

Sides and extras

Bowl of chips	🌱 964 kcal (Add: Spicy seasoning 🌱 (7 kcal) 39p)	3.99
Small bowl of chips	🌱 602 kcal	2.49
Five chicken wings	🔥🔥🔥 407 kcal	2.99
Five chicken breast bites	161 kcal	2.99
Eight Whitby breaded scampi	464 kcal	5.19
Grilled halloumi-style cheese	🌱 447 kcal	2.07
Mediterranean side salad	🌱 198 kcal	3.32
Sliced chillies	🔥🔥🔥🔥 3 kcal	93p
Peas	🌱 133 kcal	99p
Side salad	🌱 91 kcal	2.39
Chicken gravy	50 kcal	99p
Beer-battered onion rings	🌱 Six 269 kcal	2.43
Garlic pizza bread	🌱 8" 386 kcal	4.55
With cheese	🌱 8" 473 kcal	5.13

Desserts

Chocolate & salted caramel torte	5.48
Chocolate biscuit base, chocolate & salted caramel filling	
Vanilla ice cream	🌱 746 kcal or coconut ice cream 🌱 701 kcal
Salted caramel sticky toffee pudding	🌱 5.14
Vanilla ice cream	877 kcal or custard 741 kcal
Millionaire's shortbread	🌱 409 kcal
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	2.32
Vanilla ice cream	🌱 334 kcal
Two scoops, toffee sauce, Belgian chocolate sauce	1.97
Cookie crunch	🌱 364 kcal
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.97
Mini warm chocolate brownie	🌱 435 kcal
Belgian chocolate sauce, vanilla ice cream	3.13
Mini warm cookie dough sandwich	🌱 431 kcal
Salted caramel filling, toffee sauce, vanilla ice cream	3.13
Mini American-style pancakes	🌱 412 kcal
Two pancakes, maple-flavour syrup, vanilla ice cream	3.69
Fresh fruit	🌱 470 kcal
Apple, banana, blueberries, strawberries, vanilla ice cream	4.71
Warm chocolate fudge cake	🌱 909 kcal. Vanilla ice cream
Warm chocolate brownie	🌱 736 kcal
Belgian chocolate sauce, vanilla ice cream	5.48
Warm cookie dough sandwich	🌱 727 kcal
Salted caramel filling, toffee sauce, vanilla ice cream	5.48
British Bramley apple crumble	5.77
Vanilla ice cream	🌱 673 kcal, coconut ice cream 🌱 628 kcal or custard 🌱 537 kcal
American-style pancakes	🌱 689 kcal
Four pancakes, maple-flavour syrup, vanilla ice cream	5.14
Add: Custard	🌱 (134 kcal) 1.33. Vanilla ice cream scoop 🌱 (135 kcal) 99p
Belgian chocolate sauce	🌱 (61 kcal) 47p. Toffee sauce 🌱 (66 kcal) 47p
Banana	🌱 (110 kcal) 60p. Strawberries 🌱 (27 kcal) 60p. Blueberries 🌱 (17 kcal) 60p

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

🔥 = Very mild 🔥🔥 = Mild 🔥🔥🔥 = Medium hot 🔥🔥🔥🔥 = Very hot
🔥🔥🔥🔥🔥 = Extremely hot
🌱 Vegetarian 🌱 Vegan 5% 5% fat or less UNDER 500 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.*

BREAKFAST

Large breakfast	1343 kcal	6.59
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast		
Traditional breakfast	807 kcal	4.99
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast		
Small breakfast	UNDER 500 435 kcal	2.99
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown		
Add: Black pudding (178 kcal)	80p	
Freedom breakfast	586 kcal	2.99
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato		
Large vegetarian breakfast	🌱 1129 kcal	6.59
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast		
Vegetarian breakfast	🌱 786 kcal	4.99
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast		
Small vegetarian breakfast	🌱 5% UNDER 500 291 kcal	2.99
Fried egg, vegan sausage, baked beans, hash brown, tomato		
Vegan breakfast	🌱 642 kcal	2.99
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread		
American breakfast	1258 kcal	7.00
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup		
Small American breakfast	629 kcal	5.14
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup		
Creamy jumbo oat porridge	🌱 5% UNDER 500 188 kcal (plain)	1.99
Add: Banana 🌱 (110 kcal) 60p. Maple-flavour syrup 🌱 (125 kcal) 30p		
Strawberries 🌱 (27 kcal) 60p. Blueberries 🌱 (17 kcal) 60p		
Honey 🌱 (91 kcal) 30p. Sliced apple 🌱 (46 kcal) 60p		
Shakshuka	🔥🌱 547 kcal	5.29
Two poached eggs, lightly spiced Mediterranean tomato & pepper sauce, rocket, toasted ciabatta		
Add: Grilled halloumi-style cheese	🌱 (447 kcal) 2.07	
Maple-cured bacon	(91 kcal) 1.62	
Fiesta brunch	🔥🌱 661 kcal	4.03
Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa, rocket		
Eggs Benedict	725 kcal	5.29
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket		
Mushroom Benedict	🌱 638 kcal	5.29
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket		
Miner's Benedict	939 kcal	5.29
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket		
American-style pancakes		
Four pancakes, banana, strawberries, blueberries, maple-flavour syrup.	🌱 5% 708 kcal	5.14
Four pancakes, maple-cured bacon, maple-flavour syrup.	645 kcal	5.14
Four pancakes, maple-flavour syrup.	🌱 5% 554 kcal	4.45
Small American-style pancakes		
Two pancakes, maple-cured bacon, maple-flavour syrup.	UNDER 500 322 kcal	3.69
Two pancakes, maple-flavour syrup.	🌱 5% UNDER 500 277 kcal	3.40
Scrambled egg on toast	🌱 570 kcal	2.99
Three eggs, buttered white bloomer toast		
Beans on toast	🌱 566 kcal. Buttered white bloomer toast	2.99
Vegan option available with vegan spread	🌱 5% UNDER 500 460 kcal	2.49
Small beans on toast	🌱 5% UNDER 500 252 kcal	
Buttered white bloomer toast		
Fresh fruit	🌱 5% UNDER 500 200 kcal. Apple, banana, blueberries, strawberries	2.99
Fresh fruit and yoghurt	🌱 5% 334 kcal	3.49
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt		

for the facts	jdwetherspoon.com
drinkaware.co.uk	

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details. [jdwetherspoon.com](#) *Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. †Statement of daily Calorie needs from the Department of Health & Social Care. ††Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml). *Choose from: Diet Pepsi, Pepsi, Pepsi Max or Pepsi Max cherry (398ml glass); apple, cranberry or orange juice (398ml glass); apple & mango, apple & raspberry or orange & passion fruit J20; Brecon Carreg natural mineral water (still/sparkling 500ml bottle), blackcurrant, lime or orange standard cordial (398ml glass); blood orange or lemon Sanpellegrino (330ml can); Passion Fruit Cooler or Raspberry Refresher 0% cocktail (215ml glass); Monster Energy, Energy Ultra, Energy Ultra Peachy Keen, Energy Ultra Ros , Mango Loco or Pipeline Punch (500ml can); Old Jamaica ginger beer (330ml can); R White's raspberry lemonade (330ml can); Remedy kombucha raspberry lemonade (250ml can)

Served
8am - 12 noon

Breakfast extras

Add any of the following:		
Black pudding	178 kcal	80p
Lincolnshire sausage	168 kcal	1.15
Slice of toast	225 kcal	1.23
Fried egg	56 kcal	98p
Two mushrooms	100 kcal	98p
Two scrambled eggs	136 kcal	1.73
Two rashers of back bacon	131 kcal	1.67
Four rashers of maple-cured bacon	91 kcal	1.62
Two grilled tomato halves	16 kcal	57p
Grilled halloumi-style cheese	447 kcal	2.07

Breakfast butties and wraps

Bacon buttie	574 kcal	2.69
Three rashers of bacon, buttered white bloomer bread		
Sausage buttie	714 kcal	2.69
Two Lincolnshire sausages, buttered white bloomer bread		
Vegetarian sausage buttie	541 kcal	2.69
Two vegan sausages, buttered white bloomer bread		
Vegan option available with vegan spread	5% UNDER 500 435 kcal	
Breakfast wrap	724 kcal	4.51
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese		
Vegetarian breakfast wrap	735 kcal	4.51
Fried egg, two vegan sausages, two hash browns, Cheddar cheese		

Tea and toast

Includes tea, coffee or hot chocolate. Free refills*	with drink	without drink
Two slices of toast with jam or marmalade	2.49	1.99
🌱 524 kcal. White bloomer bread		

Breakfast muffin deal

Includes tea, coffee, hot chocolate (free refills) or ANY soft drink.

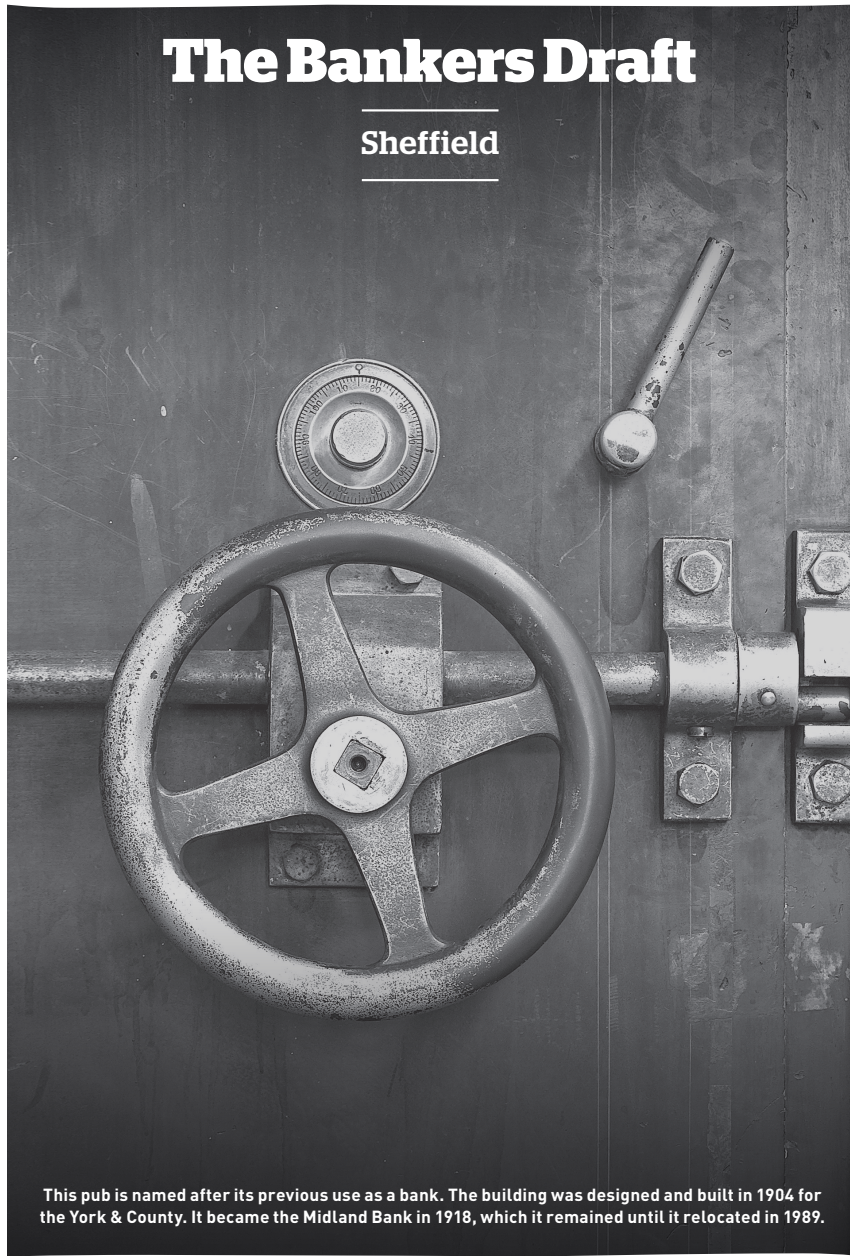
Egg & cheese muffin 	249 kcal	3.31
Fried egg, American-style cheese, in an English muffin		
Egg & bacon muffin 	314 kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin		
Egg & sausage muffin 	417 kcal	3.77
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin		
Egg & vegetarian sausage muffin 	330 kcal	3.77
Fried egg, vegan sausage, American-style cheese, in an English muffin		
Breakfast muffin 	482 kcal	3.99
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin		
Smashed avocado muffin   	271 kcal	3.99
Guacamole, pico de gallo, on an English muffin, rocket		
Add: Maple-cured bacon (91 kcal) 1.62: Poached egg  (63 kcal) 98p		
Grilled halloumi-style cheese  (447 kcal) 2.07		
Add: Hash brown  (82 kcal) 51p		

Tea, coffee and hot chocolate

FREE REFILLS TEA, COFFEE AND HOT CHOCOLATE — ALL DAY EVERY DAY —	
Flat white	🌱 92 kcal
Cappuccino	🌱 102 kcal
Latte	113 kcal
Mocha	147 kcal
Espresso	🌱 6 kcal
Black coffee	🌱 6 kcal
White coffee	🌱 24 kcal
Hot chocolate	🌱 169 kcal
Tea	with semi-skimmed milk 🌱 14 kcal
Dairy alternative: oat sachet	🌱 4 kcal
Decaffeinated tea and coffee available.	
Biscuits	
Walkers shortbread	🌱 151 kcal 71p
Stem ginger biscuit	🌱 123 kcal 71p
Belgian chocolate biscuit	🌱 129 kcal 71p
Salted caramel brownie bar	🌱 316 kcal 1.64

FOOD

Main menu 11.30am - 11pm. Children's menu available.







Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



FOOD HYGIENE RATING

1 2 3 4 5

VIEW SCORE

Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.

CERTIFIED SUSTAINABLE SEAFOOD MSC

www.msc.org

Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.

100% UK AND IRISH BEEF

From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.

100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.

RSPCA ASSURED

CERTIFICATION MARK

Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Allergen and nutritional information can be found on the customer information screen, website and Wetherspoon app.

Adults need around 2000 kcal a day.*



opening menus for everybody

The spoken menu app for the visually impaired

Breakfast

8am - 12 noon

Traditional breakfast

£4.99

Tea, coffee and hot chocolate

Free refills

£1.71

each

Deli Deals

INCLUDES A DRINK* 🍷🍷

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink

£3.23

soft drink*

£4.41

alcoholic drink*

£5.94

Burger meals

INCLUDES A DRINK* 🍷🍷

Featuring 3oz American burger

soft drink* alcoholic drink*

£5.74 | **£7.27**

Afternoon deals

INCLUDES A DRINK* 🍷🍷

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips

soft drink* alcoholic drink*

£6.39 | **£7.92**

Steak Club

INCLUDES A DRINK* 🍷🍷

Tuesday 11.30am - 11pm

Featuring classic 8oz sirloin

soft drink* alcoholic drink*

£9.97 | **£11.50**

Curry Club

INCLUDES A DRINK* 🍷🍷

Thursday 11.30am - 11pm

Featuring the katsu curry range

soft drink* alcoholic drink*

£8.21 | **£9.74**

INCLUDES A DRINK* 🍷🍷

Choose from over 150 drinks

LAVAZZA

TORINO, ITALY, 1895

100% ARABICA BEANS

Coffee

The freshly ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.

AWARD-WINNING

children's menu

Independently run 'secret diner' survey.

Sustainable Restaurant Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

wetherspoon hotels

Over 50 hotels and 1,329 rooms across England, Ireland, Scotland and Wales.

Book direct.

Available only at [jdwetherspoon.com](#), on the app or by phone.

UNLIMITED
























FREE Wi-Fi

Small plates | Any 3 for £14.99























8" pizzas. Sourdough base — proved, stretched, topped and freshly baked to order.		
Margherita ^{US60}	467 kcal. Mozzarella, basil	6.19
Spicy chicken	706 kcal	6.76
Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket		
Pepperoni	575 kcal. Mozzarella, pepperoni	6.76
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket		
BBQ chicken	555 kcal. Mozzarella, BBQ sauce, chicken breast, red onion, rocket	6.76
Roasted vegetable	514 kcal	6.76
Mozzarella, mushroom, roasted pepper, courgette, onion, basil		
Roasted vegetable and vegan cheese ^{US50}	416 kcal	6.76
Mushroom, roasted pepper, courgette, onion, basil		
Spicy meat feast	615 kcal	7.35
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket		
Char-grilled halloumi-style cheese	514 kcal	5.11
Rocket, roasted pepper, courgette, onion, salsa		
Char-grilled tandoori chicken breast skewer ^{US50}	223 kcal. Rocket, pico de gallo, garlic & herb sauce	5.11
11" garlic pizza bread	772 kcal	5.72
Nachos	695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	5.96
Add: Spicy pulled chicken thigh (249 kcal) 3.09		
Bowl of chips 964 kcal		
Shawarma-chicken-topped chips		
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces		
Bowl of chips with curry sauce 1082 kcal		
Cheesy chips 1256 kcal		
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream		
Tomato & basil soup ^{US30}	374 kcal. White bloomer bread	4.38
Vegan option available with vegan spread ^{US50} 285 kcal		
With any of the small plates below, choose one dip:		
Korean-style dip 96 kcal; Sweet chilli 37 kcal; Sticky soy 100 kcal		
Naga chilli 136 kcal; Jack Daniel's® Tennessee Honey glaze 87 kcal		
Chipotle mayo 150 kcal; Blue cheese 270 kcal; BBQ sauce 83 kcal		
Halloumi-style fries ^{UNDER 500}	396 kcal	5.11
Chicken bites ^{UNDER 500}	322 kcal. Ten battered chicken breast pieces	6.24
Southern-fried chicken strips ^{US60}	459 kcal. Five chicken breast strips	6.35
Chicken wings	813 kcal. Ten spicy chicken wings	6.90
Quorn™ nuggets ^{UNDER 500}	331 kcal. Eight coated pieces	5.34
NEW Spicy coated king prawns ^{UNDER 500}	379 kcal. Six coated pieces	6.90

Deli Deals [®] INCLUDES A DRINK

All wraps and paninis are freshly made to order.

10" wraps A smaller wrap and filling.		
Small Korean fried chicken 384 kcal Iceberg lettuce, cucumber, coriander, Korean-style sauce		
Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese		
Small vegetarian brunch wrap  545 kcal Fried egg, two vegan sausages, Cheddar cheese		
Small shawarma chicken    502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint		
Small Quorn™ nuggets    310 kcal Salad leaves, tomato, cucumber, salsa		
Small southern-fried chicken     399 kcal Salad leaves, smoky chipotle mayo		
Small cold chicken breast      277 kcal Salad leaves, sweet chilli sauce		
Small fried halloumi-style cheese      391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber		
Add: Small side salad  (46 kcal); Small portion of chips  (329 kcal) 1.13 each		

12" wraps

Korean fried chicken 618 kcal Iceberg lettuce, cucumber, coriander, Korean-style sauce		
Shawarma chicken    719 kcal. Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint		
Southern-fried chicken    609 kcal Salad leaves, smoky chipotle mayo		
Cold chicken breast    479 kcal Salad leaves, sweet chilli sauce		soft drink* 6.00 each
Fried halloumi-style cheese    707 kcal Salad leaves, sweet chilli sauce, tomato, cucumber		
Quorn™ nuggets     508 kcal. Tomato, cucumber, salsa		alcoholic drink* 7.53 each
Paninis		
Roasted vegetable and vegan cheese  480 kcal		
Tuna mayo and Cheddar cheese 590 kcal		
Cheddar cheese and tomato  527 kcal		
Wiltshire cured ham and Cheddar cheese 508 kcal		
BBQ chicken, bacon and Cheddar cheese 586 kcal		
8" pizzas on a freshly baked sourdough base		
Choose any 8" pizza from the small plates section.		
Add: Side salad  (91 kcal); Tomato & basil soup  (150 kcal)		
Spicy rice  (208 kcal); Chips  (602 kcal) 1.54 each		

Burgers INCLUDES A DRINK

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

Beef burgers

One 3oz beef patty.

Served with a small portion of chips (329 kcal, included in Calories below).

American burger

696 kcal

Red onion, gherkin, ketchup, American-style mustard

Classic beef burger

677 kcal

Iceberg lettuce, tomato, red onion

Skinny beef burger

UNDER 500

375 kcal

Iceberg lettuce, tomato, red onion, with a side salad, instead of chips

American cheese burger

730 kcal

American-style cheese, red onion, gherkin, ketchup, American-style mustard

Double beef burgers

Two 3oz beef patties.

Served with chips (602 kcal, included in Calories below).

Double American burger

1138 kcal

Red onion, gherkin, ketchup, American-style mustard

Double classic beef burger

1119 kcal

Iceberg lettuce, tomato, red onion

Double American cheese burger

1207 kcal

American-style cheese, red onion, gherkin, ketchup, American-style mustard

Chicken burgers

Served with a small portion of chips (329 kcal, included in the Calories below).

Crunchy chicken strip burger

776 kcal

Two southern-fried chicken strips, iceberg lettuce, mayonnaise

Served with chips (602 kcal, included in Calories below).

Fried buttermilk chicken burger

1255 kcal

Breaded whole chicken breast fillet

Char-grilled chicken breast burger

970 kcal

Skinny chicken burger

6%

UNDER 500

394 kcal

Char-grilled chicken breast, with a side salad, instead of chips

Meat-free burgers

Served with chips (602 kcal, included in Calories below).

Beyond Burger™

1043 kcal

BEYOND MEAT

plant-based patty,

iceberg lettuce, garlic & herb sauce

Breaded vegetable burger

1039 kcal

Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese

Fried halloumi-style cheese burger

1118 kcal. Sweet chilli sauce

Just-a-burger

Served on its own, without chips or a drink.

each

3.51

American burger

UNDER 500

367 kcal

Red onion, gherkin, ketchup, American-style mustard

Crunchy chicken strip burger

UNDER 500

447 kcal

Two southern-fried chicken strips, iceberg lettuce, mayonnaise

Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger

1656 kcal. Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee burger

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze

Choose: Beef (two 3oz beef patties) 1567 kcal; Char-grilled chicken breast 1417 kcal

Fried buttermilk chicken 1703 kcal

BBQ burger

Maple-cured bacon, Cheddar cheese, BBQ sauce

Choose: Beef (two 3oz beef patties) 1644 kcal

Char-grilled chicken breast 1494 kcal

Fried buttermilk chicken 1780 kcal

Heatwave burger

Naga chilli mayo, American-style cheese, topped with a spicy chicken wing

Choose: Char-grilled chicken breast 1722 kcal; Fried buttermilk chicken 2007 kcal

Fiesta burger

1380 kcal.

BEYOND MEAT

plant-based patty, salsa guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger

1770 kcal

Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

Additional toppings and burger patties

Maple-cured bacon with Cheddar cheese 173 kcal

Maple-cured bacon with American-style cheese 160 kcal

Cheddar cheese 82 kcal; American-style cheese 69 kcal

Maple-cured bacon 91 kcal

Crunchy chicken strip 92 kcal

3oz beef patty 168 kcal; Char-grilled chicken breast 187 kcal

Fried buttermilk chicken 473 kcal; Breaded vegetable patty 257 kcal

Fried halloumi-style cheese 298 kcal; BEYOND MEAT patty 184 kcal

2.24

2.24

each 1.62

1.62

1.60

each 2.07

Curries INCLUDES A DRINK

Classic curries

With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry

927 kcal

Chicken tikka masala

1190 kcal

Chicken jalfrezi

935 kcal

Beef Madras

1043 kcal

Change your plain naan to a garlic naan

(add 92 kcal)

52p

Simple curries

With basmati pilau rice or chips.

Simple Mangalorean roasted cauliflower & spinach curry

Choose: Basmati pilau rice

568 kcal; Chips 970 kcal

Simple chicken tikka masala

Choose: Basmati pilau rice

830 kcal; Chips 1232 kcal

Simple chicken jalfrezi

Choose: Basmati pilau rice

575 kcal; Chips 977 kcal

Simple beef Madras

Choose: Basmati pilau rice

684 kcal; Chips 1086 kcal

Add: One vegetable samosa and two onion bhajis

(293 kcal)

1.86

Two plain poppadums

(86 kcal)

52p

NEW Char-grilled tandoori chicken breast skewer

(145 kcal)

4.09

Katsu curries

With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu grilled chicken curry

Choose: Basmati pilau rice

542 kcal

Sliced char-grilled chicken breast

Katsu Quorn™ nugget curry

Choose: Basmati pilau rice

686 kcal

Eight coated pieces

Katsu chicken curry

Choose: Basmati pilau rice

828 kcal

Sliced whole breaded chicken breast fillet

NEW Katsu spicy coated king prawn curry

734 kcal. Six coated pieces

soft drink*

9.78

alcoholic drink*

11.31

Chicken

INCLUDES A DRINK

NEW Char-grilled tandoori chicken breast skewers

Choose: Basmati pilau rice

762 kcal. Two skewers, basmati pilau rice, roasted pepper, courgette, onion, rocket, garlic & herb sauce

NEW Sticky Korean fried chicken bowl

Choose: Basmati pilau rice

867 kcal; Chips 961 kcal

NEW Sticky Korean fried Quorn™ 'no chicken' bowl

Choose: Basmati pilau rice

713 kcal; Chips 808 kcal

Chicken on the bone is marinated, slow cooked and finished on the char-grill.

Peri-peri char-grilled half chicken

Lemon and herb

Choose: Basmati pilau rice

918 kcal; Mediterranean salad 1048 kcal

Spicy rice

Hot and spicy

Choose: Basmati pilau rice

888 kcal; Mediterranean salad 1018 kcal

Spicy rice

Char-grilled half chicken, mash and gravy

Lemon & herb chicken, peas, chicken gravy

Chicken baskets

Boneless basket

Choose: Basmati pilau rice

720 kcal; Spicy rice 861 kcal; Chips 1255 kcal

Chicken wing basket

Choose: Basmati pilau rice

987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal

Chicken bites basket

Choose: Basmati pilau rice

623 kcal; Spicy rice 763 kcal; Chips 1157 kcal

Southern-fried chicken strips basket

Choose: Basmati pilau rice

748 kcal; Spicy rice 888 kcal; Chips 1282 kcal

Quorn™ 'no chicken' nuggets basket

Choose: Basmati pilau rice

569 kcal; Sweet chili sauce

Adults need around 2000 kcal a day.