






Desserts		
Vanilla ice cream   257 kcal Two scoops, toffee sauce, Belgian chocolate sauce		2.76
Warm chocolate fudge cake  832 kcal Vanilla ice cream		6.44
Warm cookie dough sandwich  601 kcal Salted caramel filling, toffee sauce, vanilla ice cream		6.44
British Bramley apple crumble  602 kcal Vanilla ice cream		6.72










ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

-  = Very mild
 = Mild
 = Medium hot
 = Very hot
 = Extremely hot
-  Vegetarian  Vegan
-  5% fat or less  Dish under 500 Calories

Adults need around 2000 kcal a day.[§]

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Available only at jd.wetherspoon.com,
on the app or by phone.



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BREAKFAST

Served 6.30am – 12 noon






Large breakfast 1320 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	8.38
Traditional breakfast 774 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	6.71
Small breakfast  435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	5.83
Freedom breakfast 581 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	5.83
Large vegetarian breakfast  1075 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	8.38
Vegetarian breakfast  729 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	6.71
Small vegetarian breakfast   281 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	5.83
Vegan breakfast   616 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	5.83

Tea and toast

Includes tea, coffee or hot chocolate. Free refills[†]

	with drink	without drink
Two slices of toast with jam or marmalade	3.69	3.19
  458 kcal. White bloomer bread		





















Breakfast butties and wraps

Bacon butty 574 kcal Three back bacon rashers, buttered white bloomer bread	4.69
Sausage butty 714 kcal Two Lincolnshire sausages, buttered white bloomer bread	4.69
Vegetarian sausage butty  520 kcal Two vegan sausages, buttered white bloomer bread Vegan option available with vegan spread    414 kcal	4.69
Breakfast wrap 724 kcal Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	6.10
Vegetarian breakfast wrap  715 kcal Fried egg, two vegan sausages, two hash browns, Cheddar cheese	6.10

Breakfast muffin deal











Includes tea, coffee, hot chocolate (free refills[†]) or a soft drink.

Egg & cheese muffin   280 kcal Fried egg, American-style cheese, in an English muffin	4.93
Egg & bacon muffin  346 kcal Fried egg, bacon, American-style cheese, in an English muffin	5.39
Egg & sausage muffin  449 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	5.39
Egg & vegetarian sausage muffin   352 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	5.39
Breakfast muffin 514 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	5.61
Add: Hash brown  (82 kcal) 51p	

Eggs Benedict 756 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	7.06
Mushroom Benedict  667 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	7.06
Scrambled egg on toast  570 kcal Three eggs, buttered white bloomer toast	5.39
Beans on toast   566 kcal Buttered white bloomer toast Vegan option available with vegan spread    460 kcal	4.40
Small beans on toast    252 kcal Buttered white bloomer toast	3.27
Fresh fruit    186 kcal Apple, banana, blueberries, strawberries	3.99
Fresh fruit and yoghurt   320 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	4.49
Porridge    253 kcal (plain) Add: Banana  (110 kcal) 60p Strawberries  (14 kcal) 60p Blueberries  (17 kcal) 60p Honey  (152 kcal) 30p Sliced apple  (46 kcal) 60p	2.49

Breakfast extras

Add any of the following:

Two back bacon rashers 131 kcal	1.67 Hash brown  82 kcal	51p
Lincolnshire sausage 168 kcal	1.15 Two mushrooms  94 kcal	98p
Vegan sausage  72 kcal	1.15 Two tomato halves  16 kcal	57p
Fried egg  56 kcal	98p Hollandaise sauce  299 kcal	1.92
Poached egg  63 kcal	98p Slice of toast  192 kcal	1.23
Two scrambled eggs  136 kcal		1.73
Baked beans  126 kcal		98p

Tea, coffee and hot chocolate

FREE REFILLS[†]

TEA, COFFEE AND HOT CHOCOLATE

— ALL DAY EVERY DAY —

£1.71 each

Biscuits

Walkers shortbread  151 kcal

Stem ginger biscuit  123 kcal

Belgian chocolate biscuit  129 kcal

71p each

for the facts
drinkaware.co.uk

jd.wetherspoon.com

FOOD

Main menu 11.30am – 11pm. Children's menu available.



The Barrel Vault

St Pancras

To overcome the natural slope of the land and numerous other constraints, this building's architect, Barlow, decided that trains would enter the railway station's elevated platforms on a raised deck, over five metres higher than the adjoining roads. The deck was supported by hundreds of cast-iron columns, meaning that there was a vast storage area below. This was used to store thousands of barrels of Burton Beer – highly popular in the capital at the time.



TABLE SERVICE

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.



Use the app to: Order food and/or drinks • Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in this pub.



Sustainable fish

The cod and haddock we serve come from fisheries which have been certified as well-managed and sustainable fisheries.



Sustainable Restaurant Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



100% UK and Irish beef

Traceable from farm to fork.



Coffee

The freshly ground 100% Arabica Lavazza coffee" we serve is from Rainforest Alliance-certified farms.



Award-winning children's menu

Independently run 'secret diner' survey.

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All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See website for full details: jd.wetherspoon.com *Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. [†]Statement of daily Calorie needs from the Department of Health & Social Care. *Excluding decaffeinated tea and decaffeinated coffee. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

