beans, chips Add: Two slices of black pudding (355 kcal) 1.51	9.72	11.25
Vegetarian all-day brunch ♥ 1126 kcal	9.72	11.25

Afternoon deal Mon - Fri, 2pm - 5pm

Three Quorn sausages, two fried eggs, baked beans, chips

soft drink* alcoholic drink* 7.27 8.80

Steaks and grills INCLUDES A DRINK:

Prime beef steaks from the UK and Ireland, matured for 21 days then seasoned with a steak-seasoning blend.

Classic 8oz sirloin steak soft drink* alcoholic drink* Choose: Jacket potato 741 kcal: Chips 1061 kcal 11.25 12.78 Mediterranean salad 657 kcal; Side salad 546 kcal

Gourmet 8oz sirloin steak With peas, tomato, mushroom, three onion rings soft drink* alcoholic drink* and a steak sauce. 13.59 15.12

Choose: Jacket potato 993 kcal; Chips 1314 kcal Mediterranean salad 909 kcal; Side salad 798 kcal

Add your choice of steak sauce: Creamy peppercorn sauce (74 kcal) Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.82 each

Below meals are served with peas, tomato and mushroom soft drink* alcoholic drink' BBQ chicken melt 10.08 11.61 Grilled chicken, Cheddar cheese. bacon. BBQ sauce Choose: Jacket potato 598 803 kcal; Chips 1123 kcal Mediterranean salad 719 kcal: Side salad 608 kcal 11.89 13.42 Mixed arill Gammon, pork loin, rump, lamb, sausage Choose: Jacket potato 1192 kcal; Chips 1513 kcal Mediterranean salad 1108 kgal. Side salad 997 kgal Large mixed grill 13.65 15.18 Gammon, pork loin, rump, lamb, two sausages, fried egg, six onion rings Choose: Jacket potato 1686 kcal: Chips 2006 kcal Mediterranean salad 1602 kcal; Side salad 1491 kcal

Sides and extras

Bowl of chips 3 964 kcal (Add: Spicy seasoning **3** (8 kcal) 34p) 4.23 Small bowl of chips @ 602 kcal 2.48 3.34 Five chicken wings **FFF** 402 kcal 4.99 Eight Whitby breaded scampi 527 kcal 1.97 Grilled halloumi-style cheese V 446 kcal Peas 130 kcal 94p Mushy peas V 248 kcal 94p Side salad @ 87 kcal 2.29 3.22 Mediterranean side salad @ 198 kcal 1.53 Roasted vegetables @ 135 kcal Coleslaw V 399 kcal 1.40 Sliced chillies FFFF @ 3 kcal 88p **Six** 269 kcal **2.33** Twelve 538 kcal 3.50 Onion rings 🕖

Desserts

1.82 Vanilla ice cream (V) (338 kcal Two scoops, toffee sauce, Belgian chocolate sauce Cookie crunch (V) (555) 365 kcal 1.82 Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce Mini warm chocolate brownie V 635 kcal 2.98 Belgian chocolate sauce, vanilla ice cream Mini warm cookie dough sandwich (V) (1887) 435 kcal 2.98 Salted caramel filling, toffee sauce, vanilla ice cream Fresh fruit V 5% 500 447 kcal 4.56 Apple, banana, blueberries, strawberries, vanilla ice cream Warm chocolate fudge cake V 913 kcal. Vanilla ice cream 5.33 Warm chocolate brownie
736 kcal 5.33 Belgian chocolate sauce, vanilla ice cream Warm cookie dough sandwich V 735 kcal 5.33 Salted caramel filling, toffee sauce, vanilla ice cream British Bramley apple crumble **V** 830 kcal 5.62 Vanilla ice cream

Add: Vanilla ice cream scoop V (135 kcal) 94p; Toffee sauce V (74 kcal) 42p Belgian chocolate sauce (V) (61 kcal) 42p; Banana (201 kcal) 62p Strawberries (a) (14 kcal) 62p; Blueberries (a) (17 kcal) 62p

Adults need around 2000 kcal a day.§