#### Sides and extras 3.99 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 39p) 2.49 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 2.99 2.99 NEW Five chicken breast bites 161 kcal Eight Whitby breaded scampi 464 kcal 5.19 Grilled halloumi-style cheese V 447 kcal 2.07 Mediterranean side salad @ 198 kcal 3.32 Sliced chillies FFFF @ 3 kcal 93p Peas @ 133 kcal Mushy peas V 248 kcal 99p Side salad @ 91 kcal 2.39 **Coleslaw 399** kcal **1.50** Chicken gravy 50 kcal 99p Roasted vegetables @ 135 kcal 1.63 Onion rings @ Six 269 kcal **Twelve** 538 kcal **3.65** Garlic pizza bread 🚺 **8**" 386 kcal 4.55 **11**" 772 kcal **5.72** With cheese V **8**" 473 kcal **11**" 922 kcal **6.59**

#### **Desserts** NEW Chocolate & salted caramel torte 5.48 Chocolate biscuit base, chocolate & salted caramel filling Vanilla ice cream V 746 kcal or coconut ice cream 701 kcal NEW Salted caramel sticky toffee pudding V 5.14 Vanilla ice cream 877 kcal or custard 741 kcal Millionaire's shortbread W 609 kcal 2.32 Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce Vanilla ice cream V 334 kcal Two scoops, toffee sauce, Belgian chocolate sauce Cookie crunch (V) (364 kcal 1.97 Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce 3.13 Mini warm chocolate brownie V 655 435 kcal Belgian chocolate sauce, vanilla ice cream Mini warm cookie dough sandwich V 650 431 kcal 3.13 Salted caramel filling, toffee sauce, vanilla ice cream Mini American-style pancakes V 600 412 kcal 3.69 Two pancakes, maple-flavour syrup, vanilla ice cream Fresh fruit V 58 555 470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream Warm chocolate fudge cake V 909 kcal. Vanilla ice cream 5.48 5.48 Warm chocolate brownie 736 kcal Belgian chocolate sauce, vanilla ice cream Warm cookie dough sandwich V 727 kcal 5.48 Salted caramel filling, toffee sauce, vanilla ice cream 5.77 British Bramley apple crumble

Add: Custard V (134 kcal) 1.33; Vanilla ice cream scoop V (135 kcal) 99p Belgian chocolate sauce (61 kcal) 47p; Toffee sauce (166 kcal) 47p Banana (110 kcal) 60p; Strawberries (27 kcal) 60p; Blueberries (17 kcal) 60p

While we have procedures for segregating

kitchen and har service may involve shared

preparation within meals and drinks,

preparation/cooking areas. If you have

any specific food/drinks allergen needs

please inform us when ordering; we will

meal safely, although cannot guarantee

allergen communications. Swapping

items may result in changes to allergens

completely allergen-free environments or

products. Staff cannot offer specific advice

or recommendations beyond our published

take reasonable steps to prepare your

Vanilla ice cream ♥ 673 kcal, coconut ice cream ⊘ 628 kcal or custard ⊗ 537 kcal

### ALLERGEN AND NUTRITIONAL INFORMATION

American-style pancakes V 38 689 kcal

Four pancakes, maple-flavour syrup, vanilla ice cream

This can be found on the customer nformation screen, website and Wetherspoon app. Ingredients vary depending on location, and may have changed since your last visit. Use the ustomer information screen to filte menus by specific dietary requirements,

- Exclude those dishes containing certain
- See full lists of ingredients

- Set Calorie and carbohydrate limits
- List only yegan or yegetarian dishes.

### DIETARY SYMBOLS = Very mild = Mild = Medium hot = Very hot

= Extremely hot Vegetarian Vegan 5% fat or less 500 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

# RREAKFAST

1.15

1.23

98p

**Breakfast butties and wraps** 

Hash brown @ 82 kcal

Vegan sausage @ 82 kcal

98p

1.73

1.67

1.62

98p

57p

2.07

2.69

2.69

2.69

4.51

4.51

3.31

3.77

3.77

3.77

3.99

3.99

Baked beans @ 126 kcal

Poached egg V 63 kcal

**Breakfast extras** 

Add any of the following:

Lincolnshire sausage 168 kcal

Two scrambled eggs V 136 kcal

Two mushrooms @ 100 kcal

Bacon butty 574 kcal

Sausage butty 714 kcal

Breakfast wrap 724 kcal

or ANY soft drink°.

Two rashers of back bacon 131 kcal

Two grilled tomato halves @ 16 kcal

Four rashers of maple-cured bacon 91 kcal

Grilled halloumi-style cheese V 447 kcal

Three rashers of bacon, buttered white bloomer bread

Vegetarian sausage butty V 541 kcal

Two vegan sausages, buttered white bloomer bread

Vegetarian breakfast wrap V 735 kcal

Egg & cheese muffin V 249 kcal

Egg & bacon muffin (500) 314 kcal

Breakfast muffin (500) 482 kcal

Add: Hash brown @ (82 kcal) 51p

Egg & sausage muffin 500 417 kcal

Fried egg, American-style cheese, in an English muffin

Fried egg, bacon, American-style cheese, in an English muffin

Egg & vegetarian sausage muffin V 555 330 kcal

Smashed avocado muffin @ 5% (500) 271 kcal

Guacamole, pico de gallo, on an English muffin, rocket

Grilled halloumi-style cheese (447 kcal) 2.07

Fried egg, vegan sausage, American-style cheese, in an English muffin

Add: Maple-cured bacon (91 kcal) 1.62; Poached egg (63 kcal) 98p

Two Lincolnshire sausages, buttered white bloomer bread

Vegan option available with vegan spread @ 53 (1956) 435 kcal

Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese

Fried egg, two vegan sausages, two hash browns, Cheddar cheese

**Breakfast muffin deal** 

Includes tea, coffee, hot chocolate (free refills°)

Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin

Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin

Black pudding 178 kcal

Slice of toast V 225 kcal

Fried egg V 56 kcal

DALARI	4
Large breakfast 1343 kcal	5.99
Two fried eggs, bacon, two Lincolnshire sausages, baked beans,	
three hash browns, mushroom, two slices of toast  Traditional breakfast 807 kcal	3.69
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
Small breakfast 355 435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	2.79
Add: Black pudding (178 kcal) 80p	
Freedom breakfast 586 kcal	2.79
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
Large vegetarian breakfast ♥ 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns,	5.99
mushroom, tomato, two slices of toast	
Vegetarian breakfast 🔮 786 kcal	3.69
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
Small vegetarian breakfast 👽 🚳 😘 291 kcal	2.79
Fried egg, vegan sausage, baked beans, hash brown, tomato	
<b>Vegan breakfast ⊘</b> 642 kcal Two vegan sausages, baked beans, two hash browns, mushroom,	2.79
tomato, slice of toast, vegan spread	
American breakfast 1258 kcal	7.00
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup	
Small American breakfast 629 kcal	5.14
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage,	
two pancakes, maple-flavour syrup  Porridge   ©   ©   ©   ©   252 kcal (plain)	1.99
Add: Banana @ (110 kcal) 60p; Maple-flavour syrup @ (125 kcal) 30p	,
Strawberries @ (27 kcal) 60p; Blueberries @ (17 kcal) 60p	
Honey ♥ (91 kcal) 30p: Sliced apple   (46 kcal) 60p  NEW Shakshuka   ▼ 547 kcal	5.29
Two poached eggs, lightly spiced Mediterranean tomato & pepper sauce,	3.27
rocket, toasted ciabatta	
Add: Grilled halloumi-style cheese (447 kcal) 2.07  Maple-cured bacon (91 kcal) 1.62	
NEW Fiesta brunch © 659 kcal	3.34
Poached egg, toast, guacamole, pico de gallo,	
grilled halloumi-style cheese, mushroom, salsa  Eggs Benedict 725 kcal	5.29
Two poached eggs, on an English muffin, with Wiltshire cured ham,	3.27
Hollandaise sauce, rocket	
Mushroom Benedict ♥ 638 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.29
Miner's Benedict 939 kcal	5.29
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	
MEW Hash brown basket @ 600 410 kcal  American-style pancakes	2.14
NEW Four pancakes, banana, strawberries, blueberries,	5.14
maple-flavour syrup. 🗸 🚳 708 kcal	E 47
Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. 👽 🚳 554 kcal	5.14 4.45
Small American-style pancakes	
Two pancakes, maple-cured bacon, maple-flavour syrup. (555) 322 kcal Two pancakes, maple-flavour syrup. (V) (52) (535) 277 kcal	3.69 3.40
Scrambled egg on toast © 570 kcal	2.79
Three eggs, buttered white bloomer toast	
Beans on toast ♥ № 566 kcal. Buttered white bloomer toast Vegan option available with vegan spread Ø ጭ 등557 460 kcal	2.79
Small beans on toast 🔰 😘 📆 252 kcal. Buttered white bloomer toast	2.29
Two slices of toast with jam or marmalade V 524 kcal	1.99
White bloomer bread	2 00
Fresh fruit @ \$\cong \cong \co	2.99 3.49
Annle hanana hlueherries strawherries Greek-style honey yonhurt	J.4/

Apple, banana, blueberries, strawberries, Greek-style honey voohurt

Includes tea, coffee or hot chocolate. Free refills'

Two slices of toast with jam or marmalade

Tea and toast

V 524 kcal. White bloomer bread

## TEA. COFFEE AND

**HOT CHOCOLATE** - ALL DAY EVERY DAY -



Espresso @ 6 kcal Black coffee @ 6 kcal White coffee 24 kcal Hot chocolate 169 kcal

-Tea. coffee and hot chocolate-

Flat white **9**92 kcal

Latte V 113 kcal

Mocha V 147 kcal

Cappuccino V 102 kcal

with semi-skimmed milk V 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available.

### Riscuits

with drink without drink

2.49

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit 129 kcal 71p Salted caramel brownie bar 316 kcal 1.64

for the facts drinkaware.co.uk

idwetherspoon.com

## All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (w See our website for full details: jdwetherspoon.com "Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. Statement of daily Calorie needs from the Department of Health & Social Care. Excluding decaffeinated. \*Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned

Main menu 11.30am - 11pm. Children's menu available.





## **Table service**

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



## **Food hygiene**

We have been awarded the maximum food hygiene rating of 5 in our pub.



#### iustainable fish The cod and haddock we serve come from fisheries which have

been independently certified to the MSC's standard for well-managed and sustainable

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Allergen and nutritional information can

be found on the customer information screen,

#### 100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.

### Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

goodfoodtalks

The spoken menu app for the visually impaired

opening menus for everybody



8am - 12 noon

hot chocolate

Free refills

breakfast £3.69

**Traditional** 

Tea. coffee and

## **Deli Deals** INCLUDES A DRINK"

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink

soft drink\* £4.05

£5.58

alcoholic drink\*

## **Burger meals**

INCLUDES A DRINK

Featuring 3oz American burger soft drink\* alcoholic drink\*

£6.74 £5.21

## **Afternoon deals**

INCLUDES A DRINK

Mon - Fri, 2pm - 5pm Featuring small freshly battered fish and chips soft drink\* alcoholic drink\*

£7.57

£9.10

## Steak Club

INCLUDES A DRINK'

**Tuesday 11.30am - 11pm** Featuring classic 8oz sirloin

£11.13

alcoholic drink\* £12.66

£10.90

## **Curry Club**

INCLUDES A DRINK • **Thursday 11.30am - 11pm** 

Featuring the katsu curry range soft drink\* alcoholic drink\*

£9.37

INCLUDES A DRINK • Choose from over 150 drinks

## LAVATIA Coffee The freshly ground 100% Arabica



## Lavazza coffee<sup>tt</sup> we serve is from

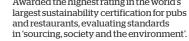








### **Sustainable Restaurant** Awarded the highest rating in the world's





on the app or by phone



website and Wetherspoon app. soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml). \*Choose from: Diet Pepsi, Pepsi, Pepsi Max or Pepsi Max or Pepsi Max cherry (398ml glass); apple, cranberry or orange juice (398ml glass); apple & mango, apple & raspberry or orange & passion fruit J20; Brecon Carreg natural mineral water (still/sparkling 500ml bottle), blackcurrant, lime or orange standard cordial (398ml glass); bloc orange or lemon Sanpellegrino (330ml can); Passion Fruit Cooler or Raspberry Refresher 0% cocktail (215ml glass); Monster Energy, Energy Ultra, Energy Ultra, Energy Ultra Rosá, Mango Loco or Pipeline Punch (500ml can); Old Adults need around 2000 kcal a day.§ lamaica ginger beer (330ml can); R White's raspberry lemonade (330ml can); Remedy kombucha raspberry lemonade (250ml can

Small plates Any 3 for £14.99	
8" pizzas. Sourdough base — proved, stretched, topped and freshly baked to or	der.
Margherita V 555 467 kcal. Mozzarella, basil	6.06
Pepperoni FF 575 kcal. Mozzarella, pepperoni	6.66
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket	6.66
<b>BBQ chicken</b> 555 kcal. Mozzarella, BBQ sauce, chicken breast, red onion, rocket	6.66
Roasted vegetable V 514 kcal	6.66
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	
Roasted vegetable and vegan cheeze @ \$2 \$35 416 kcal Mushroom, roasted pepper, courgette, onion, basil	6.66
Spicy meat feast FFF 615 kcal	7.24
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	
NEW Char-grilled halloumi-style cheese V 514 kcal Rocket, roasted pepper, courgette, onion, salsa	5.11
11" garlic pizza bread V 772 kcal	5.72
Nachos /// V 695 kcal	5.96
Cheese, guacamole, salsa, sour cream, sliced chillies	
Bowl of chips @ 964 kcal	3.99
Bowl of chips with curry sauce @ 1082 kcal	5.29
Cheesy chips ♥ 1256 kcal	5.49
<b>Loaded chips</b> 1303 kcal. Cheese, maple-cured bacon, sour cream	5.79
Tomato & basil soup ♥ ॐ ॄ ॐ 374 kcal. White bloomer bread Vegan option available with vegan spread ⊘ ॐ ᢏ 285 kcal	4.38
With any of the small plates below, choose one dip:  NEW Korean-style dip ♥ 96 kcal; Sweet chilli  ● ③ 37 kcal; Sticky soy ♥ 10  Naga chilli  ● ● ③ 136 kcal; Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal  Chipotle mayo ● ● ● ● 150 kcal; Blue cheese ♥ 270 kcal; BBQ sauce ③ 83 kca	
Halloumi-style fries ♥ 555 396 kcal Chicken bites 555 322 kcal. Ten battered chicken breast pieces Southern-fried chicken strips € 555 459 kcal. Five chicken breast strips Chicken wings € 813 kcal. Ten spicy chicken wings Quorn™ nuggets ② 555 331 kcal. Eight coated pieces	5.11 6.24 6.24 6.90 5.34

## Deli Deals INCLUDES A DRINK

All wraps and paninis are freshly made to order. 10" wraps A smaller wrap and filling.

Small Korean fried chicken 384 kcal	
lceberg lettuce, cucumber, coriander, Korean-style sauce	
Small brunch wrap 559 kcal	just-a-wra
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	without a dr
Small vegetarian brunch wrap V 545 kcal	3.14

Fried egg, two vegan sausages, Cheddar cheese Small shawarma chicken **FFF** 502 kcal soft drink\* Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, 4.05 tomato, onion, rocket, fresh mint each Small Quorn™ nuggets @ 555 310 kcal

each

5.58

each

Salad leaves, tomato, cucumber, salsa alcoholic drink\* Small southern-fried chicken FFF (500) 399 kcal Salad leaves, smoky chipotle mayo

Small cold chicken breast **FF** 58 587 277 kcal Salad leaves, sweet chilli sauce

Small fried halloumi-style cheese // V 500 391 kcal Salad leaves, sweet chilli sauce, tomato, cucumbo

Add: Small side salad @ (46 kcal); Small portion of chips @ (329 kcal) 1.13 each

NEW Korean fried chicken 618 kcal Iceberg lettuce, cucumber, coriander, Korean-style sauce

Shawarma chicken **\*\*\*\*** 719 kcal. Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

**Southern-fried chicken \*\*\* 609** kcal. Salad leaves, smoky chipotle mayo Cold chicken breast 🎵 🚳 479 kcal. Salad leaves, sweet chilli sauce Fried halloumi-style cheese 707 kcal

soft drink\* Salad leaves, sweet chilli sauce, tomato, cucumbe 7.15 **Quorn**<sup>™</sup> **nuggets** Ø № 508 kcal. Tomato, cucumber, salsa each

alcoholic drink\* NEW Roasted vegetable and vegan cheeze @ 480 kcal 8.68 Tuna mayo and Cheddar cheese 590 kcal

Cheddar cheese and tomato V 527 kcal Wiltshire cured ham and Cheddar cheese 508 kcal BBQ chicken, bacon and Cheddar cheese 586 kcal

8" pizzas on a freshly baked sourdough base Choose any 8" pizza from the small plates section.

Add: Side salad @ (91 kcal); Tomato & basil soup @ (150 kcal) **Spicy rice** (208 kcal); **Chips** (602 kcal) **1.54** each

## Burgers includes Adrink 📢 Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

Chicken burgers

Served with a small portion of chips (329 kcal, included in Calories below).

Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce

NEW Korean crunchy chicken strip burger 712 kcal

Two southern-fried chicken strips, iceberg lettuce, mayonnaise

Crunchy chicken strip burger **₱** 776 kcal

	3
Beef burgers One 3oz beef patty.	
Served with a small portion of chips (329 kcal, included in Calories below)  American burger 696 kcal	0011 011111
Red onion, gherkin, ketchup, American-style mustard	<b>5.21</b> each
Classic beef burger 677 kcal	alcoholic drink*
Iceberg lettuce, tomato, red onion  Skinny beef burger (30) 375 kcal	6.74
Iceberg lettuce, tomato, red onion, with a side salad, instead of chips	each
American cheese burger 730 kcal	soft drink* 5.80
	pholic drink* 7.33
American-style mustard	
Double beef burgers Two 3oz heef patties.	soft drink*
Served with chips (602 kcal, included in Calories below).	7.50
<b>Double American burger</b> 1138 kcal Red onion, gherkin, ketchup, American-style mustard	each
Double classic beef burger 1119 kcal	alcoholic drink*
Iceberg lettuce, tomato, red onion	each
Double American cheese burger 1207 kcal	soft drink* 8.10
American-style cheese, red onion, gherkin, ketchup, alco American-style mustard	oholic drink* 9.63
Alliericali-styte iliustaru	

**Gourmet burgers** Served with chips, six onion rings (871 kcal, included in Calories below).

**Ultimate burger** 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1567 kcal

Char-grilled chicken breast 1417 kcal; Fried buttermilk chicken 1703 kcal soft drink\* BBQ burger 9.70 Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal alcoholic drink\* Char-grilled chicken breast 1494 kcal; Fried buttermilk chicken 1780 kcal

Heatwave burger

Naga chilli mavo. American-style cheese, hash brown. topped with a spicy chicken wing

Choose: Char-grilled chicken breast 1722 kcal; Fried buttermilk chicken 2007 kcal Fiesta burger @ 1380 kcal

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1770 kcal soft drink\* 11.15 Three 3oz beef patties, American-style cheese, maple-cured bacon, alcoholic drink\* 12.68 red onion, gherkin, ketchup, American-style mustard

### CULTURES INCLUDES A DRINK ...

Classic curries With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry **//** @ 529 927 kcal

Chicken tikka masala // 1190 kcal Chicken jalfrezi FFF 32 935 kcal

Beef Madras /// 1043 kcal

soft drink\* alcoholic drink\* 11.32 each

12.85 each

soft drink\* alcoholic drink\*

10.61

each

alcoholic drink\*

11.73

each

9.08

11.23

Change your plain naan to a garlic naan (V) (add 92 kcal) 52p

Simple curries With basmati pilau rice or chips.

Simple Mangalorean roasted cauliflower & spinach curry // @ Choose: Basmati pilau rice 52 568 kcal; Chips 970 kcal

Simple chicken tikka masala Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal

Simple chicken jalfrezi Choose: Basmati pilau rice 🚳 575 kcal; Chips 977 kcal Simple beef Madras

Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal Add: One vegetable samosa and two onion bhaiis (293 kcal) 1.86

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu grilled chicken curry 58 542 kcal Sliced char-grilled chicken breast

soft drink\* 10.20 Katsu Quorn™ nugget curry @ 686 kcal

Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet

Eight coated pieces

Two plain poppadums @ (86 kcal) **52p** 

Adults need around 2000 kcal a day.§

Served with chips (602 kcal, included in Calories below).	soft drink*
Fried buttermilk chicken burger 1255 kcal	7.50
Breaded whole chicken breast fillet	each
Char-grilled chicken breast burger 970 kcal	alcoholic drink*
Skinny chicken burger 5% 555 394 kcal	9.03
Char-grilled chicken breast, with a side salad, instead of chips	each
Meat-free burgers Served with chips (602 kcal, included in Calories below).	soft drink*
<b>Beyond Burger™ ②</b> 1043 kcal	<b>7.50</b>
BEYOND MEAT" plant-based patty, iceberg lettuce, garlic & herb sauce	each
Breaded vegetable burger ♥ 1039 kcal	alcoholic drink*
Lentils, carrot, onion, sweetcorn, mushroom, mozzarella,	9.03
mature Cheddar cheese	each
Fried halloumi-style cheese burger  ♥ ♥ № 1118 kcal Sweet chilli sauce	
Just-a-burger	
Served on its own, without chips or a drink.	
NEW Korean crunchy chicken strip burger 🚳 383 kcal	
Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce	3.51
American burger (556) 367 kcal	each
Red onion, gherkin, ketchup, American-style mustard	
Crunchy chicken strip burger ≠ 5000 447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	
Additional toppings and burger patties	2.27
Maple-cured bacon with Cheddar cheese 173 kcal	2.24 ccal 2.24
Maple-cured bacon with American-style cheese 160 k Cheddar cheese ♥ 82 kcal	1.62
American-style cheese V 69 kcal	1.62
NEW Vegan cheeze @ 57 kcal	1.62
Maple-cured bacon 91 kcal	1.62
Crunchy chicken strip 🏲 92 kcal	1.60

## CITIC KEIT INCLUDES A DRINK ...

Fried halloumi-style cheese V 298 kcal

BEYOND MEAT patty @ 184 kcal

NEW Sticky Korean fried chicken bowl 961 kcal soft drink\* 9.79 alcoholic drink\* 11.32 Chicken strips, chicken breast bites. chips tossed in a Korean-style sauce, coriander, sliced chillies

Fried buttermilk chicken 473 kcal; Breaded vegetable patty V 257 kcal

Chicken on the bone is marinated, slow cooked and finished on the char-grill

3oz beef patty 168 kcal; Char-grilled chicken breast 187 kcal

### Peri-peri char-grilled half chicken

Lemon and herb / Char-grilled in a lemon & herb glaze. Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal

Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze. Coleslaw, Naga chilli dip Choose: Side salad 888 kcal: Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy

Chicken baskets

Boneless basket 🍠 Three southern-fried chicken strips, five chicken breast bites. coleslaw BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal Chicken wing basket FFF Eight wings, coleslaw, Naga chilli dip

Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice 3 763 kcal; Chips 1157 kcal

Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal

Southern-fried chicken strips basket 🏿 Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal

Quorn<sup>™</sup> 'no chicken' nuggets basket 🏴 🔻 Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

Red onion 🥏 10 kcal; Sliced chillies 🏴 🌹 🎯 3 kcal; Mush	nroom 🥏 4 kc	al each <b>93</b>
<mark>arlic &amp; herb dip 🥥 1</mark> 80 kcal; <b>Mozzarella 父</b> 150 kcal; <b>Ham</b> 7 Chicken breast 94 kcal; <b>Maple-cured bacon</b> 91 kcal	1 kcal	each <b>1.2</b>
Pepperoni 🍠 109 kcal; Roasted vegetables ⊚ 90 kcal		each <b>1.6</b>
Small pub classics incu	UDES A DE	RINK" • 🚹
Small freshly battered cod and chips Ø	soft drink* <b>9.31</b>	alcoholic drii 10.8
Small Whitby breaded scampi hips, peas 629 kcal or mushy peas 686 kcal. our Whitby breaded scampi	9.31	10.8
dd: Two slices of bread ♥ (404 kcal) <b>1.44</b> hip shop-style curry sauce ⊘ (118 kcal) <b>1.56</b>		
Small Wiltshire cured ham, egg and chips (****) 455 kcal ne slice of Wiltshire cured ham, fried egg	4.79	6.3
Small all-day brunch 681 kcal incolnshire sausage, bacon, fried egg, baked beans, chips dd: Black pudding (178 kcal) <b>80</b> p	4.99	6.5
<b>Small vegetarian all-day brunch </b> 611 kcal wo vegan sausages, fried egg, baked beans, chips	4.99	6.5

	soft drink*	alcoholic drink*
Freshly battered cod and chips 🥏	11.55	13.08
Peas 1240 kcal or mushy peas 1298 kcal		
Whitby breaded scampi	11.55	13.08
Chips, peas 1135 kcal or mushy peas 1192 kcal.		
Eight Whitby breaded scampi		
Add: Two slices of bread (404 kcal) 1.44		
Chip shop-style curry sauce @ (118 kcal) 1.56		
All-day brunch 1245 kcal	5.45	6.98
Two fried eggs, bacon, two Lincolnshire sausages, baked beans,	chips	
Add: Black pudding (178 kcal) 80p		
Vegetarian all-day brunch V 1023 kcal	5.45	6.98
Two fried eggs, three vegan sausages, baked beans, chips		
Steak & kidney pudding Peas, onion & red wine gravy	5.45	6.98
Choose: Mashed potato 963 kcal; Chips 1279 kcal		
Bangers and mash 894 kcal	9.79	11.32
Three Lincolnshire sausages, peas, onion & red wine gravy	0.70	11 22
Vegetarian bangers and mash ♥ 635 kcal Three vegan sausages, peas, onion & red wine gravy	9.79	11.32
Wiltshire cured ham, eggs and chips 856 kcal	5.21	6.74
Two slices of Wiltshire cured ham, two fried eggs	5.21	0.74
Sausages, chips and beans 1170 kcal	5.45	6.98
Three Lincolnshire sausages	0	0.70
Vegan sausages, chips and beans @ 910 kcal	5.45	6.98
Three vegan sausages		
NEW Chilli bean non-carne 🖊 🕢 🚳 635 kcal	5.45	6.98
Red peppers, red kidney and black turtle beans, smoky chipotle s	sauce, rice,	tortilla chips

## Afternoon deal

soft drink\* alcoholic drink\* Margherita V 934 kcal. Mozzarella, basil 7.78 9.31 Pepperoni // 1151 kcal Mozzarella, pepperoni soft drink\* Ham and mushroom 1011 kcal 8.85 Mozzarella ham mushroom rocket each BBQ chicken 1097 kcal Mozzarella RBO sauce chicken breast redinion rocket alcoholic drink\*

10.38

Mozzarella, mushroom, roasted pepper, courgette, onion, basil Roasted vegetable and vegan cheeze @ 829 kcal Mushroom, roasted pepper, courgette, onion, basil

11"DIZZAS INCLUDES A DRINK •

Sourdough base - proved, stretched, topped and freshly baked to order

Spicy meat feast **FFF** 1214 kcal 9.92 11.45 Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket

**Additional toppings** 

Roasted vegetable V 1028 kcal

soft drink\*

5.21

each

alcoholic drink\*

6.74

each

each **2.07** 

soft drink\*

12.31

each

alcoholic drink\*

13.84

each

soft drink\*

7.78

each

alcoholic drink\*

9.31

each

Add: Chicken

gravy (50 kcal)

99p

Sinair pub crassics incr	UDES A DI	STINK OF M
Small freshly battered cod and chips  Peas 681 kcal or mushy peas 739 kcal	soft drink* <b>9.31</b>	alcoholic drink* 10.84
Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi	9.31	10.84
Add: Two slices of bread ♥ (404 kcal) 1.44 Chip shop-style curry sauce ⊘ (118 kcal) 1.56		
Small Wiltshire cured ham, egg and chips 355 455 kcal	4.79	6.32

Afternoon deal soft drink\* | alcoholic drink\* Mon - Fri, 2pm - 5pm 9.10 7.57

## Pub classics includes a drink of

<b>5.45</b> chips	6.98
5.45	6.98
5.45	6.98
9.79	11.32
9.79	11.32
5.21	6.74
5.45	6.98
5.45	6.98
5.45	6.98
	5.45 5.45 9.79 9.79 5.21 5.45 5.45

alcoholic drink soft drink\* Mon - Fri, 2pm - 5pm 8.74 10.27

## Steaks and grills includes a drink From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork),

matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking. soft drink\* 12.72 Classic 8oz sirloin steak 459 kcal 14.25 Classic 10oz rib-eye steak 717 kcal 15.22 16.75 Choose: Side salad 87 kcal; Mediterranean salad 198 kcal; Jacket potato 225 kcal

Mashed potato 143 kcal; Chips 602 kcal Gourmet 8oz sirloin steak 712 kcal 15.07 16.60 17.57 19.10 Gourmet 10oz rib-eye steak 965 kcal

Peas, tomato, mushroom, three onion rings, steak sauce Choose: Side salad 87 kcal; Mediterranean salad 198 kcal; Jacket potato 225 kcal Mashed notato 143 kgal- Chins 602 kgal

Add your choice of steak sauce: Creamy peppercorn sauce (74 kcal) Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.92 each

Below meals are served with peas, tomato and mushroom. soft drink\* alcoholic drink\* BBQ chicken melt 11.55 Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad 539 kcal; Mediterranean salad 739 kcal Jacket potato 🚳 856 kcal; Mashed potato 827 kcal; Chips 1143 kcal 5oz gammon and egg 11.73 Choose: Side salad 532 kcal: Mediterranean salad 532 kcal Jacket potato 649 kcal; Mashed potato 620 kcal; Chips 936 kcal 10oz gammon and eggs 13.37 14.90 Choose: Side salad 611 kcal: Mediterranean salad 741 kcal Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 1146 kcal

Mixed grill 14.90 Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips 1519 kcal Large mixed grill 15.12 16.65 Gammon, pork loin, rump, lamb, two Lincolnshire sausages

fried egg, six onion rings Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips 2012 kcal

## Noodles, salads and pastas INCLUDES A DRINK'

soft drink\* alcoholic drink\* Ramen noodle bowl **FF** @ 58 666 kcal 9.29 Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Char-grilled chicken breast (93 kcal) 1.25 Poached egg V (63 kcal) 98p Chicken & maple-cured bacon salad 9.49 11.02 Choose: Char-grilled chicken breast 283 kcal Southern-fried chicken breast strips (\$500) 465 kcal 10.02 Mediterranean salad @ 5334 kcal 8.49 Pearl barley, guinoa, butternut squash, wheat berries, red pepper cherry tomatoes, pumpkin seeds, basil, dressing Add: Grilled halloumi-style cheese (V) (447 kcal) 2.07 Tuna mayo (298 kcal) 1.16; Roasted vegetables @ (90 kcal) 1.63 Char-grilled chicken breast (187 kcal) 2.07 Grilled halloumi-style cheese 8.49 10.02 & roasted vegetable salad V 500 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing 10.02 Burrito salad bowl V 668 kcal 8.49 Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, quacamole sliced chillies Add: Char-grilled chicken breast (187 kcal) 2.07 Chilli bean non-carne / (a) (149 kcal) 2.07 Pasta alfredo V 618 kcal 10.33 11.86 Fusilli pasta, creamy pecorino & regato cheese sauce, spinach sun-dried tomato, basil, rocket

## Jacket potatoes includes a drink

With side salad and one filling. Extra fillings 1.32 each. Tuna mayo 592 kcal; Coleslaw V 559 kcal Cheese V 512 kcal

Add: Char-grilled chicken breast (187 kcal) 2.07

British beef & pancetta lasagne

Choose: Side salad 761 kcal; Chips 1295 kcal

Maple-cured bacon (91 kcal) 1.62

Baked beans @ 5% 555 482 kcal Chilli bean non-carne / @ 58 588 442 kcal Roasted vegetables @ 59 (500) 383 kcal

alcoholic drink\* soft drink\* 8.31 9.84

10.90

12.43