





















Desserts

<b>Millionaire's shortbread</b>  331 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	2.32
<b>Vanilla ice cream</b>  257 kcal Two scoops, toffee sauce, Belgian chocolate sauce	1.97
<b>Cookie crunch</b>  287 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.97
<b>Mini warm chocolate brownie</b>  397 kcal Belgian chocolate sauce, vanilla ice cream	3.13
<b>Mini warm cookie dough sandwich</b>  347 kcal Salted caramel filling, toffee sauce, vanilla ice cream	3.13
<b>Mini American-style pancakes</b>  373 kcal Two pancakes, maple-flavour syrup, vanilla ice cream	3.69
<b>Fresh fruit and ice cream</b>   379 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	3.49
<b>Salted caramel sticky toffee pudding</b>  799 kcal Vanilla ice cream	5.14
<b>Warm chocolate fudge cake</b>  832 kcal. Vanilla ice cream	5.48
<b>Warm chocolate brownie</b>  697 kcal Belgian chocolate sauce, vanilla ice cream	5.48
<b>Warm cookie dough sandwich</b>  601 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.48
<b>British Bramley apple crumble</b>  602 kcal. Vanilla ice cream	5.77
<b>American-style pancakes</b>  650 kcal Four pancakes, maple-flavour syrup, vanilla ice cream	5.14
<hr/>	
Add: Vanilla ice cream scoop  (97 kcal) <b>99p</b> ; Toffee sauce  (66 kcal) <b>47p</b> Belgian chocolate sauce  (61 kcal) <b>47p</b> ; Banana  (110 kcal) <b>60p</b> Strawberries  (14 kcal) <b>60p</b> ; Blueberries  (17 kcal) <b>60p</b>	










ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.































While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS











 = Very mild  = Mild  = Medium hot  = Very hot  
 = Extremely hot  
 Vegetarian  Vegan  5% fat or less  Dish under 500 Calories

Adults need around 2000 kcal a day.<sup>§</sup>

BREAKFAST Served 8am – 12 noon

<b>Large breakfast</b> 1320 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	5.99
<b>Traditional breakfast</b> 774 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	3.69
<b>Small breakfast</b>  435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	2.79
<hr/>	
Add: Black pudding (178 kcal) <b>80p</b>	
<b>Freedom breakfast</b> 581 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	2.79
<b>Large vegetarian breakfast</b>  1075 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	5.99
<b>Vegetarian breakfast</b>  729 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	3.69
<b>Small vegetarian breakfast</b>   281 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	2.79
<b>Vegan breakfast</b>  616 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	2.79
<b>American breakfast</b> 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup	7.00
<b>Small American breakfast</b> 629 kcal Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	5.14
<b>Eggs Benedict</b> 756 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.29
<b>Mushroom Benedict</b>  667 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.29
<b>Miner's Benedict</b> 970 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.29
<b>American-style pancakes – choose:</b> Four pancakes, banana, strawberries, blueberries, maple-flavour syrup.  694 kcal	5.14
Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup.  554 kcal	5.14 4.45
<b>Small American-style pancakes – choose:</b> Two pancakes, maple-cured bacon, maple-flavour syrup.  322 kcal Two pancakes, maple-flavour syrup.   277 kcal	3.69 3.40
<b>Scrambled egg on toast</b>  570 kcal Three eggs, buttered white bloomer toast	2.79
<b>Beans on toast</b>  566 kcal. Buttered white bloomer toast Vegan option available with vegan spread   460 kcal	2.79
<b>Small beans on toast</b>   252 kcal. Buttered white bloomer toast	2.29
<b>Fresh fruit</b>   186 kcal. Apple, banana, blueberries, strawberries	2.99
<b>Fresh fruit and yoghurt</b>   320 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	3.49
<b>Porridge</b>   253 kcal (plain) Add: Banana  (110 kcal) <b>60p</b> ; Strawberries  (14 kcal) <b>60p</b> Blueberries  (17 kcal) <b>60p</b> ; Honey  (152 kcal) <b>30p</b> Sliced apple  (46 kcal) <b>60p</b> ; Maple-flavour syrup  (104 kcal) <b>30p</b>	1.99

Breakfast extras

Add any of the following:		
<b>Black pudding</b> 178 kcal	<b>80p</b> Hash brown  82 kcal	<b>51p</b>
<b>Two back bacon rashers</b> 131 kcal	<b>1.67</b> Two mushrooms  94 kcal	<b>98p</b>
<b>Lincolnshire sausage</b> 168 kcal	<b>1.15</b> Two tomato halves  16 kcal	<b>57p</b>
<b>Vegan sausage</b>  72 kcal	<b>1.15</b> Hollandaise sauce  299 kcal	<b>1.92</b>
<b>Fried egg</b>  56 kcal	<b>98p</b> Slice of toast  192 kcal	<b>1.23</b>
<b>Poached egg</b>  63 kcal		<b>98p</b>
<b>Two scrambled eggs</b>  136 kcal		<b>1.73</b>
<b>Baked beans</b>  126 kcal		<b>98p</b>

Tea, coffee and hot chocolate


FREE REFILLS

TEA, COFFEE AND HOT CHOCOLATE

— ALL DAY EVERY DAY —


LAVAZZA


TORINO, ITALIA, 1895




£1.19 each

Biscuits

Walkers shortbread  151 kcal

Stem ginger biscuit  123 kcal

Belgian chocolate biscuit  129 kcal

71p each


for the facts [drinkaware.co.uk](https://www.drinkaware.co.uk) [jdwetherspoon.com](https://www.jdwetherspoon.com)

FOOD

Main menu 11.30am – 11pm. Children's menu available.

The Lord John

Stroud



Russell Street and nearby John Street are both named after Lord John Russell, remembered in the name of this Wetherspoon pub. Lord Russell was MP for Stroud and also the architect of the Great Reform Act of 1832. The pub was previously Stroud's main post office.





TABLE SERVICE

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.



Use the app to: Order food and/or drinks • Search for a pub • Book a hotel • Save your favourites • Find an ale

FOOD HYGIENE RATING

1

2

3


4

5

Very Good

Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in this pub.




Sustainable fish


The cod and haddock we serve come from fisheries which have been certified as well-managed and sustainable fisheries.

100% UK AND IRISH BEEF

LAVAZZA

TORINO, ITALIA, 1895





Free-range eggs


100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

FOOD MAINE GOOD

Sustainable Restaurant Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

2024 – 2026



RSPCA ASSURED

CERTIFICATION MARK

Allergen and nutritional information can be found on the customer information screen, website and Wetherspoon app.


Adults need around 2000 kcal a day.<sup>§</sup>


<b>Breakfast</b> 8am – 12 noon	Traditional breakfast <b>£3.69</b>
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<b>Tea, coffee and hot chocolate</b> <b>Free refills</b>	<b>£1.19</b> each
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<b>Wings, bites and strips</b> Mix and match <b>£2.99</b> each
<b>2 for £5.49   3 for £7.49</b>

<b>Small plates</b> Mix and match <b>3 for £14.99</b>
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<b>Deli Deals®</b> <b>INCLUDES A DRINK</b> 	
Featuring southern-fried chicken wrap just-a-wrap, without a drink <b>£4.82</b>	
soft drink* <b>£6.00</b>	alcoholic drink* <b>£7.53</b>

<b>Afternoon deals</b> <b>INCLUDES A DRINK</b> 	
Mon - Fri, 2pm - 5pm	
Featuring small freshly battered fish and chips	
soft drink* from <b>£6.39</b>	alcoholic drink* from <b>£7.92</b>

<b>Gourmet burger meals</b> <b>INCLUDES A DRINK</b> 	
Featuring NEW The Big Smoke burger	
soft drink* <b>£9.69</b>	alcoholic drink* <b>£11.22</b>

<b>INCLUDES A DRINK</b> 
<b>Choose from over 150 drinks</b>

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See website for full details: [jdwetherspoon.com](https://www.jdwetherspoon.com) \*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. <sup>§</sup>Statement of daily Calorie needs from the Department of Health & Social Care. \*\*Excluding decaffeinated tea and decaffeinated coffee. \*Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).


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goodfoodtalks

opening menus for everybody























The spoken menu app for the visually impaired

MENU\_683




















Small plates | 3 for £14.99

8" pizzas. Sourdough base - proved, stretched, topped and freshly baked to order.		
Margherita  <small>UNDER 500</small> 475 kcal. Mozzarella, fresh basil	6.06	
<b>NEW</b> Spicy chicken    706 kcal	6.66	
Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket		
Pepperoni  556 kcal. Mozzarella, pepperoni	6.66	
Ham and mushroom 512 kcal. Mozzarella, ham, mushroom, rocket	6.66	
BBQ chicken 562 kcal	6.66	
Mozzarella, chicken breast, BBQ sauce, red onion, rocket		
Roasted vegetable  522 kcal	6.66	
Mozzarella, mushroom, roasted pepper, courgette, onion, fresh basil		
Vegan roasted vegetable  <small>5% UNDER 500</small> 358 kcal	6.66	
Mushroom, roasted pepper, courgette, onion, fresh basil		
Spicy meat feast    606 kcal	7.24	
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket		
11" garlic pizza bread  778 kcal	5.72	
Nachos     768 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	5.96	
Bowl of chips  964 kcal	3.99	
Bowl of chips with curry sauce  1082 kcal	5.29	
Cheesy chips  1256 kcal	5.49	
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	5.79	
<b>NEW</b> Shawarma-chicken-topped chips     1387 kcal	5.79	
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces		
Halloumi-style fries    <small>UNDER 500</small> 458 kcal. Sweet chilli sauce	5.11	
Chicken bites  <small>UNDER 500</small> 403 kcal	6.24	
Ten battered chicken breast pieces, BBQ sauce		
Southern-fried chicken strips  547 kcal	6.24	
Five chicken breast strips, Jack Daniel's® Tennessee Honey glaze		
Chicken wings    1113 kcal. Ten spicy chicken wings, Naga chilli sauce	6.90	
Quorn™ nuggets   <small>UNDER 500</small> 345 kcal	5.34	
Eight coated pieces, sweet chilli sauce		


























Wings, bites and strips

Mix and match		
Five chicken wings    <small>UNDER 500</small> 445 kcal	2.99	
Spicy chicken wings		
Five chicken bites <small>UNDER 500</small> 161 kcal	2 for	
Battered chicken breast pieces	5.49	
Three southern-fried chicken strips  <small>UNDER 500</small> 276 kcal	3 for	
Chicken breast strips	7.49	
Five Quorn™ nuggets  <small>50% OFF</small> 177 kcal. Five coated pieces		
Add: Sweet chilli sauce   (62 kcal)		
Naga chilli sauce     (136 kcal); BBQ sauce  (83 kcal)		
Jack Daniel's® Tennessee Honey glaze  (87 kcal)		
Chipotle mayo        (150 kcal); Blue cheese sauce  (270 kcal)		
Garlic & herb dip  (301 kcal)		
	99p	each


























































Deli Deals® INCLUDES A DRINK\*   

All wraps, paninis and 8" pizzas are freshly made to order.		
12" wraps (just-a-wrap, without a drink 4.82 each)		
<b>NEW</b> Brunch wrap 741 kcal		
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese		
<b>NEW</b> Vegetarian brunch wrap  622 kcal		
Two fried eggs, two vegan sausages, Cheddar cheese		
Shawarma chicken    712 kcal		
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, coriander, rocket		
Quorn™ nuggets   <small>50% OFF</small> 490 kcal	soft drink*	
Salad leaves, tomato, cucumber, salsa	6.00	each
Southern-fried chicken    623 kcal		
Salad leaves, smoky chipotle mayo		
Cold chicken breast   <small>5% UNDER 500</small> 485 kcal	alcoholic drink*	
Salad leaves, sweet chilli sauce	7.53	each
Fried halloumi-style cheese    727 kcal		
Salad leaves, sweet chilli sauce, tomato, cucumber		
Paninis		
Cheddar cheese and tomato  604 kcal		
Wiltshire cured ham and Cheddar cheese 580 kcal		
BBQ chicken, bacon and Cheddar cheese <small>50% OFF</small> 576 kcal		
Tuna mayo and Cheddar cheese 581 kcal		
8" pizzas		
Choose any 8" pizza from the small plates section.		
Add: Side salad  (111 kcal); Spicy rice   (203 kcal); Chips  (602 kcal) 1.54 each		








Burgers INCLUDES A DRINK\*   

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.		
Served with chips (add 602 kcal) or ask for a side salad  (add 111 kcal).		
With red onion, gherkin, ketchup, American-style mustard.		
American 529 kcal	soft drink*	7.49
6oz beef patty	alcoholic drink*	9.02
American cheese 597 kcal	soft drink*	8.08
6oz beef patty, American-style cheese	alcoholic drink*	9.61
Served with chips (add 602 kcal) or ask for a side salad  (add 111 kcal).		
With iceberg lettuce, tomato, red onion.		
The classic burger 540 kcal		
6oz beef patty	soft drink*	7.49
	each	
	alcoholic drink*	9.02
each		
The plant burger  537 kcal		
Plant-based patty, garlic & herb sauce		
Halloumi-style cheese and sweet chilli     638 kcal		
Fried halloumi-style cheese, sweet chilli sauce		
Served with chips (add 602 kcal) or ask for a side salad  (add 111 kcal).		
Crunchy chicken  440 kcal	soft drink*	5.21
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	each	
	alcoholic drink*	6.74
each		
<b>NEW</b> Korean fried chicken  376 kcal		
Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce		
Gourmet burgers INCLUDES A DRINK*   		
Served with six beer-battered onion rings (add 269 kcal) and chips (add 602 kcal) or ask for a side salad  (add 111 kcal).		
With iceberg lettuce, tomato, red onion.		
<b>NEW</b> Cheese meltdown		
American-style cheese, smothered with Emmmental & Cheddar cheese sauce		
Choose: Beef (6oz beef patty) 732 kcal		
Fried buttermilk chicken 839 kcal		
<b>NEW</b> The Big Smoke		
Pulled BBQ beef brisket, American-style cheese, maple-cured bacon	soft drink*	9.69
Choose: Beef (6oz beef patty) 1170 kcal	each	
Fried buttermilk chicken 1310 kcal	alcoholic drink*	11.22
	each	
<b>NEW</b> Buffalo    819 kcal		
Fried buttermilk chicken, blue cheese sauce, Naga chilli sauce, American-style cheese, topped with a spicy chicken wing		
<b>NEW</b> BBQ stack  439 kcal		
Plant-based patty, stacked with six onion rings and covered with BBQ sauce		
The ultimate burger 851 kcal		
6oz beef patty, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin		
Tennessee		
Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze		
Choose: Beef (6oz beef patty) 719 kcal		
Fried buttermilk chicken 639 kcal		
<b>NEW</b> The Empire State 1038 kcal		
Two 6oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	soft drink*	11.15
	alcoholic drink*	12.68
Additional toppings		
Sliced pickled gherkins  11 kcal		50p
BBQ sauce  71 kcal		99p
Maple-cured bacon with Cheddar cheese 173 kcal		2.24
Maple-cured bacon with American-style cheese 160 kcal		2.24
Cheddar cheese  82 kcal		
American-style cheese  69 kcal		
Maple-cured bacon 91 kcal		
Crunchy chicken strip  92 kcal		each 1.62
Additional burger patties		
6oz beef patty 337 kcal		2.34
Fried buttermilk chicken 473 kcal		
Fried halloumi-style cheese  298 kcal		
Plant-based patty  152 kcal		each 2.07

Chicken INCLUDES A DRINK\*   

Sticky Korean fried chicken bowl 		
Chicken strips, chicken breast bites, tossed in a Korean-style sauce, coriander, sliced chillies	soft drink*	7.78
Choose: Coconut-flavour rice  866 kcal; Chips 1234 kcal	each	
Sticky Korean fried Quorn™ 'no chicken' bowl  	alcoholic drink*	9.31
Eight coated pieces, tossed in a Korean-style sauce, coriander, sliced chillies	each	
Choose: Coconut-flavour rice  712 kcal; Chips 1080 kcal		
Boneless basket 		
Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce		
Choose: Side salad 720 kcal; Spicy rice 856 kcal; Chips 1255 kcal		
Chicken bites basket		
Ten battered chicken breast pieces, coleslaw, BBQ sauce	soft drink*	7.78
Choose: Side salad 622 kcal; Spicy rice  758 kcal; Chips 1157 kcal	each	
Southern-fried chicken strips basket 	alcoholic drink*	9.31
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze	each	
Choose: Side salad 747 kcal; Spicy rice 883 kcal; Chips 1282 kcal		
Quorn™ 'no chicken' nuggets basket   		
Eight coated pieces, coleslaw, sweet chilli sauce		
Choose: Side salad 520 kcal; Spicy rice 657 kcal; Chips 1056 kcal		
Curries INCLUDES A DRINK*   		
Classic curries With basmati pilau rice, plain naan and poppadums.		
Sweet potato, chickpea & spinach curry    916 kcal		
Chicken tikka masala   1036 kcal	soft drink*	10.14
	each	
	alcoholic drink*	11.67
each		
Chicken jalfrezi    <small>5% OFF</small> 923 kcal		
Beef Madras     1088 kcal		
Change your plain naan to a garlic naan  (add 92 kcal) 52p		
Simple curries With basmati pilau rice or chips.		
Simple sweet potato, chickpea & spinach curry  		
Choose: Basmati pilau rice 557 kcal; Chips 959 kcal		
Simple chicken tikka masala  	soft drink*	7.92
Choose: Basmati pilau rice 676 kcal; Chips 1079 kcal	each	
	alcoholic drink*	9.45
Simple chicken jalfrezi   		
Choose: Basmati pilau rice <small>50% OFF</small> 564 kcal; Chips 966 kcal		
Simple beef Madras    		
Choose: Basmati pilau rice 729 kcal; Chips 1131 kcal		
Add: One vegetable samosa and two onion bhajis   (295 kcal) 1.86		
Two plain poppadums  (86 kcal) 52p		
Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.		
Katsu grilled chicken curry  <small>6% OFF</small> 542 kcal		
Sliced chicken breast		
Katsu Quorn™ nugget curry   638 kcal	soft drink*	9.03
Eight coated pieces	each	
	alcoholic drink*	10.56
Katsu chicken curry  828 kcal		
Sliced whole breaded chicken breast fillet		
Curry Club®		
Thursday 11.30am - 11pm	soft drink*	8.79
Featuring chicken korma - see Curry Club® menu for full range.	each	
	alcoholic drink*	10.32
Jacket potatoes INCLUDES A DRINK*   		
With side salad and one filling. Extra fillings 1.32 each.		
Tuna mayo 594 kcal	soft drink*	7.15
Coleslaw  561 kcal	each	
Cheese  587 kcal		
Baked beans   <small>5% UNDER 500</small> 484 kcal	alcoholic drink*	8.68
Chilli bean non-carne    <small>5% UNDER 500</small> 444 kcal	each	
Roasted vegetables   <small>5% UNDER 500</small> 385 kcal		

Pub classics INCLUDES A DRINK\*   

Freshly battered fish and chips		soft drink*	alcoholic drink*
Cod, peas 1251 kcal, mushy peas 1308 kcal or baked beans 1247 kcal		10.38	11.91
Whitby breaded scampi		10.38	11.91
Chips, peas 1135 kcal, mushy peas 1214 kcal or baked beans 1131 kcal. Eight Whitby breaded scampi			
Add: Two slices of bread  (383 kcal) 1.44			
Chip shop-style curry sauce  (118 kcal) 1.56			
All-day brunch 1245 kcal		5.45	6.98
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips			
Add: Black pudding (178 kcal) 80p			
Vegetarian all-day brunch  992 kcal		5.45	6.98
Two fried eggs, three vegan sausages, baked beans, chips			
BBQ chicken melt 1132 kcal		10.38	11.91
Chicken breast, Cheddar cheese, bacon, BBQ sauce, peas, mushroom, chips			
NEW Steak & ale pudding		5.45	6.98
Peas, onion & red wine gravy			
Choose: Mashed potato 957 kcal; Chips 1260 kcal			
Bangers and mash 888 kcal		8.62	10.15
Three Lincolnshire sausages, peas, onion & red wine gravy			
Vegetarian bangers and mash  598 kcal		8.62	10.15
Three vegan sausages, peas, onion & red wine gravy			
Wiltshire cured ham, eggs and chips 856 kcal		5.21	6.74
Two slices of Wiltshire cured ham, two fried eggs			
Sausages, chips and beans 1170 kcal		5.45	6.98
Three Lincolnshire sausages			
Vegan sausages, chips and beans  880 kcal		5.45	6.98
Three vegan sausages			
Chilli bean non-carne   629 kcal		5.45	6.98
Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips			

Afternoon deal

Mon - Fri, 2pm - 5pm

Choose from the above







pub classic meals.

soft drink\*

7.57

alcoholic drink\*

9.10

Small pub classics			
INCLUDES A DRINK  			
		soft drink*	alcoholic drink*
Small freshly battered fish and chips		8.14	9.67
Cod, peas 687 kcal, mushy peas 744 kcal or baked beans 683 kcal			
Small Whitby breaded scampi		8.14	9.67
Chips, peas 629 kcal, mushy peas 686 kcal or baked beans 625 kcal. Four Whitby breaded scampi			
Add: Two slices of bread  (383 kcal) 1.44			
Chip shop-style curry sauce  (118 kcal) 1.56			
Small Wiltshire cured ham, egg and chips  455 kcal		4.79	6.32
One slice of Wiltshire cured ham, fried egg			
Small all-day brunch 681 kcal		4.99	6.52
Lincolnshire sausage, bacon, fried egg, baked beans, chips			
Add: Black pudding (178 kcal) 80p			
Small vegetarian all-day brunch  590 kcal		4.99	6.52
Two vegan sausages, fried egg, baked beans, chips			

Afternoon deal

Mon - Fri, 2pm - 5pm

Choose from the above

small pub classic meals.

soft drink\*

6.39

alcoholic drink\*

7.92

Adults need around 2000 kcal a day.<sup>§</sup>