## Sides and extras

| | | |
|---|---|---|
| **Bowl of chips** (Vg) 964 kcal (**Add: Spicy seasoning** (Vg) (8 kcal) 34p) | | 4.23 |
| **Small bowl of chips** (Vg) 602 kcal | | 2.48 |
| **Five chicken wings** (🌶🌶🌶) 402 kcal | | 3.34 |
| **Eight Whitby breaded scampi** 527 kcal | | 4.99 |
| **Grilled halloumi-style cheese** (V) 446 kcal | | 1.97 |
| **Peas** (Vg) 130 kcal | | 94p |
| **Mushy peas** (V) 248 kcal | | 94p |
| **Side salad** (Vg) 87 kcal | | 2.29 |
| **Mediterranean side salad** (Vg) 198 kcal | | 3.22 |
| **Roasted vegetables** (Vg) 135 kcal | | 1.53 |
| **Coleslaw** (V) 399 kcal | | 1.40 |
| **Sliced chillies** (🌶🌶🌶🌶🌶) (Vg) 3 kcal | | 88p |
| **Onion rings** (Vg) | **Six** 269 kcal 2.33 | **Twelve** 538 kcal 3.50 |
| **Garlic pizza bread** (V) | 8" 386 kcal 4.40 | 11" 772 kcal 5.57 |
| **With cheese** (V) | 8" 461 kcal 4.98 | 11" 922 kcal 6.44 |

## Desserts

**Vanilla ice cream** (V) (Under 500) 338 kcal — 1.82
Two scoops, toffee sauce, Belgian chocolate sauce

**Cookie crunch** (V) (Under 500) 365 kcal — 1.82
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce

**Mini warm chocolate brownie** (V) (Under 500) 435 kcal — 2.98
Belgian chocolate sauce, vanilla ice cream

**Mini warm cookie dough sandwich** (V) (Under 500) 435 kcal — 2.98
Salted caramel filling, toffee sauce, vanilla ice cream

**Fresh fruit** (V) (5%) (Under 500) 447 kcal — 4.56
Apple, banana, blueberries, strawberries, vanilla ice cream

**Warm chocolate fudge cake** (V) 913 kcal. Vanilla ice cream — 5.33

**Warm chocolate brownie** (V) 736 kcal — 5.33
Belgian chocolate sauce, vanilla ice cream

**Warm cookie dough sandwich** (V) 735 kcal — 5.33
Salted caramel filling, toffee sauce, vanilla ice cream

**British Bramley apple crumble** (V) 830 kcal — 5.62
Vanilla ice cream

**Add:**
**Vanilla ice cream scoop** (V) (135 kcal) **94p**
**Belgian chocolate sauce** (V) (61 kcal) **42p**
**Toffee sauce** (V) (74 kcal) **42p**
**Banana** (Vg) (101 kcal) **62p**
**Strawberries** (Vg) (14 kcal) **62p**
**Blueberries** (Vg) (17 kcal) **62p**

### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:
- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

### DIETARY SYMBOLS

🌶 = Very mild 🌶🌶 = Mild 🌶🌶🌶 = Medium hot 🌶🌶🌶🌶 = Very hot
🌶🌶🌶🌶🌶 = Extremely hot
(V) Vegetarian (Vg) Vegan (5%) 5% fat or less (Under 500) Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

**Adults need around 2000 kcal a day.§**

# BREAKFAST

Served 9am – 12 noon

**Large breakfast** 1286 kcal — 6.59
Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast

**Traditional breakfast** 742 kcal — 4.99
Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast

**Small breakfast** (Under 500) 419 kcal — 4.45
Fried egg, bacon, sausage, baked beans, hash brown

**Add: Two slices of black pudding** (355 kcal) **1.51**

**Large vegetarian breakfast** (V) 1206 kcal — 6.59
Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast

**Vegetarian breakfast** (V) 816 kcal — 4.99
Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast

**Small vegetarian breakfast** (V) (Under 500) 313 kcal — 4.45
Fried egg, Quorn sausage, baked beans, hash brown, tomato

**Vegan breakfast** (Vg) 786 kcal — 4.61
Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread

**Freedom breakfast** 545 kcal — 4.45
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato

**Eggs Benedict** 725 kcal — 5.14
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket

**Mushroom Benedict** (V) 629 kcal — 5.14
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket

**Miner's Benedict** 939 kcal — 5.14
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket

**Scrambled egg on toast** (V) 570 kcal — 3.77
Three eggs, buttered white bloomer toast

**Beans on toast** (V) (5%) 566 kcal. Buttered white bloomer toast — 3.66

**Small beans on toast** (V) (5%) (Under 500) 251 kcal — 2.62
Buttered white bloomer toast

**Two slices of toast with jam or marmalade** (V) (Under 500) 496 kcal — 2.47
White bloomer bread

**Fresh fruit** (Vg) (5%) (Under 500) 177 kcal — 3.66
Apple, banana, blueberries, strawberries

**Porridge** (V) (5%) (Under 500) 252 kcal (plain) — 2.09
**Add: Banana** (Vg) (101 kcal) **62p**
**Strawberries** (Vg) (14 kcal) **62p**
**Blueberries** (Vg) (17 kcal) **62p**
**Honey** (V) (91 kcal) **34p**

## Breakfast extras

**Add any of the following:**

**Two slices of black pudding** 355 kcal — 1.51
**Sausage** 168 kcal — 1.05
**Quorn™ sausage** (Vg) 116 kcal — 1.05
**Grilled halloumi-style cheese** (V) 396 kcal — 1.97
**Baked beans** (Vg) 126 kcal — 93p
**Two rashers of back bacon** 99 kcal — 1.57
**Four rashers of maple-cured bacon** 91 kcal — 1.52
**Two scrambled eggs** (V) 136 kcal — 1.63
**Fried egg** (V) 56 kcal — 93p
**Poached egg** (V) 63 kcal — 93p
**Hash brown** (Vg) 82 kcal — 46p
**Two mushrooms** (Vg) 91 kcal — 93p
**Two grilled tomato halves** (Vg) 16 kcal — 52p
**Slice of toast** (V) 191 kcal — 1.13

## Breakfast butties and wraps

**Bacon butty** 525 kcal. Three rashers of bacon, buttered white bloomer bread — 3.88

**Sausage butty** 713 kcal. Two sausages, buttered white bloomer bread — 3.88

**Quorn™ sausage butty** (V) 609 kcal — 3.88
Two Quorn sausages, buttered white bloomer bread

**Breakfast wrap** 739 kcal — 4.36
Fried egg, bacon, sausage, hash brown, Cheddar cheese

**Vegetarian breakfast wrap** (V) 835 kcal — 4.36
Fried egg, two Quorn sausages, two hash browns, Cheddar cheese

## Breakfast muffin deal

**Includes tea, coffee or hot chocolate. Free refills□**

**Egg & cheese muffin** (V) (Under 500) 249 kcal — 3.31
Fried egg, American-style cheese, in an English muffin

**Egg & bacon muffin** (Under 500) 298 kcal — 3.77
Fried egg, bacon, American-style cheese, in an English muffin

**Egg & sausage muffin** (Under 500) 417 kcal — 3.77
Fried egg, sausage, American-style cheese, in an English muffin

**Egg & Quorn™ sausage muffin** (V) (Under 500) 364 kcal — 3.77
Fried egg, Quorn sausage, American-style cheese, in an English muffin

**Breakfast muffin** (Under 500) 466 kcal — 4.01
Fried egg, sausage, bacon, American-style cheese, in an English muffin

**Add: Hash brown** (Vg) (82 kcal) **46p**

## Tea, coffee and hot chocolate

FREE REFILLS□
TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —
LAVAZZA TORINO, ITALIA, 1895 — 100% ARABICA BEANS
£1.56 each

**Flat white** (V) 92 kcal
**Cappuccino** (V) 102 kcal
**Latte** (V) 113 kcal
**Mocha** (V) 147 kcal
**Espresso** (Vg) 6 kcal
**Black coffee** (Vg) 6 kcal
**White coffee** (V) 24 kcal
(Oat milk available (Vg) 4 kcal)
**Hot chocolate** (V) 169 kcal
**Tea** Tetley
with semi-skimmed milk (V) 14 kcal
(Oat milk available (Vg) 4 kcal)
Decaffeinated tea and coffee available.

**Biscuits**
**Walkers shortbread** (V) 151 kcal **71p**
**Stem ginger biscuit** (V) 123 kcal **71p**
**Belgian chocolate biscuit** (V) 129 kcal **71p**
**Salted caramel brownie bar** (V) 316 kcal **1.64**

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com □Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on the telephone, our website and our app. §Statement of daily calorie needs from the Department of Health & Social Care. ††Excluding decaffeinated. ***Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spritzes, liqueurs, bombs, shots and any drink not listed on the drinks menu.** Mixers: exclude J2O and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

for the facts **drinkaware.co.uk**

jdwetherspoon.com

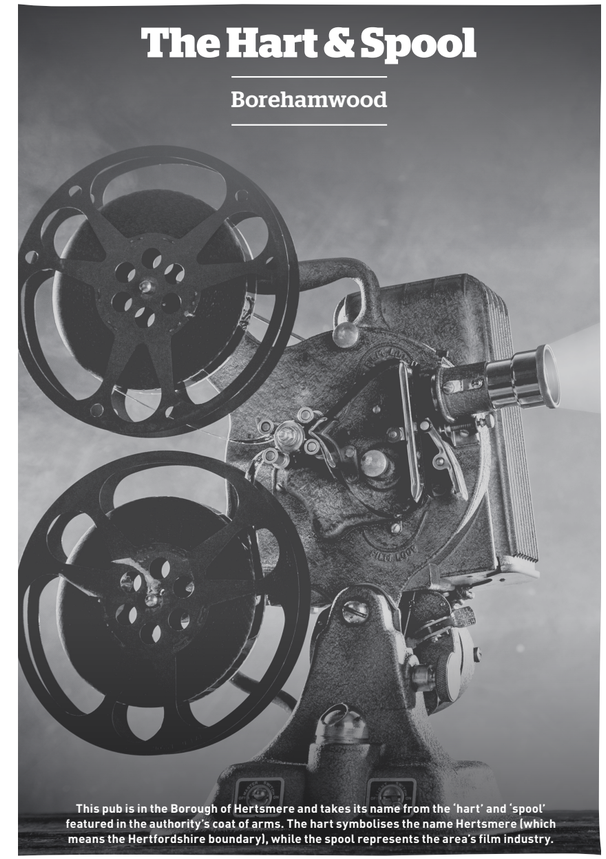
LTSIM

MENU_120

# FOOD

Main menu 11.30am – 11pm. Children's menu available.

**INCLUDES A DRINK***
**Choose from over 150 drinks**



This pub is in the Borough of Hertsmere and takes its name from the 'hart' and 'spool' featured in the authority's coat of arms. The hart symbolises the name Hertsmere (which means the Hertfordshire boundary), while the spool represents the area's film industry.

**Breakfast** 9am – 12 noon — Traditional breakfast **£4.99**

**Tea, coffee and hot chocolate Free refills□** — **£1.56** each

## Burger meals
INCLUDES A DRINK*
Featuring 3oz American burger
soft drink* **£5.44** | alcoholic drink* **£6.97**

## Afternoon deals
INCLUDES A DRINK*
Mon – Fri, 2pm – 5pm
Featuring small freshly battered fish and chips
soft drink* **£6.09** | alcoholic drink* **£7.62**

## Steak Club®
INCLUDES A DRINK*
Tuesday 11.30am – 11pm
Featuring classic 8oz sirloin
soft drink* **£9.67** | alcoholic drink* **£11.20**

## Curry Club®
INCLUDES A DRINK*
Thursday 11.30am – 11pm
Featuring the katsu curry range
soft drink* **£7.91** | alcoholic drink* **£9.44**

## How to order from your table

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

FOOD HYGIENE RATING 0 1 2 3 4 5 VERY GOOD

**Food hygiene rating**
We have been awarded the maximum food hygiene rating of 5 in our pub.

CERTIFIED SUSTAINABLE SEAFOOD MSC www.msc.org

**Sustainable fish**
The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.

LAVAZZA TORINO, ITALIA, 1895 — 100% ARABICA BEANS — RAINFOREST ALLIANCE PEOPLE & NATURE

**Coffee**
The freshly ground 100% Arabica Lavazza coffee†† we serve is from Rainforest Alliance-certified farms.

**Tea**
The Tetley tea we serve also comes from Rainforest Alliance-certified farms.

Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

100% UK AND IRISH BEEF

**100% UK and Irish beef**
Sourced from farms in the UK and Ireland. Traceable from farm to fork.

RSPCA ASSURED CERTIFICATION MARK

**Free-range eggs**
100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.§

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The spoken menu app for the visually impaired

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# Small plates | Any 3 for £14.93

**8" pizzas on a freshly baked sourdough base.**

**Margherita** (V) (Under 500) 470 kcal — **5.91**
Mozzarella, basil

**Pepperoni** 578 kcal — **6.51**
Mozzarella, pepperoni

**Ham and mushroom** 505 kcal — **6.51**
Mozzarella, ham, mushroom, rocket

**BBQ chicken** 558 kcal — **6.51**
Mozzarella, BBQ sauce, chicken breast, red onion, rocket

**Roasted vegetable** (V) 515 kcal — **6.51**
Mozzarella, mushroom, roasted pepper, courgette, onion, basil

**Vegan roasted vegetable** (Vg) (S%) (Under 500) 353 kcal — **6.51**
Mushroom, roasted pepper, courgette, onion, basil

**BBQ jackfruit and vegan cheeze** (Vg) (S%) (Under 500) 437 kcal — **7.09**
BBQ jackfruit, vegan cheese alternative, sliced chillies, red onion, rocket

**Spicy meat feast** 618 kcal — **7.09**
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket

**11" garlic pizza bread** (V) 772 kcal — **5.57**

**Bao buns** Traditional Asian steamed buns — **5.19**
Choose:
**Spicy crunchy chicken** 624 kcal. Spicy mayo, red onion, sliced chillies, coriander
**BBQ jackfruit** (Vg) (S%) (Under 500) 416 kcal. Red onion, sliced chillies, coriander

**Nachos** (V) 592 kcal — **5.81**
Cheese, guacamole, salsa, sour cream, sliced chillies

**Bowl of chips** (Vg) 964 kcal — **4.23**

**Bowl of chips with curry sauce** (Vg) 1082 kcal — **5.58**

**Cheesy chips** (V) 1256 kcal — **5.36**

**Loaded chips** 1218 kcal — **6.03**
Cheese, maple-cured bacon, sour cream

**With any of the small plates below, choose one dip:**
**Sweet chilli** (Vg) 48 kcal
**Sticky soy** (V) 100 kcal
**Naga chilli** (Vg) 136 kcal
**Jack Daniel's® Tennessee Honey glaze** (V) 87 kcal
**Chipotle mayo** (V) 150 kcal
**Blue cheese** (V) 270 kcal

**Halloumi-style fries** (V) (Under 500) 396 kcal — **4.96**

**Chicken bites** (Under 500) 298 kcal — **6.09**
Ten battered chicken breast pieces

**Southern-fried chicken strips** (Under 500) 459 kcal — **6.09**
Five chicken breast strips

**Chicken wings** 804 kcal — **6.26**
Ten spicy chicken wings

**Quorn™ nuggets** (Vg) (Under 500) 331 kcal — **5.19**
Eight coated pieces

# Deli Deals® INCLUDES A DRINK*

**8" pizzas on a freshly baked sourdough base.**
**Choose any 8" pizza from the small plates section.**

## Paninis

**Cheddar cheese and tomato** (V) 532 kcal

**Wiltshire cured ham and Cheddar cheese** 512 kcal

**BBQ chicken, bacon and Cheddar cheese** 572 kcal

**BBQ jackfruit and vegan cheeze** (Vg) 516 kcal
BBQ jackfruit, vegan cheese alternative

soft drink* **5.70** each | alcoholic drink* **7.23** each

## Wraps

**Shawarma chicken** 749 kcal
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

**Quorn™ nuggets** (Vg) 534 kcal. Tomato, cucumber, salsa

**Southern-fried chicken and smoky chipotle mayo** 639 kcal

**Fried halloumi-style cheese and sweet chilli sauce** (V) 738 kcal
Tomato, cucumber

**Add: Chips** (Vg) (602 kcal); **Salad** (Vg) (87 kcal); **Spicy rice** (Vg) (208 kcal) **1.44** each

# Burgers INCLUDES A DRINK* | Beef burgers made from 100% British beef.

## Beef burgers
**One 3oz beef patty.**
**Served with a small portion of chips (329 kcal, included in Calories below).**

**American burger** 695 kcal
Red onion, gherkin, ketchup, American-style mustard

**Classic beef burger** 676 kcal
Iceberg lettuce, tomato, red onion

**Skinny beef burger** (Under 500) 369 kcal
Iceberg lettuce, tomato, red onion, with a side salad, instead of chips

soft drink* **5.44** each | alcoholic drink* **6.97** each

**American cheese burger** 729 kcal — soft drink* **6.04**, alcoholic drink* **7.57**
American-style cheese, red onion, gherkin, ketchup, American-style mustard

## Double beef burgers
**Two 3oz beef patties.**
**Served with chips (602 kcal, included in Calories below).**

**Double American burger** 1137 kcal
Red onion, gherkin, ketchup, American-style mustard

**Double classic beef burger** 1118 kcal
Iceberg lettuce, tomato, red onion

soft drink* **7.73** each | alcoholic drink* **9.26** each

**Double American cheese burger** 1206 kcal — soft drink* **8.30**, alcoholic drink* **9.83**
American-style cheese, red onion, gherkin, ketchup, American-style mustard

## Just-a-burger
**Served on its own, without chips or a drink.** — each **3.36**

**American burger** (Under 500) 366 kcal
Red onion, gherkin, ketchup, American-style mustard

**Crunchy chicken strip burger** (Under 500) 459 kcal
Two southern-fried chicken strips, iceberg lettuce, mayonnaise

## Additional toppings and burger patties

**Maple-cured bacon with Cheddar cheese** 174 kcal — **2.14**
**Maple-cured bacon with American-style cheese** 160 kcal — **2.14**
**Cheddar cheese** (V) 83 kcal — **1.52**
**American-style cheese** (V) 69 kcal — **1.52**
**Maple-cured bacon** 91 kcal — **1.52**
**Crunchy chicken strip** 92 kcal — **1.50**

**3oz beef patty** 169 kcal
**Fried halloumi-style cheese** (V) 446 kcal
**Grilled chicken breast** 187 kcal
**Fried buttermilk chicken** 473 kcal
BEYOND MEAT **patty** (Vg) 184 kcal
— each **1.97**

## Gourmet burgers
**Served with chips, six onion rings (871 kcal, included in Calories below).**

**Ultimate burger** 1661 kcal
Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

**Tennessee burger**
Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze
**Choose: Beef** (two 3oz beef patties) 1565 kcal
**Grilled chicken breast** 1416 kcal; **Fried buttermilk chicken** 1702 kcal

**BBQ burger** Maple-cured bacon, Cheddar cheese, BBQ sauce
**Choose: Beef** (two 3oz beef patties) 1644 kcal
**Grilled chicken breast** 1495 kcal; **Fried buttermilk chicken** 1780 kcal

soft drink* **9.93** each | alcoholic drink* **11.46** each

**Smoky jackfruit burger** (Vg) 1523 kcal
BEYOND MEAT plant-based patty, BBQ jackfruit, vegan cheese alternative

**Fiesta burger** (Vg) 1462 kcal
BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

**Triple American cheese & bacon burger** 1479 kcal — soft drink* **11.38**, alcoholic drink* **12.91**
Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

## Chicken burgers
**Served with a small portion of chips (329 kcal, included in the Calories below).**

**Crunchy chicken strip burger** 787 kcal — soft drink* **5.44**, alcoholic drink* **6.97**
Two southern-fried chicken strips, iceberg lettuce, mayonnaise

**Served with chips (602 kcal, included in Calories below).**

**Fried buttermilk chicken burger** 1254 kcal
Breaded whole chicken breast fillet

**Grilled chicken breast burger** 969 kcal

**Skinny chicken burger** (S%) (Under 500) 388 kcal
Grilled chicken breast with salad, instead of chips

soft drink* **7.73** each | alcoholic drink* **9.26** each

## Meat-free burgers
**Served with chips (602 kcal, included in Calories below).**

**Fried halloumi-style cheese burger** (V) 1128 kcal
Sweet chilli sauce

**Beyond Burger™** (Vg) 834 kcal
BEYOND MEAT plant-based patty

soft drink* **7.73** each | alcoholic drink* **9.26** each

# Curries INCLUDES A DRINK*

**Katsu curries** **With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.**

**Katsu chicken curry** 826 kcal
Sliced whole breaded chicken breast fillet

**Katsu grilled chicken curry** (S%) 541 kcal
Sliced grilled chicken breast

**Katsu Quorn™ nugget curry** (Vg) 685 kcal
Eight coated pieces

soft drink* **8.73** each | alcoholic drink* **10.26** each

**Classic curries** **With basmati pilau rice, plain naan and poppadums.**

**Mangalorean roasted cauliflower & spinach curry** (Vg) (S%) 867 kcal

**Chicken tikka masala** 1190 kcal

**Chicken jalfrezi** (S%) 935 kcal

**Beef Madras** 1043 kcal

soft drink* **9.84** each | alcoholic drink* **11.37** each

**Change your plain naan to a garlic naan** (V) (add 58 kcal) **47p**

# Jacket potatoes INCLUDES A DRINK*

**With salad and one filling. Extra fillings 1.22 each.**

**Coleslaw** (V) 578 kcal

**Cheese** (V) 531 kcal

**Baked beans** (Vg) (S%) 501 kcal

**Five-bean chilli** (Vg) (S%) (Under 500) 431 kcal

**Roasted vegetables** (Vg) (S%) (Under 500) 402 kcal

soft drink* **6.85** each | alcoholic drink* **8.38** each

# Chicken INCLUDES A DRINK*

## Char-grilled half chicken
**Chicken on the bone is marinated, slow cooked and finished on the char-grill.**

**Lemon and herb** **Char-grilled in a lemon & herb glaze**
Coleslaw, garlic & herb dip
**Choose: Spicy rice** 1099 kcal; **Chips** 1173 kcal; **Side salad** 978 kcal
**Mediterranean salad** 1089 kcal

**Hot and spicy** **Char-grilled in a Naga chilli & citrus glaze**
Coleslaw, Naga chilli dip
**Choose: Spicy rice** 1069 kcal; **Chips** 1463 kcal; **Side salad** 948 kcal
**Mediterranean salad** 1058 kcal

soft drink* **10.83** each | alcoholic drink* **12.36** each

## Chicken baskets

**Boneless basket**
Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce
**Choose: Spicy rice** 849 kcal; **Chips** 1243 kcal; **Side salad** 720 kcal

**Chicken bites basket**
Ten battered chicken breast pieces, coleslaw, sticky soy sauce
**Choose: Spicy rice** (S%) 739 kcal; **Chips** 1133 kcal; **Side salad** 618 kcal

**Southern-fried chicken strips basket**
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze
**Choose: Spicy rice** 888 kcal; **Chips** 1282 kcal; **Side salad** 767 kcal

**Quorn™ 'no chicken' nuggets basket** (V)
Eight coated pieces, coleslaw, sweet chilli sauce
**Choose: Spicy rice** 721 kcal; **Chips** 1115 kcal; **Side salad** 600 kcal

soft drink* **8.68** each | alcoholic drink* **10.21** each

# Salads, pastas and noodles
INCLUDES A DRINK*

| | soft drink* | alcoholic drink* |
|---|---|---|
| **Ramen noodle bowl** (Vg) (S%) (Under 500) 236 kcal<br>Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth<br>**Add: Grilled chicken breast** (94 kcal) **1.15**<br>**Poached egg** (V) (63 kcal) **93p** | **8.90** | **10.43** |
| **Chicken & maple-cured bacon salad**<br>**Choose: Grilled chicken breast** (S%) (Under 500) 279 kcal<br>**Southern-fried chicken breast strips** (Under 500) 461 kcal | **9.47** | **11.00** |
| **Mediterranean salad** (Vg) (S%) (Under 500) 334 kcal<br>Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing<br>**Add: Grilled halloumi-style cheese** (V) (396 kcal) **1.97**<br>**Roasted vegetables** (Vg) (135 kcal) **1.53**<br>**Grilled chicken breast** (187 kcal) **1.97** | **8.35** | **9.88** |
| **Pasta alfredo** (V) 618 kcal<br>Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket<br>**Add: Grilled chicken breast** (187 kcal) **1.97**<br>**Maple-cured bacon** (91 kcal) **1.52** | **8.90** | **10.43** |
| **British beef & pancetta lasagne**<br>**Choose: Side salad** 780 kcal; **Chips** 1295 kcal | **9.47** | **11.00** |

# Small pub classics INCLUDES A DRINK*

## Fish and chips

| | soft drink* | alcoholic drink* |
|---|---|---|
| **Small freshly battered cod and chips**<br>Peas 680 kcal or mushy peas 739 kcal | **7.84** | **9.37** |
| **Small Whitby breaded scampi**<br>Four scampi, chips, peas 658 kcal or mushy peas 718 kcal | **7.84** | **9.37** |

**Add: Two slices of bread** (V) (383 kcal) **1.34**
**Chip shop-style curry sauce** (Vg) (118 kcal) **1.46**

| | | |
|---|---|---|
| **Small Wiltshire cured ham, egg and chips** (Under 500) 455 kcal<br>One slice of Wiltshire cured ham, fried egg | **6.61** | **8.14** |
| **Small all-day brunch** 666 kcal<br>Sausage, bacon, fried egg, baked beans, chips | **6.91** | **8.44** |
| **Small vegetarian all-day brunch** (V) 680 kcal<br>Two Quorn sausages, fried egg, baked beans, chips | **6.91** | **8.44** |

## Afternoon deal
**Mon - Fri, 2pm - 5pm**
**Choose from the above small pub classic meals.**
soft drink* **6.09** | alcoholic drink* **7.62**

# Pub classics INCLUDES A DRINK*

## Fish and chips

| | soft drink* | alcoholic drink* |
|---|---|---|
| **Freshly battered cod and chips**<br>Peas 1239 kcal or mushy peas 1298 kcal | **10.08** | **11.61** |
| **Whitby breaded scampi**<br>Eight scampi chips, peas 1195 kcal or mushy peas 1255 kcal. | **10.08** | **11.61** |

**Add: Two slices of bread** (V) (383 kcal) **1.34**
**Chip shop-style curry sauce** (Vg) (118 kcal) **1.46**

| | | |
|---|---|---|
| **Steak & kidney pudding** 1223 kcal<br>Chips, peas, onion & red wine gravy | **8.32** | **9.85** |
| **Wiltshire cured ham, eggs and chips** 856 kcal<br>Two slices of Wiltshire cured ham, two fried eggs | **7.73** | **9.26** |
| **Sausages, chips and beans** 1170 kcal<br>Three Lincolnshire sausages | **7.73** | **9.26** |
| **Vegan sausages, chips and beans** (Vg) 1013 kcal<br>Three Quorn sausages | **7.73** | **9.26** |
| **Five-bean chilli** (Vg) (S%) 590 kcal. Rice, tortilla chips | **8.32** | **9.85** |
| **All-day brunch** 1213 kcal<br>Two sausages, bacon, two fried eggs, baked beans, chips<br>**Add: Two slices of black pudding** (355 kcal) **1.51** | **9.72** | **11.25** |
| **Vegetarian all-day brunch** (V) 1126 kcal<br>Three Quorn sausages, two fried eggs, baked beans, chips | **9.72** | **11.25** |

## Afternoon deal
**Mon - Fri, 2pm - 5pm**
**Choose from the above pub classic meals.**
soft drink* **7.27** | alcoholic drink* **8.80**

# 11" pizzas INCLUDES A DRINK*

**On a freshly baked sourdough base.**

| | soft drink* | alcoholic drink* |
|---|---|---|
| **Margherita** (V) 939 kcal. Mozzarella, basil | **8.68** | **10.21** |

**Pepperoni** 1157 kcal. Mozzarella, pepperoni

**Ham and mushroom** 1012 kcal
Mozzarella, ham, mushroom, rocket

**BBQ chicken** 1103 kcal
Mozzarella, BBQ sauce, chicken breast, red onion, rocket

**Roasted vegetable** (V) 1029 kcal
Mozzarella, mushroom, roasted pepper, courgette, onion, basil

soft drink* **9.84** each | alcoholic drink* **11.37** each

**Vegan roasted vegetable** (Vg) (S%) 705 kcal
Mushroom, roasted pepper, courgette, onion, basil

| | | |
|---|---|---|
| **BBQ jackfruit and vegan cheeze** (Vg) (S%) 873 kcal. BBQ jackfruit, vegan cheese alternative, sliced chillies, red onion, rocket | **11.02** | **12.55** |
| **Spicy meat feast** 1220 kcal<br>Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket | **11.02** | **12.55** |

## Additional toppings

**Red onion** (Vg) 10 kcal
**Sliced chillies** (Vg) 3 kcal
**Mushroom** (Vg) 6 kcal — each **88p**

**Garlic & herb dip** (Vg) 180 kcal
**Mozzarella** (V) 150 kcal
**Ham** 71 kcal
**Chicken breast** 94 kcal
**Maple-cured bacon** 91 kcal — each **1.15**

**Pepperoni** 109 kcal
**Roasted vegetables** (Vg) 135 kcal — each **1.53**

# Steaks and grills INCLUDES A DRINK*

**Prime beef steaks from the UK and Ireland, matured for 21 days then seasoned with a steak-seasoning blend.**

**Classic 8oz sirloin steak**
**Choose:**
**Jacket potato** 741 kcal; **Chips** 1061 kcal
**Mediterranean salad** 657 kcal; **Side salad** 546 kcal

soft drink* **11.25** | alcoholic drink* **12.78**

**Gourmet 8oz sirloin steak**
**With peas, tomato, mushroom, three onion rings and a steak sauce.**
**Choose:**
**Jacket potato** 993 kcal; **Chips** 1314 kcal
**Mediterranean salad** 909 kcal; **Side salad** 798 kcal

soft drink* **13.59** | alcoholic drink* **15.12**

Add your choice of steak sauce:
**Creamy peppercorn sauce** (74 kcal)
**Jack Daniel's® Tennessee Honey glaze** (V) (87 kcal) **1.82** each

**Below meals are served with peas, tomato and mushroom.**

| | soft drink* | alcoholic drink* |
|---|---|---|
| **BBQ chicken melt**<br>Grilled chicken, Cheddar cheese, bacon, BBQ sauce<br>**Choose:**<br>**Jacket potato** (S%) 803 kcal; **Chips** 1123 kcal<br>**Mediterranean salad** 719 kcal; **Side salad** 608 kcal | **10.08** | **11.61** |
| **Mixed grill**<br>Gammon, pork loin, rump, lamb, sausage<br>**Choose:**<br>**Jacket potato** 1192 kcal; **Chips** 1513 kcal<br>**Mediterranean salad** 1108 kcal; **Side salad** 997 kcal | **11.89** | **13.42** |
| **Large mixed grill**<br>Gammon, pork loin, rump, lamb, two sausages, fried egg, six onion rings<br>**Choose:**<br>**Jacket potato** 1686 kcal; **Chips** 2006 kcal<br>**Mediterranean salad** 1602 kcal; **Side salad** 1491 kcal | **13.65** | **15.18** |

**Adults need around 2000 kcal a day.§**

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