#### Sides and extras 3.99 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 39p) 2.49 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 2.99 NEW Five chicken breast bites 161 kcal 2.99 Eight Whitby breaded scampi 464 kcal 5.19 Grilled halloumi-style cheese V 447 kcal 2.07 Mediterranean side salad @ 198 kcal 3.32 Sliced chillies FFFF @ 3 kcal 93p Peas 133 kcal Mushy peas V 248 kcal 99p Side salad @ 91 kcal 2.39 **Coleslaw 399** kcal **1.50** Chicken gravy 50 kcal 99p Roasted vegetables @ 135 kcal 1.63 **Six** 269 kcal **2.43** Twelve 538 kcal 3.65 Onion rings 🕖

Desserts	
Chocolate & salted caramel torte Chocolate biscuit base, chocolate & salted caramel filling Vanilla ice cream Ø 746 kcal or coconut ice cream Ø 701 kcal	5.75
Vanilla ice cream 877 kcal or custard 741 kcal	5.38
Millionaire's shortbread ♥ 550 409 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	2.43
Vanilla ice cream ♥ ♥ 334 kcal Two scoops, toffee sauce, Belgian chocolate sauce	2.06
Cookie crunch (*) 364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	2.06
Mini warm chocolate brownie ♥ (567) 435 kcal Belgian chocolate sauce, vanilla ice cream	3.28
Mini warm cookie dough sandwich © 631 kcal Salted caramel filling, toffee sauce, vanilla ice cream	3.28
Mini American-style pancakes (*) (500) 412 kcal Two pancakes, maple-flavour syrup, vanilla ice cream	3.87
Fresh fruit ♥ ॐ ‱ 470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	4.94
Warm chocolate fudge cake <b>②</b> 909 kcal. Vanilla ice cream	5.75
Warm chocolate brownie ♥ 736 kcal Belgian chocolate sauce, vanilla ice cream	5.75
Warm cookie dough sandwich ♥ 727 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.75
British Bramley apple crumble Vanilla ice cream ♥ 673 kcal, coconut ice cream ⊚ 628 kcal or custard ⊚ 537 kcal	6.05
American-style pancakes ♥ № 689 kcal Four pancakes, maple-flavour syrup, vanilla ice cream	5.38

#### ALLERGEN AND NUTRITIONAL INFORMATION

Banana (110 kcal) 60p; Strawberries (27 kcal) 60p; Blueberries (17 kcal) 60p

While we have procedures for segregating

kitchen and har service may involve shared

preparation within meals and drinks,

preparation/cooking areas. If you have

any specific food/drinks allergen needs

please inform us when ordering; we will

meal safely, although cannot guarantee

allergen communications. Swapping

items may result in changes to allergens

completely allergen-free environments or

products. Staff cannot offer specific advice

or recommendations beyond our published

take reasonable steps to prepare your

This can be found on the customer nformation screen, website and Wetherspoon app. Ingredients vary depending on location, and may have changed since your last visit. Use the ustomer information screen to filter menus by specific dietary requirements,

• Exclude those dishes containing certain

See full lists of ingredients.

 Set Calorie and carbohydrate limits. List only yegan or yegetarian dishes.

DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot = Extremely hot

Vegetarian Vegan 5% fat or less 500 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

# RFAKFAST

NEW Fresh fruit and yoghurt V 53 534 kcal

Apple, banana, blueberries, strawberries, Greek-style honey yoghurt

### Served 8am - 12 noon

BRLAKE	A
Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans,	6.59
three hash browns, mushroom, two slices of toast <b>Traditional breakfast</b> 807 kcal  Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	4.99
Small breakfast (557) 435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	2.99
Add: Black pudding (178 kcal) <b>80p</b>	
<b>Freedom breakfast</b> 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	2.99
Large vegetarian breakfast ♥ 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	6.59
Vegetarian breakfast ♥ 786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	4.99
Small vegetarian breakfast ♥ ॐ ॐ 291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	2.99
Vegan breakfast ⊘ 642 kcal Two vegan sausages, baked beans, two hash browns, mushroom,	2.99
tomato, slice of toast, vegan spread  American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup	7.34
Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	5.38
Porridge	1.99
NEW Shakshuka ♥ 547 kcal Two poached eggs, lightly spiced Mediterranean tomato & pepper sauce, rocket, toasted ciabatta Add: Grilled halloumi-style cheese ♥ (447 kcal) 2.07	5.55
Maple-cured bacon (91 kcal) 1.62  NEW Fiesta brunch V 0 659 kcal	4.23
Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa	
Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.55
Mushroom Benedict © 638 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.55
Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.55
NEW Hash brown basket @ 6555 410 kcal American-style pancakes	2.14
Four pancakes, banana, strawberries, blueberries, maple-flavour syrup.	5.38
Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup.    Small American-style pancakes	5.38 4.66
Two pancakes, maple-cured bacon, maple-flavour syrup. (337) 322 kcal Two pancakes, maple-flavour syrup. (V) (32) (337) kcal  Scrambled egg on toast (V) 570 kcal	3.87 3.57 2.99
Three eggs, buttered white bloomer toast  Beans on toast ♥ ፡ 566 kcal. Buttered white bloomer toast	2.99
Vegan option available with vegan spread Ø ጭ 등 460 kcal  Small beans on toast ♥ ጭ 등 252 kcal  Buttered white bloomer toast	2.49
Two slices of toast with jam or marmalade V 524 kcal White bloomer bread	1.99
Fresh fruit	2.99
NEW Fresh fruit and vogburt (V 59 1888) 334 kgal	3.49

### **Breakfast extras**

Add any of the following:			
Black pudding 178 kcal	80p	Hash brown 🕢 82 kcal	51p
Lincolnshire sausage 168 kcal	1.15	<b>Vegan sausage</b> 🕢 82 kcal	1.15
Slice of toast V 225 kcal	1.23	Baked beans @ 126 kcal	98p
Fried egg V 56 kcal	98p	Poached egg V 63 kcal	98p
Two scrambled eggs V 136 kcal			1.73
Two rashers of back bacon 131	kcal		1.67
Four rashers of maple-cured by	pacon 91	kcal	1.62
Two mushrooms @ 100 kcal			98p
Two grilled tomato halves @ 16	kcal		57p
Grilled halloumi-style cheese ♥ 447 kcal			

#### **Breakfast butties and wraps**

П		
	<b>Bacon butty</b> 574 kcal Three rashers of bacon, buttered white bloomer bread	2.69
	Sausage butty 714 kcal	2.69
	Two Lincolnshire sausages, buttered white bloomer bread	
	Vegetarian sausage butty 👽 541 kcal	2.69
	Two vegan sausages, buttered white bloomer bread	
	Vegan option available with vegan spread 🥝 👀 😘 435 kcal	
	Breakfast wrap 724 kcal	4.72
	Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
	Vegetarian breakfast wrap ♥ 735 kcal	4.72
	Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

#### Brookfast muffin doal

Di Caniast Illuitili ucai	
Includes tea, coffee or hot chocolate. Free refills"	
<b>Egg &amp; cheese muffin (V)</b> 249 kcal Fried egg, American-style cheese, in an English muffin	3.31
<b>Egg &amp; bacon muffin</b> 333 314 kcal Fried egg, bacon, American-style cheese, in an English muffin	3.77
<b>Egg &amp; sausage muffin</b> 417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	3.77
<b>Egg &amp; vegetarian sausage muffin ♥ (357)</b> 330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	3.77
Breakfast muffin 365 482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffi	<b>3.99</b> n
Smashed avocado muffin ② ☎ ☎ ₹550 271 kcal Guacamole, pico de gallo, on an English muffin, rocket Add: Maple-cured bacon (91 kcal) 1.62; Poached egg ♥ (63 kcal) 98p Grilled halloumi-style cheese ♥ (447 kcal) 2.07	3.99
Add: Hash brown @ (82 kcal) 51p	

### Tea. coffee and hot chocolate



LAVATIA (A) (A)

Flat white **9** 92 kcal Cappuccino 102 kcal Latte V 113 kcal Mocha 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee 24 kcal Hot chocolate 169 kcal Tea

with semi-skimmed milk **V** 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available

#### **Biscuits**

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com "Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. Statement of daily Calorie needs from the Department of Health & Social Care. Excluding decaffeinated. \*Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in al

3.49

for the facts drinkaware.co.uk 🗟 idwetherspoon.com ≥

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Main menu 11.30am - 11pm. Children's menu available.





### Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



### Food hygiene

We have been awarded the maximum food hygiene rating of 5 in our pub.



#### Sustainable fish The cod and haddock we serve

come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable

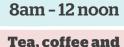


#### 100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.

#### Free-range eggs 100% of the eggs we use are

free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



**Breakfast** 

£4.99

**Traditional** 

breakfast

### hot chocolate Free refills

**Deli Deals** INCLUDES A DRINK •

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink

£3.38

soft drink\* £4.62

£6.15

alcoholic drink\*

### **Burger meals**

INCLUDES A DRINK •

Featuring 3oz American burger soft drink\* alcoholic drink\*

£7.54 £6.01

## **Afternoon deals**

INCLUDES A DRINK

Mon - Fri, 2pm - 5pm Featuring small freshly battered fish and chips soft drink\*

£6.69

£8.22

### Steak Club

INCLUDES A DRINK' **Tuesday 11.30am - 11pm** 

Featuring classic 8oz sirloin

alcoholic drink\* £10.46 £11.99

## Curry Club

INCLUDES A DRINK • **Thursday 11.30am - 11pm** 

Featuring the katsu curry range soft drink\* alcoholic drink\*

£8.61

INCLUDES A DRINK • **Choose from over 150 drinks** 

## Coffee The freshly ground 100% Arabica



Lavazza coffee<sup>tt</sup> we serve is from Rainforest Alliance-certified farms

£10.14

#### **Award-winning** children's menu







Association Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards

in 'sourcing, society and the environment'. wetherspoon hotels





Adults need around 2000 kcal a day.§

Allergen and nutritional information can

be found on the customer information screen,

website and Wetherspoon app. goodfoodtalks

opening menus for everybody The spoken menu app for the visually impaired

Small plates Any 3 for £14	99
	5.36
NEW Char-grilled halloumi-style cheese V 514 kcal Rocket, roasted pepper, courgette, onion, salsa	5.36
Nachos ♥♥♥ ♥ 695 kcal Cheese, guacamole, salsa, sour cream, sliced chillies	6.25
Bowl of chips @ 964 kcal	3.99
Bowl of chips with curry sauce @ 1082 kcal	5.29
Cheesy chips ♥ 1256 kcal	5.49
<b>Loaded chips</b> 1303 kcal. Cheese, maple-cured bacon, sour cream	5.79
Tomato & basil soup ♥ ॐ ௵ 374 kcal. White bloomer bread Vegan option available with vegan spread Ø ॐ ੴ 285 kcal	4.59
With any of the small plates below, choose one dip:  NEW Korean-style dip © 96 kcal  Sweet chilli  © 37 kcal  Sticky soy © 100 kcal  Naga chilli  © 3136 kcal  Jack Daniel's® Tennessee Honey glaze © 87 kcal  Chipotle mayo  © 50 kcal  Blue cheese © 270 kcal	
BBQ sauce @ 83 kcal	
Halloumi-style fries V 555 396 kcal	5.36
Chicken bites 322 kcal. Ten battered chicken breast pieces	6.54
Southern-fried chicken strips / 459 kcal. Five chicken bre	ast strips 6.54
Chicken wings /// 813 kcal. Ten spicy chicken wings	7.24
Quorn™ nuggets @ \$555 331 kcal. Eight coated pieces	5.60
Deli Deals Includes a Drink.	
All wraps and paninis are freshly made to order.	
NEW 10" wraps A smaller wrap and filling.	
Small Korean fried chicken 384 kcal	
lceberg lettuce, cucumber, coriander, Korean-style sauce	
Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	
Small vegetarian brunch wrap © 545 kcal	1.1.
Fried egg, two vegan sausages, Cheddar cheese	just-a-wrap, without a drink
Small shawarma chicken FFF 502 kcal	3.38 each
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	EdCII
Small Quorn <sup>™</sup> nuggets @ 330 kcal Salad leaves, tomato, cucumber, salsa	soft drink* <b>4.62</b> each
Small southern-fried chicken /// 399 kcal Salad leaves, smoky chipotle mayo	alcoholic drink*
Small cold chicken breast // 32 277 kcal Salad leaves, sweet chilli sauce	each
Small fried halloumi-style cheese // 391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber Add:	
Small side salad ∅ (46 kcal) Small portion of chips ∅ (329 kcal)	each <b>1.13</b>
12" wraps	
Korean fried chicken 618 kcal lceberg lettuce, cucumber, coriander, Korean-style sauce	
Shawarma chicken /// 719 kcal. Chicken thigh, Middle Eastern Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	
Southern-fried chicken /// 609 kcal. Salad leaves, smoky ch	
Cold chicken breast	sauce
Quorn™ nuggets @ \$ 508 kcal. Tomato, cucumber, salsa	6.28
Paninis	each
NEW Roasted vegetable and vegan cheeze @ 480 kcal	alcoholic drink* <b>7.81</b>
Tuna mayo and Cheddar cheese 590 kcal	each
Cheddar cheese and tomato 👽 527 kcal	
Wiltshire cured ham and Cheddar cheese 508 kcal	
BBQ chicken, bacon and Cheddar cheese 586 kcal	
Add: Side salad @ (91 kcal); Tomato & basil soup @ (150 kcal) Spicy rice @ (208 kcal); Chips @ (602 kcal) 1.54 each	• • • • • • • • • • • • • • • • • • • •
Adulta mand annumd 2000 Isaal a day 8	

Burgers	INCLUDES A DRINK	Beef burg	ers made with 100%	
Beef burgers One	3oz beef patty.			
American burger Red onion, gherkin, ketcl Classic beef burg Iceberg lettuce, tomato, Skinny beef burg	hup, American-style mustard J <b>er</b> 677 kcal red onion		soft drink* 6.01 each alcoholic drink* 7.54 each	
American cheese burger 730 kcal soft drink* 6.63 American-style cheese, red onion, gherkin, ketchup, American-style mustard				
Double beef bur Served with chips (602 Double American Red onion, gherkin, ketch Double classic be Iceberg lettuce, tomato, Double American	gers Two 3oz beef patties. kcal, included in Calories below) h burger 1138 kcal hup, American-style mustard eef burger 1119 kcal red onion h cheese burger 1207 kcal red onion, gherkin, ketchup,	Si	soft drink* 8.42 each alcoholic drink* 9.95 each oft drink* 9.01 lic drink* 10.54	
Gourmet burger Served with chips, six oni Ultimate burger Two 3oz beef patties, ma Tennessee burge Maple-cured bacon, Jaco	cs on rings (871 kcal, included in Calo 1656 kcal ple-cured bacon, Cheddar cheese, er k Daniel's® Tennessee Honey glaz	signature burge	r sauce, gherkin	
Choose: Beef (two 3oz b Char-grilled chicken brea BBQ burger Maple-cured bacon, Che	ast 1417 kcal; Fried buttermilk chic	<b>ken</b> 1703 kcal	soft drink* 10.72 each	
Heatwave burger	ast 1494 kcal; Fried buttermilk chic	<b>cken</b> 1780 kcal	alcoholic drink* 12.25 each	
Fiesta burger @ 1  BEYOND MEAT pl  Triple American cl  Three 3oz beef patties, An	icken breast 1722 kcal; Fried but	roasted pepper,  O kcal s		
Curries	INCLUDES A DRINK •			
Classic curries V Mangalorean roa	Vith basmati pilau rice, plain na sted cauliflower		ums.	
& spinach curry / Chicken tikka ma Chicken jalfrezi /	<b>sala 🅖</b> 1190 kcal	soft drink* 10.63 each	alcoholic drink* 12.16 each	
Beef Madras /// Change your plain n	「▶ 1043 kcal naan to a garlic naan ♥ (add	92 kcal) <b>52p</b>		
Simple Mangalor Choose: Basmati pilau r	lith basmati pilau rice or chips. ean roasted cauliflowe ice 🕸 568 kcal; Chips 970 kcal	r & spinach	curry 🏴 🚳	
Simple chicken ja	ice 830 kcal; Chips 1232 kcal Alfrezi	soft drink* <b>8.30</b> each	alcoholic drink*  9.83 each	
Simple beef Made	ice ® 575 kcal; Chips 977 kcal ras //// ice 684 kcal; Chips 1086 kcal			
Add: One vegetable sam Two plain poppadums @	osa and two onion bhajis 🆊 🧔 (86 kcal) <b>52p</b>	(293 kcal) <b>1.8</b>	6	
coconut-flavour rice, sl Katsu grilled chick Sliced char-grilled chick Katsu Quorn™ nu	th a mild Japanese-style katsu c iced chillies and coriander. cken curry ጭ 542 kcal en breast gget curry ⊘ 686 kcal	soft drink*	alcoholic drink* 11.00	
Eight coated pieces  Katsu chicken cu  Sliced whole breaded ch		each	each	

ef, freshly cooked to order. Traceable from farm to fork.	
Chicken burgers Served with a small portion of chips (329 kcal, included in Calories below).  NEW Korean crunchy chicken strip burger 712 kcal	soft drink* 6.01 each
Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce  Crunchy chicken strip burger ₱ 776 kcal  Two southern-fried chicken strips, iceberg lettuce, mayonnaise	alcoholic drink* 7.54 each
Served with chips (602 kcal, included in Calories below). Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet	soft drink* <b>8.42</b> each
Char-grilled chicken breast burger 970 kcal Skinny chicken burger \$\circ{\circ}{200}\$ 394 kcal Char-grilled chicken breast, with a side salad, instead of chips	alcoholic drink* 9.95 each
Meat-free burgers	
Served with chips (602 kcal, included in Calories below).  Beyond Burger™  ② 1043 kcal  BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce	soft drink* <b>8.42</b> each
Breaded vegetable burger ♥ 1039 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese	alcoholic drink* 9.95 each
Fried halloumi-style cheese burger // 😻 1118 kcal Sweet chilli sauce	
Just-a-burger	
Served on its own, without chips or a drink.  NEW Korean crunchy chicken strip burger 🚳 383 kcal	
Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce  American burger 6557 367 kcal  Red onion, gherkin, ketchup, American-style mustard	<b>3.67</b> each
Crunchy chicken strip burger 6 555 447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	
Additional toppings and burger patties Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k	
Cheddar cheese © 82 kcal American-style cheese © 69 kcal	1.62 1.62
NEW Vegan cheeze @ 57 kcal	1.62
Maple-cured bacon 91 kcal Crunchy chicken strip	1.62 1.60
3oz beef patty 168 kcal; Char-grilled chicken breast 187 Fried buttermilk chicken 473 kcal; Breaded vegetable pa Fried halloumi-style cheese ♥ 298 kcal  BEYOND MEAT patty № 184 kcal	
Chicken includes a drink	
	oft drink* <b>8.79</b> lic drink* <b>10.32</b>
Chicken on the bone is marinated, slow cooked and finished on the char	-grill.
Peri-peri char-grilled half chicken  Lemon and herb Char-grilled in a lemon & herb glaze. Coleslaw, g Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal Crimpin 1956 kcal Machad actate 1337 kcal. Obina 1956 kcal	garlic & herb dip
Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal  Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze.  Coleslaw, Naga chilli dip  Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal	soft drink* 11.67 each
Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal  Char-grilled half chicken, mash and gravy 818 kcal  Lemon & herb chicken, peas, chicken gravy	alcoholic drink* 13.20 each
Chicken baskets	GaGII
Boneless basket / Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce	soft drink*  9.42 each
Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal  Chicken wing basket /// Eight wings, coleslaw, Naga chilli dip Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal	alcoholic drink* 10.95 each
Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice \$\infty\$ 763 kcal; Chips 1157 kcal	Add: Chicken gravy (50 kcal)
Southern-fried chicken strips basket / Five chicken strips, coleslaw, Jack Daniel's* Tennessee Honey glaze	99p

Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal

Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

Quorn™ 'no chicken' nuggets basket 🌮 🕔 Eight coated pieces, coleslaw, sweet chilli sauce

_	0223111	
Fish and chips	soft drink	* alcoholic
Small freshly battered cod and chips Peas 681 kcal or mushy peas 739 kcal	8.53	10
Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi	8.53	10
Add: Two slices of bread ♥ (404 kcal) 1.44 Chip shop-style curry sauce ⊚ (118 kcal) 1.56		
Small Wiltshire cured ham, egg and chips 656 455 kcal One slice of Wiltshire cured ham, fried egg	7.24	8
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) 80p	7.26	8
Small vegetarian all-day brunch ♥ 611 kcal Two vegan sausages, fried egg, baked beans, chips	7.26	8
Afternoon deal Mon - Fri, 2pm - 5pm Choose from the above small pub classic meals.	soft drink* <b>6.69</b>	alcoholic dri <b>8.22</b>
Pub classics includes a dr	RINK' •	
Fish and chips	soft drink	* alcoholic
Freshly battered cod and chips  Peas 1240 kcal or mushy peas 1298 kcal	10.89	12.
<b>Whitby breaded scampi</b> Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	10.89	12.
Add: Two slices of bread ♥ (404 kcal) 1.44 Chip shop-style curry sauce ⊘ (118 kcal) 1.56		
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips Add: Black pudding (178 kcal) <b>80p</b>	10.21	11
<b>Vegetarian all-day brunch ♥</b> 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	10.21	11
Steak & kidney pudding Peas, onion & red wine gravy Choose: Mashed potato 963 kcal; Chips 1279 kcal	9.03	10
Bangers and mash 894 kcal Three Lincolnshire sausages, peas, onion & red wine gravy	9.03	10.
Vegetarian bangers and mash 👽 635 kcal	9.03	10.
Three vegan sausages, peas, onion & red wine gravy	0.70	9
Three vegan sausages, peas, onion & red wine gravy  Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	8.42	
Wiltshire cured ham, eggs and chips 856 kcal	8.42	9
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs Sausages, chips and beans 1170 kcal Three Lincolnshire sausages Vegan sausages, chips and beans @ 910 kcal Three vegan sausages		
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs Sausages, chips and beans 1170 kcal Three Lincolnshire sausages Vegan sausages, chips and beans @ 910 kcal	8.12	9.

Small pub classics INCLUDES A DRINK .

Mixed grill Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips 1519 kca	<b>2.78</b>	14.31
Gammon, pork loin, rump, lamb, two Lincolnshire sausages, fried egg, six onion rings	4.63	16.16
Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips 2012 kca	ıl	
Noodles, salads and pa	stas	
INCLUDES A DRINK' •	0.1:1*	
	soft drink* alco	
Ramen noodle bowl P & 66 kcal  Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak cho bamboo shoots, red onion, sliced chillies, coriander, in a light broth  Add: Char-grilled chicken breast (93 kcal) 1.25  Poached egg © (63 kcal) 98p	<b>7.29</b> i,	8.82
Chicken & maple-cured bacon salad Choose: Char-grilled chicken breast (555) 283 kcal Southern-fried chicken breast strips (555) 465 kcal	8.99	10.52
Mediterranean salad © 600 334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing Add: Grilled halloumi-style cheese V (447 kcal) 2.07 Tuna mayo (298 kcal) 1.16 Roasted vegetables © (90 kcal) 1.63 Char-grilled chicken breast (187 kcal) 2.07	7.99	9.52
Grilled halloumi-style cheese & roasted vegetable salad ♥ (\$66) 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing	7.99	9.52
Burrito salad bowl ♥ 668 kcal Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies Add: Char-grilled chicken breast (187 kcal) 2.07 Chilli bean non-carne 🖊 🗑 (149 kcal) 2.07	7.99	9.52
Pasta alfredo ♥ 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Char-grilled chicken breast (187 kcal) 2.07 Maple-cured bacon (91 kcal) 1.62	9.65	11.18
British beef & pancetta lasagne Choose: Side salad 761 kcal; Chips 1295 kcal	10.24	11.77

Steaks and grills INCLUDES ADRINK ... From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly

Choose: Side salad 87 kcal; Mediterranean salad 198 kcal; Jacket potato 225 kcal

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Below meals are served with peas, tomato and mushroom. soft drink\* alcoholic drink\*

soft drink\* alcoholic drink\*

14.61

14.56

17.06

10.89

9.47

12.78

12.11 13.64

16.14

16.09

12.42

11.00

14.31

cooked to your liking.

Classic 8oz sirloin steak 459 kcal

Mashed potato 143 kcal; Chips 602 kcal Gourmet 8oz sirloin steak 712 kcal

Mashed potato 143 kcal; Chips 602 kcal

BBQ chicken melt

5oz gammon and egg

Choose: Side salad 5% (500) 402 kcal

Mashed potato 620 kcal; Chips 936 kcal

10oz gammon and eggs

Classic 10oz rib-eye steak 717 kcal

Gourmet 10oz rib-eye steak 965 kcal

Peas, tomato, mushroom, three onion rings, steak sauce

Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad 🚳 609 kcal; Mediterranean salad 739 kcal Jacket potato 🚳 856 kcal; Mashed potato 827 kcal; Chips 1143 kcal

Mediterranean salad 532 kcal; Jacket potato 🚳 649 kcal

Choose: Side salad 611 kcal; Mediterranean salad 741 kcal Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 1146 kcal

Add your choice of steak sauce: **Creamy peppercorn sauce** (74 kcal) Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.92 each

9.02

With side salad and one filling. Extra fillings 1.34 each. Tuna mayo 592 kcal; Coleslaw V 559 kcal

Cheese V 512 kcal soft drink\* alcoholic drink\* Baked beans @ 588 5669 482 kcal 7.49 Chilli bean non-carne 🖊 🥝 👀 😘 442 kcal Roasted vegetables @ 59 59 383 kcal

Adults need around 2000 kcal a day.§