

Sides and extras

Bowl of chips	964 kcal (Add: Spicy seasoning (7 kcal) 39p)	3.99
Small bowl of chips	602 kcal	2.49
Five chicken wings	407 kcal	2.99
NEW Five chicken breast bites	161 kcal	2.99
Eight Whitby breaded scampi	464 kcal	5.19
Grilled halloumi-style cheese	447 kcal	2.07
Peas	133 kcal	99p
Mushy peas	248 kcal	99p
Side salad	91 kcal	2.39
Mediterranean side salad	198 kcal	3.32
Roasted vegetables	135 kcal	1.63
Coleslaw	399 kcal	1.50
Sliced chillies	3 kcal	99p
Chicken gravy	50 kcal	99p
Onion rings	Six 269 kcal 2.43 Twelve 538 kcal 3.65	
Garlic pizza bread	8* 386 kcal 4.55 11* 772 kcal 5.72	
With cheese	8* 473 kcal 5.13 11* 922 kcal 6.59	

Desserts

NEW Salted caramel sticky toffee pudding	5.14
Vanilla ice cream	877 kcal or custard 741 kcal
NEW Millionaire's shortbread	409 kcal
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
Vanilla ice cream	334 kcal
Two scoops, toffee sauce, Belgian chocolate sauce	1.97
Cookie crunch	364 kcal
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.97
Mini warm chocolate brownie	435 kcal
Belgian chocolate sauce, vanilla ice cream	3.13
Mini warm cookie dough sandwich	431 kcal
Salted caramel filling, toffee sauce, vanilla ice cream	3.13
Mini American-style pancakes	412 kcal
Two pancakes, maple-flavour syrup, vanilla ice cream	3.69
Fresh fruit	470 kcal
Apple, banana, blueberries, strawberries, vanilla ice cream	4.71
Warm chocolate fudge cake	909 kcal. Vanilla ice cream
Warm chocolate brownie	736 kcal
Belgian chocolate sauce, vanilla ice cream	5.48
Warm cookie dough sandwich	727 kcal
Salted caramel filling, toffee sauce, vanilla ice cream	5.48
British Bramley apple crumble	5.77
Vanilla ice cream 673 kcal or custard 537 kcal	
American-style pancakes	689 kcal
Four pancakes, maple-flavour syrup, vanilla ice cream	5.14
Add: Custard (134 kcal) 1.33. Vanilla ice cream scoop (135 kcal) 99p	
Belgian chocolate sauce (61 kcal) 47p. Toffee sauce (66 kcal) 47p	
Banana (110 kcal) 60p. Strawberries (27 kcal) 60p. Blueberries (17 kcal) 60p	

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

🔥 = Very mild 🔥🔥 = Mild 🔥🔥🔥 = Medium hot 🔥🔥🔥🔥 = Very hot 🔥🔥🔥🔥🔥 = Extremely hot

🌿 Vegetarian 🌱 Vegan 5% 5% fat or less 500 Dish under 500 Calories

🐟 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.*

BREAKFAST

Large breakfast	1343 kcal	6.59
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast		
Traditional breakfast	807 kcal	4.99
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast		
Small breakfast	435 kcal	2.99
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown		
Add: Black pudding (178 kcal) 80p		
Freedom breakfast	586 kcal	2.99
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato		
Large vegetarian breakfast	1129 kcal	6.59
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast		
Vegetarian breakfast	786 kcal	4.99
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast		
Small vegetarian breakfast	291 kcal	2.99
Fried egg, vegan sausage, baked beans, hash brown, tomato		
Vegan breakfast	642 kcal	2.99
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread		
American breakfast	1258 kcal	7.00
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup		
Small American breakfast	629 kcal	5.14
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup		
Porridge	252 kcal (plain)	1.99
Add: Banana (110 kcal) 60p. Maple-flavour syrup (125 kcal) 30p		
Strawberries (27 kcal) 60p. Blueberries (17 kcal) 60p		
Honey (91 kcal) 30p. Sliced apple (46 kcal) 60p		

Tea and toast

Includes tea, coffee or hot chocolate. Free refills*		
Two slices of toast with jam or marmalade	with drink 2.49 without drink 1.99	
524 kcal. White bloomer bread		

Breakfast butties and wraps

Bacon butty	574 kcal. Three rashers of bacon, buttered white bloomer bread	2.69
Sausage butty	714 kcal. Two Lincolnshire sausages, buttered white bloomer bread	2.69
Vegetarian sausage butty	541 kcal	2.69
Two vegan sausages, buttered white bloomer bread		
Vegan option available with vegan spread	435 kcal	
Breakfast wrap	724 kcal	4.51
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese		
Vegetarian breakfast wrap	735 kcal	4.51
Fried egg, two vegan sausages, two hash browns, Cheddar cheese		

Breakfast muffin deal

Includes tea, coffee, hot chocolate (free refills*) or ANY soft drink*.		
Egg & cheese muffin	249 kcal	3.31
Fried egg, American-style cheese, in an English muffin		
Egg & bacon muffin	314 kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin		
Egg & sausage muffin	417 kcal	3.77
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin		
Egg & vegetarian sausage muffin	330 kcal	3.77
Fried egg, vegan sausage, American-style cheese, in an English muffin		
Breakfast muffin	482 kcal	3.99
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin		
Smashed avocado muffin	271 kcal	3.99
Guacamole, pico de gallo, on an English muffin, rocket		
Add: Maple-cured bacon (91 kcal) 1.62. Poached egg (63 kcal) 98p		
Grilled halloumi-style cheese (447 kcal) 2.07		
Add: Hash brown (82 kcal) 51p		

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com. Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Statements of daily Calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude 120 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is: 25ml in all free houses, except Northern Ireland (35ml). *Choose from: Diet Pepsi, Pepsi, Pepsi Max or Pepsi Max cherry (398ml glass); apple, cranberry or orange juice (398ml glass); apple & mango, apple & raspberry or orange & passion fruit 120; Brecon Carreg natural mineral water (still/sparkling 500ml bottle); blackcurrant, lime or orange standard cordial (398ml glass); blood orange or lemon Sanpellegrino (330ml can); Passion Fruit Cooler or Raspberry Refresher 0% cocktail (215ml glass); Monster Energy, Energy Ultra, Energy Ultra Peachy Keen, Energy Ultra Rosé, Mango Loco or Pipeline Punch (500ml can); Old Jamaica ginger beer (330ml can); R White's raspberry lemonade (330ml can); Remedy kombucha raspberry lemonade (250ml can)

Served 8am - 12 noon

NEW Fiesta brunch	659 kcal	4.03
Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa		
Eggs Benedict	725 kcal	5.29
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket		
Mushroom Benedict	638 kcal	5.29
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket		
Miner's Benedict	939 kcal	5.29
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket		
American-style pancakes		
NEW Four pancakes, banana, strawberries, blueberries, maple-flavour syrup.	708 kcal	5.14
Four pancakes, maple-cured bacon, maple-flavour syrup.	645 kcal	5.14
Four pancakes, maple-flavour syrup.	554 kcal	4.45
Small American-style pancakes		
Two pancakes, maple-cured bacon, maple-flavour syrup.	322 kcal	3.69
Two pancakes, maple-flavour syrup.	277 kcal	3.40
Scrambled egg on toast	570 kcal	2.99
Three eggs, buttered white bloomer toast		
Beans on toast	566 kcal. Buttered white bloomer toast	2.99
NEW Vegan option available with vegan spread	460 kcal	
Small beans on toast	252 kcal	2.49
Buttered white bloomer toast		
Two slices of toast with jam or marmalade	524 kcal	1.99
White bloomer bread		
Fresh fruit	200 kcal	2.99
Apple, banana, blueberries, strawberries		
NEW Fresh fruit and yoghurt	334 kcal	3.49
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt		

Breakfast extras

Add any of the following:		
Black pudding	178 kcal	80p
Lincolnshire sausage	168 kcal	82 kcal
Slice of toast	225 kcal	1.15
Fried egg	56 kcal	1.23
Two mushrooms	100 kcal	Baked beans 126 kcal
Two scrambled eggs	136 kcal	98p
Two rashers of back bacon	131 kcal	98p
Two grilled tomato halves	16 kcal	98p
Four rashers of maple-cured bacon	91 kcal	1.73
Grilled halloumi-style cheese	447 kcal	1.62
		2.07

Tea, coffee and hot chocolate

FREE REFILLS
TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —

LAVAZZA TORINO, ITALIA 1895

🌿 100% ARABICA BEANS
🌱 100% VEGAN
🌱 50% FIBRE

£1.71 each

Biscuits
Walkers shortbread 151 kcal 71p
Stem ginger biscuit 123 kcal 71p
Belgian chocolate biscuit 129 kcal 71p
Salted caramel brownie bar 316 kcal 1.64

Flat white 92 kcal
Cappuccino 102 kcal
Latte 113 kcal
Mocha 147 kcal
Espresso 6 kcal
Black coffee 6 kcal
White coffee 24 kcal
Hot chocolate 169 kcal
Tea with semi-skimmed milk 14 kcal
Dairy alternative: oat sachet 4 kcal
Decaffeinated tea and coffee available.

for the facts drinkaware.co.uk jdwetherspoon.com

FOOD

Main menu 11.30am - 11pm. Children's menu available.



It was William Rufus, son of William the Conqueror, who restored Carlisle to the English kingdom. Rufus entered the city through Botchergate. The long-demolished gateway has given its name to today's street - Botchergate.

Table service
Download the Wetherspoon app or scan this QR code.
Or note your table number and order at the bar.
Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale

FOOD HYGIENE RATING
1 2 3 4 5
We have been awarded the maximum food hygiene rating of 5 in our pub.

100% UK AND IRISH BEEF
From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.

Allergen and nutritional information can be found on the customer information screen, website and Wetherspoon app.

Adults need around 2000 kcal a day.*

CERTIFIED SUSTAINABLE SEAFOOD MSC
The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.

Free-range eggs
100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

goodfoodtalks
opening menus for everybody
The spoken menu app for the visually impaired

Breakfast
8am - 12 noon
Traditional breakfast
£4.99

Tea, coffee and hot chocolate
Free refills
£1.71 each

Deli Deals
INCLUDES A DRINK
Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink
£3.23
soft drink* **£4.41** alcoholic drink* **£5.94**

Burger meals
INCLUDES A DRINK
Featuring 3oz American burger
soft drink* **£5.74** alcoholic drink* **£7.27**

Afternoon deals
INCLUDES A DRINK
Mon - Fri, 2pm - 5pm
Featuring small freshly battered fish and chips
soft drink* **£6.39** alcoholic drink* **£7.92**

Steak Club
INCLUDES A DRINK
Tuesday 11.30am - 11pm
Featuring classic 8oz sirloin
soft drink* **£9.97** alcoholic drink* **£11.50**

Curry Club
INCLUDES A DRINK
Thursday 11.30am - 11pm
Featuring the katsu curry range
soft drink* **£8.21** alcoholic drink* **£9.74**

INCLUDES A DRINK
Choose from over 150 drinks

LAVAZZA TORINO, ITALIA 1895
100% ARABICA BEANS
Coffee
The freshly ground 100% Arabica Lavazza coffee we serve is from Rainforest Alliance-certified farms.

AWARD-WINNING CHILDREN'S MENU
Independently run 'secret diner' survey.

FOOD MILKIE GOOD
2024 - 2026
Sustainable Restaurant Association
Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

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Over 50 hotels and 1,329 rooms across England, Ireland, Scotland and Wales.
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UNLIMITED FREE Wi-Fi

