Sides and extras 3.99 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 39p) 2.49 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 2.99 NEW Five chicken breast bites 161 kcal 2.99 Eight Whitby breaded scampi 464 kcal 5.19 Grilled halloumi-style cheese V 447 kcal 2.07 Mediterranean side salad @ 198 kcal 3.32 Sliced chillies FFFF @ 3 kcal 93p Peas @ 133 kcal Mushy peas V 248 kcal 99p Side salad @ 91 kcal 2.39 **Coleslaw 399** kcal **1.50** Chicken gravy 50 kcal 99p Roasted vegetables @ 135 kcal 1.63 Onion rings @ Six 269 kcal 2.43 **Twelve** 538 kcal **3.65** Garlic pizza bread 🚺 **8**" 386 kcal 4.55 **11**" 772 kcal **5.72** With cheese V **8**" 473 kcal 5.13 11" 922 kcal 6.59

Desserts NEW Chocolate & salted caramel torte 5.48 Chocolate biscuit base, chocolate & salted caramel filling Vanilla ice cream V 746 kcal or coconut ice cream 701 kcal NEW Salted caramel sticky toffee pudding V 5.14 Vanilla ice cream 877 kcal or custard 741 kcal Millionaire's shortbread W 609 kcal 2.32 Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce Vanilla ice cream V 334 kcal Two scoops, toffee sauce, Belgian chocolate sauce Cookie crunch (V) (364 kcal 1.97 Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce Mini warm chocolate brownie V 600 435 kcal 3.13 Belgian chocolate sauce, vanilla ice cream Mini warm cookie dough sandwich V 650 431 kcal 3.13 Salted caramel filling, toffee sauce, vanilla ice cream Mini American-style pancakes V 600 412 kcal 3.69 Two pancakes, maple-flavour syrup, vanilla ice cream 4.71 Fresh fruit V 58 555 470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream Warm chocolate fudge cake V 909 kcal. Vanilla ice cream 5.48 5.48 Warm chocolate brownie 736 kcal

Salted caramel filling, toffee sauce, vanilla ice cream 5.77 British Bramley apple crumble Vanilla ice cream V 673 kcal, coconut ice cream 6 628 kcal or custard 5 537 kcal American-style pancakes V 38 689 kcal Four pancakes, maple-flavour syrup, vanilla ice cream Add: Custard V (134 kcal) 1.33; Vanilla ice cream scoop V (135 kcal) 99p

Banana (110 kcal) 60p; Strawberries (27 kcal) 60p; Blueberries (17 kcal) 60p

While we have procedures for segregating

kitchen and har service may involve shared

preparation within meals and drinks,

preparation/cooking areas. If you have

any specific food/drinks allergen needs

please inform us when ordering; we will

meal safely, although cannot guarantee

allergen communications. Swapping

items may result in changes to allergens

completely allergen-free environments or

products. Staff cannot offer specific advice

or recommendations beyond our published

take reasonable steps to prepare your

ALLERGEN AND NUTRITIONAL INFORMATION

Belgian chocolate sauce (61 kcal) 47p; Toffee sauce (166 kcal) 47p

This can be found on the customer nformation screen, website and Wetherspoon app. Ingredients vary depending on location, and may have changed since your last visit. Use the ustomer information screen to filte menus by specific dietary requirements,

Belgian chocolate sauce, vanilla ice cream

Warm cookie dough sandwich V 727 kcal

- Exclude those dishes containing certain
- See full lists of ingredients

- Set Calorie and carbohydrate limits
- List only yegan or yegetarian dishes.

DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot = Extremely hot Vegetarian Vegan 5% fat or less 500 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

RRFAKFACT

NEW Fresh fruit and yoghurt (V 5% 5%) 334 kcal

Two slices of toast with jam or marmalade

Tea and toast

V 524 kcal. White bloomer bread

Apple, banana, blueberries, strawberries, Greek-style honey yoghurt

Includes tea, coffee or hot chocolate. Free refills'

5.48

Served 8am - 12 noon

51n

1.15

98p

98p

1.73

1.67

1.62

98p

57p

2.07

2.69

2.69

2.69

4.51

4.51

3.31

3.77

3.77

3.77

3.99

3.99

DALARI		8am	- 12 noon	
Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans,	6.59	Breakfast extra	IS	
three hash browns, mushroom, two slices of toast		Add any of the following:		
Traditional breakfast 807 kcal	4.99	Black pudding 178 kcal 80p	Hash brown @ 82 kcal	51
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast		Lincolnshire sausage 168 kcal 1.15	Vegan sausage @ 82 kcal	1.1
Small breakfast (500) 435 kcal	2.99	Slice of toast © 225 kcal 1.23	Baked beans @ 126 kcal	98
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown		Fried egg V 56 kcal 98p	Poached egg V 63 kcal	98
Add: Black pudding (178 kcal) 80p		Two scrambled eggs V 136 kcal		1.7
Freedom breakfast 586 kcal	2.99	Two rashers of back bacon 131 kcal		1.6
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato		Four rashers of maple-cured bacon 9	71 kcal	1.6
Large vegetarian breakfast V 1129 kcal	6.59	Two mushrooms @ 100 kcal		98
Two fried eggs, three vegan sausages, baked beans, three hash browns,		Two grilled tomato halves @ 16 kcal		57
mushroom, tomato, two slices of toast		Grilled halloumi-style cheese 🔇 447	kcal	2.0
Vegetarian breakfast © 786 kcal	4.99	Breakfast butti	es and wrane	5
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast		Di Cariast Dutti	es and wraps	
Small vegetarian breakfast V 🚳 🐯 291 kcal	2.99	Bacon butty 574 kcal		2.6
Fried egg, vegan sausage, baked beans, hash brown, tomato	2.//	Three rashers of bacon, buttered white bloomer	bread	
Vegan breakfast @ 642 kcal	2.99	Sausage butty 714 kcal		2.6
Two vegan sausages, baked beans, two hash browns, mushroom,		Two Lincolnshire sausages, buttered white blo		2.6
tomato, slice of toast, vegan spread		Vegetarian sausage butty V 541 k Two vegan sausages, buttered white bloomer		2.0
American breakfast 1258 kcal	7.00	Vegan option available with vegan spread @		
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages,		Breakfast wrap 724 kcal	500 400 Roat	4.5
four pancakes, maple-flavour syrup	5.14	Fried egg, bacon, Lincolnshire sausage, hash t	orown, Cheddar cheese	7.0
Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage,	5.14	Vegetarian breakfast wrap V 735		4.5
two pancakes, maple-flavour syrup		Fried egg, two vegan sausages, two hash brow	vns, Cheddar cheese	
Porridge V 58 6557 252 kcal (plain)	1.99	D 16 1 66		
Add: Banana @ (110 kcal) 60p; Maple-flavour syrup @ (125 kcal) 30p		Breakfast muff	ın deal	
Strawberries @ (27 kcal) 60p; Blueberries @ (17 kcal) 60p		Includes tea, coffee, hot chocol	ate (free refills")	
Honey ♥ (91 kcal) 30p; Sliced apple (46 kcal) 60p		or ANY soft drink°.	ate (iree reinis)	
NEW Shakshuka / V 547 kcal	5.29	Egg & cheese muffin V (500) 249 kg	al	3.3
Two poached eggs, lightly spiced Mediterranean tomato & pepper sauce,		Fried egg, American-style cheese, in an Englis		
rocket, toasted ciabatta Add: Grilled halloumi-style cheese () (447 kcal) 2.07		Egg & bacon muffin 500 314 kcal		3.7
Maple-cured bacon (91 kcal) 1.62		Fried egg, bacon, American-style cheese, in an		
NEW Fiesta brunch / © 659 kcal	4.03	Egg & sausage muffin (505) 417 kcal		3.7
Poached egg, toast, guacamole, pico de gallo,	4.00	Fried egg, Lincolnshire sausage, American-sty		3.7
grilled halloumi-style cheese, mushroom, salsa		Egg & vegetarian sausage muffil Fried egg, vegan sausage, American-style che		3.7
Eggs Benedict 725 kcal	5.29	Breakfast muffin 6505 482 kcal	csc, iii dii Engusii murmi	3.9
Two poached eggs, on an English muffin, with Wiltshire cured ham,		Fried egg, Lincolnshire sausage, bacon, Ameri	can-style cheese, in an English muff	
Hollandaise sauce, rocket	F 20	Smashed avocado muffin @ 58 (5)		3.9
Mushroom Benedict ♥ 638 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.29	Guacamole, pico de gallo, on an English muffir		
Miner's Benedict 939 kcal	5.29	Add: Maple-cured bacon (91 kcal) 1.62; Poa		
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket		Grilled halloumi-style cheese V (447 kcal) 2	7 	
NEW Hash brown basket @ 555 410 kcal	2.14	Add: Hash brown 🥏 (82 kcal) 51p		
American-style pancakes		m		
NEW Four pancakes, banana, strawberries, blueberries,	5.14	$_{ extsf{ iny Tea}}$ coffee and	not cnocola	te
maple-flavour syrup. 🔰 🥯 708 kcal Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal	5.14		Flat white V 92 kcal	
Four pancakes, maple-flavour syrup. V 🚳 554 kcal	4.45	FREE	Cappuccino V 102 kcal	
Small American-style pancakes	-110		• • •	
Two pancakes, maple-cured bacon, maple-flavour syrup. 322 kcal	3.69	REFILLS	Latte V 113 kcal	
Two pancakes, maple-flavour syrup. 🔰 🚳 😘 277 kcal	3.40		Mocha V 147 kcal	
Scrambled egg on toast ♥ 570 kcal	2.99	TEA, COFFEE AND	Espresso @ 6 kcal	
Three eggs, buttered white bloomer toast		HOT CHOCOLATE	Black coffee @ 6 kcal	
Beans on toast 👽 😵 566 kcal. Buttered white bloomer toast Vegan option available with vegan spread 🥏 😵 🐯 460 kcal	2.99	- ALL DAY EVERY DAY -	White coffee V 24 kcal	
Small beans on toast V 🚳 📆 252 kcal. Buttered white bloomer toast	2.49	LAVATIA (A) (A)	Hot chocolate V 169 kcal	
Two slices of toast with jam or marmalade © 524 kcal	1.99	TORINO, ITALIA, 1895	Tea	
White bloomer bread		4 174	with semi-skimmed milk V 14 kca	
Fresh fruit 🕖 🚳 5 200 kcal. Apple, banana, blueberries, strawberries	2.99	£1.71 each	Dairy alternative: oat sachet @ 4	
	0.70	■ ■ ■ eacn	Decaffeinated tea and coffee avail	.dule.

coffee and hot chocolate Flat white **9**92 kcal

Tea with semi-skimmed milk V 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available.

Riscuits

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit 129 kcal 71p Salted caramel brownie bar 316 kcal 1.64

for the facts drinkaware.co.uk

idwetherspoon.com

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (w See our website for full details: jdwetherspoon.com "Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. Statement of daily Calorie needs from the Department of Health & Social Care.

Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml). *Choose from: Diet Pepsi, Pepsi, Pepsi, Pepsi Max or Pepsi Max or Pepsi Max cherry (398ml glass); apple, cranberry or orange juice (398ml glass); apple & mango, apple & raspberry or orange & passion fruit J2O; Brecon Carreg natural mineral water (still/sparkling 500ml bottle), blackcurrant, lime or orange standard cordial (398ml glass); blor orange or lemon Sanpellegrino (330ml can); Passion Fruit Cooler or Raspberry Refresher 0% cocktail (215ml glass); Monster Energy, Energy Ultra, Energy Ultra Peachy Keen, Energy Ultra Rosá, Mango Loco or Pipeline Punch (500ml can); Old amaica ginger beer (330ml can); R White's raspberry lemonade (330ml can); Remedy kombucha raspberry lemonade (250ml can)

with drink without drink

1.99

2.49

Main menu 11.30am - 11pm. Children's menu available.

The Watchman

New Malden





Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene

We have been awarded the maximum food hygiene rating of 5 in our pub.



iustainable fish The cod and haddock we serve come from fisheries which have

been independently certified to the MSC's standard for well-managed and sustainable



100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.

Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



Breakfast

8am - 12 noon

Tea. coffee and

hot chocolate

Free refills

soft drink* £4.41

£5.94

Traditional

breakfast

£4.99

Burger meals

Deli Deals

INCLUDES A DRINK' •

Featuring NEW small southern-fried chicken wrap

INCLUDES A DRINK

Featuring 3oz American burger soft drink* alcoholic drink*

£5.74 £7.27

Afternoon deals INCLUDES A DRINK

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips soft drink* alcoholic drink*

£6.39

£7.92 Steak Club

INCLUDES A DRINK'

Tuesday 11.30am - 11pm

Featuring classic 8oz sirloin alcoholic drink*

£9.97

£11.50

£9.74

Curry Club

INCLUDES A DRINK • Thursday 11.30am - 11pm

Featuring the katsu curry range soft drink* alcoholic drink*

£8.21

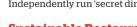
INCLUDES A DRINK • Choose from over 150 drinks



LAVATIA Coffee
The freshly ground 100% Arabica Lavazza coffee^{tt} we serve is from Rainforest Alliance-certified farms









Sustainable Restaurant Association Awarded the highest rating in the world's

largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.





Adults need around 2000 kcal a day.§

Allergen and nutritional information can

website and Wetherspoon app.

be found on the customer information screen,

qoodfoodtalks opening menus for everybody The spoken menu app for the visually impaired

on the app or by phone

Cmall plates Any 2 for 14 00

Small plates Any 3 for £14.99	
8" pizzas. Sourdough base — proved, stretched, topped and freshly baked to or	der.
Margherita V 500 467 kcal. Mozzarella, basil	6.06
Pepperoni 77 575 kcal. Mozzarella, pepperoni	6.66
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket	6.66
BBQ chicken 555 kcal. Mozzarella, BBQ sauce, chicken breast, red onion, rocket	6.66
Roasted vegetable V 514 kcal	6.66
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	
Roasted vegetable and vegan cheeze @ 59 (555) 416 kcal	6.66
Mushroom, roasted pepper, courgette, onion, basil	
Spicy meat feast /// 615 kcal	7.24
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	
NEW Char-grilled halloumi-style cheese V 514 kcal	5.11
Rocket, roasted pepper, courgette, onion, salsa	
11" garlic pizza bread V 772 kcal	5.72
Nachos ♥♥♥ ♥ 695 kcal	5.96
Cheese, guacamole, salsa, sour cream, sliced chillies	
Bowl of chips @ 964 kcal	3.99
Bowl of chips with curry sauce @ 1082 kcal	5.29
Cheesy chips V 1256 kcal	5.49
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	5.79
Tomato & basil soup V 5% (\$555) 374 kcal. White bloomer bread	4.38
Vegan option available with vegan spread @ 5% 556 285 kcal	
With any of the small plates below, choose one dip:	
NEW Korean-style dip V 96 kcal; Sweet chilli // 37 kcal; Sticky soy V 10	10 kcal
Naga chilli ♥♥♥ @ 136 kcal; Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal	
Chipotle mayo ♥♥♥ ♥ 150 kcal; Blue cheese ♥ 270 kcal; BBQ sauce 83 kcal	
Halloumi-style fries V 555 396 kcal	5.11
Chicken bites (500) 322 kcal. Ten battered chicken breast pieces	6.24
Southern-fried chicken strips / 459 kcal. Five chicken breast strips	
Chicken wings FFF 813 kcal. Ten spicy chicken wings	6.90
Quorn™ nuggets 331 kcal. Eight coated pieces	5.34

Deli Deals INCLUDES A DRINK

ll wraps an	d paninis	are	freshly	made	to order.	
-------------	-----------	-----	---------	------	-----------	--

Wiaps Asinaliei wiap and inning.
Small Korean fried chicken 384 kcal
Iceberg lettuce, cucumber, coriander, Korean-style sauce
Small brunch wrap 559 kgal

Siliate bi dileli wi ap 337 keat	just-a-wrap,
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	without a drink
Small vegetarian brunch wrap V 545 kcal	3.23
Fried egg, two vegan sausages, Cheddar cheese	each
Small shawarma chicken FFF 502 kcal	
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,	soft drink*
tomato, onion, rocket, fresh mint	4.41 each
Small Quorn [™] nuggets ② 8310 kcal	eacii
Salad leaves, tomato, cucumber, salsa	alcoholic drink*
Small southern-fried chicken ### 399 kcal	5.94

Salad leaves, smoky chipotle mayo Small cold chicken breast FF 58 577 kcal

Salad leaves, sweet chilli sauce Small fried halloumi-style cheese // V 500 391 kcal

Salad leaves, sweet chilli sauce, tomato, cucumb Add: Small side salad (46 kcal); Small portion of chips (329 kcal) 1.13 each

NEW Korean fried chicken 618 kcal Iceberg lettuce, cucumber, coriander, Korean-style sauce

Shawarma chicken * 719** kcal. Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

Southern-fried chicken * 609** kcal. Salad leaves, smoky chipotle mayo Cold chicken breast 🎵 🚳 479 kcal. Salad leaves, sweet chilli sauce

Fried halloumi-style cheese // W 707 kcal Salad leaves, sweet chilli sauce, tomato, cucumbe

soft drink* 6.00 **Quorn**[™] **nuggets** Ø № 508 kcal. Tomato, cucumber, salsa each alcoholic drink*

NEW Roasted vegetable and vegan cheeze @ 480 kcal 7.53 Tuna mayo and Cheddar cheese 590 kcal each Cheddar cheese and tomato V 527 kcal

Wiltshire cured ham and Cheddar cheese 508 kcal BBQ chicken, bacon and Cheddar cheese 586 kcal 8" pizzas on a freshly baked sourdough base

Choose any 8" pizza from the small plates section.

Add: Side salad @ (91 kcal); Tomato & basil soup @ (150 kcal) **Spicy rice** (208 kcal); **Chips** (602 kcal) **1.54** each

Burgers includes a drink of Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

Chicken burgers

Beef burgers One 3oz beef patty. Berved with a small portion of chips (329 kcal, included in Calories below).	soft drink*
American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard	5.74 each
Classic beef burger 677 kcal ceberg lettuce, tomato, red onion 5kinny beef burger (555) 375 kcal ceberg lettuce, tomato, red onion, with a side salad, instead of chips	alcoholic drink* 7.27 each
	oft drink* 6.34 lic drink* 7.87
Double beef burgers Two 3oz beef patties. Gerved with chips (602 kcal, included in Calories below). Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1119 kcal	soft drink* 8.03 each alcoholic drink*
	each oft drink* 8.60 lic drink* 10.13
American-style mustard	

Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1656 kcal

Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin Tennessee burger

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze

Choose: Beef (two 3oz beef patties) 1567 kcal Char-grilled chicken breast 1417 kcal; Fried buttermilk chicken 1703 kcal 10.23 BBQ burger

Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal alcoholic drink* Char-grilled chicken breast 1494 kcal; Fried buttermilk chicken 1780 kcal 11.76

Heatwave burger Naga chilli mayo. American-style cheese, hash brown.

topped with a spicy chicken wing Choose: Char-grilled chicken breast 1722 kcal; Fried buttermilk chicken 2007 kcal

Fiesta burger @ 1380 kcal BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1770 kcal soft drink* 11.68 Three 3oz beef patties, American-style cheese, maple-cured bacon, alcoholic drink* 13.21 red onion, gherkin, ketchup, American-style mustard

CULTURES INCLUDES A DRINK ...

Classic curries With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower

& spinach curry **//** @ 529 927 kcal Chicken tikka masala // 1190 kcal Chicken jalfrezi FFF 32 935 kcal

soft drink* alcoholic drink* 10.14 11.67 each each

soft drink* alcoholic drink*

9.45

each

alcoholic drink*

10.56

each

7.92

soft drink*

9.03

Beef Madras / 1043 kcal

Change your plain naan to a garlic naan (V) (add 92 kcal) 52p

Simple curries With basmati pilau rice or chips.

Simple Mangalorean roasted cauliflower & spinach curry // @

Choose: Basmati pilau rice 52 568 kcal; Chips 970 kcal Simple chicken tikka masala Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal

Simple chicken jalfrezi Choose: Basmati pilau rice 3 575 kcal; Chips 977 kcal

Simple beef Madras Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal

Add: One vegetable samosa and two onion bhajis // @ (293 kcal) 1.86 Two plain poppadums @ (86 kcal) **52p**

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu grilled chicken curry 58 542 kcal Sliced char-grilled chicken breast

Katsu Quorn™ nugget curry @ 686 kcal Eight coated pieces

Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet

Adults need around 2000 kcal a day.§

Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce Crunchy chicken strip burger ₹ 776 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	alcoholic drink* 7.27 each
Served with chips (602 kcal, included in Calories below). Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet	soft drink* 8.03 each
Char-grilled chicken breast burger 970 kcal Skinny chicken burger 38 394 kcal Char-grilled chicken breast, with a side salad, instead of chips	alcoholic drink* 9.56 each
Meat-free burgers Served with chips (602 kcal, included in Calories below). Beyond Burger™ 1043 kcal BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce Breaded vegetable burger 1039 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese Fried halloumi-style cheese burger 1118 kcal Sweet chilli sauce	soft drink* 8.03 each alcoholic drink* 9.56 each
Just-a-burger Served on its own, without chips or a drink. NEW Korean crunchy chicken strip burger 38 383 kcal Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce American burger 367 367 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger 47 367 447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	3.51 each
Additional toppings and burger patties Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k Cheddar cheese ② 82 kcal American-style cheese ③ 69 kcal NEW Vegan cheeze ② 57 kcal	2.24 1.62 1.62 1.62

Served with a small portion of chips (329 kcal, included in Calories below).

NEW Korean crunchy chicken strip burger 712 kcal

soft drink*

5.74

each

1.62

1.60

each **2.07**

soft drink*

11.13

each

alcoholic drink*

12.66

each

10.51

each

Add: Chicken

gravy (50 kcal)

99p

CITIC KEIT INCLUDES A DRINK ...

Fried halloumi-style cheese V 298 kcal

Maple-cured bacon 91 kgal

Crunchy chicken strip / 92 kcal

BEYOND MEAT patty @ 184 kcal

NEW Sticky Korean fried chicken bowl 961 kcal soft drink* 8.79 alcoholic drink* 10.32 Chicken strips, chicken breast bites. chips tossed in a Korean-style sauce, coriander, sliced chillies

Fried buttermilk chicken 473 kcal; Breaded vegetable patty 257 kcal

Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal

Coleslaw, Naga chilli dip Choose: Side salad 888 kcal: Mediterranean salad 1018 kcal

Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy

Chicken baskets Boneless basket 🍠

Three southern-fried chicken strips, five chicken breast bites. coleslaw BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal Chicken wing basket FFF Eight wings, coleslaw, Naga chilli dip

Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal

Chicken bites basket

Southern-fried chicken strips basket 🏿

Quorn[™] 'no chicken' nuggets basket 🏴 🔻 Eight coated pieces, coleslaw, sweet chilli sauce

3oz beef patty 168 kcal; Char-grilled chicken breast 187 kcal

Chicken on the bone is marinated, slow cooked and finished on the char-grill

Peri-peri char-grilled half chicken

Lemon and herb / Char-grilled in a lemon & herb glaze. Coleslaw, garlic & herb dip

Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze.

soft drink* 8.98 each alcoholic drink*

Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice 3 763 kcal; Chips 1157 kcal

Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal

Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

Sourdough base — proved, stretched, topped and freshly ba		
Margherita ♥ 934 kcal. Mozzarella, basil	soft drink	
Pepperoni // 1151 kcal Mozzarella, pepperoni	•••••	•••••
Ham and mushroom 1011 kcal Mozzarella, ham, mushroom, rocket		soft drink* 10.14
BBQ chicken 1097 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket		each
Roasted vegetable V 1028 kcal		alcoholic drink
Mozzarella, mushroom, roasted pepper, courgette, onion, basil		each
Roasted vegetable and vegan cheeze @ \$\infty\$ 82 Mushroom, roasted pepper, courgette, onion, basil	9 kcal	
Spicy meat feast /// 1214 kcal	11.32	12.8
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, roo	cket	
Additional toppings		
Red onion 10 kcal; Sliced chillies PPPP 3 kcal; Mush	iroom 🥏 4 k	cal each 93
Garlic & herb dip @ 180 kcal; Mozzarella V 150 kcal; Ham 7	1 kcal	
Chicken breast 94 kcal; Maple-cured bacon 91 kcal		each 1. 2
Pepperoni // 109 kcal; Roasted vegetables ⊘ 90 kcal		each 1. 6
Cwell wub cleasies		
Small pub classics INCL	JDES A L	RINK 👊
Small freshly battered cod and chips 🔗	soft drink	
Peas 681 kcal or mushy peas 739 kcal	0.14	7.0
Small Whitby breaded scampi	8.14	9.0
Chips, peas 629 kcal or mushy peas 686 kcal.		
Four Whitby breaded scampi		
Add: Two slices of bread ♥ (404 kcal) 1.44 Chip shop-style curry sauce ② (118 kcal) 1.56		
	6.91	8.4
Small Wiltshire cured ham, egg and chips 655 455 kcal	0.71	8.4
One slice of Wiltshire cured ham, fried egg		
Small all-day brunch 681 kcal	6.91	8.4
Lincolnshire sausage, bacon, fried egg, baked beans, chips	6.91	8.4
Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) 80p	0.7.	0.
Lincolnshire sausage, bacon, fried egg, baked beans, chips	6.91 6.91	8.4

11"DIZZAS INCLUDES A DRINK

Pub classics includes a drink of

Afternoon deal

Mon - Fri, 2pm - 5pm

Freshly battered cod and chips 🔗	soft drink*	alcoholic drink*
Peas 1240 kcal or mushy peas 1298 kcal	10.50	11.71
Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	10.38	11.91
Add: Two slices of bread (404 kcal) 1.44 Chip shop-style curry sauce (118 kcal) 1.56	• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •
All-day brunch 1245 kcal	9.72	11.25
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, Add: Black pudding (178 kcal) 80p	chips	
Vegetarian all-day brunch ♥ 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	9.72	11.25
Steak & kidney pudding Peas, onion & red wine gravy Choose: Mashed potato 963 kcal; Chips 1279 kcal	8.62	10.15
Bangers and mash 894 kcal	8.62	10.15
Three Lincolnshire sausages, peas, onion & red wine gravy Vegetarian bangers and mash ♥ 635 kcal Three vegan sausages, peas, onion & red wine gravy	8.62	10.15
Wiltshire cured ham, eggs and chips 856 kcal	8.03	9.56
Two slices of Wiltshire cured ham, two fried eggs Sausages, chips and beans 1170 kcal	7.73	9.26
Three Lincolnshire sausages Vegan sausages, chips and beans 910 kcal	7.73	9.26
Three vegan sausages NEW Chilli bean non-carne 6	8.62 sauce, rice,	10.15 tortilla chips

Afternoon deal

Mon - Fri, 2pm - 5pm 7.57

soft drink* alcoholic drink 9.10

soft drink* alcoholic drink'

7.92

6.39

Steaks and grills includes a drink

From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking. soft drink* 11.55 Classic 8oz sirloin steak 459 kcal 13.08 Classic 10oz rib-eye steak 717 kcal 14.05 15.58 Choose: Side salad 87 kcal; Mediterranean salad 198 kcal; Jacket potato 225 kcal Mashed potato 143 kcal; Chips 602 kcal Gourmet 8oz sirloin steak 712 kcal 13.89 17.92

Gourmet 10oz rib-eye steak 965 kcal 16.39 Peas, tomato, mushroom, three onion rings, steak sauce Choose: Side salad 87 kcal; Mediterranean salad 198 kcal; Jacket potato 225 kcal Mashed notato 143 kgal- Chins 602 kgal

Add your choice of steak sauce: Creamy peppercorn sauce (74 kcal) Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.92 each

Below meals are served with peas, tomato and mushroom. soft drink* alcoholic drink* BBQ chicken melt 10.38 Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad 530 609 kcal; Mediterranean salad 739 kcal Jacket potato 🚳 856 kcal; Mashed potato 827 kcal; Chips 1143 kcal 5oz gammon and egg 10.56 Choose: Side salad 532 kcal; Mediterranean salad 532 kcal Jacket potato 649 kcal; Mashed potato 620 kcal; Chips 936 kcal 10oz gammon and eggs 12.19 13.72

Choose: Side salad 611 kcal; Mediterranean salad 741 kcal Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 1146 kcal Mixed grill 13.72 Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips 1519 kcal Large mixed grill 13.95 15.48

Gammon, pork loin, rump, lamb, two Lincolnshire sausages, fried egg, six onion rings Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips 2012 kcal

Noodles, salads and pastas INCLUDES A DRINK'

Ramen noodle bowl // @ 53 555 466 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced childies, coriander, in a light broth Add: Char-grilled chicken breast (93 kcal) 1.25 Poached egg @ (63 kcal) 98p	7.29	8.82
Chicken & maple-cured bacon salad Choose: Char-grilled chicken breast (567) 283 kcal Southern-fried chicken breast strips (577) 465 kcal	8.99	10.52
Mediterranean salad 333 334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing Add: Grilled halloumi-style cheese 447 kcal) 2.07 Tuna mayo (298 kcal) 1.16; Roasted vegetables (90 kcal) 1.63 Char-grilled chicken breast (187 kcal) 2.07	7.99	9.52
Grilled halloumi-style cheese & roasted vegetable salad () (500) 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing	7.99	9.52
Burrito salad bowl ♥ 668 kcal Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies Add: Char-grilled chicken breast (187 kcal) 2.07 Chilli bean non-carne ♥ ② (149 kcal) 2.07	7.99	9.52
Pasta alfredo ♥ 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach,	9.20	10.73

Jacket potatoes includes a drink

With side salad and one filling. Extra fillings 1.32 each. Tuna mayo 592 kcal; Coleslaw V 559 kcal Cheese V 512 kcal

Add: Char-grilled chicken breast (187 kcal) 2.07

British beef & pancetta lasagne

Choose: Side salad 761 kcal; Chips 1295 kcal

sun-dried tomato, basil, rocket

Maple-cured bacon (91 kcal) 1.62

soft drink* Baked beans @ 59 566 482 kcal 7.15 each Chilli bean non-carne / @ 58 588 442 kcal Roasted vegetables @ 59 (500) 383 kcal

alcoholic drink*

11.30

8.68

9.77

soft drink* alcoholic drink*