#### Desserts

Millionaire's shortbread 🛛 🎆 331 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	2.32
Vanilla ice cream V (557) 257 kcal Two scoops, toffee sauce, Belgian chocolate sauce	1.97
<b>Cookie crunch (V) (555)</b> 287 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.97
Mini warm chocolate brownie V (555) 397 kcal Belgian chocolate sauce, vanilla ice cream	3.13
Mini warm cookie dough sandwich V 🐻 347 kcal Salted caramel filling, toffee sauce, vanilla ice cream	3.13
Mini American-style pancakes 文 👹 373 kcal Two pancakes, maple-flavour syrup, vanilla ice cream	4.28
<b>Fresh fruit and ice cream (V)</b> 🚳 (1997) kcal Apple, banana, blueberries, strawberries, vanilla ice cream	3.49
Salted caramel sticky toffee pudding V 799 kcal Vanilla ice cream	5.72
Warm chocolate fudge cake 🔇 832 kcal. Vanilla ice cream	5.48
Warm chocolate brownie 🔮 697 kcal Belgian chocolate sauce, vanilla ice cream	5.48
Warm cookie dough sandwich 🕥 601 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.48
British Bramley apple crumble 👽 602 kcal. Vanilla ice cream	5.77
American-style pancakes 💟 🌚 650 kcal Four pancakes, maple-flavour syrup, vanilla ice cream	5.72

Add: Vanilla ice cream scoop V (97 kcal) 99p; Toffee sauce V (66 kcal) 47p Belgian chocolate sauce @ (61 kcal) 47p; Banana @ (110 kcal) 60p Strawberries (14 kcal) 60p; Blueberries (17 kcal) 60p

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as: • Exclude those dishes containing certain allergens.

- See full lists of ingredients. Set Calorie and carbohydrate limits
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and %  $\label{eq:constraint}$ drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

**DIETARY SYMBOLS** 

= Very mild = Mild = Medium hot = Very hot **Extremely hot** Vegetarian 🥏 Vegan 🕺 5% fat or less 👫 Dish under 500 Calories

Adults need around 2000 kcal a day.§

#### wetherspoon hotels Over 50 hotels and 1,329 rooms across

England, Ireland, Scotland and Wales.

### **Book direct.**

Available only at idwetherspoon.com, on the app or by phone.

# Scan to find out more.

# **BREAKFAST** Served 8am - 12 noon

Large breakfast 1320 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	
<b>Traditional breakfast</b> 774 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
Small breakfast (555) 435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	
Add: Black pudding (178 kcal) <b>80p</b>	
<b>Freedom breakfast</b> 581 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
Large vegetarian breakfast 🕥 1075 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
<b>Vegetarian breakfast                                    </b>	
<b>Small vegetarian breakfast V 🕸 🗺</b> 281 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	
<b>Vegan breakfast @                                   </b>	
American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausage four pancakes, maple-flavour syrup	S,
Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	

### **Tea and toast**

Includes tea, coffee or hot chocolate. Free refills		
	with drink	without drin
Two slices of toast with jam or marmalade (W) (1997) 458 kcal. White bloomer bread	2.49	1.99

### **Breakfast butties and wraps**

<b>Bacon butty</b> 574 kcal Three back bacon rashers, buttered white bloomer bread	2.69
	2.69
Vegetarian sausage butty 💟 520 kcal	2.69
Two vegan sausages, buttered white bloomer bread <b>Vegan option available with vegan spread @ </b> (1988) 414 kcal	
Breakfast wrap 724 kcal Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	5.08
<b>Vegetarian breakfast wrap                                   </b>	5.08

### **Breakfast muffin deal**

Includes tea, coffee, hot chocolate (free refills") or a soft drink.	
Egg & cheese muffin () (187) Fried egg, American-style cheese, in an English muffin	2.59
Egg & bacon muffin (500) 346 kcal Fried egg, bacon, American-style cheese, in an English muffin	2.79
Egg & sausage muffin (555) 449 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	2.79
Egg & vegetarian sausage muffin () () 352 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	2.79
<b>Breakfast muffin</b> 514 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	2.99
Add: Hash brown 🥝 (82 kcal) 51p	

<b>Eggs Benedict</b> 756 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	6.07
Mushroom Benedict 👽 667 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	6.07
<b>Miner's Benedict</b> 970 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	6.07
American-style pancakes – choose: Four pancakes, banana, strawberries, blueberries, maple-flavour syrup. ♥ ॐ 694 kcal	5.72
Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. 💙 🧐 554 kcal	5.72 5.03
Small American-style pancakes – choose: Two pancakes, maple-cured bacon, maple-flavour syrup. ♥ 322 kcal Two pancakes, maple-flavour syrup. ♥ 🕸 🐯 277 kcal	4.28 3.98
Scrambled egg on toast 🛛 570 kcal Three eggs, buttered white bloomer toast	2.99
Beans on toast 🖤 😨 566 kcal. Buttered white bloomer toast Vegan option available with vegan spread 🥥 🕸 📆 460 kcal	2.99
Small beans on toast 👽 🕸 🗺 252 kcal. Buttered white bloomer toast	2.49
Fresh fruit 🥏 🥺 뻀 186 kcal. Apple, banana, blueberries, strawberries	2.99
Fresh fruit and yoghurt 💙 🥯 🗱 320 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	3.49
Porridge () (30 (110 kcal) 253 kcal (plain) Add: Banana () (110 kcal) 60p; Strawberries () (14 kcal) 60p Blueberries () (17 kcal) 60p; Honey () (152 kcal) 30p Sliced apple () (46 kcal) 60p; Maple-flavour syrup () (104 kcal) 30p	1.99

### **Breakfast extras**

Add any of the following:		
Black pudding 178 kcal	80p Hash brown 🥏 82 kcal	51p
Two back bacon rashers 131 kcal	1.67 Two mushrooms 🥏 94 kcal	98p
Lincolnshire sausage 168 kcal	1.15 Two tomato halves 🥥 16 kcal	57p
Vegan sausage 🥏 72 kcal	1.15 Hollandaise sauce V 299 kcal	1.92
Fried egg V 56 kcal	98p Slice of toast V 192 kcal	1.23
Poached egg V 63 kcal		98p
Two scrambled eggs V 136 kcal		1.73
Baked beans 🥏 126 kcal		98p

### - Tea. coffee and hot chocolate $\neg$

FREE	Flat white 💟 92 kcal
	Cappuccino V 102 kcal
REFILLS	Latte V 113 kcal
<b>KLIILD</b>	Mocha V 147 kcal
TEA, COFFEE AND	Espresso 🤕 6 kcal
HOT CHOCOLATE	Black coffee 🥥 6 kcal
— ALL DAY EVERY DAY —	White coffee V 24 kcal
	Hot chocolate 🕐 169 kcal
TORINO, ITALIA, 1895	<b>Tea</b> with semi-skimmed milk <b>V</b> 14 kcal
<b>£1.71</b> each	Dairy alternative: oat sachet 🥥 4 kcal Decaffeinated tea and coffee available.
Biscuits	•••••••••••••••••••••••••••••••••••••••
Walkers shortbread (2015) kcal Stem ginger biscuit (2012) kcal Belgian chocolate biscuit (2012) kcal	<b>71p</b> each

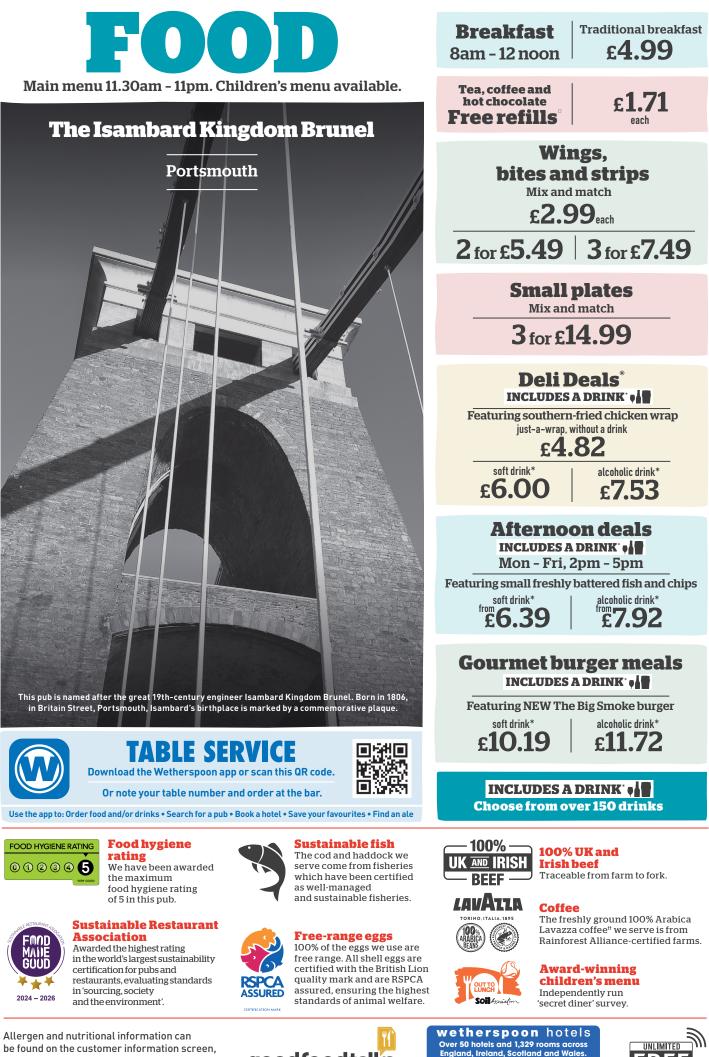
idwetherspoon.com

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See website for full details: jdwetherspoon.com "Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. ement of daily Calorie needs from the Department of Health & Social Care. \*\* Excluding decaffeinated tea and decaffeinated coffee. \*Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

for the facts

drinkaware.co.uk

website and Wetherspoon app.



Adults need around 2000 kcal a day.§

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### Small plates 3 for £14.99

Nachos /// The kcal Cheese, guacamole, salsa, sour cream, sliced chillies	5.96
Bowl of chips Ø %4 kcal	3.99
Bowl of chips with curry sauce 🥥 1082 kcal	5.29
Cheesy chips 🔍 1256 kcal	5.49
<b>Loaded chips</b> 1303 kcal Cheese, maple-cured bacon, sour cream	5.79
NEW Shawarma-chicken-topped chips /// 1387 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces	5.79
Halloumi-style fries 🖉 🕐 🐯 458 kcal Sweet chilli sauce	5.11
Chicken bites (555) 403 kcal Ten battered chicken breast pieces, BBQ sauce	6.24
<b>Southern-fried chicken strips /</b> 547 kcal Five chicken breast strips, Jack Daniel's® Tennessee Honey glaze	6.35
Chicken wings /// 1113 kcal Ten spicy chicken wings, Naga chilli sauce	6.90
Quorn™ nuggets <i>PP</i> @ ∰ 345 kcal Eight coated pieces, sweet chilli sauce	5.34

### Wings, bites and strips

Mix and match Five chicken wings /// (500) 445 kcal Spicy chicken wings	<b>2.99</b> each
Five chicken bites ()) 161 kcal	2 for
Battered chicken breast pieces	5.49
<b>Three southern-fried chicken strips // </b> 🗰 276 kcal	3 for
Chicken breast strips	7.49
Five Quorn <sup>™</sup> nuggets Ø ເໜືອ 177 kcal Five coated pieces	

Add: Sweet chilli sauce **FF** @ (62 kcal) Naga chilli sauce **FFF** (2) (136 kcal); **BBQ sauce** (83 kcal) Jack Daniel's<sup>®</sup> Tennessee Honey glaze V (87 kcal) Chipotle mayo FFF V (150 kcal); Blue cheese sauce V (270 kcal) Garlic & herb din 🕢 (301 kcal)

#### Deli Deals<sup>®</sup> INCLUDES A DRINK

All wraps and paninis are freshly made to order.

12" wraps (just-a-wrap, without a drink 4.82 each) NEW Brunch wrap 741 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese

NEW Vegetarian brunch wrap V 622 kcal Two fried eggs, two vegan sausages, Cheddar cheese

Shawarma chicken **FFF** 712 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, coriander, rocket

Quorn<sup>™</sup> nuggets **/** Ø 🚟 490 kcal Salad leaves, tomato, cucumber, salsa

Southern-fried chicken **FFF** 623 kcal Salad leaves, smoky chipotle mayo

Cold chicken breast **//** 58 (1993) 485 kcal Salad leaves, sweet chilli sauce

Fried halloumi-style cheese **FF** V 727 kcal Salad leaves, sweet chilli sauce, tomato, cucumbe

Paninis

Cheddar cheese and tomato 💟 604 kcal

Wiltshire cured ham and Cheddar cheese 580 kcal

BBQ chicken, bacon and Cheddar cheese 68 576 kcal

Tuna mayo and Cheddar cheese 581 kcal

Add: Side salad 🕢 (111 kcal) Spicy rice 🖉 🥥 (203 kcal); Chips 🥥 (602 kcal) 1.54 each

### Burgers Includes A DRINK Beef burgers made with 100% British beef, freshly cooked to order.

Served with chips (add 602 kcal) or ask for a side salad @ (add 111 kcal). With red onion, gherkin, ketchup, American-style mustard. soft drink\* 7.99 American 529 kcal 6oz beef patty alcoholic drink\* 9.52 soft drink\* 8.58 American cheese 597 kcal 6oz beef patty, American-style cheese

alcoholic drink\* 10.11 Served with chips (add 602 kcal) or ask for a side salad (add 111 kcal). With iceberg lettuce, tomato, red onion. The classic burger 540 kcal soft drink\* 6oz beef patty 7.99 Fried buttermilk chicken 460 kcal each Breaded whole chicken breast fillet alcoholic drink\* The plant burger ⊘ 537 kcal 9.52 Plant-based patty, garlic & herb sauce each

Halloumi-style cheese and sweet chilli Fried halloumi-style cheese, sweet chilli sauce Served with chips (add 602 kcal) or ask for a side salad @ (add 111 kcal). Crunchy chicken / 440 kcal soft drink\*

Two southern-fried chicken strips, iceberg lettuce, mayonnaise NEW Korean fried chicken / 376 kcal alcoholic drink\*

Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce

### Gourmet burgers Includes A DRINK

Served with six beer-battered onion rings (add 269 kcal) and chips (add 602 kcal) or ask for a side salad @ (add 111 kcal). With iceberg lettuce, tomato, red onion.

NEW Cheese meltdown American-style cheese, smothered with Emmental & Cheddar cheese sauce Choose: Beef (6oz beef patty) 732 kcal Fried buttermilk chicken 839 kcal

#### NEW The Big Smoke

**99p** each

soft drink\*

6.00

each

alcoholic drink\*

7.53

each

Pulled BBQ beef brisket, American-style cheese, maple-cured bacon Choose: Beef (6oz beef patty) 1170 kcal Fried buttermilk chicken 1310 kcal

#### NEW Buffalo 🖉 🖉 819 kcal

Fried buttermilk chicken, blue cheese sauce, Naga chilli sauce, American-style cheese, topped with a spicy chicken wing

NEW BBQ stack @ 439 kcal Plant-based patty, stacked with six onion rings and covered with BBQ sauce

The ultimate burger 851 kcal 6oz beef patty, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (6oz beef patty) 719 kcal Fried buttermilk chicken 639 kcal

soft drink\* **11.65** alcoholic drink\* **13.18 NEW** The Empire State 1038 kcal Two 6oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

A dditional terminas	
Additional toppings	
Sliced pickled gherkins 🥝 11 kcal	50p
BBQ sauce 🥏 71 kcal	99p
Maple-cured bacon with Cheddar cheese 173 kcal	2.24
Maple-cured bacon with American-style cheese 160 kcal	2.24
Cheddar cheese V 82 kcal	
American-style cheese V 69 kcal	
Maple-cured bacon 91 kcal	
Crunchy chicken strip 🖊 92 kcal	each <b>1.62</b>
Additional burger patties	
6oz beef patty 337 kcal	2.34

6oz beef patty 337 kcal	2.34
Fried buttermilk chicken 473 kcal	
Fried halloumi-style cheese V 298 kcal	
Plant-based patty 🥏 152 kcal	each <b>2.07</b>

### Chicken Includes A DRINK

#### Sticky Korean fried chicken bowl 🖉

Chicken strips, chicken breast bites, tossed in a Korean-style sauce, coriander. sliced chillies Choose: Coconut-flavour rice 🚳 866 kcal Chips 1234 kcal Sticky Korean fried Quorn<sup>™</sup> 'no chicken' bowl 🖉 🤕 Eight coated pieces, tossed in a Korean-style sauce,

coriander, sliced chillies Choose: Coconut-flavour rice 🚳 712 kcal Chips 1080 kcal

#### Boneless basket 🖊

Three southern-fried chicken strips, five chicken breast bites, coleslaw BBQ sauce Choose: Side salad 720 kcal Spicy rice 856 kcal; Chips 1255 kcal

Chicken bites basket Ten battered chicken breast pieces, coleslaw, BBQ sauce Choose: Side salad 622 kcal Spicy rice / 758 kcal; Chips 1157 kcal

Southern-fried chicken strips basket 🖉 alcoholic drink' Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 747 kcal Spicy rice 883 kcal; Chips 1282 kcal

Quorn™ 'no chicken' nuggets basket 🗾 🔍 Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 520 kcal Spicy rice 657 kcal; Chips 1056 kcal

#### Curries includes a drink

#### **Classic curries**

With basmati pilau rice, plain naan and poppadums. Sweet potato, chickpea soft drink\* & spinach curry 🗾 🕢 😳 916 kcal

Chicken tikka masala 🗾 1036 kcal

Chicken jalfrezi 🗾 🐼 923 kcal

Beef Madras //// 1088 kcal

Change your plain naan to a garlic naan 🕐 (add 92 kcal) 52p

#### **Simple curries** With basmati pilau rice or chips.

Simple sweet potato, chickpea & spinach curry 🗾 🤕 Choose: Basmati pilau rice 557 kcal; Chips 959 kcal

Simple chicken tikka masala 🖊

Choose: Basmati pilau rice 676 kcal; Chips 1079 kcal Simple chicken ialfrezi

Choose: Basmati pilau rice 😳 564 kcal; Chips 966 kcal Simple beef Madras

Choose: Basmati pilau rice 729 kcal; Chips 1131 kcal Add: One vegetable samosa and two onion bhajis **FF** @ (295 kcal) **1.86** Two plain poppadums 🥥 (86 kcal) 52p

#### Katsu curries

With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.		
Katsu grilled chicken curry 🖉 🌚 542 kcal Sliced chicken breast		
<b>Katsu Quorn<sup>™</sup> nugget curry /7 @</b> 638 kcal Eight coated pieces	soft drink* <b>9.03</b> each	
Katsu chicken curry / 828 kcal Sliced whole breaded chicken breast fillet	eduli	

### **Curry Club**<sup>®</sup>

Thursday 11.30am - 11pm Featuring chicken korma see Curry Club<sup>®</sup> menu for full range.

### Pub

soft drink\*

8.79

each

alcoholic drink

each

soft drink\*

8.98

each

10.51

each

alcoholic drink\*

11.67

each

alcoholic drink\*

9.45

each

alcoholic drink\*

10.56

each

Icoholic drink

10.32

10.14

each

soft drink\*

7.92

each

soft drink\*

8.79

10.32

Whitby br Chips, peas 1 or baked bear

**BBQ** chick Chicken breas peas, mushro

**NEW** Stea Peas, onion & Choose: Mash

Mon - Fri, 2pm - 5pm

Small free Cod, peas 687 or baked bear

Small Wh Chins neas 62 or baked bear

Add: Two slice Chip shop-sty

Small Wil egg and ch One slice of W

Small all-Lincolnshire s Add: Black pu

Small veg Two vegan sau

Mon - Fri, 2pm - 5pm Choose from the above mall pub classic meals



5.74

each

7.27

each

soft drink\*

10.19

each

alcoholic drink\*

11.72

each

Pub classics Includes A DR	INK 📲	
Freshly battered fish and chips Cod, peas 1251 kcal, mushy peas 1308 kcal or baked beans 1247 kcal	soft drink* <b>10.38</b>	alcoholic drink <b>11.91</b>
Whitby breaded scampi Chips, peas 1135 kcal, mushy peas 1214 kcal or baked beans 1131 kcal. Eight Whitby breaded scampi	10.38	11.91
Add: Two slices of bread (383 kcal) 1.44 Chip shop-style curry sauce (118 kcal) 1.56		
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips Add: Black pudding (178 kcal) <b>80p</b>	9.72	11.25
<b>Vegetarian all-day brunch ♥</b> 992 kcal Two fried eggs, three vegan sausages, baked beans, chips	9.72	11.25
<b>BBQ chicken melt</b> 1132 kcal Chicken breast, Cheddar cheese, bacon, BBQ sauce, peas, mushroom, chips	10.38	11.91
New Steak & ale pudding Peas, onion & red wine gravy Choose: Mashed potato 957 kcal; Chips 1260 kcal	8.62	10.15
Bangers and mash 888 kcal Three Lincolnshire sausages, peas, onion & red wine gravy	8.62	10.15
Vegetarian bangers and mash ♥ 598 kcal Three vegan sausages, peas, onion & red wine gravy	8.62	10.15
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	8.03	9.56
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	7.73	9.26
<b>Vegan sausages, chips and beans @</b> 880 kcal Three vegan sausages	7.73	9.26
<b>Chilli bean non-carne / @ So</b> 629 kcal Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips	8.62	10.15

### Afternoon deal

Choose from the above oub classic meals.

soft drink\* alcoholic drink\* 7.57 9.10

soft drink\* alcoholic drink

6.39 7.92

### **Small pub classics** INCLUDES A DRINK

<b>shly battered fish and chips</b> / kcal, mushy peas 744 kcal 1s 683 kcal	soft drink* <b>8.14</b>	alcoholic drink* <b>9.67</b>
<b>itby breaded scampi</b> 29 kcal, mushy peas 686 kcal 1s 625 kcal. Four Whitby breaded scampi	8.14	9.67
es of bread ♥ (383 kcal) <b>1.44</b> yle curry sauce ∅ (118 kcal) <b>1.56</b>		
<b>tshire cured ham,</b> hips 🐻 455 kcal /iltshire cured ham, fried egg	6.91	8.44
• <b>day brunch</b> 681 kcal sausage, bacon, fried egg, baked beans, chips <b>Idding</b> (178 kcal) <b>80p</b>	6.91	8.44
<b>jetarian all-day brunch ♥</b> 590 kcal usages, fried egg, baked beans, chips	6.91	8.44
rnoon deal		

## Afternoon deal

#### Noodles, salads and pastas INCLUDES A DRINK

Ramen noodle bowl <b>FF</b> @ 58 (555) 477 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth	soft drink* <b>7.29</b>	alcoholic drink* <b>8.82</b>
Chicken & maple-cured bacon salad Choose: Chicken breast ()) 384 kcal Southern-fried chicken breast strips / 566 kcal	8.99	10.52
<b>Mediterranean salad (2009)</b> 349 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepp pumpkin seeds, basil, dressing	<b>7.99</b> ier,	9.52
Fried halloumi-style cheese & roasted vegetable salad V 607 kcal Roasted pepper, courgette, onion, pico de gallo, dressing	7.99	9.52
Additional toppings: Maple-cured bacon (91 kcal) Tuna mayo (298 kcal) Chicken breast (187 kcal) Fried buttermilk chicken (473 kcal) Spicy pulled chicken thigh / (249 kcal) Poached egg V (63 kcal) Roasted vegetables Ø (90 kcal) Chilli bean non-carne / Ø (149 kcal)		1.62 1.16 2.07 2.07 3.09 98p 1.63 2.07
Pasta alfredo ♥ 519 kcal Giant fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Chicken breast (187 kcal) 2.07 Maple-cured bacon (91 kcal) 1.62	9.20	10.73
British beef & pancetta lasagne Choose: Side salad 814 kcal Chips 1346 kcal	9.77	11.30

#### 

With side salad and one filling. Extra fillings 1.32 each. Tuna mayo 594 kcal Coleslaw 💟 561 kcal

Cheese 🔮 587 kcal	each
Baked beans 🥏 🚳 \varpi 484 kcal	alcoholic drink* 8.68
Chilli bean non-carne 🖊 🥏 🎯 🐨 444 kcal	each
Roasted vegetables 🥏 🕸 🐨 385 kcal	

### **Sides and extras**

Bowl of chips 🥏 964 kcal	3.99
Small bowl of chips 🧭 602 kcal	2.49
Five chicken wings 🕬 445 kcal	2.99
Five chicken breast bites 161 kcal	2.99
Eight Whitby breaded scampi 464 kcal	5.19
Side salad 🧭 111 kcal	2.39
Mediterranean side salad 🥥 214 kcal	3.32
Roasted vegetables 🧭 135 kcal	1.63
Onion & red wine gravy 🥏 37 kcal	99p
Sliced chillies 🖉 🎢 🧭 3 kcal	93p
Peas 🥏 133 kcal	99p
Coleslaw V 399 kcal	1.50
Mushy peas V 248 kcal	99p
Six onion rings 🥏 269 kcal	2.43
Twelve onion rings 🧭 538 kcal	3.65

soft drink\*

715