#### **Desserts** Salted caramel sticky toffee pudding **V** 877 kcal 2.32 Millionaire's shortbread V 600 409 kcal Two vanilla ice cream scoops, shortbread biscuit, Relaian chocolate sauce toffee sauce 1.97 Vanilla ice cream V 334 kcal Two scoops, toffee sauce, Belgian chocolate sauce Cookie crunch V 500 364 kcal 1.97 Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce 3.13 Mini warm chocolate brownie V 600 435 kcal Belgian chocolate sauce, vanilla ice cream Mini warm cookie dough sandwich V 650 431 kcal 3.13 Salted caramel filling, toffee sauce, vanilla ice cream 4.71 Fresh fruit V 588 5555 470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream

Add: Vanilla ice cream scoop (135 kcal) 99p; Toffee sauce (66 kcal) 47p Belgian chocolate sauce (61 kcal) 47p; Banana (110 kcal) 60p Strawberries (27 kcal) 60p; Blueberries (27 kcal) 60p

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as: · Exclude those dishes containing certain allergens.

- See full lists of ingredients.
- · Set Calorie and carbohydrate limits. · List only vegan or vegetarian dishes.

Warm chocolate fudge cake V 909 kcal

Warm chocolate brownie 
736 kcal

Warm cookie dough sandwich **2727** kcal

British Bramley apple crumble **©** 673 kcal

Salted caramel filling, toffee sauce, vanilla ice cream

Relgian chocolate sauce vanilla ice cream

Vanilla ice cream

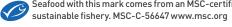
Vanilla ice cream

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

#### **DIETARY SYMBOLS**

= Very mild = Mild = Medium hot = Very hot = Extremely hot

Vegetarian Vegan 5% 5% fat or less 500 Dish under 500 Calories Seafood with this mark comes from an MSC-certified



Adults need around 2000 kcal a day.§

## wetherspoon hotels

Over 50 hotels and 1.329 rooms across England, Ireland, Scotland and Wales.

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Available only at jdwetherspoon.com, on the app or by phone.

Scan to find out more.



# BREAKFAST

6.59

4.99

2.99

2.99

6.59

4.99

2.99

2.99

1.99

5.29

5.29

5.29

2.99

2.99

2.99

3.49

1.15

98p

98p

1.73

1.67

57p

1.99

with drink without drink

2.49

Large breakfast 1343 kcal

two hash browns, slice of toast

Traditional breakfast 807 kcal

Small breakfast (500) 435 kcal

Add: Black pudding (178 kcal) 80p

Freedom breakfast 586 kcal

mushroom, tomato, two slices of toast

mushroom, tomato, slice of toast

Vegan breakfast @ 642 kcal

tomato, slice of toast, vegan spread

Sliced apple @ (46 kcal) 60p

Eggs Benedict 725 kcal

Hollandaise sauce, rocket

Hollandaise sauce, rocket

Hollandaise sauce rocket

Miner's Benedict 939 kcal

Porridge V 59 555 252 kcal (plain)

Mushroom Benedict V 638 kcal

Scrambled egg on toast **3** 570 kcal

Three eggs, buttered white bloomer toast

Beans on toast V 🚳 566 kcal

Fresh fruit @ 5% (500) 200 kcal

Apple, banana, blueberries, strawberries

Buttered white bloomer toast

Add any of the following:

Black pudding 178 kcal

Slice of toast V 225 kcal

Two mushrooms @ 100 kcal

Two scrambled eggs V 136 kcal

Two rashers of back bacon 131 kcal

Two grilled tomato halves @ 16 kcal

Tea and toast

V 524 kcal. White bloomer bread

Fried egg V 56 kcal

Vegetarian breakfast V 786 kcal

5.48

5.48

5.48

5.77

Two fried eggs, bacon, two Lincolnshire sausages, baked beans,

Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown

Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato

Two fried eggs, three yegan sausages, baked beans, three hash browns.

Two fried eggs, two vegan sausages, baked beans, two hash browns,

Small vegetarian breakfast (V) 69 (SSSS) 291 kcal

Fried egg, vegan sausage, baked beans, hash brown, tomato

Two vegan sausages, baked beans, two hash browns, mushroom,

Add: Banana (110 kcal) 60p; Strawberries (27 kcal) 60p

Two poached eggs, on an English muffin, with Wiltshire cured ham.

Blueberries (17 kcal) 60p; Honey (91 kcal) 30p

Two poached eggs, on an English muffin, with mushroom,

Two poached eggs, on an English muffin, with black pudding,

Vegan option available with vegan spread @ 53 (1987) 460 kcal

Apple, banana, blueberries, strawberries, Greek-style honey yoghurt

Lincolnshire sausage 168 kcal 1.15 Vegan sausage @ 82 kcal

Includes tea, coffee or hot chocolate. Free refills'

Two slices of toast with jam or marmalade

80p Hash brown @ 82 kcal

**1.23 Baked beans 126** kcal

98p Poached egg V 63 kcal

98p Hollandaise sauce V 299 kcal 1.92

Fresh fruit and yoghurt V 🕸 🐃 334 kcal

Breakfast extras

three hash browns, mushroom, two slices of toast

Fried egg, bacon, Lincolnshire sausage, baked beans,

Large vegetarian breakfast V 1129 kcal

#### **Breakfast butties and wraps** Bacon butty 574 kcal Three rashers of bacon, buttered white bloomer bread Sausage butty 714 kcal 2.69 Two Lincolnshire sausages, buttered white bloomer bread Vegetarian sausage butty V 541 kcal 2.69 Two vegan sausages, buttered white bloomer bread Vegan option available with vegan spread @ 520 5555 435 kcal Breakfast wrap 622 kcal 4.51 Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese Vegetarian breakfast wrap V 531 kcal 4.51 Fried egg, two vegan sausages, hash brown, Cheddar cheese **Breakfast muffin deal** Includes tea, coffee, hot chocolate (free refills°) or ANY soft drink°. Egg & cheese muffin V 249 kcal 3.31 Fried egg, American-style cheese, in an English muffin Egg & bacon muffin (500) 314 kcal 3.77 Fried egg, bacon, American-style cheese, in an English muffin Egg & sausage muffin (500) 417 kcal 3.77

Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin

Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin

Egg & vegetarian sausage muffin V 555 330 kcal

Breakfast muffin 650 482 kcal

Add: Hash brown @ (82 kcal) 51p

Fried egg, vegan sausage, American-style cheese, in an English muffin

## -Tea. coffee and hot chocolate-FREE REFILLS LAVATIA TEA. COFFEE AND **HOT CHOCOLATE** - ALL DAY EVERY DAY -Flat white 92 kcal White coffee 24 kcal Cappuccino V 102 kcal Hot chocolate V 169 kcal Latte V 113 kcal with semi-skimmed milk V 14 kcal Mocha V 147 kcal Dairy alternative: oat sachet @ 4 kcal

71p

71p

for the facts drinkaware.co.uk

Espresso @ 6 kcal

Riscuits

151 kcal

Black coffee @ 6 kcal

Walkers shortbread

Belgian chocolate

biscuit V 129 kcal

jdwetherspoon.com

Decaffeinated tea and coffee available.

Stem ginger biscuit

123 kcal

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com "Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. Statement of daily Calorie needs from the Department of Health & Social Care.

"Excluding decaffeinated. "Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml). "Choose from: Diet Pepsi, Pepsi, Pepsi Max or Pepsi Max cherry (398ml glass); apple, cranberry or orange juice (398ml glass); apple & raspberry or orange & passion fruit J2O; Brecon Carreg natural mineral water (still/sparkling 500ml bottle), blackcurrant, lime or orange standard cordial (398ml glass); blood orange or lemon Sanpellegrino (330ml can); Passion Fruit Cooler or Raspberry Refresher 0% cocktail (215ml glass); Monster Energy, Energy Ultra, Energy Ultra Peachy Keen, Energy Ultra Rosá, Mango Loco or Pipeline Punch (500ml can); Old lamaica ginger beer (330ml can); R White's raspberry lemonade (330ml can); Remedy kombucha raspberry lemonade (250ml can)

Main menu 11.30am - 11pm. Children's menu available.





3.77

3.99

## **Table service**

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



## **Food hygiene**

We have been awarded the maximum food hygiene rating of 5 in our pub.



### Sustainable fish The cod and haddock we serve

come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable



website and Wetherspoon app.

Adults need around 2000 kcal a day.§

Allergen and nutritional information can

be found on the customer information screen,

#### 100% UK and Irish beef

From farms in the UK and Ireland. Traceable from farm to fork.



#### Free-range eggs

**qoodfoodtalks** 

The spoken menu app for the visually impaired

opening menus for everybody

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



Traditional breakfast Breakfast 8am - 12 noon

£4.99

Tea, coffee and hot chocolate Free refills

£1.71

## Wings, bites and strips

£2.99 each

2 for £5.49 | 3 for £7.49

#### **Deli Deals**° INCLUDES A DRINK' • 1

Featuring southern-fried chicken wrap just-a-wrap, without a drink

£3.23

£4.41

alcoholic drink\* £5.94

### **Gourmet burger meals** INCLUDES A DRINK •

Featuring NEW The Big Smoke burger

£10.23

£11.76

alcoholic drink\*

#### **Afternoon deals** INCLUDES A DRINK

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips

soft drink\* £6.39 alcoholic drink\* £7.92

### 11" sourdough pizzas INCLUDES A DRINK

Featuring Margherita pizza soft drink\* alcoholic drink\*

£8.98

**£10.51** 

INCLUDES A DRINK' • **Choose from over 150 drinks** 

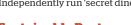
## Coffee The freshly ground 100% Arabica



Lavazza coffee<sup>tt</sup> we serve is from Rainforest Alliance-certified farms

#### **Award-winning** children's menu







**Sustainable Restaurant** Association



Awarded the highest rating in the world's largest sustainability certification for pubs

and restaurants, evaluating standards in 'sourcing, society and the environment'. wetherspoon hotels

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Over 50 hotels and 1,329 rooms across England, Ireland, Scotland and Wales



## Small plates Any 3 for £14.99

5.06
5.66
5.66
5.66
5.66
5.66
5.66
7.24
5.72
5.96
3.99
5.29
5.49
5.79
5.79
5.11
5.24
5.24
5.90
5.34

## Wings, bites and strips

Mix and match Chicken wings /// 555 407 kcal. Five spicy chicken wings	2.99 each
Chicken bites 161 kcal Five battered chicken breast pieces	2 for 5.49
Southern-fried chicken strips / 500 276 kcal Three chicken breast strips	3.47 3 for
<b>Quorn™ nuggets </b> 777 kcal. Five coated pieces	7.49

Add: Sweet chilli // @ (37 kcal); Naga chilli // @ (136 kcal) Jack Daniel's® Tennessee Honey glaze V (87 kcal) Chipotle mayo ♥♥♥ ♥ (150 kcal) BBQ sauce ② (83 kcal); Blue cheese ♥ (270 kcal) Garlic & herb dip (180 kcal) 99p each

## Deli Deals Includes a DRINK

#### All wraps and paninis are freshly made to order.

10" wraps	
Brunch wrap 559 kcal	
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-wrap,
Vegetarian brunch wrap V 545 kcal	without a drink
Fried egg, two vegan sausages, Cheddar cheese	3.23
Shawarma chicken FFF 502 kcal	each
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,	
tomato, onion, rocket	soft drink*
Quorn <sup>™</sup> nuggets Ø 😘 310 kcal	4.41
Salad leaves, tomato, cucumber, salsa	each
Southern-fried chicken FFF (399 kcal	alcoholic drink*
Salad leaves, smoky chipotle mayo	5.94
Cold chicken breast 🎢 🚳 📸 277 kcal	each
Salad leaves, sweet chilli sauce	

### Add: Small side salad @ (46 kcal): Small portion of chips @ (329 kcal) 1.13 each

Paninis
Cheddar cheese and tomato V 527 kcal
Wiltshire cured ham and Cheddar cheese 508 kcal
BBQ chicken, bacon and Cheddar cheese 586 kcal
Tuna mayo and Cheddar cheese 590 kcal
Nucleur of the skiller bedread accordance is been

each alcoholic drink\* 7.53 each

8" pizzas on a freshly baked sourdough base Choose any 8" pizza from the small plates section.

Fried halloumi-style cheese // V 555 391 kcal

Salad leaves, sweet chilli sauce, tomato, cucumbe

Add: Side salad (91 kcal); Spicy rice (208 kcal); Chips (602 kcal) 1.54 each

soft drink\*

6.00

### Burgers includes a drink

Beef burgers made with 100% British beef, freshly cooked to order.

Served with chips (add 602 kcal) or ask for a side salad @ (add 91 kcal). With red onion, gherkin, ketchup, American-style mustard. soft drink\* 8.03 American burger 529 kcal alcoholic drink\* 9.56 Two 3oz beef patties American cheese burger 609 kcal soft drink\* 8.60 Two 3oz beef patties, American-style cheese alcoholic drink\* 10.13

Served with chips (add 602 kcal) or ask for a side salad @ (add 91 kcal). With iceberg lettuce, tomato, red onion.

Classic beef burger 541 kcal soft drink\* Two 3oz beef patties 8.03 Fried buttermilk chicken burger 556 kcal each Breaded whole chicken breast fillet alcoholic drink\* Plant-based burger @ 447 kcal 9.56 Garlic & herh sauce each

Fried halloumi-style cheese burger 540 kcal Sweet chilli sauce

Small burgers Served with a small portion of chips (add 329 kcal) or ask for a small side salad ② (add 46 kcal). Small American burger 360 kcal. One 30z beef patty,		
red onion, gherkin, ketchup, American-style mustard  Small classic beef burger 372 kcal	soft drink*	
One 3oz beef patty, iceberg lettuce, tomato, red onion	each	
Chicken strip burger ≠ 440 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	alcoholic drink* 7.27 each	
Korean chicken strip burger 383 kcal Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce		

#### **Gourmet burgers**

American-style mustard

Served with six beer-battered onion rings (add 269 kcal) and chips (add 602 kcal) or ask for a side salad @ (add 91 kcal).

soft drink\* 6.34

alcoholic drink\* 7.87

With iceberg lettuce, tomato, red onion.

NEW Cheese meltdown burger 751 kcal

Small American cheese burger 400 kcal

American-style cheese, red onion, gherkin, ketchup,

Two 3oz beef patties, American-style cheese, smothered with Emmental & Cheddar cheese sauce

NEW The Big Smoke burger 657 kcal One 3oz beef patty, pulled BBQ beef brisket, American-style cheese, soft drink\* maple-cured bacon 10.23 NEW Buffalo burger PPP 937 kcal each Fried buttermilk chicken, blue cheese sauce, Naga chilli sauce, alcoholic drink\* American-style cheese, topped with a spicy chicken wing 11.76

NEW BBQ stack @ 440 kcal Plant-based patty, topped with onion rings and covered with BBQ sauce

Ultimate burger 852 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese,

signature burger sauce, gherkin Tennessee burger

Fried buttermilk chicken 734 kcal

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 720 kcal

Triple American cheese & bacon burger 908 kcal soft drink\* 11.68 Three 3oz beef patties, American-style cheese, maple-cured alcoholic drink\* 13.21 bacon, red onion, gherkin, ketchup, American-style mustard

## **Additional toppings**

99p BBQ sauce @ 83 kcal Maple-cured bacon with Cheddar cheese 173 kcal 2.24 Maple-cured bacon with American-style cheese 171 kcal 2.24 Cheddar cheese ♥ 82 kcal; American-style cheese ♥ 80 kcal Maple-cured bacon 91 kcal; Crunchy chicken strip ₱ 92 kcal each 1.62

Additional burger patties 3oz beef patty 168 kcal

Fried buttermilk chicken 351 kcal Fried halloumi-style cheese V 298 kcal Plant-based patty @ 152 kcal

Adults need around 2000 kcal a day.§

each **2.07** 

### Chicken includes a drink

NEW Sticky Korean fried chicken bowl / 8.79 10.32 Chicken strips, chicken breast bites, tossed in a Korean-style sauce, coriander, sliced chillies Choose: Coconut-flavour rice 867 kcal Chins 961 kcal NEW Sticky Korean fried Quorn™ 10.32 8.79 'no chicken' bowl 🖊 🧑 Eight coated pieces, tossed in a Korean-style sauce, coriander, sliced chillies Choose: Coconut-flavour rice 713 kcal Chips 808 kcal Boneless basket 🍠 Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Side salad 720 kcal Spicy rice 861 kcal

soft drink\* alcoholic drink\*

soft drink\*

8.98

each

alcoholic drink\*

10.51

each

11.67

each

Chips 1255 kcal Chicken bites basket with BBQ sauce Ten battered chicken breast pieces, coleslaw, BBQ sauce Choose: Side salad 605 kcal Spicy rice 🚳 741 kcal Chins 1140 kcal

Southern-fried chicken strips basket Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal Spicy rice 888 kcal

Chips 1282 kcal Quorn<sup>™</sup> 'no chicken' nuggets basket 🌮 💟

Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal Spicy rice 709 kcal Chips 1104 kcal

#### CULTURES INCLUDES A DRINK

Classic curries With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry **FF** @ 927 kcal

soft drink\* alcoholic drink\* Chicken tikka masala // 1190 kcal 10.14 each

Chicken jalfrezi FFF 520 935 kcal Beef Madras FFF 1043 kcal

Change your plain naan to a garlic naan (V) (add 92 kcal) 52p

Add: One vegetable samosa and two onion bhajis // @ (293 kcal) 1.86 Two plain poppadums @ (86 kcal) 52p

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu grilled chicken curry 58 542 kcal Sliced grilled chicken breast

soft drink\* alcoholic drink Katsu Quorn™ nugget curry @ 686 kcal 9.03 10.56 Eight coated pieces each each

Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet

## Jacket potatoes includes a drink

With side salad and one filling. Extra fillings 1.32 each

Tuna mayo 592 kcal Coleslaw V 559 kcal soft drink\* alcoholic drink\* Cheese V 512 kcal 7.15 8.68 each each Baked beans @ 5% 5555 482 kcal

Chilli bean non-carne / @ 59 59 442 kcal Roasted vegetables @ 58 583 kcal

Pub classics includes a drink of

Freshly battered fish and chips  Cod, peas 1240 kcal or mushy peas 1298 kcal	soft drink* 10.38	alcoholic drink* 11.91
Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	10.38	11.91
Add: Two slices of bread <b>(</b> 404 kcal) <b>1.44</b> Chip shop-style curry sauce <b>(</b> 118 kcal) <b>1.56</b>		
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips Add: Black pudding (178 kcal) <b>80p</b>	9.72	11.25
<b>Vegetarian all-day brunch ♥</b> 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	9.72	11.25
BBQ chicken melt Chicken breast, Cheddar cheese, bacon, BBQ sauce, peas, mushroom Choose: Side salad \$\infty\$ 600 kcal; Mediterranean salad 731 kcal Mashed potato 813 kcal; Jacket potato \$\infty\$ 848 kcal; Chips 1136	<b>10.38</b> kcal	11.91
<b>Steak &amp; kidney pudding</b> 1279 kcal Chips, peas, onion & red wine gravy	8.62	10.15
Bangers and mash 894 kcal Three Lincolnshire sausages, peas, onion & red wine gravy	8.62	10.15
Vegetarian bangers and mash ♥ 635 kcal Three vegan sausages, peas, onion & red wine gravy	8.62	10.15
<b>Wiltshire cured ham, eggs and chips</b> 856 kcal Two slices of Wiltshire cured ham, two fried eggs	8.03	9.56
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	7.73	9.26
Vegan sausages, chips and beans ⊚ 910 kcal Three vegan sausages	7.73	9.26
Chilli bean non-carne	8.62	10.15

## Afternoon deal

Mon - Fri, 2pm - 5pm Choose from the above oub classic meals.

soft drink\* alcoholic drink\* 7.57 9.10

#### **Small pub classics** INCLUDES A DRINK •

Small freshly battered fish and chips  Cod, peas 681 kcal or mushy peas 739 kcal	soft drink* <b>8.14</b>	alcoholic drink* 9.67
Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi	8.14	9.67
Add: Two slices of bread ♥ (404 kcal) 1.44 Chip shop-style curry sauce  (118 kcal) 1.56		
Small Wiltshire cured ham, egg and chips 655 455 kcal One slice of Wiltshire cured ham, fried egg	6.91	8.44
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) <b>80p</b>	6.91	8.44
Small vegetarian all-day brunch ♥ 611 kcal	6.91	8.44

## Afternoon deal

Two vegan sausages, fried egg, baked beans, chips

Mon - Fri, 2pm - 5pm Choose from the above small pub classic meals

soft drink\* alcoholic drink' 6.39 7.92

## 11"DIZZAS INCLUDES A DRINK

bourdough base - proved, stretched,		
topped and freshly baked to order.	soft drink*	alcoholic drink*
Margherita 👽 934 kcal. Mozzarella, basil	8.98	10.51
NEW Spicy chicken /// 1374 kcal. Mozzarella, spicy pulled chicken thigh,		
Naga chilli and garlic & herb sauces, rocket		
Pepperoni 1151 kcal, Mozzarella, pepperoni		

NEW Spicy chicken /// 1374 kcal. Mozzarella, spicy pulled chi Naga chilli and garlic & herb sauces, rocket	cken thigh,
Pepperoni  1151 kcal. Mozzarella, pepperoni Ham and mushroom 1011 kcal Mozzarella, ham, mushroom, rocket BBQ chicken 1097 kcal	soft drink* <b>10.14</b> each
Mozzarella, BBQ sauce, chicken breast, red onion, rocket  Roasted vegetable V 1028 kcal  Mozzarella, mushroom, roasted pepper, courgette, onion, basil	alcoholic drink 11.67 each
Vegan roasted vegetable @ \$2.709 kcal Mushroom, roasted pepper, courgette, onion, basil	

Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket **Additional toppings** Red onion 10 kcal; Sliced chillies 7777 3 kcal; Mushroom 4 kcal each 93p

12.85

each **1.25** 

each **1.63** 

11.32

Garlic & herb dip @ 180 kcal; Mozzarella V 150 kcal; Ham 71 kcal Chicken breast 94 kcal; Maple-cured bacon 91 kcal

Spicy meat feast **FFF** 1214 kcal

Pepperoni / 109 kcal; Roasted vegetables @ 90 kcal

## Noodles, salads and pastas INCLUDES A DRINK

	soft drink*	alcoholic drink
Ramen noodle bowl // @ \$2 \$555 466 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth	7.29	8.82
Chicken & maple-cured bacon salad Choose: Chicken breast 555 283 kcal Southern-fried chicken breast strips 555 465 kcal	8.99	10.52
Mediterranean salad © 555 334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper pumpkin seeds, basil, dressing	7.99	9.52
<b>Burrito salad bowl ♥</b> 668 kcal Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chip: guacamole, sliced chillies	<b>7.99</b>	9.52
Additional toppings:  Maple-cured bacon (91 kcal)  Tuna mayo (298 kcal)  Half chicken breast (93 kcal)  Fried buttermilk chicken (473 kcal)  NEW Spicy pulled chicken thigh (249 kcal)  Chilli bean non-carne (149 kcal)	bles 🥏 (90	
Pasta alfredo ♥ 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Chicken breast (187 kcal) 2.07 Maple-cured bacon (91 kcal) 1.62	9.20	10.73
British beef & pancetta lasagne	9.77	11.30

## Sides and extras

Garlic pizza bread V 8" 386 kcal 4.55

Onion rings 🥏

With cheese 🚺

Choose: Side salad 761 kcal: Chips 1295 kcal

Bowl of chips @ 964 KCal	3.9
Small bowl of chips @ 602 kcal	2.49
Five chicken wings <b>FFF</b> 407 kcal	2.99
Five chicken breast bites 161 kcal	2.99
Eight Whitby breaded scampi 464 kcal	5.19
Peas 🕖 133 kcal	99
Mushy peas V 248 kcal	99
Side salad @ 91 kcal	2.39
Mediterranean side salad 🧿 198 kcal	3.32
Roasted vegetables @ 135 kcal	1.63
Coleslaw V 399 kcal	1.50
Sliced chillies FFFF @ 3 kcal	93

Six 269 kcal 2.43

8" 473 kcal 5.13

**Twelve** 538 kcal **3.65 11**" 772 kcal **5.72** 11" 922 kcal 6.59