## Desserts

Choux pastry filled with vanilla cream, Belgian chocolate sauce, strawberry	5.48
<b>NEW</b> Salted caramel sticky toffee pudding <b>V</b> 877 kcal Vanilla ice cream	5.72
<b>NEW Millionaire's shortbread ()</b> (555) 409 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	2.32
<b>Vanilla ice cream (V) (555)</b> 334 kcal Two scoops, toffee sauce, Belgian chocolate sauce	1.97
Cookie crunch V 쨼 364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.97
<b>Mini warm chocolate brownie (V) (555</b> kcal Belgian chocolate sauce, vanilla ice cream	3.13
Mini warm cookie dough sandwich 👽 🐻 431 kcal Salted caramel filling, toffee sauce, vanilla ice cream	3.13
<b>Fresh fruit (V)</b> (3) (30) 470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	4.71
Warm chocolate fudge cake V 909 kcal Vanilla ice cream	5.48
Warm chocolate brownie V 736 kcal Belgian chocolate sauce, vanilla ice cream	5.48
Warm cookie dough sandwich V 727 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.48
British Bramley apple crumble V 673 kcal Vanilla ice cream	5.77
•••••••••••••••••••••••••••••••••••••••	

Add: Vanilla ice cream scoop 💟 (135 kcal) 99p; Toffee sauce 💟 (66 kcal) 47p Belgian chocolate sauce (61 kcal) 47p; Banana (61 kcal) 60p Strawberries (27 kcal) 60p; Blueberries (27 kcal) 60p

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as: • Exclude those dishes containing certain allergens.

- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish

#### DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot **FFFF** = Extremely hot Vegetarian ØVegan 5% fat or less 55 Dish under 500 Calories Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

# wetherspoon hotels

Over 50 hotels and 1,329 rooms across England, Ireland, Scotland and Wales.

# **Book direct.**

Available only at jdwetherspoon.com, on the app or by phone.

# Scan to find out more.

# Served BREAKFAST 8am - 12 noon

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	7.
<b>Traditional breakfast</b> 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	5.
<b>Small breakfast ()))</b> 435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	3.
Add: Black pudding (178 kcal) <b>80p</b>	
<b>Freedom breakfast</b> 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	3.
Large vegetarian breakfast ♥ 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	7.
<b>Vegetarian breakfast                                    </b>	5.
<b>Small vegetarian breakfast (V 😳 🐯)</b> 291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	3.
<b>Vegan breakfast @</b> 642 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	3.
Porridge ♥ ֎  252 kcal (plain) Add: Banana @ (110 kcal) 60p; Strawberries @ (27 kcal) 60p Blueberries @ (17 kcal) 60p; Honey ♥ (91 kcal) 30p Sliced apple @ (46 kcal) 60p	1.
<b>Eggs Benedict</b> 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	6.
Mushroom Benedict 🔮 638 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	6.
Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	6.
Scrambled egg on toast ♥ 570 kcal Three eggs, buttered white bloomer toast	3.
Beans on toast V 😨 566 kcal. Buttered white bloomer toast	3.
Small beans on toast 💟 🥸 🐨 252 kcal Buttered white bloomer toast	2.
Two slices of toast with jam or marmalade Ѵ 524 kcal White bloomer bread	1.
<b>Fresh fruit @ </b> 38 (337) 200 kcal Apple, banana, blueberries, strawberries	2.
▶ ► ► ► ► ► ► ► ► ► ► ► ► ► ► ► ► ► ► ►	3.

# **Breakfast extras**

Add any of the following:			
Black pudding 178 kcal	80p	Hash brown ⊘ 82 kcal	51p
Lincolnshire sausage 168 kcal	1.15	<b>Vegan sausage </b> 82 kcal	1.15
Slice of toast 🕐 225 kcal	1.23	Baked beans ⊘ 126 kcal	98p
Fried egg V 56 kcal	98p	Poached egg V 63 kcal	98p
Two scrambled eggs 父 136 kcal			1.73
Two rashers of back bacon 131 kcal			1.67
Four rashers of maple-cured bacon 91 kcal			1.62
Two mushrooms 🧭 100 kcal			98p
Two grilled tomato halves @ 16 kcal			57p

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com <sup>o</sup>Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. <sup>s</sup>Statement of daily Calorie needs from the Department of Health & Social Care. <sup>1</sup>Excluding decaffeinated. \*Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in a ee houses, except Northern Ireland (35ml)

#### **Breakfast butties and wraps** Bacon butty 574 kcal 3.69 Three rashers of bacon, buttered white bloomer bread 3.69 Sausage butty 714 kcal Two Lincolnshire sausages, buttered white bloomer bread 3.69 Vegetarian sausage butty V 541 kcal Two vegan sausages, buttered white bloomer bread NEW Vegan option available with vegan spread @ 58 (566) 435 kcal Breakfast wrap 724 kcal 5.08 Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese 5.08 Vegetarian breakfast wrap 🔮 735 kcal Fried egg, two vegan sausages, two hash browns, Cheddar cheese **Breakfast muffin deal** Includes teal coffee or hot chocolate Free refills"

includes lea, conee of not chocolate. Free remis		
<b>Egg &amp; cheese muffin V (555)</b> 249 kcal Fried egg, American-style cheese, in an English muffin	3.31	
<b>Egg &amp; bacon muffin (567)</b> 314 kcal Fried egg, bacon, American-style cheese, in an English muffin	3.77	
<b>Egg &amp; sausage muffin (555)</b> 417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	3.77	
<b>Egg &amp; vegetarian sausage muffin V</b> (555) 330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	3.77	
Breakfast muffin (555) 482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffi	<b>3.99</b>	
Add: Hash brown 🥥 (82 kcal) <b>51p</b>		





Flat white V 92 kcal Cappuccino V 102 kcal Latte V 113 kcal Mocha V 147 kcal	puccino ♥ 102 kcal Hot chocolate ♥ 169 kcal e ♥ 113 kcal Tea		
Espresso @ 6 kcal Black coffee @ 6 kcal		Dairy alternative: oat sachet 🥏 Decaffeinated tea and coffee av	
Biscuits			
Walkers shortbread ♥ 151 kcal	71p	Stem ginger biscuit 123 kcal	71p
Belgian chocolate piscuit 🔇 129 kcal	71p	Salted caramel brownie bar 🕐 316 kcal	1.64

for the facts drinkaware.co.uk 🦃

#### idwetherspoon.com ≥ SIMNOGRILI >

FOOD HYGIENE RATING

· 100% · RFFF



Allergen and nutritional information can be found on the customer information screen, website and Wetherspoon app.

Adults need around 2000 kcal a day.§



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wetherspoon hotels



## Small plates Any 3 for £14.99

Dillar places linky biol 2 1.55	
8" pizzas. Sourdough base - proved, stretched, topped and freshly baked to order.	
Margherita V ‱ 467 kcal. Mozzarella, basil	6.76
Pepperoni // 575 kcal	7.35
Mozzarella, pepperoni	
Ham and mushroom 505 kcal	7.35
Mozzarella, ham, mushroom, rocket	
BBQ chicken 555 kcal	7.35
Mozzarella, BBQ sauce, chicken breast, red onion, rocket	
Roasted vegetable 💟 514 kcal	7.35
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	
Vegan roasted vegetable @ 355 kcal	7.35
Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast //// 615 kcal	7.95
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.75
11" garlic pizza bread V 772 kcal	5.72
Nachos 💴 🗸 😯 695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	6.24
Bowl of chips 🥏 964 kcal	3.99
Bowl of chips with curry sauce 🥥 1082 kcal	5.29
Cheesy chips 💟 1256 kcal	5.49
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	5.79
•••••••••••••••••••••••••••••••••••••••	•••••
With any of the small plates below, choose one dip:	
Sweet chilli <b>//</b> 37 kcal; Sticky soy 100 kcal; Naga chilli <b>//</b> 37 kcal; Sticky soy 100 kcal; Naga chilli <b>/</b> 150 kcal; Sticky soy 100	
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo <b>///</b> ♥ 150 kc Blue cheese ♥ 270 kcal; BBQ sauce Ø 83 kcal	al
	F 0/
Halloumi-style fries V 🐻 396 kcal	5.34

	0.04
Chicken bites (555) 322 kcal. Ten battered chicken breast pieces	6.46
Southern-fried chicken strips 🖉 🚟 459 kcal. Five chicken breast strips	6.46
Chicken wings 🕬 813 kcal. Ten spicy chicken wings	7.14
Quorn <sup>™</sup> nuggets @  331 kcal. Eight coated pieces	6.18

### Deli Deals<sup>®</sup> INCLUDES A DRINK

All wraps and paninis are freshly made to order.

NEW 10" wraps A smaller wrap and filling. Small brunch wrap 559 kcal		
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-wrap,	
<b>Small vegetarian brunch wrap ⊘</b> 545 kcal Fried egg, two vegan sausages, Cheddar cheese	without a drink <b>4.37</b> each	
Small shawarma chicken 🕬 502 kcal		
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	soft drink* 5.55	
Small Quorn <sup>™</sup> nuggets ⊘ 📅 310 kcal	each	
Salad leaves, tomato, cucumber, salsa	alcoholic drink*	
Small southern-fried chicken //// (555) 399 kcal Salad leaves, smoky chipotle mayo	<b>7.08</b> each	
Small fried halloumi-style cheese ♥♥ ♥ (20) 391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber Add: Small side salad @ (46 kcal); Small portion of chips @ (329 kcal) 1.13 each		

soft drink\*

7.15

each

alcoholic drink\*

8.68

each

#### 12" wraps

NEW Shawarma chicken **FFF** 719 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

Quorn<sup>™</sup> nuggets Ø ഈ 508 kcal. Tomato, cucumber, salsa

Southern-fried chicken **FFF** 609 kcal Salad leaves, smoky chipotle mayo Fried halloumi-style cheese **FF** • 707 kcal

Salad leaves sweet chilli sauce tomato cucumber

### **Paninis**

Cheddar cheese and tomato 👽 527 kcal Wiltshire cured ham and Cheddar cheese 508 kcal BBQ chicken, bacon and Cheddar cheese 586 kcal

8" pizzas on a freshly baked sourdough base Choose any 8" pizza from the small plates section.

Add: Side salad (91 kcal); Spicy rice (208 kcal) Chips @ (602 kcal) 1.54 each

Adults need around 2000 kcal a day.§

#### Burgers Includes A DRINK Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).
American burger 696 kcal

Red onion, gherkin, ketchup, American-style mustard		
	soft drink*	alcoholic drin
Classic beef burger 677 kcal	6.91	8.44
Iceberg lettuce, tomato, red onion	each	each

### Skinny beef burger (500) 375 kcal

Iceberg lettuce, tomato, red onion, with a side salad, instead of chips

***************************************			
<b>American cheese burger</b> 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* up, alcoholic drink*		50 03
Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).			
Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1119 kcal	soft drink* <b>9.18</b> each	alcoholic drin <b>10.71</b> each	ık*
Iceberg lettuce, tomato, red onion         Double American cheese burger 1207 kcal         American-style cheese red onion gherkin ketchun         alcoholic drink*			

# American-style mustard

#### **Chicken burgers** Served with a small portion of chips (329 kcal, included in the Calories below). Crunchy chicken strip burger **/** 776 kcal soft drink\* **6.91** Two southern-fried chicken strips, iceberg lettuce, mayonnaise alcoholic drink\* 8.44

Served with chips (602 kcal, included in Calories below).		
Fried buttermilk chicken burger 1255 kcal	soft drink*	9.18
Breaded whole chicken breast fillet	alcoholic drink* 1	10.71

#### **Meat-free burgers**

Served with chips (602 kcal, included in Calories below).

Beyond Burger™ 🧭 1043 kcal	
BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce	soft drin <b>9.18</b>
Fried halloumi-style cheese burger	each
1118 kcal. Sweet chilli sauce	

#### 11" pizzas includes a drink"

Sourdough base - proved, stretched, topped and freshly baked to order. soft drink\* alcoholic drink\*

Margherita 💟 934 kcal. Mozzarella, basil	10.14	11.67
Pepperoni /// 1151 kcal Mozzarella, pepperoni		
<b>Ham and mushroom</b> 1011 kcal Mozzarella, ham, mushroom, rocket		soft drink* 11.32
<b>BBQ chicken</b> 1097 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	alo	each coholic drink*
Roasted vegetable 🛿 1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil		<b>12.85</b> each
<b>Vegan roasted vegetable @</b> 109 kcal Mushroom, roasted pepper, courgette, onion, basil		
Spicy meat feast <b>FFF</b> 1214 kcal 1 Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	2.48	14.01

Additional toppings
Red onion 🥏 10 kcal
Sliced chillies FFFF @ 3 kcal
Mushroom Ø 4 kcal each 93p
•••••••••••••••••••••••••••••••••••••••
Garlic & herb dip 🥝 180 kcal
Mozzarella 🕐 150 kcal
Ham 71 kcal
Chicken breast 94 kcal
Maple-cured bacon 91 kcaleach 1.25
•••••••••••••••••••••••••••••••••••••••
Pepperoni 🎢 109 kcal

Roasted vegetables Ø 90 kcal

Gourmet burgers Served with chips, six onion rings (871 kcal, included in Calori Ultimate burger 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger	
Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1567 kcal Fried buttermilk chicken 1703 kcal BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal	soft drink* <b>11.39</b> each alcoholic drink* <b>12.92</b>
Fried buttermilk chicken 1780 kcal Fiesta burger @ 1380 kcal BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion	each
Triple American cheese & bacon burger 1770 kcal so Three 3oz beef patties, American-style cheese, alcoholi maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	ft drink* <b>12.84</b> ic drink* <b>14.37</b>
Just-a-burger Served on its own, without chips or a drink. American burger (30) 367 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger / (30) 447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	each <b>4.66</b>
Additional toppings and burger patties Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 Cheddar cheese 8 82 kcal American-style cheese 8 69 kcal Maple-cured bacon 91 kcal Crunchy chicken strip 92 kcal	1.62 1.62 1.62 1.60
3oz beef patty 168 kcal Fried buttermilk chicken 473 kcal Fried halloumi-style cheese ♥ 298 kcal Sevond MEAT patty @ 184 kcal	each <b>2.07</b>

# CICKEN INCLUDES A DRINK

Chicken on the bone is marinated, slow cooked and finished on the char-grill.

#### Peri-peri char-grilled half chicken

Lemon and herb 🕖	
Char-grilled in a lemon & herb glaze	soft drink*
Coleslaw, garlic & herb dip	<b>12.31</b>
Choose:	each
Side salad 918 kcal; Mediterranean salad 1048 kcal	alcoholic drink*
Spicy rice 1059 kcal; Chips 1453 kcal	<b>13.84</b>
Hot and spicy ###	each
Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Chips 1423 kcal	

#### **Chicken baskets**

alcoholic drink\*

10.71 each

each **1.63** 

Boneless basket 🖊 Three southern-fried chicken strips, five chicken breast bites, coleslaw BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal

Chicken bites basket	
Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice 🐵 763 kcal; Chips 1157 kcal	
Southern-fried chicken strips basket 🖊	

Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal

Quorn<sup>™</sup> 'no chicken' nuggets basket 🖊 🔍 Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

Coleslaw

Cheese V

Baked bea

# Small

# Fish and

Small fres Peas 681 kcal

Small Whi Chips, peas 62 Four Whitby br

.hhA

Small Wilts egg and ch One slice of W

Small all-Lincolnshire sa Add: Black pud

Small vege Two vegan sau

Mon - Fri, 2pm - 5p

# Pub

**Fish and** Freshly ba

Peas 1240 kca Whitby br Chips, peas 1 Eight Whitby b

> Add: Two slices of bread V (404 kcal) 1.44 Chip shop-styl

All-day br Two fried eggs, baked beans, o Add: Black pud

Vegetariar Two fried eggs Wiltshire

Two slices of V

Sausages Three Lincolns

Vegan sau Three vegan s

soft drink\*

10.14

each

alcoholic drink\*

11.67

each

**NEW** Chill Red peppers, r smoky chipotle

Afternoon deal Mon - Fri, 2pm - 5pm Choose from the above pub classic meals.

#### Jacket potatoes Includes A DRINK

With side salad and one filling. Extra fillings 1.32 each

V 559	kcal
-------	------

512 kcal	soft drink*	alcoholic drink*
ans 🥏 🤫 號 482 kcal	<b>8.31</b> each	<b>9.84</b> each

Chilli bean non-carne 🖊 🤕 5 442 kcal

Roasted vegetables ⊘ 🥯 🐯 383 kcal

pubo	lassi	<b>ICS</b>	INCLUDES A DRINK" 🖡

chips	soft drink*	alcoholic drink*
shly battered cod and chips 🤣 or mushy peas 739 kcal	9.31	10.84
i <b>tby breaded scampi</b> 9 kcal or mushy peas 686 kcal. readed scampi	9.31	10.84

#### Two slices of bread 💟 (404 kcal) 1.44 Chip shop-style curry sauce (118 kcal) 1.56

<b>tshire cured ham,</b> hips 쨼 455 kcal iltshire cured ham, fried egg	8.10	9.63
<b>day brunch</b> 681 kcal ausage, bacon, fried egg, baked beans, chips <b>dding</b> (178 kcal) <b>80p</b>	8.09	9.62
<b>etarian all-day brunch </b> 611 kcal ısages, fried egg, baked beans, chips	8.09	9.62

soft drink\* alcoholic drink\*

9.10

7.57

# Afternoon deal

1, 2pm - 5pm	
n the above small	pub classic meals.

chips	soft drink*	alcoholic drin			
attered cod and chips 🧭 al or mushy peas 1298 kcal	11.55	13.08			
r <b>eaded scampi</b> 135 kcal or mushy peas 1192 kcal. breaded scampi	11.55	13.08			

<b>/le curry sauce @</b> (118 kcal) <b>1.56</b>		
r <b>unch</b> 1245 kcal s, bacon, two Lincolnshire sausages, chips <b>dding</b> (178 kcal) <b>80p</b>	10.90	12.43
<b>n all-day brunch (V)</b> 1023 kcal s, three vegan sausages, baked beans, chips	10.90	12.43
<b>cured ham, eggs and chips</b> 856 kcal Wiltshire cured ham, two fried eggs	9.21	10.74
<b>, chips and beans</b> 1170 kcal shire sausages	8.91	10.44
<b>isages, chips and beans @</b> 910 kcal ausages	8.91	10.44
<b>li bean non-carne /</b> @ ጭ 635 kcal red kidney and black turtle beans, e sauce, rice, tortilla chips	9.79	11.32

soft drink\*

8.74

alcoholic drink

10.27

Curries includes a drink **Classic curries** With basmati pilau rice, plain naan and poppadums. Mangalorean roasted cauliflower & spinach curry **//** 🙆 🧐 927 kcal soft drink\* alcoholic drink\* Chicken tikka masala 🖊 1190 kcal 11.32 12.85 each each Chicken jalfrezi 💴 🚳 935 kcal Beef Madras //// 1043 kcal

Change your plain naan to a garlic naan 💟 (add 92 kcal) 52p

Add: One vegetable samosa and two onion bhajis **//** @ (293 kcal) **1.86** Two plain poppadums @ (86 kcal) 52p

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander

soft drink\*

10.20

each

alcoholic drink\*

11.73

each

Katsu grilled chicken curry 😳 542 kcal Sliced chicken breast

Katsu Quorn<sup>™</sup> nugget curry Ø 686 kcal Eight coated pieces

#### Katsu chicken curry 828 kcal

Sliced whole breaded chicken breast fillet

#### Noodles, salads and pastas INCLUDES A DRINK

	soft drink*	alcoholic drink*
NEW Ramen noodle bowl // @ @ & 666 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Chicken breast (93 kcal) 1.25 Poached egg @ (63 kcal) 98p	9.29	10.82
Chicken & maple-cured bacon salad Choose: Chicken breast (56) 283 kcal Southern-fried chicken breast strips (56) 465 kcal	9.49	11.02
Mediterranean salad (2) (3334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red peppe cherry tomatoes, pumpkin seeds, basil, dressing Add: Roasted vegetables (2) (90 kcal) 1.63 Chicken breast (187 kcal) 2.07	<b>8.49</b> r,	10.02
Pasta alfredo ♥ 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Chicken breast (187 kcal) 2.07 Maple-cured bacon (91 kcal) 1.62	10.33	11.86
British beef & pancetta lasagne Choose: Side salad 761 kcal; Chips 1295 kcal	10.90	12.43
Sides and extras		
Bowl of chips 🥥 964 kcal (Add: Spicy seasoning 🧭 (7 kcal) 3	39p)	3.99
Small bowl of chips 🧭 602 kcal		2.49
Five chicken wings 🕬 407 kcal		2.99
NEW Five chicken breast bites 161 kcal		2.99
Eight Whitby breaded scampi 464 kcal		5.19
Peac 🙆 133 kcal		99n

Eight whitby breaded scampi 464 Kcal	5.17	
Peas 🥏 133 kcal	99p	
Mushy peas 🔍 248 kcal	99p	
Side salad 🥝 91 kcal	2.39	
Mediterranean side salad 🤕 198 kcal	3.32	
Roasted vegetables 🧭 135 kcal	1.63	
Coleslaw 🔇 399 kcal	1.50	
Sliced chillies FFFF @ 3 kcal	93p	
Six onion rings 🥥 269 kcal	2.43	
Twelve onion rings 🧭 538 kcal	3.65	
8" garlic pizza bread 🔇 386 kcal	4.55	Σ
8" garlic pizza bread with cheese 💟 473 kcal	5.13	5
11" garlic pizza bread V 772 kcal	5.72	
11" garlic pizza bread with cheese 🕐 922 kcal	6.59	