






































Sides and extras

Bowl of chips  964 kcal (Add: Spicy seasoning  (8 kcal) 34p)	4.23
Small bowl of chips  602 kcal	2.48
Five chicken wings  402 kcal	3.34
Eight Whitby breaded scampi 527 kcal	4.99
Grilled halloumi-style cheese  446 kcal	1.97
Peas  130 kcal	94p
Mushy peas  248 kcal	94p
Side salad  87 kcal	2.29
Mediterranean side salad  198 kcal	3.22
Roasted vegetables  135 kcal	1.53
Coleslaw  399 kcal	1.40
Sliced chillies      3 kcal	88p
Chicken gravy 50 kcal	94p
Onion rings  Six 269 kcal 2.33 Twelve 538 kcal	3.50
Garlic pizza bread  8" 386 kcal 4.40 11" 772 kcal	5.57
With cheese  8" 461 kcal 4.98 11" 922 kcal	6.44

Desserts

Vanilla ice cream  UNDER 500 338 kcal Two scoops, toffee sauce, Belgian chocolate sauce	1.82
Cookie crunch  UNDER 500 365 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.82
Mini warm chocolate brownie  UNDER 500 435 kcal Belgian chocolate sauce, vanilla ice cream	2.98
Mini warm cookie dough sandwich  UNDER 500 435 kcal Salted caramel filling, toffee sauce, vanilla ice cream	2.98
Mini American-style pancakes  UNDER 500 412 kcal Two pancakes, maple-flavour syrup, vanilla ice cream	3.54
Fresh fruit  5% UNDER 500 447 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	4.56
Warm chocolate fudge cake  913 kcal. Vanilla ice cream	5.33
Warm chocolate brownie  736 kcal Belgian chocolate sauce, vanilla ice cream	5.33
Warm cookie dough sandwich  735 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.33
British Bramley apple crumble  562 Vanilla ice cream 830 kcal or custard 694 kcal	5.62
American-style pancakes  5% 689 kcal Four pancakes, maple-flavour syrup, vanilla ice cream	4.99
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Add: Custard  (134 kcal) 1.23 ; Vanilla ice cream scoop  (135 kcal) 94p Belgian chocolate sauce  (61 kcal) 42p ; Toffee sauce  (74 kcal) 42p Banana  (101 kcal) 62p ; Strawberries  (14 kcal) 62p ; Blueberries  (17 kcal) 62p	

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:



- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

 = Very mild  = Mild  = Medium hot  = Very hot












 = Extremely hot

 Vegetarian  Vegan **5%** 5% fat or less **UNDER 500** Dish under 500 Calories






 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.*



BREAKFAST

Large breakfast 1286 kcal Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast	6.59	Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.14
Traditional breakfast 742 kcal Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast	4.99	Mushroom Benedict  629 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.14
Small breakfast UNDER 500 419 kcal Fried egg, bacon, sausage, baked beans, hash brown	4.45	Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.14
Add: Two slices of black pudding (355 kcal) 1.51			
.....			
Large vegetarian breakfast  1206 kcal Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	6.59	American-style pancakes Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup.  5% 554 kcal	4.99 4.30
Vegetarian breakfast  816 kcal Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	4.99	Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syrup. UNDER 500 322 kcal Two pancakes, maple-flavour syrup.  5% UNDER 500 277 kcal	3.54 3.25
Small vegetarian breakfast  UNDER 500 313 kcal Fried egg, Quorn sausage, baked beans, hash brown, tomato	4.45	Scrambled egg on toast  570 kcal Three eggs, buttered white bloomer toast	3.77
Vegan breakfast  786 kcal Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	4.61	Beans on toast  5% 566 kcal. Buttered white bloomer toast	3.66
Freedom breakfast 545 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	4.45	Small beans on toast  5% UNDER 500 251 kcal Buttered white bloomer toast	2.62
American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two sausages, four pancakes, maple-flavour syrup	6.85	Two slices of toast with jam or marmalade  UNDER 500 49% kcal	2.47
Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, sausage, two pancakes, maple-flavour syrup	4.99	White bloomer bread	

Breakfast extras





Add any of the following:			
Two slices of black pudding 355 kcal	1.51	Two rashers of back bacon 99 kcal	1.57
Sausage 168 kcal	1.05	Four rashers of maple-cured bacon 91 kcal	1.52
Quorn™ sausage  116 kcal	1.05	Two scrambled eggs  136 kcal	1.63
Grilled halloumi-style cheese  396 kcal	1.97	Fried egg  56 kcal	93p
Baked beans  126 kcal	93p	Poached egg  63 kcal	93p

Breakfast butties and wraps

Bacon butty 525 kcal. Three rashers of bacon, buttered white bloomer bread	3.88	Breakfast wrap 739 kcal Fried egg, bacon, sausage, hash brown, Cheddar cheese	4.36
Sausage butty 713 kcal. Two sausages, buttered white bloomer bread	3.88	Vegetarian breakfast wrap  835 kcal Fried egg, two Quorn sausages, two hash browns, Cheddar cheese	4.36
Quorn™ sausage butty  609 kcal Two Quorn sausages, buttered white bloomer bread	3.88		

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills 

Egg & cheese muffin  UNDER 500 249 kcal Fried egg, American-style cheese, in an English muffin	3.31
Egg & bacon muffin UNDER 500 298 kcal Fried egg, bacon, American-style cheese, in an English muffin	3.77
Egg & sausage muffin UNDER 500 417 kcal Fried egg, sausage, American-style cheese, in an English muffin	3.77
Egg & Quorn™ sausage muffin  UNDER 500 364 kcal Fried egg, Quorn sausage, American-style cheese, in an English muffin	3.77
Breakfast muffin UNDER 500 466 kcal Fried egg, sausage, bacon, American-style cheese, in an English muffin	4.01
Smashed avocado muffin  5% UNDER 500 244 kcal Guacamole, pico di gallo, on an English muffin, rocket	4.01
Add: Maple-cured bacon (91 kcal) 1.52 ; Poached egg  (63 kcal) 93p Grilled halloumi-style cheese  (39% kcal) 1.97	
Add: Hash brown  (82 kcal) 46p	

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply: *Non-refundable advance purchase rates, available to book direct on the telephone, our website and our app. *Statement of daily calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spiritzies, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

Served 8am – 12 noon

Tea, coffee and hot chocolate

FREE REFILLS TEA, COFFEE AND HOT CHOCOLATE — ALL DAY EVERY DAY —   £1.56 each	Flat white  92 kcal Cappuccino  102 kcal Latte  113 kcal Mocha  147 kcal Espresso  6 kcal Black coffee  6 kcal White coffee  24 kcal (Oat milk available  4 kcal) Hot chocolate  169 kcal Tea  with semi-skimmed milk  14 kcal (Oat milk available  4 kcal) Decaffeinated tea and coffee available.
Biscuits Walkers shortbread  151 kcal 71p Stem ginger biscuit  123 kcal 71p Belgian chocolate biscuit  129 kcal 71p Salted caramel brownie bar  316 kcal 1.64	

for the facts
drinkaware.co.uk

jdwetherspoon.com

STD

FOOD

Main menu 11.30am - 11pm. Children's menu available.

INCLUDES A DRINK* 
Choose from over 150 drinks

The Sir Norman Rae

Shipley

Sir Norman Rae is something of an unsung hero in Shipley. He made his fortune from the woollen trade and was elected the town's MP (1918–1923), his wealth enabling him to buy a large land block to present to Shipley Council as playing fields (Northcliffe Park). He also encouraged university study by providing scholarships and established Shipley Nursing Home. On his death, in 1928, it was reported that he was the greatest benefactor to the district since Sir Titus Salt.



Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.



Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.*

goodfoodtalks
opening menus for everybody

The spoken menu app for the visually impaired

Breakfast 8am – 12 noon

Traditional breakfast
£4.99

Tea, coffee and hot chocolate Free refills

£1.56
each

Burger meals

INCLUDES A DRINK* 

Featuring 3oz American burger

soft drink* | alcoholic drink*

£5.44 | **£6.97**

Afternoon deals

INCLUDES A DRINK* 

Mon – Fri, 2pm – 5pm

Featuring small freshly battered fish and chips

soft drink* | alcoholic drink*

£6.09 | **£7.62**

Steak Club®

INCLUDES A DRINK* 

Tuesday 11.30am – 11pm

Featuring classic 8oz sirloin

soft drink* | alcoholic drink*

£9.67 | **£11.20**

Curry Club®

INCLUDES A DRINK* 

Thursday 11.30am – 11pm

Featuring the katsu curry range

soft drink* | alcoholic drink*

£7.91 | **£9.44**

**How to order
from your table**



Download the Wetherspoon app or scan this QR code.



Or note your table number and order at the bar.

LAVAZZA
TORINO, ITALY, 1895



Coffee

The freshly ground 100% Arabica Lavazza coffee® we serve is from Rainforest Alliance-certified farms.

Tea

The Tetley tea we serve also comes from Rainforest Alliance-certified farms.

Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

wetherspoon **hotels**

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HOTELS

Book direct for the best rates*
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UNLIMITED
FREE Wi-Fi

