Sides and extras

Bowl of chips 🥏 964 kcal (Add	d: Spicy seas	oning ⊘	(8 kcal) 34p)	4.23
Small bowl of chips 🥝 602 k	cal			2.48
Five chicken wings FFF 40	2 kcal			3.34
Eight Whitby breaded scam	npi 527 kcal			4.99
Grilled halloumi-style chee	ese 446 k	cal		1.97
Peas 🧭 130 kcal				94p
Mushy peas V 248 kcal				94p
Side salad 🧭 87 kcal				2.29
Mediterranean side salad	🥏 198 kcal			3.22
Roasted vegetables @ 135	kcal			1.53
Coleslaw 💟 399 kcal				1.40
Sliced chillies	kcal			88p
Chicken gravy 50 kcal				94p
Onion rings 🥥 S	Six 269 kcal	2.33	Twelve 538 kcal	3.50
Garlic pizza bread V	8 '' 386 kcal	4.40	11 " 772 kcal	5.57
With cheese 💟	8 '' 461 kcal	4.98	11 " 922 kcal	6.44
-				

Desserts

NEW Millionaire's shortbread () 528 kcal Two vanilla ice cream scoops, shortbread biscuit,	2.46
Belgian chocolate sauce, toffee sauce Vanilla ice cream (V) (555) 338 kcal Two scoops, toffee sauce, Belgian chocolate sauce	2.11
Cookie crunch (V) (555) 365 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	2.11
Cheesecake V (1999) 437 kcal Raspberry & white chocolate cheesecake, strawberries, blueberries	5.91
Mini warm chocolate brownie V (555) 435 kcal Belgian chocolate sauce, vanilla ice cream	3.28
Mini warm cookie dough sandwich V 쮒 435 kcal Salted caramel filling, toffee sauce, vanilla ice cream	3.28
Mini American-style pancakes (V) (555) 412 kcal Two pancakes, maple-flavour syrup, vanilla ice cream	4.13
Fresh fruit (V) 😵 (††††) 447 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	5.16
Warm chocolate fudge cake 🔇 913 kcal. Vanilla ice cream	5.91
Warm chocolate brownie 💟 736 kcal Belgian chocolate sauce, vanilla ice cream	5.91
Warm cookie dough sandwich v 735 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.91
British Bramley apple crumble V Vanilla ice cream 830 kcal or custard 694 kcal	6.22
American-style pancakes V 🗐 689 kcal Four pancakes, maple-flavour syrup, vanilla ice cream	5.57
	•••••

Add: Custard V (134 kcal) 1.23; Vanilla ice cream scoop V (135 kcal) 94p Belgian chocolate sauce V (61 kcal) 42p; Toffee sauce V (74 kcal) 42p Banana (101 kcal) 62p; Strawberries (14 kcal) 62p; Blueberries (17 kcal) 62p

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot **FFFF** = Extremely hot

Vegetarian Øvegan 5% fat or less 📅 Dish under 500 Calories Seafood with this mark comes from an MSC-certified

sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

BREAKFAST Served 8am - 12 noon

Large breakfast 1286 kcal Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast	7.43
Traditional breakfast 742 kcal Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast	5.75
Small breakfast (†††) 419 kcal Fried egg, bacon, sausage, baked beans, hash brown	5.19
Add: Two slices of black pudding (355 kcal) 1.51	
Large vegetarian breakfast 🕥 1080 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	7.43
Vegetarian breakfast 	5.75
Small vegetarian breakfast 文 🐯 271 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	5.19
/egan breakfast @ 702 kcal wo vegan sausages, baked beans, two hash browns, mushroom, omato, slice of toast, vegan spread	5.36
Freedom breakfast 545 kcal wo fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	5.19
American breakfast 1258 kcal Iwo fried eggs, two hash browns, maple-cured bacon, two sausages, iour pancakes, maple-flavour syrup	7.43
Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, sausage, two pancakes, maple-flavour syrup	5.57

Breakfast extras

Add any of the following:		
Two slices of black pudding 355 kcal	1.51	Two rashers of back bacon 99 kca
Sausage 168 kcal	1.05	Four rashers of maple-cured ba
Vegan sausage 🧭 74 kcal	1.05	Two scrambled eggs V 136 kcal
Grilled halloumi-style cheese 🔇 396 kcal	1.97	Fried egg V 56 kcal
Baked beans 🧭 126 kcal	93p	Poached egg V 63 kcal

Breakfast butties and wraps

Bacon butty 525 kcal. Three rashers of bacon, buttered white bloomer bread	4.36
Sausage butty 713 kcal. Two sausages, buttered white bloomer bread	4.36
Vegetarian sausage butty 👽 525 kcal	4.36
Two vegan sausages, buttered white bloomer bread	
Vegan option available with vegan spread 🥏 503 kcal	

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free re	fills
Egg & cheese muffin V (555) 249 kcal Fried egg, American-style cheese, in an English muffin	3.77
Egg & bacon muffin (557) 298 kcal Fried egg, bacon, American-style cheese, in an English muffin	4.23
Egg & sausage muffin (555) 417 kcal Fried egg, sausage, American-style cheese, in an English muffin	4.23
Egg & vegetarian sausage muffin ♥ (555) 322 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	4.23
Breakfast muffin (700) 466 kcal Fried egg, sausage, bacon, American-style cheese, in an English muffin	4.47
Smashed avocado muffin @ ☎ య 244 kcal Guacamole, pico di gallo, on an English muffin, rocket Add: Maple-cured bacon (91 kcal) 1.52; Poached egg ♥ (63 kcal) 93p Grilled halloumi-style cheese ♥ (396 kcal) 1.97	4.47
Add: Hash brown 🮯 (82 kcal) 46p	

Coldwater Creek wines, Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml)

5.92 Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham Hollandaise sauce rocket Mushroom Benedict 🔮 629 kcal 5.92 Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket Miner's Benedict 939 kcal 5.92 Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket American-style pancakes Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal 5.57 Four pancakes, maple-flavour syrup. 💟 🚳 554 kcal 4.88 Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syrup. (300) 322 kcal 4.13 Two pancakes, maple-flavour syrup. 💙 😵 😘 277 kcal 3.83 Scrambled egg on toast 🔮 570 kcal 4.36 Three eggs, buttered white bloomer toast 3.77 Beans on toast 💟 😳 566 kcal. Buttered white bloomer toast Vegan option available with vegan spread Ø 544 kcal Small beans on toast V 🚳 5 kcal 2.62 Buttered white bloomer toast Two slices of toast with jam or marmalade 🔇 5 496 kcal 2.58 White bloomer bread Fresh fruit @ 🚳 🎬 177 kcal. Apple, banana, blueberries, strawberries 3.77 Porridge V 🤓 ‱ 252 kcal (plain) 2.09 Add: Banana @ (101 kcal) 62p; Maple-flavour syrup @ (125 kcal) 34p

Strawberries (14 kcal) 62p; Blueberries (17 kcal) 62p; Honey 💟 (91 kcal) 34p

cal	1.57	Hash brown 🥏 82 kcal	46p
bacon 91 kcal	1.52	Two mushrooms @ 91 kcal	93p
l	1.63	Two grilled tomato halves 🥏 16 kcal	52p
	93p	Slice of toast 💟 191 kcal	1.13
	93p		

Breakfast wrap 739 kcal	4.93
Fried egg, bacon, sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap V 751 kcal	4.93
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

-Tea, coffee and hot chocolate -

FREE TEA. COFFEE AND HOT CHOCOLATE - ALL DAY EVERY DAY -

1.56

Espresso Ø 6 kcal Black coffee Ø 6 kcal White coffee V 24 kcal (Oat milk available 🥥 4 kcal) Hot chocolate 💟 169 kcal Tea Tetley with semi-skimmed milk 🕐 14 kcal (Oat milk available 🥥 4 kcal) Decaffeinated tea and coffee available.

Flat white 🖤 92 kcal

Latte V 113 kcal

Mocha 💟 147 kcal

Cappuccino V 102 kcal

Biscuits Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com ^OOffer (excluding take away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on the telephone our website and our app. [§]Statement of daily calorie needs from the Department of Health & Social Care. ¹¹Excluding decaffeinated. ***Drinks exclude bottled wine, sparkling wine, Prosecco**, cocktails, spritzes, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for

for the facts drinkaware.co.uk 🖇 jdwetherspoon.com $_{\supset}$

be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.§



Main menu 11.30am - 11pm. Children's menu available.

INCLUDES A DRINK* **Choose from over 150 drinks**



This pub is named after one of Manchester's long-lost inns. The original Seven Stars stood close by, with its picturesque Tudor-style front and claiming to have been licensed since 1350. The overall venue is named after the print works which stood on this site. For many years, several daily and weekend newspapers were produced on printing presses which were mounted on a bed hewn out of local red sandstone.



How to order from your table

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.





FOOD HYGIENE RATING 0 1 2 3 4 5

Food hygiene rating We have been awarded

the maximum food hygiene rating of 5 in our pub.



Allergen and nutritional information can

100% UK and Irish beef Sourced from farms in the UK and Ireland. Traceable from farm

to fork.



RSPCA

ASSURED

Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.



100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

goodfoodtalks opening menus for everybody The spoken menu app for the visually impaired

LAVALLA



Tea The Tetley tea we serve also comes from Rainforest Alliance-certified farms

we serve is from Rainforest

The freshly ground 100%

Arabica Lavazza coffee⁺

Alliance-certified farms.

Coffee

Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.



wetherspoon hotels 57 in England, Ireland,

Scotland and Wales HOTELS Book direct for the best rates jdwetherspoon.com or on our app

Small plates Any 3 for £17.75

binan places inty biot 21.10	
8" pizzas on a freshly baked sourdough base.	
Margherita V 1 470 kcal. Mozzarella, basil	6.61
Pepperoni 🌮 578 kcal. Mozzarella, pepperoni	7.20
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket	7.20
BBQ chicken 558 kcal	7.20
Mozzarella, BBQ sauce, chicken breast, red onion, rocket	
Roasted vegetable 💟 515 kcal	7.20
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	
Vegan roasted vegetable @ 53 (53) kcal Mushroom, roasted pepper, courgette, onion, basil	7.20
BBQ jackfruit and vegan cheeze /// @ (555) 437 kcal	7.80
BBQ jackfruit, vegan cheese alternative, sliced chillies, red onion, rocket	7.00
Spicy meat feast //// 618 kcal	7.80
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	1100
•••••••••••••••••••••••••••••••••••••••	
11" garlic pizza bread 🔍 772 kcal	5.57
Bao buns Traditional Asian steamed buns Choose:	6.03
Spicy crunchy chicken FFF 624 kcal. Spicy mayo, red onion, sliced chillies, corian	dor
BBQ jackfruit @ (500) 416 kcal. Red onion, sliced chillies, coriander	uci
Nachos /// Sy2 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	5.81
Bowl of chips Ø 964 kcal	4.23
Bowl of chips with curry sauce @ 1082 kcal	5.58
Cheesy chips 💟 1256 kcal	5.53
Loaded chips 1218 kcal. Cheese, maple-cured bacon, sour cream	6.03
NEW Mexican chips 🖉 🖉 🛛 1214 kcal	6.03
Cheese, guacamole, salsa, sour cream, sliced chillies	
Pizza chips 💟 1138 kcal. Pizza sauce, mozzarella	6.03
Add: Pepperoni 🎢 (109 kcal) 1.53	
Tomato & basil soup V 😵 🐯 341 kcal. White bloomer bread	4.23
Vegan option available with vegan spread 🥥 🚳 😘 370 kcal	
With any of the small plates below, choose one dip:	
Sweet chilli 📂 🧭 48 kcal; Sticky soy 🔍 100 kcal	
Naga chilli 💴 🧭 🥥 136 kcal; Jack Daniel's® Tennessee Honey glaze 🔍 87 kcal	
Chipotle mayo 🕬 🖉 🕐 150 kcal; Blue cheese 💟 270 kcal	
Halloumi-style fries 💟 (555) 396 kcal	5.19
Chicken bites 📅 298 kcal. Ten battered chicken breast pieces	6.09
Southern-fried chicken strips / 500 459 kcal. Five chicken breast strips	
Chicken wings //// 804 kcal. Ten spicy chicken wings	6.75
Quorn™ nuggets @ 5 331 kcal. Eight coated pieces	6.03

Deli Deals[®] INCLUDES A DRINK

8" pizzas on a freshly baked sourdough base. Choose any 8" pizza from the small plates section. Paninis Tuna mayo and Cheddar cheese 599 kcal	
BBQ jackfruit and vegan cheeze Ø 516 kcal BBQ jackfruit, vegan cheese alternative Cheddar cheese and tomato V 532 kcal Wiltshire cured ham and Cheddar cheese 512 kcal	soft drink* 6.85 each
BBQ chicken, bacon and Cheddar cheese 572 kcal Wraps	alcoholic drink* 8.38 each
Shawarma chicken /// 749 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces tomato, onion, rocket, fresh mint Quorn [™] nuggets @ 534 kcal. Tomato, cucumber, salsa Southern-fried chicken and smoky chipotle mayo // Cold chicken and smoky chipotle mayo //	
Cold chicken and sweet chilli sauce // © 514 kcal Fried halloumi-style cheese and sweet chilli sauce // Tomato, cucumber	🏴 V 738 kcal
Add: Chips ∅ (602 kcal): Salad ∅ (87 kcal) Tomato & basil soup ∅ (150 kcal): Spicy rice ∅ (208 kcal) 1.44 each	

Jacket potatoes INCLUDES A DRINK

With salad and one filling. Extra fillings 1.30 each.	
0 0	soft drink*
Tuna mayo 621 kcal	
Coleslaw 🖤 578 kcal	8.01
Colesiaw V 570 KCal	each
Cheese 💟 531 kcal	
Baked beans ⊘ 📾 501 kcal	alcoholic drink*
Dakeu Dealis @ 201 KCal	9.54
Smoky vegan chilli 🎢 🤕 🚳 😘 451 kcal	each
Roasted vegetables 🧭 🚱 🐻 402 kcal	

RUTGOTS INCLUDES A DRIVEfrom 100% British beef.

soft drink* 9.46

alcoholic drink* 10.99

Burgers Includes A DRINK	Beef t	ourgers ma
Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, in	cluded in Cal	ories below).
American burger 695 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 676 kcal Iceberg lettuce, tomato, red onion	soft drink* alcoholic drink 6.61 8.14 each each	
Skinny beef burger (555) 369 kcal Iceberg lettuce, tomato, red onion, with a side salad, inste	ead of chips	•
American cheese burger 729 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		oft drink* 7.20 lic drink* 8.73
Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories	s below).	
Double American burger 1137 kcal	soft drink*	alcoholic drink*

Just-a-burger Served on its own, without chips or a drink.

Double American cheese burger 1206 kcal

American-style cheese, red onion, gherkin, ketchup,

American burger (556) 366 kcal. Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger 🖊 ‱ 459 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise 4.51 NEW Spicy chicken strip burger **FFF** 350 kcal each Two southern-fried chicken strips, iceberg lettuce, Naga chilli mayo **Meat-free burgers** soft drink*

American-style mustard

Served with chips (602 kcal, included in Calories below).	8.88
Fried halloumi-style cheese burger	each
Breaded vegetable burger V 1038 kcal	alcoholic drink'
Lentils, carrot, onion, sweetcorn, mushroom, mozzarella,	10.41
mature Cheddar cheese	each
Beyond Burger™ @ 834 kcal. 🎧 BEYOND MEAT plant-based	patty

Additional toppings

Maple-cured bacon with Cheddar cheese 174 kcal		2.14	
Maple-cured bacon with American-style cheese 160 kcal		2.14	
Cheddar cheese V 83 kcal	1.52	Vegan cheeze slice 🥏 57 kcal	1.52
Maple-cured bacon 91 kcal	1.52	Crunchy chicken strip 卢 92 kcal	1.50
American-style cheese 💟	69 kcal		1.52

Chicken INCLUDES A DRINK

Char-grilled half chicken	
Chicken on the bone is marinated, slow cooked	
and finished on the char-grill.	
Lemon and herb / Char-grilled in a lemon & herb glaze	6.1.1.1.*
Coleslaw, garlic & herb dip Chases Spinning 1990 keel Shing 1172 keel Mashed natute 1177 keel	soft drink*
Choose: Spicy rice 1099 kcal; Chips 1173 kcal; Mashed potato 1177 kcal Side salad 978 kcal; Mediterranean salad 1089 kcal	12.01 each
Hot and spicy //// Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip	alcoholic drink*
Choose: Spicy rice 1069 kcal; Chips 1463 kcal; Mashed potato 1147 kcal	13.54 each
Side salad 948 kcal: Mediterranean salad 1058 kcal	Cucii
Char-grilled half chicken, mash and gravy 857 kcal	
Lemon & herb chicken, peas, chicken gravy	
Chicken baskets	
Chicken wing basket 🕬 Eight wings, coleslaw, Naga chilli dip	1
Choose: Spicy rice 1120 kcal; Chips 1515 kcal; Side salad 999 kcal	
Boneless basket 🕖	
Three southern-fried chicken strips, five chicken breast bites,	
coleslaw, BBQ sauce	
Choose: Spicy rice 849 kcal; Chips 1243 kcal; Side salad 720 kcal	
Chicken bites basket	soft drink*
Ten battered chicken breast pieces, coleslaw, sticky soy sauce	9.84 each
Choose: Spicy rice 😳 739 kcal; Chips 1133 kcal; Side salad 618 kcal	
Southern-fried chicken strips basket /	alcoholic drink*
Five chicken strips, coleslaw, Jack Daniel's [®] Tennessee Honey glaze Choose: Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal	11.37 each
Quorn [™] 'no chicken' nuggets basket // ♥	Cucii
Eight coated pieces, coleslaw, sweet chilli sauce	
Choose: Spicy rice 721 kcal; Chips 1115 kcal; Side salad 600 kcal	
•••••••••••••••••••••••••••••••••••••••	
Add: Chicken gravy (50 kcal) 94p	

Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below). Heatwave burger 👭

Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing Choose: Grilled chicken breast 1754 kcal: Fried buttermilk chicken 203 Ult

Choose: Grilled chicken breast 1754 kcal; Fried buttermilk chicken 20	39 kcal
Ultimate burger 1661 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin Tennessee burger	soft drink* 11.09 each
Maple-cured bacon, Jack Daniel's [®] Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1565 kcal Grilled chicken breast 1416 kcal; Fried buttermilk chicken 1702 kcal	alcoholic drink* 12.62 each
BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal; Grilled chicken breast 1 Fried buttermilk chicken 1780 kcal	495 kcal
Smoky jackfruit burger @ 1523 kcal BEYOND MEAT plant-based patty, BBQ jackfruit, vegan cheese alt Fiesta burger @ 1360 kcal BEYOND MEAT plant-based patty, salsa, guacamole, roasted peppe	
Triple American cheese & bacon burger 1479 kcal Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	soft drink* 12.54 holic drink* 14.07
Chicken burgers Served with a small portion of chips (329 kcal, included in the Calories below).	soft drink* 6.61
Crunchy chicken strip burger / 787 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	each alcoholic drink*

NEW Spicy chicken strip burger /// 778 kcal	8.14
Two southern-fried chicken strips, iceberg lettuce, Naga chilli mayo	each
Served with chips (602 kcal, included in Calories below).	soft drink*
Fried buttermilk chicken burger 1254 kcal	8.88
Breaded whole chicken breast fillet	each
Grilled chicken breast burger 969 kcal	alcoholic drink*
Skinny chicken burger 🕸 🗺 388 kcal	10.41
Grilled chicken breast with salad, instead of chips	each

Additional burger patties

nduitonui buiger putites	
3oz beef patty 169 kcal; Fried halloumi-style cheese V 446 kcal	l
Grilled chicken breast 187 kcal; Fried buttermilk chicken 473 k	cal
Breaded vegetable patty V 257 kcal	
🕞 BEYOND MEAT patty 🥏 184 kcal	each 1.97

Curries Includes a drink

Katsu curries With a mild Japanese-style katsu curry sauce coconut-flavour rice, sliced chillies and coriander.	ce,
Katsu chicken curry 826 kcal Sliced whole breaded chicken breast fillet Katsu grilled chicken curry ጭ 541 kcal Sliced grilled chicken breast Katsu Quorn™ nugget curry @ 685 kcal	soft drink* 9.90 each alcoholic drink* 11.43 each
Eight coated pieces	
Classic curries With basmati pilau rice, plain naan and poppadums. Mangalorean roasted cauliflower & spinach curry // @ @ 867 kcal Chicken tikka masala // 1190 kcal Chicken jalfrezi /// @ 935 kcal Beef Madras //// 1043 kcal	soft drink* 11.02 each alcoholic drink* 12.55 each
Change your plain naan to a garlic naan 💟 (add 58 kcal) 47p	
Simple curries With basmati pilau rice or chips. Simple Mangalorean roasted cauliflower & spinach curry // @ Choose: Basmati pilau rice (\$ 508 kcal; Chips 910 kcal	soft drink* 8.78
Simple chicken tikka masala /// Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal	each
Simple chicken jalfrezi FFF Choose: Basmati pilau rice 😵 575 kcal; Chips 977 kcal	10.31 each

Simple beef Madras Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal

On a fresh

Margherit Pepperon Ham and n **BBQ** chicke Mozzarella, BE Roasted v Mozzarella, m Vegan roa Mushroom, roa

BBQ jackf **###** 🔊 873 | sliced chillies, Spicy mea

Mozzarella, ha Addition

Red onion 🤕 1 Garlic & herb Chicken breast Pepperoni 🕖 109 kcal; Roasted vegetables 🥥 135 kcal

Smal

Fish and o Small fres Peas 680 kcal Small Whi Four scampi, c

Add: Two slice Chip shop-sty Small Wilt egg and ch One slice of Wi

Small all-d Sausage, bacor Small vege Two vegan sau

Mon – Fri, 2pm – 5pm Choose from the above <u>small p</u>

Pubo

Fish and o Freshly ba Peas 1239 kcal Whitby bre Eight scampi, c Add: Two slice: Chip shop-styl

Steak & ki Choose: Chips **Bangers** a Three Lincolns Vegetarian Three vegan sa Wiltshire c Two slices of W Sausages, Three Lincolns Vegan sau Three vegan sa Smoky veg Soya mince, red haricot beans, i All-day br Two sausages, Add: Two slice Vegetarian Three vegan sa

After

Mon - F

11" pizzas Includes A DRINK

ic drink 1.37 nk* 2
2
drink* 5
3.71 3.71
88p 1.15

l pub classics	LUDES A I soft drink	
chips shly battered cod and chips 🤣	9.01	10.54
or mushy peas 739 kcal i tby breaded scampi chips, peas 658 kcal or mushy peas 718 kcal.	9.01	10.54
es of bread ♥ (383 kcal) 1.34 rle curry sauce ∅ (118 kcal) 1.46		•••••
tshire cured ham, hips 📅 455 kcal	7.80	9.33
iltshire cured ham, fried egg day brunch 666 kcal m, fried egg, baked beans, chips	8.09	9.62
etarian all-day brunch 🔍 596 kcal Isages, fried egg, baked beans, chips	8.09	9.62
rnoon deal	soft drink*	alcoholic drink*

each **1.53**

7.27 8.80

Afternoon deal

Classics INCLUDES A D	RINK* •	alcoholic drink*
chips attered cod and chips 🤣	11.25	12.78
l or mushy peas 1298 kcal eaded scampi chips, peas 1195 kcal or mushy peas 1255 kca	11.25	12.78
es of bread 🔍 (383 kcal) 1.34 le curry sauce 🥝 (118 kcal) 1.46	• • • • • • • • • • • • • • • •	•••••
dney pudding Peas, onion & red wine gra 1223 kcal; Mashed potato 907 kcal	avy 9.49	11.02
In d mash 950 kcal shire sausages, peas, onion & red wine gravy	9.49	11.02
n bangers and mash V 667 kcal ausages, peas, onion & red wine gravy	9.49	11.02
cured ham, eggs and chips 856 kca Viltshire cured ham, two fried eggs	al 8.91	10.44
, chips and beans 1170 kcal shire sausages	8.91	10.44
i sages, chips and beans @ 887 kcal ausages	8.91	10.44
gan chilli /// @ 🧐 629 kcal d peppers, red kidney beans, black turtle beans	9.49	11.02
in a smoky chipotle tomato sauce. Rice, tortilla unch 1213 kcal , bacon, two fried eggs, baked beans, chips		12.43
s of black pudding (355 kcal) 1.51 n all-day brunch ♥ 1100 kcal ausages, two fried eggs, baked beans, chips	10.90	12.43
r noon deal ri, 2pm - 5pm n the above pub classic meals.	soft drink* 8.44	alcoholic drink* 9.97

Steaks and grills INCLUDES A DRINK

Prime beef steaks from the UK and Ireland, matured for 21 days then seasoned with a steak-seasoning blend.

•			
Classic 8oz sirloin steak Choose: Jacket potato 741 kcal Mashed potato 745 kcal; Chips 1061 kcal Mediterranean salad 657 kcal; Side salad 546 kcal	soft drink* 12.42	alcoholic drink* 13.95	
Gourmet 8oz sirloin steak			
With peas, tomato, mushroom, three onion rings and a steak sauce. Choose: Jacket potato 993 kcal Mashed potato 997 kcal; Chips 1314 kcal Mediterranean salad 909 kcal; Side salad 798 kcal	soft drink* 14.77	alcoholic drink* 16.30	
Add your choice of steak sauce: Creamy peppercorn sauce	• (7/, kcal)		
Jack Daniel's [®] Tennessee Honey glaze V (87 kcal) 1.82			
		••••••	
Below meals are served with peas, tomato and mushroom.	soft drink	* alcoholic drink*	
BBQ chicken melt	11.25	12.78	
Grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Jacket potato 💿 803 kcal; Mashed potato 807 kcal Chips 1123 kcal; Mediterranean salad 719 kcal; Side salad 608 kcal			
5oz gammon and egg9.9011.43Choose: Jacket potato 50 610 kcal; Mashed potato 614 kcalChips 930 kcal; Mediterranean salad 526 kcal; Side salad 556 kcal415 kcal			
10oz gammon and eggs Choose: Jacket potato 3819 kcal; Mashed potato 824 kr	13.07	14.60	
Chips 1140 kcal; Mediterranean salad 735 kcal; Side sala			
Mixed grill Gammon, pork loin, rump, lamb, sausage Choose: Jacket potato 1192 kcal; Mashed potato 1196 kca Chips 1513 kcal; Mediterranean salad 1108 kcal; Side sal		14.60	
Large mixed grill Gammon, pork loin, rump, lamb, two sausages, fried egg, six onion rings Choose: Jacket potato 1686 kcal; Mashed potato 1690 kc Chips 2006 kcal; Mediterranean salad 1602 kcal; Side sa		16.35	

Salads pastas and noodles

INCLUDES A DRINK •	

	soft drink* al	coholic drink*
Ramen noodle bowl / @ (236 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Grilled chicken breast (94 kcal) 1.15 Poached egg (63 kcal) 93p	10.03	11.56
Burrito salad bowl ♥ 657 kcal Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies Add: Fried buttermilk chicken (473 kcal) 1.97 Chicken breast (187 kcal) 1.97 Smoky vegan chilli 🎢 @ (248 kcal) 1.97	9.75	11.28
Grilled halloumi-style cheese & roasted vegetable salad V (1993) 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing	9.75	11.28
Chicken & maple-cured bacon salad Choose: Grilled chicken breast @ (567) 279 kcal Southern-fried chicken breast strips (567) 461 kcal	10.60	12.13
Mediterranean salad @ 334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing Add: Grilled halloumi-style cheese ① (396 kcal) 1.97 Tuna mayo (307 kcal) 1.06; Roasted vegetables @ (135 kcal) 1 Grilled chicken breast (187 kcal) 1.97	9.47 1.53	11.00
Pasta alfredo ♥ 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Grilled chicken breast (187 kcal) 1.97 Maple-cured bacon (91 kcal) 1.52	10.03	11.56
British beef & pancetta lasagne Choose: Side salad 780 kcal; Chips 1295 kcal	10.60	12.13

Adults need around 2000 kcal a day.§