# BREAKFAST

## Served 8am - 12 noon

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans,	7.59
three hash browns, mushroom, two slices of toast	
Traditional breakfast 807 kcal	5.99
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toas	st
	3.99
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	
Add: Two slices of black pudding (355 kcal) 1.61	
Freedom breakfast 586 kcal	3.99
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
Large vegetarian breakfast 👽 1129 kcal	7.59
Two fried eggs, three vegan sausages, baked beans, three hash browns,	
mushroom, tomato, two slices of toast	
Vegetarian breakfast V 786 kcal	5.99
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
Small vegetarian breakfast (V 50) (50) 291 kcal	3.99
Fried egg, vegan sausage, baked beans, hash brown, tomato	3.77
Vegan breakfast @ 642 kcal	3.99
Two vegan sausages, baked beans, two hash browns, mushroom,	0.77
tomato, slice of toast, vegan spread	
Porridge V 5% 5000 252 kcal (plain)	1.99
Add: Banana @ (110 kcal) 60p; Strawberries @ (27 kcal) 60p	
Blueberries <b>⊘</b> (17 kcal) <b>60p</b> ; Honey <b>∨</b> (91 kcal) <b>30p</b> ;	
Sliced apple 🥝 (46 kcal) 60p	
	6.65
Two poached eggs, lightly spiced Mediterranean tomato & pepper sauce,	
rocket, toasted ciabatta Add: Maple-cured bacon (91 kcal) 1.62	
	6.65
<b>Eggs Benedict</b> 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham,	0.00
Hollandaise sauce, rocket	
Mushroom Benedict <b>©</b> 638 kcal	6.65
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	0.00
	6.65
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	
NEW Hash brown basket @ 5555 410 kcal	2.14
Scrambled egg on toast V 570 kcal	3.99
Three eggs, buttered white bloomer toast	
Beans on toast 👽 🚳 566 kcal. Buttered white bloomer toast	3.92
NEW Vegan option available with vegan spread @ 🚳 😘 460 kcal	
Two slices of toast with jam or marmalade V 524 kcal	1.99
White bloomer bread	
Fresh fruit @ 53 555 200 kcal. Apple, banana, blueberries, strawberries	2.99
	3.49
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	

## Tea, coffee and hot chocolate-

REFILLS

TEA, COFFEE AND HOT CHOCOLATE



Cappuccino 102 kcal Latte V 113 kcal Mocha V 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee 24 kcal Hot chocolate 169 kcal Tea with semi-skimmed milk V 14 kcal Dairy alternative: oat sachet @ 4 kcal

Decaffeinated tea and coffee available

Flat white V 92 kcal

**Biscuits** Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit 29 kcal 71p Salted caramel brownie bar 316 kcal 1.64

### **Breakfast extras**

Add any of the following: Lincolnshire sausage 168 kcal 1.15 Vegan sausage @ 82 kcal Fried egg V 56 kcal Baked beans @ 126 kcal Two hash browns 164 kcal 1.02 Poached egg V 63 kcal 98p Two slices of black pudding 355 kcal 1.61 Two mushrooms @ 100 kcal 98p 1.73 Two scrambled eggs V 136 kcal Two rashers of back bacon 131 kcal 1.67 Two grilled tomato halves @ 16 kcal

## **Breakfast butties and wraps**

<b>Bacon butty</b> 574 kcal Three rashers of bacon, buttered white bloomer bread	3.69
Sausage butty 714 kcal	3.69
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty V 541 kcal	3.69
Two vegan sausages, buttered white bloomer bread	
NEW Vegan option available with vegan spread 🥥 🚳 🗺 435 kcal	
Breakfast wrap 724 kcal	5.08
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
<b>Vegetarian breakfast wrap </b> ♥ 735 kcal Fried egg, two vegan sausages, two hash browns, Cheddar cheese	5.08

#### **Breakfast muffin deal**

Includes tea, coffee or hot chocolate. Free refills <sup>®</sup> Egg & cheese muffin V 249 kcal  Fried egg, American-style cheese, in an English muffin	4.47
<b>Egg &amp; bacon muffin</b> 333 314 kcal Fried egg, bacon, American-style cheese, in an English muffin	4.93
<b>Egg &amp; sausage muffin</b> 333 417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	4.93
<b>Egg &amp; vegetarian sausage muffin ♥ (%%)</b> 330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	4.93
Breakfast muffin 6555 482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	4.99
Add: Two hash browns @ (164 kcal) 1.02	

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements,

• Exclude those dishes containing certain

- See full lists of ingredients.
- Set Calorie and carbohydrate limits. • List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens

#### **DIETARY SYMBOLS**

= Very mild = Mild = Medium hot = Very hot = Extremely hot

Vegetarian Vegan 525% fat or less 5500 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

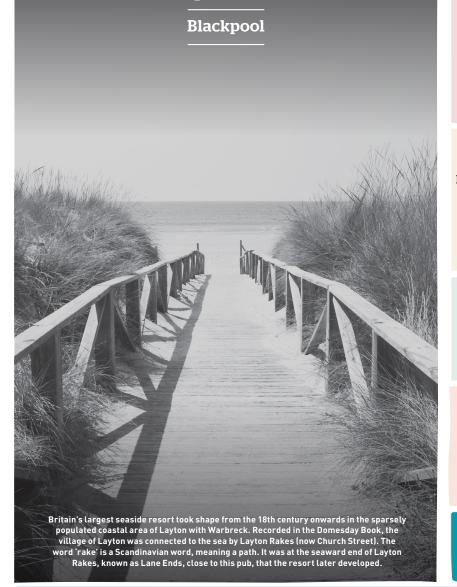
Adults need around 2000 kcal a day.§

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. Statement of daily Calorie needs from the Department of Health & Social Care. "Excluding decaffeinated. \*Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in al free houses, except Northern Ireland (35ml)

drinkaware.co.uk 🕏 idwetherspoon.com = 

Main menu 11.30am - 11pm. Children's menu available.

## **The Layton Rakes**



## **Breakfast**

8am - 12 noon

Traditional breakfast

£5.99

Tea, coffee and hot chocolate Free refills

£1.71

#### **Deli Deals** INCLUDES A DRINK .

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink

£5.79

£7.55

## **Burger meals**

INCLUDES A DRINK Featuring 3oz American burger

£6.79

£8.55

## **Curry Club**

INCLUDES A DRINK Thursday 11.30am - 11pm

Featuring the katsu curry range

£9.97

£11.73

INCLUDES A DRINK\* • Choose from over 150 drinks



## Table service

Download the Wetherspoon app or scan this QR code. Or note your table number and order at the bar.



Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



## **Food hygiene**

100% UK and

From farms in the UK

and Ireland, prime beef

steaks matured for 28

days. Traceable from

Irish beef

farm to fork

We have been awarded the maximum food hygiene rating of 5 in our pub.



#### Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable



#### Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



The freshly ground 100% Arabica Lavazza coffee<sup>tt</sup> we serve is from Rainforest Alliance-certified farms



**Award-winning** children's menu

Independently run 'secret diner' survey.



#### **Sustainable Restaurant Association**

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment

Allergen and nutritional information can be found on the customer information screen, website and Wetherspoon app.

Adults need around 2000 kcal a day.§





**Book direct.** Available only at jdwetherspoon.com, on the app or by phone.



	.99
8" pizzas. Sourdough base - proved, stretched, topped and freshly baked to order.	
Margherita V (367) 467 kcal. Mozzarella, basil	6.76
Spicy chicken 777 706 kcal	7.35
Mozzarella, spícy pulled chicken thigh, Naga chilli and garlic & herb sauces, Pepperoni ♥♥ 575 kcal. Mozzarella, pepperoni	rocket <b>7.35</b>
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rock	
BBQ chicken 555 kcal. Mozzarella, BBQ sauce, chicken breast, red onio	
Roasted vegetable V 514 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	7.35
Vegan roasted vegetable @ 👀 😘 355 kcal	7.35
Mushroom, roasted pepper, courgette, onion, basil	= -
Spicy meat feast /// 615 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.95
• • • • • • • • • • • • • • • • • • • •	F 770
11" garlic pizza bread ♥ 772 kcal Nachos /// ♥ 695 kcal. Cheese, guacamole, salsa, sour cream, sliced	5.72 chillies <b>5.96</b>
Add: Spicy pulled chicken thigh 🖊 (249 kcal) 3.09	
Bowl of chips @ 964 kcal	3.99
<b>TEW</b> Shawarma-chicken-topped chips <b>FFF</b> 1387 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces	5.79
Bowl of chips with curry sauce @ 1082 kcal	5.29
Cheesy chips V 1256 kcal	5.49
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	5.79
With any of the small plates below, choose one dip:	- 400
NEXT Korean-style dip 👽 96 kcal; Sweet chilli 🖊 🧑 37 kcal; Sticky Naga chilli 🖊 🖊 🚳 136 kcal; Jack Daniel's® Tennessee Honey glaze 💟	
Chipotle mayo PPP © 150 kcal; Blue cheese © 270 kcal; BBQ sauce (	
Halloumi-style fries 🔮 \varpi 396 kcal	6.35
Chicken bites 332 kcal. Ten battered chicken breast pieces	6.63
Southern-fried chicken strips (***) 459 kcal. Five chicken bre Chicken wings (**) 813 kcal. Ten spicy chicken wings	ast strips <b>6.58</b> <b>7.14</b>
Quorn™ nuggets @ \$550 331 kcal. Eight coated pieces	7.14 6.18
- January Company of the Company of	3.10
Deli Deals <sup>®</sup> INCLUDES A DRINK.	
All wraps and paninis are freshly made to order.	
VEW 10" wraps A smaller wrap and filling.	
Small Korean fried chicken 384 kcal Iceberg lettuce, cucumber, coriander, Korean-style sauce	
iceberg tettuce, cucumber, condition, Norean-Style Sauce	just-a-wrap, without a drink
	without a drink 4.94
Small shawarma chicken <b>FFF</b> 502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,	without a drink
Small shawarma chicken	without a drink 4.94 each soft drink*
Small shawarma chicken <b>FFF</b> 502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,	without a drink 4.94 each
Small shawarma chicken	without a drink 4.94 each soft drink* 5.79
Small shawarma chicken	without a drink 4.94 each  soft drink* 5.79 each alcoholic drink* 7.55
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Small shawarma chicken      502 kcal	without a drink 4.94 each  soft drink* 5.79 each alcoholic drink* 7.55 each
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Small shawarma chicken  \$\tilde{\textit{f}} \) 502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets  \$\tilde{\textit{g}} \) 310 kcal Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken  \$\tilde{\textit{f}} \) 399 kcal Salad leaves, smoky chipotle mayo  Small fried halloumi-style cheese  \$\tilde{\textit{f}} \) 399 kcal Salad leaves, sweet chilli sauce, tomato, cucumber  Add: Small side salad  \$\tilde{\text{g}} \) (46 kcal); Small portion of chips  \$\tilde{\text{g}} \) (329 kcal)  12" wraps  12" Wraps  12" Korean fried chicken 618 kcal leeberg lettuce, cucumber, coriander, Korean-style sauce  12" Shawarma chicken  \$\tilde{\text{f}} \) 719 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Quorn™ nuggets  \$\tilde{\text{s}} \) 508 kcal. Tomato, cucumber, salsa  Southern-fried chicken  \$\tilde{\text{f}} \) 609 kcal Salad leaves, smoky chipotle mayo	without a drink 4.94 each  soft drink* 5.79 each  alcoholic drink* 7.55 each  1.13 each
Small shawarma chicken  \$\ni\$ 502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets  \$\otin\$ 370 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken  \$\ni\$ 399 kcal  Salad leaves, smoky chipotle mayo  Small fried halloumi-style cheese  \$\ni\$ 391 kcal  Salad leaves, sweet chilli sauce, tomato, cucumber  Add: Small side salad  \$\otin\$ (46 kcal); Small portion of chips  \$\otin\$ (329 kcal) \$\otin\$  12" wraps  12" Korean fried chicken 618 kcal  Iceberg lettuce, cucumber, coriander, Korean-style sauce  12" Shawarma chicken  \$\ni\$ 719 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Quorn™ nuggets \$\otin\$ 508 kcal. Tomato, cucumber, salsa  Southern-fried chicken  \$\ni\$ 609 kcal  Salad leaves, smoky chipotle mayo  Fried halloumi-style cheese  \$\ni\$ 707 kcal	without a drink 4.94 each  soft drink* 5.79 each  alcoholic drink* 7.55 each  1.13 each  soft drink* 7.73 each  alcoholic drink* 9.49
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Small shawarma chicken	without a drink 4.94 each  soft drink* 5.79 each alcoholic drink* 7.55 each  1.13 each  soft drink* 7.73 each alcoholic drink* 9.49 each
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Roasted vegetables @ 588 William 383 kcal

Burgers includes a drink. Beef burgers made with 100% British bee	ef, freshl	y cooked	
to order. Traceable from farm to fork.			
<b>Double beef burgers</b> Two 3oz beef patties. Served with chips (602 kcal, included in Calories be	low).		
Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion	soft drink* 9.08 each	alcoholic drink* 10.84 each	
<b>Double American cheese burger</b> 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 9.65 alcoholic drink* 11.41		
Gourmet burgers Served with chips, six onion rings (871 kcal, included Ultimate burger 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, sig Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1567 kcal			
Fried buttermilk chicken 1703 kcal BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal	soft drink* 11.28 each	alcoholic drink* 13.04 each	
Fried buttermilk chicken 1780 kcal Fiesta burger ⊘ 1380 kcal  BEYOND MEAT plant-based patty, salsa, guacamole, roa	sted pepper,	courgette, onion	
Chicken burger Served with chips (602 kcal, included in Calories bei Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet	low).	soft drink* <b>9.08</b> each	
Meat-free burger Served with chips (602 kcal, included in Calories bei Beyond Burger™ Ø 1043 kcal  BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce	low).	alcoholic drink* 10.84 each	
Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included American burger 696 kcal	ded in Cald	ories below).	
Red onion, gherkin, ketchup, American-style mustard  Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion	soft drink* 6.79 each	alcoholic drink* <b>8.55</b> each	
<b>Skinny beef burger</b> 375 kcal lceberg lettuce, tomato, red onion, with a side salad, instead	of chips		
American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		ft drink* <b>7.3</b> 9 ic drink* <b>9.1</b> 5	
Chicken burgers Served with a small portion of (329 kcal, included in the Calories below).  NEW Korean crunchy chicken strip burger Two fried chicken strips, iceberg lettuce, gherkin, Korean-sty Crunchy chicken strip burger 776 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnais	712 kcal rle sauce	soft drink* 6.79 each alcoholic drink* 8.55 each	
Additional toppings and burger patties Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese Cheddar cheese © 82 kcal 1.62 American-style	cheese 🗸	2 kcal <b>1.60</b>	
Maple-cured bacon 91 kcal 1.62 Crunchy chicke		1 0 0	
Maple-cured bacon 91 kcal 1.62 Crunchy chicke 3oz beef patty 168 kcal; Fried buttermilk chicken 47 BEYOND MEAT patty @ 184 kcal	73 kcal	each <b>2.0</b> '	

Mangalorean roasted cauliflower

& spinach curry **FF** @ 59 927 kcal

Chicken jalfrezi PPP 🚳 935 kcal

Chicken tikka masala // 1190 kcal

Add: Two plain poppadums @ (86 kcal) 52p

Katsu grilled chicken curry 59 542 kcal

Sliced chicken breast

Katsu chicken curry 828 kcal

Sliced whole breaded chicken breast fillet

Change your plain naan to a garlic naan (V) (add 92 kcal) 52p

Katsu curries With a mild Japanese-style katsu curry

sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu Quorn™ nugget curry @ 686 kcal. Eight coated pieces

NEW Malaysian chicken & baby sweetcorn curry PP 88 678 kcal

Chicken breast 94 kcal; Maple-cured bacon 91 kcal		eac
Pepperoni ♥ 109 kcal; Roasted vegetables   90 kcal		eac
Pub classics includes a dr	INK. •	
Fish and chips	soft drink*	alcoh
Small freshly battered cod and chips  Peas 681 kcal or mushy peas 739 kcal	9.92	
Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four scampi.	9.92	
Freshly battered cod and chips  Peas 1240 kcal or mushy peas 1298 kcal	12.14	
Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	12.14	
Add: Two slices of bread ♥ (404 kcal) 1.44 Chip shop-style curry sauce  (118 kcal) 1.56		
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips Add: Two slices of black pudding (355 kcal) 1.61	9.99	
Vegetarian all-day brunch ♥ 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	9.99	
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	9.79	
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	9.49	
Vegan sausages, chips and beans ⊚ 910 kcal Three vegan sausages	9.49	
NEW Chilli bean non-carne 🗗 @ 🚳 635 kcal Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips	10.38	

INCLUDES A DRINK .

NEW Sticky Korean fried chicken bowl 961 kcal

chips tossed in a Korean-style sauce, coriander, sliced chillies

Three southern-fried chicken strips, five chicken breast bites,

Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal

Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice 🚳 763 kcal; Chips 1157 kcal

Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze

Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal

Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

11" pizzas includes a drink"

Sourdough base - proved, stretched,

topped and freshly baked to order.

Pepperoni // 1151 kcal. Mozzarella, pepperoni

Mozzarella, BBQ sauce, chicken breast, red onion, rocket

Vegan roasted vegetable @ 529 709 kcal

Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast // 1214 kcal

Mozzarella, mushroom, roasted pepper, courgette, onion, basil

Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket

Red union (a) 10 kcal. Sliced chillies (b) (b) (a) 3 kcal. Mushroom (a) / kcal. each 93n

Margherita V 934 kcal. Mozzarella, basil

NEW Spicy chicken **FFF** 1374 kcal

Naga chilli and garlic & herb sauces, rocket

Mozzarella, spicy pulled chicken thigh,

Ham and mushroom 1011 kcal

Roasted vegetable V 1028 kcal

Mozzarella, ham, mushroom, rocket

BBQ chicken 1097 kcal

**Additional toppings** 

alcoholic drink\*

13.66

each

soft drink\*

10.79

each

alcoholic drink\*

12.55

soft drink\*

11.90

each

Southern-fried chicken strips basket 🍠

Quorn<sup>™</sup> 'no chicken' nuggets basket **// (** Eight coated pieces, coleslaw, sweet chilli sauce

Chicken strips, chicken breast bites,

Chicken baskets

Boneless basket 🏲

Chicken bites basket

coleslaw, BBQ sauce

soft drink\* 10.29

soft drink\*

10.29

each

alcoholic drink\*

12.05

each

soft drink\* alcoholic drink\*

soft drink\*

11.46

each

alcoholic drink\*

13.22

14.39

12.05

10.29

12.63

alcoholic drink\* 12.05

#### Noodles, salads and pastas INCLUDES A DRINK •

	soft drink* alo	oholic drink*
NEW Ramen noodle bowl  6 3 5 466 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak c bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Chicken breast (93 kcal) 1.25; Poached egg  (63 kcal) 9		11.05
Chicken & maple-cured bacon salad Choose: Chicken breast 300 283 kcal Southern-fried chicken breast strips 300 465 kcal	10.49	12.25
Mediterranean salad © 334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red peppe cherry tomatoes, pumpkin seeds, basil, dressing Add: NEWY Spicy pulled chicken thigh (249 kcal) 3.09 Halloumi-style cheese V (447 kcal) 2.07 Roasted vegetables © (90 kcal) 1.63; Chicken breast (187 kcal)		11.25
Halloumi-style cheese & roasted vegetable salad ♥ 566 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing Add: Chicken breast (187 kcal) 2.07	9.49	11.25
Burrito salad bowl © 668 kcal Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies Add: NEW Spicy pulled chicken thigh (249 kcal) 3.09 Chicken breast (187 kcal) 2.07; Chilli bean non-carne (30)	<b>9.49</b> 49 kcal) <b>2.07</b>	11.25
Pasta alfredo ♥ 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Chicken breast (187 kcal) 2.07; Maple-cured bacon (91 k	10.90	12.66
British beef & pancetta lasagne 761 kcal. Side salad	11.46	13.22

Sides and	extra	5		
Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 39p)				
Small bowl of chips @ 602 kcal			2.49	
Five chicken wings <b>FFF</b> 407 kcal				2.99
NEW Five chicken brea	ast bites 161 kc	al		2.99
Eight Whitby breaded s	campi 464 kcal			5.19
Peas 🕖 133 kcal				99p
Mushy peas V 248 kcal				99p
Side salad @ 91 kcal				2.39
Mediterranean side sal	<b>ad</b> 🥝 198 kcal			3.32
Roasted vegetables @	135 kcal			1.63
Coleslaw V 399 kcal				1.50
Sliced chillies	∅ 3 kcal			93p
Onion rings 🕖	Six 269 kcal	2.43	Twelve 538 kcal	3.65
Garlic pizza bread V	<b>8</b> " 386 kcal	4.55	<b>11</b> " 772 kcal	5.72
With cheese V	<b>8</b> " 473 kcal	5.13	<b>11</b> " 922 kcal	6.59

Desserts	
NEW Giant profiterole V 555 433 kcal	5.48
Choux pastry filled with vanilla cream, Belgian chocolate sauce, strawberry	
NEW Chocolate & salted caramel torte	5.48
Chocolate biscuit base, chocolate & salted caramel filling	
Vanilla ice cream ♥ 746 kcal or coconut ice cream ⊘ 701 kcal	
NEW Salted caramel sticky toffee pudding <b>©</b> 877 kcal Vanilla ice cream	6.31
NEW Millionaire's shortbread V 555 409 kcal	2.32
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	2.02
Cookie crunch (V) (1888) 364 kcal	1.97
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
Fresh fruit V 🚳 😘 470 kcal	4.71
Apple, banana, blueberries, strawberries, vanilla ice cream	
Warm chocolate fudge cake V 909 kcal. Vanilla ice cream	5.48
Warm chocolate brownie ♥ 736 kcal	5.48
Belgian chocolate sauce, vanilla ice cream	
Warm cookie dough sandwich V 727 kcal	5.48
Salted caramel filling, toffee sauce, vanilla ice cream	
British Bramley apple crumble	5.77
Vanilla ice cream ♥ 673 kcal or coconut ice cream ⊚ 628 kcal	
Add: Vanilla ice cream scoop ♥ (135 kcal) 99p; Toffee sauce ♥ (66 kcal) 47p	• • • • • • •
Belgian chocolate sauce @ (61 kcal) 47p; Banana @ (110 kcal) 60p	

Adults need around 2000 kcal a day.§

Strawberries (27 kcal) 60p; Blueberries (27 kcal) 60p