

Sides and extras				
Bowl of chips	🌱 964 kcal (Add: Spicy seasoning 🌱 (8 kcal) 34p)			4.23
Small bowl of chips	🌱 602 kcal			2.48
Five chicken wings	🔥🔥🔥 402 kcal			3.34
Eight Whitby breaded scampi	527 kcal			4.99
Grilled halloumi-style cheese	🌱 446 kcal			1.97
Peas	🌱 130 kcal			94p
Mushy peas	🌱 248 kcal			94p
Side salad	🌱 87 kcal			2.29
Mediterranean side salad	🌱 198 kcal			3.22
Roasted vegetables	🌱 135 kcal			1.53
Coleslaw	🌱 399 kcal			1.40
Sliced chillies	🔥🔥🔥🔥🔥 3 kcal			88p
Chicken gravy	50 kcal			94p
Onion rings	🌱	Six 269 kcal	2.33	Twelve 538 kcal
				3.50

Desserts

Vanilla ice cream	🌱 ^{UNDER 500} 338 kcal	1.82
Two scoops, toffee sauce, Belgian chocolate sauce		
Cookie crunch	🌱 ^{UNDER 500} 365 kcal	1.82
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce		
Mini warm chocolate brownie	🌱 ^{UNDER 500} 435 kcal	2.98
Belgian chocolate sauce, vanilla ice cream		
Mini warm cookie dough sandwich	🌱 ^{UNDER 500} 435 kcal	2.98
Salted caramel filling, toffee sauce, vanilla ice cream		
Mini American-style pancakes	🌱 ^{UNDER 500} 412 kcal	3.54
Two pancakes, maple-flavour syrup, vanilla ice cream		
Fresh fruit	🌱 ^{UNDER 500} 447 kcal	4.56
Apple, banana, blueberries, strawberries, vanilla ice cream		
Warm chocolate fudge cake	🌱 913 kcal. Vanilla ice cream	5.33
Warm chocolate brownie	🌱 736 kcal	5.33
Belgian chocolate sauce, vanilla ice cream		
Warm cookie dough sandwich	🌱 735 kcal	5.33
Salted caramel filling, toffee sauce, vanilla ice cream		
British Bramley apple crumble	🌱	5.62
Vanilla ice cream 830 kcal or custard 694 kcal		
American-style pancakes	🌱 ^{UNDER 500} 689 kcal	4.99
Four pancakes, maple-flavour syrup, vanilla ice cream		
Add: Custard 🌱 (134 kcal) 1.23; Vanilla ice cream scoop 🌱 (135 kcal) 94p		
Belgian chocolate sauce 🌱 (61 kcal) 42p; Toffee sauce 🌱 (74 kcal) 42p		
Banana 🌱 (101 kcal) 62p; Strawberries 🌱 (14 kcal) 62p; Blueberries 🌱 (17 kcal) 62p		

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

🔥 = Very mild 🔥🔥 = Mild 🔥🔥🔥 = Medium hot 🔥🔥🔥🔥 = Very hot
🔥🔥🔥🔥🔥 = Extremely hot

🌱 Vegetarian 🌱 Vegan ^{5%} 5% fat or less ^{UNDER 500} Dish under 500 Calories

🐟 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.*

BREAKFAST

Large breakfast	1286 kcal	6.59
Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast		
Traditional breakfast	742 kcal	4.99
Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast		
Small breakfast	^{UNDER 500} 419 kcal	4.45
Fried egg, bacon, sausage, baked beans, hash brown		
Add: Two slices of black pudding (355 kcal) 1.51		
Large vegetarian breakfast	🌱 1206 kcal	6.59
Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast		
Vegetarian breakfast	🌱 816 kcal	4.99
Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast		
Small vegetarian breakfast	🌱 ^{UNDER 500} 313 kcal	4.45
Fried egg, Quorn sausage, baked beans, hash brown, tomato		
Vegan breakfast	🌱 786 kcal	4.61
Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread		
Freedom breakfast	545 kcal	4.45
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato		
American breakfast	1258 kcal	6.85
Two fried eggs, two hash browns, maple-cured bacon, two sausages, four pancakes, maple-flavour syrup		
Small American breakfast	629 kcal	4.99
Fried egg, hash brown, maple-cured bacon, sausage, two pancakes, maple-flavour syrup		

Breakfast extras

Add any of the following:					
Two slices of black pudding	355 kcal	1.51	Two rashers of back bacon	99 kcal	1.57
Sausage	168 kcal	1.05	Four rashers of maple-cured bacon	91 kcal	1.52
Quorn™ sausage	🌱 116 kcal	1.05	Two scrambled eggs	🌱 136 kcal	1.63
Grilled halloumi-style cheese	🌱 396 kcal	1.97	Fried egg	🌱 56 kcal	93p
Baked beans	🌱 126 kcal	93p	Poached egg	🌱 63 kcal	93p

Breakfast butties and wraps

Bacon butty	525 kcal. Three rashers of bacon, buttered white bloomer bread	3.88
Sausage butty	713 kcal. Two sausages, buttered white bloomer bread	3.88
Quorn™ sausage butty	🌱 609 kcal	3.88
Two Quorn sausages, buttered white bloomer bread		

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills

Egg & cheese muffin	🌱 ^{UNDER 500} 249 kcal	3.31
Fried egg, American-style cheese, in an English muffin		
Egg & bacon muffin	🌱 ^{UNDER 500} 298 kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin		
Egg & sausage muffin	🌱 ^{UNDER 500} 417 kcal	3.77
Fried egg, sausage, American-style cheese, in an English muffin		
Egg & Quorn™ sausage muffin	🌱 ^{UNDER 500} 364 kcal	3.77
Fried egg, Quorn sausage, American-style cheese, in an English muffin		
Breakfast muffin	^{UNDER 500} 466 kcal	4.01
Fried egg, sausage, bacon, American-style cheese, in an English muffin		
Smashed avocado muffin	🌱 ^{UNDER 500} 244 kcal	4.01
Guacamole, pico di gallo, on an English muffin, rocket		
Add: Maple-cured bacon (91 kcal) 1.52; Poached egg 🌱 (63 kcal) 93p		
Grilled halloumi-style cheese 🌱 (396 kcal) 1.97		
Add: Hash brown 🌱 (82 kcal) 46p		

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: [jdwetherspoon.com](#)
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply: *Non-refundable advance purchase rates, available to book direct on the telephone, our website and our app. *Statement of dietary needs from the Department of Health & Social Care. **Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spiritzies, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

Served 8am – 12 noon

Eggs Benedict	725 kcal	5.14
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket		
Mushroom Benedict	🌱 629 kcal	5.14
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket		
Miner's Benedict	939 kcal	5.14
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket		
American-style pancakes		
Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal		
Four pancakes, maple-flavour syrup. 🌱 ^{UNDER 500} 554 kcal		
Small American-style pancakes		
Two pancakes, maple-cured bacon, maple-flavour syrup. ^{UNDER 500} 322 kcal		
Two pancakes, maple-flavour syrup. 🌱 ^{UNDER 500} 277 kcal		
Scrambled egg on toast	🌱 570 kcal	3.77
Three eggs, buttered white bloomer toast		
Beans on toast	🌱 ^{UNDER 500} 566 kcal. Buttered white bloomer toast	3.66
Small beans on toast	🌱 ^{UNDER 500} 251 kcal	2.62
Buttered white bloomer toast		
Two slices of toast with jam or marmalade	🌱 ^{UNDER 500} 496 kcal	2.47
White bloomer bread		
Fresh fruit	🌱 ^{UNDER 500} 177 kcal	3.66
Apple, banana, blueberries, strawberries		
Porridge	🌱 ^{UNDER 500} 252 kcal (plain)	2.09
Add: Banana 🌱 (101 kcal) 62p; Maple-flavour syrup 🌱 (125 kcal) 34p		
Strawberries 🌱 (14 kcal) 62p; Blueberries 🌱 (17 kcal) 62p		
Honey 🌱 (91 kcal) 34p		

Hash brown	🌱 82 kcal	46p
Two mushrooms	🌱 91 kcal	93p
Two grilled tomato halves	🌱 16 kcal	52p
Slice of toast	🌱 191 kcal	1.13

Breakfast wrap	739 kcal	4.36
Fried egg, bacon, sausage, hash brown, Cheddar cheese		
Vegetarian breakfast wrap	🌱 835 kcal	4.36
Fried egg, two Quorn sausages, two hash browns, Cheddar cheese		

Tea, coffee and hot chocolate

FREE REFILLS TEA, COFFEE AND HOT CHOCOLATE — ALL DAY EVERY DAY —	
LAVAZZA TORINO, ITALIA, 1895	
100% ARABICA BEANS	
£1.56 each	
Biscuits	
Walkers shortbread 🌱 151 kcal 71p	
Stem ginger biscuit 🌱 123 kcal 71p	
Belgian chocolate biscuit 🌱 129 kcal 71p	
Salted caramel brownie bar 🌱 316 kcal 1.64	
Flat white	🌱 92 kcal
Cappuccino	🌱 102 kcal
Latte	🌱 113 kcal
Mocha	🌱 147 kcal
Espresso	🌱 6 kcal
Black coffee	🌱 6 kcal
White coffee	🌱 24 kcal
(Oat milk available 🌱 4 kcal)	
Hot chocolate	🌱 169 kcal
Tea	🌱
with semi-skimmed milk 🌱 14 kcal	
(Oat milk available 🌱 4 kcal)	
Decaffeinated tea and coffee available.	

for the facts
drinkaware.co.uk

jdwetherspoon.com

XSTD

MENU_1031

FOOD

Main menu 11.30am - 11pm. Children's menu available.

INCLUDES A DRINK*
Choose from over 150 drinks



For many years, this grade II listed red-brick building was a branch of Lloyds Bank. Before 1963 (and since the early 1890s), it had housed O'Clee's butcher's business. Mr O'Clee was the first person in Stevenage to own a car. Earlier still, in the 1830s, 33 High Street was occupied by Mrs Alice Fisher who ran a Ladies' Boarding School. She seems to have retired by 1851 and was still living at this address 10 years later.



Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.



100% UK and Irish beef

Sourced from farms in the UK and Ireland. Traceable from farm to fork.



Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

goodfoodtalks
opening menus for everybody
The spoken menu app for the visually impaired

Breakfast 8am – 12 noon	Traditional breakfast £4.99
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Tea, coffee and hot chocolate Free refills	£1.56 each
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Burger meals INCLUDES A DRINK	
Featuring 3oz American burger soft drink*	alcoholic drink*
£5.44	£6.97

Afternoon deals INCLUDES A DRINK	
Mon – Fri, 2pm – 5pm	
Featuring small freshly battered fish and chips	
soft drink*	alcoholic drink*
£6.09	£7.62

Steak Club® INCLUDES A DRINK	
Tuesday 11.30am – 11pm	
Featuring classic 8oz sirloin	
soft drink*	alcoholic drink*
£9.90	£11.43

Curry Club® INCLUDES A DRINK	
Thursday 11.30am – 11pm	
Featuring the katsu curry range	
soft drink*	alcoholic drink*
£8.14	£9.67

How to order
from your table

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.



LAVAZZA TORINO, ITALIA, 1895	Coffee The freshly ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.
100% ARABICA BEANS	Tea The Tetley tea we serve also comes from Rainforest Alliance-certified farms.
RAINFOREST ALLIANCE TRADE & NATURE	Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

wetherspoon hotels

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Book direct for the best rates*
[jdwetherspoon.com](#) or on our app















Small plates | Any 3 for £14.93











Nachos   592 kcal Cheese, guacamole, salsa, sour cream, sliced chillies	5.81
Bowl of chips  964 kcal	4.23
Bowl of chips with curry sauce  1082 kcal	5.58
Cheesy chips  1256 kcal	5.41
Loaded chips 1218 kcal Cheese, maple-cured bacon, sour cream	6.03
Tomato & basil soup    341 kcal White bloomer bread	4.23
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With any of the small plates below, choose one dip:	
Sweet chilli   48 kcal	
Sticky soy  100 kcal	
Naga chilli   136 kcal	
Jack Daniel's® Tennessee Honey glaze  87 kcal	
Chipotle mayo   150 kcal	
Blue cheese  270 kcal	
Halloumi-style fries   396 kcal	4.96
Chicken bites  298 kcal Ten battered chicken breast pieces	6.09
Southern-fried chicken strips   459 kcal Five chicken breast strips	6.09
Chicken wings   804 kcal Ten spicy chicken wings	6.75
Quorn™ nuggets   331 kcal Eight coated pieces	5.19

Deli Deals® INCLUDES A DRINK  


Paninis











Tuna mayo and Cheddar cheese 599 kcal	
Cheddar cheese and tomato  532 kcal	
Wiltshire cured ham and Cheddar cheese 512 kcal	
BBQ chicken, bacon and Cheddar cheese 572 kcal	soft drink* 5.70 each
Wraps	alcoholic drink* 7.23 each
Quorn™ nuggets  534 kcal Tomato, cucumber, salsa	
Southern-fried chicken and smoky chipotle mayo   639 kcal	
Cold chicken and sweet chilli sauce   514 kcal	
Fried halloumi-style cheese and sweet chilli sauce   738 kcal Tomato, cucumber	
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Add: Chips  (602 kcal) Salad  (87 kcal) Tomato & basil soup  (150 kcal) Spicy rice  (208 kcal)	each 1.44

Jacket potatoes INCLUDES A DRINK  







With salad and one filling. Extra fillings 1.22 each.	
Tuna mayo 621 kcal	
Coleslaw  578 kcal	soft drink* 6.85 each
Cheese  531 kcal	alcoholic drink* 8.38 each
Baked beans   501 kcal	
Five-bean chilli    431 kcal	
Roasted vegetables    402 kcal	






Burgers INCLUDES A DRINK   | Beef burgers made from 100% British beef.









Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).		
American burger 695 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* 5.44 each	alcoholic drink* 6.97 each
Classic beef burger 676 kcal Iceberg lettuce, tomato, red onion		
Skinny beef burger  369 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips		
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American cheese burger 729 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 6.04	alcoholic drink* 7.57
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Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).		
Double American burger 1137 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* 7.73 each	alcoholic drink* 9.26 each
Double classic beef burger 1118 kcal Iceberg lettuce, tomato, red onion		
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Double American cheese burger 1206 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 8.30	alcoholic drink* 9.83

Just-a-burger Served on its own, without chips or a drink.	each 3.36
American burger  366 kcal Red onion, gherkin, ketchup, American-style mustard	
Crunchy chicken strip burger   459 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	
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Additional toppings and burger patties	
Maple-cured bacon with Cheddar cheese 174 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese  83 kcal	1.52
American-style cheese  69 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip  92 kcal	1.50
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3oz beef patty 169 kcal	
Fried halloumi-style cheese  446 kcal	
Grilled chicken breast 187 kcal	each 1.97
Fried buttermilk chicken 473 kcal	
Breaded vegetable patty  257 kcal	
 BEYOND MEAT patty  184 kcal	



























Chicken INCLUDES A DRINK  

Char-grilled half chicken Chicken on the bone is marinated, slow cooked and finished on the char-grill.		
Lemon and herb  Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip	soft drink* 10.83 each	
Choose: Spicy rice 1099 kcal; Chips 1173 kcal; Mashed potato 1177 kcal Side salad 978 kcal; Mediterranean salad 1089 kcal		
Hot and spicy   Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip	alcoholic drink* 12.36 each	
Choose: Spicy rice 1069 kcal; Chips 1463 kcal; Mashed potato 1147 kcal Side salad 948 kcal; Mediterranean salad 1058 kcal		
Char-grilled half chicken, mash and gravy 857 kcal Lemon & herb chicken, peas, chicken gravy		
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Chicken baskets		
Chicken wing basket   Eight wings, coleslaw, Naga chilli dip Choose: Spicy rice 1120 kcal; Chips 1515 kcal; Side salad 999 kcal		
Boneless basket 		
Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce		
Choose: Spicy rice 849 kcal; Chips 1243 kcal; Side salad 720 kcal		
Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce	soft drink* 8.68 each	
Choose: Spicy rice  739 kcal; Chips 1133 kcal; Side salad 618 kcal		
Southern-fried chicken strips basket 	alcoholic drink* 10.21 each	
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze		
Choose: Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal		
Quorn™ 'no chicken' nuggets basket  		
Eight coated pieces, coleslaw, sweet chilli sauce		
Choose: Spicy rice 721 kcal; Chips 1115 kcal; Side salad 600 kcal		
Add: Chicken gravy (50 kcal) 94p		






Gourmet burgers Served with chips, six onion rings (871 kcal, included in Calories below).		
Heatwave burger    Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing Choose: Grilled chicken breast 1754 kcal; Fried buttermilk chicken 2039 kcal		
Ultimate burger 1661 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	soft drink* 9.93 each	
Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze	alcoholic drink* 11.46 each	
Choose: Beef (two 3oz beef patties) 1565 kcal Grilled chicken breast 1416 kcal; Fried buttermilk chicken 1702 kcal		
BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal; Grilled chicken breast 1495 kcal Fried buttermilk chicken 1780 kcal		
Fiesta burger  1462 kcal  BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion		
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Triple American cheese & bacon burger 1479 kcal Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	soft drink* 11.38	alcoholic drink* 12.91

Chicken burgers Served with a small portion of chips (329 kcal, included in the Calories below).		
Crunchy chicken strip burger  787 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	soft drink* 5.44	alcoholic drink* 6.97
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Served with chips (602 kcal, included in Calories below).		
Fried buttermilk chicken burger 1254 kcal Breaded whole chicken breast fillet	soft drink* 7.73 each	
Grilled chicken breast burger 969 kcal	alcoholic drink* 9.26 each	
Skinny chicken burger   388 kcal Grilled chicken breast with salad, instead of chips		
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Meat-free burgers Served with chips (602 kcal, included in Calories below).		
Fried halloumi-style cheese burger   1128 kcal Sweet chilli sauce	soft drink* 7.73 each	
Breaded vegetable burger  1038 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese	alcoholic drink* 9.26 each	
Beyond Burger™  834 kcal.  BEYOND MEAT plant-based patty		









Curries INCLUDES A DRINK  

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.		
Katsu chicken curry 826 kcal Sliced whole breaded chicken breast fillet	soft drink* 8.73 each	
Katsu grilled chicken curry  541 kcal Sliced grilled chicken breast	alcoholic drink* 10.26 each	
Katsu Quorn™ nugget curry  685 kcal Eight coated pieces		
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Classic curries With basmati pilau rice, plain naan and poppadums.		
Mangalorean roasted cauliflower & spinach curry    867 kcal	soft drink* 9.84 each	
Chicken tikka masala  1190 kcal	alcoholic drink* 11.37 each	
Chicken jalfrezi   935 kcal		
Beef Madras    1043 kcal		
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Change your plain naan to a garlic naan  (add 58 kcal) 47p		
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Simple curries With basmati pilau rice or chips.		
Simple Mangalorean roasted cauliflower & spinach curry    Choose: Basmati pilau rice  508 kcal; Chips 910 kcal	soft drink* 7.62 each	
Simple chicken tikka masala   Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal	alcoholic drink* 9.15 each	
Simple chicken jalfrezi    Choose: Basmati pilau rice  575 kcal; Chips 977 kcal		
Simple beef Madras     Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal		

Small pub classics INCLUDES A DRINK  

	soft drink*	alcoholic drink*
Fish and chips		
Small freshly battered cod and chips  680 kcal or mushy peas 739 kcal	7.84	9.37
Small Whitby breaded scampi Chips, peas 658 kcal or mushy peas 718 kcal. Four Whitby breaded scampi	7.84	9.37
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Add: Two slices of bread  (383 kcal) 1.34 Chip shop-style curry sauce  (118 kcal) 1.46		
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Small Wiltshire cured ham, egg and chips  455 kcal One slice of Wiltshire cured ham, fried egg	6.61	8.14
Small all-day brunch 666 kcal Sausage, bacon, fried egg, baked beans, chips	6.91	8.44
Small vegetarian all-day brunch  680 kcal Two Quorn sausages, fried egg, baked beans, chips	6.91	8.44

Afternoon deal
Mon - Fri, 2pm - 5pm
Choose from the above small pub classic meals.

	soft drink*	alcoholic drink*
Fish and chips		
Freshly battered cod and chips  1239 kcal or mushy peas 1298 kcal	10.08	11.61
Whitby breaded scampi Chips, peas 1195 kcal or mushy peas 1255 kcal. Eight Whitby breaded scampi	10.08	11.61
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Add: Two slices of bread  (383 kcal) 1.34 Chip shop-style curry sauce  (118 kcal) 1.46		
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Steak & kidney pudding Peas, onion & red wine gravy Choose: Chips 1223 kcal; Mashed potato 907 kcal	8.32	9.85
Bangers and mash 950 kcal Three Lincolnshire sausages, peas, onion & red wine gravy	8.32	9.85
Vegetarian bangers and mash  793 kcal Three Quorn sausages, peas, onion & red wine gravy	8.32	9.85
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	7.73	9.26
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	7.73	9.26
Vegan sausages, chips and beans  1013 kcal Three Quorn sausages	7.73	9.26
Five-bean chilli   590 kcal Rice, tortilla chips	8.32	9.85
All-day brunch 1213 kcal Two sausages, bacon, two fried eggs, baked beans, chips Add: Two slices of black pudding (355 kcal) 1.51	9.72	11.25
Vegetarian all-day brunch  1126 kcal Three Quorn sausages, two fried eggs, baked beans, chips	9.72	11.25

Afternoon deal
Mon - Fri, 2pm - 5pm
Choose from the above pub classic meals.

Steaks and grills INCLUDES A DRINK  

Prime beef steaks from the UK and Ireland, matured for 21 days then seasoned with a steak-seasoning blend.

Classic 8oz sirloin steak			
Choose: Jacket potato 741 kcal		soft drink*	alcoholic drink*
Mashed potato 745 kcal; Chips 1061 kcal		11.25	12.78
Mediterranean salad 657 kcal; Side salad 546 kcal			
Gourmet 8oz sirloin steak			
With peas, tomato, mushroom, three onion rings and a steak sauce.			
Choose: Jacket potato 993 kcal		soft drink*	alcoholic drink*
Mashed potato 997 kcal; Chips 1314 kcal		13.59	15.12
Mediterranean salad 909 kcal; Side salad 798 kcal			
Add your choice of steak sauce: Creamy peppercorn sauce (74 kcal)			
Jack Daniel's® Tennessee Honey glaze (87 kcal) 1.82 each			
Below meals are served with peas, tomato and mushroom.			
		soft drink*	alcoholic drink*
BBQ chicken melt		10.08	11.61
Grilled chicken, Cheddar cheese, bacon, BBQ sauce			
Choose: Jacket potato 803 kcal; Mashed potato 807 kcal			
Chips 1123 kcal; Mediterranean salad 719 kcal; Side salad 608 kcal			
5oz gammon and egg		8.73	10.26
Choose: Jacket potato 610 kcal; Mashed potato 614 kcal			
Chips 930 kcal; Mediterranean salad 526 kcal; Side salad 415 kcal			
10oz gammon and eggs		11.89	13.42
Choose: Jacket potato 819 kcal; Mashed potato 824 kcal			
Chips 1140 kcal; Mediterranean salad 735 kcal; Side salad 625 kcal			
Mixed grill		11.89	13.42
Gammon, pork loin, rump, lamb, sausage			
Choose: Jacket potato 1192 kcal; Mashed potato 1196 kcal			
Chips 1513 kcal; Mediterranean salad 1108 kcal; Side salad 997 kcal			
Large mixed grill		13.65	15.18
Gammon, pork loin, rump, lamb, two sausages, fried egg, six onion rings			
Choose: Jacket potato 1686 kcal; Mashed potato 1690 kcal			
Chips 2006 kcal; Mediterranean salad 1602 kcal; Side salad 1491 kcal			
Salads and pastas INCLUDES A DRINK			
		soft drink*	alcoholic drink*
Burrito salad bowl 657 kcal		8.62	10.15
Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies			
Add:			
Chicken breast (187 kcal) 1.97			
Five-bean chilli (119 kcal) 1.97			
Grilled halloumi-style cheese & roasted vegetable salad 494 kcal		8.62	10.15
Roasted pepper, courgette, onion, pico de gallo, dressing			
Chicken & maple-cured bacon salad		9.47	11.00
Choose: Grilled chicken breast 279 kcal			
Southern-fried chicken breast strips 461 kcal			
Mediterranean salad 334 kcal		8.35	9.88
Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing			
Add:			
Grilled halloumi-style cheese (396 kcal) 1.97			
Tuna mayo (307 kcal) 1.06			
Roasted vegetables (135 kcal) 1.53			
Grilled chicken breast (187 kcal) 1.97			
Pasta alfredo 618 kcal		8.90	10.43
Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket			
Add:			
Grilled chicken breast (187 kcal) 1.97			
Maple-cured bacon (91 kcal) 1.52			
British beef & pancetta lasagne		9.47	11.00
Choose: Side salad 780 kcal; Chips 1295 kcal			