




















## Desserts

<b>Fresh fruit and ice cream</b>  379 kcal	<b>3.59</b>
Apple, banana, blueberries, strawberries, vanilla ice cream	
<b>Salted caramel sticky toffee pudding</b>  799 kcal	<b>5.34</b>
Vanilla ice cream	
<b>Warm chocolate fudge cake</b>  832 kcal. Vanilla ice cream	<b>5.68</b>
<b>Warm chocolate brownie</b>  697 kcal	<b>5.68</b>
Belgian chocolate sauce, vanilla ice cream	
<b>Warm cookie dough sandwich</b>  601 kcal	<b>5.68</b>
Salted caramel filling, toffee sauce, vanilla ice cream	
<b>British Bramley apple crumble</b>  603 kcal. Vanilla ice cream	<b>5.97</b>
<b>American-style pancakes</b>  650 kcal	<b>5.24</b>
Four pancakes, maple-flavour syrup, vanilla ice cream	
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<b>Mini desserts</b>	
<b>Millionaire's shortbread</b>  331 kcal	<b>2.47</b>
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
<b>Vanilla ice cream and sauce</b>  257 kcal	<b>2.12</b>
Two scoops, toffee sauce, Belgian chocolate sauce	
<b>Cookie crunch</b>  287 kcal	<b>2.12</b>
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
<b>Mini warm chocolate brownie</b>  397 kcal	<b>3.28</b>
Belgian chocolate sauce, vanilla ice cream	
<b>Mini warm cookie dough sandwich</b>  349 kcal	<b>3.28</b>
Salted caramel filling, toffee sauce, vanilla ice cream	
<b>Mini American-style pancakes</b>  373 kcal	<b>3.79</b>
Two pancakes, maple-flavour syrup, vanilla ice cream	
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Add: Vanilla ice cream scoop  (97 kcal) <b>1.04</b> ; Toffee sauce  (66 kcal) <b>52p</b>	
Belgian chocolate sauce  (61 kcal) <b>52p</b> ; Banana  (110 kcal) <b>65p</b>	
Strawberries  (14 kcal) <b>65p</b> ; Blueberries  (17 kcal) <b>65p</b>	

### ALLERGEN AND NUTRITIONAL INFORMATION





This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

### DIETARY SYMBOLS

 = Very mild  = Mild  = Medium hot  = Very hot  = Extremely hot

 Vegetarian  Vegan  5% fat or less  Dish under 500 Calories

Adults need around 2000 kcal a day.<sup>5</sup>

## wetherspoon hotels

Over 50 hotels and 1,329 rooms across England, Ireland, Scotland and Wales.

Not available<sup>†</sup> on Booking.com or any website apart from our own.

**Book direct.**

Our rooms<sup>†</sup> are only available at [jdwetherspoon.com](http://jdwetherspoon.com), on the app or by phone. <sup>†</sup>UK hotels only.


Scan to find out more.



# BREAKFAST


8am - 12 noon

### Traditional


<b>Large breakfast</b> 1312 kcal	<b>6.69</b>
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	
<b>Traditional breakfast</b> 770 kcal	<b>5.09</b>
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
<b>Small breakfast</b>  435 kcal	<b>3.09</b>
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	
Add: <b>NEW</b> Black pudding (67 kcal) <b>85p</b>	

<b>Freedom breakfast</b> 581 kcal	<b>3.20</b>
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	

<b>Large vegetarian breakfast</b>  1067 kcal	<b>6.69</b>
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	


<b>Vegetarian breakfast</b>  725 kcal	<b>5.09</b>
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	

<b>Small vegetarian breakfast</b>  281 kcal	<b>3.09</b>
Fried egg, vegan sausage, baked beans, hash brown, tomato	

<b>Vegan breakfast</b>  612 kcal	<b>3.09</b>
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	


### Benedicts

<b>Eggs Benedict</b> 774 kcal	<b>5.39</b>
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	



<b>Mushroom Benedict</b>  667 kcal	<b>5.39</b>
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	


<b>Miner's Benedict</b> 749 kcal	<b>5.39</b>
Two poached eggs, on an English muffin, with <b>NEW</b> black pudding, Hollandaise sauce, rocket	







### Lite bite

<b>Scrambled egg on toast</b>  568 kcal	<b>3.09</b>
Three eggs, white bloomer toast	

<b>Beans on toast</b>  558 kcal. Buttered white bloomer toast	<b>3.09</b>
Vegan option available with vegan spread  452 kcal	


<b>Fresh fruit</b>  186 kcal. Apple, banana, blueberries, strawberries	<b>2.99</b>
<b>Fresh fruit and yoghurt</b>  320 kcal	<b>3.49</b>
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	


<b>NEW Porridge, creamy jumbo oats</b>  188 kcal (plain)	<b>1.99</b>
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Add: Banana  (110 kcal) <b>65p</b> ; Strawberries  (14 kcal) <b>65p</b>	
Blueberries  (17 kcal) <b>65p</b> ; Honey  (152 kcal) <b>35p</b>	
Sliced apple  (46 kcal) <b>65p</b> ; Maple-flavour syrup  (104 kcal) <b>35p</b>	

## Breakfast muffin deal

Includes tea, coffee (free refills), hot chocolate or a soft drink.

<b>Egg &amp; cheese muffin</b>  286 kcal	<b>2.69</b>
Fried egg, American-style cheese, in an English muffin	



<b>Egg &amp; bacon muffin</b>  351 kcal	<b>2.89</b>
Fried egg, bacon, American-style cheese, in an English muffin	

<b>Egg &amp; sausage muffin</b>  454 kcal	<b>2.89</b>
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	


<b>Egg &amp; vegetarian sausage muffin</b>  357 kcal	<b>2.89</b>
Fried egg, vegan sausage, American-style cheese, in an English muffin	


<b>Breakfast muffin</b> 520 kcal	<b>3.09</b>
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	

<b>NEW Smashed avocado muffin</b>  302 kcal	<b>3.09</b>
Guacamole, pico de gallo, on an English muffin, rocket	

Add: Poached egg  (63 kcal) <b>1.03</b> ; Maple-cured bacon (91 kcal) <b>1.67</b>	
Add: Hash brown  (82 kcal) <b>56p</b>	

### American


<b>American breakfast</b> 1258 kcal	<b>7.10</b>
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup	
<b>Small American breakfast</b> 629 kcal	<b>5.24</b>
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	
<b>Pancakes, maple-flavour syrup</b>  554 kcal	<b>3.29</b>
Four American-style pancakes, maple-flavour syrup	
Add: Maple-cured bacon (91 kcal) <b>1.67</b>	
Banana, blueberries and strawberries (141 kcal) <b>1.95</b>	

<b>Small pancakes, maple-flavour syrup</b>  277 kcal	<b>2.10</b>
Two American-style pancakes, maple-flavour syrup	
Add: Maple-cured bacon (91 kcal) <b>1.67</b>	

### Butties and wraps

<b>Bacon butty</b> 565 kcal	<b>2.79</b>
Three back bacon rashers, buttered white bloomer bread	

<b>Sausage butty</b> 706 kcal	<b>2.79</b>
Two Lincolnshire sausages, buttered white bloomer bread	











<b>Vegetarian sausage butty</b>  512 kcal	<b>2.79</b>
Two vegan sausages, buttered white bloomer bread	

<b>Vegan option available with vegan spread</b>  406 kcal	<b>2.79</b>
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<b>Breakfast wrap</b> 750 kcal	<b>4.61</b>
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	


<b>Vegetarian breakfast wrap</b>  742 kcal	<b>4.61</b>
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

## Breakfast extras

Add any of the following:		
<b>NEW</b> Black pudding 67 kcal	<b>85p</b>	Hash brown  82 kcal <b>56p</b>
Two back bacon rashers 131 kcal	<b>1.72</b>	Two mushrooms  94 kcal <b>1.03</b>
Lincolnshire sausage 168 kcal	<b>1.20</b>	Two tomato halves  16 kcal <b>62p</b>
Vegan sausage  72 kcal	<b>1.20</b>	Hollandaise sauce  299 kcal <b>1.97</b>
Fried egg  56 kcal	<b>1.03</b>	Slice of toast  188 kcal <b>1.28</b>
Poached egg  63 kcal	<b>1.03</b>	
Two scrambled eggs  136 kcal	<b>1.78</b>	
Baked beans  126 kcal	<b>1.03</b>	

## Tea and toast

Includes tea, coffee (free refills)<sup>5</sup> or hot chocolate.

Two slices of toast with jam or marmalade  450 kcal	<b>2.55</b>	with drink	<b>2.05</b>	without drink
White bloomer bread				

## Tea and coffee

<b>FREE REFILLS<sup>5</sup></b>	Flat white  92 kcal
<b>TEA AND COFFEE</b>	Cappuccino  102 kcal
— ALL DAY EVERY DAY —	Latte  113 kcal
<b>LAVAZZA</b> 	Espresso  6 kcal
TORINO, ITALIA, 1895	Black coffee  6 kcal
<b>£1.85</b> each	White coffee  24 kcal
	Tea
	with semi-skimmed milk  14 kcal
	Dairy alternative: oat sachet  4 kcal
	Decaffeinated tea and coffee available.

<b>Hot chocolate</b>  169 kcal	<b>1.85</b>
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<b>Biscuits</b>	<b>75p</b> each
Walker's shortbread  151 kcal	
Stem ginger biscuit  123 kcal	
Belgian chocolate biscuit  129 kcal	

for the facts [drinkaware.co.uk](http://drinkaware.co.uk)

[jdwetherspoon.com](http://jdwetherspoon.com)

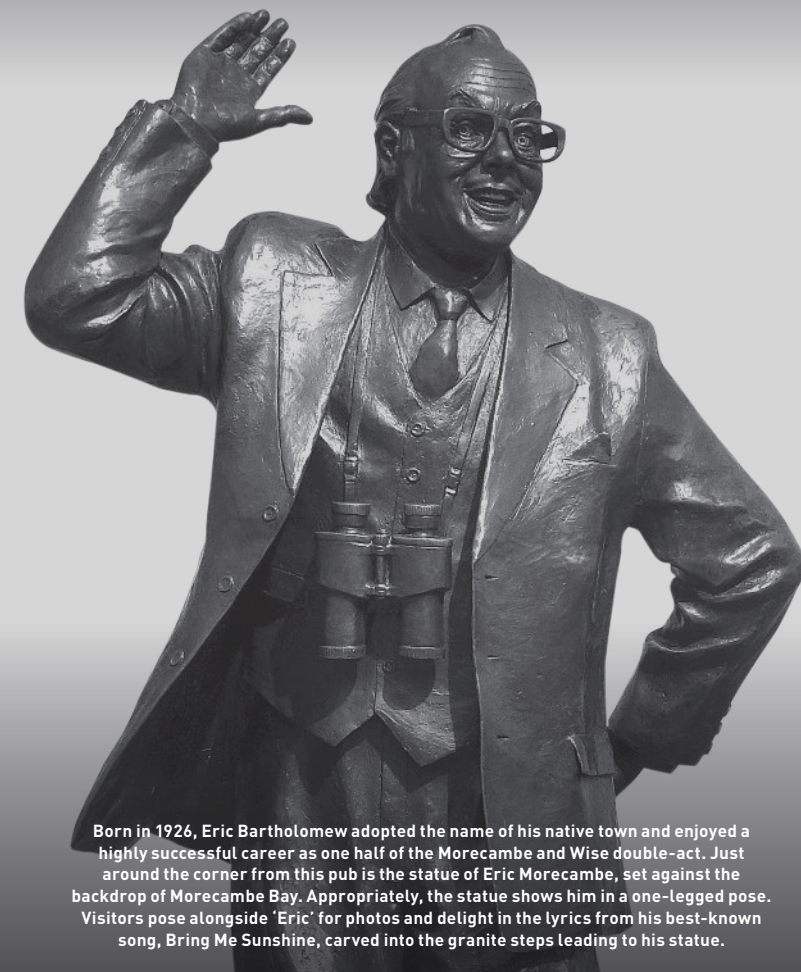
All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See website for full details: [jdwetherspoon.com](http://jdwetherspoon.com) <sup>†</sup>Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. <sup>5</sup>Statement of daily Calorie needs from the Department of Health & Social Care. <sup>††</sup>Excluding decaffeinated tea and decaffeinated coffee. <sup>\*</sup>Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

# FOOD

Main menu 11.30am - 11pm. Children's menu available.

## The Eric Bartholomew

Morecambe



Born in 1926, Eric Bartholomew adopted the name of his native town and enjoyed a highly successful career as one half of the Morecambe and Wise double-act. Just around the corner from this pub is the statue of Eric Morecambe, set against the backdrop of Morecambe Bay. Appropriately, the statue shows him in a one-legged pose. Visitors pose alongside 'Eric' for photos and delight in the lyrics from his best-known song, Bring Me Sunshine, carved into the granite steps leading to his statue.



## TABLE SERVICE

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.



Use the app to: Order food and/or drinks • Search for a pub • Book a hotel • Save your favourites • Find an ale



**Food hygiene rating**  
Maximum rating of 5 awarded here.



**Sustainable fish**  
The cod and haddock we serve come from fisheries which have been certified as well-managed and sustainable fisheries.



**Sustainable Restaurant Association**  
Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.



**Free-range eggs**  
100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

# THE LITE BITE

INCLUDES A DRINK\*

Choose from over 150 drinks

## Jacket potatoes

With side salad and one filling.

**Tuna mayo** 634 kcal

**Coleslaw**  602 kcal

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