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The Saxon Crown (Corby, England)



Keavan's Port Hotel (Dublin, Ireland)



The Golden Acorn (Glenrothes, Scotland)



The Kings Head Hotel (Monmouth, Wales)

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

🔥 = Very mild 🔥🔥 = Mild 🔥🔥🔥 = Medium hot 🔥🔥🔥🔥 = Very hot

🔥🔥🔥🔥🔥 = Extremely hot

🌱 Vegetarian 🌿 Vegan 🔥 5% 5% fat or less 🔥 500 Dish under 500 Calories

🐟 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.*

BREAKFAST

Served 8am – 12 noon

Large breakfast 1286 kcal 7.99
Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast

Traditional breakfast 742 kcal 6.40
Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast

Small breakfast 🔥 419 kcal 5.56
Fried egg, bacon, sausage, baked beans, hash brown

Add: Two slices of black pudding (355 kcal) 1.51

Large vegetarian breakfast 🌱 1206 kcal 7.99
Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast

Vegetarian breakfast 🌱 816 kcal 6.40
Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast

Small vegetarian breakfast 🌱 🔥 313 kcal 5.56
Fried egg, Quorn sausage, baked beans, hash brown, tomato

Vegan breakfast 🌿 786 kcal 6.03
Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread

Freedom breakfast 545 kcal 5.56
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato

Breakfast extras

Add any of the following:

Two slices of black pudding 355 kcal 1.51

Sausage 168 kcal 1.05

Quorn™ sausage 🌱 116 kcal 1.05

Baked beans 🌱 126 kcal 93p

Two rashers of back bacon 99 kcal 1.57

Four rashers of maple-cured bacon 91 kcal 1.52

Two scrambled eggs 🌱 136 kcal 1.63

Fried egg 🌱 56 kcal 93p

Poached egg 🌱 63 kcal 93p

Hash brown 🌱 82 kcal 46p

Eggs Benedict 725 kcal 6.59

Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket

Mushroom Benedict 🌱 629 kcal 6.59
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket

Miner's Benedict 939 kcal 6.59
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket

Scrambled egg on toast 🌱 570 kcal 5.13
Three eggs, buttered white bloomer toast

Beans on toast 🌱 🔥 566 kcal. Buttered white bloomer toast 4.05

Small beans on toast 🌱 🔥 251 kcal 2.97
Buttered white bloomer toast

Two slices of toast with jam or marmalade 🌱 🔥 496 kcal 2.90
White bloomer bread

Fresh fruit 🌱 🔥 177 kcal 4.05
Apple, banana, blueberries, strawberries

Porridge 🌱 🔥 252 kcal (plain) 2.48

Add: Banana 🌱 (101 kcal) 62p

Strawberries 🌱 (14 kcal) 62p

Blueberries 🌱 (17 kcal) 62p

Honey 🌱 (91 kcal) 34p

Breakfast butties and wraps

Bacon butty 525 kcal. Three rashers of bacon, buttered white bloomer bread 4.59

Sausage butty 713 kcal. Two sausages, buttered white bloomer bread 4.59

Quorn™ sausage butty 🌱 609 kcal 4.59
Two Quorn sausages, buttered white bloomer bread

Breakfast wrap 739 kcal 5.67
Fried egg, bacon, sausage, hash brown, Cheddar cheese

Vegetarian breakfast wrap 🌱 835 kcal 5.67
Fried egg, two Quorn sausages, two hash browns, Cheddar cheese

Tea, coffee and hot chocolate

FREE REFILLS*
TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —



£1.56 each

Biscuits

Walkers shortbread 🌱 151 kcal 71p

Stem ginger biscuit 🌱 123 kcal 71p

Belgian chocolate biscuit 🌱 129 kcal 71p

Salted caramel brownie bar 🌱 316 kcal 1.64

Flat white 🌱 92 kcal

Cappuccino 🌱 102 kcal

Latte 🌱 113 kcal

Mocha 🌱 147 kcal

Espresso 🌱 6 kcal

Black coffee 🌱 6 kcal

White coffee 🌱 24 kcal

(Oat milk available 🌱 4 kcal)

Hot chocolate 🌱 169 kcal

Tea Tetley

with semi-skimmed milk 🌱 14 kcal

(Oat milk available 🌱 4 kcal)

Decaffeinated tea and coffee available.

for the facts
drinkaware.co.uk

jdwetherspoon.com

LTSIMNOGRILL

MENU 1106

Main menu 11.30am – 11pm. Children's menu available.

The Metropolitan Bar

Marylebone

This pub is named after the Metropolitan Railway – the world's first urban underground railway which passes under Marylebone Road. The company's house style was developed later, mainly by its own architect, Charles W Clark. His grandest scheme was for the reconstruction of Baker Street which included a new company headquarters and Chiltern Court, a huge block of flats above the station. The work was begun in 1911, yet was not completed until the late 1920s.



Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.



Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



Coffee

The freshly ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.

Tea

The Tetley tea we serve also comes from Rainforest Alliance-certified farms.

Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

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HOTELS

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The spoken menu app for the visually impaired





Small plates | Any 3 for £18.09

8" pizzas on a freshly baked sourdough base.

Margherita  <small>UNDER 500</small> 470 kcal Mozzarella, basil	6.64
Pepperoni   578 kcal Mozzarella, pepperoni	7.18
Ham and mushroom 505 kcal Mozzarella, ham, mushroom, rocket	7.18
BBQ chicken 558 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	7.18
Roasted vegetable  515 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	7.18
Vegan roasted vegetable   <small>5%</small> <small>UNDER 500</small> 353 kcal Mushroom, roasted pepper, courgette, onion, basil	7.18
BBQ jackfruit and vegan cheese     <small>5%</small> <small>UNDER 500</small> 437 kcal BBQ jackfruit, vegan cheese alternative, sliced chillies, red onion, rocket	7.73
Spicy meat feast    618 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.73
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11" garlic pizza bread  772 kcal	5.67
Bao buns Traditional Asian steamed buns Choose:	6.13
Spicy crunchy chicken    624 kcal. Spicy mayo, red onion, sliced chillies, coriander	
BBQ jackfruit  <small>5%</small> <small>UNDER 500</small> 416 kcal. Red onion, sliced chillies, coriander	
Nachos     592 kcal Cheese, guacamole, salsa, sour cream, sliced chillies	6.40
Bowl of chips  964 kcal	4.72
Bowl of chips with curry sauce  1082 kcal	6.13
Cheesy chips  1256 kcal	5.92
Loaded chips 1218 kcal Cheese, maple-cured bacon, sour cream	6.66

With any of the small plates below, choose one dip:

Sweet chilli   48 kcal
Sticky soy  100 kcal
Naga chilli     136 kcal
Jack Daniel's® Tennessee Honey glaze  87 kcal
Chipotle mayo     150 kcal
Blue cheese  270 kcal












Halloumi-style fries  <small>UNDER 500</small> 396 kcal	6.28
Chicken bites <small>UNDER 500</small> 298 kcal Ten battered chicken breast pieces	6.55
Southern-fried chicken strips  <small>UNDER 500</small> 459 kcal Five chicken breast strips	6.50
Chicken wings    804 kcal Ten spicy chicken wings	7.23
Quorn™ nuggets  <small>UNDER 500</small> 331 kcal Eight coated pieces	6.13

Deli Deals INCLUDES A DRINK

8" pizzas on a freshly baked sourdough base.

Choose any 8" pizza from the small plates section.




Paninis

Cheddar cheese and tomato  532 kcal	
Wiltshire cured ham and Cheddar cheese 512 kcal	soft drink* 7.45 each
BBQ chicken, bacon and Cheddar cheese 572 kcal	
BBQ jackfruit and vegan cheese  516 kcal BBQ jackfruit, vegan cheese alternative	alcoholic drink* 9.07 each
Wraps	
Shawarma chicken    749 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	
Quorn™ nuggets  534 kcal. Tomato, cucumber, salsa	
Southern-fried chicken and smoky chipotle mayo    639 kcal	
Fried halloumi-style cheese and sweet chilli sauce   738 kcal Tomato, cucumber	












Add: Chips  (602 kcal); Salad  (87 kcal); Spicy rice  (208 kcal) 1.44 each

Burgers INCLUDES A DRINK







Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).	
American burger 695 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* 7.23 each
Classic beef burger 676 kcal Iceberg lettuce, tomato, red onion	alcoholic drink* 8.85 each
Skinny beef burger <small>UNDER 500</small> 369 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips	
American cheese burger 729 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 7.78 alcoholic drink* 9.40
Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).	
Double American burger 1137 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* 9.34 each
Double classic beef burger 1118 kcal Iceberg lettuce, tomato, red onion	alcoholic drink* 10.96 each
Double American cheese burger 1206 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 9.88 alcoholic drink* 11.50

Just-a-burger Served on its own, without chips or a drink.	each 6.04
American burger <small>UNDER 500</small> 366 kcal Red onion, gherkin, ketchup, American-style mustard	
Crunchy chicken strip burger  <small>UNDER 500</small> 459 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	
Additional toppings and burger patties	
Maple-cured bacon with Cheddar cheese 174 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese  83 kcal	1.52
American-style cheese  69 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip  92 kcal	1.50
3oz beef patty 169 kcal	
Fried halloumi-style cheese  446 kcal	
Fried buttermilk chicken 473 kcal	each 1.97
 BEYOND MEAT patty  184 kcal	

Curries INCLUDES A DRINK





Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.	
Katsu chicken curry 826 kcal Sliced whole breaded chicken breast fillet	soft drink* 10.21 each
Katsu grilled chicken curry <small>5%</small> 541 kcal Sliced grilled chicken breast	alcoholic drink* 11.83 each
Katsu Quorn™ nugget curry  685 kcal Eight coated pieces	
Classic curries With basmati pilau rice, plain naan and poppadums.	
Mangalorean roasted cauliflower & spinach curry   <small>5%</small> 867 kcal	soft drink* 11.23 each
Chicken tikka masala  1190 kcal	alcoholic drink* 12.85 each
Chicken jalfrezi   <small>5%</small> 935 kcal	
Beef Madras     1043 kcal	
Change your plain naan to a garlic naan  (add 58 kcal) 47p	

Jacket potatoes INCLUDES A DRINK

With salad and one filling. Extra fillings 1.22 each.	
Coleslaw  578 kcal	soft drink* 8.53 each
Cheese  531 kcal	alcoholic drink* 10.15 each
Baked beans  <small>5%</small> 501 kcal	
Five-bean chilli   <small>5%</small> <small>UNDER 500</small> 431 kcal	
Roasted vegetables  <small>5%</small> <small>UNDER 500</small> 402 kcal	

Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below).





Ultimate burger 1661 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	
Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1565 kcal Fried buttermilk chicken 1702 kcal	soft drink* 11.39 each
BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal Fried buttermilk chicken 1780 kcal	alcoholic drink* 13.01 each
Smoky jackfruit burger  1523 kcal  BEYOND MEAT plant-based patty, BBQ jackfruit, vegan cheese alternative	
Fiesta burger  1462 kcal  BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion	
Triple American cheese & bacon burger 1479 kcal Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	soft drink* 12.74 alcoholic drink* 14.36

Chicken burgers









Served with a small portion of chips (329 kcal, included in the Calories below).

Crunchy chicken strip burger  787 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	soft drink* 7.23 alcoholic drink* 8.85
Served with chips (602 kcal, included in Calories below).	
Fried buttermilk chicken burger 1254 kcal Breaded whole chicken breast fillet	soft drink* 9.34 alcoholic drink* 10.96







Meat-free burgers

Served with chips (602 kcal, included in Calories below).	
Fried halloumi-style cheese burger   1128 kcal Sweet chilli sauce	soft drink* 9.34 each
Beyond Burger™  834 kcal  BEYOND MEAT plant-based patty	alcoholic drink* 10.96 each





Chicken INCLUDES A DRINK

Char-grilled half chicken Chicken on the bone is marinated, slow cooked and finished on the char-grill.	
Lemon and herb  Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip Choose: Spicy rice 1099 kcal; Chips 1173 kcal; Side salad 978 kcal Mediterranean salad 1089 kcal	soft drink* 12.15 each
Hot and spicy    Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip Choose: Spicy rice 1069 kcal; Chips 1463 kcal; Side salad 948 kcal Mediterranean salad 1058 kcal	alcoholic drink* 13.77 each
Chicken baskets	
Boneless basket  590 kcal Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Spicy rice 849 kcal; Chips 1243 kcal; Side salad 720 kcal	soft drink* 10.16 each
Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Spicy rice <small>5%</small> 739 kcal; Chips 1133 kcal; Side salad 618 kcal	alcoholic drink* 11.78 each
Southern-fried chicken strips basket  590 kcal Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal	
Quorn™ ‘no chicken’ nuggets basket   590 kcal Eight coated pieces, coleslaw, sweet chilli sauce Choose: Spicy rice 721 kcal; Chips 1115 kcal; Side salad 600 kcal	

Salads, pastas and noodles

Ramen noodle bowl   <small>5%</small> <small>UNDER 500</small> 236 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Grilled chicken breast (94 kcal) 1.15 Poached egg  (63 kcal) 93p	soft drink* 10.38	alcoholic drink* 12.00
Chicken & maple-cured bacon salad Choose: Grilled chicken breast <small>5%</small> <small>UNDER 500</small> 279 kcal Southern-fried chicken breast strips <small>UNDER 500</small> 461 kcal	10.90	12.52
Mediterranean salad  <small>5%</small> <small>UNDER 500</small> 334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing Add: Roasted vegetables  (135 kcal) 1.53 Grilled chicken breast (187 kcal) 1.97	9.86	11.48
Pasta alfredo  618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Grilled chicken breast (187 kcal) 1.97 Maple-cured bacon (91 kcal) 1.52	10.38	12.00
British beef & pancetta lasagne Choose: Side salad 780 kcal; Chips 1295 kcal	10.90	12.52

Small pub classics INCLUDES A DRINK








Fish and chips	soft drink* 9.39	alcoholic drink* 11.01
Small freshly battered cod and chips  680 kcal or mushy peas 739 kcal		
Small Whitby breaded scampi Four scampi, chips, peas 658 kcal or mushy peas 718 kcal	9.39	11.01
Add: Two slices of bread  (383 kcal) 1.34 Chip shop-style curry sauce  (118 kcal) 1.46		
Small Wiltshire cured ham, egg and chips <small>UNDER 500</small> 455 kcal One slice of Wiltshire cured ham, fried egg	8.26	9.88
Small all-day brunch 666 kcal Sausage, bacon, fried egg, baked beans, chips	8.53	10.15
Small vegetarian all-day brunch  680 kcal Two Quorn sausages, fried egg, baked beans, chips	8.53	10.15

Afternoon deal Mon - Fri, 2pm - 5pm

Choose from the above small pub classic meals.

soft drink* 7.78	alcoholic drink* 9.40
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Pub classics INCLUDES A DRINK

Fish and chips	soft drink* 11.44	alcoholic drink* 13.06
Freshly battered cod and chips  1239 kcal or mushy peas 1298 kcal		
Whitby breaded scampi Eight scampi chips, peas 1195 kcal or mushy peas 1255 kcal.	11.44	13.06
Add: Two slices of bread  (383 kcal) 1.34 Chip shop-style curry sauce  (118 kcal) 1.46		
Steak & kidney pudding 1223 kcal Chips, peas, onion & red wine gravy	9.83	11.45
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	9.29	10.91
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	9.29	10.91
Vegan sausages, chips and beans  1013 kcal Three Quorn sausages	9.29	10.91
Five-bean chilli   <small>5%</small> 590 kcal. Rice, tortilla chips	9.83	11.45
All-day brunch 1213 kcal Two sausages, bacon, two fried eggs, baked beans, chips Add: Two slices of black pudding (355 kcal) 1.51	11.12	12.74
Vegetarian all-day brunch  1126 kcal Three Quorn sausages, two fried eggs, baked beans, chips	11.12	12.74























Afternoon deal Mon - Fri, 2pm - 5pm

Choose from the above pub classic meals.



soft drink* 8.86	alcoholic drink* 10.48
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11" pizzas INCLUDES A DRINK

On a freshly baked sourdough base.

Margherita  939 kcal. Mozzarella, basil	soft drink* 10.16	alcoholic drink* 11.78
Pepperoni   1157 kcal. Mozzarella, pepperoni		
Ham and mushroom 1012 kcal Mozzarella, ham, mushroom, rocket		soft drink* 11.23 each
BBQ chicken 1103 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket		alcoholic drink* 12.85 each
Roasted vegetable  1029 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil		
Vegan roasted vegetable  <small>5%</small> 705 kcal Mushroom, roasted pepper, courgette, onion, basil		
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BBQ jackfruit and vegan cheese    <small>5%</small> 873 kcal. BBQ jackfruit, vegan cheese alternative, sliced chillies, red onion, rocket	12.31	13.93
Spicy meat feast    1220 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	12.31	13.93
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Additional toppings		
Red onion  10 kcal. Sliced chillies      3 kcal		
Mushroom  6 kcal		each 88p
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Garlic & herb dip  180 kcal; Mozzarella  150 kcal; Ham 71 kcal		
Chicken breast 94 kcal; Maple-cured bacon 91 kcal		each 1.15
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Pepperoni  109 kcal; Roasted vegetables  135 kcal		each 1.53

Sides and extras

Bowl of chips  964 kcal (Add: Spicy seasoning  (8
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