### Sides and extras 3.99 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 39p) 2.49 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 2.99 NEW Five chicken breast bites 161 kcal 2.99 Eight Whitby breaded scampi 464 kcal 5.19 Grilled halloumi-style cheese V 447 kcal 2.07 Peas 133 kcal Mushy peas V 248 kcal 99p 2.39 Side salad @ 91 kcal Mediterranean side salad @ 198 kcal 3.32 Roasted vegetables @ 135 kcal 1.63 Coleslaw V 399 kcal 1.50 93p Sliced chillies FFFF @ 3 kcal 99p Chicken gravy 50 kcal Onion rings 🕖 Six 269 kcal 2.43 **Twelve** 538 kcal **3.65** 8" 386 kcal 4.55 **11**" 772 kcal **5.72** Garlic pizza bread 🗸 8" 473 kcal 5.13 **11**" 922 kcal **6.59** With cheese V

### **Desserts** NEW Salted caramel sticky toffee pudding V 5.37 Vanilla ice cream 877 kcal or custard 741 kcal 2.55 NEW Millionaire's shortbread (V) (1888) 409 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, Vanilla ice cream V 555 334 kcal 2.20 Two scoops, toffee sauce, Belgian chocolate sauce 2.20 Cookie crunch V 5364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce Mini warm chocolate brownie V 500 435 kcal 3.37 Belgian chocolate sauce, vanilla ice cream Mini warm cookie dough sandwich V 600 431 kcal 3.37 Salted caramel filling, toffee sauce, vanilla ice cream Mini American-style pancakes (V 6555) 412 kcal 3.92 Two pancakes, maple-flavour syrup, vanilla ice cream 4.95 Fresh fruit V 5% 500 470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream Warm chocolate fudge cake V 909 kcal. Vanilla ice cream 5.72 Warm chocolate brownie V 736 kcal 5.72 Belgian chocolate sauce, vanilla ice cream Warm cookie dough sandwich V 727 kcal 5.72 Salted caramel filling, toffee sauce, vanilla ice cream British Bramley apple crumble V 5.99 Vanilla ice cream 673 kcal or custard 🚳 537 kcal 5.37 American-style pancakes V 38 689 kcal

Add: Custard (134 kcal) 1.33; Vanilla ice cream scoop (135 kcal) 99p Belgian chocolate sauce (61 kcal) 47p; Toffee sauce (66 kcal) 47p Banana (110 kcal) 60p; Strawberries (27 kcal) 60p; Blueberries (17 kcal) 60p

### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

 Exclude those dishes containing certain allergens. • See full lists of ingredients.

Four pancakes, maple-flavour syrup, vanilla ice cream

- Set Calorie and carbohydrate limits
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals anddrinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

### **DIETARY SYMBOLS**

= Very mild = Mild = Medium hot = Very hot
= Extremely hot
Vegetarian 🕖 Vegan 5% 5% fat or less 😘 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

# BREAKFAST

# Served 8am - 12 noon

80p Hash brown @ 82 kcal

1.15 Vegan sausage @ 82 kcal

**1.23 Baked beans 126** kcal

**98p Poached egg ○** 63 kcal

Flat white **9** 92 kcal

Latte 113 kcal

Mocha 147 kcal

Espresso @ 6 kcal

Tea

Black coffee @ 6 kcal

White coffee V 24 kcal

Hot chocolate V 169 kcal

with semi-skimmed milk **①** 14 kcal

Dairy alternative: oat sachet @ 4 kcal

Decaffeinated tea and coffee available.

Cappuccino V 102 kcal

·Tea, coffee and hot chocolate ·

4.28

5.72

5.72

5.72

5.37

5.37

4.67

3.92

3.62

2.99

2.99

2.49

1.99

2.99

3.49

1.15

98p

98p

98p

1.73

1.67

57p

1.62

2.07

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	6.59	NEW Fiesta brunch • • 659 kcal Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa
<b>Traditional breakfast</b> 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of t	<b>4.99</b> past	Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham,
Small breakfast 335 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	2.99	Hollandaise sauce, rocket  Mushroom Benedict ♥ 638 kcal
Add: Black pudding (178 kcal) <b>80p</b>		Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	2.99	Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding,
Large vegetarian breakfast ♥ 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns,	6.59	Hollandaise sauce, rocket  American-style pancakes
mushroom, tomato, two slices of toast  Vegetarian breakfast   786 kcal	4.99	NEW Four pancakes, banana, strawberries, blueberries, maple-flavour syrup. V 38 708 kcal
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	4.77	Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. 🗸 😵 554 kcal
Small vegetarian breakfast ♥ ॐ ‱ 291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	2.99	Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syrup. 322 kcal
<b>Vegan breakfast  ⊘</b> 642 kcal Two vegan sausages, baked beans, two hash browns, mushroom,	2.99	Two pancakes, maple-flavour syrup. 👽 😵 📆 277 kcal Scrambled egg on toast 👽 570 kcal
tomato, slice of toast, vegan spread		Three eggs, buttered white bloomer toast
American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages four pancakes, maple-flavour syrup	<b>7.24</b>	Beans on toast 👽 🚳 566 kcal. Buttered white bloomer toast  NEW Vegan option available with vegan spread 🥥 🚳 🚮 460 kcal  Small beans on toast 👽 🚳 🚮 252 kcal
Small American breakfast 629 kcal	5.37	Buttered white bloomer toast
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup		Two slices of toast with jam or marmalade ♥ 524 kcal White bloomer bread
Porridge V 😵 🐯 252 kcal (plain) Add: Banana 🕝 (110 kcal) 60p; Maple-flavour syrup 🕝 (125 kcal) 30p	1.99	Fresh fruit 🕢 👀 📸 200 kcal Apple, banana, blueberries, strawberries
Strawberries (27 kcal) 60p; Blueberries (17 kcal) 60p Honey (191 kcal) 30p; Sliced apple (46 kcal) 60p		NEW Fresh fruit and yoghurt V ® 834 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt
,		

### Tea and toast

Includes tea, coffee or hot chocolate. Free refills

Two slices of toast with jam or marmalade 2.49 1.99 V 524 kcal. White bloomer bread

## **Breakfast butties and wraps**

Bacon butty 574 kcal. Three rashers of bacon, buttered white bloomer bread	2.69
Sausage butty 714 kcal. Two Lincolnshire sausages, buttered white bloomer bread	2.69
Vegetarian sausage butty 👽 541 kcal	2.69
Two vegan sausages, buttered white bloomer bread	
Vegan option available with vegan spread 🥝 🚳 晄 435 kcal	
Breakfast wrap 724 kcal	4.7
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap ♥ 735 kcal	4.7
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

# **Breakfast muffin deal**

Includes tea, coffee, hot chocolate (free refills')

or ANY soft drink Egg & cheese muffin V 500 249 kcal 3.31 Fried egg, American-style cheese, in an English muffin Egg & bacon muffin (500) 314 kcal 3.77 Fried egg, bacon, American-style cheese, in an English muffin Egg & sausage muffin (500) 417 kcal 3.77 Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin

Egg & vegetarian sausage muffin V 500 330 kcal 3.77 Fried egg, vegan sausage, American-style cheese, in an English muffin Breakfast muffin (500) 482 kcal 3.99 Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin Smashed avocado muffin @ 59 (888) 271 kcal 3.99

Guacamole, pico de gallo, on an English muffin, rocket Add: Maple-cured bacon (91 kcal) 1.62; Poached egg V (63 kcal) 98p Grilled halloumi-style cheese (V) (447 kcal) 2.07

Add: Hash brown @ (82 kcal) 51p

for the facts drinkaware.co.uk

**Biscuits** 

**Breakfast extras** 

Add any of the following:

Lincolnshire sausage 168 kcal

Black pudding 178 kcal

Slice of toast 225 kcal

Two mushrooms @ 100 kcal

Two scrambled eggs V 136 kcal

Two rashers of back bacon 131 kcal

Two grilled tomato halves @ 16 kcal

Four rashers of maple-cured bacon 91 kcal

Grilled halloumi-style cheese V 447 kcal

TEA. COFFEE AND

**HOT CHOCOLATE** 

- ALL DAY EVERY DAY -

LAVATIA (2) (20) (3)

Walkers shortbread V 151 kcal 71p

Stem ginger biscuit V 123 kcal 71p

Belgian chocolate biscuit V 129 kcal 71p

Salted caramel brownie bar V 316 kcal 1.64

Fried egg V 56 kcal

idwetherspoon.com All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds

**Table service** Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar. Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale

The Square Sail is located on the north side of Brayford Pool. The banks of this former inland port were once lined with large flat-bottomed Humber keels, with their famous square sails.

Main menu 11.30am - 11pm. Children's menu available.

The Square Sail

Lincoln

FOOD HYGIENE RATING

Allergen and nutritional information can

website and Wetherspoon app.

Adults need around 2000 kcal a day.§

be found on the customer information screen,

0 1 2 3 4 5

100%

**Food hygiene** We have been awarded the maximum

food hygiene rating of 5 in our pub.



Sustainable fish The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable

回機回

网络

宣為祭



100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.



Free-range eggs

goodfoodtalks

The spoken menu app for the visually impaired

opening menus for everybody

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

**Breakfast** 8am - 12 noon

Tea. coffee and

Free refills

**Traditional** 

breakfast

£4.99

hot chocolate

### **Deli Deals** INCLUDES A DRINK •

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink

> £3.44 alcoholic drink\*

£4.68

£6.21

# **Burger meals**

INCLUDES A DRINK •

Featuring 3oz American burger alcoholic drink\*

£7.53 £6.00

### **Afternoon deals** INCLUDES A DRINK

Mon - Fri, 2pm - 5pm Featuring small freshly battered fish and chips soft drink\*

£6.63

£8.16

### Steak Club INCLUDES A DRINK'

**Tuesday 11.30am - 11pm** 

Featuring classic 8oz sirloin alcoholic drink\*

£10.20

£11.73 **Curry Club** 

### INCLUDES A DRINK • **Thursday 11.30am - 11pm**

Featuring the katsu curry range soft drink\* alcoholic drink\*

£8.44

INCLUDES A DRINK • Choose from over 150 drinks



The freshly ground 100% Arabica Lavazza coffee<sup>tt</sup> we serve is from Rainforest Alliance-certified farms

**Award-winning** children's menu







**Sustainable Restaurant** Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.







sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon pic reserves the right to withdraw/change offers (w See our website for full details: jdwetherspoon.com "Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. \*Statement of daily Calorie needs from the Department of Health & Social Care.
"Excluding decaffeinated. \*Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml). \*Choose from: Diet Pepsi, Pepsi, Pepsi, Pepsi Max or Pepsi Max or Pepsi Max cherry (398ml glass); apple, cranberry or orange juice (398ml glass); apple & mango, apple & raspberry or orange & passion fruit J2O; Brecon Carreg natural mineral water (still/sparkling 500ml bottle), blackcurrant, lime or orange standard cordial (398ml glass); blor orange or lemon Sanpellegrino (330ml can); Passion Fruit Cooler or Raspberry Refresher 0% cocktail (215ml glass); Monster Energy, Energy Ultra, Energy Ultra Peachy Keen, Energy Ultra Rosá, Mango Loco or Pipeline Punch (500ml can); Old lamaica ginger beer (330ml can); R White's raspberry lemonade (330ml can); Remedy kombucha raspberry lemonade (250ml can

Small plates Any 3 for £14.99	
8" pizzas. Sourdough base - proved, stretched,	
topped and freshly baked to order.	
Margherita V 500 467 kcal. Mozzarella, basil	6.19
Pepperoni 🖊 575 kcal. Mozzarella, pepperoni	6.76
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket	6.76
BBQ chicken 555 kcal	6.76
Mozzarella, BBQ sauce, chicken breast, red onion, rocket	
Roasted vegetable V 514 kcal	6.76
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	
Vegan roasted vegetable @ 5% 555 kcal	6.76
Mushroom, roasted pepper, courgette, onion, basil	7.35
Spicy meat feast /// 615 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.33
•••••	
NEW Char-grilled halloumi-style cheese V 514 kcal	5.34
Rocket, roasted pepper, courgette, onion, salsa	
11" garlic pizza bread © 772 kcal	5.72
Nachos /// 0 695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	6.24
Bowl of chips @ 964 kcal	3.99
Bowl of chips with curry sauce 1082 kcal	5.29
Cheesy chips V 1256 kcal	5.49
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	5.79
Tomato & basil soup V 3 374 kcal. White bloomer bread	4.38
Vegan option available with vegan spread @ 53 (555) 285 kcal	
With any of the small plates below, choose one dip:	
Sweet chilli // 37 kcal; Sticky soy 100 kcal; Naga chilli // 3136 kca	
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo ♥ ♥ ▼ ▼ 150 kg	cal
Blue cheese V 270 kcal; BBQ sauce @ 83 kcal	= 0 :
Halloumi-style fries V 500 396 kcal	5.34
Chicken bites 322 kcal. Ten battered chicken breast pieces	6.46
Southern-fried chicken strips / \$555 459 kcal. Five chicken breast strips	
Chicken wings /// 813 kcal. Ten spicy chicken wings	7.14
<b>Quorn™ nuggets @ ॐॐ</b> 331 kcal. Eight coated pieces	5.34
Deli Deals <sup>®</sup> INCLUDES A DRINK.	
The state of the s	

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All wraps and paninis are freshly made to order.
10" wraps A smaller wrap and filling.
 Small brunch wrap 559 kcal
 Fried egg, bacon, Lincolnshire sausage, Cheddar cheese
                                                            iust-a-wran.
 Small vegetarian brunch wrap V 545 kcal
 Fried egg, two vegan sausages, Cheddar cheese
                                                              3.44
 Small shawarma chicken 502 kcal
                                                               each
 Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,
                                                             soft drink*
 tomato, onion, rocket, fresh mint
                                                              4.68
 Small Quorn<sup>™</sup> nuggets @ 500 310 kcal
                                                               each
 Salad leaves, tomato, cucumber, salsa
                                                            alcoholic drink*
 Small southern-fried chicken FFF ($300) 399 kcal
                                                              6.21
 Salad leaves, smoky chipotle mayo
 Small cold chicken breast // 52 6555 277 kcal
 Salad leaves, sweet chilli sauce
 Salad leaves, sweet chilli sauce, tomato, cucumb
 Add: Small side salad (46 kcal); Small portion of chips (329 kcal) 1.13 each
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NEW Shawarma chicken 777 719 kcal

Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

**Quorn**<sup>™</sup> **nuggets** Ø 🚳 508 kcal. Tomato, cucumber, salsa

Southern-fried chicken **FFF** 609 kcal

Salad leaves, smoky chipotle mayo Cold chicken breast FF 3 479 kcal

Salad leaves, sweet chilli sauce Fried halloumi-style cheese // V 707 kcal Salad leaves, sweet chilli sauce, tomato, cucumber

**Paninis** 

Tuna mayo and Cheddar cheese 590 kcal Cheddar cheese and tomato V 527 kcal

Wiltshire cured ham and Cheddar cheese 508 kcal BBQ chicken, bacon and Cheddar cheese 586 kcal

8" pizzas on a freshly baked sourdough base

Choose any 8" pizza from the small plates section. Add: Side salad @ (91 kcal); Tomato & basil soup @ (150 kcal)

Spicy rice (208 kcal); Chips (602 kcal) 1.54 each

Adults need around 2000 kcal a day.§

Burgers includes a drink

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below). American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard soft drink\* alcoholic drink\* Classic beef burger 677 kcal 6.00 7.53 Iceberg lettuce, tomato, red onion each each Skinny beef burger 375 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips American cheese burger 730 kcal soft drink\* 6.57 American-style cheese, red onion, gherkin, ketchup, alcoholic drink\* 8.10 American-style mustard Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below). Double American burger 1138 kcal soft drink\* alcoholic drink\* Red onion, gherkin, ketchup, American-style mustard 8.25 9.78 Double classic beef burger 1119 kcal each each Iceberg lettuce, tomato, red onio soft drink\* 8.83 Double American cheese burger 1207 kcal American-style cheese, red onion, gherkin, ketchup, alcoholic drink\* 10.36 American-style mustard

Chicken burgers Served with a small portion of chips (329 kcal, included in the Calories below). Crunchy chicken strip burger 776 kcal soft drink\* 6.00

Two southern-fried chicken strips, iceberg lettuce, mayonnaise alcoholic drink\* 7.53 Served with chips (602 kcal, included in Calories below).

Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet alcoholic drink\* Char-grilled chicken breast burger 970 kcal 8.25 9.78 Skinny chicken burger 53 5394 kcal each Char-grilled chicken breast, with a side salad, instead of chips

Meat-free burgers

Served with chips (602 kcal, included in Calories below).

Beyond Burger<sup>™</sup> 1043 kcal soft drink\* alcoholic drink\* BEYOND MEAT plant-based patty, 8.25 9.78 iceberg lettuce, garlic & herb sauce each each Breaded vegetable burger V 1039 kcal

Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese Fried halloumi-style cheese burger 🖊 🔾 1118 kcal. Sweet chilli sauce

Just-a-burger Served on its own, without chips or a drink.

American burger 367 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger # 447 kcal

Two southern-fried chicken strips, iceberg lettuce, mayonnaise CUITTIES INCLUDES A DRINK

Classic curries With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry // @ 58927 kcal

Chicken tikka masala 1190 kcal Chicken jalfrezi FFF 53 935 kcal Beef Madras / 1043 kcal

soft drink\* alcoholic drink\* 10.38 11.91 each each

soft drink\* alcoholic drink\*

9.67

each

8.14

each

each 3.51

Change your plain naan to a garlic naan (V) (add 92 kcal) 52p

Simple curries With basmati pilau rice or chips.

Simple Mangalorean roasted cauliflower & spinach curry 🔰 🧿 Choose: Basmati pilau rice 🚳 568 kcal; Chips 970 kcal

Simple chicken tikka masala Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal Simple chicken jalfrezi

soft drink\*

6.22

each

alcoholic drink\*

7.75

Choose: Basmati pilau rice 52 575 kcal; Chips 977 kcal Simple beef Madras

Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal

Add: One vegetable samosa and two onion bhajis 🆊 🚳 (293 kcal) 1.86 Two plain poppadums @ (86 kcal) 52p Katsu curries With a mild Japanese-style katsu curry sauce,

coconut-flavour rice, sliced chillies and coriander Katsu grilled chicken curry 58 542 kcal Sliced char-grilled chicken breast

Katsu Quorn™ nugget curry @ 686 kcal Eight coated pieces Katsu chicken curry 828 kcal

Sliced whole breaded chicken breast fillet

soft drink\* alcoholic drink\* 10.79 9.26 each each

**Gourmet burgers** 

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1656 kcal

Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee burger

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1567 kcal Char-grilled chicken breast 1417 kcal

10.47 Fried buttermilk chicken 1703 kcal each alcoholic drink Maple-cured bacon, Cheddar cheese, BBQ sauce 12.00 Choose: Beef (two 3oz beef patties) 1644 kcal

soft drink\*

each

soft drink\*

11.37

each

alcoholic drink\*

12.90

soft drink\*

9.21

each

alcoholic drink\*

10.74

each

Char-grilled chicken breast 1494 kcal Fried buttermilk chicken 1780 kcal

Heatwave burger Naga chilli mayo, American-style cheese, hash brown,

topped with a spicy chicken wing Choose: Char-grilled chicken breast 1722 kcal Fried buttermilk chicken 2007 kcal

Fiesta burger @ 1380 kcal

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1770 kcal soft drink\* 11.90 Three 3oz beef patties, American-style cheese, alcoholic drink\* 13.43 maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

Additional toppings and burger patties

Maple-cured bacon with Cheddar cheese 173 kcal 2.24 2.24 Maple-cured bacon with American-style cheese 160 kcal 1.62 Cheddar cheese V 82 kcal American-style cheese V 69 kcal 1.62 1.62 Maple-cured bacon 91 kcal Crunchy chicken strip / 92 kcal 1.60

3oz beef patty 168 kcal

Char-grilled chicken breast 187 kcal each **2.07** Fried buttermilk chicken 473 kcal Breaded vegetable patty V 257 kcal

Fried halloumi-style cheese V 298 kcal BEYOND MEAT patty @ 184 kcal

Chicken includes a drink

Chicken on the bone is marinated, slow cooked and finished on the char-grill.

Peri-peri char-grilled half chicken Lemon and herb / Char-grilled in a lemon & herb glaze

Coleslaw, garlic & herb dip Choose: Side salad 918 kcal: Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip Choose: Side salad 888 kcal: Mediterranean salad 1018 kcal

Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy

Chicken wing basket FFF Eight wings, coleslaw, Naga chilli dip Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal

Boneless basket # Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal

Chicken hites hasket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice 58 763 kcal; Chips 1157 kcal

Southern-fried chicken strips basket / Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal Quorn<sup>™</sup> 'no chicken' nuggets basket **// V** 

Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

Add: Chicken gravy (50 kcal) 99p

11" DIZZAS INCLUDES A DRINK •

Sourdough base - proved, stretched, topped and freshly baked to order. soft drink\* alcoholic drink\* Margherita V 934 kcal. Mozzarella, basil 9.21 10.74 Pepperoni // 1151 kcal. Mozzarella, pepperoni Ham and mushroom 1011 kcal soft drink\* Mozzarella, ham, mushroom, rocket 10.38 BBQ chicken 1097 kcal each Mozzarella, BBQ sauce, chicken breast, red onion, rocket alcoholic drink\* Roasted vegetable V 1028 kcal 11.91 Mozzarella, mushroom, roasted pepper, courgette, onion, basil each Vegan roasted vegetable @ 50 709 kcal Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast // 1214 kcal 11.55 13.08 Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket **Additional toppings** Red onion @ 10 kcal; Sliced chillies FFFF @ 3 kcal; Mushroom @ 4 kcal each 93p

Small pub classics includes a drink of

each **1.25** 

each 1.63

soft drink\* alcoholic drink\*

Garlic & herb dip @ 180 kcal; Mozzarella V 150 kcal; Ham 71 kcal

Chicken breast 94 kcal: Maple-cured bacon 91 kcal

Pepperoni / 109 kcal; Roasted vegetables @ 90 kcal

soft drink\* alcoholic drink\* Fish and chips Small freshly battered cod and chips 8.39 9.92 Peas 681 kcal or mushy peas 739 kcal Small Whitby breaded scampi 8.39 9.92 Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi Add: Two slices of bread (404 kcal) 1.44 Chip shop-style curry sauce (a) (118 kcal) 1.56 Small Wiltshire cured ham. 7.16 8.69 egg and chips 655 455 kcal One slice of Wiltshire cured ham, fried egg Small all-day brunch 681 kcal 7.15 8.68 Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) 80p Small vegetarian all-day brunch © 611 kcal 7.15 8.68

Two vegan sausages, fried egg, baked beans, chips Afternoon deal soft drink\* alcoholic drink\* Mon - Fri, 2pm - 5pm 6.63 8.16

# Pub classics includes a drink ...

Fish and chips Freshly battered cod and chips 🕖 10.61 12.14 Peas 1240 kcal or mushy peas 1298 kcal Whitby breaded scampi 10.61 12.14 Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi Add: Two slices of bread (404 kcal) 1.44 Chip shop-style curry sauce (118 kcal) 1.56 All-day brunch 1245 kcal 9.96 11.49 Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips Add: Black pudding (178 kcal) 80p Vegetarian all-day brunch V 1023 kcal 9.96 11.49 Two fried eggs, three vegan sausages, baked beans, chips Steak & kidney pudding Peas, onion & red wine gravy 10.39 8.86 Choose: Mashed potato 963 kcal; Chips 1279 kcal 10.39 Bangers and mash 894 kcal 8.86 Three Lincolnshire sausages, peas, onion & red wine gravy 10.39 8.86 Vegetarian bangers and mash **(V)** 635 kcal Three vegan sausages, peas, onion & red wine gravy 9.79 Wiltshire cured ham, eggs and chips 856 kcal 8.26 Two slices of Wiltshire cured ham, two fried eggs 9.49 Sausages, chips and beans 1170 kcal 7.96 Three Lincolnshire sausages Vegan sausages, chips and beans @ 910 kcal 7.96 9.49 Three vegan sausages NEW Chilli bean non-carne / @ 58 635 kcal 8.86 10.39

Afternoon deal alcoholic drink soft drink\* Mon - Fri, 2pm - 5pm 7.79 9.32

Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips

Steaks and grills INCLUDES A DRINK ... From farms in the UK and Ireland, prime beef steaks

(traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking. Classic 8oz sirloin steak soft drink\* alcoholic drink

Choose: Side salad 526 kcal 11.79 13.32 Mediterranean salad 657 kcal: Jacket potato 774 kcal each each Mashed potato 745 kcal: Chips 1061 kcal Gourmet 8oz sirloin steak Peas, tomato, mushroom, three onion rings, steak sauce soft drink\* alcoholic drink

each

Choose: Side salad 785 kcal 14.14 15.67 Mediterranean salad 915 kcal; Jacket potato 1032 kcal each Mashed potato 1003 kcal: Chips 1320 kcal Add your choice of steak sauce: **Creamy peppercorn sauce** (74 kcal)

Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.92 each Below meals are served with peas, tomato and mus

alcoholic drink soft drink\* 12.14 BBQ chicken melt 10.61 Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad 539 609 kcal; Mediterranean salad 739 kcal Jacket potato 38 856 kcal; Mashed potato 827 kcal; Chips 1143 kcal 5oz gammon and egg 9.26 10.79 Choose: Side salad 🚳 ; 402 kcal; Mediterranean salad 532 kcal Jacket potato 🚳 649 kcal; Mashed potato 620 kcal; Chips 936 kcal 10oz gammon and eggs 13.96 12.43 Choose: Side salad 611 kcal; Mediterranean salad 741 kcal Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 1146 kcal Mixed arill 12.43 13.96 Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips 1519 kcal Large mixed grill 14.19 15.72

Noodles, salads and pastas

Gammon, pork loin, rump, lamb, two Lincolnshire sausages

Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal

Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips 2012 kcal

fried egg, six onion rings

INCLUDES A DRINK soft drink\* alcoholic drink\* NEW Ramen noodle bowl // @ 53 555 466 kcal 7.29 8.82

Noodles, bean sprouts, shiitake mushroom, spring onio carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, Add: Char-grilled chicken breast (93 kcal) 1.25; Poached egg (63 kcal) 98p Chicken & maple-cured bacon salad 8.99 10.52 Choose: Char-grilled chicken breast (505) 283 kcal Southern-fried chicken breast strips 6500 465 kcal

Mediterranean salad @ 334 kcal 7.99 Pearl barley, quinoa, butternut squash, wheat berries, red pepper cherry tomatoes, pumpkin seeds, basil, dressing Add: Grilled halloumi-style cheese V (447 kcal) 2.07 Tuna mayo (298 kcal) 1.16; Roasted vegetables (90 kcal) 1.63 Char-grilled chicken breast (187 kcal) 2.07

Grilled halloumi-style cheese 7.99 9.52 & roasted vegetable salad V 600 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing Burrito salad bowl W 668 kcal 7.99 9.52 Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips guacamole, sliced chillies Add: Char-grilled chicken breast (187 kcal) 2.07

Chilli bean non-carne / (a) (149 kcal) 2.07 Pasta alfredo V 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach

sun-dried tomato, basil, rocket Add: Char-grilled chicken breast (187 kcal) 2.07; Maple-cured bacon (91 kcal) 1.62

British beef & pancetta lasagne 10.00 11.53 Choose: Side salad 761 kcal; Chips 1295 kcal

Jacket potatoes includes a drink

With side salad and one filling. Extra fillings 1.32 each. Tuna mayo 592 kcal; Coleslaw V 559 kcal Cheese V 512 kcal

Baked beans @ 59 566 482 kcal Chilli bean non-carne / @ 58 588 442 kcal Roasted vegetables @ 59 (500) 383 kcal

alcoholic drink\* soft drink\* 7.39 8.92 each

9.43

9.52

10.96