wetherspoon hotels

In England, Ireland, Scotland and Wales

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ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
 Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot **Extremely hot** Vegetarian ØVegan 🤓 5% fat or less 👫 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

Served BREAKFAST 8am - 12 noon

Eggs Benedict 725 kcal

Mushroom Benedict V 629 kcal

Scrambled egg on toast V 570 kcal

Small beans on toast 🕥 🚳 🎆 251 kcal

Three eggs, buttered white bloomer toast

Hollandaise sauce, rocket

Hollandaise sauce, rocket

Hollandaise sauce, rocket

Buttered white bloomer toast

Fresh fruit ⊘ 🥵 ‱ 177 kcal

Add: Banana 🥥 (101 kcal) 62p Strawberries (14 kcal) 62p Blueberries ⊘ (17 kcal) 62p

Honey (91 kcal) 34p

Apple, banana, blueberries, strawberries Porridge V 🥯 👫 252 kcal (plain)

White bloomer bread

Miner's Benedict 939 kcal

Two poached eggs, on an English muffin, with Wiltshire cured ham,

Two poached eggs, on an English muffin, with mushroom,

Two poached eggs, on an English muffin, with black pudding,

Beans on toast 💟 🚳 566 kcal. Buttered white bloomer toast

Two slices of toast with jam or marmalade V 600 496 kcal

Large breakfast 1286 kcal Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast	7.43
Traditional breakfast 742 kcal Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast	5.75
Small breakfast (7777) 419 kcal Fried egg, bacon, sausage, baked beans, hash brown	5.19
Add: Two slices of black pudding (355 kcal) 1.51	
Large vegetarian breakfast ♥ 1206 kcal Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	7.43
Vegetarian breakfast ♥ 816 kcal Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	5.75
Small vegetarian breakfast ♥ 쮒 313 kcal Fried egg, Quorn sausage, baked beans, hash brown, tomato	5.19
Vegan breakfast @ 786 kcal Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	5.36
Freedom breakfast 545 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	5.19

Breakfast extras

Add any of the following:		
Two slices of black pudding 355 kcal	1.51	Four r
Sausage 168 kcal	1.05	Two s
Quorn [®] sausage @ 116 kcal	1.05	Fried
Baked beans @ 126 kcal	93p	Poach
Two rashers of back bacon 99 kcal	1.57	Hash

Four rashers of maple-cured bacon 91 kcal	1.5
Two scrambled eggs V 136 kcal	1.6
Fried egg 💟 56 kcal	93
Poached egg V 63 kcal	93
Hash brown Ø 82 kcal	46

93p Two mushrooms Ø 91 kcal 52 Two grilled tomato halves @ 16 kcal 53 52p 1.13 Slice of toast V 191 kcal

Breakfast butties and wraps

Bacon butty 525 kcal. Three rashers of bacon, buttered white bloomer bread 4.36 4.36 Sausage butty 713 kcal. Two sausages, buttered white bloomer bread Quorn[™] sausage butty ♥ 609 kcal 4.36 Two Quorn sausages, buttered white bloomer bread

rea	kfast	muffin	deal

Includes tea, coffee or hot chocolate. Free refills	
Egg & cheese muffin () (555) 249 kcal Fried egg, American-style cheese, in an English muffin	3.77
Egg & bacon muffin (555) 298 kcal Fried egg, bacon, American-style cheese, in an English muffin	4.23
Egg & sausage muffin (567) 417 kcal Fried egg, sausage, American-style cheese, in an English muffin	4.23
Egg & Quorn™ sausage muffin ♥ (‱) 364 kcal Fried egg, Quorn sausage, American-style cheese, in an English muffin	4.23
Breakfast muffin ())) 466 kcal Fried egg, sausage, bacon, American-style cheese, in an English muffin	4.47
Add: Hash brown @ (82 kcal) 46p	

Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml)

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude

drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com

^OOffer (excluding take away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on the telephone our website and our app. [§]Statement of daily calorie needs from the Department of Health & Social Care. ¹¹Excluding decaffeinated. ***Drinks exclude bottled wine, sparkling wine, Prosecco**,

cocktails, spritzes, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for

Breakfast wrap 739 kcal 4.93 Fried egg, bacon, sausage, hash brown, Cheddar cheese Vegetarian breakfast wrap V 835 kcal 4.93 Fried egg, two Quorn sausages, two hash browns, Cheddar cheese

-Tea, coffee and hot chocolate-

Flat white V 92 kcal



Decaffeinated tea and coffee available. Walkers shortbread V 151 kcal 71p Stem ginger biscuit 🕐 123 kcal 71p Belgian chocolate biscuit (V) 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

> for the facts drinkaware.co.uk ♀ jdwetherspoon.com $_{\supset}$

SIMNOGRILL **Z**

5.92

5.92

5.92

4.36

3.77

2.62

2.58

3.77

2.09

The name of this pub recalls the Central Congregational Chapel built on this site in c1901. By 1914, there were 60 such non-conformist chapels in Cardiff. These were chapels for those outside of the Church of England, dating from the 16th century. The Congregational Union was formed in 1832. The English Presbyterian Church was built in Windsor Place, in the 1860s, just a few doors from this Wetherspoon pub, and is now the United Reformed Church.

012345



46p



Main menu 11.30am - 11pm. Children's menu available.



8am - 12 noon	£5.75
Tea, coffee and hot chocolate Free refills [°]	£1.56
Burger me INCLUDES ADRI Featuring 3oz Americ soft drink* £6.61	INK •
	к
	NK* •

Breakfast

Traditional

breakfast

INCLUDES A DRINK* **Choose from over** 150 drinks

How to order from your table



Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.



FOOD HYGIENE RATING

Food hygiene rating We have been awarded

the maximum food hygiene rating of 5 in our pub.



100% UK and Irish beef Sourced from farms in the UK and Ireland. Traceable from farm



RSPCA

ASSURED

Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.

Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

LAVALLA





The Tetley tea we serve also comes from Rainforest Alliance-certified farms. Tetley is a member of

The freshly ground 100%

we serve is from Rainforest

Arabica Lavazza coffeet

Alliance-certified farms.

Coffee

Tea

the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.§

to fork.





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Small plates Any 3 for £17.75

8" nizzas on a freshly baked sourdough base

8" pizzas on a freshly baked sourdough base.	
Margherita V 555 470 kcal Mozzarella, basil	6.61
Pepperoni 📂 578 kcal Mozzarella, pepperoni	7.20
Ham and mushroom 505 kcal Mozzarella, ham, mushroom, rocket	7.20
BBQ chicken 558 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	7.20
Roasted vegetable V 515 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	7.20
Vegan roasted vegetable @ 3 (57) 353 kcal Mushroom, roasted pepper, courgette, onion, basil	7.20
Spicy meat feast //// 618 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.80
11" garlic pizza bread V 772 kcal	5.57
Nachos ♥♥♥ ♥ 592 kcal Cheese, guacamole, salsa, sour cream, sliced chillies	6.09
Bowl of chips @ 964 kcal	4.23
Bowl of chips with curry sauce 🥥 1082 kcal	5.86
Cheesy chips 🕐 1256 kcal	5.41
Loaded chips 1218 kcal Cheese, maple-cured bacon, sour cream	6.31
With any of the small plates below, choose one dip: Sweet chilli // @ 48 kcal Sticky soy @ 100 kcal	

Sticky soy 💟 100 kcal	
Naga chilli 🖉 🌮 🧑 136 kcal	
Jack Daniel's® Tennessee Honey glaze V 87 kcal	
Chipotle mayo 📂 🌮 💟 150 kcal	
Blue cheese 💟 270 kcal	
Halloumi-style fries 💟 🐻 396 kcal	5.19
Chicken bites (555) 298 kcal	6.31
Ten battered chicken breast pieces	
Southern-fried chicken strips 🖉 ‱ 459 kcal	6.31
Five chicken breast strips	
Chicken wings 💴 804 kcal	6.99
Ten spicy chicken wings	
Quorn [™] nuggets Ø 📅 331 kcal	6.03
Eight coated pieces	

Deli Deals[°] INCLUDES A DRINK

8" pizzas on a freshly baked sourdough base. Choose any 8" pizza from the small plates section. **Paninis**

Cheddar cheese and tomato V 532 kcal Wiltshire cured ham and Cheddar cheese 512 kcal

BBQ chicken, bacon and Cheddar cheese 572 kcal	each
Wraps	alcoholic drink*
wiaps	8.38 each

Quorn[™] nuggets Ø 534 kcal. Tomato, cucumber, salsa

Southern-fried chicken and smoky chipotle mayo **FFF** 639 kcal

Fried halloumi-style cheese and sweet chilli sauce **FF** V 738 kcal Tomato, cucumber

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Add:
Chips 🧭 (602 kcal)
Salad 🥥 (87 kcal)
Spicy rice 🥥 (208 kcal) 1.44 each
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Burgers INCLUDES A DRINK Beef burgers made from 100% British beef.

soft drink*

6.61

each

soft drink*

8.88

each

alcoholic drink*

8.14

each

soft drink* 7.20

alcoholic drink*

10.41

each

soft drink* 9.46

each **4.51**

2.14

2.14

1.52

1.52

1.52

1.50

each **1.97**

soft drink*

9.90

each

alaabalia drink

alcoholic drink* **10.99**

alcoholic drink* 8.73

Served with a small portion of chips (329 kcal, included in Calories below).

Beef burgers One 3oz beef patty.

Red onion, gherkin, ketchup, American-style mustard

Iceberg lettuce, tomato, red onion, with a side salad, instead of chips

American burger 695 kcal

Classic beef burger 676 kcal

Skinny beef burger (369 kcal

American cheese burger 729 kcal

Double American burger 1137 kcal

Double classic beef burger 1118 kcal

Iceberg lettuce, tomato, red onion

American-style mustard

Just-a-burger

American-style cheese, red onion, gherkin, ketchup,

Double beef burgers Two 3oz beef patties.

Red onion, gherkin, ketchup, American-style mustard

Double American cheese burger 1206 kcal

American-style cheese, red onion, gherkin, ketchup,

Served on its own, without chips or a drink.

Red onion, gherkin, ketchup, American-style mustard

Crunchy chicken strip burger / 59 kcal

Additional toppings and burger patties

Maple-cured bacon with Cheddar cheese 174 kcal

Maple-cured bacon with American-style cheese 160 kcal

Two southern-fried chicken strips, iceberg lettuce, mayonnaise

American burger (555) 366 kcal

Cheddar cheese 💙 83 kcal

Maple-cured bacon 91 kcal

3oz beef patty 169 kcal

Ka

Sli

Ka

soft drink*

6 85

American-style cheese V 69 kcal

Fried halloumi-style cheese V 446 kcal

Curries Includes A DRINK

coconut-flavour rice. sliced chillies and coriander

Crunchy chicken strip 🖉 92 kcal

Fried buttermilk chicken 473 kcal

BEYOND MEAT patty @ 184 kcal

Served with chips (602 kcal, included in Calories below).

Iceberg lettuce, tomato, red onion

American-style mustard

Gourmet burgers
dournetburgers

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1661 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee burger

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1565 kcal Fried buttermilk chicken 1702 kcal	soft drink* 11.09 each
BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal	alcoholic drink* 12.62 each
Fried buttermilk chicken 1780 kcal	

Fiesta burger ⊘ 1462 kcal

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, couraette, onion

Triple American cheese & bacon burger 1479 kcal soft drink* 12.54 Three 3oz beef patties, American-style cheese, alcoholic drink* 14.07 maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

Chicken burgers

Chicken burgers Served with a small portion of chips (329 kcal, included in the Calories below). Crunchy chicken strip burger / 787 kcal	soft drink* 6.61	alcoholic drink* 8.14
Two southern-fried chicken strips, iceberg lettuce, mayon	naise	
Served with chips (602 kcal, included in Calories below). Fried buttermilk chicken burger 1254 kcal Breaded whole chicken breast fillet	soft drink* 8.88	alcoholic drink* 10.41
Meat-free burgers Served with chips		
(602 kcal, included in Calories below). Beyond Burger™ @ 834 kcal Seyond MEAT plant-based patty	soft drink* 8.88 each	alcoholic drink* 10.41 each
Eriod balloumi-style choose burger	1120 kool	

Fried halloumi-style cheese burger **FF** 🛽 1128 kcal Sweet chilli sauce

Chicken INCLUDES A DRINK

Char-grilled half chicken Chicken on the bone is marinated, slow cooked and finished on the char-grill.

Lemon and herb 🖊 Char-grilled in a lemon & herb glaze	
Coleslaw, garlic & herb dip	soft drink*
Choose: Spicy rice 1099 kcal; Chips 1173 kcal; Side salad 978 kcal	12.01
Mediterranean salad 1089 kcal	each
Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze	alcoholic drink*
Coleslaw, Naga chilli dip	13.54
Choose: Spicy rice 1069 kcal; Chips 1463 kcal; Side salad 948 kcal	each
Mediterranean salad 1058 kcal	

Chicken baskets

Boneless basket 🖊 Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Spicy rice 849 kcal; Chips 1243 kcal; Side salad 720 kcal

Chicken bites basket	9.84
Ten battered chicken breast pieces, coleslaw, sticky soy sauce	each
Choose: Spicy rice 😳 739 kcal; Chips 1133 kcal; Side salad 618 kcal	alcoholic drink*
Southern-fried chicken strips basket 🖉	11.37 each

Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal

Quorn[™] 'no chicken' nuggets basket **//** ♥ Eight coated pieces, coleslaw, sweet chilli sauce Choose: Spicy rice 721 kcal; Chips 1115 kcal; Side salad 600 kcal

Salad

Chicken & Choose: Chicken breas Southern-frie

Mediterra Pearl barley, g red pepper, ch Add: Roasted

Pasta alfr Fusilli pasta, o sun-dried tom Add: Chicken Maple-cured

British be Choose: Side salad 780 Chips 1295 kcal

Smal

Fish and Small fres Peas 680 kcal

Small Whi Chips, peas 658 Four Whitby br

Add: Two slice Chip shop-sty Small Wilt

egg and cl One slice of W

Small all-Sausage, baco Small vege

Two Quorn sau

Pubc

Fish and Freshly ba

Peas 1239 kcal Whitby bre

soft drink*

each

Chips, peas 119 Eight Whitby br Add: Two slice:

Chip shop-styl Wiltshire of Two slices of V

Sausages, Three Lincolns

Vegan sau

Three Quorn sa Five-bean

All-day br Two sausages, Add: Two slice:

Vegetarian



atsu chicken curry 826 kcal
ced whole breaded chicken breast fillet
atsu grilled chicken curry 🚳 541 kcal
cad arillad chickan brazet

Katsu curries With a mild Japanese-style katsu curry sauce,

Sliced grilled chicken breast Katsu Quorn™ nugget curry @ 685 kcal Eight coated pieces	alcoholic drink* 11.43 each
Classic curries With basmati pilau rice.	
plain naan and poppadums.	soft drink*
Mangalorean roasted cauliflower & spinach curry 🏴 🖉 🚳 867 kcal	11.02 each
Chicken tikka masala 🌮 1190 kcal	alcoholic drink*
Chicken jalfrezi 💴 🖉 😵 935 kcal	12.55 each
Beef Madras 🖉 🎢 1043 kcal	Cacil

Change your plain naan to a garlic naan (V) (add 58 kcal) 47p

Jacket potatoes Includes A DRINK •

With salad and one filling. Extra fillings 1.22 each.	
Coleslaw 🔮 578 kcal	soft drink*
Cheese 👽 531 kcal	8.01 each
Baked beans Ø 🤓 501 kcal	alcoholic drink*
Five-bean chilli 🖊 🧭 🚳 🗺 431 kcal	9.54
Roasted vegetables 🥏 😵 뻀 402 kcal	each

-		
ds and	pastas	INCLUDES A DRINK •

	soft drink* al	coholic drink*
k maple-cured bacon salad	10.60	12.13
st 🚳 뻀 279 kcal ed chicken breast strips 뻀 461 kcal		
anean salad @ 58 555 334 kcal quinoa, butternut squash, wheat berries, herry tomatoes, pumpkin seeds, basil, dressing vegetables @ (135 kcal) 1.53	9.47	11.00
redo ♥ 618 kcal creamy pecorino & regato cheese sauce, spinach, nato, basil, rocket breast (187 kcal) 1.97 bacon (91 kcal) 1.52	10.03	11.56
eef & pancetta lasagne	10.60	12.13
10 kcal		

l pub classics	INCLUDES A DI	RINK 📢
chips	soft drink*	alcoholic drink*
shly battered cod and chips (or mushy peas 739 kcal	🥟 9.01	10.54
itby breaded scampi 58 kcal or mushy peas 718 kcal. readed scampi	9.01	10.54
es of bread 🔍 (383 kcal) 1.34 /le curry sauce 🧭 (118 kcal) 1.46		
tshire cured ham, hips ()) 455 kcal liltshire cured ham, fried egg	7.80	9.33
day brunch 666 kcal on, fried egg, baked beans, chips	8.09	9.62
l etarian all-day brunch ♥ 680 usages, fried egg, baked beans, chips	kcal 8.09	9.62
rnoon deal		

soft drink* alcoholic drink*

8.80

7.27

•

Afternoon deal Mon - Fri, 2pm - 5pm

classics Includes A D	RINK •	
	soft drink'	 alcoholic drink
chips		
a ttered cod and chips 🧭 I or mushy peas 1298 kcal	11.25	12.78
eaded scampi 95 kcal or mushy peas 1255 kcal. readed scampi	11.25	12.78
es of bread ♥ (383 kcal) 1.34 'le curry sauce ∅ (118 kcal) 1.46		
cured ham, eggs and chips 856 kca Wiltshire cured ham, two fried eggs	al 8.91	10.44
, chips and beans 1170 kcal shire sausages	8.91	10.44
isages, chips and beans @ 1013 kca ausages	al 8.91	10.44
chilli 🖊 @ 🥵 590 kcal. Rice, tortilla chips	9.49	11.02
unch 1213 kcal , bacon, two fried eggs, baked beans, chips :s of black pudding (355 kcal) 1.51	10.90	12.43
n all-day brunch 	10.90	12.43
r noon deal ri, 2pm - 5pm m the above pub classic meals.	soft drink* 8.44	alcoholic drink* 9.97

11" pizzas Includes A drink 📢		
On a freshly baked sourdough base. soft drin	k*	alcoholic drink*
		11.37
Pepperoni 🌮 1157 kcal. Mozzarella, pepperoni	• • • • • •	••••••
Ham and mushroom 1012 kcal Mozzarella, ham, mushroom, rocket	:	soft drink* 11.02
BBQ chicken 1103 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	alc	each
Roasted vegetable 💟 1029 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil		12.55 each
Vegan roasted vegetable @ 😨 705 kcal Mushroom, roasted pepper, courgette, onion, basil		
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket		13.71
Additional toppings	• • • • •	•••••
Red onion @ 10 kcal; Sliced chillies ######@ 3 kcal		
Mushroom @ 6 kcal		each 88p
Garlic & herb dip ⊘ 180 kcal; Mozzarella ♥ 150 kcal; Ham 71 kcal Chicken breast 94 kcal; Maple-cured bacon 91 kcal		each 1.15
·····	•••••	
Pepperoni 🌮 109 kcal; Roasted vegetables 🥏 135 kcal		each 1.53

Sides and extras

Bowl of chips 🥏 964 kcal (Add: Spicy seasoning 🥏 (8 kcal) 34p)				4.23
Small bowl of chips 🥝 🛛	12 kcal			2.48
Five chicken wings	402 kcal			3.34
Eight Whitby breaded sc	ampi 527 kcal			4.99
Peas 🥏 130 kcal				94p
Mushy peas V 248 kcal	Mushy peas 💟 248 kcal			
Side salad 🧑 87 kcal				2.29
Mediterranean side salad 🧭 198 kcal				3.22
Roasted vegetables 🧭 135 kcal			1.53	
Coleslaw 🔇 399 kcal			1.40	
Sliced chillies			88p	
Onion rings 🤕	Six 269 kcal	2.33	Twelve 538 kcal	3.50
Garlic pizza bread V	8 " 386 kcal	4.40	11 " 772 kcal	5.57
With cheese V	8 '' 461 kcal	4.98	11 " 922 kcal	6.44

Desserts

Vanilla ice cream (V) (1999) 338 kcal Two scoops, toffee sauce, Belgian chocolate sauce	1.82
Cookie crunch V (555) 365 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.82
Mini warm chocolate brownie V 🐻 435 kcal Belgian chocolate sauce, vanilla ice cream	2.98
Mini warm cookie dough sandwich 💟 (555) 435 kcal Salted caramel filling, toffee sauce, vanilla ice cream	2.98
Fresh fruit () 🚳 🗺 447 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	4.56
Warm chocolate fudge cake V 913 kcal. Vanilla ice cream	5.33
Warm chocolate brownie (V) 736 kcal Belgian chocolate sauce, vanilla ice cream	5.33
Warm cookie dough sandwich v 735 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.33
British Bramley apple crumble 🕐 830 kcal Vanilla ice cream	5.62
•••••••••••••••••••••••••••••••••••••••	• • • • • • • • • •

Add: Vanilla ice cream scoop 💟 (135 kcal) 94p; Toffee sauce 💟 (74 kcal) 42p Belgian chocolate sauce (V) (61 kcal) 42p; Banana (2) (101 kcal) 62p Strawberries (14 kcal) 62p; Blueberries (17 kcal) 62p

Adults need around 2000 kcal a day.§