

Sides and extras

Bowl of chips	🌱 964 kcal (Add: Spicy seasoning 🌱 (7 kcal) 39p)	3.99
Small bowl of chips	🌱 602 kcal	2.49
Five chicken wings	🔥🔥🔥 407 kcal	2.99
NEW Five chicken breast bites	161 kcal	2.99
Eight Whitby breaded scampi	464 kcal	5.19
Grilled halloumi-style cheese	🌱 447 kcal	2.07
Peas	🌱 133 kcal	99p
Mushy peas	🌱 248 kcal	99p
Side salad	🌱 91 kcal	2.39
Mediterranean side salad	🌱 198 kcal	3.32
Roasted vegetables	🌱 135 kcal	1.63
Coleslaw	🌱 399 kcal	1.50
Sliced chillies	🔥🔥🔥🔥 3 kcal	93p
Chicken gravy	50 kcal	99p
Onion rings	🌱 Six 269 kcal	2.43
Garlic pizza bread	🌱 8* 386 kcal	4.55
With cheese	🌱 8* 473 kcal	5.13
		11* 922 kcal
		6.59

Desserts

NEW Salted caramel sticky toffee pudding	🌱	5.14
Vanilla ice cream 877 kcal or custard 741 kcal		
NEW Millionaire's shortbread	🌱 UNDER 500	4.09 kcal
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce		
Vanilla ice cream	🌱 5% UNDER 500	334 kcal
Two scoops, toffee sauce, Belgian chocolate sauce		
Cookie crunch	🌱 UNDER 500	364 kcal
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce		
Mini warm chocolate brownie	🌱 UNDER 500	435 kcal
Belgian chocolate sauce, vanilla ice cream		
Mini warm cookie dough sandwich	🌱 UNDER 500	431 kcal
Salted caramel filling, toffee sauce, vanilla ice cream		
Mini American-style pancakes	🌱 UNDER 500	412 kcal
Two pancakes, maple-flavour syrup, vanilla ice cream		
Fresh fruit	🌱 5% UNDER 500	470 kcal
Apple, banana, blueberries, strawberries, vanilla ice cream		
Warm chocolate fudge cake	🌱 909 kcal	Vanilla ice cream
Warm chocolate brownie	🌱 736 kcal	
Belgian chocolate sauce, vanilla ice cream		
Warm cookie dough sandwich	🌱 727 kcal	
Salted caramel filling, toffee sauce, vanilla ice cream		
British Bramley apple crumble	🌱	
Vanilla ice cream 673 kcal or custard 537 kcal		
American-style pancakes	🌱 5% 689 kcal	
Four pancakes, maple-flavour syrup, vanilla ice cream		
Add: Custard 🌱 (134 kcal) 1.33; Vanilla ice cream scoop 🌱 (135 kcal) 99p		
Belgian chocolate sauce 🌱 (61 kcal) 47p; Toffee sauce 🌱 (66 kcal) 47p		
Banana 🌱 (110 kcal) 60p; Strawberries 🌱 (27 kcal) 60p; Blueberries 🌱 (17 kcal) 60p		

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

🔥 = Very mild 🔥🔥 = Mild 🔥🔥🔥 = Medium hot 🔥🔥🔥🔥 = Very hot  
🔥🔥🔥🔥🔥 = Extremely hot  
🌱 Vegetarian 🌱 Vegan 5% 5% fat or less UNDER 500 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.\*

BREAKFAST

Large breakfast	1343 kcal	5.99
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast		
Traditional breakfast	807 kcal	3.69
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast		
Small breakfast	UNDER 500 435 kcal	2.79
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown		
Add: Black pudding (178 kcal) 80p		
Freedom breakfast	586 kcal	2.79
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato		
Large vegetarian breakfast	🌱 1129 kcal	5.99
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast		
Vegetarian breakfast	🌱 786 kcal	3.69
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast		
Small vegetarian breakfast	🌱 5% UNDER 500 291 kcal	2.79
Fried egg, vegan sausage, baked beans, hash brown, tomato		
Vegan breakfast	🌱 642 kcal	2.79
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread		
American breakfast	1258 kcal	7.00
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup		
Small American breakfast	629 kcal	5.14
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup		
Porridge	🌱 5% UNDER 500 252 kcal (plain)	1.99
Add: Banana 🌱 (110 kcal) 60p; Maple-flavour syrup 🌱 (125 kcal) 30p		
Strawberries 🌱 (27 kcal) 60p; Blueberries 🌱 (17 kcal) 60p		
Honey 🌱 (91 kcal) 30p; Sliced apple 🌱 (46 kcal) 60p		

Breakfast extras

Add any of the following:			
Black pudding	178 kcal	80p	
Lincolnshire sausage	168 kcal	1.15	Two rashers of back bacon 131 kcal
Vegan sausage	82 kcal	1.15	Four rashers of maple-cured bacon 91 kcal
Slice of toast	225 kcal	1.23	Two scrambled eggs 🌱 136 kcal
Hash brown	82 kcal	51p	Fried egg 🌱 56 kcal
			Poached egg 🌱 63 kcal

Breakfast butties and wraps

Bacon butty	574 kcal. Three rashers of bacon, buttered white bloomer bread	2.69
Sausage butty	714 kcal	2.69
Two Lincolnshire sausages, buttered white bloomer bread		
Vegetarian sausage butty	🌱 541 kcal	2.69
Two vegan sausages, buttered white bloomer bread		
NEW Vegan option available with vegan spread 🌱 5% UNDER 500 435 kcal		

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills*		
Egg & cheese muffin	🌱 UNDER 500 249 kcal	3.31
Fried egg, American-style cheese, in an English muffin		
Egg & bacon muffin	UNDER 500 314 kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin		
Egg & sausage muffin	UNDER 500 417 kcal	3.77
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin		
Egg & vegetarian sausage muffin	🌱 UNDER 500 330 kcal	3.77
Fried egg, vegan sausage, American-style cheese, in an English muffin		
Breakfast muffin	UNDER 500 482 kcal	3.99
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin		
Smashed avocado muffin	5% UNDER 500 271 kcal	3.99
Guacamole, pico de gallo, on an English muffin, rocket		
Add: Maple-cured bacon (91 kcal) 1.62; Poached egg 🌱 (63 kcal) 98p		
Grilled halloumi-style cheese 🌱 (447 kcal) 2.07		
Add: Hash brown 🌱 (82 kcal) 51p		

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdetherspoon.com  
\*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. \*Statement of daily Calorie needs from the Department of Health & Social Care.  
†Excluding decaffeinated. \*Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

Served 8am – 12 noon

NEW Fiesta brunch	🌱 659 kcal	4.03
Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa		
Eggs Benedict	725 kcal	5.29
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket		
Mushroom Benedict	🌱 638 kcal	5.29
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket		
Miner's Benedict	939 kcal	5.29
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket		
American-style pancakes		
NEW	Four pancakes, banana, strawberries, blueberries, maple-flavour syrup. 🌱 5% 708 kcal	5.14
Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal		5.14
Four pancakes, maple-flavour syrup. 🌱 5% 554 kcal		4.45
Small American-style pancakes		
Two pancakes, maple-cured bacon, maple-flavour syrup. UNDER 500 322 kcal		3.69
Two pancakes, maple-flavour syrup. 🌱 5% UNDER 500 277 kcal		3.40
Scrambled egg on toast 🌱 570 kcal		
Three eggs, buttered white bloomer toast		
Beans on toast	🌱 5% 566 kcal. Buttered white bloomer toast	2.79
NEW	Vegan option available with vegan spread 🌱 5% UNDER 500 460 kcal	
Small beans on toast	🌱 5% UNDER 500 252 kcal	2.29
Buttered white bloomer toast		
Two slices of toast with jam or marmalade	🌱 524 kcal	1.99
White bloomer bread		
Fresh fruit	🌱 5% UNDER 500 200 kcal	2.99
Apple, banana, blueberries, strawberries		
NEW	Fresh fruit and yoghurt 🌱 5% UNDER 500 334 kcal	3.49
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt		

Breakfast wrap	724 kcal	4.51
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese		
Vegetarian breakfast wrap	🌱 735 kcal	4.51
Fried egg, two vegan sausages, two hash browns, Cheddar cheese		

Tea, coffee and hot chocolate

FREE REFILLS

TEA, COFFEE AND HOT CHOCOLATE

— ALL DAY EVERY DAY —

LAVAZZA

100% ARABICA BEANS

100% CREAM

100% MILK

£1.19 each

Flat white 🌱 92 kcal

Cappuccino 🌱 102 kcal

Latte 🌱 113 kcal

Mocha 🌱 147 kcal

Espresso 🌱 6 kcal

Black coffee 🌱 6 kcal

White coffee 🌱 24 kcal

Hot chocolate 🌱 169 kcal

Tea

with semi-skimmed milk 🌱 14 kcal

Dairy alternative: oat sachet 🌱 4 kcal

Decaffeinated tea and coffee available.

Biscuits

Walkers shortbread 🌱 151 kcal 71p

Stem ginger biscuit 🌱 123 kcal 71p

Belgian chocolate biscuit 🌱 129 kcal 71p

Salted caramel brownie bar 🌱 316 kcal 1.64

for the facts drinkaware.co.uk

jdetherspoon.com

STDCUBTRIAL

MENU\_397

FOOD

Main menu 11.30am – 11pm. Children's menu available.



The Eight Bells

Dover

This pub stands in the shadow of St Mary's, one of Dover's main parish churches for more than 400 years. The church was totally rebuilt in 1843, except for the tower, which has the eight bells, giving this pub, part of the former Metropole Hotel, its name.



Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.



Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



Coffee

The freshly ground 100% Arabica Lavazza coffee\* we serve is from Rainforest Alliance-certified farms.



Award-winning children's menu

Independently run 'secret diner' survey.



Sustainable Restaurant Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

wetherspoon hotels  
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goodfoodtalks

opening menus for everybody

The spoken menu app for the visually impaired





