# **Sides and extras**

| Developed at the COV/ level                                    | (A.I.I. O.:           |      | (0                   | ( 22 |
|--|-----------------------|------|----------------------|------|
| Bowl of chips 🥏 964 kcal (Add: Spicy seasoning 🥏 (8 kcal) 34p) |                       |      | 4.23                 |      |
| Small bowl of chips 🧭 🛛  | 02 kcal               |      |                      | 2.48 |
| Five chicken wings 💋   | <b>4</b> 02 kcal      |      |                      | 3.34 |
| Eight Whitby breaded so  | <b>:ampi</b> 527 kcal |      |                      | 4.99 |
| Grilled halloumi-style c                                       | i <b>heese </b> 446 k | kcal |                      | 1.97 |
| Peas 🧭 130 kcal  |                       |      |                      | 94p  |
| Mushy peas V 248 kcal  |                       |      |                      | 94p  |
| Side salad 🤕 87 kcal   |                       |      |                      | 2.29 |
| Mediterranean side salad 🥏 198 kcal                            |                       |      |                      | 3.22 |
| Roasted vegetables 🧭 135 kcal                                  |                       |      | 1.53                 |      |
| Coleslaw 💟 399 kcal  |                       |      |                      | 1.40 |
| Sliced chillies  | 🦻 3 kcal              |      |                      | 88p  |
| Onion rings ⊘  | Six 269 kcal          | 2.33 | Twelve 538 kcal      | 3.50 |
| Garlic pizza bread V   | <b>8</b> " 386 kcal   | 4.40 | <b>11</b> " 772 kcal | 5.57 |
| With cheese V  | <b>8</b> '' 461 kcal  | 4.98 | <b>11</b> " 922 kcal | 6.44 |
|  |                       |      |                      |      |

#### **Desserts**

| <b>Vanilla ice cream (V) (1999)</b> 338 kcal<br>Two scoops, toffee sauce, Belgian chocolate sauce   | 1.82 |
|---|------|
| <b>Cookie crunch (V) (1999)</b> 365 kcal<br>Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce   | 1.82 |
| <b>Mini warm chocolate brownie (V) (5555)</b> 435 kcal<br>Belgian chocolate sauce, vanilla ice cream  | 2.98 |
| Mini warm cookie dough sandwich 🕐 🗺 435 kcal<br>Salted caramel filling, toffee sauce, vanilla ice cream   | 2.98 |
| <b>Fresh fruit ()</b> 58 (555) 447 kcal<br>Apple, banana, blueberries, strawberries, vanilla ice cream  | 4.56 |
| Warm chocolate fudge cake V 913 kcal. Vanilla ice cream   | 5.33 |
| <b>Warm chocolate brownie v</b> 736 kcal<br>Belgian chocolate sauce, vanilla ice cream  | 5.33 |
| Warm cookie dough sandwich 👽 735 kcal<br>Salted caramel filling, toffee sauce, vanilla ice cream  | 5.33 |
| <b>British Bramley apple crumble (V)</b> 830 kcal<br>Vanilla ice cream  | 5.62 |
| Add:<br>Vanilla ice cream scoop V (135 kcal) 94p<br>Belgian chocolate sauce V (61 kcal) 42p<br>Toffee sauce V (74 kcal) 42p<br>Banana (101 kcal) 62p<br>Strawberries (14 kcal) 62p<br>Blueberries (17 kcal) 62p |      |

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
  Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

### DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot **Extremely hot** Vegetarian ØVegan 🤓 5% fat or less 👫 Dish under 500 Calories Seafood with this mark comes from an MSC-certified

# sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

# Served BREAKFAST 8am - 12 noon

| <b>Large breakfast</b> 1286 kcal<br>Two fried eggs, bacon, two sausages, baked beans, three hash browns,<br>mushroom, two slices of toast                | 6.59 |
|--|------|
| <b>Traditional breakfast</b> 742 kcal<br>Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast   | 4.99 |
| <b>Small breakfast (567)</b> 419 kcal<br>Fried egg, bacon, sausage, baked beans, hash brown  | 4.45 |
| Add: Two slices of black pudding (355 kcal) 1.51   |      |
| Large vegetarian breakfast 🕐 1206 kcal<br>Two fried eggs, three Quorn sausages, baked beans, three hash browns,<br>mushroom, tomato, two slices of toast | 6.59 |
| Vegetarian breakfast ♥ 816 kcal<br>Two fried eggs, two Quorn sausages, baked beans, two hash browns,<br>mushroom, tomato, slice of toast                 | 4.99 |
| <b>Small vegetarian breakfast 🕐 🐻</b> 313 kcal<br>Fried egg, Quorn sausage, baked beans, hash brown, tomato  | 4.45 |
| <b>Vegan breakfast @</b> 786 kcal<br>Two Quorn sausages, baked beans, two hash browns, mushroom,<br>tomato, slice of toast, vegan spread                 | 4.61 |
| <b>Freedom breakfast</b> 545 kcal<br>Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato   | 4.45 |

# **Breakfast extras**

| 1.51 | Two rashers of back bacon 99 kc |
|------|---------------------------------|
| 1.05 | Four rashers of maple-cured ba  |
| 1.05 | Two scrambled eggs V 136 kcal   |
| 1.97 | Fried egg 💟 56 kcal             |
| 93p  | Poached egg V 63 kcal           |
|      | 1.05<br>1.05<br>1.97            |

# **Breakfast butties and wraps**

**Bacon butty** 525 kcal. Three rashers of bacon, buttered white bloomer bread 3.88 3.88 Sausage butty 713 kcal. Two sausages, buttered white bloomer bread Quorn<sup>™</sup> sausage butty ♥ 609 kcal 3.88 Two Quorn sausages, buttered white bloomer bread

|       |        |        | deel |
|-------|--------|--------|------|
| brea. | Klasti | muffin | uear |

| Includes tea, coffee or hot chocolate. Free refi   | lls  |
|--|------|
| <b>Egg &amp; cheese muffin () (555)</b> 249 kcal<br>Fried egg, American-style cheese, in an English muffin                       | 3.31 |
| <b>Egg &amp; bacon muffin (888)</b> 298 kcal<br>Fried egg, bacon, American-style cheese, in an English muffin                    | 3.77 |
| <b>Egg &amp; sausage muffin (567)</b> 417 kcal<br>Fried egg, sausage, American-style cheese, in an English muffin                | 3.77 |
| <b>Egg &amp; Quorn™ sausage muffin ♥ (555)</b> 364 kcal<br>Fried egg, Quorn sausage, American-style cheese, in an English muffin | 3.77 |
| <b>Breakfast muffin ()))</b> 466 kcal<br>Fried egg, sausage, bacon, American-style cheese, in an English muffin                  | 4.01 |
| Add: Hash brown 🥥 (82 kcal) 46p  |      |

Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml)

| <b>Eggs Benedict</b> 725 kcal<br>Two poached eggs, on an English muffin, with Wiltshire cured ham,<br>Hollandaise sauce, rocket                           | 5.14 |
|---|------|
| Mushroom Benedict 🔮 629 kcal<br>Two poached eggs, on an English muffin, with mushroom,<br>Hollandaise sauce, rocket                                       | 5.14 |
| Miner's Benedict 939 kcal<br>Two poached eggs, on an English muffin, with black pudding,<br>Hollandaise sauce, rocket                                     | 5.14 |
| Scrambled egg on toast V 570 kcal<br>Three eggs, buttered white bloomer toast   | 3.77 |
| Beans on toast V 🐵 566 kcal. Buttered white bloomer toast   | 3.66 |
| Small beans on toast 💟 🧐 🐯 251 kcal<br>Buttered white bloomer toast   | 2.62 |
| Two slices of toast with jam or marmalade Ѵ ‱ 496 kcal<br>White bloomer bread   | 2.47 |
| <b>Fresh fruit @ </b> 3 (55) 177 kcal<br>Apple, banana, blueberries, strawberries   | 3.66 |
| Porridge V & 100 252 kcal (plain)<br>Add: Banana Ø (101 kcal) 62p<br>Strawberries Ø (14 kcal) 62p<br>Blueberries Ø (17 kcal) 62p<br>Honey V (91 kcal) 34p | 2.09 |

| kcal                 | 1.57 | Hash brown 🧭 82 kcal                | 46  |
|----------------------|------|-------------------------------------|-----|
| <b>bacon</b> 91 kcal | 1.52 | <b>Two mushrooms @</b> 91 kcal      | 93  |
| ıl                   | 1.63 | Two grilled tomato halves 🥏 16 kcal | 52  |
|                      | 93p  | Slice of toast 💟 191 kcal           | 1.1 |
|                      | 93p  |                                     |     |

| <b>Breakfast wrap</b> 739 kcal<br>Fried egg, bacon, sausage, hash brown, Cheddar cheese                       | 4.36 |
|---|------|
| <b>Vegetarian breakfast wrap 父</b> 835 kcal<br>Fried egg, two Quorn sausages, two hash browns, Cheddar cheese | 4.36 |

# - Tea, coffee and hot chocolate $\neg$



Walkers shortbread V 151 kcal 71p

Stem ginger biscuit 🕐 123 kcal 71p

Belgian chocolate biscuit (V) 129 kcal 71p

Salted caramel brownie bar V 316 kcal 1.64

**Biscuits** 

Flat white V 92 kcal Cappuccino V 102 kcal Latte 💟 113 kcal Mocha 💟 147 kcal Espresso Ø 6 kcal Black coffee Ø 6 kcal White coffee **V** 24 kcal (Oat milk available 🥥 4 kcal) Hot chocolate 💟 169 kcal Tea Tetley with semi-skimmed milk 💟 14 kcal (Oat milk available 🥥 4 kcal) Decaffeinated tea and coffee available.

for the facts

drinkaware.co.uk 🧕

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All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com <sup>O</sup>Offer (excluding take away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. \*Non-refundable advance purchase rates, available to book direct on the telephone our website and our app. <sup>§</sup>Statement of daily calorie needs from the Department of Health & Social Care. <sup>11</sup>Excluding decaffeinated. **\*Drinks exclude bottled wine, sparkling wine, Prosecco**, cocktails, spritzes, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for

jdwetherspoon.com  $\neg$ 



Main menu 11.30am - 11pm. Children's menu available.

# INCLUDES A DRINK\* **Choose from over 150 drinks**



Several Wetherspoon pubs have 'moon' in their name, linking them with the ideal pub described by George Orwell. The famous author called his fictitious pub 'Moon Under Water This pub occupies a three-storey building which was a long-time grocer's, then an annexe of Allders department store. It was built in the 1930s on the site of Sutton's first hospital – which opened in 1902 and was paid for by John Passsmore Edwards.



100% UK and Irish beef Sourced from farms in the UK and Ireland. Traceable from farm to fork.



# LAVALL TORINO, ITALIA, 1895



Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.§



Coffee

Free-range eggs

100% of the eggs we use are

free range. All shell eggs are

quality mark and are RSPCA

standards of animal welfare.

The freshly ground 100%

Arabica Lavazza coffee<sup>tt</sup>

Alliance-certified farms.

we serve is from Rainforest

certified with the British Lion

assured, ensuring the highest



Traditional

Thursday 11.30am - 11pm Featuring the katsu curry range soft drink\* alcoholic drink\* £7.91 £9.44

# How to order from your table



**Download the Wetherspoon** app or scan this QR code.

Or note your table number and order at the bar.





#### Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries

#### Tea

The Tetley tea we serve also comes from Rainforest Alliance-certified farms. Tetley is a member of the Ethical Tea Partnership

(ETP), aiming to improve tea sustainability.

#### wetherspoon hotels

57 in England, Ireland, HOTELS Scotland and Wales Book direct for the best rates jdwetherspoon.com or on our app



### Small plates Any 3 for £14.93

8" pizzas on a freshly baked sourdough base

| 8" pizzas on a freshly baked sourdough base.  |           |
|---|-----------|
| <b>Margherita V (1999)</b> 470 kcal<br>Mozzarella, basil  | 5.91      |
| Pepperoni 💋 578 kcal<br>Mozzarella, pepperoni   | 6.51      |
| <b>Ham and mushroom</b> 505 kcal<br>Mozzarella, ham, mushroom, rocket   | 6.51      |
| <b>BBQ chicken</b> 558 kcal<br>Mozzarella, BBQ sauce, chicken breast, red onion, rocket   | 6.51      |
| Roasted vegetable V 515 kcal<br>Mozzarella, mushroom, roasted pepper, courgette, onion, basil   | 6.51      |
| <b>Vegan roasted vegetable Ø 58 553</b> kcal<br>Mushroom, roasted pepper, courgette, onion, basil   | 6.51      |
| <b>BBQ jackfruit and vegan cheeze FFF @ S (555)</b> 437 kcal<br>BBQ jackfruit, vegan cheese alternative, sliced chillies, red onion, rocket                       | 7.09      |
| <b>Spicy meat feast FFF</b> 618 kcal<br>Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket   | 7.09      |
| 11" garlic pizza bread 🔍 772 kcal   | 5.57      |
| Bao buns Traditional Asian steamed buns   | 5.19      |
| Choose:<br>Spicy crunchy chicken //// 624 kcal. Spicy mayo, red onion, sliced chillies,<br>BBQ jackfruit @ 3 (16) 416 kcal. Red onion, sliced chillies, coriander | coriander |
| Nachos ♥♥♥ ♥ 592 kcal<br>Cheese, guacamole, salsa, sour cream, sliced chillies  | 5.81      |
| Bowl of chips @ 964 kcal  | 4.23      |
| Bowl of chips with curry sauce @ 1082 kcal  | 5.58      |
| Cheesy chips 💟 1256 kcal  | 5.41      |
| <b>Loaded chips</b> 1218 kcal<br>Cheese, maple-cured bacon, sour cream  | 6.03      |
| With any of the small plates below, choose one dip:   |           |
| Sweet chilli // @ 48 kcal   |           |
| Sticky soy 🕥 100 kcal<br>Naga chili 🖉 🌈 🧭 136 kcal  |           |
| Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal  |           |
| Chipotle mayo 🖉 🌮 🔍 150 kcal  |           |
| Blue cheese V 270 kcal  |           |
| Halloumi-style fries V 555 396 kcal   | 4.96      |
| Chicken bites (308) 298 kcal<br>Ten battered chicken breast pieces  | 6.09      |
| Southern-fried chicken strips <b>/</b> 500 459 kcal<br>Five chicken breast strips   | 6.09      |
| Chicken wings <b>FFF</b> 804 kcal<br>Ten spicy chicken wings  | 6.75      |
| Quorn <sup>™</sup> nuggets @  331 kcal<br>Eight coated pieces   | 5.19      |
|   |           |

### **Deli Deals**<sup>®</sup> INCLUDES A DRINK

8" pizzas on a freshly baked sourdough base. Choose any 8" pizza from the small plates section. **Paninis** Cheddar cheese and tomato V 532 kcal Wiltshire cured ham soft drink\* and Cheddar cheese 512 kcal 5.70 BBQ chicken, bacon and Cheddar cheese 572 kcal each BBQ jackfruit and vegan cheeze @ 516 kcal alcoholic drink\* BBQ jackfruit, vegan cheese alternative 7.23 Wraps each Shawarma chicken **F** 749 kcal

Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

Quorn<sup>™</sup> nuggets Ø 534 kcal. Tomato, cucumber, salsa

Southern-fried chicken and smoky chipotle mayo **FFF** 639 kcal

Fried halloumi-style cheese and sweet chilli sauce **FF** V 738 kcal Tomato, cucumber

Add: Chips @ (602 kcal); Salad @ (87 kcal); Spicy rice @ (208 kcal) 1.44 each

#### from 100% British beef.

| Burgers Includes a drink   | Beef l                             | ourgers mad                                      |
|--|------------------------------------|--|
| <b>Beef burgers</b> One 3oz beef patty.<br>Served with a small portion of chips (329 kcal, inc   | cluded in Cal                      | ories below).                                    |
| American burger 695 kcal<br>Red onion, gherkin, ketchup, American-style mustard<br>Classic beef burger 676 kcal<br>Iceberg lettuce, tomato, red onion  | soft drink*<br><b>5.44</b><br>each | alcoholic drink*<br><b>6.97</b><br>each          |
| Skinny beef burger (557) 369 kcal<br>Iceberg lettuce, tomato, red onion, with a side salad, inste  | ead of chips                       |  |
| American cheese burger 729 kcal<br>American-style cheese, red onion, gherkin, ketchup,<br>American-style mustard   | -                                  | oft drink* <b>6.04</b><br>lic drink* <b>7.57</b> |
| Double beef burgers Two 30z beef patties.<br>Served with chips (602 kcal, included in Calories   | below).                            |  |
| Double American burger 1137 kcal<br>Red onion, gherkin, ketchup, American-style mustard<br>Double classic beef burger 1118 kcal<br>Iceberg lettuce, tomato, red onion  | soft drink*<br><b>7.73</b><br>each | alcoholic drink*<br><b>9.26</b><br>each          |
| Double American cheese burger 1206 kcal<br>American-style cheese, red onion, gherkin, ketchup,<br>American-style mustard   | -                                  | oft drink* <b>8.30</b><br>lic drink* <b>9.83</b> |
| Just-a-burger<br>Served on its own, without chips or a drink.<br>American burger (556) 366 kcal<br>Red onion, gherkin, ketchup, American-style mustard<br>Crunchy chicken strip burger / 559 kc<br>Two southern-fried chicken strips, iceberg lettuce, mayor             |                                    | each <b>3.36</b>                                 |
| Additional toppings and burger pattie:<br>Maple-cured bacon with Cheddar cheese 174 k<br>Maple-cured bacon with American-style chee<br>Cheddar cheese (2) 83 kcal<br>American-style cheese (2) 69 kcal<br>Maple-cured bacon 91 kcal<br>Crunchy chicken strip (2) 92 kcal | cal                                | 2.14<br>2.14<br>1.52<br>1.52<br>1.52<br>1.50     |
| 3oz beef patty 169 kcal<br>Fried halloumi-style cheese ♥ 446 kcal<br>Grilled chicken breast 187 kcal<br>Fried buttermilk chicken 473 kcal<br>♥ BEYOND MEAT patty Ø 184 kcal  |                                    | each <b>1.97</b>                                 |

### Curries Includes A DRINK

| Katsu curries With a mild Japanese-style katsu curry sauc<br>coconut-flavour rice, sliced chillies and coriander.   | e,   |
|---|--|
| Katsu chicken curry 26 kcal<br>Sliced whole breaded chicken breast fillet<br>Katsu grilled chicken curry 2541 kcal<br>Sliced grilled chicken breast<br>Katsu Quorn™ nugget curry 26 685 kcal<br>Eight coated pieces | soft drink*<br>8.73<br>each<br>alcoholic drink*<br>10.26<br>each |
| Classic curries With basmati pilau rice, plain naan and poppadums.  | <b>f</b> t -lui-lu*  |
| Mangalorean roasted cauliflower<br>& spinach curry FF @ 38 867 kcal   | soft drink*<br><b>9.84</b><br>each                               |
| Chicken tikka masala 🎢 1190 kcal  | alcoholic drink*   |
| Chicken jalfrezi  | <b>11.37</b><br>each   |
| Deel Maul as FFFF 1043 Kodl   |  |
|   |  |

Change your plain naan to a garlic naan (V) (add 58 kcal) 47p

#### Jacket potatoes Includes A DRINK •

| With salad and one filling. Extra fillings 1.22 each. |                     |
|---|---------------------|
| Coleslaw 🔇 578 kcal                                   | soft drink*         |
| Cheese 👽 531 kcal                                     | <b>6.85</b><br>each |
| Baked beans ⊘ 🧐 501 kcal                              | alcoholic drink*    |
| Five-bean chilli 🖊 🥏 🤫 🗺 431 kcal                     | 8.38                |
| Roasted vegetables 🥏 🤓 🞆 402 kcal                     | each                |

#### **Gourmet burgers** Served with chips, six onion rings (871 kcal, included in Calories below). Ultimate burger 1661 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin Tennessee burger soft drink\* Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze 9.93 Choose: Beef (two 3oz beef patties) 1565 kcal each Grilled chicken breast 1416 kcal; Fried buttermilk chicken 1702 kcal alcoholic drink\* **BBQ burger** Maple-cured bacon, Cheddar cheese, BBQ sauce 11.46 Choose: Beef (two 3oz beef patties) 1644 kcal each Grilled chicken breast 1495 kcal; Fried buttermilk chicken 1780 kcal Smoky jackfruit burger ⊘ 1523 kcal **BEYOND MEAT** plant-based patty, BBQ jackfruit, vegan cheese alternative Fiesta burger 🧭 1462 kcal BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion Triple American cheese & bacon burger 1479 kcal soft drink\* 11.38 Three 3oz beef patties, American-style cheese, alcoholic drink\* 12.91 maple-cured bacon, red onion, gherkin, ketchup,

# American-style mustard

**Chicken burgers** Served with a small portion of chips (329 kcal, included in the Calories below).

| <b>Crunchy chicken strip burger /</b> 787 kcal sof                     | ft drink* <b>5.44</b> |  |
|--|-----------------------|--|
| Two southern-fried chicken strips, iceberg lettuce, mayonnaise alcohol | c drink* <b>6.97</b>  |  |
| Served with chips (602 kcal, included in Calories below).              | soft drink*           |  |
| Fried buttermilk chicken burger 1254 kcal                              | 7.73                  |  |
| Breaded whole chicken breast fillet                                    | each                  |  |
| Grilled chicken breast burger 969 kcal                                 | alcoholic drink*      |  |
| <b>Skinny chicken burger 🕸 👫 388</b> kcal                              | 9.26                  |  |
| Grilled chicken breast with salad, instead of chips                    | each                  |  |
|  |                       |  |
| Meat-free burgers  | soft drink*           |  |
| Served with chips (602 kcal, included in Calories below).              | <b>7.73</b>           |  |
| Fried halloumi-style cheese burger 💋 🛛 1128 kcal                       | each                  |  |

| rifed fiattourin-style cheese builger PP 🐨 1120 keat | eduli            |
|--|------------------|
| Sweet chilli sauce                                   | alcoholic drink* |
| Beyond Burger <sup>™</sup> 🧑 834 kcal                | 9.26             |
| 🕞 BEYOND MEAT plant-based patty                      | each             |

### Chicken INCLUDES A DRINK

Char-grilled half chicken Chicken on the bone is marinated, slow cooked and finished on the char-grill.

| Lemon and herb 🖊 Char-grilled in a lemon & herb glaze  |  |
|--|--|
| Coleslaw, garlic & herb dip<br>C <b>hoose: Spicy rice</b> 1099 kcal <b>; Chips</b> 1173 kcal; <b>Side salad</b> 978 kcal<br><b>Mediterranean salad</b> 1089 kcal   | soft drink*<br><b>10.83</b><br>each      |
| Hot and spicy //// Char-grilled in a Naga chilli & citrus glaze<br>Coleslaw, Naga chilli dip<br>Choose: Spicy rice 1069 kcal; Chips 1463 kcal; Side salad 948 kcal | alcoholic drink*<br><b>12.36</b><br>each |
| Mediterranean salad 1058 kcal<br>Chicken baskets   |  |
| Boneless basket 🖉<br>Three southern-fried chicken strips, five chicken breast bites,   |  |

| i nree southern-tried chicken strips, tive chicken breast bites,  |  |
|---|--|
| coleslaw, BBQ sauce   |  |
| Choose: Spicy rice 849 kcal; Chips 1243 kcal; Side salad 720 kcal |  |

| Chicken bites basket  |
|---|
| Ten battered chicken breast pieces, coleslaw, sticky soy sauce      |
| Choose: Spicy rice 🚳 739 kcal; Chips 1133 kcal; Side salad 618 kcal |
|   |

Southern-fried chicken strips basket 🖉 Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal

Quorn<sup>™</sup> 'no chicken' nuggets basket **//** ♥ Eight coated pieces, coleslaw, sweet chilli sauce Choose: Spicy rice 721 kcal; Chips 1115 kcal; Side salad 600 kcal

# Salads, pastas and noodles INCLUDES A DRINK

# Smal

Fish and Small free Peas 680 kcal

Small Whi Four scampi, o

Add: Two slice: Chip shop-sty Small Wilt

egg and ch One slice of Wi Small all-

Sausage, baco Small vege Two Quorn sau

Afte Mon - Fr Choose fro

# Pubo

**Fish and** Freshly ba Peas 1239 kcal Whitby br Eight scampi c

Add: Two slice: Chip shop-sty

Steak & ki Chips, peas, or Wiltshire

Two slices of V Sausages Three Lincolns

Vegan sau Three Quorn sa **Five-bean** 

All-dav br Two sausages Add: Two slice: Vegetariar

Three Quorn s Afte Mon - F



soft drink\*

8.68

each

| Ramen noodle bowl / @ @ @ 236 kcal<br>Noodles, bean sprouts, shiitake mushroom, spring onion,<br>carrot, pak choi, bamboo shoots, red onion, sliced chillies,<br>coriander, in a light broth<br>Add: Grilled chicken breast (94 kcal) 1.15<br>Poached egg () (63 kcal) 93p                                 | soft drink* al<br><b>8.90</b> | coholic drink*<br><b>10.43</b> |
|--|-------------------------------|--------------------------------|
| Chicken & maple-cured bacon salad<br>Choose: Grilled chicken breast @ (66) 279 kcal<br>Southern-fried chicken breast strips (66) 461 kcal  | 9.47                          | 11.00                          |
| Mediterranean salad @ S (557) 334 kcal<br>Pearl barley, quinoa, butternut squash, wheat berries,<br>red pepper, cherry tomatoes, pumpkin seeds, basil, dressing<br>Add: Grilled halloumi-style cheese () (396 kcal) 1.97<br>Roasted vegetables @ (135 kcal) 1.53<br>Grilled chicken breast (187 kcal) 1.97 | 8.35                          | 9.88                           |
| Pasta alfredo ♥ 618 kcal<br>Fusilli pasta, creamy pecorino & regato cheese sauce, spinach,<br>sun-dried tomato, basil, rocket<br>Add: Grilled chicken breast (187 kcal) 1.97<br>Maple-cured bacon (91 kcal) 1.52   | 8.90                          | 10.43                          |
| British beef & pancetta lasagne<br>Choose: Side salad 780 kcal; Chips 1295 kcal  | 9.47                          | 11.00                          |

| l pub classics   | LUDES A DI  | RINK <sup>®</sup> • |
|--|-------------|---------------------|
| chips  | soft drink* | alcoholic drink*    |
| shly battered cod and chips 🤣<br>or mushy peas 739 kcal                          | 7.84        | 9.37                |
| <b>itby breaded scampi</b><br>chips, peas 658 kcal or mushy peas 718 kcal        | 7.84        | 9.37                |
| es of bread ♥ (383 kcal) <b>1.34</b><br>rle curry sauce ∅ (118 kcal) <b>1.46</b> |             |                     |
| <b>tshire cured ham,</b><br>hips ()) 455 kcal<br>iltshire cured ham, fried egg   | 6.61        | 8.14                |
| <b>day brunch</b> 666 kcal<br>on, fried egg, baked beans, chips                  | 6.91        | 8.44                |
| etarian all-day brunch 🔮 680 kcal<br>usages, fried egg, baked beans, chips       | 6.91        | 8.44                |
|  |             |                     |

soft drink\*

6.09

alcoholic drink\*

7.62

| noon deal                           |    |
|-------------------------------------|----|
| ri, 2pm - 5pm                       |    |
| n the above small pub classic meals | 5. |

| classics Includes A D   | RINK •                     | 1                               |
|---|----------------------------|---------------------------------|
|   | soft drink                 | -                               |
| chips<br>attered cod and chips 🥟<br>al or mushy peas 1298 kcal  | 10.08                      | 11.61                           |
| readed scampi<br>chips, peas 1195 kcal or mushy peas 1255 kcal  | 10.08                      | 11.61                           |
| es of bread ♥ (383 kcal) <b>1.34</b><br>yle curry sauce ∅ (118 kcal) <b>1.46</b>  |                            |                                 |
| <b>idney pudding</b> 1223 kcal<br>nion & red wine gravy   | 8.32                       | 9.85                            |
| <b>cured ham, eggs and chips</b> 856 kca<br>Wiltshire cured ham, two fried eggs   | ıl <b>7.73</b>             | 9.26                            |
| <b>s, chips and beans</b> 1170 kcal<br>shire sausages   | 7.73                       | 9.26                            |
| <b>usages, chips and beans @</b> 1013 kca<br>sausages   | al <b>7.73</b>             | 9.26                            |
| <b>1 chilli 🖊 ⊘ </b> 590 kcal. Rice, tortilla chips   | 8.32                       | 9.85                            |
| <b>runch</b> 1213 kcal<br>s, bacon, two fried eggs, baked beans, chips<br><b>es of black pudding</b> (355 kcal) <b>1.51</b> | 9.72                       | 11.25                           |
| n all-day brunch ♥ 1126 kcal<br>ausages, two fried eggs, baked beans, chips   | 9.72                       | 11.25                           |
| <b>rnoon deal</b><br>ri, 2pm – 5pm<br>w the above pub classic meals   | soft drink*<br><b>7.27</b> | alcoholic drink*<br><b>8.80</b> |

| 11" pizzas INCLUDES A DRINK  | ]          |  |
|--|------------|--|
| –<br>On a freshly baked sourdough base.  | soft drink | * alcoholic drink*   |
| Margherita V 939 kcal. Mozzarella, basil   |            | 10.21  |
| Pepperoni  // 1157 kcal. Mozzarella, pepperoni<br>Ham and mushroom 1012 kcal<br>Mozzarella, ham, mushroom, rocket<br>BBQ chicken 1103 kcal<br>Mozzarella, BBQ sauce, chicken breast, red onion, rocket<br>Roasted vegetable  ● 1029 kcal<br>Mozzarella, mushroom, roasted pepper, courgette, onion, basil<br>Vegan roasted vegetable  ● 30 705 kcal<br>Mushroom, roasted pepper, courgette, onion, basil |            | soft drink*<br>9.84<br>each<br>alcoholic drink*<br>11.37<br>each |
| BBQ jackfruit and vegan cheeze<br><b>///</b> @ 3873 kcal. BBQ jackfruit, vegan cheese alternative,<br>sliced chillies, red onion, rocket   | 11.02      | 12.55  |
| <b>Spicy meat feast ///</b> 1220 kcal<br>Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rock   |            | 12.55  |
| Additional toppings<br>Red onion @ 10 kcal<br>Sliced chillies ///// @ 3 kcal<br>Mushroom @ 6 kcal  |            | each <b>880</b>  |
| Garlic & herb dip @ 180 kcal<br>Mozzarella ① 150 kcal<br>Ham 71 kcal<br>Chicken breast 94 kcal<br>Maple-cured bacon 91 kcal  |            | each <b>1.15</b>   |
| Pepperoni // 109 kcal  |            |  |

# Steaks and grills INCLUDES A DRINK

each **1.53** 

#### Prime beef steaks from the UK and Ireland, matured for 21 days then seasoned with a steak-seasoning blend.

Roasted vegetables <a> 135</a> kcal

| Classic 8oz sirloin steak<br>Choose:<br>Jacket potato 741 kcal; Chips 1061 kcal<br>Mediterranean salad 657 kcal; Side salad 546 kcal  | soft drink*<br><b>11.25</b> | alcoholic drink*<br><b>12.78</b> |  |
|---|-----------------------------|----------------------------------|--|
| Gourmet 8oz sirloin steak<br>With peas, tomato, mushroom, three onion rings<br>and a steak sauce.<br>Choose:<br>Jacket potato 993 kcal; Chips 1314 kcal<br>Mediterranean salad 909 kcal; Side salad 798 kcal                                    | soft drink*<br><b>13.59</b> | alcoholic drink*<br><b>15.12</b> |  |
| Add your choice of steak sauce:<br>Creamy peppercorn sauce (74 kcal)<br>Jack Daniel's® Tennessee Honey glaze 🔇 (87 kcal) <b>1.82</b> each   |                             |                                  |  |
| Below meals are served with peas,<br>tomato and mushroom.<br>BBQ chicken melt<br>Grilled chicken, Cheddar cheese, bacon, BBQ sauce<br>Choose:<br>Jacket potato 🚳 803 kcal; Chips 1123 kcal<br>Mediterranean salad 719 kcal; Side salad 608 kcal | soft drink<br><b>10.08</b>  |                                  |  |
| <b>Mixed grill</b><br>Gammon, pork loin, rump, lamb, sausage<br><b>Choose:</b><br>Jacket potato 1192 kcal; Chips 1513 kcal<br>Mediterranean salad 1108 kcal; Side salad 997 kcal  | 11.89                       | 13.42                            |  |
| Large mixed grill<br>Gammon, pork loin, rump, lamb, two sausages,<br>fried egg, six onion rings<br>Choose:<br>Jacket potato 1686 kcal; Chips 2006 kcal<br>Mediterranean salad 1602 kcal; Side salad 1491 kcal                                   | 13.65                       | 15.18                            |  |
| Adults need around 2000 kcal a day.§  |                             |                                  |  |