BREAKFAST Served until 11am



Large breakfast	
Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	14.50
Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	12.95
Small breakfast 501 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	9.60
Add: Slice of toast ♥ (255 kcal) 1.60	
Large vegetarian breakfast ♥ 1099 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	14.50
Vegetarian breakfast ♥ 765 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	12.95
Small vegetarian breakfast V & 281 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	9.60
Vegan breakfast ⊘ 622 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	11.90
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, toma	11.90 ato
Scrambled egg on toast ♥ 570 kcal Three eggs, buttered white bloomer toast	6.85
Beans on toast ♥ ॐ 566 kcal Buttered white bloomer toast Vegan option available with vegan spread ② ॐ ‱ 460 kcal	6.20
Two slices of toast with jam or marmalade (v) (1870) 480 kcal White bloomer bread	3.85
All-butter croissant with jam ♥ 572 kcal Airport exclusive	4.35



Free-range eggs

and berry granola (1) 340 kcal Airport exclusive

Add: Banana (110 kcal) **1.35; Strawberries** (14 kcal) **1.35 Blueberries** (17 kcal) **1.35; Honey** (91 kcal) **1.00**

Strawberries, blueberries, yoghurt

Porridge V 5% 500 252 kcal (plain)

Sliced apple (46 kcal) 1.35

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

MUFFINS AND BUTTIES	
Egg & cheese muffin ♥ ∰ 413 kcal Fried egg, American-style cheese, in an English muffin, two hash browns	7.90
Egg & bacon muffin 600 478 kcal Fried egg, bacon, American-style cheese, in an English muffin, two hash browns	8.30
Egg & sausage muffin 581 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin, two hash browns	8.30
Egg & vegetarian sausage muffin ♥ 655 484 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin, two hash browns	8.30
Breakfast muffin 646 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin, two hash browns	8.70
Smashed avocado muffin @ 633 kcal Guacamole, pico de gallo, on an English muffin, rocket, two hash browns Add: Maple-cured bacon (91 kcal) 2.30	8.70
Bacon butty 639 kcal Four rashers of bacon, buttered white bloomer bread	7.30
Sausage butty 714 kcal Two Lincolnshire sausages, buttered white bloomer bread	7.30
Vegetarian sausage butty ♥ 520 kcal Two vegan sausages, buttered white bloomer bread Vegan option available with vegan spread ② № 144 kcal	7.30
Breakfast sandwich 733 kcal	9.05



Lincolnshire sausage, bacon, egg, buttered white bloomer bread

BREAKFAST EXTRAS

Add any of the following:	
Lincolnshire sausage 168 kcal	2.30
Vegan sausage @ 82 kcal	2.30
Slice of toast 2 25 kcal	1.60
Two hash browns @ 164 kcal	2.30
Two rashers of back bacon 131 kcal	2.30
Fried egg ♥ 56 kcal	1.20
Baked beans @ 126 kcal	1.70
Two mushrooms @ 100 kcal	1.70
Two grilled tomato halves @ 16 kcal	95p

TEA, COFFEE AND HOT CHOCOLATE





Flat white 92 kcal
Cappuccino 102 kcal
Latte 113 kcal
Mocha 147 kcal

Espresso @ 6 kcal Black coffee @ 6 kcal White coffee @ 24 kcal Hot chocolate @ 169 kcal _ Теа

7.60

4.70

with semi-skimmed milk **V** 14 kcal

Dairy alternative: oat sachet ② 4 kcal Decaffeinated tea and coffee available.

£3.50

Coffee

The freshly ground 100% Arabica Lavazza coffee^{tt} we serve is from Rainforest Alliance-certified farms.











Walkers shortbread ♥ 151 kcal 85p; Stem ginger biscuit ♥ 123 kcal 85p

Belgian chocolate biscuit **129** kcal **85**p

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only.

J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See website for full details: jdwetherspoon.com "Offer (excluding take-away) applies on day

 $of purchase, during one visit; is non-transferable. Exclusions apply. {\it §Statement of daily Calorie needs from the Department of Health \& Social Care.} \\ {\it 15}$

Adults need around 2000 kcal a day.§

jdwetherspoon.com [™] ≥

FOOD

Breakfast until 11am Main menu from 11am

The Crown Rivers
Heathrow Airport



Before work began on Terminal 5, an archaeological dig was carried out on the 250-acre site. The excavation revealed the Stanwell Cursus, a 2.5-mile-long prehistoric pathway, and a horseshoe enclosure, possibly associated with the mid-winter and mid-summer solstices. Two royal, or crown, rivers were diverted during the building of Terminal 5. The Duke of Northumberland's River was originally owned by King James I; Longford River was dug for his son, Charles I, in the early 17th century.

wetherspoon





Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.



Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.



PANINIS

The paninis below, freshly made to order, are all served with chips ② (add 602 kcal) or ask for a side salad instead ② (add 111 kcal).

Cheddar cheese and tomato ♥ 604 kcal10.65Wiltshire cured ham and Cheddar cheese 580 kcal10.65BBQ chicken, bacon and Cheddar cheese 576 kcal10.65



SALAD AND PASTA

Chicken & maple-cured bacon salad 384 kcal 13.70 Chicken breast

Pasta alfredo ♥ 618 kcal
Fusilli pasta, creamy pecorino & regato cheese sauce, spinach,

sun-dried tomato, basil, rocket

Add: Chicken breast (188 kcal) 3.50

Maple-cured bacon (91 kcal) 2.30

BURGERS



100% UK AND IRISH BEEF

100% UK and Irish beef

Sourced from farms in the UK and Ireland.
Traceable from farm to fork.

Classic burgers

Served with chips (602 kcal, included in Calories below). With iceberg lettuce, tomato, red onion.

,,	
Beef burger 1143 kcal	14.2
Plant-based burger ⊘ 1049 kcal Garlic & herb sauce	14.2
Fried buttermilk chicken burger 1158 kcal Breaded whole chicken breast fillet	14.2

Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below).

Calories Delow).

With iceberg lettuce, tomato, red onion.

Cheese melt burger 1611 kcal Beef patty, American-style cheese, smothered with Emmental & Cheddar cheese sauce	16.75
Smoky brisket stack 2041 kcal Beef patty, pulled BBQ beef brisket, American-style cheese, maple-cured bacon	16.75

Buffalo burger /// 1802 kcal Fried buttermilk chicken, blue cheese sauce, Naga chilli sauce,

American-style cheese, topped with a spicy chicken wing **Ultimate beef burger** 1723 kcal

Beef patty, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee glaze burger
Maple-cured bacon, Jack Daniel's* Tennessee Honey glaze
Choose: Beef 1591 kcal
Fried buttermilk chicken 1605 kcal

With red onion, gherkin, ketchup, American-style mustard

American cheese stack 1469 kcal Airport exclusive 16.75
Beef patty, American-style cheese

Additional toppings

Maple-cured bacon with Cheddar cheese 173 kcal	2.85
Maple-cured bacon with American-style cheese 160 kcal	2.85
Cheddar cheese V 82 kcal	1.75
American-style cheese V 69 kcal	1.75
Maple-cured bacon 91 kcal	2.30

Additional burger patties

Beef patty 337 kcal	3.50
Fried buttermilk chicken 351 kcal	3.50
Plant-based patty @ 152 kcal	2.50

11" PIZZAS

Margherita **V** 948 kcal

Sourdough base – proved, stretched, topped and freshly baked to order.

Mozzarella, basil	
Pepperoni / 1166 kcal	14.85
Mozzarella, pepperoni	
Ham and mushroom 1026 kcal	14.85
Mozzarella, ham, mushroom, rocket	
BBQ chicken 1112 kcal	14.85

13.75

BBQ chicken 1112 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket

Additional toppings

Red onion @ 10 kcal Sliced chillies //// @ 3 kcal Mushroom @ 4 kcal

hroom **3** 4 kcal each **1.50**

Mozzarella ♥ 150 kcal Ham 71 kcal

Chicken breast 94 kcal **Maple-cured bacon** 91 kcal each **1.80**

Pepperoni 109 kcal

Garlic & herb dip 180 kcal

each 2.10



WORLD FLAVOURS

Sticky Korean fried chicken bowl
Chicken strips, chicken breast bites, tossed in a Korean-style sauce, coriander, sliced chillies
Choose: Coconut-flavour rice 867 kcal

Chips 1235 kcal

Sticky Korean fried Quorn™ 'no chicken' bowl

Sticky Korean fried Quorn™ 'no chicken' bowl
Eight coated pieces, tossed in a Korean-style sauce,
coriander, sliced chillies
Choose: Coconut-flavour rice 713 kcal; Chips 808 kcal

Ramen noodle bowl // @ \$ \$55 477 kcal 11.65

Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander,

in a light broth

Add: Chicken breast (188 kcal) 3.50

Add. efficient breast (100 Real) 3.30

Classic curries

16.75

16.75

With basmati pilau rice, plain naan, poppadums, sliced chillies and coriander.

Chicken tikka masala // 1190 kcal 15.35 Sweet potato, chickpea & spinach curry // ② ③ 916 kcal 15.35

Sweet potato, chickpea & spinach curry / @ 916 kg
Sweet potato tossed in a rich coconut sauce
with chickpeas and spinach







SIDES AND EXTRAS

smoky chipotle sauce, rice, tortilla chips

Bowl of chips @ 964 kcal					4.95
	Side salad @ 91 kcal				2.40
Emmental & Cheddar cheese sauce 122 kcal				2 kcal	2.60
	Onion rings 🕖	Six 269 kcal	3.65	Twelve 538 kcal	5.50
	Garlic pizza bread 🗸	8" 389 kcal	7.35	11" 777 kcal	8.30
	With cheese 🖤	8" 478 kcal	8.75	11" 927 kcal	10.75

Airport exclusive

Dish created exclusively for Wetherspoon's airport pubs.

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS



Adults need around 2000 kcal a day.§