SIDES AND EXTRAS

Bowl of chips (Vg) 964 kcal (**Add: Spicy seasoning** (Vg) (7 kcal) 50c)				**5.45**
Small bowl of chips (Vg) 602 kcal				**3.10**
Five chicken wings 407 kcal				**4.00**
Peas (Vg) 94 kcal				**1.15**
Side salad (Vg) 91 kcal				**2.70**
Coleslaw (V) 399 kcal				**1.70**
Sliced chillies (Vg) 3 kcal				**95c**
Mushy peas (Vg) 289 kcal				**1.15**
Roasted vegetables (Vg) 135 kcal				**2.95**
Garlic mayo (V) 336 kcal				**95c**
Onion rings (Vg)	**Six** 269 kcal	**3.10**	**Twelve** 538 kcal	**4.45**
Garlic pizza bread (V)	**8"** 373 kcal	**5.10**	**11"** 746 kcal	**6.35**
With cheese (V)	**8"** 466 kcal	**5.65**	**11"** 932 kcal	**7.20**

DESSERTS

NEW Salted caramel sticky toffee pudding (V) 810 kcal **7.10**
Vanilla ice cream

NEW Millionaire's shortbread (V) (Under 500) 474 kcal **4.40**
Two vanilla ice cream scoops, shortbread biscuit, chocolate sauce, toffee sauce

Vanilla ice cream (V) (Under 500) 261 kcal **3.80**
Two scoops, toffee sauce, chocolate sauce

Mini warm chocolate brownie (V) (Under 500) 400 kcal **5.00**
Chocolate sauce, vanilla ice cream

Mini warm cookie dough sandwich (V) (Under 500) 350 kcal **5.00**
Salted caramel filling, toffee sauce, vanilla ice cream

Fresh fruit bowl (V) (Under 500) 427 kcal **5.40**
Banana, strawberry, pineapple, grapes, apple, honeydew and cantaloupe melon, vanilla ice cream

Warm chocolate fudge cake (V) 842 kcal. Vanilla ice cream **7.65**

Warm chocolate brownie (V) 698 kcal **7.65**
Chocolate sauce, vanilla ice cream

Warm cookie dough sandwich (V) 598 kcal **7.65**
Salted caramel filling, toffee sauce, vanilla ice cream

Bramley apple crumble (V) 606 kcal. Vanilla ice cream **8.10**

Add: Vanilla ice cream scoop (V) (102 kcal) **1.10**
Chocolate sauce (Vg) (57 kcal) **50c**
Toffee sauce (V) (58 kcal) **50c; Banana** (Vg) (122 kcal) **85c**
Strawberries (Vg) (13 kcal) **85c**

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

🌶 = Very mild 🌶🌶 = Mild 🌶🌶🌶 = Medium hot
🌶🌶🌶🌶 = Very hot 🌶🌶🌶🌶🌶 = Extremely hot
(V) Vegetarian (Vg) Vegan (5%) 5% fat or less (Under 500) Dish under 500 Calories

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in euros, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com ‡Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on the website, app and telephone. ††Excluding decaffeinated. ***Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu**. Mixers exclude Lucozade Energy original and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 35.5ml in all free houses, except Northern Ireland (35ml). ‡Excludes fruit juices and Lucozade.

jdwetherspoon.com

BREAKFAST

Served 8am – 12 noon

Add a soft drink‡ or free refills□ of tea, coffee or hot chocolate to your breakfast for €1.25

Large Irish breakfast 1432 kcal **9.20**
Two fried eggs, bacon, two Loughnane's pork sausages, baked beans, two hash browns, black pudding, two slices of toast

Traditional Irish breakfast 835 kcal **4.95**
Fried egg, bacon, Loughnane's pork sausage, baked beans, hash brown, black pudding, slice of toast

Small breakfast (Under 500) 499 kcal **2.95**
Fried egg, bacon, Loughnane's pork sausage, baked beans, hash brown

Add: Black pudding (81 kcal) **90c**

Large vegetarian breakfast (V) 1043 kcal **9.20**
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast

Vegetarian breakfast (V) 826 kcal **4.95**
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast

Small vegetarian breakfast (V) (5%) (Under 500) 329 kcal **2.95**
Fried egg, vegan sausage, baked beans, hash brown, tomato

Vegan breakfast (Vg) 691 kcal **4.95**
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread

Freedom breakfast 681 kcal **4.95**
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato

Scrambled egg on toast (V) 648 kcal **4.65**
Three eggs, buttered white bloomer toast

Beans on toast (V) (5%) (Under 500) 498 kcal **4.10**
Buttered white bloomer toast
NEW Vegan option available with vegan spread (Vg) (5%) (Under 500) 498 kcal

Small beans on toast (V) (5%) (Under 500) 218 kcal **2.95**
Buttered white bloomer toast

Two slices of toast with jam (V) (Under 500) 383 kcal **3.40**
White bloomer toast

Fresh fruit bowl (Vg) (5%) (Under 500) 223 kcal **4.50**
Banana, strawberry, pineapple, grapes, apple, honeydew and cantaloupe melon

NEW Creamy jumbo oat porridge (V) (5%) (Under 500) 175 kcal (plain) **4.10**
Add: Banana (Vg) (122 kcal) **85c**
Strawberries (Vg) (13 kcal) **85c**
Honey (V) (99 kcal) **55c**

BREAKFAST ROLLS AND WRAPS

Add a soft drink‡ or free refills□ of tea, coffee or hot chocolate to your breakfast for €1.25

Bacon roll 648 kcal **2.95**
Four rashers of bacon, buttered white baguette

Sausage roll 753 kcal **2.95**
Two Loughnane's pork sausages, buttered white baguette

Vegetarian sausage roll (V) 529 kcal **2.95**
Two vegan sausages, buttered white baguette

Breakfast wrap 784 kcal **3.75**
Fried egg, bacon, Loughnane's pork sausage, hash brown, Cheddar cheese

Vegetarian breakfast wrap (V) 760 kcal **3.75**
Fried egg, two vegan sausages, two hash browns, Cheddar cheese

BREAKFAST EXTRAS

Add any of the following:

Black pudding 81 kcal	**90c**	**Four rashers of maple-cured bacon** 91 kcal	**2.10**	**Two mushrooms** (Vg) 98 kcal	**1.35**
Loughnane's pork sausage 184 kcal	**1.45**	**Two rashers of back bacon** 131 kcal	**2.10**	**Two grilled tomato halves** (Vg) 15 kcal	**95c**
Vegan sausage (Vg) 72 kcal	**1.45**	**Two scrambled eggs** (V) 234 kcal	**2.40**	**Slice of toast** (V) 189 kcal	**1.70**
Baked beans (Vg) 126 kcal	**95c**	**Fried egg** (V) 105 kcal	**1.75**	**Grilled halloumi cheese** (V) 395 kcal	**2.95**
Hash brown (Vg) 82 kcal	**80c**				

BREAKFAST MUFFINS

Add a soft drink‡ or free refills□ of tea, coffee or hot chocolate to your breakfast for €1.25

Egg & cheese muffin (V) (Under 500) 269 kcal **2.95**
Fried egg, American-style cheese, in a muffin

Egg & bacon muffin (Under 500) 334 kcal **3.40**
Fried egg, bacon, American-style cheese, in a muffin

Egg & sausage muffin (Under 500) 452 kcal **3.40**
Fried egg, Loughnane's pork sausage, American-style cheese, in a muffin

Egg & vegetarian sausage muffin (V) (Under 500) 340 kcal **3.40**
Fried egg, vegan sausage, American-style cheese, in a muffin

Breakfast muffin 518 kcal **3.60**
Fried egg, Loughnane's pork sausage, bacon, American-style cheese, in a muffin

Add: Hash brown (Vg) (82 kcal) **80c**

TEA, COFFEE AND HOT CHOCOLATE

FREE REFILLS
TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —
LAVAZZA TORINO, ITALIA, 1895
€1.50 each

Flat white (V) 92 kcal
Cappuccino (V) 102 kcal
Latte (V) 113 kcal
Mocha (V) 147 kcal
Espresso (Vg) 6 kcal
Black coffee (Vg) 6 kcal
White coffee (V) 24 kcal
Hot chocolate (V) 169 kcal
Lyons tea
with semi-skimmed milk (V) 14 kcal
(Soya product available (Vg) 5 kcal)
Decaffeinated tea and coffee available.

BISCUITS

Walkers shortbread (V) 151 kcal **1.30**
White chocolate-chip cookies (V) 141 kcal **1.30**
Milk chocolate-chip cookies (V) 141 kcal **1.30**
Whirl shortcake (V) 136 kcal **1.30**
Oat crunch biscuit (V) 139 kcal **1.30**

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ROI MENU_7377

wetherspoon

FOOD

Main menu 11.30am – 11pm. Children's menu available.

The South Strand
Dublin

The south dock was once a large area of 'marshland sprinkled with an occasional apple tree'. On one of the earliest maps (1673) of the city of Dublin, by Bernard de Gomme, there are no buildings marked on the south side of the River Liffey. This marshy riverside area is named on Gomme's map as 'South Strand'. He noted that it was 'overflowed by the high tide, with up to five feet of water at neap tide, dry at half tide and dry enough at low tide to walk across the sand'.

INCLUDES A DRINK*

Choose from over 150 drinks

100% IRISH BEEF

100% Irish beef
Sourced from farms in Ireland. Traceable from farm to fork.

FOOD MADE GOOD 2024 – 2026

Sustainable Restaurant Association
Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

FREE RANGE

Free-range eggs
All of the fresh free-range shell eggs we serve are sourced from Irish farms approved by Bord Bia, under the Sustainable Egg Assurance Scheme (SEAS).

DewValley

Bacon
Dew Valley Foods, based in County Tipperary, uses only natural ingredients in the unique curing process of its bacon.

EST. 1975 LOUGHNANE'S FAMILY BUTCHERS

Sausages
Made with 100 per cent Irish pork, the quality sausages from Loughnane's of Galway are made with only natural ingredients and using traditional Irish recipes.

LAVAZZA TORINO, ITALIA, 1895
100% ARABICA BEANS
RAINFOREST ALLIANCE CERTIFIED FARMS & NATURE

Coffee
The freshly ground 100% Arabica Lavazza coffee†† we serve is from Rainforest Alliance-certified farms.

LYONS

Tea
Lyons is part of the Ethical Tea Partnership, which monitors living and working conditions on tea estates.

Table service

Download the Wetherspoon app or scan this QR code.
Or note your table number and order at the bar.

Use the app to: Order food and/or drinks • Search for a pub • Book a hotel • Save your favourites • Find an ale

SMALL PLATES | ANY 3 FOR €18.50

8" PIZZAS Sourdough base – proved, stretched, topped and freshly baked to order.

Margherita (V) (UNDER 500) 482 kcal. Mozzarella, basil — **8.85**
Pepperoni 667 kcal. Mozzarella, pepperoni — **11.30**
Ham and mushroom 512 kcal. Mozzarella, ham, mushroom, rocket — **11.30**
BBQ chicken 568 kcal
Mozzarella, BBQ sauce, chicken breast, red onion, rocket — **11.30**
Roasted vegetable (V) 530 kcal
Mozzarella, mushroom, roasted pepper, courgette, onion, basil — **11.30**
Vegan roasted vegetable (5%) (UNDER 500) 359 kcal
Mushroom, roasted pepper, courgette, onion, basil — **11.30**
Spicy meat feast 665 kcal
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket — **11.90**

NEW Char-grilled halloumi cheese (V) (UNDER 500) 460 kcal
Rocket, roasted pepper, courgette, onion, salsa — **7.95**
11" garlic pizza bread (V) 746 kcal — **6.35**
Nachos (V) 753 kcal
Cheese, guacamole, salsa, sour cream, sliced chillies — **8.75**
Add: Chilli bean non-carne (1 kcal) **3.50**
Bowl of chips 964 kcal — **5.45**
Bowl of chips with curry sauce 1082 kcal — **6.95**
Cheesy chips (V) 1297 kcal — **7.00**
Loaded chips 1557 kcal. Cheese, maple-cured bacon, garlic mayo — **8.85**

With any of the small plates below, choose one dip:
Sweet chilli 37 kcal; **Naga chilli** 136 kcal
Jack Daniel's® Tennessee Honey glaze (V) 87 kcal; **Garlic mayo** (V) 336 kcal
Quorn™ nuggets (UNDER 500) 283 kcal. Eight coated pieces — **8.10**
Halloumi fries (V) (UNDER 500) 395 kcal — **7.95**
Chicken breast bites (5%) (UNDER 500) 298 kcal. Ten battered chicken pieces — **9.45**
Southern-fried chicken strips (UNDER 500) 459 kcal. Five chicken strips — **9.45**
Chicken wings 813 kcal. Ten spicy chicken wings — **8.85**

WINGS, BITES AND STRIPS

MIX AND MATCH

Chicken wings (UNDER 500) 407 kcal. Five spicy chicken wings
Chicken breast bites (5%) (UNDER 500) 149 kcal
Five battered chicken pieces
Southern-fried chicken strips (UNDER 500) 276 kcal
Three chicken breast strips
Quorn™ nuggets (UNDER 500) 177 kcal. Five coated pieces

4.00 each
2 for 7.00
3 for 10.00

Add: Garlic mayo (V) (336 kcal) **95c**
Chips (602 kcal); **Side salad** (91 kcal); **Spicy rice** (203 kcal) **1.60** each

SHARER

With the sharer below, choose two dips:
Sweet chilli 37 kcal; **Naga chilli** 136 kcal
Jack Daniel's® Tennessee Honey glaze (V) 87 kcal; **Garlic mayo** (V) 336 kcal
Chicken wings
20 wings (1626 kcal – for sharing) **15.15**; 30 wings (2439 kcal – for sharing) **18.50**

NOODLES, SALADS AND PASTAS INCLUDES A DRINK*

	soft drink*	alcoholic drink*
NEW Ramen noodle bowl (5%) (UNDER 500) 466 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth	**11.20**	**13.70**
Add: Char-grilled chicken breast (94 kcal) **1.70**		
Fried buttermilk chicken (473 kcal) **2.95**		
Burrito salad bowl (5%) 523 kcal Spicy rice, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies	**11.95**	**14.45**
Add: Cheese (V) (167 kcal) **1.60; Char-grilled chicken breast** (187 kcal) **2.95**		
Chilli bean non-carne (149 kcal) **3.50**		
Grilled halloumi cheese & roasted vegetable salad (V) (UNDER 500) 391 kcal Roasted pepper, courgette, onion, pico de gallo, dressing	**11.95**	**14.45**
Chicken & maple-cured bacon salad **Choose: Char-grilled chicken breast** (5%) (UNDER 500) 285 kcal **Southern-fried chicken strips** (UNDER 500) 467 kcal	**11.95**	**14.45**
Pasta alfredo (V) 617 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket	**11.95**	**14.45**
Add: Char-grilled chicken breast (187 kcal) **2.95**		
Maple-cured bacon (91 kcal) **2.10**		
Irish beef & pancetta lasagne	**14.60**	**17.10**
Choose: Side salad, dressing 804 kcal; **Chips** 1295 kcal		

FRIED CHICKEN INCLUDES A DRINK*

NEW Sticky Korean fried chicken bowl 949 kcal — soft drink* **9.95**, alcoholic drink* **12.45**
Chicken strips, chicken breast bites, chips, tossed in a Korean-style sauce, coriander, sliced chillies

Chicken wing basket
Eight wings, coleslaw, Naga chilli dip
Choose: Side salad 1031 kcal
Spicy rice 1123 kcal; **Chips** 1522 kcal

Boneless basket
Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce
Choose: Side salad 752 kcal
Spicy rice 844 kcal; **Chips** 1243 kcal

soft drink* **12.40** each
alcoholic drink* **14.90** each

Chicken breast bites basket
Ten battered chicken pieces, coleslaw, garlic mayo
Choose: Side salad 767 kcal
Spicy rice 970 kcal; **Chips** 1369 kcal

Southern-fried chicken strips basket
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze
Choose: Side salad 680 kcal
Spicy rice 883 kcal; **Chips** 1282 kcal

Quorn™ 'no chicken' nuggets basket (V)
Eight coated pieces, coleslaw, sweet chilli sauce
Choose: Side salad 585 kcal
Spicy rice 657 kcal; **Chips** 1056 kcal

soft drink* **12.40** each
alcoholic drink* **14.90** each

BURGERS INCLUDES A DRINK* | Beef burgers made with 100% Irish beef, freshly cooked to order. Traceable from farm to fork.

BEEF BURGERS One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).

American burger 711 kcal
Red onion, gherkin, ketchup, American-style mustard
Classic beef burger 689 kcal
Iceberg lettuce, tomato, red onion
Skinny beef burger (5%) (UNDER 500) 387 kcal
Iceberg lettuce, tomato, red onion, with a side salad, instead of chips

soft drink* **6.95** each | alcoholic drink* **9.45** each

American cheese burger 738 kcal
American-style cheese, red onion, gherkin, ketchup, American-style mustard — soft drink* **7.95**, alcoholic drink* **10.45**

Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).

Double American burger 1174 kcal
Red onion, gherkin, ketchup, American-style mustard
Double classic beef burger 1152 kcal
Iceberg lettuce, tomato, red onion

soft drink* **10.05** each | alcoholic drink* **12.55** each

Double American cheese burger 1227 kcal
American-style cheese, red onion, gherkin, ketchup, American-style mustard — soft drink* **11.05**, alcoholic drink* **13.55**

JUST-A-BURGER

Served on its own, without chips or a drink. — each **5.95**

NEW Korean crunchy chicken strip burger (5%) (UNDER 500) 383 kcal
Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce
American burger (UNDER 500) 383 kcal
Red onion, gherkin, ketchup, American-style mustard
Crunchy chicken strip burger (UNDER 500) 440 kcal
Two southern-fried chicken strips, iceberg lettuce, mayo

ADDITIONAL TOPPINGS AND BURGER PATTIES

Maple-cured bacon with Cheddar cheese 169 kcal	**3.05**
Maple-cured bacon with American-style cheese 144 kcal	**3.05**
Maple-cured bacon 91 kcal	**2.10**
Cheddar cheese (V) 78 kcal	**1.95**
American-style cheese (V) 53 kcal	**1.95**
Crunchy chicken strip 92 kcal	**2.45**
One 3oz beef patty 189 kcal	
Fried halloumi cheese (V) 395 kcal	
Char-grilled chicken breast 187 kcal	
Fried buttermilk chicken 473 kcal	
BEYOND MEAT patty 184 kcal	each **2.95**

MEAT-FREE BURGERS

Served with chips (602 kcal, included in Calories below).
Fried halloumi cheese burger (V) 1206 kcal
Sweet chilli sauce
Beyond Burger™ 958 kcal
BEYOND MEAT plant-based patty

soft drink* **10.05** each
alcoholic drink* **12.55** each

CHICKEN BURGERS

Served with a small portion of chips (329 kcal, included in Calories below).
NEW Korean crunchy chicken strip burger 711 kcal
Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce
Crunchy chicken strip burger 769 kcal
Two southern-fried chicken strips, iceberg lettuce, mayo

soft drink* **6.95** each
alcoholic drink* **9.45** each

Served with chips (602 kcal, included in Calories below).
Fried buttermilk chicken burger 1247 kcal
Breaded whole chicken breast fillet
Char-grilled chicken breast burger 961 kcal
Iceberg lettuce, tomato, red onion
Skinny chicken burger (5%) (UNDER 500) 385 kcal
Char-grilled chicken breast, with salad, instead of chips

soft drink* **10.05** each
alcoholic drink* **12.55** each

GOURMET BURGERS

Served with chips, six onion rings (860 kcal, included in Calories below).
Heatwave burger
Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing
Choose: Char-grilled chicken breast 1705 kcal
Fried buttermilk chicken 1990 kcal
Ultimate burger 1688 kcal
Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin
Tennessee burger
Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze
Choose: Beef (two 3oz beef patties) 1599 kcal
Char-grilled chicken breast 1409 kcal; **Fried buttermilk chicken** 1694 kcal
BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce
Choose: Beef (two 3oz beef patties) 1672 kcal
Char-grilled chicken breast 1482 kcal; **Fried buttermilk chicken** 1768 kcal
Fiesta burger 1363 kcal
BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

soft drink* **14.85** each
alcoholic drink* **17.35** each

Triple American cheese & bacon burger 1802 kcal
Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard — soft drink* **16.00**, alcoholic drink* **18.50**

CURRIES INCLUDES A DRINK*

KATSU CURRIES

With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu chicken curry 828 kcal
Sliced whole breaded chicken breast fillet
Katsu grilled chicken curry (5%) 542 kcal
Sliced char-grilled chicken breast
Katsu Quorn™ nugget curry 639 kcal
Eight coated pieces

soft drink* **15.00** each
alcoholic drink* **17.50** each

CLASSIC CURRIES With basmati pilau rice, plain naan, poppadums and mango chutney.

Chicken jalfrezi (5%) 1002 kcal
Beef Madras 1111 kcal
Chicken tikka masala 1257 kcal
Mangalorean roasted cauliflower & spinach curry (5%) 994 kcal

soft drink* **16.20** each
alcoholic drink* **18.70** each

Change your plain naan to a garlic naan (V) (add 75 kcal) **55c**
Add: One vegetable samosa and two onion bhajis (295 kcal) **2.50**
Two plain poppadums (87 kcal) **65c**

11" PIZZAS INCLUDES A DRINK*

Sourdough base – proved, stretched, topped and freshly baked to order.

	soft drink*	alcoholic drink*
Margherita (V) 963 kcal Mozzarella, basil	**9.95**	**12.45**
Pepperoni 1334 kcal Mozzarella, pepperoni	**11.95** each	**14.45** each
Ham and mushroom 1024 kcal Mozzarella, ham, mushroom, rocket		
BBQ chicken 1124 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket		
Roasted vegetable (V) 1060 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil		
Vegan roasted vegetable (5%) 718 kcal Mushroom, roasted pepper, courgette, onion, basil		
Spicy meat feast 1303 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	**13.95**	**16.45**

Additional toppings
Red onion 9 kcal; **Sliced chillies** 3 kcal
Mushroom 6 kcal; **Garlic mayo** (V) 336 kcal — each **95c**

Mozzarella (V) 171 kcal; **Maple-cured bacon** 91 kcal
Ham 54 kcal; **Chicken breast** 94 kcal — each **1.70**

Pepperoni 186 kcal
Roasted vegetables 90 kcal — each **2.95**

SMALL PUB CLASSICS INCLUDES A DRINK*

	soft drink*	alcoholic drink*
FISH AND CHIPS **Small freshly battered cod and chips** Peas 671 kcal or mushy peas 768 kcal	**10.20**	**12.70**
Add: Two slices of bread (V) (335 kcal) **1.70** **Chip shop-style curry sauce** (118 kcal) **1.70**		
Small all-day breakfast 745 kcal Loughnane's pork sausage, bacon, fried egg, baked beans, black pudding, chips	**9.50**	**12.00**
Small vegetarian all-day breakfast (V) 639 kcal Two vegan sausages, fried egg, baked beans, chips	**9.50**	**12.00**

PUB CLASSICS INCLUDES A DRINK*

	soft drink*	alcoholic drink*
FISH AND CHIPS **Freshly battered cod and chips** Peas 1238 kcal or mushy peas 1335 kcal	**15.20**	**17.70**
Add: Two slices of bread (V) (335 kcal) **1.70** **Chip shop-style curry sauce** (118 kcal) **1.70**		
Sausages, chips and beans 1216 kcal Three Loughnane's pork sausages	**11.55**	**14.05**
Vegan sausages, chips and beans 880 kcal Three vegan sausages	**11.55**	**14.05**
NEW Chilli bean non-carne (5%) 641 kcal Spicy rice, tortilla chips	**13.65**	**16.15**
All-day breakfast 1535 kcal Two Loughnane's pork sausages, bacon, two fried eggs, baked beans, black pudding, chips	**13.95**	**16.45**
Vegetarian all-day breakfast (V) 1089 kcal Three vegan sausages, two fried eggs, baked beans, chips	**13.95**	**16.45**

STEAKS AND GRILLS INCLUDES A DRINK*

From farms in Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking.

Classic 8oz sirloin steak
Choose: Side salad 570 kcal
Jacket potato 913 kcal
Chips 1061 kcal

soft drink* **18.55** | alcoholic drink* **21.05**

Gourmet 8oz sirloin steak
With peas, tomato, mushroom, three onion rings and Jack Daniel's® Tennessee Honey glaze
Choose: Side salad 808 kcal
Jacket potato 1152 kcal
Chips 1299 kcal

soft drink* **21.00** | alcoholic drink* **23.50**

Add: Jack Daniel's® Tennessee Honey glaze (V) (87 kcal) **1.70**

	soft drink*	alcoholic drink*
BBQ chicken melt Grilled chicken, Cheddar cheese, bacon, BBQ sauce, peas, tomato, mushroom **Choose: Side salad** (5%) 629 kcal; **Jacket potato** (5%) 972 kcal **Chips** 1119 kcal	**14.85**	**17.35**

DELI DEALS® INCLUDES A DRINK*

10" WRAPS A smaller wrap and filling.

NEW Small Korean fried chicken (UNDER 500) 377 kcal
Iceberg lettuce, cucumber, coriander, Korean-style sauce
Small brunch wrap 600 kcal
Fried egg, bacon, Loughnane's pork sausage, Cheddar cheese
Small vegetarian brunch wrap (V) (UNDER 500) 494 kcal
Fried egg, two vegan sausages, Cheddar cheese
Small Quorn™ nuggets (5%) (UNDER 500) 293 kcal
Salad leaves, tomato, cucumber, salsa
Small southern-fried chicken (UNDER 500) 456 kcal
Salad leaves, garlic mayo
Small cold chicken breast (5%) (UNDER 500) 277 kcal
Salad leaves, sweet chilli sauce
Small fried halloumi cheese (V) (UNDER 500) 404 kcal
Salad leaves, tomato, cucumber, sweet chilli sauce

just-a-wrap, without a drink **3.95** each
soft drink* **4.95** each
alcoholic drink* **7.45** each

Add: Small side salad (45 kcal)
Small portion of chips (329 kcal) **1.15** each

12" WRAPS

NEW Korean fried chicken 595 kcal
Iceberg lettuce, cucumber, coriander, Korean-style sauce
Quorn™ nuggets (5%) (UNDER 500) 480 kcal
Salad leaves, tomato, cucumber, salsa
Southern-fried chicken 684 kcal
Salad leaves, garlic mayo
Cold chicken breast (UNDER 500) 480 kcal
Salad leaves, sweet chilli sauce
Fried halloumi cheese (V) 707 kcal
Salad leaves, tomato, cucumber, sweet chilli sauce

soft drink* **7.20** each
alcoholic drink* **9.70** each

PANINIS

Cheddar cheese and tomato (V) 523 kcal
Ham and Cheddar cheese (UNDER 500) 486 kcal
BBQ chicken, bacon and Cheddar cheese 584 kcal

ROLL

Chicken fillet 1023 kcal
Fried buttermilk chicken, garlic mayo, iceberg lettuce, tomato, in a baguette

8" PIZZAS On a freshly baked sourdough base. Choose any 8" pizza from the small plates section.

Add: Salad (91 kcal)
Spicy rice (203 kcal)
Chips (602 kcal) **1.60** each

JACKET POTATOES INCLUDES A DRINK*

With salad and one filling. Extra fillings 1.60 each.
Coleslaw (V) 788 kcal
Cheese (V) 772 kcal
Baked beans (5%) 711 kcal
Chilli bean non-carne (5%) 671 kcal
Roasted vegetables (5%) 612 kcal

soft drink* **8.45** each | alcoholic drink* **10.95** each