### SIDES AND EXTRAS 5.45 **Bowl of chips 3** 964 kcal (**Add: Spicy seasoning (7** kcal) 50c) Small bowl of chips @ 602 kcal 3.10 Five chicken wings **FFF** 407 kcal 4.00 Peas @ 94 kcal 1.15 Side salad @ 91 kcal 2.70 Coleslaw (V) 399 kcal 1.70 Sliced chillies **FFFF 3** kcal 95c Mushy peas @ 289 kcal 1.15 Roasted vegetables @ 135 kca 2.95 Garlic mayo V 336 kcal 95c Onion rings @ **Twelve** 538 kcal **4.45 Six** 269 kcal **3.10** Garlic pizza bread 💟 **8**" 373 kcal **5.10 11**" 746 kcal **6.35** With cheese **(V 8**" 466 kcal **5.65 11**" 932 kcal **7.20**

## DESSERTS

DEGGERTO	
NEW Salted caramel sticky toffee pudding ♥ 810 kcal Vanilla ice cream	7.10
NEW Millionaire's shortbread (2 555) 474 kcal Two vanilla ice cream scoops, shortbread biscuit, chocolate sauce, toffee sauce	4.40
Vanilla ice cream ♥ 555 261 kcal Two scoops, toffee sauce, chocolate sauce	3.80
Mini warm chocolate brownie (V) 600 400 kcal Chocolate sauce, vanilla ice cream	5.00
Mini warm cookie dough sandwich ♥ 555 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.00
Fresh fruit bowl	5.40
Warm chocolate fudge cake ♥ 842 kcal. Vanilla ice cream	7.65
Warm chocolate brownie ♥ 698 kcal Chocolate sauce, vanilla ice cream	7.65
<b>Warm cookie dough sandwich ♥</b> 598 kcal Salted caramel filling, toffee sauce, vanilla ice cream	7.65
Bramley apple crumble <b>②</b> 606 kcal. Vanilla ice cream	8.10

### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen  $% \left( 1\right) =\left( 1\right) \left( 1\right) \left($ to filter menus by specific dietary requirements, such as:

• Exclude those dishes containing certain allergens.

Add: Vanilla ice cream scoop (102 kcal) 1.10

Toffee sauce ♥ (58 kcal) 50c; Banana ② (122 kcal) 85c

· See full lists of ingredients.

Chocolate sauce (57 kcal) 50c

Strawberries (13 kcal) 85c

- Set Calorie and carbohydrate limits. • List only vegan or vegetarian dishes.
- While we have procedures for segregating preparation within meals and  $\,$

drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

## DIETARY SYMBOLS



Vegetarian Vegan 5% fat or less 500 Dish under 500 Calories

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in euros, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: idwetherspoon.com Offer (excluding take-away) applies on day of purchase. during one visit; is non-transferable. Exclusions apply. \*Non-refundable advance purchase rates, available to book direct on the website, app and telephone. "Excluding decaffeinated. \*Drinks exclude bottled wine, sparkling wine Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude Lucozade Energy original and all canned soft drinks, except Monst An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 35.5ml in all free houses, except Norther Ireland (35ml). Excludes fruit juices and Lucozade

## jdwetherspoon.com

# BREAKFAST

Add a soft drink<sup>†</sup> or free refills<sup>□</sup> of tea, coffee or hot chocolate to your breakfast for €1.25

<b>Large Irish breakfast</b> 1432 kcal Two fried eggs, bacon, two Loughnane's pork sausages, baked beans, two hash browns, black pudding, two slices of toast	9.20	Freedom breakfast 681 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	4.95
<b>Traditional Irish breakfast</b> 835 kcal Fried egg, bacon, Loughnane's pork sausage, baked beans, hash brown, black pudding, slice of toast	4.95	Scrambled egg on toast	4.65
Small breakfast 499 kcal Fried egg, bacon, Loughnane's pork sausage, baked beans, hash brown	2.95	Beans on toast (V (S) (SST) 498 kcal Buttered white bloomer toast NEW Vegan option available with vegan spread (O) (SST) 498 kcal	4.10
Add: Black pudding (81 kcal) 90c		Small beans on toast 🛡 😵 📸 218 kcal	2.95
Large vegetarian breakfast ♥ 1043 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	9.20	Buttered white bloomer toast  Two slices of toast with jam  383 kcal  White bloomer toast	3.40
<b>Vegetarian breakfast </b> ♥ 826 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	4.95	Fresh fruit bowl @ \$\cong \cong \cong\cong \cong	4.50
Small vegetarian breakfast 👽 🚳 \varpi 329 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	2.95	NEW Creamy jumbo oat porridge	4.10
Vegan breakfast	4.95	Strawberries <b>⊘</b> (13 kcal) <b>85c</b> Honey <b>♡</b> (99 kcal) <b>55c</b>	

## BREAKFAST ROLLS AND WRAPS

Add a soft drink<sup>†</sup> or free refills<sup>□</sup> of tea, coffee or hot chocolate to your breakfast for €1.25

<b>Bacon roll</b> 648 kcal Four rashers of bacon, buttered white baguette	2.95	<b>Breakfast wrap</b> 784 kcal Fried egg, bacon, Loughnane's pork sausage, hash brown, Cheddar che	<b>3.</b> eese
<b>Sausage roll</b> 753 kcal Two Loughnane's pork sausages, buttered white baguette	2.95	<b>Vegetarian breakfast wrap  ♥</b> 760 kcal Fried egg, two vegan sausages, two hash browns, Cheddar cheese	3.
<b>Vegetarian sausage roll ♥</b> 529 kcal Two vegan sausages, buttered white baguette	2.95		

## BREAKFAST EXTRAS

Add any of the following:					
Black pudding 81 kcal	90c	Four rashers of maple-cured bacon 91 kcal	2.10	Two mushrooms @ 98 kcal	1.35
Loughnane's pork sausage 184 kcal	1.45	Two rashers of back bacon 131 kcal	2.10	Two grilled tomato halves @ 15 kcal	95c
<b>Vegan sausage ⊘</b> 72 kcal	1.45	Two scrambled eggs <b>2</b> 34 kcal	2.40	Slice of toast ♥ 189 kcal	1.70
Baked beans @ 126 kcal	95c	Fried egg <b>V</b> 105 kcal	1.75		
Hash brown <b>⊘</b> 82 kcal	80c				

## BREAKFAST MUFFINS

Add a soft drink<sup>†</sup> or free refills<sup>□</sup> of tea, coffee

or hot chocolate to your breakfast for €1.25	
<b>Egg &amp; cheese muffin ♥</b> 569 kcal Fried egg, American-style cheese, in a muffin	2.95
<b>Egg &amp; bacon muffin</b> 334 kcal Fried egg, bacon, American-style cheese, in a muffin	3.40
<b>Egg &amp; sausage muffin</b> 3333 452 kcal Fried egg, Loughnane's pork sausage, American-style cheese, in a muffin	3.40
<b>Egg &amp; vegetarian sausage muffin ♥</b> 5340 kcal Fried egg, vegan sausage, American-style cheese, in a muffin	3.40
<b>Breakfast muffin</b> 518 kcal Fried egg, Loughnane's pork sausage, bacon, American-style cheese, in a muffin	3.60

## TEA. COFFEE AND HOT CHOCOLATE



Flat white **1** 92 kcal Cappuccino V 102 kcal Latte V 113 kcal Mocha V 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee ② 24 kcal Hot chocolate **(V)** 169 kcal Lyons tea

€1.50 each

with semi-skimmed milk V 14 kcal (Soya product available @ 5 kcal) Decaffeinated tea and coffee available.

### BISCUITS

Walkers shortbread **1.30** U 151 kcal **1.30** White chocolate-chip cookies **141** kcal **1.30** Milk chocolate-chip cookies V 141 kcal 1.30 Whirl shortcake (V) 136 kcal 1.30 Oat crunch biscuit V 139 kcal 1.30



Add: Hash brown @ (82 kcal) 80c







3.75

3.75

## wetherspoon

Main menu 11.30am - 11pm. Children's menu available.

# The Silver Penny



Irish coinage can be traced back over a thousand years to around AD995. These early 'hammered' coins were made from silver by striking a coin blank between two hand-cut dies. The silver pennies were produced for the Scandinavian King of Dublin, Sigtrygg II, also known as Sigtrygg Silkbeard. The silver pennies bore the king's head and name, along with the word 'Dyflin' for Dublin.

## INCLUDES A DRINK\* •▲

Choose from over 150 drinks







Sustainable **Restaurant Association** the world's largest sustain certification for pubs and restaurants, evaluating



Free-range eggs
All of the fresh free-range shell eggs we serve are sourced from Irish farms approved by Bord Bia, under the Sustainable Egg Assurance Scheme (SEAS).



in County Tipperary, uses only natural ingredients in the unique curing



Sausages Made with 100 per cent Irish pork, the quality sausages from Loughnane's of Galway are made with only natural ingredients and using traditional Irish recipes









Lyons is part of the Ethical Tea Partnership, which monitors living and working conditions



## **Table service**

Download the Wetherspoon app or scan this QR code. Or note your table number and order at the bar.



Use the app to: Order food and/or drinks • Search for a pub • Book a hotel • Save your favourites • Find an ale

### SMALL PLATES | ANY 3 FOR €18.50 8" PIZZAS Sourdough base – proved, stretched, topped and freshly baked to order. Margherita V 500 482 kcal. Mozzarella, basil 8.85 **Pepperoni** 667 kcal. Mozzarella, pepperoni 11.30 Ham and mushroom 512 kcal. Mozzarella, ham, mushroom, rocket 11.30 BBQ chicken 568 kcal 11.30 Mozzarella, BBQ sauce, chicken breast, red onion, rocket Roasted vegetable **V** 530 kcal 11.30 Mozzarella, mushroom, roasted pepper, courgette, onion, basil Vegan roasted vegetable @ 5% 559 kcal 11.30 Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast **FFF** 665 kcal 11.90 Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket 11" garlic pizza bread V 746 kcal 6.35 Nachos /// V 753 kcal 8.75 Cheese, guacamole, salsa, sour cream, sliced chillies Add: Chilli bean non-carne / (149 kcal) 3.50 Bowl of chips @ 964 kcal 5.45 Bowl of chips with curry sauce 1082 kcal 6.95 Cheesy chips V 1297 kcal 7.00 **Loaded chips** 1557 kcal. Cheese, maple-cured bacon, garlic mayo 8.85 With any of the small plates below, choose one dip: Sweet chilli // @ 37 kcal; Naga chilli // @ 136 kcal Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Garlic mayo ♥ 336 kcal **Quorn**<sup>™</sup> **nuggets** ② 5000 283 kcal. Eight coated pieces 8.10 Halloumi fries V 500 395 kcal 7.95 Chicken breast bites 3 298 kcal. Ten battered chicken pieces 9.45 **Southern-fried chicken strips /** 500 459 kcal. Five chicken strips **9.45 Chicken wings \*\*\*** 813 kcal. Ten spicy chicken wings WINGS, BITES AND STRIPS

MIX	AND	MAT	CH
Ch:-I	<del>:</del> -		<b>S S 4 1</b>

**Chicken wings \*\* OT kcal. Five spicy chicken wings 4.00** each Chicken breast bites 58 (500) 149 kcal Five battered chicken pieces 7.00 **Southern-fried chicken strips 7** 500 276 kcal 3 for Three chicken breast strips 10.00

**Quorn**<sup>™</sup> **nuggets ② SSSE** 177 kcal. Five coated pieces

Add: Garlic mayo (336 kcal) 95c **Chips** (602 kcal); **Side salad** (91 kcal); **Spicy rice** (203 kcal) **1.60** each

## SHARER

With the sharer below, choose two dips: Sweet chilli // @ 37 kcal; Naga chilli // @ 136 kcal Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Garlic mayo ♥ 336 kcal

Chicken wings **FFF** 

20 wings (1626 kcal – for sharing) **15.15**; 30 wings (2439 kcal – for sharing) **18.50** 

## 

soft drink\* alcoholic drink\*

14.45

14.45

NEW Ramen noodle bowl // @ 59 566 466 kcal 11.20 Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Chicken breast (94 kcal) 1.70 Fried buttermilk chicken (473 kcal) 2.95

Burrito salad bowl @ 523 kcal 11.95 14.45 Spicy rice, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies

**Add: Cheese (167 kcal) 1.60; Chicken breast (187 kcal) 2.95** Chilli bean non-carne / (149 kcal) 3.50

Chicken & maple-cured bacon salad 11.95 Choose: Chicken breast 58 58 285 kcal **Southern-fried chicken strips /** 467 kcal

Pasta alfredo V 617 kcal 11.95 Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket

Add: Chicken breast (187 kcal) 2.95 Maple-cured bacon (91 kcal) 2.10

Irish beef & pancetta lasagne 17.10 14.60 Choose: Side salad, dressing 804 kcal; Chips 1295 kcal

## FRIED CHICKEN INCLUDES A DRINK .

NEW Sticky Korean fried chicken bowl ▶ 949 kcal soft drink\* 9.95 Chicken strips, chicken breast bites, chips, alcoholic drink\* 12.45 tossed in a Korean-style sauce, coriander, sliced chillies

Chicken wing basket Eight wings, coleslaw, Naga chilli dip Choose: Side salad 1031 kcal Spicy rice 1123 kcal; Chips 1522 kcal

Boneless basket 🅖 Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Side salad 752 kcal Spicy rice 844 kcal; Chips 1243 kcal

soft drink\* 12.40 each alcoholic drink\* 14.90 each

soft drink\* alcoholic drink\*

9.45

each

alcoholic drink\*

12.55

each

each **5.95** 

soft drink\*

15.00

each

6.95

each

soft drink\*

10.05

each

Chicken breast bites basket

Spicy rice 657 kcal: Chips 1056 kcal

MEAT-FREE BURGERS

Fried halloumi cheese burger

BEYOND MEAT plant-based patty

**NEW** Korean crunchy chicken

Two fried chicken strips, iceberg lettuce,

Served with chips (602 kcal, included

Breaded whole chicken breast fillet

**GOURMET BURGERS** 

**Ultimate burger** 1688 kcal

Tennessee burger

signature burger sauce, gherkin

Fried buttermilk chicken 1694 kcal

Fried buttermilk chicken 1768 kcal

Fiesta burger @ 1363 kcal

American-style mustard

Heatwave burger

**Crunchy chicken strip burger ₱** 769 kcal

Two southern-fried chicken strips, iceberg lettuce, mayo

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze

BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper,

**Triple American cheese & bacon burger** 1802 kcal soft drink\* **16.00** 

Choose: Beef (two 3oz beef patties) 1599 kcal

Choose: Beef (two 3oz beef patties) 1672 kcal

Three 3oz beef patties, American-style cheese,

maple-cured bacon, red onion, gherkin, ketchup,

1206 kcal. Sweet chilli sauce

**Beyond Burger ②** 958 kcal

CHICKEN BURGERS

gherkin, Korean-style sauce

strip burger 711 kcal

in Calories below).

Ten battered chicken pieces, coleslaw, garlic mayo Choose: Side salad 767 kcal Spicy rice 970 kcal; Chips 1369 kcal

Southern-fried chicken strips basket Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 680 kcal Spicy rice 883 kcal; Chips 1282 kcal

alcoholic drink\*

soft drink\*

12.40

each

14.90

each

soft drink\* alcoholic drink\*

soft drink\* alcoholic drink\*

12.55

each

9.45

each

alcoholic drink\*

17.35

each

10.05

each

6.95

each

Quorn™ 'no chicken' nuggets basket 🆊 🗸 🕡 Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 585 kcal

Served with chips (602 kcal, included in Calories below).

Served with a small portion of chips (329 kcal, included in Calories below).

BURGERS INCLUDES A DRINK | Beef burgers made with 100% Irish beef, freshly cooked to order. Traceable from farm to fork.

BEEF BURGERS One 3oz beef patty.

Served with a small portion of chips (329 kcal, included in Calories below).

American burger 711 kcal Red onion, gherkin, ketchup. American-style mustard

Classic beef burger 689 kcal Iceberg lettuce, tomato, red onion

Skinny beef burger 53 555 387 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips

American cheese burger 738 kcal soft drink\* 7.95 alcoholic drink\* 10.45 American-style cheese, red onion, gherkin, ketchup, American-style mustard

Double beef burgers Two 3oz beef patties.

Served with chips (602 kcal, included in Calories below) Double American burger 1174 kcal

Red onion, gherkin. ketchup, American-style mustard

**Double classic beef burger** 1152 kcal Iceberg lettuce, tomato, red onion

**Double American cheese burger** 1227 kcal soft drink\* 11.05 American-style cheese, red onion, gherkin, ketchup, alcoholic drink\* 13.55 American-style mustard

JUST-A-BURGER Served on its own, without chips or a drink.

NEW Korean crunchy chicken strip burger 38 83 kcal Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce

American burger 383 kcal

Red onion, gherkin, ketchup, American-style mustard **Crunchy chicken strip burger** 440 kcal Two southern-fried chicken strips, iceberg lettuce, mayo

## ADDITIONAL TOPPINGS AND BURGER PATTIES

3.05 Maple-cured bacon with Cheddar cheese 169 kcal Maple-cured bacon with American-style cheese 144 kcal 3.05 Maple-cured bacon 91 kcal 2.10 1.95 Cheddar cheese V 78 kcal 1.95 American-style cheese ♥ 53 kcal Crunchy chicken strip **/** 92 kcal 2.45

One 3oz beef patty 189 kcal Fried halloumi cheese **3**95 kcal Fried buttermilk chicken 473 kcal BEYOND MEAT patty @ 184 kcal

each **2.95** 

## CURRIES INCLUDES A DRINK •

## KATSU CURRIES

With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet

Sliced char-grilled chicken breast

alcoholic drink\* Katsu grilled chicken curry \$\sigma\$ 542 kcal 17.50 Katsu Quorn<sup>™</sup> nugget curry **②** 639 kcal Eight coated pieces

CLASSIC CURRIES With basmati pilau rice, plain naan, poppadums and mango chutney.

Chicken jalfrezi PP 38 1002 kcal Beef Madras /// 1111 kcal Chicken tikka masala // 1257 kcal Mangalorean roasted cauliflower & spinach curry **//** @ 5994 kcal

Two plain poppadums (87 kcal) 65c

each alcoholic drink\* 18.70

soft drink\*

16.20

alcoholic drink\* 18.50

Change your plain naan to a garlic naan (V) (add 75 kcal) 55c Add: One vegetable samosa and two onion bhajis // @ (295 kcal) 2.50

soft drink\* alcoholic drink\* 10.05 12.55 Fried buttermilk chicken burger 1247 kcal each each FIS Sm Served with chips, six onion rings (860 kcal, included in Calories below). Pea Fried buttermilk chicken, Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing Ado Chi Two 3oz beef patties, maple-cured bacon, Cheddar cheese, soft drink Sm 14.85 each

Lou bak Sm Two vegan sausages, fried egg, baked beans, chips

## PUB CLASSICS **includes a drink** •

Freshly battered cod and chips Peas 1238 kcal or mushy peas 1335 kcal	15.20	17.70
Add: Two slices of bread () (335 kcal) 1.70 Chip shop-style curry sauce () (118 kcal) 1.70		
<b>Sausages, chips and beans</b> 1216 kcal Three Loughnane's pork sausages	11.55	14.05
<b>Vegan sausages, chips and beans </b> 880 kcal Three vegan sausages	11.55	14.05
NEW Chilli bean non-carne 💆 🚳 🚳 641 kcal Spicy rice, tortilla chips	13.65	16.15
<b>All-day breakfast</b> 1535 kcal Two Loughnane's pork sausages, bacon, two fried egg baked beans, black pudding, chips	<b>13.95</b> gs,	16.45
Vegetarian all-day breakfast ♥ 1089 kcal Three vegan sausages, two fried eggs, baked beans, or	<b>13.95</b> thips	16.45

### || P|ZZAS **includes a drink** • Sourdough base - proved, stretched, topped and freshly baked to order. soft drink\* alcoholic drink\* Margherita V 963 kcal 9.95 12.45 Mozzarella, basil Pepperoni // 1334 kcal soft drink\* alcoholic drink\* Mozzarella, pepperoni 11.95 14.45 each each Ham and mushroom 1024 kcal Mozzarella, ham, mushroom, rocket BBQ chicken 1124 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket **Roasted vegetable 1060** kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil **Vegan roasted vegetable 718** kcal Mushroom, roasted pepper, courgette, onion, basil

<b>Spicy meat feast ****</b> 1303 kcal <b>13.95 16.45</b>	
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	
•••••••••••••••••••••••••••••••••••••••	
Additional tonnings	

Additional toppings	
Red onion @ 9 kcal; Sliced chillies <b>PFFF</b> @ 3 kcal	
Mushroom <b>⊘</b> 6 kcal; Garlic mayo <b>∨</b> 336 kcal	each <b>95c</b>
Mozzarella V 171 kcal; Maple-cured bacon 91 kcal	
Ham 54 kcal; Chicken breast 94 kcal	each <b>1.70</b>

Pepperoni // 186 kcal Roasted vegetables @ 90 kcal each 2.95

## SMALL PUB CLASSICS INCLUDES A DRINK

SH AND CHIPS	soft drink*	alcoholic drink*
nall freshly battered d and chips as 671 kcal or mushy peas 768 kcal	10.20	12.70
d: Two slices of bread (335 kcal) 1.70 ip shop-style curry sauce (3) (118 kcal) 1.70		•
nall all-day breakfast 745 kcal ughnane's pork sausage, bacon, fried egg, ked beans, black pudding, chips	9.50	12.00
nall vegetarian -dav breakfast <b>©</b> 639 kcal	9.50	12.00

## Small fried halloumi cheese // W 5000 404 kcal Salad leaves, tomato, cucumber, sweet chilli sauce

just-a-wrap, without a drink

each

soft drink\*

4.95

each

alcoholic drink\*

7.45

each

soft drink\*

7.20

each

alcoholic drink\*

9.70

each

Add: Small side salad (45 kcal) Small portion of chips @ (329 kcal) 1.15 each

DELI DEALS® INCLUDES A DRINK •

NEW Small Korean fried chicken / 500 377 kcal

Iceberg lettuce, cucumber, coriander, Korean-style sauce

Small vegetarian brunch wrap V 500 494 kcal

Small Quorn<sup>™</sup> nuggets **//** ② 530 293 kcal

Small southern-fried chicken / 555 456 kcal

Small cold chicken breast // 38 500 277 kcal

Fried egg, two vegan sausages, Cheddar cheese

Fried egg, bacon, Loughnane's pork sausage, Cheddar cheese

10" WRAPS A smaller wrap and filling.

Small brunch wrap 600 kcal

Salad leaves, garlic mayo

Salad leaves, sweet chilli sauce

### 12" WRAPS

**NEW Korean fried chicken /** 595 kcal Iceberg lettuce, cucumber, coriander, Korean-style sauce

Quorn<sup>™</sup> nuggets / Ø 🚳 🛗 480 kcal Salad leaves, tomato, cucumber, salsa

**Southern-fried chicken 684** kcal Salad leaves, garlic mayo

Cold chicken breast // 800 kcal Salad leaves, sweet chilli sauce

Fried halloumi cheese // V 707 kcal Salad leaves, tomato, cucumber, sweet chilli sauce

### **PANINIS**

Cheddar cheese and tomato ♥ 523 kcal

Ham and Cheddar cheese 600 486 kcal

BBQ chicken, bacon and Cheddar cheese 584 kcal

## ROLL

soft drink\* alcoholic drink\*

Chicken fillet 1023 kcal

Fried buttermilk chicken, garlic mayo, iceberg lettuce, tomato, in a baguette

8" PIZZAS On a freshly baked sourdough base. Choose any 8" pizza from the small plates section.

Add: Salad @ (91 kcal)

Spicy rice @ (203 kcal)

Chips @ (602 kcal) 1.60 each

## JACKET POTATOES INCLUDES A DRINK •

With salad and one filling. Extra fillings 1.60 each.

Coleslaw 788 kcal

Cheese 772 kcal

Baked beans @ 5711 kcal

Chilli bean non-carne / @ 52 671 kcal

Roasted vegetables @ 612 kcal

soft drink\* alcoholic drink\* 8.45 10.95 each each