



















Desserts

Salted caramel sticky toffee pudding  877 kcal Vanilla ice cream	5.72
Millionaire's shortbread   409 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	2.32
Vanilla ice cream   334 kcal Two scoops, toffee sauce, Belgian chocolate sauce	1.97
Cookie crunch   364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.97
Mini warm chocolate brownie   435 kcal Belgian chocolate sauce, vanilla ice cream	3.13
Mini warm cookie dough sandwich   431 kcal Salted caramel filling, toffee sauce, vanilla ice cream	3.13
Fresh fruit    470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	4.71
Warm chocolate fudge cake  909 kcal Vanilla ice cream	5.48
Warm chocolate brownie  736 kcal Belgian chocolate sauce, vanilla ice cream	5.48
Warm cookie dough sandwich  727 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.48
British Bramley apple crumble  673 kcal Vanilla ice cream	5.77

Add: Vanilla ice cream scoop  (135 kcal) **99p**; Toffee sauce  (66 kcal) **47p**
Belgian chocolate sauce  (61 kcal) **47p**; Banana  (110 kcal) **60p**
Strawberries  (27 kcal) **60p**; Blueberries  (17 kcal) **60p**






ALLERGEN AND NUTRITIONAL INFORMATION





This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:


- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

















 = Very mild  = Mild  = Medium hot  = Very hot
 = Extremely hot













 Vegetarian  Vegan  5% fat or less  Dish under 500 Calories

 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org











Adults need around 2000 kcal a day.*

BREAKFAST


Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	6.59
Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	4.99
Small breakfast  435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	2.99
<hr/>	
Add: Black pudding (178 kcal) 80p	
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Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	2.99
Large vegetarian breakfast  1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	6.59
Vegetarian breakfast  786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	4.99
Small vegetarian breakfast    291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	2.99
Vegan breakfast  642 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	2.99
Porridge    252 kcal (plain) Add: Banana  (110 kcal) 60p ; Strawberries  (27 kcal) 60p Blueberries  (17 kcal) 60p ; Honey  (91 kcal) 30p Sliced apple  (46 kcal) 60p	1.99
Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	6.07
Mushroom Benedict  638 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	6.07
Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	6.07

Scrambled egg on toast  570 kcal Three eggs, buttered white bloomer toast	2.99
Beans on toast   566 kcal Buttered white bloomer toast Vegan option available with vegan spread    460 kcal	2.99
Fresh fruit    200 kcal Apple, banana, blueberries, strawberries	2.99
Fresh fruit and yoghurt    334 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	3.49

Breakfast extras






Add any of the following:		
Black pudding 178 kcal	80p	Hash brown  82 kcal 51p
Lincolnshire sausage 168 kcal	1.15	Vegan sausage  82 kcal 1.15
Slice of toast  225 kcal	1.23	Baked beans  126 kcal 98p
Fried egg  56 kcal	98p	Poached egg  63 kcal 98p
Two mushrooms  100 kcal	98p	Hollandaise sauce  299 kcal 1.92
Two scrambled eggs  136 kcal		1.73
Two rashers of back bacon 131 kcal		1.67
Two grilled tomato halves  16 kcal		57p

Tea and toast

Includes tea, coffee or hot chocolate. Free refills*		
	with drink	without drink
Two slices of toast with jam or marmalade	2.49	1.99
 524 kcal. White bloomer bread		

Served
8am – 12 noon

Breakfast butties and wraps

Bacon buttie 574 kcal Three rashers of bacon, buttered white bloomer bread	2.69
Sausage buttie 714 kcal Two Lincolnshire sausages, buttered white bloomer bread	2.69
Vegetarian sausage buttie  541 kcal Two vegan sausages, buttered white bloomer bread Vegan option available with vegan spread    435 kcal	2.69
Breakfast wrap 622 kcal Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	5.08
Vegetarian breakfast wrap  531 kcal Fried egg, two vegan sausages, hash brown, Cheddar cheese	5.08

Breakfast muffin deal

Includes tea, coffee, hot chocolate (free refills*) or ANY soft drink*.	
Egg & cheese muffin   249 kcal Fried egg, American-style cheese, in an English muffin	3.31
Egg & bacon muffin   314 kcal Fried egg, bacon, American-style cheese, in an English muffin	3.77
Egg & sausage muffin   417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	3.77
Egg & vegetarian sausage muffin   330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	3.77
Breakfast muffin   482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	3.99
Add: Hash brown  (82 kcal) 51p	

Tea, coffee and hot chocolate

FREE
REFILLS*

TEA, COFFEE AND
HOT CHOCOLATE

— ALL DAY EVERY DAY —














LAVAZZA

TORINO, ITALIA, 1895



£1.71

each

Flat white  92 kcal	White coffee  24 kcal
Cappuccino  102 kcal	Hot chocolate  169 kcal
Latte  113 kcal	Tea with semi-skimmed milk  14 kcal
Mocha  147 kcal	Dairy alternative: oat sachet  4 kcal
Espresso  6 kcal	Decaffeinated tea and coffee available.
Black coffee  6 kcal	
<hr/>	
Biscuits	
Walkers shortbread  151 kcal	Stem ginger biscuit  123 kcal
Belgian chocolate biscuit  129 kcal	71p

for the facts
drinkaware.co.uk

jdwetherspoon.com

FOOD

Main menu 11.30am – 11pm. Children's menu available.



Ryde developed as a seaside resort after Upper and Lower Ryde were merged in the 19th century. The two villages were joined together by Union Street. Eventually, the street's private houses were replaced by shops, one of which was S. Fowler & Co. Established by Samuel Fowler in 1863 as a drapery and hardware store, it was gutted by fire in the 1990s. The building was restored and reopened as this public house.



Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.



Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Allergen and nutritional information can be found on the customer information screen, website and Wetherspoon app.

Adults need around 2000 kcal a day.*

goodfoodtalks

opening menus for everybody

The spoken menu app for the visually impaired

Breakfast 8am – 12 noon	Traditional breakfast £4.99
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Tea, coffee and hot chocolate Free refills	£1.71 each
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Wings, bites and strips Mix and match	
£2.99 each	
2 for £5.49	3 for £7.49

Deli Deals® INCLUDES A DRINK*  	
Featuring southern-fried chicken wrap just-a-wrap, without a drink	
£3.23	
soft drink* £4.41	alcoholic drink* £5.94

Gourmet burger meals INCLUDES A DRINK*  	
Featuring NEW The Big Smoke burger	
soft drink* £10.23	alcoholic drink* £11.76

Afternoon deals INCLUDES A DRINK*  	
Mon – Fri, 2pm – 5pm	
Featuring small freshly battered fish and chips	
soft drink* £6.39	alcoholic drink* £7.92

11" sourdough pizzas INCLUDES A DRINK*  	
Featuring Margherita pizza	
soft drink* from £8.98	alcoholic drink* from £10.51

INCLUDES A DRINK*  	
Choose from over 150 drinks	



Coffee

The freshly ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.

Award-winning children's menu

Independently run 'secret diner' survey.

Sustainable Restaurant Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

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Over 50 hotels and 1,329 rooms across
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All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details. jdetherspoon.com *Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Statement of daily Calorie needs from the Department of Health & Social Care. ¹Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml). *Choose from: Diet Pepsi, Pepsi, Pepsi Max or Pepsi Max cherry (398ml glass); apple, cranberry or orange juice (398ml glass); apple & mango, apple & raspberry or orange & passion fruit J20; Brecon Carreg natural mineral water (still/sparkling 500ml bottle); blackcurrant, lime or orange standard cordial (398ml glass); blood orange or lemon Sanpellegrino (330ml can); Passion Fruit Cooler or Raspberry Refresher 0% cocktail (215ml glass); Monster Energy, Energy Ultra, Energy Ultra Peachy Keen, Energy Ultra Rosé, Mango Loco or Pipeline Punch (500ml can); Old Jamaica ginger beer (330ml can); R White's raspberry lemonade (330ml can); Remedy kombucha raspberry lemonade (250ml can)

HIGHSTSPR25

Small plates | Any 3 for £14.99

8" pizzas. Sourdough base - proved, stretched, topped and freshly baked to order.			
Margherita ^{UNDER 500}	467 kcal. Mozzarella, basil	6.19	
NEW Spicy chicken	706 kcal Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket	6.76	
Pepperoni	575 kcal. Mozzarella, pepperoni	6.76	
Ham and mushroom	505 kcal. Mozzarella, ham, mushroom, rocket	6.76	
BBQ chicken	555 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	6.76	
Roasted vegetable	514 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	6.76	
Vegan roasted vegetable ^{5%} ^{UNDER 500}	355 kcal Mushroom, roasted pepper, courgette, onion, basil	6.76	
Spicy meat feast	615 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.35	
11" garlic pizza bread	772 kcal	5.72	
Nachos	695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	5.96	
Bowl of chips	964 kcal	3.99	
Bowl of chips with curry sauce	1082 kcal	5.29	
Cheesy chips	1256 kcal	5.49	
Loaded chips	1303 kcal. Cheese, maple-cured bacon, sour cream	5.79	
NEW Shawarma-chicken-topped chips	1387 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces	5.79	
Halloumi-style fries, sweet chilli sauce ^{UNDER 500}	434 kcal	5.11	
Chicken bites, BBQ sauce ^{UNDER 500}	405 kcal Ten battered chicken breast pieces	6.24	
Southern-fried chicken strips, Jack Daniel's® Tennessee Honey glaze	547 kcal Five chicken breast strips	6.35	
Chicken wings, Naga chilli sauce	1113 kcal	6.90	
Quorn™ nuggets, sweet chilli sauce ^{UNDER 500}	331 kcal Eight coated pieces	5.34	

Wings, bites and strips

Mix and match	2.99 each
Chicken wings ^{UNDER 500}	407 kcal. Five spicy chicken wings
Chicken bites ^{UNDER 500}	161 kcal
Five battered chicken breast pieces	
Southern-fried chicken strips ^{UNDER 500}	276 kcal
Three chicken breast strips	
Quorn™ nuggets ^{UNDER 500}	177 kcal. Five coated pieces
Add: Sweet chilli (37 kcal); Naga chilli (136 kcal) Jack Daniel's® Tennessee Honey glaze (87 kcal) Chipotle mayo (150 kcal) BBQ sauce (83 kcal); Blue cheese (270 kcal) Garlic & herb dip (180 kcal) 99p each	

Deli Deals [®] INCLUDES A DRINK

All wraps and paninis are freshly made to order.

10" wraps	
Brunch wrap	559 kcal
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	
Vegetarian brunch wrap	545 kcal
Fried egg, two vegan sausages, Cheddar cheese	
Shawarma chicken	502 kcal
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket	
Quorn™ nuggets ^{UNDER 500}	310 kcal
Salad leaves, tomato, cucumber, salsa	
Southern-fried chicken ^{UNDER 500}	399 kcal
Salad leaves, smoky chipotle mayo	
Cold chicken breast ^{5%} ^{UNDER 500}	277 kcal
Salad leaves, sweet chilli sauce	
Fried halloumi-style cheese ^{UNDER 500}	391 kcal
Salad leaves, sweet chilli sauce, tomato, cucumber	
Add: Small side salad (46 kcal); Small portion of chips (329 kcal) 1.13 each	

Paninis

Cheddar cheese and tomato	527 kcal	soft drink* 6.00 each
Wiltshire cured ham and Cheddar cheese	508 kcal	
BBQ chicken, bacon and Cheddar cheese	586 kcal	
Tuna mayo and Cheddar cheese	590 kcal	alcoholic drink* 7.53 each
8" pizzas on a freshly baked sourdough base		
Choose any 8" pizza from the small plates section.		
Add: Side salad (91 kcal); Spicy rice (208 kcal); Chips (602 kcal) 1.54 each		

Burgers INCLUDES A DRINK

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.			
Served with chips (add 602 kcal) or ask for a side salad (add 91 kcal).			
With red onion, gherkin, ketchup, American-style mustard.			
American burger	529 kcal	soft drink* 8.03	
Two 3oz beef patties		alcoholic drink* 9.56	
American cheese burger	609 kcal	soft drink* 8.60	
Two 3oz beef patties, American-style cheese		alcoholic drink* 10.13	
Served with chips (add 602 kcal) or ask for a side salad (add 91 kcal).			
With iceberg lettuce, tomato, red onion.			
Classic beef burger	541 kcal		
Two 3oz beef patties		soft drink* 8.03 each	
Fried buttermilk chicken burger	556 kcal		
Breaded whole chicken breast fillet		alcoholic drink* 9.56 each	
Plant-based burger	447 kcal		
Garlic & herb sauce			
Fried halloumi-style cheese burger	540 kcal		
Sweet chilli sauce			

Small burgers	
Served with a small portion of chips (add 329 kcal) or ask for a small side salad (add 46 kcal).	
Small American burger	360 kcal. One 3oz beef patty, red onion, gherkin, ketchup, American-style mustard
Small classic beef burger	372 kcal
One 3oz beef patty, iceberg lettuce, tomato, red onion	
Chicken strip burger	440 kcal
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	
Korean chicken strip burger	383 kcal
Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce	
Small American cheese burger	400 kcal
American-style cheese, red onion, gherkin, ketchup, American-style mustard	
	soft drink* 6.34
	alcoholic drink* 7.87

Gourmet burgers

Served with six beer-battered onion rings (add 269 kcal) and chips (add 602 kcal) or ask for a side salad (add 91 kcal).	
With iceberg lettuce, tomato, red onion.	
NEW Cheese meltdown burger	751 kcal
Two 3oz beef patties, American-style cheese, smothered with Emmental & Cheddar cheese sauce	
NEW The Big Smoke burger	657 kcal
One 3oz beef patty, pulled BBQ beef brisket, American-style cheese, maple-cured bacon	
NEW Buffalo burger	937 kcal
Fried buttermilk chicken, blue cheese sauce, Naga chilli sauce, American-style cheese, topped with a spicy chicken wing	
NEW BBQ stack	440 kcal
Plant-based patty, topped with onion rings and covered with BBQ sauce	
Ultimate burger	852 kcal
Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	
Tennessee burger	
Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze	
Choose: Beef (two 3oz beef patties) 720 kcal	
Fried buttermilk chicken 734 kcal	
Triple American cheese & bacon burger	908 kcal
Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	
	soft drink* 11.68
	alcoholic drink* 13.21

Additional toppings

BBQ sauce	83 kcal	99p
Maple-cured bacon with Cheddar cheese	173 kcal	2.24
Maple-cured bacon with American-style cheese	171 kcal	2.24
Cheddar cheese	82 kcal; American-style cheese 80 kcal	
Maple-cured bacon 91 kcal; Crunchy chicken strip	92 kcal	each 1.62

Additional burger patties

3oz beef patty	168 kcal
Fried buttermilk chicken	351 kcal
Fried halloumi-style cheese	298 kcal
Plant-based patty	152 kcal
	each 2.07

Chicken INCLUDES A DRINK

NEW Sticky Korean fried chicken bowl	soft drink* 8.79	alcoholic drink* 10.32
Chicken strips, chicken breast bites, tossed in a Korean-style sauce, coriander, sliced chillies		
Choose: Coconut-flavour rice 867 kcal		
Chips 961 kcal		
NEW Sticky Korean fried Quorn™ ‘no chicken’ bowl	8.79	10.32
Eight coated pieces, tossed in a Korean-style sauce, coriander, sliced chillies		
Choose: Coconut-flavour rice 713 kcal		
Chips 808 kcal		
Boneless basket		
Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce		
Choose: Side salad 720 kcal		
Spicy rice 861 kcal		
Chips 1255 kcal		
Chicken bites basket with BBQ sauce		
Ten battered chicken breast pieces, coleslaw, BBQ sauce		
Choose: Side salad 605 kcal		
Spicy rice ^{5%} 741 kcal		
Chips 1140 kcal		
Southern-fried chicken strips basket		
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze		
Choose: Side salad 748 kcal		
Spicy rice 888 kcal		
Chips 1282 kcal		
Quorn™ ‘no chicken’ nuggets basket		
Eight coated pieces, coleslaw, sweet chilli sauce		
Choose: Side salad 569 kcal		
Spicy rice 709 kcal		
Chips 1104 kcal		

Curries INCLUDES A DRINK

Classic curries	With basmati pilau rice, plain naan and poppadums.
Mangalorean roasted cauliflower & spinach curry ^{5%}	927 kcal
Chicken tikka masala	1190 kcal
Chicken jalfrezi ^{5%}	935 kcal
Beef Madras	1043 kcal
Change your plain naan to a garlic naan	(add 92 kcal) 52p
Add: One vegetable samosa and two onion bhajis (293 kcal)	1.86
Two plain poppadums (86 kcal)	52p

Katsu curries	With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.
Katsu grilled chicken curry ^{5%}	542 kcal
Sliced grilled chicken breast	
Katsu Quorn™ nugget curry	686 kcal
Eight coated pieces	
Katsu chicken curry	828 kcal
Sliced whole breaded chicken breast fillet	

Jacket potatoes INCLUDES A DRINK

With side salad and one filling. Extra fillings 1.32 each.	
Tuna mayo	592 kcal
Coleslaw	559 kcal
Cheese	512 kcal
Baked beans ^{5%} ^{UNDER 500}	482 kcal
Chilli bean non-carne ^{5%} ^{UNDER 500}	442 kcal
Roasted vegetables ^{5%} ^{UNDER 500}	383 kcal

Adults need around 2000 kcal a day.[§]

Pub classics INCLUDES A DRINK

Freshly battered fish and chips	soft drink* 10.38	alcoholic drink* 11.91
Cod, peas 1240 kcal or mushy peas 1298 kcal		
Whitby breaded scampi	10.38	11.91
Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi		
Add: Two slices of bread (404 kcal)	1.44	
Chip shop-style curry sauce (118 kcal)	1.56	
All-day brunch	1245 kcal	9.72
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips		
Add: Black pudding (178 kcal)	80p	
Vegetarian all-day brunch	1023 kcal	9.72
Two fried eggs, three vegan sausages, baked beans, chips		
BBQ chicken melt	10.38	11.91
Chicken breast, Cheddar cheese, bacon, BBQ sauce, peas, mushroom		
Choose: Side salad ^{5%} 600 kcal; Mediterranean salad 731 kcal		
Mashed potato 813 kcal; Jacket potato ^{5%} 848 kcal; Chips 1136 kcal		
Steak & kidney pudding	1279 kcal	8.62
Chips, peas, onion & red wine gravy		
Bangers and mash	894 kcal	8.62
Three Lincolnshire sausages, peas, onion & red wine gravy		
Vegetarian bangers and mash	635 kcal	8.62
Three vegan sausages, peas, onion & red wine gravy		
Wiltshire cured ham, eggs and chips	856 kcal	8.03
Two slices of Wiltshire cured ham, two fried eggs		
Sausages, chips and beans	1170 kcal	7.73
Three Lincolnshire sausages		
Vegan sausages, chips and beans	910 kcal	7.73
Three vegan sausages		
Chilli bean non-carne ^{5%}	635 kcal	8.62
Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips		

Afternoon deal

Mon - Fri, 2pm - 5pm	soft drink* 7.57	alcoholic drink* 9.10
Choose from the above pub classic meals.		

Small pub classics INCLUDES A DRINK

Small freshly battered fish and chips	soft drink* 8.14	alcoholic drink* 9.67
Cod, peas 681 kcal or mushy peas 739 kcal		
Small Whitby breaded scampi	8.14	9.67
Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi		
Add: Two slices of bread (404 kcal)	1.44	
Chip shop-style curry sauce (118 kcal)	1.56	
Small Wiltshire cured ham, egg and chips ^{UNDER 500}	455 kcal	6.91
One slice of Wiltshire cured ham, fried egg		
Small all-day brunch	681 kcal	6.91
Lincolnshire sausage, bacon, fried egg, baked beans, chips		
Add: Black pudding (178 kcal)	80p	
Small vegetarian all-day brunch	611 kcal	6.91
Two vegan sausages, fried egg, baked beans, chips		
Afternoon deal		
Mon - Fri, 2pm - 5pm	soft drink* 6.39	alcoholic drink* 7.92
Choose from the above small pub classic meals.		

11" pizzas INCLUDES A DRINK

Sourdough base - proved, stretched, topped and freshly baked to order.			
Margherita	934 kcal. Mozzarella, basil	soft drink* 8.98	alcoholic drink* 10.51
NEW Spicy chicken	1374 kcal. Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket		
Pepperoni	1151 kcal. Mozzarella, pepperoni		soft drink* 10.14 each
Ham and mushroom	1011 kcal		alcoholic drink* 11.67 each
Mozzarella, ham, mushroom, rocket			
BBQ chicken	1097 kcal		
Mozzarella, BBQ sauce, chicken breast, red onion, rocket			
Roasted vegetable	1028 kcal		
Mozzarella, mushroom, roasted pepper, courgette, onion, basil			
Vegan roasted vegetable	709 kcal		
Mushroom, roasted pepper, courgette, onion, basil			
Spicy meat feast	1214 kcal	11.32	12.85
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket			
Additional toppings			
Red onion 10 kcal; Sliced chillies 3 kcal; Mushroom 4 kcal			each 93p
Garlic & herb dip 180 kcal; Mozzarella 150 kcal; Ham 71 kcal			
Chicken breast 94 kcal; Maple-cured bacon 91 kcal			each 1.25
Pepperoni	109 kcal; Roasted vegetables 90 kcal		each 1.63

Noodles, salads and pastas INCLUDES A DRINK

Ramen noodle bowl ^{5%} ^{UNDER 500}	466 kcal	soft drink* 7.29	alcoholic drink* 8.82
Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth			
Chicken & maple-cured bacon salad		8.99	10.52
Choose: Chicken breast ^{UNDER 500} 283 kcal			
Southern-fried chicken breast strips ^{UNDER 500}	465 kcal		
Mediterranean salad ^{UNDER 500}	334 kcal	7.99	9.52
Pearl barley, quinoa, butternut squash, wheat berries, red pepper, pumpkin seeds, basil, dressing			
Burrito salad bowl	668 kcal	7.99	9.52
Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies			
Additional toppings:			
Maple-cured bacon (91 kcal)	1.62	Poached egg (63 kcal)	98p
Tuna mayo (298 kcal)	1.16	Roasted vegetables (90 kcal)	1.63
Half chicken breast (93 kcal)	1.25	Whole chicken breast (187 kcal)	2.07
Fried buttermilk chicken (473 kcal)			2.07
NEW Spicy pulled chicken thigh (249 kcal)			3.09
Chilli bean non-carne (149 kcal)			2.07

Pasta alfredo	V 618 kcal	9.20	10.73
Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket			
Add: Chicken breast (187 kcal)	2.07		
Maple-cured bacon (91 kcal)	1.62		
British beef & pancetta lasagne		9.77	11.30
Choose: Side salad 761 kcal; Chips 1295 kcal			