Desserts

| Vanilla ice cream ♥ ♥ 308 kcal Two scoops, toffee sauce, Belgian chocolate sauce | 1.82 |
|---|------|
| Mini warm chocolate brownie ♥ 555 424 kcal Belgian chocolate sauce, vanilla ice cream | 2.98 |
| Mini warm cookie dough sandwich ♥ 655 373 kcal Salted caramel filling, toffee sauce, vanilla ice cream | 2.98 |
| Fresh fruit bowl ♥ 511 kcal Banana, strawberry, pineapple, melon, apple, kiwi, blueberries, vanilla ice cream | 4.56 |
| Warm chocolate fudge cake ♥ 895 kcal Vanilla ice cream | 5.33 |
| Warm chocolate brownie ♥ 721 kcal Belgian chocolate sauce, vanilla ice cream | 5.33 |
| Warm cookie dough sandwich ♥ 619 kcal Salted caramel filling, toffee sauce, vanilla ice cream | 5.33 |
| Bramley apple crumble ♥ 813 kcal Vanilla ice cream | 5.62 |
| | |

Vanilla ice cream scoop (127 kcal) 94p Belgian chocolate sauce (55 kcal) 42p Toffee sauce (V) (54 kcal) 42p Banana @ (161 kcal) **62p** Strawberries (a) (16 kcal) 62p

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and har service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot = Extremely hot Vegetarian Vegan 5% fat or less 500 Dish under 500 Calories Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon pic reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com "Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on the telephone, our website and our app. Statement of daily calorie needs from the HK Government's Department of Health & Social Care #Excluding decaffeinated Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spritzes, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned soft drinks, except Monster. An alternative mabe offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

BREAKFAST

6.27

4.62

4.06

6.27

4.62

4.06

4.23

4.06

8am - 12 noon

| | Breakfast wrap 738 kcal | 3.77 |
|---|--|------|
| | Fried egg, bacon, Loughnane's pork sausage, hash brown, Cheddar cheese | |
| | Vegetarian breakfast wrap ♥ 826 kcal Fried egg, two Quorn sausages, two hash browns, Cheddar cheese | 3.77 |
| | Breakfast soda 522 kcal Soda bread, filled with sausage, bacon, fried egg | 5.45 |
| | Scrambled egg on toast ♥ 595 kcal Three eggs, buttered white bloomer toast | 3.42 |
| | Beans on toast ♥ № 552 kcal Buttered white bloomer toast | 3.19 |
| | Small beans on toast ♥ ጭ ‱ 244 kcal Buttered white bloomer toast | 2.38 |
| | Two slices of toast with jam or marmalade (*) (***) 454 kcal White bloomer toast | 2.47 |
| | Fresh fruit bowl @ \$ \$55 258 kcal Banana, strawberry, pineapple, melon, apple, kiwi, blueberries | 3.19 |
| į | NEW Flahavan's porridge © 632 224 kcal (plain) Add: Banana @ (161 kcal) 62p; Strawberries @ (16 kcal) 62p Honey © (100 kcal) 34p | 2.09 |

Breakfast extras

Large Ulster fry 1396 kcal

Small breakfast 500 448 kcal

Ulster fry 598 kcal

half a soda bread

Two fried eggs, bacon, two sausages, baked beans, potato bread,

Sausage, fried egg, bacon, baked beans, half a potato bread,

Add: Two slices of Clonakilty black pudding (211 kcal) 1.51

Large Ulster vegetarian breakfast V 1262 kcal

half a soda bread, tomato, mushroom, two slices of toast

Two fried eggs, Quorn sausage, baked beans, potato bread,

Small vegetarian breakfast V 🕸 🛗 345 kcal

Two Quorn sausages, baked beans, two hash browns, mushroom,

Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato

Fried egg, Quorn sausage, baked beans, hash brown, tomato

Ulster vegetarian breakfast V 620 kcal

half a soda bread tomato mushroom

Vegan breakfast @ 890 kcal

tomato, slice of toast, vegan spread

Freedom breakfast 625 kcal

Two fried eggs, two Quorn sausages, baked beans, potato bread,

Fried egg, bacon, Loughnane's pork sausage, baked beans, hash brown

half a soda bread, two slices of toast, black pudding

| Add any of the following: | | | | | |
|---|------|---|------|---|------|
| Two slices of Clonakilty black pudding 211 kcal | 1.51 | Four rashers of maple-cured bacon 91 kcal | 1.52 | Two mushrooms @ 137 kcal | 93p |
| Loughnane's pork sausage 184 kcal | 1.05 | Two rashers of back bacon 99 kcal | 1.57 | Two grilled tomato halves @ 23 kcal | 52p |
| Quorn [™] sausage 119 kcal | 1.05 | Two scrambled eggs 👽 163 kcal | 1.63 | Slice of toast V 180 kcal | 1.13 |
| Baked beans @ 126 kcal | 93p | Fried egg 👽 69 kcal | 93p | Grilled halloumi-style cheese ♥ 435 kcal | 1.97 |
| Hash brown @ 82 kcal | 46p | | | | |

Breakfast muffins

Includes tea, coffee or hot chocolate. Free refills

| Egg & cheese muffin ♥ 567 kcal Fried egg, American-style cheese, in a muffin | 2.90 |
|---|------|
| Egg & bacon muffin 316 kcal Fried egg, bacon, American-style cheese, in a muffin | 3.42 |
| Egg & sausage muffin 655 451 kcal Fried egg, Loughnane's pork sausage, American-style cheese, in a muffin | 3.4 |
| Egg & Quorn™ sausage muffin ♥ (505) 386 kcal Fried egg, Quorn sausage, American-style cheese, in a muffin | 3.4 |
| Breakfast muffin 500 kcal Fried egg, Loughnane's pork sausage, bacon, American-style cheese, in a muffin | 3.6 |
| | |

Tea. coffee and hot chocolate

Flat white 92 kcal

Latte V 113 kcal

Mocha V 147 kcal

Espresso @ 6 kcal

Black coffee @ 6 kcal

Decaffeinated tea and coffee available.

Cappuccino V 102 kcal



- ALL DAY EVERY DAY -LAVATIA (2) (100)

White coffee 24 kcal (Soya product available @ 5 kcal) Hot chocolate V 169 kcal I vons tea with semi-skimmed milk V 14 kcal £1.56 (Soya product available @ 5 kcal)

Oatie biscuits V 132 kcal White chocolate-chip cookies 141 kcal Chocolate-chip cookies (V) 141 kcal Whirl shortcake 136 kcal



Add: Hash brown @ (82 kcal) 46p

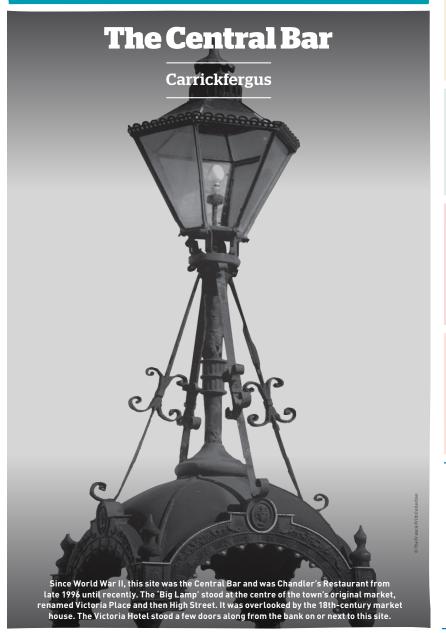
wetherspoon hotels 56 in England, Ireland, Scotland and Wales Book direct for the best rates'



for the facts drinkaware.co.uk ⊇ FOOD

Food served until midnight Sunday to Thursday and until 12.30am Friday and Saturday. Children's menu available.

INCLUDES A DRINK* **Choose from over 150 drinks**



Breakfast

8am - 12 noon

Ulster fry

£4.62

Tea. coffee and hot chocolate Free refills

£1.56

Burger meals INCLUDES A DRINK'

Featuring 3oz American burger soft drink*

£5.44

£6.97

Steak Club INCLUDES A DRINK • 1

Tuesday 11.30am - 11pm

Featuring classic 8oz sirloin

soft drink* alcoholic drink*

£9.67 £11.20

Curry Club

INCLUDES A DRINK • Thursday 11.30am - 11pm

Featuring the katsu curry range

soft drink* alcoholic drink*

£7.91

£9.44

How to order from your table



Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.





Glenshane



Free-range eggs

Eggs supplies all of the

Long-established



Sustainable fish The cod we serve comes

from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.



Bacon

Dew Valley Foods, based in County Tipperary, uses only natural ingredients in the unique curing process







Sausages Made with 100 per cent Irish

pork, the quality sausages from oughnane's of Galway are made with only natural ingredients and using traditional Irish recipes









The freshly ground 100% Arabica Lavazza coffee" we serve is from Rainforest Alliance-certified farms



Lyons is part of the Ethical Tea Partnership, which monitors living and working conditions

| Small plates Any 3 for £14.9 | 3 |
|---|------|
| 8" pizzas on a freshly baked sourdough base. | |
| Margherita V 5567 479 kcal. Mozzarella, basil | 5.91 |
| Pepperoni 🌈 588 kcal. Mozzarella, pepperoni | 6.51 |
| Ham and mushroom 512 kcal | 6.51 |
| Mozzarella, ham, mushroom, rocket BBQ chicken 567 kcal | 6.51 |
| Mozzarella. BBQ sauce, chicken breast, red onion, rocket | 0.01 |
| Roasted vegetable V 535 kcal | 6.51 |
| Mozzarella, mushroom, roasted pepper, courgette, onion, basil | |
| Vegan roasted vegetable @ \$\$ \$\$\$3 365 kcal Mushroom, roasted pepper, courgette, onion, basil | 6.51 |
| Spicy meat feast 614 kcal | 7.09 |
| Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket | |
| 11" garlic pizza bread 👽 728 kcal | 5.57 |
| Nachos /// V 656 kcal | 5.81 |
| Cheese, guacamole, salsa, sour cream, sliced chillies Add: Five-bean chilli (119 kcal) 1.97 | |
| Bowl of chips @ 964 kcal | 4.06 |
| Bowl of chips with curry sauce @ 1082 kcal | 5.41 |
| Cheesy chips ♥ 1291 kcal | 5.24 |
| Loaded chips 1455 kcal | 5.98 |
| Cheese, maple-cured bacon, garlic mayo | |
| VEAV Leek & potato soup V 🚳 📸 423 kcal White bloomer bread | |
| With any of the small plates below, choose one dip: Sweet chilli | |
| Quorn™ nuggets ⊘ ‱ 331 kcal Eight coated pieces | 5.19 |
| Halloumi-style fries V 5555 435 kcal | 4.96 |
| Chicken breast bites © 298 kcal Ten battered chicken pieces | 5.91 |
| Southern-fried chicken strips ≠ 461 kcal Five chicken strips | 5.91 |
| Chicken wings 804 kcal Ten spicy chicken wings | 6.48 |

Sharer

With the sharer below, choose two dips: Sweet chilli 🎢 🥥 37 kcal; Naga chilli 🎢 🚳 136 kcal Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Garlic mayo ♥ 237 kcal

Chicken wings

20 wings (1608 kcal - for sharing) 30 wings (2412 kcal – for sharing)

Deli Deals INCLUDES A DRINK

8" pizzas on a freshly baked sourdough base.

Choose any 8" pizza from the small plates section.

Cheddar cheese and tomato V 572 kcal Ham and Cheddar cheese 516 kcal BBQ chicken, bacon and Cheddar cheese 606 kcal

each alcoholic drink* Quorn[™] nuggets **//** ② 514 kcal 7.23 Tomato, cucumber, salsa each Southern-fried chicken

soft drink*

5.70

and garlic mayo F 646 kcal Fried halloumi-style cheese

and sweet chilli sauce // V 751 kcal Tomato, cucumber

Add: Chips (602 kcal); **Salad** (101 kcal) Spicy rice (208 kcal) 1.44 each

Chicken INCLUDES A DRINK •

Chicken wing basket

Eight wings, coleslaw, Naga chilli dip Choose: Spicy rice 1120 kcal; Chips 1515 kcal; Side salad 1013 kcal

Boneless basket 🍠

Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Spicy rice 850 kcal; Chips 1244 kcal; Side salad 743 kcal

soft drink* 8.68 alcoholic drink*

10.21

each

Chicken breast bites basket

Meat-free burgers

Chicken burgers

Beyond Burger[™] Ø 966 kcal

Breaded whole chicken breast fillet

Gourmet burgers

Heatwave burger

topped with a spicy chicken wing

Ultimate burger 1721 kcal

signature burger sauce, gherkin

Tennessee burger

BEYOND MEAT plant-based patty

Crunchy chicken strip burger **/** 787 kcal

Fried buttermilk chicken burger 1254 kcal

Grilled chicken breast burger 969 kcal

Skinny chicken burger 5% 500 403 kcal

Grilled chicken breast with salad, instead of chips

Naga chilli mayo, American-style cheese, hash brown,

Two 3oz beef patties, maple-cured bacon, Cheddar cheese,

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze

Grilled chicken breast 1416 kcal: Fried buttermilk chicken 1702 kcal

Grilled chicken breast 1495 kcal; Fried buttermilk chicken 1750 kcal

BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce

BEYOND MEAT plant-based patty, salsa, guacamole,

Choose: Beef (two 3oz beef patties) 1607 kcal

Choose: Beef (two 3oz beef patties) 1685 kcal

Three 3oz beef patties, American-style cheese,

maple-cured bacon, red onion, gherkin, ketchup,

Fiesta burger @ 1357 kcal

roasted pepper, courgette, onion

American-style mustard

Two southern-fried chicken strips, iceberg lettuce, mayonnaise

Served with chips (602 kcal, included in Calories below).

Sweet chilli sauce

Ten battered chicken pieces, coleslaw, garlic mayo Choose: Spicy rice 876 kcal; Chips 1270 kcal; Side salad 668 kcal Southern-fried chicken strips basket

soft drink*

8.68 each

alcoholic drink*

each

soft drink*

7.73

each

alcoholic drink*

9.26

each

soft drink* 5.44

soft drink*

7.73

each

alcoholic drink*

9.26

each

soft drink*

9.93

alcoholic drink

11.46

each

alcoholic drink* 12.91

11.37

each

alcoholic drink* 6.97

10.21

Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Spicy rice 890 kcal; Chips 1284 kcal; Side salad 682 kcal

Quorn[™] 'no chicken' nuggets basket **// v** Eight coated pieces, coleslaw, sweet chilli sauce Choose: Spicy rice 709 kcal; Chips 1104 kcal; Side salad 602 kcal

Served with chips (602 kcal, included in Calories below).

Fried halloumi-style cheese burger // V 1254 kcal

Served with a small portion of chips (329 kcal, included in Calories below).

Served with chips, six onion rings (860 kcal, included in Calories below).

Choose: Grilled chicken breast 1756 kcal; Fried buttermilk chicken 2041 kcal

are made from 100% Irish beef.

| Burgers includes a drink; | Ourb | eef bur | gers |
|---|------------------------------------|--------------------------------|-------------|
| Beef burgers One 30z beef patty. Served with a small portion of chips (329 kcal, inc | cluded in Cal | ories bel | ow). |
| American burger 719 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 697 kcal Cos lettuce, tomato, red onion | soft drink* 5.44 each | alcoholic 6.9 eac | 7 |
| Skinny beef burger 30 555 404 kcal Cos lettuce, tomato, red onion, with a side salad, instead o | of chips | | |
| American cheese burger 759 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard | | ft drink* ic drink* | |
| Double beef burgers Two 30z beef patties. Served with chips (602 kcal, included in Calories | below). | | • • • • • • |
| Double American burger 1191 keel | | | |

| Served with chips (602 kcal, included in Calories below). | | | | |
|---|-------------|------------------------------------|--|--|
| Double American burger 1181 kcal Red onion, gherkin, ketchup, American-style mustard | soft drink* | alcoholic drink* | | |
| Double classic beef burger 1159 kcal Cos lettuce, tomato, red onion | each | each | | |
| Double American cheese burger 1261 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard | | oft drink* 8.30 lic drink* 9.83 | | |
| Just-a-burger Served on its own, without chips or a drink. | | each 3.36 | | |
| American burger 390 kcal Red onion, gherkin, ketchup, American-style mustard | | | | |
| Crunchy chicken strip burger / 555 458 kg | al | | | |

| two southern-tried chicken strips, icederg tettuce, mayonnaise | |
|--|------|
| Additional toppings and burger patties | |
| Maple-cured bacon with Cheddar cheese 174 kcal | 2.14 |
| Maple-cured bacon with American-style cheese 171 kcal | 2.14 |
| Cheddar cheese ♥ 83 kcal | 1.52 |
| American-style cheese ♥ 80 kcal | 1.52 |
| Crunchy chicken strip / 92 kcal | 1.50 |
| One 3oz beef patty 189 kcal | |
| Fried halloumi-style cheese 💟 218 kcal | |
| Grilled chicken breast 187 kcal | |

| Fried halloumi-style cheese V 218 kcal | |
|--|------------------|
| Grilled chicken breast 187 kcal | |
| Fried buttermilk chicken 473 kcal | |
| S BEYOND MEAT patty @ 184 kcal | each 1.97 |
| | |

| Curri | es | INCLUDES A DRINK' • |
|-------|----|---------------------|
| | | |

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander

Katsu chicken curry 828 kcal soft drink* Sliced whole breaded chicken breast escalope 8.73 Katsu grilled chicken curry 58 542 kcal alcoholic drink* Sliced grilled chicken breast 10.26 each Katsu Quorn™ nugget curry @ 686 kcal

Classic curries With basmati pilau rice, plain naan, poppadums and mango chutney Chicken jalfrezi FFF 32 1043 kcal soft drink* 9.84 Beef Madras FFF 983 kcal each

Triple American cheese & bacon burger 1849 kcal soft drink* 11.38

Chicken tikka masala // 1298 kcal alcoholic drink Mangalorean roasted cauliflower & spinach curry **FF** @ 523 976 kcal Change your plain naan to a garlic naan (V) (add 69 kcal) 47p

Jacket potatoes INCLUDES A DRINK

With salad and one filling. Extra fillings 1.22 each.

Coleslaw 592 kcal Cheese V 572 kcal

Baked beans @ 515 kcal

Eight coated pieces

Five-bean chilli / @ 59 445 kcal Roasted vegetables @ 5% (550) 416 kcal soft drink* alcoholic drink* 6.85 8.38

| On a freshly baked sourdough base. Margherita ♥ 957 kcal. Mozzarella, basil | | k* alcoholic drink 3 10.21 |
|---|---|--|
| Pepperoni 🖊 1175 kcal. Mozzarella, pepperoni | • | |
| Ham and mushroom 1023 kcal Mozzarella, ham, mushroom, rocket BBQ chicken 1122 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket | soft drink* 9.84 each | alcoholic drink* 11.37 each |
| Roasted vegetable | basil | |
| Vegan roasted vegetable @ 53 729 kcal | | |
| Mushroom, roasted pepper, courgette, onion, basil | | |
| | | 2 12.55 |
| Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast /// 1212 kcal | | 2 12.55 each 88 p |
| Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast /// 1212 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies Additional toppings Red onion @ 11 kcal; Sliced chillies //// @ 9 kcal | | |

| Small pub classics INCL | UDES A DRII | NK' • |
|--|-----------------|----------------|
| | soft drink* al | coholic drink* |
| Small ham, egg and chips (555) 438 kcal One slice of cured ham, fried egg | 6.61 | 8.14 |
| Small all-day brunch 694 kcal Sausage, bacon, fried egg, baked beans, chips | 6.91 | 8.44 |
| Small vegetarian all-day brunch ♥ 700 kcal Two Quorn sausages, fried egg, baked beans, chips | 6.91 | 8.44 |
| Fish and chips | | |
| Small freshly battered cod and chips Peas 580 kcal or mushy peas 649 kcal | 7.84 | 9.37 |
| Add: Two slices of buttered white bloomer bread (359 kca) Chip shop-style curry sauce (3118 kcal) 1.46 | al) 1.34 | |

| NEW Afternoon deal Mon-Fri, 2pm-5pm | 6.09 | alcoholic drink* |
|--|------|------------------|
| Choose from the above small pub classic meals. | | |
| • | | |

Pub classics INCLUDES A DRINK .

| | soft drink* | alcoholic drink* |
|--|-------------|------------------|
| NEW Turkey, ham and stuffing | | |
| Peas, gravy. | | |
| Choose: Mashed potato 586 kcal; Chips 902 kcal | | |
| Ham, eggs and chips 822 kcal | 7.73 | 9.26 |
| Two slices of ham, two fried eggs | | |
| Chicken & peppercorn stack | 8.56 | 10.09 |
| Mashed potato, peppercorn sauce, onion rings | | |
| Choose: Southern-fried chicken strips # 863 kcal | | |
| Grilled chicken breast 681 kcal | | 0.07 |
| Sausages, chips and beans 1210 kcal | 7.73 | 9.26 |
| Three Loughnane's pork sausages | 7.73 | 9.26 |
| Vegan sausages, chips and beans ⊚ 1023 kcal Three Quorn sausages | 7.73 | 7.20 |
| Five-bean chilli 🖊 🥏 🥸 591 kcal | 8.32 | 9.85 |
| Spicy rice, tortilla chips | 0.52 | 7.03 |
| All-day brunch 1270 kcal | 9.72 | 11.25 |
| Two sausages, bacon, two fried eggs, baked beans, chips | | |
| Add: Two slices of black pudding (211 kcal) 1.51 | | |
| Vegetarian all-day brunch 🕐 1162 kcal | 9.72 | 11.25 |
| Three Quorn sausages, two fried eggs, baked beans, chips | | |
| Fish and chips | | |
| Freshly battered cod and chips 🕖 | 10.08 | 11.61 |
| Peas 1049 kcal or mushy peas 1118 kcal | | |
| | | |

| Add: Two slices of buttered white bloomer bread ♥ (359 Chip shop-style curry sauce ② (118 kcal) 1.46 | kcal) 1.34 | |
|--|-------------------|------------------|
| NEW Afternoon deal | eoft drink* | alcoholic drink* |

Mon - Fri, 2pm - 5pm

soft drink*

7.27

alcoholic drink*

8.80

Prime beef steaks from Ireland, matured for 21 days then seasoned with a steak-seasoning blend.

Classic 8oz sirloin steak Choose: Jacket potato 726 kcal soft drink* alcoholic drink* Mashed potato 743 kcal; Chips 1059 kcal 11.25 12.78 Side salad 558 kcal

alcoholic drink*

15.12

4.06

11" 873 kcal 6.44

13.59

Gourmet 8oz sirloin steak With peas, tomato, mushroom, three onion rings and a steak sauce. Choose: Jacket potato 996 kcal

Mashed potato 1012 kcal; Chips 1329 kcal Side salad 828 kcal

Add your choice of steak sauce: Creamy peppercorn sauce (74 kcal) Jack Daniel's® Tennessee Honey glaze (87 kcal) 1.82 each

soft drink* alcoholic drink* **BBQ** chicken melt 10.08 11.61 Grilled chicken, Cheddar cheese, bacon, BBQ sauce with peas. tomato and mushroom Choose: Jacket potato 53 807 kcal: Mashed potato 824 kcal Chips 1140 kcal; Side salad 639 kcal

Salads and pastas INCLUDES A DRINK

soft drink* alcoholic drink* Burrito salad bowl @ 514 kcal 8.62 Spicy rice, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies Cheese (V) (164 kcal) **1.22** Chicken breast (187 kcal) 1.97 Five-bean chilli / @ (119 kcal) 1.97 Grilled halloumi-style cheese 10.15 8.62 & roasted vegetable salad V 6555 415 kcal Roasted pepper, courgette, onion, pico de gallo, dressing 9.47 11.00 Chicken & maple-cured bacon salad Grilled chicken breast 52 (\$35) 295 kcal Southern-fried chicken strips / 478 kcal 8.90 10.43 Pasta alfredo V 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach sun-dried tomato, basil, rocket Grilled chicken breast (187 kcal) 1.97 Maple-cured bacon (91 kcal) 1.52 Irish beef & pancetta lasagne 9.47 11.00

Sides and extras

With cheese V

Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (1 kcal) 34n)

Side salad, dressing 794 kcal; Chips 1295 kcal

| Down of Crips 9 704 Reat (Add: Spicy Seasoning 9 (1 Reat) 044) | | | 4.00 | |
|--|---------------------|------|----------------------|------|
| Small bowl of chips @ 6 | 02 kcal | | | 2.48 |
| Five chicken wings | 402 kcal | | | 3.34 |
| Peas 🥏 110 kcal | | | | 94p |
| Side salad @ 101 kcal | | | | 2.29 |
| Coleslaw 🗸 399 kcal | | | | 1.40 |
| Sliced chillies | 9 kcal | | | 88p |
| Mushy peas @ 248 kcal | | | | 94p |
| Roasted vegetables @ 135 kcal | | | | |
| Garlic mayo 🛡 237 kcal | | | | |
| Onion rings 🕖 | Six 269 kcal | 2.33 | Twelve 538 kcal | 3.50 |
| Garlic pizza bread V | 8 " 364 kcal | 4.40 | 11 " 728 kcal | 5.57 |

8" 437 kcal 4.98