#### Sides and extras 3.99 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 39p) 2.49 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 2.99 NEW Five chicken breast bites 161 kcal 2.99 Eight Whitby breaded scampi 464 kcal 5.19 Grilled halloumi-style cheese V 447 kcal 2.07 Mediterranean side salad @ 198 kcal 3.32 Sliced chillies FFFF @ 3 kcal 93p Peas @ 133 kcal Mushy peas V 248 kcal 99p Side salad @ 91 kcal 2.39 **Coleslaw 399** kcal **1.50** Chicken gravy 50 kcal 99p Roasted vegetables @ 135 kcal 1.63 Onion rings @ Six 269 kcal **Twelve** 538 kcal **3.65** Garlic pizza bread 🚺 **8**" 386 kcal 4.55 **11**" 772 kcal **5.72** With cheese V **8**" 473 kcal 11" 922 kcal 6.59

Desserts	
Chocolate & salted caramel torte Chocolate biscuit base, chocolate & salted caramel filling Vanilla ice cream 746 kcal or coconut ice cream 701 kcal	5.74
NEW Salted caramel sticky toffee pudding V Vanilla ice cream 877 kcal or custard 741 kcal	5.38
Millionaire's shortbread ♥ (355) 409 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	2.42
Vanilla ice cream ♥ ೄ 334 kcal Two scoops, toffee sauce, Belgian chocolate sauce	2.06
Cookie crunch ♥ 555 364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	2.06
Mini warm chocolate brownie ♥ 355 435 kcal Belgian chocolate sauce, vanilla ice cream	3.28
Mini warm cookie dough sandwich ♥ (555) 431 kcal Salted caramel filling, toffee sauce, vanilla ice cream	3.28
Mini American-style pancakes (*) (**) 412 kcal Two pancakes, maple-flavour syrup, vanilla ice cream	3.87
Fresh fruit 🗸 🚳 📆 470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	4.94
Warm chocolate fudge cake 👽 909 kcal. Vanilla ice cream	5.74
<b>Warm chocolate brownie №</b> 736 kcal Belgian chocolate sauce, vanilla ice cream	5.74
Warm cookie dough sandwich ♥ 727 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.74
British Bramley apple crumble Vanilla ice cream <b>②</b> 673 kcal, coconut ice cream <b>②</b> 628 kcal or custard <b>③</b> 537 kcal	6.05

5.38

While we have procedures for segregating

kitchen and har service may involve shared

preparation within meals and drinks,

preparation/cooking areas. If you have

any specific food/drinks allergen needs

please inform us when ordering; we will

meal safely, although cannot guarantee

allergen communications. Swapping

items may result in changes to allergens

completely allergen-free environments or

products. Staff cannot offer specific advice

or recommendations beyond our published

take reasonable steps to prepare your

Add: Custard (134 kcal) 1.33; Vanilla ice cream scoop (135 kcal) 99p Belgian chocolate sauce (61 kcal) 47p; Toffee sauce (166 kcal) 47p Banana (110 kcal) 60p; Strawberries (27 kcal) 60p; Blueberries (17 kcal) 60p

#### ALLERGEN AND NUTRITIONAL INFORMATION

American-style pancakes V 689 kcal

Four pancakes, maple-flavour syrup, vanilla ice cream

This can be found on the customer nformation screen, website and Wetherspoon app. Ingredients vary depending on location, and may have changed since your last visit. Use the ustomer information screen to filte menus by specific dietary requirements,

- Exclude those dishes containing certain

- Set Calorie and carbohydrate limits

• See full lists of ingredients List only yegan or yegetarian dishes.

DIETARY SYMBOLS = Very mild = Mild = Medium hot = Very hot = Extremely hot

Vegetarian Vegan 5% fat or less 500 Dish under 500 Calories Seafood with this mark comes from an MSC-certified

sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

# RREAKFAST

# Served 8am - 12 noon

DALARI		8am - 12 noon	
Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans,	6.59	Breakfast extras	
three hash browns, mushroom, two slices of toast		Add any of the following:	
Traditional breakfast 807 kcal	4.99	Black pudding 178 kcal 80p Hash brown ⊚ 82 kcal	51p
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast Small breakfast 35 kcal	2.99	Lincolnshire sausage 168 kcal 1.15 Vegan sausage @ 82 kcal	1.15
Fried ann hacon Lincolnshire sausane haked heans hash hrown		Slice of toast ♥ 225 kcal 1.23 Baked beans @ 126 kcal Fried egg ♥ 56 kcal 98p Poached egg ♥ 63 kcal	98p
Add: Black pudding (178 kcal) <b>80p</b>	•••••	Fried egg ♥ 56 kcal 98p Poached egg ♥ 63 kcal Two scrambled eggs ♥ 136 kcal	98p 1.73
	0.00	Two rashers of back bacon 131 kcal	1.67
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	2.99	Four rashers of maple-cured bacon 91 kcal	1.62
Large vegetarian breakfast V 1129 kcal	6.59	Two mushrooms @ 100 kcal	98p
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	0.07	Two grilled tomato halves <b>⊘</b> 16 kcal Grilled halloumi-style cheese <b>♡</b> 447 kcal	57p 2.07
Vegetarian breakfast ♥ 786 kcal	4.99	Propletost butties and wran	
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast		Breakfast butties and wraps	
Small vegetarian breakfast 👽 🚳 🐯 291 kcal	2.99	Bacon butty 574 kcal	2.69
Fried egg, vegan sausage, baked beans, hash brown, tomato		Three rashers of bacon, buttered white bloomer bread	2 (0
Vegan breakfast @ 642 kcal	2.99	Sausage butty 714 kcal Two Lincolnshire sausages, buttered white bloomer bread	2.69
Two vegan sausages, baked beans, two hash browns, mushroom,		Vegetarian sausage butty ♥ 541 kcal	2.69
tomato, slice of toast, vegan spread American breakfast 1258 kcal	7.33	Two vegan sausages, buttered white bloomer bread	,
AMERICAN DREAKTAST 1256 KCBL Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages,	7.33	Vegan option available with vegan spread 🥏 🖘 晄 435 kcal	
four pancakes, maple-flavour syrup		Breakfast wrap 724 kcal	4.71
Small American breakfast 629 kcal	5.38	Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage,		Vegetarian breakfast wrap ♥ 735 kcal Fried egg, two vegan sausages, two hash browns, Cheddar cheese	4.71
two pancakes, maple-flavour syrup	4.00	rrieu egy, two vegan sausages, two nash browns, cheduar cheese	
Porridge (V (3) (50) 252 kcal (plain)	1.99	Breakfast muffin deal	
Add: Banana @ (110 kcal) 60p; Maple-flavour syrup @ (125 kcal) 30p Strawberries @ (27 kcal) 60p; Blueberries @ (17 kcal) 60p			
Honey (91 kcal) 30p; Sliced apple (46 kcal) 60p		Includes tea, coffee, hot chocolate (free refills")	
EW Shakshuka / 0 547 kcal	5.76	or ANY soft drink°.	0.04
wo poached eggs, lightly spiced Mediterranean tomato & pepper sauce,	0.70	Egg & cheese muffin V 249 kcal	3.31
rocket, toasted ciabatta		Fried egg, American-style cheese, in an English muffin  Egg & bacon muffin 333 314 kcal	3.77
Add: Grilled halloumi-style cheese <b>(V)</b> (447 kcal) <b>2.07</b>		Fried egg, bacon, American-style cheese, in an English muffin	3.77
Maple-cured bacon (91 kcal) 1.62		Egg & sausage muffin 6555 417 kcal	3.77
Fiesta brunch / 🗸 to 55 kcal Poached egg, toast, guacamole, pico de gallo,	4.23	Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
roacheu egy, toast, guatannote, pico de gatto, grilled halloumi-style cheese, mushroom, salsa		Egg & vegetarian sausage muffin V 555 330 kcal	3.77
Eggs Benedict 725 kcal	5.76	Fried egg, vegan sausage, American-style cheese, in an English muffin	2.00
Two poached eggs, on an English muffin, with Wiltshire cured ham,		<b>Breakfast muffin</b> \$600 482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English mufi	3.99
Hollandaise sauce, rocket		Smashed avocado muffin (2) 500 271 kcal	3.99
Mushroom Benedict V 638 kcal	5.76	Guacamole, pico de gallo, on an English muffin, rocket	0177
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket <b>Miner's Benedict</b> 939 kcal	5.76	Add: Maple-cured bacon (91 kcal) 1.62; Poached egg ♥ (63 kcal) 98p	
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.76	Grilled halloumi-style cheese <b>(V</b> (447 kcal) <b>2.07</b>	
Hash brown basket @ 555 410 kcal	2.14	Add: Hash brown    (82 kcal) 51p	•••••
American-style pancakes			_
Four pancakes, banana, strawberries, blueberries,	5.38	$\lnot$ Tea, coffee and hot chocola	ite-
naple-flavour syrup. 👽 🚳 708 kcal			
Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal	5.38 4.66	FREE Flat white © 92 kcal	
Four pancakes, maple-flavour syrup. 👽 🚳 554 kcal Small American-style pancakes	4.00		
Two pancakes, maple-cured bacon, maple-flavour syrup. (\$33) 322 kcal	3.87	REFILLS Latte © 113 kcal Mocha © 147 kcal	
wo pancakes, maple-flavour syrup. 👽 🚳 📸 277 kcal	3.56		
Scrambled egg on toast © 570 kcal Three eggs, buttered white bloomer toast	2.99	TEA, COFFEE AND  Espresso @ 6 kcal  HOT CHOCOLATE  Black coffee @ 6 kcal	
Beans on toast 👽 🚳 566 kcal. Buttered white bloomer toast	2.99	HOT CHOCOLATE  — ALL DAY EVERY DAY — White coffee ♥ 24 kcal	
Vegan option available with vegan spread @ 50 1855 460 kcal	2.49	Hot chocolate M 169 kgal	
Small beans on toast 👽 🐯 252 kcal. Buttered white bloomer toast Two slices of toast with jam or marmalade 🛡 524 kcal	1.99	TORINO, ITALIA, 1895	
White bloomer bread	1.77	with semi-skimmed milk <b>V</b> 14 kc	
Erach fruit @ @ (NDER) 200 keel Apple happy bluebarries atroubarries	2.00	Dairy alternative: oat sachet @ 4	kcal

Fresh fruit @ 50 500 kcal. Apple, banana, blueberries, strawberries 2.99

NEW Fresh fruit and yoghurt (V 5% 5%) 334 kcal

Two slices of toast with jam or marmalade

Tea and toast

V 524 kcal. White bloomer bread

Apple, banana, blueberries, strawberries, Greek-style honey yoghurt

Includes tea, coffee or hot chocolate. Free refills'

#### Flat white **9**92 kcal Cappuccino V 102 kcal

with semi-skimmed milk V 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available.

#### Riscuits

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit 129 kcal 71p Salted caramel brownie bar @ 316 kcal 1.64

for the facts drinkaware.co.uk

jdwetherspoon.com

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (w See our website for full details: jdwetherspoon.com "Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. Statement of daily Calorie needs from the Department of Health & Social Care.

Excluding decaffeinated. \*Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml). \*Choose from: Diet Pepsi, Pepsi, Pepsi, Pepsi Max or Pepsi Max or Pepsi Max cherry (398ml glass); apple, cranberry or orange juice (398ml glass); apple & mango, apple & raspberry or orange & passion fruit J2O; Brecon Carreg natural mineral water (still/sparkling 500ml bottle), blackcurrant, lime or orange standard cordial (398ml glass); blor orange or lemon Sanpellegrino (330ml can); Passion Fruit Cooler or Raspberry Refresher 0% cocktail (215ml glass); Monster Energy, Energy Ultra, Energy Ultra Peachy Keen, Energy Ultra Rosá, Mango Loco or Pipeline Punch (500ml can); Old amaica ginger beer (330ml can); R White's raspberry lemonade (330ml can); Remedy kombucha raspberry lemonade (250ml can

with drink without drink

2.49

Main menu 11.30am - 11pm. Children's menu available.





# **Table service**

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



# Food hygiene

We have been awarded the maximum food hygiene rating of 5 in our pub.



#### iustainable fish The cod and haddock we serve

come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable



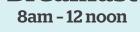
#### 100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.



#### Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



Tea. coffee and

hot chocolate

**Deli Deals** 

INCLUDES A DRINK •

Featuring NEW small southern-fried chicken wrap

just-a-wrap, without a drink

£3.50

**Burger meals** 

INCLUDES A DRINK •

Featuring 3oz American burger

**Afternoon deals** 

INCLUDES A DRINK

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips

Steak Club

INCLUDES A DRINK'

**Tuesday 11.30am - 11pm** 

Featuring classic 8oz sirloin

**Curry Club** 

INCLUDES A DRINK •

**Thursday 11.30am - 11pm** 

Featuring the katsu curry range

INCLUDES A DRINK •

Choose from over 150 drinks

Coffee
The freshly ground 100% Arabica

**Award-winning** 

children's menu

**Association** 

Free refills

£4.68

soft drink\*

soft drink\*

£6.69

£10.45

soft drink\*

£8.61

£6.01

**Breakfast** 

**Traditional** 

breakfast

£4.99

alcoholic drink\*

£6.44

alcoholic drink\*

£7.77

£8.45

alcoholic drink\*

£12.21

alcoholic drink\*

£10.37

Lavazza coffee<sup>tt</sup> we serve is from

Rainforest Alliance-certified farms

Independently run 'secret diner' survey.

Awarded the highest rating in the world's

and restaurants, evaluating standards

largest sustainability certification for pubs

in 'sourcing, society and the environment'.

**Sustainable Restaurant** 

Over 50 hotels and 1,329 rooms acro





Allergen and nutritional information can be found on the customer information screen, website and Wetherspoon app.

Adults need around 2000 kcal a day.§



wetherspoon hotels **Book direct.** 

## Small plates Any 3 for £14 99

Small plates Any 5 for £14.99	
8" pizzas. Sourdough base — proved, stretched, topped and freshly baked to or	der.
Margherita V 67 kcal. Mozzarella, basil	6.36
Pepperoni 🖊 575 kcal. Mozzarella, pepperoni	6.98
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket	6.98
<b>BBQ chicken</b> 555 kcal. Mozzarella, BBQ sauce, chicken breast, red onion, rocket	6.98
Roasted vegetable V 514 kcal	6.98
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	
Roasted vegetable and vegan cheeze @ 3 (55) 416 kcal	6.98
Mushroom, roasted pepper, courgette, onion, basil	7 50
Spicy meat feast /// 615 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.58
<u> </u>	
NEW Char-grilled halloumi-style cheese V 514 kcal	5.35
Rocket, roasted pepper, courgette, onion, salsa	
11" garlic pizza bread V 772 kcal	5.72
Nachos /// © 695 kcal	6.24
Cheese, guacamole, salsa, sour cream, sliced chillies	3.99
Bowl of chips ⊚ 964 kcal  Bowl of chips with curry sauce ⊚ 1082 kcal	5.29
Cheesy chips V 1256 kcal	5.49
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	5.79
Tomato & basil soup V 58 \$555 374 kcal. White bloomer bread	4.58
Vegan option available with vegan spread  \$\infty\$ \$\inft	4.50
	• • • • • • • • • • • • • • • • • • • •
With any of the small plates below, choose one dip:  NEW Korean-style dip  96 kcal; Sweet chilli  90 37 kcal; Sticky soy  10	IN koal
Naga chilli // 3136 kcal; Jack Daniel's® Tennessee Honey glaze © 87 kcal	U KUdi
Chipotle mayo / V 150 kcal; Blue cheese 270 kcal; BBQ sauce 88 kcal	
Halloumi-style fries () (555) 396 kcal	5.35
Chicken bites (505) 322 kcal. Ten battered chicken breast pieces	6.46
Southern-fried chicken strips 5000 459 kcal. Five chicken breast strips	
Chicken wings FFF 813 kcal. Ten spicy chicken wings	7.23
Quorn™ nuggets @ 😘 331 kcal. Eight coated pieces	5.60

# Deli Deals INCLUDES A DRINK

All wraps and paninis are freshly made to order.

The state of the s
Small Korean fried chicken 384 kcal
Iceberg lettuce, cucumber, coriander, Korean-style sauce

Small brunch wrap 559 kcal just-a-wrap, Fried egg, bacon, Lincolnshire sausage, Cheddar cheese vithout a drink Small vegetarian brunch wrap V 545 kcal 3.50 Fried egg, two vegan sausages, Cheddar cheese each Small shawarma chicken **FFF** 502 kcal soft drink\* Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, 4.68

tomato, onion, rocket, fresh mint each Small Quorn™ nuggets @ 555 310 kcal Salad leaves, tomato, cucumber, salsa alcoholic drink\* 6.44 Small southern-fried chicken FFF (500) 399 kcal Salad leaves, smoky chipotle mayo

Small cold chicken breast // 58 (500) 277 kcal Salad leaves, sweet chilli sauce

Small fried halloumi-style cheese // V 500 391 kcal Salad leaves, sweet chilli sauce, tomato, cucumbo

Add: Small side salad (46 kcal); Small portion of chips (329 kcal) 1.13 each

NEW Korean fried chicken 618 kcal Iceberg lettuce, cucumber, coriander, Korean-style sauce

**Shawarma chicken \*\*\* 719** kcal. Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

**Southern-fried chicken \*\*\* 609** kcal. Salad leaves, smoky chipotle mayo 

Fried halloumi-style cheese 707 kcal soft drink\* Salad leaves, sweet chilli sauce, tomato, cucumbe 6.27 **Quorn**<sup>™</sup> **nuggets** Ø № 508 kcal. Tomato, cucumber, salsa each

alcoholic drink\* NEW Roasted vegetable and vegan cheeze @ 480 kcal

8.03

each

Tuna mayo and Cheddar cheese 590 kcal Cheddar cheese and tomato V 527 kcal Wiltshire cured ham and Cheddar cheese 508 kcal

BBQ chicken, bacon and Cheddar cheese 586 kcal 8" pizzas on a freshly baked sourdough base Choose any 8" pizza from the small plates section.

Add: Side salad @ (91 kcal); Tomato & basil soup @ (150 kcal) **Spicy rice** (208 kcal); **Chips** (602 kcal) **1.54** each

## Burgers Includes A DRINK . • Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

Chicken burgers

Served with a small portion of chips (329 kcal, included in Calories below).

Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce

NEW Korean crunchy chicken strip burger 712 kcal

Two southern-fried chicken strips, iceberg lettuce, mayonnaise

Crunchy chicken strip burger **₱** 776 kcal

	Doing Gold management of the burg	CIS IIIauc With Tot	
	Beef burgers One 3oz beef patty.		
Served with a small portion of chips (329 kcal, included in Calories below).  American burger 696 kcal		soft drink* <b>6.01</b>	
	Red onion, gherkin, ketchup, American-style mustard	each	
	Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion	alcoholic drink*	
	Skinny beef burger (500) 375 kcal	<b>7.77</b> each	
	Iceberg lettuce, tomato, red onion, with a side salad, instead of chips		
		oft drink* 6.63	
	American-style mustard	ucuriik 0.37	
	Double beef burgers Two 3oz beef patties.	soft drink*	
	Served with chips (602 kcal, included in Calories below).	8.41	
	Double American burger 1138 kcal	each	
	Red onion, gherkin, ketchup, American-style mustard	alcoholic drink*	
	Double classic beef burger 1119 kcal	10.17	
	lceberg lettuce, tomato, red onion	each	
		oft drink* 9.01	
	American-style cheese, red onion, gherkin, ketchup, alcohol American-style mustard	lic drink* <b>10.77</b>	
	,		

**Gourmet burgers** Served with chips, six onion rings (871 kcal, included in Calories below).

**Ultimate burger** 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin Tennessee burger

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1567 kcal Char-grilled chicken breast 1417 kcal; Fried buttermilk chicken 1703 kcal

10.71 **BBQ** burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal alcoholic drink\* Char-grilled chicken breast 1494 kcal; Fried buttermilk chicken 1780 kcal 12.47

Heatwave burger Naga chilli mavo. American-style cheese, hash brown.

topped with a spicy chicken wing Choose: Char-grilled chicken breast 1722 kcal; Fried buttermilk chicken 2007 kcal

Fiesta burger @ 1380 kcal BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1770 kcal soft drink\* 12.24 Three 3oz beef patties, American-style cheese, maple-cured bacon, alcoholic drink\* 14.00 red onion, gherkin, ketchup, American-style mustard

### CULTURES INCLUDES A DRINK ...

Classic curries With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry **//** @ 529 927 kcal

Chicken tikka masala // 1190 kcal Chicken jalfrezi FFF 32 935 kcal

soft drink\* alcoholic drink\* 10.62 12.38 each each

soft drink\* alcoholic drink\*

10.05

each

8.29

Beef Madras / 1043 kcal

Change your plain naan to a garlic naan (V) (add 92 kcal) 52p

Simple curries With basmati pilau rice or chips.

Simple Mangalorean roasted cauliflower & spinach curry // @ Choose: Basmati pilau rice 52 568 kcal; Chips 970 kcal

Simple chicken tikka masala Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal

Simple chicken jalfrezi Choose: Basmati pilau rice 🚳 575 kcal; Chips 977 kcal Simple beef Madras

Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal

Add: One vegetable samosa and two onion bhaiis (293 kcal) 1.86 Two plain poppadums @ (86 kcal) **52p** 

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu grilled chicken curry 58 542 kcal Sliced char-grilled chicken breast Katsu Quorn™ nugget curry @ 686 kcal

soft drink\* alcoholic drink\* 11.22 9.46 each each

Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet

Eight coated pieces

Adults need around 2000 kcal a day.§

Served with chips (602 kcal, included in Calories below).	soft drink*
Fried buttermilk chicken burger 1255 kcal	8.41
Breaded whole chicken breast fillet	each
Char-grilled chicken breast burger 970 kcal	alcoholic drink*
Skinny chicken burger 🚳 ; 394 kcal	10.17
Char-grilled chicken breast, with a side salad, instead of chips	each
Meat-free burgers	
Served with chips (602 kcal, included in Calories below).	6.1114
Beyond Burger <sup>™</sup> <b>⊘</b> 1043 kcal	soft drink* <b>8.41</b>
BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce	each
Breaded vegetable burger V 1039 kcal	alcoholic drink*
Lentils, carrot, onion, sweetcorn, mushroom, mozzarella,	10.17
mature Cheddar cheese	each
Fried halloumi-style cheese burger 🆊 🖤 1118 kcal	
Sweet chilli sauce	
Just-a-burger	
Served on its own, without chips or a drink.	
<b>NEW</b> Korean crunchy chicken strip burger 🚳 383 kcal	
Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce	3.67
American burger (505) 367 kcal	each
Red onion, gherkin, ketchup, American-style mustard	
Crunchy chicken strip burger / 655 447 kcal	
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	
Additional toppings and burger patties	
Maple-cured bacon with Cheddar cheese 173 kcal	2.24
Maple-cured bacon with American-style cheese 160 k	cal <b>2.24</b>
Cheddar cheese 👽 82 kcal	1.62
American-style cheese V 69 kcal	1.62
NEW Vegan cheeze 🥏 57 kcal	1.62
Maple-cured bacon 91 kcal	1.62

soft drink\*

6.01

each

alcoholic drink\*

7.77

each

1.60

each **2.07** 

soft drink\*

11.66

each

alcoholic drink\*

13.42

each

soft drink\*

9.41

each

alcoholic drink

11.17

each

Add: Chicken

gravy (50 kcal)

99p

#### CITIC KEIT INCLUDES A DRINK ...

Fried halloumi-style cheese V 298 kcal

Crunchy chicken strip # 92 kcal

BEYOND MEAT patty @ 184 kcal

NEW Sticky Korean fried chicken bowl 961 kcal soft drink\* 8.79 alcoholic drink\* 10.55 Chicken strips, chicken breast bites. chips tossed in a Korean-style sauce, coriander, sliced chillies

Fried buttermilk chicken 473 kcal; Breaded vegetable patty 257 kcal

Chicken on the bone is marinated, slow cooked and finished on the char-grill

3oz beef patty 168 kcal; Char-grilled chicken breast 187 kcal

#### Peri-peri char-grilled half chicken

Lemon & herb chicken, peas, chicken gravy

Lemon and herb / Char-grilled in a lemon & herb glaze. Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal

Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze. Coleslaw, Naga chilli dip Choose: Side salad 888 kcal: Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal Char-grilled half chicken, mash and gravy 818 kcal

Chicken baskets

Boneless basket 🍠 Three southern-fried chicken strips, five chicken breast bites. coleslaw BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal Chicken wing basket FFF Eight wings, coleslaw, Naga chilli dip

Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce

Choose: Side salad 623 kcal; Spicy rice 3 763 kcal; Chips 1157 kcal Southern-fried chicken strips basket 🏿 Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal

Quorn<sup>™</sup> 'no chicken' nuggets basket 🏴 🔻 Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

10.62 Mozzarella ham mushroom rocket each BBQ chicken 1097 kcal Mozzarella RBO sauce chicken breast redinion rocket alcoholic drink\* Roasted vegetable V 1028 kcal 12.38 Mozzarella, mushroom, roasted pepper, courgette, onion, basil Roasted vegetable and vegan cheeze @ 829 kcal Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast **FFF** 1214 kcal 11.86 13.62 Mozzarella ham nenneroni chicken breast sliced chillies rocket **Additional toppings** Red onion @ 10 kcal: Sliced chillies ##### @ 3 kcal: Mushroom @ 4 kcal each 93p Garlic & herb dip @ 180 kcal; Mozzarella V 150 kcal; Ham 71 kcal Chicken breast 94 kcal; Maple-cured bacon 91 kcal each **1.25** Pepperoni **FF** 109 kcal; Roasted vegetables **3** 90 kcal each **1.63** Small pub classics includes a drink of soft drink\* alcoholic drink\* Small freshly battered cod and chips 8.52 10.28 Peas 681 kcal or mushy peas 739 kcal Small Whitby breaded scampi 8.52 10.28 Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi Add: Two slices of bread (404 kcal) 1.44 Chip shop-style curry sauce (2) (118 kcal) 1.56 Small Wiltshire cured ham, 7.24 9.00 egg and chips (500) 455 kcal One slice of Wiltshire cured ham, fried egg 9.01 Small all-day brunch 681 kcal 7.25 Lincolnshire sausage, bacon, fried egg, baked beans, chips

11"DIZZAS INCLUDES A DRINK .

Margherita V 934 kcal. Mozzarella, basil

Ham and mushroom 1011 kcal

Pepperoni // 1151 kcal

Mozzarella, pepperoni

Sourdough base - proved, stretched, topped and freshly baked to order

soft drink\* alcoholic drink\*

soft drink\*

11.17

9.41

7.25

6.69

soft drink\* alcoholic drink'

9.01

8.45

# Pub classics includes a drink

Small vegetarian all-day brunch V 611 kcal

Two vegan sausages, fried egg, baked beans, chips

Afternoon deal

Add: Black pudding (178 kcal) 80p

Mon - Fri, 2pm - 5pm

Freshly battered cod and chips  Peas 1240 kcal or mushy peas 1298 kcal	soft drink* 10.88	alcoholic drink* 12.64
Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	10.88	12.64
Add: Two slices of bread ♥ (404 kcal) 1.44 Chip shop-style curry sauce ⊘ (118 kcal) 1.56		
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, Add: Black pudding (178 kcal) <b>80p</b>	<b>10.20</b> , chips	11.96
Vegetarian all-day brunch ♥ 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	10.20	11.96
Steak & kidney pudding Peas, onion & red wine gravy Choose: Mashed potato 963 kcal; Chips 1279 kcal	9.02	10.78
Bangers and mash 894 kcal Three Lincolnshire sausages, peas, onion & red wine gravy	9.02	10.78
Vegetarian bangers and mash ♥ 635 kcal Three vegan sausages, peas, onion & red wine gravy	9.02	10.78
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	8.42	10.18
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	8.12	9.88
Vegan sausages, chips and beans ⊚ 910 kcal Three vegan sausages	8.12	9.88
NEW Chilli bean non-carne 7 @ 635 kcal Red peppers, red kidney and black turtle beans, smoky chipotle	9.02 sauce, rice,	10.78 tortilla chips

# Afternoon deal

soft drink\* Mon - Fri, 2pm - 5pm 7.93

alcoholic drinl 9.69

# Steaks and grills includes a drink

From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking. soft drink\* 12.10 Classic 8oz sirloin steak 459 kcal 13.86 14.60 16.36 Classic 10oz rib-eye steak 717 kcal Choose: Side salad 87 kcal; Mediterranean salad 198 kcal; Jacket potato 225 kcal Mashed potato 143 kcal; Chips 602 kcal Gourmet 8oz sirloin steak 712 kcal 14.56 16.32 17.06 18.82 Gourmet 10oz rib-eye steak 965 kcal Peas, tomato, mushroom, three onion rings, steak sauce Choose: Side salad 87 kcal; Mediterranean salad 198 kcal; Jacket potato 225 kcal Mashed notato 143 kcal- Chins 602 kcal

Add your choice of steak sauce: Creamy peppercorn sauce (74 kcal) Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.92 each Below meals are served with peas, tomato and mushroom. soft drink\* alcoholic drink\* BBQ chicken melt 10.88 12.64 Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad 530 609 kcal; Mediterranean salad 739 kcal Jacket potato 🚳 856 kcal; Mashed potato 827 kcal; Chips 1143 kcal 5oz gammon and egg 11.22 Choose: Side salad 532 kcal: Mediterranean salad 532 kcal Jacket potato 620 kcal; Mashed potato 620 kcal; Chips 936 kcal 10oz gammon and eggs 12.77 14.53 Choose: Side salad 611 kcal: Mediterranean salad 741 kcal Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 1146 kcal Mixed grill 14.53 Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips 1519 kcal Large mixed grill 14.61 16.37

Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips 2012 kcal

Gammon, pork loin, rump, lamb, two Lincolnshire sausages

Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal

fried egg, six onion rings

# Noodles, salads and pastas INCLUDES A DRINK'

soft drink\* alcoholic drink\* Ramen noodle bowl **FF** @ 58 666 kcal 7.29 Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Char-grilled chicken breast (93 kcal) 1.25 Poached egg V (63 kcal) 98p Chicken & maple-cured bacon salad 8.99 10.75 Choose: Char-grilled chicken breast 283 kcal Southern-fried chicken breast strips (\$500) 465 kcal 9.75 Mediterranean salad @ 5334 kcal 7.99 Pearl barley, guinoa, butternut squash, wheat berries, red pepper cherry tomatoes, pumpkin seeds, basil, dressing Add: Grilled halloumi-style cheese V (447 kcal) 2.07 Tuna mayo (298 kcal) 1.16; Roasted vegetables @ (90 kcal) 1.63 Char-grilled chicken breast (187 kcal) 2.07 Grilled halloumi-style cheese 7.99 9.75 & roasted vegetable salad V 500 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing 9.75 Burrito salad bowl V 668 kcal 7.99 Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, quacamole sliced chillies Add: Char-grilled chicken breast (187 kcal) 2.07 Chilli bean non-carne / (a) (149 kcal) 2.07 Pasta alfredo V 618 kcal 9.64 11.40 Fusilli pasta, creamy pecorino & regato cheese sauce, spinach sun-dried tomato, basil, rocket

Jacket potatoes includes a drink

With side salad and one filling. Extra fillings 1.32 each. Tuna mayo 592 kcal; Coleslaw V 559 kcal Cheese V 512 kcal

Add: Char-grilled chicken breast (187 kcal) 2.07

British beef & pancetta lasagne

Choose: Side salad 761 kcal; Chips 1295 kcal

Maple-cured bacon (91 kcal) 1.62

soft drink\* Baked beans @ 5% 555 482 kcal 7.48 each Chilli bean non-carne / @ 58 588 442 kcal Roasted vegetables @ 59 (500) 383 kcal

alcoholic drink\* 9.24

11.99

10.23