Sides and extras 3.99 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 39p) Small bowl of chips @ 602 kcal 2.49 Five chicken wings **FFF** 407 kcal 2.99 2.99 Five chicken breast bites 161 kcal 5.19 Eight Whitby breaded scampi 464 kcal 2.07 Grilled halloumi-style cheese V 447 kcal 3.32 Mediterranean side salad @ 198 kcal 93p Sliced chillies **FFFF 3** kcal Peas 133 kcal Mushy peas 248 kcal 99p Side salad @ 91 kcal 2.39 **Coleslaw 399** kcal **1.50** Chicken gravy 50 kcal 99p Roasted vegetables @ 135 kcal 1.63 Beer-battered Six 269 kcal 2.43 Twelve 538 kcal 3.65

| onion rings @ | SIX 207 KCal | 2.43 | I WELVE JJU KCAL | 3.03 |
|--|---------------------|-----------------|------------------------------|------|
| Garlic pizza bread V | 8 " 386 kcal | 4.55 | 11 " 772 kcal | 5.72 |
| With cheese V | 8 " 473 kcal | 5.13 | 11 " 922 kcal | 6.59 |
| Desserts | | | | |
| Desserts | | | | |
| Chocolate & salted | | | | 5.48 |
| Chocolate biscuit base, cho Vanilla ice cream V 746 ko | | | 9 | |
| Salted caramel stic | ky toffee pu | dding 🕚 | 1 | 5.14 |
| Vanilla ice cream 877 kcal | or custard 741 kc | al | | |
| Millionaire's shorth | | | | 2.32 |
| Two vanilla ice cream scoops | | lit, Belgian ci | nocolate sauce, toffee sauce | |
| Vanilla ice cream V Two scoops, toffee sauce, I | | sauce | | 1.97 |
| Cookie crunch 🗘 🚱 | · · | 04400 | | 1.97 |
| Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce | | | | |
| Mini warm chocola | | UNDER 435 | i kcal | 3.13 |
| Belgian chocolate sauce, v | | | | 3.13 |
| Mini warm cookie dough sandwich 👽 📆 431 kcal Salted caramel filling, toffee sauce, vanilla ice cream | | | | |
| Mini American-style pancakes (V) (500) 412 kcal | | | | |
| Two pancakes, maple-flavour syrup, vanilla ice cream | | | | |
| Fresh fruit 🗸 🚳 😘 | | | | 4.71 |
| Apple, banana, blueberries, strawberries, vanilla ice cream | | | | |
| Warm chocolate fudge cake V 909 kcal. Vanilla ice cream | | | 5.48 | |
| Warm chocolate brownie ♥ 736 kcal Belgian chocolate sauce, vanilla ice cream | | | 5.48 | |
| Warm cookie doug | | 727 kgal | | 5.48 |
| Salted caramel filling, toffe | | | | J.40 |
| British Bramley ap | ple crumble | ! | | 5.77 |
| Vanilla ice cream 🤍 673 kc | al, coconut ice cre | eam 🥏 628 | kcal or custard 🥯 537 kcal | |

Add: Custard (134 kcal) 1.33; Vanilla ice cream scoop (135 kcal) 99p Belgian chocolate sauce (61 kcal) 47p; Toffee sauce (66 kcal) 47p Banana (110 kcal) 60p; Strawberries (27 kcal) 60p; Blueberries (17 kcal) 60p

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus. and Wetherspoon app. Ingredients vary. changed since your last visit. Use the menus by specific dietary requirements.

American-style pancakes V 38 689 kcal

Four pancakes, maple-flavour syrup, vanilla ice cream

- Exclude those dishes containing certain
- See full lists of ingredients.
- Set Calorie and carbohydrate limits. • List only vegan or vegetarian dishes.

While we have procedures for segregating kitchen and bar service may involve shared /cooking areas. If you have any specific food/drinks allergen needs please inform us when ordering; we will take reasonable steps to prepare your completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens

DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot = Extremely hot Vegetarian Vegan 5% 5% fat or less 500 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

Served 8am - 12 noon

| BREAKE | A |
|---|--------------|
| Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, | 6.59 |
| three hash browns, mushroom, two slices of toast Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast | 4.99 |
| Small breakfast 655 435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown | 2.99 |
| Add: Black pudding (178 kcal) 80p | |
| Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato | 2.99 |
| Large vegetarian breakfast ♥ 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, | 6.59 |
| mushroom, tomato, two slices of toast Vegetarian breakfast ♥ 786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast | 4.99 |
| Small vegetarian breakfast V 30 500 291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato | 2.99 |
| Vegan breakfast ⊘ 642 kcal Two vegan sausages, baked beans, two hash browns, mushroom, | 2.99 |
| tomato, slice of toast, vegan spread American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, | 7.00 |
| four pancakes, maple-flavour syrup Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, | 5.14 |
| two pancakes, maple-flavour syrup Creamy jumbo oat porridge | 1.99 |
| Made: Banana (110 kcal) 60p: Maple-flavour syrup (125 kcal) 30p Strawberries (27 kcal) 60p: Blueberries (17 kcal) 60p Honey (91 kcal) 30p: Sliced apple (46 kcal) 60p Shakshuka (547 kcal) Two poached eggs, lightly spiced Mediterranean tomato & pepper sauce, rocket, toasted ciabatta Add: Grilled halloumi-style cheese (447 kcal) 2.07 Maple-cured bacon (91 kcal) 1.62 | 5.29 |
| Fiesta brunch 6061 kcal Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa, rocket | 4.03 |
| Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket | 5.29 |
| Mushroom Benedict ♥ 638 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket | 5.29 |
| Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket | 5.29 |
| American-style pancakes Four pancakes, banana, strawberries, blueberries, | 5.14 |
| maple-flavour syrup. | 5.14 4.45 |
| Two pancakes, maple-cured bacon, maple-flavour syrup. 322 kcal Two pancakes, maple-flavour syrup. 322 kcal Two pancakes, maple-flavour syrup. 322 kcal | 3.69 3.40 |
| Scrambled egg on toast © 570 kcal Three eggs, buttered white bloomer toast | 2.99 |
| Beans on toast V 🕸 566 kcal. Buttered white bloomer toast | 2.99 |
| Vegan option available with vegan spread @ \$250 460 kcal Small beans on toast \$250 kcal Buttered white bloomer toast | 2.49 |
| Fresh fruit @ \$3 \$330 200 kcal. Apple, banana, blueberries, strawberries | 2.99 |

Fresh fruit and yoghurt V 38 (1888) 334 kcal

for the facts

drinkaware.co.uk

Apple, banana, blueberries, strawberries, Greek-style honey yoghurt

amaica ginger beer (330ml can); R White's raspberry lemonade (330ml can); Remedy kombucha raspberry lemonade (250ml can

Breakfast extras

| Add any of the following: | | | |
|---------------------------------|--------------|------------------------------|------|
| Black pudding 178 kcal | 80p | Hash brown @ 82 kcal | 51p |
| Lincolnshire sausage 168 kcal | 1.15 | Vegan sausage @ 82 kcal | 1.15 |
| Slice of toast V 225 kcal | 1.23 | Baked beans @ 126 kcal | 98p |
| Fried egg V 56 kcal | 98p | Poached egg V 63 kcal | 98p |
| Two mushrooms @ 100 kcal | 98p | Hollandaise sauce V 299 kcal | 1.92 |
| Two scrambled eggs V 136 kcal | | | 1.73 |
| Two rashers of back bacon 131 k | kcal | | 1.67 |
| Four rashers of maple-cured b | acon | 91 kcal | 1.62 |
| Two grilled tomato halves @ 16 | kcal | | 57p |
| Grilled halloumi-style cheese | V 447 | kcal | 2.07 |
| | | | |

Rroakfast huttigs and wran

| 5 |
|------|
| 2.69 |
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| 2.69 |
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| 2.69 |
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| 4.51 |
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| 4.51 |
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| |

Tea and toast

Includes tea, coffee or hot chocolate. Free refills° with drink without drink Two slices of toast with jam or marmalade 2.49 1.99 524 kcal White bloomer bread

Breakfast muffin deal

| Includes tea, coffee, hot chocolate (free refills") or ANY soft drink. | |
|--|------|
| Egg & cheese muffin V 555 249 kcal | 3.31 |
| Fried egg, American-style cheese, in an English muffin | |
| Egg & bacon muffin 500 314 kcal | 3.77 |
| Fried egg, bacon, American-style cheese, in an English muffin | |
| Egg & sausage muffin (500) 417 kcal | 3.77 |
| Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin | |
| Egg & vegetarian sausage muffin 💟 🐜 330 kcal | 3.77 |
| Fried egg, vegan sausage, American-style cheese, in an English muffin | |
| Breakfast muffin 500 482 kcal | 3.99 |
| Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffi | n |
| Smashed avocado muffin @ 59 (555) 271 kcal | 3.99 |
| Guacamole, pico de gallo, on an English muffin, rocket | |
| Add: Maple-cured bacon (91 kcal) 1.62; Poached egg V (63 kcal) 98p | |
| Grilled halloumi-style cheese 👽 (447 kcal) 2.07 | |
| Add: Hash brown @ (82 kcal) 51p | |

Tea, coffee and hot chocolate-

TEA, COFFEE AND **HOT CHOCOLATE**

- ALL DAY EVERY DAY -LAVATIA (2) (3) Flat white V 92 kcal Cappuccino V 102 kcal Latte V 113 kcal Mocha V 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee 24 kcal Hot chocolate V 169 kcal

with semi-skimmed milk V 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available.

3.49

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

jdwetherspoon.com All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jowetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. Statement of daily Calorie needs from the Department of Health & Social Care.
"Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml). *Choose from: Diet Pepsi, Pepsi, Pepsi, Pepsi, Max or Pepsi Max or Pepsi Max cherry (398ml glass); apple, cranberry or orange juice (398ml glass); apple & mango, apple & raspberry or orange & passion fruit J2O; Brecon Carreg natural mineral water (still/sparkling 500ml bottle), blackcurrant, lime or orange standard cordial (398ml glass); bloo orange or lemon Sanpellegrino (330ml can); Passion Fruit Cooler or Raspberry Refresher 0% cocktail (215ml glass); Monster Energy, Energy Ultra, Energy Ultra Peachy Keen, Energy Ultra Rosá, Mango Loco or Pipeline Punch (500ml can); Old

Main menu 11.30am - 11pm. Children's menu available.

The Shoulder of Mutton Ashby-de-la-Zouch This historic inn is first recorded in 1757 in the will of a butcher named Samuel Adams. It was later run by his son, also a butcher, and stayed with the Adams family until 1838. Originally, it occupied just 1 Market Street. In 1841, no.3 was occupied by a saddler, then a plumber, ironmonger and bootmaker. During the 1930s, it was a wool shop and became part of the pub only in the late 20th century.



Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.



Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene

We have been awarded the maximum food hygiene rating of 5 in our pub.



Sustainable fish The cod and haddock we serve

come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable



100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



Tea. coffee and

hot chocolate

Free refills

Traditional breakfast £4.99

Deli Deals INCLUDES A DRINK •

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink

soft drink* £4.41

alcoholic drink* £5.94

Burger meals

INCLUDES A DRINK •

Featuring 3oz American burger soft drink* alcoholic drink*

£5.74 £7.27

Afternoon deals

INCLUDES A DRINK

Mon - Fri, 2pm - 5pm Featuring small freshly battered fish and chips soft drink*

£6.39

£7.92

Steak Club

INCLUDES A DRINK' **Tuesday 11.30am - 11pm**

Featuring classic 8oz sirloin alcoholic drink*

£9.97

£11.50

Curry Club

INCLUDES A DRINK • **Thursday 11.30am - 11pm**

Featuring the katsu curry range soft drink* alcoholic drink*

£8.21

INCLUDES A DRINK' • **Choose from over 150 drinks**

LAVATIA Coffee The freshly ground 100% Arabica



Lavazza coffee^{tt} we serve is from Rainforest Alliance-certified farms

Award-winning children's menu



Sustainable Restaurant



Association Awarded the highest rating in the world's

largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.



on the app or by phone

wetherspoon hotels



Adults need around 2000 kcal a day.§

be found on the customer information screen,

Allergen and nutritional information can

website and Wetherspoon app.

goodfoodtalks opening menus for everybody The spoken menu app for the visually impaired

| Small plates Any 3 for £14 | | B |
|---|---|--|
| 0" pizzas. Sourdough base — proved, stretched, topped and freshly ba Margherita ♥ 467 kcal. Mozzarella, basil | aked to order. 6.06 | Bee Tra |
| Spicy chicken /// 706 kcal | 6.66 | Bee |
| Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces | , rocket | Serv |
| Pepperoni 🃂 575 kcal. Mozzarella, pepperoni | 6.66 | Red |
| Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocl BBQ chicken 555 kcal. Mozzarella. BBQ sauce. chicken breast, red onio | | Cla |
| Roasted vegetable © 514 kcal | 6.66 | icen |
| Mozzarella, mushroom, roasted pepper, courgette, onion, basil | | lceb |
| Roasted vegetable and vegan cheeze @ ॐ ॐॐ 416 kc Mushroom, roasted pepper, courgette, onion, basil | al 6.66 | Am |
| Spicy meat feast /// 615 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket | 7.24 | |
| Char-grilled halloumi-style cheese ♥ 514 kcal Rocket, roasted pepper, courgette, onion, salsa | 5.11 | Do |
| Char-grilled tandoori chicken breast skewer | 5.11 | Serv |
| 11" garlic pizza bread V 772 kcal | 5.72 | Red Do |
| Nachos 🏴 🗸 695 kcal. Cheese, guacamole, salsa, sour cream, sliced | d chillies 5.96 | |
| Add: Spicy pulled chicken thigh / (249 kcal) 3.09 | | Do |
| Bowl of chips @ 964 kcal | 3.99 | Amo |
| Shawarma-chicken-topped chips /// 1387 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauce: | 5.79 | Ame |
| Bowl of chips with curry sauce @ 1082 kcal | 5.29 | CII |
| Cheesy chips 1256 kcal | 5.49 | |
| Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream | 5.79 | |
| Tomato & basil soup 👽 💖 📆 374 kcal. White bloomer bread Vegan option available with vegan spread 🥏 🕸 💖 285 kcal | 4.38 | |
| With any of the small plates below, choose one dip: | •••••• | Serv Fri |
| Korean-style dip 🥥 96 kcal; Sweet chilli ሾ 🕖 37 kcal; Sticky soy 💟 | | Brea |
| Naga chilli 📂 🧭 🥝 136 kcal; Jack Daniel's® Tennessee Honey glaze 👽 Chinotle mayo 💆 💆 🕦 150 kcal; Blue cheese 🙌 270 kcal; BBO sauce | | Cha |
| Chipotle mayo 🎢 🖊 V 150 kcal; Blue cheese V 270 kcal; BBQ sauce (Halloumi-style fries V 😘 396 kcal | 5.11 | Ski |
| Chicken bites 322 kcal. Ten battered chicken breast pieces | 6.06 | Char |
| Southern-fried chicken strips (1990) 459 kcal. Five chicken bro | | |
| Chicken wings /// 813 kcal. Ten spicy chicken wings Quorn™ nuggets ⊘ ເວັດ 331 kcal. Eight coated pieces | 6.41 5.34 | |
| | | |
| Spicy coateu King prawns / 500 3/9 kcal. Six coate | d pieces 6.41 | |
| Spicy coated king prawns / 555 379 kcal. Six coate | d pieces 6.41 | iceb |
| Deli Deals [®] INCLUDES A DRINK • | d pieces 6.41 | iceb Bro |
| Deli Deals INCLUDES A DRINK • IN | d pieces 6.41 | iceb Bre Lent |
| Deli Deals INCLUDES A DRINK All wraps and paninis are freshly made to order. 10" wraps A smaller wrap and filling. | d pieces 6.41 | iceb Bre Lent Fri |
| Deli Deals INCLUDES A DRINK • • • • • • • • • • • • • • • • • • • | d pieces 6.41 | iceb Bre Lent Fri Jus |
| Deli Deals INCLUDES A DRINK • • • • • • • • • • • • • • • • • • • | just-a-wrap, | iceb Bre Lent Fri Jus Am Red |
| All wraps and paninis are freshly made to order. 10" wraps A smaller wrap and filling. Small Korean fried chicken 384 kcal lceberg lettuce, cucumber, coriander, Korean-style sauce Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese | just-a-wrap, without a drink | iceb Bre Lent Fri Jus Am Red Cru |
| All wraps and paninis are freshly made to order. 10" wraps A smaller wrap and filling. Small Korean fried chicken 384 kcal lecherg lettuce, cucumber, coriander, Korean-style sauce Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese Small vegetarian brunch wrap \$\infty\$ 545 kcal Fried egg, two vegan sausages, Cheddar cheese | just-a-wrap, | iceb Bre Lent Fri Jus Am Red Cru Two |
| All wraps and paninis are freshly made to order. IO" wraps A smaller wrap and filling. Small Korean fried chicken 384 kcal lceberg lettuce, cucumber, coriander, Korean-style sauce Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese Small vegetarian brunch wrap \$545 kcal Fried egg, two vegan sausages, Cheddar cheese Small shawarma chicken \$7502 kcal | just-a-wrap, without a drink 3.23 each | iceb Bre Lent Fri Jus Am Red Cru Two |
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| All wraps and paninis are freshly made to order. 10" wraps A smaller wrap and filling. Small Korean fried chicken 384 kcal lceberg lettuce, cucumber, coriander, Korean-style sauce Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese Small vegetarian brunch wrap 545 kcal Fried egg, two vegan sausages, Cheddar cheese Small vegetarian brunch wrap 545 kcal Fried egg, two vegan sausages, Cheddar cheese Small shawarma chicken 77 502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint Small Quorn nuggets 530 310 kcal Salad leaves, tomato, cucumber, salsa Small southern-fried chicken 777 539 399 kcal Salad leaves, smoky chipotle mayo Small cold chicken breast 77 530 277 kcal Salad leaves, sweet chilli sauce Small fried halloumi-style cheese 77 539 391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber | just-a-wrap, without a drink 3.23 each soft drink* 4.41 each alcoholic drink* 5.94 each | iceb Bre Lent Fri Jus Am Red Cru Two Go Ser Ult Chec Frie BB |
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| All wraps and paninis are freshly made to order. **Normal Korean fried chicken 384 kcal ceberg lettuce, cucumber, coriander, Korean-style sauce **Small Korean fried chicken 384 kcal ceberg lettuce, cucumber, coriander, Korean-style sauce **Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese **Small vegetarian brunch wrap 545 kcal Fried egg, two vegan sausages, Cheddar cheese **Small shawarma chicken **/* 502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint **Small Quorn** nuggets ** 330 kcal Salad leaves, tomato, cucumber, salsa **Small southern-fried chicken **/* 399 kcal Salad leaves, smoky chipotle mayo **Small cold chicken breast **/* 300 277 kcal Salad leaves, sweet chilli sauce **Small fried halloumi-style cheese **/* 391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber **Add: Small side salad **(46 kcal); Small portion of chips **/* (329 kcal) **12" wraps **Korean fried chicken **/* 719 kcal. Chicken thigh, Middle Eastern Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint **Southern-fried chicken **/* 609 kcal Salad leaves, smoky chipotle mayo **Cold chicken breast **/* 30 479 kcal Salad leaves, sweet chilli sauce **Fried halloumi-style cheese **/* 30 707 kcal | just-a-wrap, without a drink 3.23 each soft drink* 4.41 each alcoholic drink* 5.94 each | icebing icebin |
| All wraps and paninis are freshly made to order. **RO" wraps A smaller wrap and filling. **Small Korean fried chicken 384 kcal ceberg lettuce, cucumber, coriander, Korean-style sauce **Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese **Small vegetarian brunch wrap \$\frac{3}{2}\$ 545 kcal Fried egg, two vegan sausages, Cheddar cheese **Small shawarma chicken \$\mathset{1}\mathset{5}\$ 502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, comato, onion, rocket, fresh mint **Small Quorn™ nuggets \$\otime{6}\$ 310 kcal Salad leaves, tomato, cucumber, salsa **Small southern-fried chicken \$\mathset{1}\mathset{6}\$ \$\otime{6}\$ 399 kcal Salad leaves, smoky chipotle mayo **Small Cold chicken breast \$\mathset{1}\otime{6}\$ \$\otime{6}\$ 391 kcal Salad leaves, sweet chilli sauce **Small fried halloumi-style cheese \$\mathset{1}\otime{6}\$ \$\otime{6}\$ 391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber **Add: Small side salad \$\otime{6}\$ (46 kcal); Small portion of chips \$\otime{6}\$ (329 kcal) **L2" wraps **Korean fried chicken \$\mathset{1}\mathset{1}\otime{6}\$ kcal ceberg lettuce, cucumber, coriander, Korean-style sauce **Shawarma chicken \$\mathset{1}\mathset{1}\otime{7}\$ kcal. Chicken thigh, Middle Eastern Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint **Southern-fried chicken \$\mathset{1}\mathset{1}\otime{6}\$ 609 kcal Salad leaves, sweet chilli sauce **Southern-fried chicken \$\mathset{1}\otime{6}\$ 609 kcal Salad leaves, sweet chilli sauce **Fried halloumi-style cheese \$\mathset{1}\otime{6}\$ 707 kcal Salad leaves, sweet chilli sauce **Fried halloumi-style cheese \$\mathset{1}\otime{6}\$ 707 kcal Salad leaves, sweet chilli sauce, tomato, cucumber | just-a-wrap, without a drink 3.23 each soft drink* 4.41 each alcoholic drink* 5.94 each 1.13 each spices, soft drink* | icebi Bre Lent Fric Jus Am Red Cru Two Go Serv Ult Chec Friet BB Choo Char Friet Hec Choo Friet Trip Thre map |
| Deli Deals INCLUDES A DRINK All wraps and paninis are freshly made to order. **RO" wraps A smaller wrap and filling. **Small Korean fried chicken 384 kcal **Ceberg lettuce, cucumber, coriander, Korean-style sauce **Small brunch wrap 559 kcal **Gried egg, bacon, Lincolnshire sausage, Cheddar cheese **Small vegetarian brunch wrap \$\frac{3}{2}\$ 545 kcal **Fried egg, two vegan sausages, Cheddar cheese **Small shawarma chicken **/*/*/*/*/*/*/*/*/*/*/*/*/*/*/*/*/*/* | just-a-wrap, without a drink 3.23 each soft drink* 4.41 each alcoholic drink* 5.94 each 1.13 each | icebi Bre Lent Fric Jus Am Red Cru Two Go Serv Ult Chec Friet BB Choo Char Friet Hec Choo Friet Trip Thre map |
| All wraps and paninis are freshly made to order. **Normall Korean fried chicken 384 kcal ceberg lettuce, cucumber, coriander, Korean-style sauce **Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese **Small vegetarian brunch wrap 545 kcal Fried egg, two vegan sausages, Cheddar cheese **Small shawarma chicken **/* 502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint **Small Quorn** nuggets ** 330 kcal Salad leaves, tomato, cucumber, salsa **Small southern-fried chicken **/* 399 kcal Salad leaves, smoky chipotle mayo **Small cold chicken breast **/* 399 kcal Salad leaves, sweet chilli sauce **Small fried halloumi-style cheese **/* 391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber **Add: Small side salad **(46 kcal); Small portion of chips **/* (329 kcal) **12" wraps **Korean fried chicken **/* 719 kcal. Chicken thigh, Middle Eastern Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint **Southern-fried chicken **/* 609 kcal Salad leaves, smoky chipotle mayo **Cold chicken breast **/* 30 479 kcal Salad leaves, sweet chilli sauce **Fried halloumi-style cheese **/* 30 707 kcal Salad leaves, sweet chilli sauce **Fried halloumi-style cheese **/* 30 707 kcal Salad leaves, sweet chilli sauce **Fried halloumi-style cheese **/* 30 707 kcal Salad leaves, sweet chilli sauce **Fried halloumi-style cheese **/* 30 707 kcal Salad leaves, sweet chilli sauce **Fried halloumi-style cheese **/* 30 707 kcal Salad leaves, sweet chilli sauce, tomato, cucumber **Quorn*** nuggets **/* 30 80 8 kcal. Tomato, cucumber, salsa **Paninis*** | just-a-wrap, without a drink 3.23 each soft drink* 4.41 each alcoholic drink* 5.94 each 1.13 each spices, soft drink* 6.00 each alcoholic drink* 7.53 | icebi Bre Lent Fric Jus Am Red Cru Two Go Serv Ult Chec Ter Choo Fried Hec chee Choo Fie guac Trip Thre map Ame |
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| Burgers includes a drink. | | | | |
|--|---------------------------------|---|--|--|
| Beef burgers made with 100% British beef, freshly Traceable from farm to fork. | cooked to o | rder. | | |
| Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, inc | luded in Cald | ories below). | | |
| American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion | soft drink* 5.74 each | alcoholic drink* 7.27 each | | |
| Skinny beef burger 555 375 kcal leeberg lettuce, tomato, red onion, with a side salad, inste | | eacii | | |
| American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard | | oft drink* 6.34 ic drink* 7.87 | | |
| Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories | below). | | | |
| Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion | soft drink* 8.03 each | alcoholic drink* 9.56 each | | |
| Double American cheese burger 1207 kcal soft drink* 8.60 American-style cheese, red onion, gherkin, ketchup, alcoholic drink* 10.13 American-style mustard | | | | |
| Chicken burgers Served with a small portion of chips (329 kcal, incli Crunchy chicken strip burger 776 kcal Two southern-fried chicken strips, iceberg lettuce, mayon | SI | alories below). oft drink* 5.74 lic drink* 7.27 | | |
| Served with chips (602 kcal, included in Calories' Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet | below). | alcoholic drink* | | |
| Char-grilled chicken breast burger 970 kcal Skinny chicken burger (20) (20) 394 kcal Char-grilled chicken breast, with a side salad, instead of chip | 8.03 each | 9.56 each | | |
| Meat-free burgers Served with chips (602 kcal, included in Calories b | elow). | | | |
| Beyond Burger™ @ 1043 kcal BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce | soft drink* 8.03 each | alcoholic drink* 9.56 each | | |
| Breaded vegetable burger ♥ 1039 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, Fried halloumi-style cheese burger | mature Cheddai 1118 kcal. Sw | cheese | | |
| Just-a-burger Served on its own, without chi American burger 367 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger 447 kca Two southern-fried chicken strips, iceberg lettuce, mayon | ps or a drink al | . each 3.51 | | |
| Gourmet burgers Served with chips, six onion rings (871 kcal, inclu | ded in Calorio | es below). | | |
| Ultimate burger 1656 kcal. Two 3oz beef patties, m Cheddar cheese, signature burger sauce, gherkin | aple-cured bac | on, | | |
| Tennessee burger Maple-cured bacon, Jack Danie Choose: Beef (two 3oz beef patties) 1567 kcal; Char-grille Fried buttermilk chicken 1703 kcal | | | | |
| BBQ burger Maple-cured bacon, Cheddar cheese, BB Choose: Beef (two 3oz beef patties) 1644 kcal Char-grilled chicken breast 1494 kcal | Q sauce | soft drink* 10.23 each alcoholic drink* | | |
| Fried buttermilk chicken 1780 kcal Heatwave burger PPP Naga chilli mayo, America cheese, topped with a spicy chicken wing Choose: Char-grilled chicken breast 1722 kcal; Fried but | 11.76 each | | | |
| Fiesta burger @ 1380 kcal. BEYOND MEAT p guacamole, roasted pepper, courgette, onion | | | | |
| Triple American cheese & bacon burger 17 Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard | | t drink* 11.68 c drink* 13.21 | | |
| Additional toppings and burger patties Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 kca Cheddar cheese 382 kcal; American-style cheese 36 Maple-cured bacon 91 kcal Crunchy chicken strip 92 kcal | ıl 9 kcal | | | |
| 3oz beef patty 168 kcal; Char-grilled chicken breast 187 kcal each 2.07 Fried buttermilk chicken 473 kcal; Breaded vegetable patty 257 kcal Fried halloumi-style cheese 298 kcal; BEYOND MEAT patty 184 kcal | | | | |

| Curries Includes Adrink | | |
|--|---|---|
| Classic curries With basmati pilau rice, plain na | | ums. |
| Mangalorean roasted cauliflower | - | |
| & spinach curry // @ 38 927 kcal Chicken tikka masala // 1190 kcal | soft drink* 10.14 | alcoholic drink* 11.67 |
| Chicken jalfrezi 🎢 🚳 935 kcal | each | each |
| Beef Madras //// 1043 kcal | I O' I kool \ E 2 n | |
| Change your plain naan to a garlic naan () (add | | |
| Simple curries With basmati pilau rice or chips Simple Mangalorean roasted cauliflowers | | |
| & spinach curry // @ Choose: Basmati pilau rice \$\infty\$ 568 kcal; Chips 970 kcal | | |
| Simple chicken tikka masala | soft drink* | alcoholic drink* |
| Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal Simple chicken jalfrezi | 7.92 each | 9.45 each |
| Choose: Basmati pilau rice 🚳 575 kcal; Chips 977 kcal | | |
| Simple beef Madras FFF Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal | | |
| Add: One vegetable samosa and two onion bhajis | (293 kcal) 1.8 | 6 |
| Two plain poppadums @ (86 kcal) 52p NEW Char-grilled tandoori chicken breast skewer | (145 kcal) 4.0 | 9 |
| Katsu curries With a mild Japanese-style katsu | | |
| coconut-flavour rice, sliced chillies and coriander. Katsu grilled chicken curry 542 kcal | | |
| Sliced char-grilled chicken breast | soft drink* | alcoholic drink* |
| Katsu Quorn™ nugget curry @ 686 kcal Eight coated pieces | 9.03 each | 10.56 each |
| Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet | | |
| | soft drin | k* alcoholic drink |
| NEW Katsu spicy coated king prawn curry № 734 kcal. Six coated pieces | 9.7 | 8 11.31 |
| Chicken includes a drink | | |
| | | |
| Char-grilled tandoori chicken breas 767 762 kcal. Two skewers, basmati pilau rice, roasted pi | tskewers | |
| , to a troud the otto trotto of addition production pro | epper, | soft drink* |
| courgette, onion, rocket, garlic & herb sauce | epper, | soft drink* 8.79 each |
| courgette, onion, rocket, garlic & herb sauce NEW Sticky Korean fried chicken bowl Chicken strips, chicken breast bites, tossed in a Korean- | | 8.79 each alcoholic drink* |
| courgette, onion, rocket, garlic & herb sauce NEW Sticky Korean fried chicken bowl | | 8.79 each |
| courgette, onion, rocket, garlic & herb sauce NEW Sticky Korean fried chicken bowl Chicken strips, chicken breast bites, tossed in a Korean- coriander, sliced chillies Choose: Coconut-flavour rice 867 kcal; Chips 961 kcal NEW Sticky Korean fried Quorn™ 'no chick | style sauce, | 8.79 each alcoholic drink* 10.32 each |
| courgette, onion, rocket, garlic & herb sauce NEW Sticky Korean fried chicken bowl Chicken strips, chicken breast bites, tossed in a Korean- coriander, sliced chillies Choose: Coconut-flavour rice 867 kcal; Chips 961 kcal | style sauce, | 8.79 each alcoholic drink* 10.32 each |
| courgette, onion, rocket, garlic & herb sauce NEW Sticky Korean fried chicken bowl Chicken strips, chicken breast bites, tossed in a Korean-coriander, sliced chillies Choose: Coconut-flavour rice 867 kcal; Chips 961 kcal NEW Sticky Korean fried Quorn™ 'no chick Eight coated pieces, tossed in a Korean-style sauce, cori Choose: Coconut-flavour rice 713 kcal; Chips 808 kcal Chicken on the bone is marinated, slow cooked and finis | style sauce, ken' bowl ander, sliced chi | 8.79 each alcoholic drink* 10.32 each |
| courgette, onion, rocket, garlic & herb sauce NEW Sticky Korean fried chicken bowl Chicken strips, chicken breast bites, tossed in a Korean- coriander, sliced chillies Choose: Coconut-flavour rice 867 kcal; Chips 961 kcal NEW Sticky Korean fried Quorn™ no chick Eight coated pieces, tossed in a Korean-style sauce, cori Choose: Coconut-flavour rice 713 kcal; Chips 808 kcal Chicken on the bone is marinated, slow cooked and finis Peri-peri char-grilled half chicken | style sauce, xen' bowl ander, sliced chi | 8.79 each alcoholic drink* 10.32 each |
| courgette, onion, rocket, garlic & herb sauce NEW Sticky Korean fried chicken bowl Chicken strips, chicken breast bites, tossed in a Korean- coriander, sliced chillies Choose: Coconut-flavour rice 867 kcal; Chips 961 kcal NEW Sticky Korean fried Quorn™ 'no chick Eight coated pieces, tossed in a Korean-style sauce, cori Choose: Coconut-flavour rice 713 kcal; Chips 808 kcal Chicken on the bone is marinated, slow cooked and finis Peri-peri char-grilled half chicken Lemon and herb Ø Char-grilled in a lemon & her Coleslaw, garlic & herb dip | style sauce, xen' bowl ander, sliced chi shed on the char b glaze | 8.79 each alcoholic drink* 10.32 each llies -grill. soft drink* |
| courgette, onion, rocket, garlic & herb sauce NEW Sticky Korean fried chicken bowl Chicken strips, chicken breast bites, tossed in a Korean- coriander, sliced chillies Choose: Coconut-flavour rice 867 kcal; Chips 961 kcal NEW Sticky Korean fried Quorn™ 'no chick Eight coated pieces, tossed in a Korean-style sauce, cori Choose: Coconut-flavour rice 713 kcal; Chips 808 kcal Chicken on the bone is marinated, slow cooked and finis Peri-peri char-grilled half chicken Lemon and herb Ø Char-grilled in a lemon & her | style sauce, ken' bowl ander, sliced chi shed on the char b glaze kcal | 8.79 each alcoholic drink* 10.32 each |
| Courgette, onion, rocket, garlic & herb sauce NEW Sticky Korean fried chicken bowl Chicken strips, chicken breast bites, tossed in a Korean- coriander, sliced chillies Choose: Coconut-flavour rice 867 kcal; Chips 961 kcal NEW Sticky Korean fried Quorn™ 'no chick Eight coated pieces, tossed in a Korean-style sauce, cori Choose: Coconut-flavour rice 713 kcal; Chips 808 kcal Chicken on the bone is marinated, slow cooked and finis Peri-peri char-grilled half chicken Lemon and herb Char-grilled in a lemon & her Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 145 Hot and spicy | style sauce, sen' bowl ander, sliced chi shed on the char b glaze kcal 3 kcal | 8.79 each alcoholic drink* 10.32 each llies -grill. soft drink* 11.13 each alcoholic drink* |
| Courgette, onion, rocket, garlic & herb sauce NEW Sticky Korean fried chicken bowl Chicken strips, chicken breast bites, tossed in a Korean- coriander, sliced chillies Choose: Coconut-flavour rice 867 kcal; Chips 961 kcal NEW Sticky Korean fried Quorn™ 'no chick Eight coated pieces, tossed in a Korean-style sauce, cori Choose: Coconut-flavour rice 713 kcal; Chips 808 kcal Chicken on the bone is marinated, slow cooked and finis Peri-peri char-grilled half chicken Lemon and herb Char-grilled in a lemon & her Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 145 Hot and spicy /// Char-grilled in a Naga chilli & Coleslaw, Naga chilli dip Choose: Side salad 888 kcal; Mediterranean salad 1018 | style sauce, ken' bowl ander, sliced chi shed on the char b glaze kcal 3 kcal citrus glaze | 8.79 each alcoholic drink* 10.32 each llies -grill. soft drink* 11.13 each |
| Courgette, onion, rocket, garlic & herb sauce NEW Sticky Korean fried chicken bowl Chicken strips, chicken breast bites, tossed in a Korean- coriander, sliced chillies Choose: Coconut-flavour rice 867 kcal; Chips 961 kcal NEW Sticky Korean fried Quorn™ 'no chick Eight coated pieces, tossed in a Korean-style sauce, cori Choose: Coconut-flavour rice 713 kcal; Chips 808 kcal Chicken on the bone is marinated, slow cooked and finis Peri-peri char-grilled half chicken Lemon and herb Char-grilled in a lemon & her Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 145 Hot and spicy /// Char-grilled in a Naga chilli & Coleslaw, Naga chilli dip Choose: Side salad 888 kcal; Mediterranean salad 1018 Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 142 Char-grilled half chicken, mash and gra | style sauce, ken' bowl ander, sliced chi ched on the char b glaze kcal 3 kcal citrus glaze kcal 3 kcal | 8.79 each alcoholic drink* 10.32 each llies -grill. soft drink* 11.13 each alcoholic drink* 12.66 |
| Courgette, onion, rocket, garlic & herb sauce NEW Sticky Korean fried chicken bowl Chicken strips, chicken breast bites, tossed in a Korean- coriander, sliced chillies Choose: Coconut-flavour rice 867 kcal; Chips 961 kcal NEW Sticky Korean fried Quorn™ 'no chick Eight coated pieces, tossed in a Korean-style sauce, cori Choose: Coconut-flavour rice 713 kcal; Chips 808 kcal Chicken on the bone is marinated, slow cooked and finis Peri-peri char-grilled half chicken Lemon and herb Char-grilled in a lemon & her Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 145 Hot and spicy PP Char-grilled in a Naga chilli & Coleslaw, Naga chilli dip Choose: Side salad 888 kcal; Mediterranean salad 1018 Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 142 Char-grilled half chicken, mash and gra Lemon & herb chicken, peas, chicken gravy | style sauce, ken' bowl ander, sliced chi ched on the char b glaze kcal 3 kcal citrus glaze kcal 3 kcal | 8.79 each alcoholic drink* 10.32 each llies -grill. soft drink* 11.13 each alcoholic drink* 12.66 |
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| Courgette, onion, rocket, garlic & herb sauce NEW Sticky Korean fried chicken bowl Chicken strips, chicken breast bites, tossed in a Korean- coriander, sliced chillies Choose: Coconut-flavour rice 867 kcal; Chips 961 kcal NEW Sticky Korean fried Quorn™ foo chickeight coated pieces, tossed in a Korean-style sauce, cori Choose: Coconut-flavour rice 713 kcal; Chips 808 kcal Chicken on the bone is marinated, slow cooked and finis Peri-peri char-grilled half chicken Lemon and herb Char-grilled in a lemon & her Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 145 Hot and spicy // Char-grilled in a Naga chilli & Coleslaw, Naga chilli dip Choose: Side salad 888 kcal; Mediterranean salad 1018 Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 142 Char-grilled half chicken, mash and gra Lemon & herb chicken, peas, chicken gravy Chicken baskets Boneless basket // Three southern-fried chicken strips, five chicken breast I coleslaw, BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips Chicken wing basket // Eight wings, coleslaw, Naga chilli dip Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy Choose: Side salad 623 kcal; Spicy rice @ 763 kcal; Chips Chicken bites basket | style sauce, ken' bowl ander, sliced chi shed on the char b glaze kcal 3 kcal citrus glaze kcal 3 kcal vy 818 kcal bites, 1255 kcal | 8.79 each alcoholic drink* 10.32 each llies -grill. soft drink* 11.13 each alcoholic drink* 12.66 each soft drink* 10.51 each |
| Courgette, onion, rocket, garlic & herb sauce NEW Sticky Korean fried chicken bowl Chicken strips, chicken breast bites, tossed in a Korean- coriander, sticed chillies Choose: Coconut-flavour rice 867 kcal; Chips 961 kcal NEW Sticky Korean fried Quorn™ no chick Eight coated pieces, tossed in a Korean-style sauce, cori Choose: Coconut-flavour rice 713 kcal; Chips 808 kcal Chicken on the bone is marinated, slow cooked and finis Peri-peri char-grilled half chicken Lemon and herb / Char-grilled in a lemon & her Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 145 Hot and spicy / Char-grilled in a Naga chilli & Coleslaw, Naga chilli dip Choose: Side salad 888 kcal; Mediterranean salad 1018 Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 142 Char-grilled half chicken, mash and gra Lemon & herb chicken, peas, chicken gravy Chicken basket Boneless basket / Three southern-fried chicken strips, five chicken breast I coleslaw, BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips Chicken wing basket / Fied chicken breast pieces, coleslaw, sticky soy Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy Choose: Side salad 623 kcal; Spicy rice ® 763 kcal; Chi Southern-fried chicken strips basket / Five chicken strips, coleslaw, Jack Daniel's® Tennessee Five chicken strips the chicken strip | style sauce, ken' bowl ander, sliced chi shed on the char b glaze kcal 3 kcal citrus glaze kcal 3 kcal vy 818 kcal bites, 1522 kcal sauce ps 1157 kcal loney glaze | 8.79 each alcoholic drink* 10.32 each llies -grill. soft drink* 11.13 each alcoholic drink* 12.66 each soft drink* 10.51 each Add: Chicken gravy (50 kcal) |
| Courgette, onion, rocket, garlic & herb sauce NEW Sticky Korean fried chicken bowl Chicken strips, chicken breast bites, tossed in a Korean- coriander, sticed chillies Choose: Coconut-flavour rice 867 kcal; Chips 961 kcal NEW Sticky Korean fried Quorn™ no chick Eight coated pieces, tossed in a Korean-style sauce, cori Choose: Coconut-flavour rice 713 kcal; Chips 808 kcal Chicken on the bone is marinated, slow cooked and finis Peri-peri char-grilled half chicken Lemon and herb / Char-grilled in a lemon & her Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 145 Hot and spicy / Char-grilled in a Naga chilli & Coleslaw, Naga chilli dip Choose: Side salad 888 kcal; Mediterranean salad 1018 Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 142 Char-grilled half chicken, mash and gra Lemon & herb chicken, peas, chicken gravy Chicken baskets Boneless basket / Three southern-fried chicken strips, five chicken breast I coleslaw, BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips Chicken wing basket // Eight wings, coleslaw, Naga chilli dip Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy Choose: Side salad 623 kcal; Spicy rice 3763 kcal; Chi Southern-fried chicken strips basket // | style sauce, ken' bowl ander, sliced chi shed on the char b glaze kcal 3 kcal citrus glaze kcal 3 kcal vy 818 kcal 1522 kcal 1522 kcal sauce ps 1157 kcal loney glaze 1282 kcal | 8.79 each alcoholic drink* 10.32 each llies -grill. soft drink* 11.13 each alcoholic drink* 12.66 each soft drink* 10.51 each Add: Chicken gravy (50 kcal) |
| Courgette, onion, rocket, garlic & herb sauce NEW Sticky Korean fried chicken bowl Chicken strips, chicken breast bites, tossed in a Korean- coriander, sticed chitlies Choose: Coconut-flavour rice 867 kcal; Chips 961 kcal NEW Sticky Korean fried Quorn™ no chick Eight coated pieces, tossed in a Korean-style sauce, cori Choose: Coconut-flavour rice 713 kcal; Chips 808 kcal Chicken on the bone is marinated, slow cooked and finis Peri-peri char-grilled half chicken Lemon and herb / Char-grilled in a lemon & her Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 145 Hot and spicy / Char-grilled in a Naga chilli & Coleslaw, Naga chilli dip Choose: Side salad 888 kcal; Mediterranean salad 1018 Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 142 Char-grilled half chicken, mash and gra Lemon & herb chicken, peas, chicken gravy Chicken baskets Boneless basket / Three southern-fried chicken strips, five chicken breast I coleslaw, BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips Chicken wing basket / Five chicken bless basket Ten battered chicken breast pieces, coleslaw, sticky soy Choose: Side salad 623 kcal; Spicy rice 3763 kcal; Chips Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy Choose: Side salad 623 kcal; Spicy rice 3763 kcal; Chips Chicken breast pieces, coleslaw, sticky soy Choose: Side salad 623 kcal; Spicy rice 3763 kcal; Chips Chicken breast pieces, coleslaw, sticky soy Choose: Side salad 623 kcal; Spicy rice 3763 kcal; Chips Chicken breast pieces, coleslaw, sticky soy Choose: Side salad 623 kcal; Spicy rice 3763 kcal; Chips Chicken battered chicken strips basket / Five chicken strips, coleslaw, Jack Daniel's® Tennessee H Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips | style sauce, ken' bowl ander, sliced chi shed on the char b glaze kcal 3 kcal citrus glaze kcal 3 kcal vy 818 kcal 1522 kcal 1522 kcal sauce ps 1157 kcal loney glaze 1282 kcal | 8.79 each alcoholic drink* 10.32 each llies -grill. soft drink* 11.13 each alcoholic drink* 12.66 each soft drink* 10.51 each Add: Chicken gravy (50 kcal) |

Adults need around 2000 kcal a day.§

| 11" pizzas includes a drink | 12 | | Steaks and grills INCLUDES A DRINK • |
|---|---|------------------------------|---|
| Sourdough base — proved, stretched, topped and freshly b | | r. 'alcoholic drink* | From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly |
| Margherita ♥ 934 kcal. Mozzarella, basil | 8.98 | 10.51 | cooked to your liking. |
| Spicy chicken // 1374 kcal | • | •••• | Classic 8oz sirloin steak |
| Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic | & herb sauces | s, rocket | Choose: Side salad 526 kcal |
| Pepperoni // 1151 kcal. Mozzarella, pepperoni | | soft drink* | Mediterranean salad 657 kcal; Jacket potato 774 kcal each |
| Ham and mushroom 1011 kcal Mozzarella, ham, mushroom, rocket | | 10.14 | Mashed potato 745 kcal; Chips 1061 kcal Gourmet 8oz sirloin steak |
| BBQ chicken 1097 kcal | | each | Dogs tomate much room three onion rings stock source |
| Mozzarella, BBQ sauce, chicken breast, red onion, rocket | | alcoholic drink* | Choose: Side salad 785 kcal soft drink* 13.89 |
| Roasted vegetable ♥ 1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, bas | sil | 11.67 each | Mediterranean salad 915 kcal; Jacket potato 1032 kcal each |
| Roasted vegetable and vegan cheeze @ 🚳 8 | | Cucii | Mashed potato 1003 kcal; Chips 1320 kcal Add your choice of steak sauce: Creamy peppercorn sauce (74 kcal) |
| Mushroom, roasted pepper, courgette, onion, basil | | | Jack Daniel's® Tennessee Honey glaze () (87 kcal) 1.92 each |
| Spicy meat feast /// 1214 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, ru | 11.32 | 12.85 | Below meals are served with peas, tomato and mushroom. soft drink* alcoholic drin |
| Additional toppings | • | •••• | BBQ chicken melt 10.38 11.9 |
| Red onion @ 10 kcal; Sliced chillies FFFF @ 3 kcal; Mus | shroom 🥏 4 ki | cal each 93p | Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce |
| Garlic & herb dip ⊘ 180 kcal; Mozzarella ∨ 150 kcal; Ham | · • · · · · · · · · · · · | ••••• | Choose: Side salad 📀 609 kcal; Mediterranean salad 739 kcal Jacket potato 🥯 856 kcal; Mashed potato 827 kcal; Chips 1143 kcal |
| Chicken breast 94 kcal- Manle-cured bacon 91 kcal | . . | each 1.25 | 5oz gammon and egg 9.03 10.5 |
| Pepperoni / 109 kcal; Roasted vegetables @ 90 kcal | | each 1.63 | Choose: Side salad 🥯 (1985) 402 kcal; Mediterranean salad 532 kcal |
| Creative dessise | | ia | Jacket potato 🚳 649 kcal; Mashed potato 620 kcal; Chips 936 kcal |
| Small pub classics INCL | | | 10oz gammon and eggs 12.19 13.7. Choose: Side salad 611 kcal: Mediterranean salad 741 kcal |
| Small freshly battered fish and chips 🔗 | soft drink* 8.14 | alcoholic drink* 9.67 | Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 1146 kcal |
| Cod, peas 681 kcal or mushy peas 739 kcal | 0.14 | 7.07 | Mixed grill 12.19 13.7 |
| Small Whitby breaded scampi | 8.14 | 9.67 | Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal |
| Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi | | | Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips 1519 kcal |
| Add: Two slices of bread (404 kcal) 1.44 | •••• | •••••• | Large mixed grill 13.95 15.4 |
| Chip shop-style curry sauce (a) (118 kcal) 1.56 | | | Gammon, pork loin, rump, lamb, two Lincolnshire sausages, |
| ••••••••••• | 6,91 | 8.44 | fried egg, six onion rings Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal |
| Small Wiltshire cured ham, egg and chips (555) kcal | 0.71 | 0.44 | Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips 2012 kcal |
| One slice of Wiltshire cured ham, fried egg | | | |
| Small all-day brunch 681 kcal | 6.91 | 8.44 | Noodles, salads and pastas |
| Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) 80p | | | INCLUDES A DRINK. |
| Small vegetarian all-day brunch V 611 kcal | 6.91 | 8.44 | soft drink* alcoholic drin |
| Two vegan sausages, fried egg, baked beans, chips | | | Ramen noodle bowl // @ 30 6567 466 kcal 7.29 8.88 Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, |
| Afternoon deal | soft drink* | alcoholic drink* | bamboo shoots, red onion, sliced chillies, coriander, in a light broth |
| Mon - Fri, 2pm - 5pm Choose from the above small pub classic meals. | 6.39 | 7.92 | Chicken & maple-cured bacon salad 8.99 10.5 |
| Choose from the above small pub classic meals. | | | Choose: Char-grilled chicken breast (33) 283 kcal |
| Pub classics includes A DE | INK • | | Southern-fried chicken breast strips 657 465 kcal Mediterranean salad 6 657 334 kcal 7.99 9.5 |
| | soft drink* | | Pearl barley, quinoa, butternut squash, wheat berries, red pepper, |
| Freshly battered fish and chips 🕖 | 10.38 | 11.91 | cherry tomatoes, pumpkin seeds, basil, dressing |
| Cod, peas 1240 kcal or mushy peas 1298 kcal | | | Grilled halloumi-style cheese 7.99 9.50 & roasted vegetable salad V 600 494 kcal |
| Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. | 10.38 | 11.91 | Roasted pepper, courgette, onion, pico de gallo, dressing |
| Eight Whitby breaded scampi | | | Burrito salad bowl V 668 kcal 7.99 9.5 |
| Add: Two slices of bread (V) (404 kcal) 1.44 | ••••• | ••••••• | Spicy rice, cheese, roasted pepper, courgette, onion, |
| Chip shop-style curry sauce (20 (118 kcal) 1.56 | | | tortilla chips, guacamole, sliced chillies |
| All-day brunch 1245 kcal | 9.72 | 11.25 | Additional toppings: Maple-cured bacon (91 kcal) 1.62 Poached egg ♥ (63 kcal) 78 |
| Two fried eggs, bacon, two Lincolnshire sausages, baked bea | ns, chips | | Tuna mayo (298 kcal) 1.16 Roasted vegetables (90 kcal) 1.6 |
| Add: Black pudding (178 kcal) 80p Vegetarian all-day brunch ♥ 1023 kcal | 9.72 | 11.25 | Char-grilled half chicken breast (93 kcal) Char grilled whole chicken breast (197 kcal) 2.01 |
| Two fried eggs, three vegan sausages, baked beans, chips | 7.72 | 11.23 | Char-grilled whole chicken breast (187 kcal) NEW Fried buttermilk chicken (473 kcal) 2.0' |
| Steak & kidney pudding Peas, onion & red wine gravy | 8.62 | 10.15 | Spicy pulled chicken thigh / (249 kcal) 3.0 |
| Choose: Mashed potato 963 kcal; Chips 1279 kcal | 0.70 | 10.45 | Char-grilled tandoori chicken breast skewer // (145 kcal) 4.0 |
| Bangers and mash 894 kcal Three Lincolnshire sausages, peas, onion & red wine gravy | 8.62 | 10.15 | Grilled halloumi-style cheese ♥ (447 kcal) Chilli bean non-carne 💆 ⊘ (149 kcal) 2.0' |
| Vegetarian bangers and mash ♥ 635 kcal | 8.62 | 10.15 | |
| Three vegan sausages, peas, onion & red wine gravy | | | Pasta alfredo ♥ 618 kcal 9.20 10.79 Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, |
| Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs | 8.03 | 9.56 | sun-dried tomato, basil, rocket |
| Sausages, chips and beans 1170 kcal | 7.73 | 9.26 | Add: Char-grilled chicken breast (187 kcal) 2.07; Maple-cured bacon (91 kcal) 1.62 |
| Sausages, Chips and Deans 11/0 Ktal | | | British beef & pancetta lasagne 9.77 11.3 |
| Three Lincolnshire sausages | 7.73 | 9.26 | Choose: Side salad 761 kcal; Chips 1295 kcal |
| Three Lincolnshire sausages Vegan sausages, chips and beans 910 kcal | 7.73 | | OC ZOT BOTATOOS INGLIBUS A PRIME - |
| Three Lincolnshire sausages Vegan sausages, chips and beans | | 10 15 | Jacket potatoes includes a drink • |
| Three Lincolnshire sausages Vegan sausages, chips and beans 910 kcal | 8.62 | 10.15 | |
| Three Lincolnshire sausages Vegan sausages, chips and beans 910 kcal Three vegan sausages Chilli bean non-carne 60 80 635 kcal | | 10.15 | With side salad and one filling. Extra fillings 1.32 each. Tuna mayo 592 kcal; Coleslaw \$\infty\$ 559 kcal |
| Three Lincolnshire sausages Vegan sausages, chips and beans @ 910 kcal Three vegan sausages Chilli bean non-carne / @ \$2 635 kcal Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips | 8.62 | | With side salad and one filling. Extra fillings 1.32 each. Tuna mayo 592 kcal; Coleslaw ♥ 559 kcal Cheese ♥ 512 kcal soft drink* alcoholic drink* |
| Three Lincolnshire sausages Vegan sausages, chips and beans @ 910 kcal Three vegan sausages Chilli bean non-carne / @ \$2 635 kcal Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips | 8.62 | 10.15 alcoholic drink* 9.10 | With side salad and one filling. Extra fillings 1.32 each. Tuna mayo 592 kcal; Coleslaw ♥ 559 kcal |