wetherspoon hotels

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ALLERGEN AND NUTRITIONAL INFORMATION

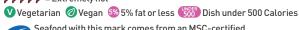
This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

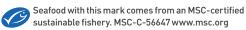
- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
 Set Calorie and carbohydrate limits.
- · List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot = Extremely hot





Adults need around 2000 kcal a day.§

BREAKFAST

8am - 12 noon

Large breakfast 1286 kcal Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast	6.59	Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.14
Traditional breakfast 742 kcal Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast	4.99	Mushroom Benedict ♥ 629 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.14
Small breakfast (19 kcal) Fried egg, bacon, sausage, baked beans, hash brown	4.45	Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding,	5.14
Add: Two slices of black pudding (355 kcal) 1.51		Hollandaise sauce, rocket	
Large vegetarian breakfast 🔇 1206 kcal	6.59	Scrambled egg on toast ♥ 570 kcal Three eggs, buttered white bloomer toast	3.77
Two fried eggs, three Quorn sausages, baked beans, three hash browns,		Beans on toast 👽 🚳 566 kcal. Buttered white bloomer toast	3.66
mushroom, tomato, two slices of toast Vegetarian breakfast ♥ 816 kcal	4.99	Small beans on toast ♥ ፡፡ 251 kcal Buttered white bloomer toast	2.62
Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast		Two slices of toast with jam or marmalade ♥ ♥ \$\text{\$\text{\$\text{\$\text{\$}}\$}\$} 496 kcal White bloomer bread	2.47
Small vegetarian breakfast (V) (555) 313 kcal Fried egg, Quorn sausage, baked beans, hash brown, tomato	4.45	Fresh fruit	3.66
Vegan breakfast ⊘ 786 kcal Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	4.61	Porridge (10 so some 252 kcal (plain) Add: Banana (101 kcal) 62p Strawberries (14 kcal) 62p	2.09
Freedom breakfast 545 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	4.45	Blueberries ⊘ (17 kcal) 62p Honey ♥ (91 kcal) 34p	

Breakfast extras

Add any of the following:					
Two slices of black pudding 355 kcal	1.51	Two rashers of back bacon 99 kcal	1.57	Hash brown 🥝 82 kcal	46p
Sausage 168 kcal	1.05	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms @ 91 kcal	93p
Quorn [™] sausage ⊘ 116 kcal	1.05	Two scrambled eggs V 136 kcal	1.63	Two grilled tomato halves @ 16 kcal	52p
Grilled halloumi-style cheese ♥ 396 kcal	1.97	Fried egg 👽 56 kcal	93p	Slice of toast V 191 kcal	1.13
Baked beans @ 126 kcal	93p	Poached egg V 63 kcal	93p		

Breakfast butties and wraps

Bacon butty 525 kcal. Three rashers of bacon, buttered white bloomer bread	3.88
Sausage butty 713 kcal. Two sausages, buttered white bloomer bread	3.88
Quorn [™] sausage butty ♡ 609 kcal	3.88
Two Quorn sausages, buttered white bloomer bread	

Breakfast wrap 739 kcal Fried egg, bacon, sausage, hash brown, Cheddar cheese	4.36
Vegetarian breakfast wrap V 835 kcal	4.36
Fried egg, two Quorn sausages, two hash browns, Cheddar cheese	

Breakfast muffin deal

Add: Hash brown @ (82 kcal) 46p

Includes tea, coffee or hot chocolate. Free refills

Egg & cheese muffin 👽 📸 249 kcal ried egg. American-style cheese, in an English muffin	3.3
Egg & bacon muffin (355) 298 kcal ried egg, bacon, American-style cheese, in an English muffin	3.7
Egg & sausage muffin (555) 417 kcal ried egg, sausage, American-style cheese, in an English muffin	3.7
Egg & Quorn™ sausage muffin ♥ (555) 364 kcal ried egg, Quorn sausage, American-style cheese, in an English muffin	3.7
Breakfast muffin 3555 466 kcal ried egg, sausage, bacon, American-style cheese, in an English muffin	4.0
	• • • • • • • • •

-Tea, coffee and hot chocolate-



Latte V 113 kcal Mocha 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee 24 kcal (Oat milk available @ 4 kcal) Hot chocolate V 169 kcal with semi-skimmed milk **V** 14 kcal

Flat white **1** 92 kcal

Cappuccino V 102 kcal

(Oat milk available @ 4 kcal) Decaffeinated tea and coffee available.

Biscuits

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for quidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on the telephone our website and our app. *Statement of daily calorie needs from the Department of Health & Social Care. *Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spritzes, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for

for the facts drinkaware.co.uk

jdwetherspoon.com ⊃

Main menu 11.30am - 11pm. Children's menu available.

INCLUDES A DRINK* **Choose from over 150 drinks**

The Moon Under Water



Breakfast

8am - 12 noon

breakfast £4.99

£1.56

Traditional

Tea. coffee and hot chocolate Free refills

Burger meals INCLUDES A DRINK

Featuring 3oz American burger soft drink* alcoholic drink*

£5.44

£6.97

Afternoon deals

INCLUDES A DRINK'

Featuring small freshly battered fish and chips

Mon - Fri, 2pm - 5pm

£6.09

£7.62

Steak Club INCLUDES A DRINK •

Tuesday 11.30am - 11pm

Featuring classic 8oz sirloin

soft drink*

£9.67 £11.20

Curry Club

INCLUDES A DRINK Thursday 11.30am - 11pm

Featuring the katsu curry range alcoholic drink*

£7.91

£9.44

How to order from your table



Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.





Food hygiene rating

We have been awarded the maximum food hygiene rating



100% UK and Irish beef Sourced from farms

in the UK and Ireland. Traceable from farm to fork.



Sustainable fish The cod and haddock we serve

come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



LAVAZZA The freshly ground 100%

Arabica Lavazza coffee we serve is from Rainforest Alliance-certified farms.



The Tetley tea we serve also comes from Rainforest Alliance-certified farms.

Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.



wetherspoon hotels





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qoodfoodtalks opening menus for everybody The spoken menu app for the visually impaired

Small plates Any 3 for £14.9	3
Bao buns Traditional Asian steamed buns Choose:	5.19
Spicy crunchy chicken /// 624 kcal. Spicy mayo, red onion, sliced chillies, c BBQ jackfruit @ 50 (36) 416 kcal. Red onion, sliced chillies, coriander	oriander
Nachos ♥♥♥ ♥ 592 kcal Cheese, quacamole, salsa, sour cream, sliced chillies	5.81
Bowl of chips @ 964 kcal	4.23
Bowl of chips with curry sauce @ 1082 kcal	5.58
Cheesy chips ♥ 1256 kcal	5.41
Loaded chips 1218 kcal Cheese, maple-cured bacon, sour cream	6.03
With any of the small plates below, choose one dip:	• • • • • • • • • • • • •
Sweet chilli 🆊 🕖 🕢 48 kcal	
Sticky soy V 100 kcal	
Naga chilli /// @ 136 kcal	
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal Chipotle mayo /// ♥ 150 kcal	
Blue cheese V 270 kcal	
Halloumi-style fries V 555 396 kcal	4.96
Chicken bites (333) 298 kcal Ten battered chicken breast pieces	6.09
Southern-fried chicken strips / 350 459 kcal Five chicken breast strips	6.09
Chicken wings /// 804 kcal Ten spicy chicken wings	6.75
Quorn™ nuggets ⊘ 📆 331 kcal Eight coated pieces	5.19

Deli Deals INCLUDES A DRINK

Paninis

Cheddar cheese and tomato V 532 kcal

Wiltshire cured ham and Cheddar cheese 512 kcal

BBQ chicken, bacon and Cheddar cheese 572 kcal

BBQ jackfruit and vegan cheeze @ 516 kcal BBQ jackfruit, vegan cheese alternative

Shawarma chicken 749 kcal

Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

Quorn[™] **nuggets ②** 534 kcal. Tomato, cucumber, salsa

Southern-fried chicken and smoky chipotle mayo FFF 639 kcal

Fried halloumi-style cheese and sweet chilli sauce // V 738 kcal Tomato, cucumber

soft drink*

5.70

each

alcoholic drink* 7.23

each

Add: Chips @ (602 kcal); Salad @ (87 kcal); Spicy rice @ (208 kcal) 1.44 each

Sides and extras

Dides and Catas	
Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (8 kcal) 34p)	4.23
Small bowl of chips 🥝 602 kcal	2.48
Five chicken wings /// 402 kcal	3.34
Eight Whitby breaded scampi 527 kcal	4.99
Grilled halloumi-style cheese 💟 446 kcal	1.97
Peas 🕖 130 kcal	94p
Mushy peas 🤍 248 kcal	94p
Side salad ⊘ 87 kcal	2.29
Mediterranean side salad 🥝 198 kcal	3.22
Roasted vegetables 🥑 135 kcal	1.53
Coleslaw 🔇 399 kcal	1.40
Sliced chillies 🎢 🎁 🍎 3 kcal	88p
Six onion rings 🧑 269 kcal	2.33
Twelve onion rings 🥥 538 kcal	3.50

Burgers INCLUDES A DRINK	Beeft	ourgers mad
Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, inc	cluded in Cal	ories below).
American burger 695 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink*	alcoholic drink*
Classic beef burger 676 kcal Iceberg lettuce, tomato, red onion	5.44 each	6.97 each
Skinny beef burger 369 kcal lceberg lettuce, tomato, red onion, with a side salad, inste	ad of chips	
American cheese burger 729 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		oft drink* 6.04 lic drink* 7.57
Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories	below).	
Double American burger 1137 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink*	alcoholic drink*
Double classic beef burger 1118 kcal lceberg lettuce, tomato, red onion	each	each

American-style cheese, rei American-style mustard	d onion,	gherkin,	ketchup,
Just-a-burger			

Double American cheese burger 1206 kcal

Served on its own, without chips or a drink. American burger 5555 366 kcal Red onion, gherkin, ketchup, American-style mustard

Crunchy chicken strip burger / \$\text{\$\text{\$\sigma}\$} 459 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise

Additional toppings and burger patties	
Maple-cured bacon with Cheddar cheese 174 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese 🤍 83 kcal	1.52
American-style cheese 🕜 69 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip 🍠 92 kcal	1.50
• • • • • • • • • • • • • • • • • • • •	

3oz beef patty 169 kcal	
Fried halloumi-style cheese V 446 kcal	
Grilled chicken breast 187 kcal	each 1.97
Fried buttermilk chicken 473 kcal	
BEYOND MEAT patty @ 184 kcal	

Curries Includes A DRINK •

 ${\color{red}\textbf{Katsu curries}} \ \textbf{With a mild Japanese-style katsu curry sauce,}$ coconut-flavour rice, sliced chillies and coriander

soft drink* Katsu chicken curry 826 kcal 8.73 Sliced whole breaded chicken breast fillet each Katsu grilled chicken curry 63 541 kcal Sliced grilled chicken breast alcoholic drink* 10.26 Katsu Quorn[™] nugget curry **⊘** 685 kcal Eight coated pieces

Classic curries With basmati pilau rice,	
plain naan and poppadums.	soft drink
Mangalorean roasted cauliflower	9.84
& spinach curry ሾ 🗑 🚳 867 kcal	each
Chicken tikka masala 🏴 1190 kcal	alcoholic dr
Chicken jalfrezi 🎢 🚳 935 kcal	11.37 each
Beef Madras //// 1043 kcal	Edcii

Change your plain naan to a garlic naan (V) (add 58 kcal) 47p

With salad and one filling. Extra fillings 1.22 each.	
Coleslaw ♥ 578 kcal	soft drink*
Cheese ♥ 531 kcal	6.85 each
Baked beans 🥥 🚳 501 kcal	alcoholic drink*
Five-bean chilli ّ 🧑 🚳 🐯 431 kcal	8.38
Roasted vegetables 🤣 🥯 ‱ 402 kcal	each

Gourmet burgers

de from 100% British beef.

Served with chips, six onion rings (871 kcal, included in Calories below).

soft drink*

9.93

each

alcoholic drink

11.46

each

soft drink*

7.73

each

alcoholic drink*

9.26

each

soft drink*

10.83

alcoholic drink 12.36

each

soft drink*

8.68

each

alcoholic drink*

10.21

Ultimate burger 1661 kcal

signature burger sauce, gherkin

Two 3oz beef patties, maple-cured bacon, Cheddar cheese,

Tennessee burger

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1565 kcal Grilled chicken breast 1416 kcal; Fried buttermilk chicken 1702 kcal

BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal Grilled chicken breast 1495 kcal; Fried buttermilk chicken 1780 kcal

Smoky jackfruit burger @ 1523 kcal

BEYOND MEAT plant-based patty, BBQ jackfruit, vegan cheese alternative

Fiesta burger @ 1462 kcal

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1479 kcal soft drink* 11.38 Three 3oz beef patties, American-style cheese, alcoholic drink* 12.91 maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

Chicken burgers

soft drink* 8.30

each **3.36**

alcoholic drink* 9.83

Served with a small portion of chips (329 kcal, included in the Calories below).

Crunchy chicken strip burger 🌽 787 kcal	soft drink*	5.44
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	alcoholic drink*	6.97
••••••		
Served with chins (602 kcal included in Calories below	7)	

Served with chips (602 kcal, included in Calories below). Fried buttermilk chicken burger 1254 kcal Breaded whole chicken breast fillet	soft drink* 7.73 each
Grilled chicken breast burger 969 kcal	alcoholic drini
Skinny chicken burger \$\square\$ 388 kcal Grilled chicken breast with salad, instead of chips	9.26 each

Meat-free burgers Served with chips (602 kcal, included in Calories belo	ow).
Fried halloumi-style cheese burger // 👽 1 Sweet chilli sauce	128 kcal
Beyond Burger [™] ⊘ 834 kcal	

Chicken Includes a Drink •

Char-grilled half chicken

BEYOND MEAT plant-based patty

Chicken on the bone is marinated, slow cooked and finished on the char-grill.

Lemon and herb / Char-grilled in a lemon & herb glaz
Coleslaw, garlic & herb dip
Choose: Spicy rice 1099 kcal; Chips 1173 kcal; Side salad 978

Mediterranean salad 1089 kcal Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli din

Choose: Spicy rice 1069 kcal; Chips 1463 kcal; Side salad 948 kcal Mediterranean salad 1058 kcal

Chicken baskets

Boneless basket / Three southern-fried chicken strips, five chicken breast bites,

coleslaw, BBQ sauce Choose: Spicy rice 849 kcal; Chips 1243 kcal; Side salad 720 kcal

Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce

Choose: Spicy rice 3 739 kcal; Chips 1133 kcal; Side salad 618 kcal Southern-fried chicken strips basket 🅖

Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal

Quorn[™] 'no chicken' nuggets basket **//** ∨ Eight coated pieces, coleslaw, sweet chilli sauce Choose: Spicy rice 721 kcal; Chips 1115 kcal; Side salad 600 kcal

Salads, pastas and noodles

soft drink* alcoholic drink*

INCLUDES A DRINK

	0011 0111111	atoonono armit
Ramen noodle bowl 20 236 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Grilled chicken breast (94 kcal) 1.15 Poached egg (63 kcal) 93p	8.90	10.43
Chicken & maple-cured bacon salad Choose: Grilled chicken breast © 779 kcal Southern-fried chicken breast strips 676 461 kcal	9.47	11.00
Mediterranean salad	8.35	9.88
Pasta alfredo ♥ 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Grilled chicken breast (187 kcal) 1.97 Maple-cured bacon (91 kcal) 1.52	8.90	10.43
British beef & pancetta lasagne Choose: Side salad 780 kcal; Chips 1295 kcal	9.47	11.00

Small pub classics INC	LUDES A DI	RINK'
Fish and chips	soft drink*	alcoholic drink*
Small freshly battered cod and chips Peas 680 kcal or mushy peas 739 kcal	7.84	9.37
Small Whitby breaded scampi Four scampi, chips, peas 658 kcal or mushy peas 718 kcal	7.84	9.37
Add: Two slices of bread ♥ (383 kcal) 1.34 Chip shop-style curry sauce ⊚ (118 kcal) 1.46		
Small Wiltshire cured ham, egg and chips (55) 455 kcal One slice of Wiltshire cured ham, fried egg	6.61	8.14
Small all-day brunch 666 kcal	6.91	8.44

3.,		
Afternoon deal Mon - Fri, 2pm - 5pm Choose from the above small pub classic meals.	6.09	alcoholic drink* 7.62

6.91

soft drink* alcoholic drink*

alcoholic drink

8.80

7.27

8.44

Pub classics INCLUDES A DRINK ...

Sausage, bacon, fried egg, baked beans, chips

Two Quorn sausages, fried egg, baked beans, chips

Small vegetarian all-day brunch V 680 kcal

Fish and chips		
Freshly battered cod and chips Peas 1239 kcal or mushy peas 1298 kcal	10.08	11.61
Whitby breaded scampi Eight scampi chips, peas 1195 kcal or mushy peas 1255 kcal.	10.08	11.61
Add: Two slices of bread ♥ (383 kcal) 1.34 Chip shop-style curry sauce ∅ (118 kcal) 1.46		
Steak & kidney pudding 1223 kcal Chips, peas, onion & red wine gravy	8.32	9.85
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	7.73	9.26
Sausages, chips and beans 1170 kcal Free Lincolnshire sausages	7.73	9.26
Vegan sausages, chips and beans ⊚ 1013 kcal Three Quorn sausages	7.73	9.26
Five-bean chilli 🆊 🧑 🥸 590 kcal. Rice, tortilla chips	8.32	9.85
All-day brunch 1213 kcal Two sausages, bacon, two fried eggs, baked beans, chips Add: Two slices of black pudding (355 kcal) 1.51	9.72	11.25
Vegetarian all-day brunch 	9.72	11.25

Three quorn sausages, two tried eggs, baked beans, chips	
Afternoon deal	soft drink*

Mon - Fri, 2pm - 5pm

Steaks and grills INCLUDES A DRINK .

Prime beef steaks from the UK and Ireland, matured for 21 days then seasoned with a steak-seasoning blend.

soft drink*	alcoholic dr
11.25	12.78

Jacket potato 741 kcal: Chips 1061 kcal Mediterranean salad 657 kcal; Side salad 546 kcal

Gourmet 8oz sirloin steak With peas, tomato, mushroom, three onion rings and a steak sauce. soft drink* alcoholic drink* 13.59 15.12

Jacket potato 993 kcal; Chips 1314 kcal Mediterranean salad 909 kcal; Side salad 798 kcal

Creamy peppercorn sauce (74 kcal) Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.82 each

Classic 8oz sirloin steak

Add your choice of steak sauce:

Choose-

Below meals are served with peas, tomato and mushroom.	soft drink*	alcoholic drin
BBQ chicken melt Grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Jacket potato \$\infty\$ 803 kcal; Chips 1123 kcal Mediterranean salad 719 kcal; Side salad 608 kcal	10.08	11.6
Mixed grill Gammon, pork loin, rump, lamb, sausage Choose: Jacket potato 1192 kcal; Chips 1513 kcal Mediterranean salad 1108 kcal; Side salad 997 kcal	11.89	13.42
Large mixed grill Gammon, pork loin, rump, lamb, two sausages, fried egg, six onion rings Choose: Jacket potato 1686 kcal; Chips 2006 kcal Mediterranean salad 1602 kcal; Side salad 1491 kcal	13.65	15.18

Desserts

Vanilla ice cream (V) (338 kcal

l'	Two scoops, toffee sauce, Belgian chocolate sauce	
	Cookie crunch 🔰 ႈ 365 kcal wo vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.8
	Mini warm chocolate brownie V \varpi 435 kcal Belgian chocolate sauce, vanilla ice cream	2.9
	Mini warm cookie dough sandwich 👽 😘 435 kcal Galted caramel filling, toffee sauce, vanilla ice cream	2.9
	Fresh fruit 👽 👀 😘 447 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	4.5
	Warm chocolate fudge cake ♥ 913 kcal ⁄anilla ice cream	5.3
	Warm chocolate brownie ♥ 736 kcal Belgian chocolate sauce, vanilla ice cream	5.3
	Warm cookie dough sandwich ♥ 735 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.3
	British Bramley apple crumble <equation-block> 830 kcal /anilla ice cream</equation-block>	5.6
•		

Vanilla ice cream scoop V (135 kcal) 94p Belgian chocolate sauce (V) (61 kcal) 42p

Toffee sauce (74 kcal) 42p Banana (a) (101 kcal) 62p

Strawberries (a) (14 kcal) 62p Blueberries (a) (17 kcal) 62p

Adults need around 2000 kcal a day.§

1.82