#### Sides and extras 3.99 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 39p) 2.49 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 2.99 NEW Five chicken breast bites 161 kcal 2.99 Eight Whitby breaded scampi 464 kcal 5.19 Grilled halloumi-style cheese V 447 kcal 2.07 Peas 133 kcal 99p Mushy peas V 248 kcal 2.39 Side salad @ 91 kcal Mediterranean side salad @ 198 kcal 3.32 Roasted vegetables @ 135 kcal 1.63 Coleslaw V 399 kcal 1.50 93p Sliced chillies FFFF @ 3 kcal Chicken gravy 50 kcal Onion rings 🕖 Six 269 kcal 2.43 **Twelve** 538 kcal **3.65** Garlic pizza bread 🚺 8" 386 kcal 4.55 **11**" 772 kcal **5.72**

With cheese <b>V</b>	<b>8</b> " 473 kcal		11" 922 kcal	
<b>Desserts</b>				
Vanilla ice cream 877 kcal or c				5.14
NEW Millionaire's sho Two vanilla ice cream scoops, s toffee sauce			olate sauce,	2.32
Vanilla ice cream ♥ @ Two scoops, toffee sauce, Belg		auce		1.97
Cookie crunch 🗸 😘		e, Belgian chocol	ate sauce	1.97
Mini warm chocolate l Belgian chocolate sauce, vanill	_	UNDER 435 kcal		3.13
Mini warm cookie dou Salted caramel filling, toffee sa			kcal	3.13
Mini American-style p Two pancakes, maple-flavour s	-	_		3.69
Fresh fruit V 👀 😘 47 Apple, banana, blueberries, str		lla ice cream		4.71
Warm chocolate fudg	e cake V 90	9 kcal. Vanilla ice	cream	5.48
Warm chocolate brow Belgian chocolate sauce, vanill		al		5.48
<b>Warm cookie dough s</b> Salted caramel filling, toffee sa	_			5.48
British Bramley apple Vanilla ice cream 673 kcal or ci				5.77
American-style panca	akes 🕐 🚳 68	39 kcal		5.14

Add: Custard (134 kcal) 1.33; Vanilla ice cream scoop (135 kcal) 99p Belgian chocolate sauce (61 kcal) 47p; Toffee sauce (66 kcal) 47p Banana (110 kcal) 60p; Strawberries (27 kcal) 60p; Blueberries (17 kcal) 60p

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

Exclude those dishes containing certain allergens.

Four pancakes, maple-flavour syrup, vanilla ice cream

- See full lists of ingredients.
- Set Calorie and carbohydrate limits List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals anddrinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

### **DIETARY SYMBOLS**

= Very mild = Mild = Medium hot = Very hot	
<b>FFFF</b> = Extremely hot	
Vegetarian Vegan 535% fat or less 555 Dish under 500 Calories	

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

# BREAKFAST

# 8am - 12 noon

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	5.99	Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa	3.81
Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of t Small breakfast 655 kcal	3.69 oast 2.79	Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.29
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown  Add: Black pudding (178 kcal) 80p		Mushroom Benedict ♥ 638 kcal Two poached eggs, on an English muffin, with mushroom,	5.29
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	2.79	Hollandaise sauce, rocket  Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding,	5.29
Large vegetarian breakfast ♥ 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	5.99	Hollandaise sauce, rocket  American-style pancakes  NEW Four pancakes, banana, strawberries, blueberries,	5.14
Vegetarian breakfast ♥ 786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	3.69	maple-flavour syrup. ♥ ☜ 708 kcal Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. ♥ ☜ 554 kcal	5.14 4.45
Small vegetarian breakfast ♥ ॐ ‱ 291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	2.79	Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syrup. \$\infty\$322 kcal	3.69
<b>Vegan breakfast ⊘</b> 642 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	2.79	Two pancakes, maple-flavour syrup. <b>() (S) (577)</b> kcal <b>Scrambled egg on toast ()</b> 570 kcal Three eggs, buttered white bloomer toast	3.40 2.79
American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages	<b>7.00</b>	Beans on toast  \$\infty\$ \operatorname{\oper	2.79
four pancakes, maple-flavour syrup Small American breakfast 629 kcal	5.14	Small beans on toast ♥ ፡፡ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	2.29
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup		Two slices of toast with jam or marmalade <b>♥</b> 524 kcal White bloomer bread	1.99
Porridge 👽 🕸 🗺 252 kcal (plain) Add: Banana 🥑 (110 kcal) 60p; Maple-flavour syrup 🥝 (125 kcal) 30p	1.99	Fresh fruit 🕢 🕸 📆 200 kcal Apple, banana, blueberries, strawberries	2.99
Strawberries ⊚ (27 kcal) 60p; Blueberries ⊚ (17 kcal) 60p Honey ♥ (91 kcal) 30p; Sliced apple ⊚ (46 kcal) 60p		NEW Fresh fruit and yoghurt © ® 555 334 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	3.49

### **Breakfast extras**

Add any of the following:					
	80p	Two rashers of back bacon 131 kcal	1.67	Baked beans @ 126 kcal	98p
Lincolnshire sausage 168 kcal	1.15	Four rashers of maple-cured bacon 91 kcal	1.62	Two mushrooms @ 100 kcal	98p
<b>Vegan sausage ⊘</b> 82 kcal	1.15	Two scrambled eggs V 136 kcal	1.73	Two grilled tomato halves @ 16 kcal	57p
Slice of toast 💟 225 kcal	1.23	Fried egg V 56 kcal	98p	Grilled halloumi-style cheese V 447 kcal	2.07
Hash brown 🧑 82 kcal	51p	Poached egg V 63 kcal	98p		

# **Breakfast butties and wraps**

<b>Bacon butty</b> 574 kcal. Three rashers of bacon, buttered white bloomer bread	2.69
Sausage butty 714 kcal	2.69
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty V 541 kcal	2.69
Two vegan sausages, buttered white bloomer bread	
NEW Vegan option available with vegan spread 🕢 😵 📆 435 kcal	

Breakiast muiiin deal	
Includes tea, coffee or hot chocolate. Free refil	lls°
<b>Egg &amp; cheese muffin v</b> 249 kcal Fried egg, American-style cheese, in an English muffin	3.31
<b>Egg &amp; bacon muffin</b> 314 kcal Fried egg, bacon, American-style cheese, in an English muffin	3.77
<b>Egg &amp; sausage muffin</b> (567) 417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	3.77
<b>Egg &amp; vegetarian sausage muffin ♥ (555)</b> 330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	3.77
<b>Breakfast muffin</b> 300 482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffi	<b>3.99</b>
Smashed avocado muffin ② ☎ ☎ 271 kcal Guacamole, pico de gallo, on an English muffin, rocket Add: Maple-cured bacon (91 kcal) 1.62; Poached egg ♥ (63 kcal) 98p Grilled halloumi-style cheese ♥ (447 kcal) 2.07	3.99
Add: Hash brown @ (82 kcal) 51p	

Breakfast wrap 724 kcal 4.51 Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese Vegetarian breakfast wrap 735 kcal 4.51 Fried egg, two vegan sausages, two hash browns, Cheddar cheese

# Tea. coffee and hot chocolate-

TEA, COFFEE AND **HOT CHOCOLATE** - ALL DAY EVERY DAY -LAVATIA (A) (A)

Flat white **9** 92 kcal Cappuccino 102 kcal Latte V 113 kcal Mocha V 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee 24 kcal Hot chocolate 169 kcal Tea with semi-skimmed milk **V** 14 kcal

# Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available

#### **Biscuits** Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar 316 kcal 1.64

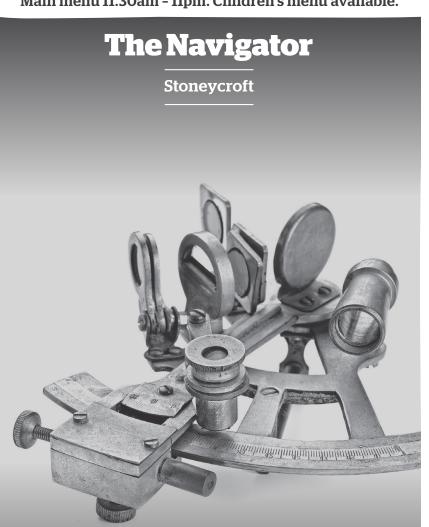
All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to with draw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com "Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. Statement of daily Calorie needs from the Department of Health & Social Care. \*\*Excluding decaffeinated.\*\*Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in al

for the facts jdwetherspoon.com ≥

drinkaware.co.uk

STDCHURTRIAL >

Main menu 11.30am - 11pm. Children's menu available.



The Navigator refers to the saint who is also known as St Brendan the Navigator, said to have discovered America. St Brendan set out on his famous voyage for the Land of Delight in the early 6th century. In 1976, Tim Severin, a British navigation scholar, constructed a replica of the vessel, said to have been used by Brendan and his fellow monks.



# **Table service**

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



# **Food hygiene**

We have been awarded the maximum food hygiene rating of 5 in our pub.



#### Sustainable fish The cod and haddock we serve

come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable



#### 100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.

#### Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



8am - 12 noon

breakfast £3.69

**Traditional** 

Tea. coffee and hot chocolate Free refills

### **Deli Deals** INCLUDES A DRINK •

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink

soft drink\* £4.05

£5.58

alcoholic drink\*

# **Burger meals**

INCLUDES A DRINK •

Featuring 3oz American burger soft drink\* alcoholic drink\*

£5.21 £6.74

## **Afternoon deals** INCLUDES A DRINK

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips soft drink\*

£6.39

£7.92

### Steak Club INCLUDES A DRINK' •

**Tuesday 11.30am - 11pm** 

Featuring classic 8oz sirloin alcoholic drink\*

£9.97

£11.50

£9.74

# **Curry Club**

INCLUDES A DRINK • Thursday 11.30am - 11pm

Featuring the katsu curry range soft drink\* alcoholic drink\*

£8.21

INCLUDES A DRINK • Choose from over 150 drinks



Coffee
The freshly ground 100% Arabica Lavazza coffee<sup>tt</sup> we serve is from Rainforest Alliance-certified farms







**Sustainable Restaurant** Association



Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards

in 'sourcing, society and the environment'. wetherspoon hotels Over 50 hotels and 1,329 rooms acros





be found on the customer information screen, website and Wetherspoon app.

Adults need around 2000 kcal a day.§

Allergen and nutritional information can



# Small plates Any 3 for d4 99

Small plates Any 5 for £14.99	
8" pizzas. Sourdough base - proved, stretched, topped and freshly baked to order.	
Margherita V 500 467 kcal. Mozzarella, basil	6.06
Pepperoni // 575 kcal. Mozzarella, pepperoni	6.66
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket	6.66
BBQ chicken 555 kcal	6.66
Mozzarella, BBQ sauce, chicken breast, red onion, rocket	
Roasted vegetable V 514 kcal	6.66
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	
Vegan roasted vegetable @ 5% (555) 355 kcal	6.66
Mushroom, roasted pepper, courgette, onion, basil	
Spicy meat feast /// 615 kcal	7.24
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	
Char-grilled halloumi-style cheese V 514 kcal	5.11
Rocket, roasted pepper, courgette, onion, salsa	F 772
11" garlic pizza bread V 772 kcal	5.72
Nachos /// v 695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	5.96
Bowl of chips @ 964 kcal	3.99
Bowl of chips with curry sauce @ 1082 kcal	5.29
Cheesy chips V 1256 kcal	5.49
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	5.79
Tomato & basil soup V 58 555 374 kcal. White bloomer bread	4.38
NEW Vegan option available with vegan spread @ 38 (300) 285 kcal	
With any of the small plates below, choose one dip:	
Sweet chilli 🆊 🗑 37 kcal; Sticky soy 💟 100 kcal; Naga chilli 🖊 🗗 🕢 136 kcal	
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo 📂 🛡 150 kc	al
Blue cheese ♥ 270 kcal; BBQ sauce ∅ 83 kcal	
Halloumi-style fries V 555 396 kcal	5.11
Chicken bites 322 kcal. Ten battered chicken breast pieces	6.24
Southern-fried chicken strips / \$500 459 kcal. Five chicken breast strips	6.24
Chicken wings ### 813 kcal. Ten spicy chicken wings	6.90
Quorn™ nuggets ⊚ 331 kcal. Eight coated pieces	5.34
ador in inaggets of 500 our roat. Light coated picces	0.04

Quorn™ nuggets @ 📸 331 kcal. Eight coated pieces	5.34
Deli Deals <sup>®</sup> INCLUDES A DRINK •	
All wraps and paninis are freshly made to order.	
NEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken	just-a-wrap, without a drink 3.14 each
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets ② 3310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken /// 3399 kcal  Salad leaves, smoky chipotle mayo  Small cold chicken breast // 32 3330 277 kcal	soft drink* 4.05 each alcoholic drink* 5.58 each
Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese	<b>.13</b> each

NEW Shawarma chicken FFF 719 kcal

Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket. fresh mint

**Quorn**<sup>™</sup> **nuggets** Ø 🚳 508 kcal. Tomato, cucumber, salsa

Southern-fried chicken **FFF** 609 kcal Salad leaves, smoky chipotle may Cold chicken breast **FF** 38 479 kcal

6.00 Salad leaves, sweet chilli sauce each Fried halloumi-style cheese 77 07 kgal alcoholic drink\* Salad leaves, sweet chilli sauce, tomato, cucumber 7.53 each

soft drink\*

Tuna mayo and Cheddar cheese 590 kcal Cheddar cheese and tomato V 527 kcal

Wiltshire cured ham and Cheddar cheese 508 kcal BBQ chicken, bacon and Cheddar cheese 586 kcal

8" pizzas on a freshly baked sourdough base

Choose any 8" pizza from the small plates section. Add: Side salad (91 kcal): Tomato & basil soup (150 kcal)

**Spicy rice** (208 kcal); **Chips** (602 kcal) **1.54** each

Adults need around 2000 kcal a day.§

### Burgers includes a drink of

order. Traceable from farm to fork.

Beef burgers made with 100% British b	eef, freshl	y cooked to
Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, inc	cluded in Cal	ories below).
American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion	soft drink* <b>5.21</b> each	alcoholic drink* 6.74 each
Skinny beef burger 375 kcal lceberg lettuce, tomato, red onion, with a side salad, inste	ad of chips	
American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	-	oft drink* 5.80 lic drink* 7.33
Double beef burgers Two 3ozbeef patties. Served with chips (602 kcal, included in Calories	below).	
Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion	soft drink* <b>7.50</b> each	alcoholic drink* 9.03 each
<b>Double American cheese burger</b> 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	-	oft drink* 8.10 lic drink* 9.63
Gourmet burgers		

Served with chips, six onion rings (871 kcal, included in Calories below). **Ultimate burger** 1656 kcal

Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin Tennessee burger

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze

Choose: Beef (two 3oz beef patties) 1567 kcal; Char-grilled chicken breast 1417 kcal Fried buttermilk chicken 1703 kcal

soft drink\* **BBQ** burger 9.70 Maple-cured bacon, Cheddar cheese, BBQ sauce each Choose: Beef (two 3oz beef patties) 1644 kcal alcoholic drink\* Char-grilled chicken breast 1494 kcal 11.23 Fried buttermilk chicken 1780 kcal Heatwave burger Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing

Choose: Char-grilled chicken breast 1722 kcal; Fried buttermilk chicken 2007 kcal Fiesta burger @ 1380 kcal BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper,

Triple American cheese & bacon burger 1770 kcal soft drink\* 11.15 Three 3oz beef patties, American-style cheese, alcoholic drink\* 12.68 maple-cured bacon, red onion, gherkin, ketchup,

American-style mustard

### CUTTIES INCLUDES A DRINK .

Classic curries With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry // @ 529 927 kcal Chicken tikka masala // 1190 kcal soft drink\* alcoholic drink\* Chicken jalfrezi FFF 529 935 kcal 10.14 11.67 each

Beef Madras /// 1043 kcal NEW Sri Lankan prawn & fish curry FFF @ 1045 kcal

Change your plain naan to a garlic naan (2) (add 92 kcal) 52p

Simple curries With basmati pilau rice or chips.

Simple Mangalorean roasted cauliflower & spinach curry 🖊 🧔

Choose: Basmati pilau rice 🚳 568 kcal; Chips 970 kcal Simple chicken tikka masala

Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal Simple chicken jalfrezi

Choose: Basmati pilau rice 🚳 575 kcal; Chips 977 kcal Simple beef Madras

Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal

Add: One vegetable samosa and two onion bhajis // @ (293 kcal) 1.86 Two plain poppadums @ (86 kcal) 52p NEW Bombay potatoes // @ (318 kcal) 2.28

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander

Katsu grilled chicken curry \$\sigma\$ 542 kcal. Sliced char-grilled chicken breast

MINION Malaysian chicken & baby sweetcorn curry FF @ 678 kcal

Katsu Quorn™ nugget curry @ 686 kcal Eight coated pieces Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet

soft drink\* alcoholic drink\* 9.03 10.56 each each

soft drink\* alcoholic drink\*

9.45

each

7.92

Two southern-fried chicken strips, iceberg lettuce, mayonnaise alcoholic drink\* 6.74

Chicken burgers

Served with chips (602 kcal, included in Calories below). Fried buttermilk chicken burger 1255 kcal soft drink\* Breaded whole chicken breast fillet Char-grilled chicken breast burger 970 kcal

Skinny chicken burger 394 kcal Char-grilled chicken breast, with a side salad, instead of chips

Crunchy chicken strip burger 776 kcal

**Meat-free burgers** 

Served with chips (602 kcal, included in Calories below).

Beyond Burger<sup>™</sup> **1**043 kcal BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce

7.50 9.03 each Breaded vegetable burger **1039** kcal

Served with a small portion of chips (329 kcal, included in the Calories below).

soft drink\* 5.21

alcoholic drink\*

9.03

each

alcoholic drink\*

each **3.51** 

soft drink\*

11.13

alcoholic drink\*

12.66

soft drink\*

7.78

each

alcoholic drink\*

9.31

each

7.50

soft drink\*

Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese Fried halloumi-style cheese burger // W 1118 kcal Sweet chilli sauce

Just-a-burger Served on its own, without chips or a drink. American burger 367 kcal Red onion, gherkin, ketchup, American-style mustard

Crunchy chicken strip burger # 447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise

Additional toppings and burger patties Maple-cured bacon with Cheddar cheese 173 kcal 2.24 2.24 Maple-cured bacon with American-style cheese 160 kcal 1.62 Cheddar cheese V 82 kcal 1.62 American-style cheese V 69 kcal Maple-cured bacon 91 kcal 1.62 Crunchy chicken strip / 92 kcal 1.60

3oz beef patty 168 kcal Char-grilled chicken breast 187 kcal

each **2.07** Fried buttermilk chicken 473 kcal Breaded vegetable patty V 257 kcal

Fried halloumi-style cheese V 298 kcal BEYOND MEAT patty @ 184 kcal

# CITIC CELL INCLUDES A DRINK ...

Chicken on the bone is marinated, slow cooked and finished on the char-grill.

Peri-peri char-grilled half chicken

Lemon and herb / Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip Choose: Side salad 918 kcal: Mediterranean salad 1048 kcal

Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip

Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal

Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy

#### Chicken baskets

Chicken wing basket FFF Eight wings, coleslaw, Naga chilli dip Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal

Boneless basket #

Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal

Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice 520 763 kcal; Chips 1157 kcal

Southern-fried chicken strips basket / Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal

Quorn™ 'no chicken' nuggets basket 🖊 🕔 Fight coated pieces coleslaw sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

Add: Chicken gravy (50 kcal) 99p

11" DIZZAS INCLUDES A DRINK • Sourdough base - proved, stretched,

topped and freshly baked to order.

7.78 Margherita V 934 kcal. Mozzarella, basil 9.31 Pepperoni // 1151 kcal. Mozzarella, pepperoni Ham and mushroom 1011 kcal soft drink\* Mozzarella, ham, mushroom, rocket 8.85 BBQ chicken 1097 kcal each Mozzarella, BBQ sauce, chicken breast, red onion, rocket alcoholic drink\* Roasted vegetable 1028 kgal 10.38 Mozzarella, mushroom, roasted pepper, courgette, onion, basil each Vegan roasted vegetable @ 50 709 kcal

soft drink\* alcoholic drink

Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast // 1214 kcal 9.92 11.45 Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket

**Additional toppings** 

Red onion @ 10 kcal; Sliced chillies FFFF @ 3 kcal; Mushroom @ 4 kcal each 93p Garlic & herb dip @ 180 kcal; Mozzarella V 150 kcal; Ham 71 kcal each **1.25** Chicken breast 94 kcal: Maple-cured bacon 91 kcal Pepperoni / 109 kcal; Roasted vegetables @ 90 kcal each 1.63

# Small pub classics includes a drink of

_		
Fish and chips	soft drink*	alcoholic drink*
Small freshly battered cod and chips  Peas 681 kcal or mushy peas 739 kcal	8.14	9.67
Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi	8.14	9.67
Add: Two slices of bread ♥ (404 kcal) 1.44 Chip shop-style curry sauce ⊚ (118 kcal) 1.56	•••••	•
Small Wiltshire cured ham, egg and chips (55) 455 kcal One slice of Wiltshire cured ham, fried egg	4.79	6.32
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) 80p	4.99	6.52
Small vegetarian all-day brunch ♥ 611 kcal Two vegan sausages, fried egg, baked beans, chips	4.99	6.52

Afternoon deal Mon - Fri, 2pm - 5pm

soft drink\* alcoholic drink' 6.39 7.92

# Pub classics includes a drink

Fish and chips	soft drink*	alcoholic drink*
Freshly battered cod and chips  Peas 1240 kcal or mushy peas 1298 kcal	10.38	11.91
Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	10.38	11.91
Add: Two slices of bread (404 kcal) 1.44 Chip shop-style curry sauce (118 kcal) 1.56	•••••	,
All-day brunch 19/5 keal	5 45	6 98

Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips Add: Black pudding (178 kcal) 80p Vegetarian all-day brunch V 1023 kcal 5.45 6.98 Two fried eggs, three vegan sausages, baked beans, chips Steak & kidney pudding Peas, onion & red wine gravy 5.45 6.98 Choose: Mashed potato 963 kcal; Chips 1279 kcal 10.15 Bangers and mash 894 kcal 8.62 Three Lincolnshire sausages, peas, onion & red wine gravy 10.15 8.62 Vegetarian bangers and mash **(V)** 635 kcal Three vegan sausages, peas, onion & red wine gravy 6.74 Wiltshire cured ham, eggs and chips 856 kcal 5.21 Two slices of Wiltshire cured ham, two fried eggs 6.98 Sausages, chips and beans 1170 kcal 5.45 Three Lincolnshire sausages

NEW Chilli bean non-carne / @ 52 635 kcal Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips Afternoon deal

Vegan sausages, chips and beans @ 910 kcal

Three vegan sausages

Mon - Fri, 2pm - 5pm

alcoholic drink soft drink\* 7.57 9.10

6.98

6.98

5.45

5.45

# Steaks and grills INCLUDES A DRINK ...

From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking. soft drink\* alcoholic drink\* Classic 8oz sirloin steak 459 kcal 11.55 13.08 Classic 10oz rib-eye steak 717 kcal 14.05 15.58 Choose: Side salad 87 kcal; Mediterranean salad 198 kcal; Jacket potato 225 kcal Mashed potato 143 kcal; Chips 602 kcal Gourmet 8oz sirloin steak 712 kcal 13.89 15.42 Gourmet 10oz rib-eye steak 965 kcal 16.39 17.92

Peas, tomato, mushroom, three onion rings, steak sauce Choose: Side salad 87 kcal: Mediterranean salad 198 kcal: Jacket potato 225 kcal Mashed potato 143 kcal; Chips 602 kcal Add your choice of steak sauce: **Creamy peppercorn sauce** (74 kcal) Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.92 each

Below meals are served with peas, soft drink\* alcoholic drink\* tomato and mushroom BBQ chicken melt 10.38 11.91 Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad 539 609 kcal; Mediterranean salad 739 kcal Jacket potato 38 856 kcal; Mashed potato 827 kcal; Chips 1143 kcal 5oz gammon and egg 9.03 10.56 Choose: Side salad 🚳 😘 402 kcal; Mediterranean salad 532 kcal

Jacket potato 🚳 649 kcal; Mashed potato 620 kcal; Chips 936 kcal 10oz gammon and eggs 13.72 Choose: Side salad 611 kcal; Mediterranean salad 741 kcal Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 1146 kcal Mixed arill 12.19 13.72 Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips 1519 kcal

Large mixed grill 13.95 Gammon, pork loin, rump, lamb, two Lincolnshire sausages fried egg, six onion rings

Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips 2012 kcal

## Noodles. salads and pastas INCLUDES A DRINK •

soft drink\* alcoholic drink\* NEW Ramen noodle bowl // @ 53 555 466 kcal 7.29 8.82 Noodles, bean sprouts, shiitake mushroom, spring onio carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, Add: Char-grilled chicken breast (93 kcal) 1.25; Poached egg (63 kcal) 98p Chicken & maple-cured bacon salad 8.99 10.52

Choose: Char-grilled chicken breast (505) 283 kcal Southern-fried chicken breast strips 6500 465 kcal Mediterranean salad @ 334 kcal 7.99 9.52 Pearl barley, quinoa, butternut squash, wheat berries, red pepper cherry tomatoes, pumpkin seeds, basil, dressing Add: Grilled halloumi-style cheese V (447 kcal) 2.07 Tuna mayo (298 kcal) 1.16; Roasted vegetables (90 kcal) 1.63 Char-grilled chicken breast (187 kcal) 2.07

Grilled halloumi-style cheese 7.99 9.52 & roasted vegetable salad V 600 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing Burrito salad bowl W 668 kcal 7.99 9.52 Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips guacamole, sliced chillies Add: Char-grilled chicken breast (187 kcal) 2.07 Chilli bean non-carne / (a) (149 kcal) 2.07

Pasta alfredo V 618 kcal 9.20 Fusilli pasta, creamy pecorino & regato cheese sauce, spinach sun-dried tomato, basil, rocket

Add: Char-grilled chicken breast (187 kcal) 2.07; Maple-cured bacon (91 kcal) 1.62 British beef & pancetta lasagne 9.77 11.30

Choose: Side salad 761 kcal; Chips 1295 kcal

### Jacket potatoes includes a drink With side salad and one filling. Extra fillings 1.32 each.

Tuna mayo 592 kcal; Coleslaw V 559 kcal Cheese V 512 kcal Baked beans @ 5% 555 482 kcal

alcoholic drink\* soft drink\* 7.15 8.68 each Chilli bean non-carne / @ 58 588 442 kcal Roasted vegetables @ 59 (500) 383 kcal

10.73

15.48