


















Desserts

<b>NEW</b> Salted caramel sticky toffee pudding  877 kcal	6.54
Vanilla ice cream	
<b>NEW</b> Millionaire's shortbread  409 kcal	2.61
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
<b>Vanilla ice cream</b>   334 kcal	2.26
Two scoops, toffee sauce, Belgian chocolate sauce	
<b>Cookie crunch</b>   364 kcal	2.26
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
<b>Mini warm chocolate brownie</b>   435 kcal	3.43
Belgian chocolate sauce, vanilla ice cream	
<b>Mini warm cookie dough sandwich</b>   431 kcal	3.43
Salted caramel filling, toffee sauce, vanilla ice cream	
<b>Fresh fruit</b>    470 kcal	5.31
Apple, banana, blueberries, strawberries, vanilla ice cream	
<b>Warm chocolate fudge cake</b>  909 kcal	6.06
Vanilla ice cream	
<b>Warm chocolate brownie</b>  736 kcal	6.06
Belgian chocolate sauce, vanilla ice cream	
<b>Warm cookie dough sandwich</b>  727 kcal	6.06
Salted caramel filling, toffee sauce, vanilla ice cream	
<b>British Bramley apple crumble</b>  673 kcal	6.37
Vanilla ice cream	

Add: Vanilla ice cream scoop  (135 kcal) **99p**; Toffee sauce  (66 kcal) **47p**  
Belgian chocolate sauce  (61 kcal) **47p**; Banana  (110 kcal) **60p**  
Strawberries  (27 kcal) **60p**; Blueberries  (17 kcal) **60p**






ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:


- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

 = Very mild  = Mild  = Medium hot  = Very hot  
 = Extremely hot

 Vegetarian  Vegan  5% fat or less  Dish under 500 Calories

 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.<sup>\$</sup>

wetherspoon hotels  
Over 50 hotels and 1,329 rooms across  
England, Ireland, Scotland and Wales.






























Book direct.

Available only at [jdwetherspoon.com](https://jdwetherspoon.com),  
on the app or by phone.










Scan to find  
out more.




BREAKFAST

<b>Large breakfast</b> 1343 kcal	7.59
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	
<b>Traditional breakfast</b> 807 kcal	5.99
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
<b>Small breakfast</b>  435 kcal	3.99
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	
Add: Black pudding (178 kcal) <b>80p</b>	
<b>Freedom breakfast</b> 586 kcal	3.99
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
<b>Large vegetarian breakfast</b>  1129 kcal	7.59
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
<b>Vegetarian breakfast</b>  786 kcal	5.99
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
<b>Small vegetarian breakfast</b>    291 kcal	3.99
Fried egg, vegan sausage, baked beans, hash brown, tomato	
<b>Vegan breakfast</b>  642 kcal	3.99
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	
<b>Porridge</b>    252 kcal (plain)	1.99
Add: Banana  (110 kcal) <b>60p</b> ; Strawberries  (27 kcal) <b>60p</b>	
Blueberries  (17 kcal) <b>60p</b> ; Honey  (91 kcal) <b>30p</b>	
Sliced apple  (46 kcal) <b>60p</b>	
<b>Eggs Benedict</b> 725 kcal	6.89
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	
<b>Mushroom Benedict</b>  638 kcal	6.89
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	
<b>Miner's Benedict</b> 939 kcal	6.89
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	
<b>Scrambled egg on toast</b>  570 kcal	3.99
Three eggs, buttered white bloomer toast	
<b>Beans on toast</b>   566 kcal. Buttered white bloomer toast	3.99
<b>NEW</b> Vegan option available with vegan spread    460 kcal	
<b>Two slices of toast with jam or marmalade</b>  524 kcal	1.99
White bloomer bread	
<b>Fresh fruit</b>    200 kcal	3.99
Apple, banana, blueberries, strawberries	
<b>NEW</b> Fresh fruit and yoghurt    334 kcal	4.49
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	

Breakfast extras

Add any of the following:			
<b>Black pudding</b> 178 kcal	80p	<b>Hash brown</b>  82 kcal	51p
<b>Lincolnshire sausage</b> 168 kcal	1.15	<b>Vegan sausage</b>  82 kcal	1.15
<b>Slice of toast</b>  225 kcal	1.23	<b>Baked beans</b>  126 kcal	98p
<b>Fried egg</b>  56 kcal	98p	<b>Poached egg</b>  63 kcal	98p
<b>Two scrambled eggs</b>  136 kcal			1.73
<b>Two rashers of back bacon</b> 131 kcal			1.67
<b>Two mushrooms</b>  100 kcal			98p
<b>Two grilled tomato halves</b>  16 kcal			57p






Tea and toast

Includes tea, coffee or hot chocolate. Free refills <sup>*</sup>			
	with drink	without drink	
<b>Two slices of toast with jam or marmalade</b>  524 kcal. White bloomer bread	2.49	1.99	

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details. <sup>1</sup>Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. <sup>2</sup>Statement of daily Calorie needs from the Department of Health & Social Care. <sup>3</sup>Excluding decaffeinated. <sup>4</sup>Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml). <sup>\*</sup>Choose from: Diet Pepsi, Pepsi, Pepsi Max or Pepsi Max cherry (398ml glass); apple, cranberry or orange juice (398ml glass); apple & mango, apple & raspberry or orange & passion fruit J20; Brecon Carreg natural mineral water (still/sparkling 500ml bottle), blackcurrant, lime or orange standard cordial (398ml glass); blood orange or lemon Sanpellegrino (330ml can); Passion Fruit Cooler or Raspberry Refresher 0% cocktail (215ml glass); Monster Energy, Energy Ultra, Energy Ultra Peachy Keen, Energy Ultra Rosé, Mango Loco or Pipeline Punch (500ml can); Old Jamaica ginger beer (330ml can); R White's raspberry lemonade (330ml can); Remedy kombucha raspberry lemonade (250ml can)

Served  
7am – 12 noon



















Breakfast butties and wraps

<b>Bacon buttie</b> 574 kcal	3.69
Three rashers of bacon, buttered white bloomer bread	
<b>Sausage buttie</b> 714 kcal	3.69
Two Lincolnshire sausages, buttered white bloomer bread	
<b>Vegetarian sausage buttie</b>  541 kcal	3.69
Two vegan sausages, buttered white bloomer bread	
<b>NEW</b> Vegan option available with vegan spread    435 kcal	
<b>Breakfast wrap</b> 724 kcal	5.90
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
<b>Vegetarian breakfast wrap</b>  735 kcal	5.90
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

Breakfast muffin deal

Includes tea, coffee, hot chocolate (free refills <sup>*</sup> ) or ANY soft drink <sup>*</sup> .	
<b>Egg &amp; cheese muffin</b>   249 kcal	4.70
Fried egg, American-style cheese, in an English muffin	
<b>Egg &amp; bacon muffin</b>  314 kcal	4.89
Fried egg, bacon, American-style cheese, in an English muffin	
<b>Egg &amp; sausage muffin</b>  417 kcal	4.89
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
<b>Egg &amp; vegetarian sausage muffin</b>   330 kcal	4.89
Fried egg, vegan sausage, American-style cheese, in an English muffin	
<b>Breakfast muffin</b>  482 kcal	4.99
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	
Add: Hash brown  (82 kcal) <b>51p</b>	

Tea, coffee and hot chocolate

FREE REFILLS <sup>®</sup>			
TEA, COFFEE AND HOT CHOCOLATE			
— ALL DAY EVERY DAY —			
   			
£1.71 each			
<b>Flat white</b>  92 kcal		<b>White coffee</b>  24 kcal	
<b>Cappuccino</b>  102 kcal		<b>Hot chocolate</b>  169 kcal	
<b>Latte</b>  113 kcal		<b>Tea</b>	
<b>Mocha</b>  147 kcal		with semi-skimmed milk  14 kcal	
<b>Espresso</b>  6 kcal		Dairy alternative: oat sachet  4 kcal	
<b>Black coffee</b>  6 kcal		Decaffeinated tea and coffee available.	
<b>Biscuits</b>			
<b>Walkers shortbread</b>  151 kcal	71p	<b>Stem ginger biscuit</b>  123 kcal	71p
<b>Belgian chocolate biscuit</b>  129 kcal	71p	<b>Salted caramel brownie bar</b>  316 kcal	1.64

for the facts  
[drinkaware.co.uk](https://drinkaware.co.uk)

[jdwetherspoon.com](https://jdwetherspoon.com)

FOOD

Main menu 11.30am – 11pm. Children's menu available.

Cabot Court Hotel

Weston-super-Mare



These sea-front premises comprise several parts. The front was converted from a Regency villa and a later Victorian house. The property also extends back into Royal Terrace, erected in c1860. In 1928, it all became the Cabot Hotel, named after John Cabot, the Italian-born navigator who settled in Bristol in the late 15th century. In May 1547, he sailed west. In June, he sighted land and named it 'Newfoundland', making him 'the discoverer of America'.



Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.



Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.



Free-range eggs


100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Breakfast

7am – 12 noon

Traditional breakfast

£5.99

Tea, coffee and hot chocolate  
Free refills 

£1.71 each

Deli Deals<sup>®</sup>

INCLUDES A DRINK<sup>\*</sup> 

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink

£4.37

soft drink<sup>\*</sup>

£5.55

alcoholic drink<sup>\*</sup>

£7.08

Burger meals

INCLUDES A DRINK<sup>\*</sup> 

Featuring 3oz American burger

soft drink<sup>\*</sup>

£6.91

alcoholic drink<sup>\*</sup>

£8.44

Afternoon deals

INCLUDES A DRINK<sup>\*</sup> 

Mon – Fri, 2pm – 5pm

Featuring small freshly battered fish and chips

soft drink<sup>\*</sup>

£7.57

alcoholic drink<sup>\*</sup>

£9.10

Steak Club<sup>®</sup>

INCLUDES A DRINK<sup>\*</sup> 

Tuesday 11.30am – 11pm

Featuring classic 8oz sirloin

soft drink<sup>\*</sup>

£11.13

alcoholic drink<sup>\*</sup>

£12.66

Curry Club<sup>®</sup>

INCLUDES A DRINK<sup>\*</sup> 

Thursday 11.30am – 11pm

Featuring the katsu curry range

soft drink<sup>\*</sup>

£9.37

alcoholic drink<sup>\*</sup>

£10.90

INCLUDES A DRINK<sup>\*</sup> 

Choose from over 150 drinks

LAVAZZA

TORINO, ITALY, 1895

100% ARABICA BEANS

OUT TO LUNCH

soil Association

FOOD MILE GOOD

2024 – 2026

Coffee

The freshly ground 100% Arabica Lavazza coffee<sup>®</sup> we serve is from Rainforest Alliance-certified farms.

Award-winning children's menu

Independently run 'secret diner' survey.

Sustainable Restaurant Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

wetherspoon hotels

Small plates | Any 3 for £14.99
















8" pizzas. Sourdough base - proved, stretched, topped and freshly baked to order.		
Margherita  <small>UNDER 500</small> 467 kcal. Mozzarella, basil	6.37	
Pepperoni  575 kcal	6.95	
Mozzarella, pepperoni		
Ham and mushroom 505 kcal	6.95	
Mozzarella, ham, mushroom, rocket		
BBQ chicken 555 kcal	6.95	
Mozzarella, BBQ sauce, chicken breast, red onion, rocket		
Roasted vegetable  514 kcal	6.95	
Mozzarella, mushroom, roasted pepper, courgette, onion, basil		
Vegan roasted vegetable  <small>5% UNDER 500</small> 355 kcal	6.95	
Mushroom, roasted pepper, courgette, onion, basil		
Spicy meat feast    615 kcal	7.53	
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket		
11" garlic pizza bread  772 kcal	6.01	
Nachos    695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	6.24	
Bowl of chips  964 kcal	3.99	
Bowl of chips with curry sauce  1082 kcal	5.29	
Cheesy chips  1256 kcal	5.49	
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	5.79	
With any of the small plates below, choose one dip:		
Sweet chilli    37 kcal; Sticky soy  100 kcal; Naga chilli     136 kcal		
Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo     150 kcal		
Blue cheese  270 kcal; BBQ sauce  83 kcal		
Halloumi-style fries  <small>UNDER 500</small> 396 kcal	5.39	
Chicken bites  <small>UNDER 500</small> 322 kcal. Ten battered chicken breast pieces	6.52	
Southern-fried chicken strips  <small>5% UNDER 500</small> 459 kcal. Five chicken breast strips	6.52	
Chicken wings    813 kcal. Ten spicy chicken wings	7.19	
Quorn™ nuggets  <small>UNDER 500</small> 331 kcal. Eight coated pieces	5.62	

Deli Deals 

All wraps and paninis are freshly made to order.


<b>NEW 10" wraps</b> A smaller wrap and filling.		
Small brunch wrap 559 kcal		
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese		just-a-wrap, without a drink
Small vegetarian brunch wrap  545 kcal	4.37	
Fried egg, two vegan sausages, Cheddar cheese		
Small shawarma chicken    502 kcal		soft drink*
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	5.55	each
Small Quorn™ nuggets  <small>UNDER 500</small> 310 kcal		
Salad leaves, tomato, cucumber, salsa		alcoholic drink*
Small southern-fried chicken    <small>UNDER 500</small> 399 kcal	7.08	
Salad leaves, smoky chipotle mayo		
Small fried halloumi-style cheese    <small>UNDER 500</small> 391 kcal		
Salad leaves, sweet chilli sauce, tomato, cucumber		
Add: Small side salad  (46 kcal); Small portion of chips  (329 kcal)	1.13	each

12" wraps









<b>NEW Shawarma chicken</b>    719 kcal		
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint		
Quorn™ nuggets   508 kcal. Tomato, cucumber, salsa		
Southern-fried chicken    609 kcal		soft drink*
Salad leaves, smoky chipotle mayo	7.15	each
Fried halloumi-style cheese    707 kcal		
Salad leaves, sweet chilli sauce, tomato, cucumber		
Paninis		alcoholic drink*
Cheddar cheese and tomato  527 kcal	8.68	each
Wiltshire cured ham and Cheddar cheese 508 kcal		
BBQ chicken, bacon and Cheddar cheese 586 kcal		
8" pizzas on a freshly baked sourdough base		
Choose any 8" pizza from the small plates section.		
Add: Side salad  (91 kcal); Spicy rice  (208 kcal)		
Chips  (602 kcal)	1.54	each
Adults need around 2000 kcal a day. <sup>s</sup>		

Burgers 
















Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.



<b>Beef burgers</b> One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).		
American burger 696 kcal		
Red onion, gherkin, ketchup, American-style mustard		soft drink*
Classic beef burger 677 kcal	6.91	each
Iceberg lettuce, tomato, red onion		alcoholic drink*
Skinny beef burger  <small>5% UNDER 500</small> 375 kcal	8.44	each
Iceberg lettuce, tomato, red onion, with a side salad, instead of chips		
American cheese burger 730 kcal		soft drink*
American-style cheese, red onion, gherkin, ketchup, American-style mustard	7.50	each
		alcoholic drink*
	9.03	each
<b>Double beef burgers</b> Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).		
Double American burger 1138 kcal		
Red onion, gherkin, ketchup, American-style mustard		soft drink*
Double classic beef burger 1119 kcal	9.18	each
Iceberg lettuce, tomato, red onion		alcoholic drink*
	10.71	each
<b>Double American cheese burger</b> 1207 kcal		
American-style cheese, red onion, gherkin, ketchup, American-style mustard		soft drink*
	9.76	each
		alcoholic drink*
	11.29	each

Chicken burgers







Served with a small portion of chips (329 kcal, included in the Calories below).		
Crunchy chicken strip burger  776 kcal		soft drink*
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	6.91	each
		alcoholic drink*
	8.44	each
Served with chips (602 kcal, included in Calories below).		
Fried buttermilk chicken burger 1255 kcal		
Breaded whole chicken breast fillet		soft drink*
Char-grilled chicken breast burger 970 kcal	9.18	each
		alcoholic drink*
	10.71	each
<b>Skinny chicken burger</b>  <small>5% UNDER 500</small> 394 kcal		
Char-grilled chicken breast, with a side salad, instead of chips		
<b>Meat-free burgers</b>		
Served with chips (602 kcal, included in Calories below).		
Beyond Burger™  1043 kcal		
 BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce		soft drink*
	9.18	each
		alcoholic drink*
	10.71	each
<b>Fried halloumi-style cheese burger</b>		
  1118 kcal. Sweet chilli sauce		
<b>Just-a-burger</b>		
Served on its own, without chips or a drink.		each
American burger  <small>UNDER 500</small> 367 kcal		
Red onion, gherkin, ketchup, American-style mustard		
Crunchy chicken strip burger  <small>5% UNDER 500</small> 447 kcal		
Two southern-fried chicken strips, iceberg lettuce, mayonnaise		

Curries 

<b>Classic curries</b> With basmati pilau rice, plain naan and poppadums.		
Mangalorean roasted cauliflower & spinach curry    <small>5% UNDER 500</small> 927 kcal		
Chicken tikka masala  1190 kcal		soft drink*
Chicken jalfrezi    <small>5% UNDER 500</small> 935 kcal	11.32	each
Beef Madras     1043 kcal		alcoholic drink*
	12.85	each
Change your plain naan to a garlic naan  (add 92 kcal) 52p		
Add: One vegetable samosa and two onion bhajis   (293 kcal) 1.86		
Two plain poppadums  (86 kcal) 52p		



<b>Katsu curries</b> With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.		
Katsu grilled chicken curry  542 kcal		
Sliced char-grilled chicken breast		soft drink*
Katsu Quorn™ nugget curry  686 kcal	10.20	each
Eight coated pieces		alcoholic drink*
Katsu chicken curry 828 kcal	11.73	each
Sliced whole breaded chicken breast fillet		

Jacket potatoes 




With side salad and one filling. Extra fillings 1.40 each.		
Coleslaw  559 kcal		
Cheese  512 kcal		soft drink*
Baked beans  <small>5% UNDER 500</small> 482 kcal	8.31	each
Chilli bean non-carne   <small>5% UNDER 500</small> 442 kcal		alcoholic drink*
Roasted vegetables  <small>5% UNDER 500</small> 383 kcal	9.84	each




Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below).









Ultimate burger 1656 kcal		
Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin		soft drink*
Tennessee burger	11.39	each
Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze		
Choose:		
Beef (two 3oz beef patties) 1567 kcal		
Char-grilled chicken breast 1417 kcal		
Fried buttermilk chicken 1703 kcal		
BBQ burger		alcoholic drink*
Maple-cured bacon, Cheddar cheese, BBQ sauce	12.92	each
Choose:		
Beef (two 3oz beef patties) 1644 kcal		
Char-grilled chicken breast 1494 kcal		
Fried buttermilk chicken 1780 kcal		
Fiesta burger  1380 kcal		
 BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion		
Triple American cheese & bacon burger 1770 kcal		soft drink*
Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	12.84	each
		alcoholic drink*
	14.37	each

Additional toppings and burger patties

Maple-cured bacon with Cheddar cheese 173 kcal	2.24	
Maple-cured bacon with American-style cheese 160 kcal	2.24	
Cheddar cheese  82 kcal	1.62	
American-style cheese  69 kcal	1.62	
Maple-cured bacon 91 kcal	1.62	
Crunchy chicken strip  92 kcal	1.60	

3oz beef patty 168 kcal		
Char-grilled chicken breast 187 kcal		
Fried buttermilk chicken 473 kcal	each	2.07
Fried halloumi-style cheese  298 kcal		
 BEYOND MEAT patty  184 kcal		


















Noodles, salads and pastas 

<b>NEW</b> Ramen noodle bowl   <small>5% UNDER 500</small> 466 kcal		
Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth	9.29	10.82
Add: Char-grilled chicken breast (93 kcal) 1.25		
Poached egg  (63 kcal) 98p		
Chicken & maple-cured bacon salad	9.49	11.02
Choose: Char-grilled chicken breast <small>UNDER 500</small> 283 kcal		
Southern-fried chicken breast strips <small>UNDER 500</small> 465 kcal		
Mediterranean salad  <small>UNDER 500</small> 334 kcal	8.49	10.02
Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing		
Add: Roasted vegetables  (90 kcal) 1.63		
Char-grilled chicken breast (187 kcal) 2.07		
Burrito salad bowl  668 kcal	8.49	10.02
Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies		
Add: Char-grilled chicken breast (187 kcal) 2.07		
Chilli bean non-carne   (149 kcal) 2.07		






Pasta alfredo  618 kcal	10.33	11.86
Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket		
Add: Char-grilled chicken breast (187 kcal) 2.07		
Maple-cured bacon (91 kcal) 1.62		

British beef & pancetta lasagne	10.90	12.43
Choose: Side salad 761 kcal; Chips 1295 kcal		

11" pizzas 

Sourdough base - proved, stretched, topped and freshly baked to order.		
Margherita  934 kcal. Mozzarella, basil	soft drink*	alcoholic drink*
	10.14	11.67
Pepperoni  1151 kcal. Mozzarella, pepperoni		
Ham and mushroom 1011 kcal		soft drink*
Mozzarella, ham, mushroom, rocket	11.32	each
BBQ chicken 1097 kcal		
Mozzarella, BBQ sauce, chicken breast, red onion, rocket		alcoholic drink*
Roasted vegetable  1028 kcal	12.85	each
Mozzarella, mushroom, roasted pepper, courgette, onion, basil		
Vegan roasted vegetable  <small>5% UNDER 500</small> 709 kcal		
Mushroom, roasted pepper, courgette, onion, basil		
Spicy meat feast    1214 kcal	12.48	14.01
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket		
<b>Additional toppings</b>		
Red onion  10 kcal; Sliced chillies     3 kcal; Mushroom  4 kcal	each	93p
Garlic & herb dip  180 kcal; Mozzarella  150 kcal; Ham 71 kcal		
Chicken breast 94 kcal; Maple-cured bacon 91 kcal		each 1.25
Pepperoni  109 kcal; Roasted vegetables  90 kcal		each 1.63

Small pub classics 

Small freshly battered cod and chips  931	soft drink*	alcoholic drink*
Peas 681 kcal or mushy peas 739 kcal	9.31	10.84
Small Whitby breaded scampi	9.31	10.84
Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi		
Add: Two slices of bread  (404 kcal) 1.44		
Chip shop-style curry sauce  (118 kcal) 1.56		
Small Wiltshire cured ham, egg and chips  <small>5% UNDER 500</small> 455 kcal	8.10	9.63
One slice of Wiltshire cured ham, fried egg		
Small all-day brunch 681 kcal	8.09	9.62
Lincolnshire sausage, bacon, fried egg, baked beans, chips		
Add: Black pudding (178 kcal) 80p		
Small vegetarian all-day brunch  611 kcal	8.09	9.62
Two vegan sausages, fried egg, baked beans, chips		