DESSERTS

NEW Chocolate & salted caramel torte 5.74
Chocolate biscuit base, chocolate & salted caramel filling
Vanilla ice cream (V) 746 kcal or coconut ice cream (Vg) 701 kcal

NEW Salted caramel sticky toffee pudding (V) 5.72
Vanilla ice cream 877 kcal or custard 741 kcal

Millionaire's shortbread (V) (Under 500) 409 kcal 2.42
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce

Vanilla ice cream (V) (Under 500) 334 kcal 2.06
Two scoops, toffee sauce, Belgian chocolate sauce

Cookie crunch (V) (Under 500) 364 kcal 2.06
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce

Mini warm chocolate brownie (V) (Under 500) 435 kcal 3.28
Belgian chocolate sauce, vanilla ice cream

Mini warm cookie dough sandwich (V) (Under 500) 431 kcal 3.28
Salted caramel filling, toffee sauce, vanilla ice cream

Mini American-style pancakes (V) (Under 500) 412 kcal 4.28
Two pancakes, maple-flavour syrup, vanilla ice cream

Fresh fruit (V) (5%) (Under 500) 470 kcal 4.94
Apple, banana, blueberries, strawberries, vanilla ice cream

Warm chocolate fudge cake (V) 909 kcal 5.74
Vanilla ice cream

Warm chocolate brownie (V) 736 kcal 5.74
Belgian chocolate sauce, vanilla ice cream

Warm cookie dough sandwich (V) 727 kcal 5.74
Salted caramel filling, toffee sauce, vanilla ice cream

British Bramley apple crumble 6.05
Vanilla ice cream (V) 673 kcal, coconut ice cream (Vg) 628 kcal or custard (5%) 537 kcal

American-style pancakes (V) (5%) 689 kcal 5.72
Four pancakes, maple-flavour syrup, vanilla ice cream

Add: Custard (V) (134 kcal) **1.33; Vanilla ice cream scoop** (V) (135 kcal) **99p**
Belgian chocolate sauce (Vg) (61 kcal) **47p; Toffee sauce** (V) (66 kcal) **47p**
Banana (Vg) (110 kcal) **60p; Strawberries** (Vg) (27 kcal) **60p**
Blueberries (Vg) (17 kcal) **60p**

Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

🌶 = Very mild 🌶🌶 = Mild 🌶🌶🌶 = Medium hot 🌶🌶🌶🌶 = Very hot
🌶🌶🌶🌶🌶 = Extremely hot
(V) Vegetarian (Vg) Vegan
(5%) 5% fat or less (Under 500) Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.[§]

BREAKFAST Served 8am – 12 noon

Large breakfast 1343 kcal 6.59
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast

Traditional breakfast 807 kcal 4.99
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast

Small breakfast (Under 500) 435 kcal 2.99
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown

Add: Black pudding (178 kcal) **80p**

Freedom breakfast 586 kcal 2.99
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato

Large vegetarian breakfast (V) 1129 kcal 6.59
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast

Vegetarian breakfast (V) 786 kcal 4.99
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast

Small vegetarian breakfast (V) (5%) (Under 500) 291 kcal 2.99
Fried egg, vegan sausage, baked beans, hash brown, tomato

Vegan breakfast (Vg) 642 kcal 2.99
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread

American breakfast 1258 kcal 7.58
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup

Small American breakfast 629 kcal 5.72
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup

Porridge (V) (5%) (Under 500) 252 kcal (plain) 1.99
Add: Banana (Vg) (110 kcal) **60p; Maple-flavour syrup** (Vg) (125 kcal) **30p**
Strawberries (Vg) (27 kcal) **60p; Blueberries** (Vg) (17 kcal) **60p**
Honey (V) (91 kcal) **30p; Sliced apple** (Vg) (46 kcal) **60p**

NEW Shakshuka 🌶 (V) 547 kcal 6.07
Two poached eggs, lightly spiced Mediterranean tomato & pepper sauce, rocket, toasted ciabatta
Add: Maple-cured bacon (91 kcal) **1.62**

Eggs Benedict 725 kcal 6.07
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket

Mushroom Benedict (V) 638 kcal 6.07
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket

Miner's Benedict 939 kcal 6.07
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket

NEW Hash brown basket (Vg) (Under 500) 410 kcal 2.14

American-style pancakes
NEW Four pancakes, banana, strawberries, blueberries, maple-flavour syrup. (V) (5%) 708 kcal 5.72
Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal 5.72
Four pancakes, maple-flavour syrup. (V) (5%) 554 kcal 5.03

Small American-style pancakes
Two pancakes, maple-cured bacon, maple-flavour syrup. (Under 500) 322 kcal 4.28
Two pancakes, maple-flavour syrup. (V) (5%) (Under 500) 277 kcal 3.98

Scrambled egg on toast (V) 570 kcal 2.99
Three eggs, buttered white bloomer toast

Beans on toast (V) (5%) 566 kcal. Buttered white bloomer toast 2.99
Vegan option available with vegan spread (Vg) (5%) (Under 500) 460 kcal

Small beans on toast (V) (5%) (Under 500) 252 kcal 2.49
Buttered white bloomer toast

Two slices of toast with jam or marmalade (V) 524 kcal 1.99
White bloomer bread

Fresh fruit (Vg) (5%) (Under 500) 200 kcal 2.99
Apple, banana, blueberries, strawberries

NEW Fresh fruit and yoghurt (V) (5%) (Under 500) 334 kcal 3.49
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt

BREAKFAST BUTTIES AND WRAPS

Bacon butty 574 kcal 2.69
Three rashers of bacon, buttered white bloomer bread

Sausage butty 714 kcal 2.69
Two Lincolnshire sausages, buttered white bloomer bread

Vegetarian sausage butty (V) 541 kcal 2.69
Two vegan sausages, buttered white bloomer bread
Vegan option available with vegan spread (Vg) (5%) (Under 500) 435 kcal

Breakfast wrap 724 kcal 5.08
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese

Vegetarian breakfast wrap (V) 735 kcal 5.08
Fried egg, two vegan sausages, two hash browns, Cheddar cheese

BREAKFAST MUFFIN DEAL

Includes tea, coffee or hot chocolate. Free refills[‡]

Egg & cheese muffin (V) (Under 500) 249 kcal 3.31
Fried egg, American-style cheese, in an English muffin

Egg & bacon muffin (Under 500) 314 kcal 3.77
Fried egg, bacon, American-style cheese, in an English muffin

Egg & sausage muffin (Under 500) 417 kcal 3.77
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin

Egg & vegetarian sausage muffin (V) (Under 500) 330 kcal 3.77
Fried egg, vegan sausage, American-style cheese, in an English muffin

Breakfast muffin (Under 500) 482 kcal 3.99
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin

Smashed avocado muffin (Vg) (5%) (Under 500) 271 kcal 3.99
Guacamole, pico de gallo, on an English muffin, rocket
Add: Maple-cured bacon (91 kcal) **1.62; Poached egg** (V) (63 kcal) **98p**
Add: Hash brown (Vg) (82 kcal) **51p**

BREAKFAST EXTRAS

Add any of the following:

Black pudding 178 kcal	80p	**Hash brown** (Vg) 82 kcal	51p
Lincolnshire sausage 168 kcal	1.15	**Vegan sausage** (Vg) 82 kcal	1.15
Slice of toast (V) 225 kcal	1.23	**Baked beans** (Vg) 126 kcal	98p
Fried egg (V) 56 kcal	98p	**Poached egg** (V) 63 kcal	98p
Two scrambled eggs (V) 136 kcal			1.73
Two rashers of back bacon 131 kcal			1.67
Four rashers of maple-cured bacon 91 kcal			1.62
Two mushrooms (Vg) 100 kcal			98p
Two grilled tomato halves (Vg) 16 kcal			57p

TEA, COFFEE AND HOT CHOCOLATE

FREE REFILLS[‡]

TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —

LAVAZZA
TORINO, ITALIA, 1895
100% ARABICA BEANS · RAINFOREST ALLIANCE CERTIFIED · DECAF AVAILABLE

Flat white (V) 92 kcal
Cappuccino (V) 102 kcal
Latte (V) 113 kcal
Mocha (V) 147 kcal
Espresso (Vg) 6 kcal
Black coffee (Vg) 6 kcal
White coffee (V) 24 kcal
Hot chocolate (V) 169 kcal

Tea
with semi-skimmed milk (V) 14 kcal

Dairy alternative: oat sachet (Vg) 4 kcal
Decaffeinated tea and coffee available.

£1.71 each

Biscuits
Walkers shortbread (V) 151 kcal **71p**
Stem ginger biscuit (V) 123 kcal **71p**
Belgian chocolate biscuit (V) 129 kcal **71p**
Salted caramel brownie bar (V) 316 kcal **1.64**

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com
[†]Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. [§]Statement of daily Calorie needs from the Department of Health & Social Care.
[‡]Excluding decaffeinated. ***Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu**. Mixers exclude J2O and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

for the facts **drinkaware.co.uk**

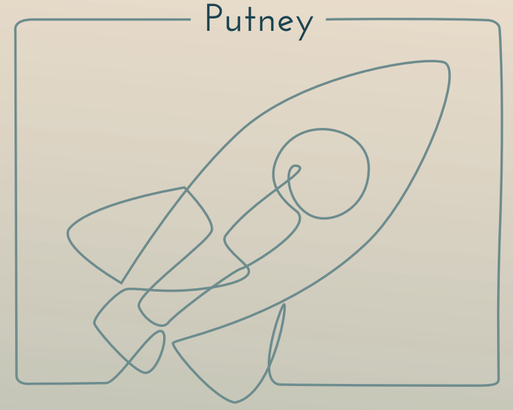
jdwetherspoon.com

AP6283 MENU_6283

FOOD

Breakfast 8am – 12 noon.
Main menu 11.30am – 10pm.

The Rocket
Putney



Previously occupied by the Rocket Riverside restaurant, these premises are at the foot of Putney Wharf Tower, a refurbished office block, built in 1962 as the headquarters of International Computers Limited. In 1998, an archaeological dig was carried out on the site of the curved extension to the tower, revealing the existence of a large house which stood here for 250 years. On the 1841 Tithe Map, it is recorded as Gothic House.

wetherspoon

FOOD HYGIENE RATING 0 1 2 3 4 5 VERY GOOD

Food hygiene rating
We have been awarded the maximum food hygiene rating of 5 in our pub.

Table service

Download the Wetherspoon app or scan this QR code.
Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale

Allergen and nutritional information can be found on the customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.[§]

SMALL PLATES | ANY 3 FOR £14.99

8" PIZZAS
Sourdough base – proved, stretched, topped and freshly baked to order.

Margherita (V) (Under 500) 467 kcal. Mozzarella, basil **6.76**
Pepperoni 575 kcal. Mozzarella, pepperoni **7.35**
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket **7.35**
BBQ chicken 555 kcal **7.35**
Mozzarella, BBQ sauce, chicken breast, red onion, rocket
Roasted vegetable (V) 514 kcal **7.35**
Mozzarella, mushroom, roasted pepper, courgette, onion, basil
Roasted vegetable and vegan cheeze (5%) (Under 500) 416 kcal **7.35**
Mushroom, roasted pepper, courgette, onion, basil
Spicy meat feast 615 kcal **7.95**
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket

11" garlic pizza bread (V) 772 kcal **5.72**
Nachos (V) 695 kcal **6.46**
Cheese, guacamole, salsa, sour cream, sliced chillies
Bowl of chips 964 kcal **3.99**
Bowl of chips with curry sauce 1082 kcal **5.29**
Cheesy chips (V) 1256 kcal **5.49**
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream **5.79**
Tomato & basil soup (V) (5%) (Under 500) 374 kcal. White bloomer bread **6.13**
Vegan option available with vegan spread (5%) (Under 500) 285 kcal

With any of the small plates below, choose one dip:
NEW Korean-style dip (V) 96 kcal; **Sweet chilli** 37 kcal
Sticky soy (V) 100 kcal; **Naga chilli** 136 kcal
Jack Daniel's® Tennessee Honey glaze (V) 87 kcal; **Chipotle mayo** (V) 150 kcal
Blue cheese (V) 270 kcal; **BBQ sauce** 83 kcal

Halloumi-style fries (V) (Under 500) 396 kcal **6.18**
Chicken bites (Under 500) 322 kcal. Ten battered chicken breast pieces **6.46**
Southern-fried chicken strips (Under 500) 459 kcal **6.58**
Five chicken breast strips
Chicken wings 813 kcal. Ten spicy chicken wings **7.36**
Quorn™ nuggets (Under 500) 331 kcal. Eight coated pieces **6.18**

DELI DEALS® INCLUDES A DRINK*

All wraps and paninis are freshly made to order.

NEW 10" WRAPS
A smaller wrap and filling.

Small Korean fried chicken 384 kcal
Iceberg lettuce, cucumber, coriander, Korean-style sauce
Small brunch wrap 559 kcal
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese
Small vegetarian brunch wrap (V) 545 kcal
Fried egg, two vegan sausages, Cheddar cheese
Small shawarma chicken 502 kcal
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint
Small Quorn™ nuggets (Under 500) 310 kcal
Salad leaves, tomato, cucumber, salsa
Small southern-fried chicken (Under 500) 399 kcal
Salad leaves, smoky chipotle mayo
Small cold chicken breast (5%) (Under 500) 277 kcal
Salad leaves, sweet chilli sauce
Small fried halloumi-style cheese (V) (Under 500) 391 kcal
Salad leaves, sweet chilli sauce, tomato, cucumber

just-a-wrap, without a drink **4.94** each
soft drink* **6.16** each
alcoholic drink* **7.92** each

Add: Small side salad (46 kcal); **Small portion of chips** (329 kcal) **1.13 each**

12" WRAPS

NEW Korean fried chicken 618 kcal
Iceberg lettuce, cucumber, coriander, Korean-style sauce
Shawarma chicken 719 kcal
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint
Southern-fried chicken 609 kcal
Salad leaves, smoky chipotle mayo
Cold chicken breast (5%) 479 kcal
Salad leaves, sweet chilli sauce
Fried halloumi-style cheese (V) 707 kcal
Salad leaves, sweet chilli sauce, tomato, cucumber
Quorn™ nuggets (5%) 508 kcal. Tomato, cucumber, salsa

soft drink* **7.73** each
alcoholic drink* **9.49** each

PANINIS

NEW Roasted vegetable and vegan cheeze 480 kcal
Tuna mayo and Cheddar cheese 590 kcal
Cheddar cheese and tomato (V) 527 kcal
Wiltshire cured ham and Cheddar cheese 508 kcal
BBQ chicken, bacon and Cheddar cheese 586 kcal

8" PIZZAS
On a freshly baked sourdough base.
Choose any 8" pizza from the small plates section.

Add: Side salad (91 kcal); **Tomato & basil soup** (150 kcal)
Spicy rice (208 kcal); **Chips** (602 kcal) **1.54** each

BURGERS INCLUDES A DRINK*
Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

BEEF BURGERS
One 3oz beef patty.
Served with a small portion of chips (329 kcal, included in Calories below).

American burger 696 kcal
Red onion, gherkin, ketchup, American-style mustard
Classic beef burger 677 kcal
Iceberg lettuce, tomato, red onion
Skinny beef burger (Under 500) 375 kcal
Iceberg lettuce, tomato, red onion, with a side salad, instead of chips

soft drink* **7.50** each
alcoholic drink* **9.26** each

American cheese burger 730 kcal — soft drink* **8.08**, alcoholic drink* **9.84**
American-style cheese, red onion, gherkin, ketchup, American-style mustard

Double beef burgers **Two 3oz beef patties.**
Served with chips (602 kcal, included in Calories below).
Double American burger 1138 kcal
Red onion, gherkin, ketchup, American-style mustard
Double classic beef burger 1119 kcal
Iceberg lettuce, tomato, red onion

soft drink* **9.76** each
alcoholic drink* **11.52** each

Double American cheese burger 1207 kcal — soft drink* **10.34**, alcoholic drink* **12.10**
American-style cheese, red onion, gherkin, ketchup, American-style mustard

GOURMET BURGERS
Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1656 kcal
Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee burger
Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze
Choose: Beef (two 3oz beef patties) 1567 kcal
Fried buttermilk chicken 1703 kcal

BBQ burger
Maple-cured bacon, Cheddar cheese, BBQ sauce
Choose: Beef (two 3oz beef patties) 1644 kcal
Fried buttermilk chicken 1780 kcal

Fiesta burger 1380 kcal
BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

soft drink* **11.96** each
alcoholic drink* **13.72** each

Triple American cheese & bacon burger 1770 kcal — soft drink* **13.42**, alcoholic drink* **15.18**
Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

CURRIES INCLUDES A DRINK*

CLASSIC CURRIES
With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry (5%) 927 kcal
Chicken tikka masala 1190 kcal
Chicken jalfrezi (5%) 935 kcal
Beef Madras 1043 kcal

soft drink* **11.90** each
alcoholic drink* **13.66** each

Change your plain naan to a garlic naan (V) (add 92 kcal) **52p**

SIMPLE CURRIES
With basmati pilau rice or chips.

Simple Mangalorean roasted cauliflower & spinach curry
Choose: Basmati pilau rice (5%) 568 kcal; **Chips** 970 kcal
Simple chicken tikka masala
Choose: Basmati pilau rice 830 kcal; **Chips** 1232 kcal
Simple chicken jalfrezi
Choose: Basmati pilau rice (5%) 575 kcal; **Chips** 977 kcal
Simple beef Madras
Choose: Basmati pilau rice 684 kcal; **Chips** 1086 kcal

soft drink* **9.67** each
alcoholic drink* **11.43** each

Add: One vegetable samosa and two onion bhajis (293 kcal) **1.86**
Two plain poppadums (86 kcal) **52p**

KATSU CURRIES
With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu grilled chicken curry (5%) 542 kcal
Sliced chicken breast
Katsu Quorn™ nugget curry 686 kcal
Eight coated pieces
Katsu chicken curry 828 kcal
Sliced whole breaded chicken breast fillet

soft drink* **10.79** each
alcoholic drink* **12.55** each

CHICKEN BURGERS
Served with a small portion of chips (329 kcal, included in Calories below).

NEW Korean crunchy chicken strip burger 712 kcal
Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce
Crunchy chicken strip burger 776 kcal
Two southern-fried chicken strips, iceberg lettuce, mayonnaise

soft drink* **7.50** each
alcoholic drink* **9.26** each

Served with chips (602 kcal, included in Calories below).
Fried buttermilk chicken burger 1255 kcal — soft drink* **9.76**, alcoholic drink* **11.52**
Breaded whole chicken breast fillet

MEAT-FREE BURGERS
Served with chips (602 kcal, included in Calories below).

Beyond Burger™ 1043 kcal
BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce
Fried halloumi-style cheese burger (V) 1118 kcal
Sweet chilli sauce

soft drink* **9.76** each
alcoholic drink* **11.52** each

JUST-A-BURGER
Served on its own, without chips or a drink.

NEW Korean crunchy chicken strip burger (5%) 383 kcal
Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce
American burger (Under 500) 367 kcal
Red onion, gherkin, ketchup, American-style mustard
Crunchy chicken strip burger (Under 500) 447 kcal
Two southern-fried chicken strips, iceberg lettuce, mayonnaise

4.66 each

ADDITIONAL TOPPINGS AND BURGER PATTIES

Maple-cured bacon with Cheddar cheese 173 kcal **2.24**
Maple-cured bacon with American-style cheese 160 kcal **2.24**
Cheddar cheese (V) 82 kcal **1.62**
American-style cheese (V) 69 kcal **1.62**
NEW Vegan cheeze 57 kcal **1.62**
Maple-cured bacon 91 kcal **1.62**
Crunchy chicken strip 92 kcal **1.60**

3oz beef patty 168 kcal
Fried buttermilk chicken 473 kcal
Fried halloumi-style cheese (V) 298 kcal
BEYOND MEAT patty 184 kcal — each **2.07**

CHICKEN INCLUDES A DRINK*

NEW Sticky Korean fried chicken bowl 961 kcal — soft drink* **9.79**, alcoholic drink* **11.55**
Chicken strips, chicken breast bites, chips tossed in a Korean-style sauce, coriander, sliced chillies

Chicken on the bone is marinated, slow cooked and finished on the char-grill.

PERI-PERI CHAR-GRILLED HALF CHICKEN

Lemon and herb **Char-grilled in a lemon & herb glaze.**
Coleslaw, garlic & herb dip
Choose: Side salad 918 kcal; **Mediterranean salad** 1048 kcal
Spicy rice 1059 kcal; **Mashed potato** 1137 kcal; **Chips** 1453 kcal

Hot and spicy
Char-grilled in a Naga chilli & citrus glaze.
Coleslaw, Naga chilli dip
Choose: Side salad 888 kcal; **Mediterranean salad** 1018 kcal
Spicy rice 1029 kcal; **Mashed potato** 1107 kcal; **Chips** 1423 kcal

soft drink* **12.90** each
alcoholic drink* **14.66** each

Char-grilled half chicken, mash and gravy 818 kcal
Lemon & herb chicken, peas, chicken gravy

CHICKEN BASKETS

Boneless basket Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce
Choose: Side salad 720 kcal; **Spicy rice** 861 kcal; **Chips** 1255 kcal
Chicken wing basket
Eight wings, coleslaw, Naga chilli dip
Choose: Side salad 987 kcal; **Spicy rice** 1127 kcal; **Chips** 1522 kcal
Chicken bites basket
Ten battered chicken breast pieces, coleslaw, sticky soy sauce
Choose: Side salad 623 kcal
Spicy rice (5%) 763 kcal; **Chips** 1157 kcal
Southern-fried chicken strips basket
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze
Choose: Side salad 748 kcal; **Spicy rice** 888 kcal; **Chips** 1282 kcal
Quorn™ 'no chicken' nuggets basket (V)
Eight coated pieces, coleslaw, sweet chilli sauce
Choose: Side salad 569 kcal; **Spicy rice** 709 kcal; **Chips** 1104 kcal

soft drink* **10.73** each
alcoholic drink* **12.49** each

Add: Chicken gravy (50 kcal) **99p**

SMALL PUB CLASSICS INCLUDES A DRINK*

	soft drink*	alcoholic drink*
Small freshly battered cod and chips (MSC) Peas **681** kcal or mushy peas **739** kcal	**9.92**	**11.68**
Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi	**9.92**	**11.68**

Add: Two slices of bread (V) (404 kcal) **1.44**
Chip shop-style curry sauce (118 kcal) **1.56**

Small Wiltshire cured ham, egg and chips (Under 500) 455 kcal One slice of Wiltshire cured ham, fried egg	**8.68**	**10.44**
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips **Add: Black pudding** (178 kcal) **80p**	**8.68**	**10.44**
Small vegetarian all-day brunch (V) 611 kcal Two vegan sausages, fried egg, baked beans, chips	**8.68**	**10.44**

AFTERNOON DEAL
Mon – Fri, 2pm – 5pm
Choose from the above small pub classic meals.

soft drink* **8.15**
alcoholic drink* **9.91**

PUB CLASSICS INCLUDES A DRINK*

	soft drink*	alcoholic drink*
Freshly battered cod and chips (MSC) Peas **1240** kcal or mushy peas **1298** kcal	**12.14**	**13.90**
Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	**12.14**	**13.90**

Add: Two slices of bread (V) (404 kcal) **1.44**
Chip shop-style curry sauce (118 kcal) **1.56**

All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips **Add: Black pudding** (178 kcal) **80p**	**11.49**	**13.25**
Vegetarian all-day brunch (V) 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	**11.49**	**13.25**
Steak & kidney pudding Peas, onion & red wine gravy **Choose: Mashed potato** 963 kcal; **Chips** 1279 kcal	**10.38**	**12.14**
Bangers and mash 894 kcal Three Lincolnshire sausages, peas, onion & red wine gravy	**10.38**	**12.14**
Vegetarian bangers and mash (V) 635 kcal Three vegan sausages, peas, onion & red wine gravy	**10.38**	**12.14**
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	**9.79**	**11.55**
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	**9.49**	**11.25**
Vegan sausages, chips and beans 910 kcal Three vegan sausages	**9.49**	**11.25**
NEW Chilli bean non-carne (5%) 635 kcal Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips	**10.38**	**12.14**

AFTERNOON DEAL
Mon – Fri, 2pm – 5pm
Choose from the above pub classic meals.

soft drink* **9.32**
alcoholic drink* **11.08**

CERTIFIED SUSTAINABLE SEAFOOD MSC www.msc.org

Sustainable fish
The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.

JACKET POTATOES INCLUDES A DRINK*

With side salad and one filling. Extra fillings 1.40 each.

Tuna mayo 592 kcal
Coleslaw (V) 559 kcal
Cheese (V) 512 kcal
Baked beans (5%) (Under 500) 482 kcal
Chilli bean non-carne (5%) (Under 500) 442 kcal
Roasted vegetables (5%) (Under 500) 383 kcal

soft drink* **8.90** each
alcoholic drink* **10.66** each

11" PIZZAS INCLUDES A DRINK*
Sourdough base – proved, stretched, topped and freshly baked to order.

	soft drink*	alcoholic drink*
Margherita (V) 934 kcal. Mozzarella, basil	**10.73**	**12.49**

Pepperoni 1151 kcal. Mozzarella, pepperoni
Ham and mushroom 1011 kcal
Mozzarella, ham, mushroom, rocket
BBQ chicken 1097 kcal
Mozzarella, BBQ sauce, chicken breast, red onion, rocket
Roasted vegetable (V) 1028 kcal
Mozzarella, mushroom, roasted pepper, courgette, onion, basil
Roasted vegetable and vegan cheeze (5%) 829 kcal
Mushroom, roasted pepper, courgette, onion, basil

soft drink* **11.90** each
alcoholic drink* **13.66** each

Spicy meat feast 1214 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	**13.08**	**14.84**

Additional toppings

Red onion 10 kcal
Sliced chillies 3 kcal; **Mushroom** 4 kcal — each **93p**

Garlic & herb dip 180 kcal; **Mozzarella** (V) 150 kcal; **Ham** 71 kcal
Chicken breast 94 kcal; **Maple-cured bacon** 91 kcal — each **1.25**

Pepperoni 109 kcal; **Roasted vegetables** 90 kcal — each **1.63**

NOODLES, SALADS AND PASTAS
INCLUDES A DRINK*

	soft drink*	alcoholic drink*
Ramen noodle bowl (5%) (Under 500) 466 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth **Add: Chicken breast** (93 kcal) **1.25** **Poached egg** (V) (63 kcal) **98p**	**9.29**	**11.05**
Chicken & maple-cured bacon salad **Choose: Chicken breast** (Under 500) 283 kcal **Southern-fried chicken breast strips** (Under 500) 465 kcal	**10.49**	**12.25**
Mediterranean salad (Under 500) 334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing **Add: Tuna mayo** (298 kcal) **1.16** **Roasted vegetables** (90 kcal) **1.63** **Chicken breast** (187 kcal) **2.07**	**9.49**	**11.25**
Burrito salad bowl (V) 668 kcal Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies **Add: Chicken breast** (187 kcal) **2.07** **Chilli bean non-carne** (149 kcal) **2.07**	**9.49**	**11.25**
Pasta alfredo (V) 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket **Add: Chicken breast** (187 kcal) **2.07** **Maple-cured bacon** (91 kcal) **1.62**	**10.90**	**12.66**
British beef & pancetta lasagne **Choose: Side salad** 761 kcal **Chips** 1295 kcal	**11.46**	**13.22**

SIDES AND EXTRAS

Bowl of chips 964 kcal (**Add: Spicy seasoning** (7 kcal) **39p**) **3.99**
Small bowl of chips 602 kcal **2.49**
Five chicken wings 407 kcal **2.99**
NEW Five chicken breast bites 161 kcal **2.99**
Eight Whitby breaded scampi 464 kcal **5.19**
Mediterranean side salad 198 kcal **3.32**
Sliced chillies 3 kcal **93p**
Peas 133 kcal **99p**
Mushy peas (V) 248 kcal **99p**
Coleslaw (V) 399 kcal **1.50**
Roasted vegetables 135 kcal **1.63**
Side salad 91 kcal **2.39**
Chicken gravy 50 kcal **99p**

Onion rings	**Six** 269 kcal	**2.43**	**Twelve** 538 kcal	**3.65**
Garlic pizza bread (V)	**8"** 386 kcal	**4.55**	**11"** 772 kcal	**5.72**
With cheese (V)	**8"** 473 kcal	**5.13**	**11"** 922 kcal	**6.59**

Adults need around 2000 kcal a day.[5]

MENU_6283