#### Sides and extras 3.99 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 39p) 2.49 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 2.99 2.99 NEW Five chicken breast bites 161 kcal Eight Whitby breaded scampi 464 kcal 5.19 Grilled halloumi-style cheese V 447 kcal 2.07 Peas 133 kcal Mushy peas V 248 kcal 99p 2.39 Side salad @ 91 kcal Mediterranean side salad @ 198 kcal 3.32 Roasted vegetables @ 135 kcal 1.63 Coleslaw V 399 kcal 1.50 Sliced chillies FFFF @ 3 kcal 93p 99n Chicken gravy 50 kcal Onion rings 🕢 **Six** 269 kcal **2.43 Twelve** 538 kcal **3.65**

Garlic pizza bread V	<b>8</b> " 386 kcal	4.55	<b>11</b> " 772 kcal	5.72
With cheese V	<b>8</b> " 473 kcal	5.13	<b>11</b> " 922 kcal	6.59
Desserts				
NEW Salted caramel sticky toffee pudding ♥ Vanilla ice cream 877 kcal or custard 741 kcal				5.14
NEW Millionaire's sho Two vanilla ice cream scoops, s toffee sauce				2.32
<b>Vanilla ice cream V S</b> Two scoops, toffee sauce, Belg		auce		1.97
Cookie crunch © 555 364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce			hocolate sauce	1.97
Mini warm chocolate I Belgian chocolate sauce, vanill		UNDER 435 k	cal	3.13
Mini warm cookie dough sandwich ♥ (\$35) 431 kcal Salted caramel filling, toffee sauce, vanilla ice cream			431 kcal	3.13
Mini American-style p Two pancakes, maple-flavour s	_	_	kcal	3.69
Fresh fruit V 53 555 47 Apple, banana, blueberries, str		lla ice crear	n	4.71
Warm chocolate fudge	e cake 🛡 90	9 kcal. Vanil	la ice cream	5.48
Warm chocolate brow Belgian chocolate sauce, vanill		al		5.48
<b>Warm cookie dough s</b> Salted caramel filling, toffee sa	_			5.48
British Bramley apple Vanilla ice cream 673 kcal or cu				5.77
American-style panca	ikes V 🥯 68	39 kcal		5.14

Add: Custard (134 kcal) 1.33; Vanilla ice cream scoop (135 kcal) 99p Belgian chocolate sauce (61 kcal) 47p; Toffee sauce (66 kcal) 47p Banana (110 kcal) 60p; Strawberries (27 kcal) 60p; Blueberries (17 kcal) 60p

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

Exclude those dishes containing certain allergens.

Four pancakes, maple-flavour syrup, vanilla ice cream

- See full lists of ingredients. Set Calorie and carbohydrate limits
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals anddrinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish

### **DIETARY SYMBOLS**

= Very mild = Mild = Medium hot = Very hot
= Extremely hot
Vegetarian 🕖 Vegan 5% 5% fat or less 😘 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

# BREAKFAST

V 524 kcal. White bloomer bread

## Served 8am - 12 noon

4.03

5.29

5.29

5.29

5.14

5.14

4.45

3.69

3.40

2.79

2.79

2.29

1.99

2.99

3.49

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	5.99	NEW Fiesta brunch • • 659 kcal Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa
<b>Traditional breakfast</b> 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of to	<b>3.69</b> ast	<b>Eggs Benedict</b> 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham,
Small breakfast 👑 435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	2.79	Hollandaise sauce, rocket  Mushroom Benedict V 638 kcal
Add: Black pudding (178 kcal) <b>80p</b>		Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	2.79	Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding,
Large vegetarian breakfast ♥ 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns,	5.99	Hollandaise sauce, rocket  American-style pancakes
mushroom, tomato, two slices of toast  Vegetarian breakfast V 786 kcal	3.69	NEW Four pancakes, banana, strawberries, blueberries, maple-flavour syrup. ♥ ጭ 708 kcal
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast		Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. 👽 🚳 554 kcal
Small vegetarian breakfast ♥ ॐ 📸 291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	2.79	Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syrup. (\$500) 322 kcal
Vegan breakfast ⊘ 642 kcal Two vegan sausages, baked beans, two hash browns, mushroom,	2.79	Two pancakes, maple-flavour syrup. 👽 😵 📆 277 kcal Scrambled egg on toast 👽 570 kcal
tomato, slice of toast, vegan spread		Three eggs, buttered white bloomer toast
American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages four pancakes, maple-flavour syrup	7.00	Beans on toast 👽 🚳 566 kcal. Buttered white bloomer toast  NEW Vegan option available with vegan spread 🥥 🚳 🚮 460 kcal  Small beans on toast 👽 🚳 🚮 252 kcal
Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage,	5.14	Buttered white bloomer toast  Two slices of toast with jam or marmalade  524 kcal
two pancakes, maple-flavour syrup	4.00	White bloomer bread
Porridge V 🕸 📆 252 kcal (plain) Add: Banana 🕖 (110 kcal) 60p; Maple-flavour syrup 🕖 (125 kcal) 30p	1.99	Fresh fruit 🕢 😵 😘 200 kcal Apple, banana, blueberries, strawberries
Strawberries ⊘ (27 kcal) 60p; Blueberries ⊘ (17 kcal) 60p Honey ♥ (91 kcal) 30p; Sliced apple ⊘ (46 kcal) 60p		NEW Fresh fruit and yoghurt (V) (SO) 334 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt

### Tea and toast

Includes tea, coffee or hot chocolate. Free refills with drink without drink Two slices of toast with jam or marmalade 2.49 1.99

## **Breakfast butties and wraps**

<b>Bacon butty</b> 574 kcal. Three rashers of bacon, buttered white bloomer bread	2.69
<b>Sausage butty</b> 714 kcal. Two Lincolnshire sausages, buttered white bloomer bread	2.69
Vegetarian sausage butty ♥ 541 kcal	2.69
Two vegan sausages, buttered white bloomer bread	
Vegan option available with vegan spread @ 598 (\$565) 435 kcal	
Breakfast wrap 724 kcal	4.5
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap V 735 kcal	4.5
Fried egg, two yegan sausages, two hash browns. Cheddar cheese	

### **Breakfast muffin deal** Includes tea, coffee, hot chocolate (free refills')

Add: Maple-cured bacon (91 kcal) 1.62; Poached egg V (63 kcal) 98p

Grilled halloumi-style cheese (V) (447 kcal) 2.07

Add: Hash brown @ (82 kcal) 51p

or ANY soft drink°.	
Egg & cheese muffin V 555 249 kcal	3.31
Fried egg, American-style cheese, in an English muffin	
Egg & bacon muffin (1889) 314 kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin	
Egg & sausage muffin 500 417 kcal	3.77
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
Egg & vegetarian sausage muffin V (500) 330 kcal	3.77
Fried egg, vegan sausage, American-style cheese, in an English muffin	
Breakfast muffin \$600 482 kcal	3.99
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffir	1
Smashed avocado muffin @ 5% (555) 271 kcal	3.99
Guacamole, nico de gallo, on an English muffin, rocket	

### Breakfast extras Add any of the following

Add ally of the following:		
Black pudding 178 kcal	80p Hash brown @ 82 kcal	51p
Lincolnshire sausage 168 kcal	1.15 Vegan sausage 🕢 82 kcal	1.15
Slice of toast V 225 kcal	1.23 Baked beans @ 126 kcal	98p
Fried egg 🤍 56 kcal	98p Poached egg V 63 kcal	98p
Two mushrooms 🥏 100 kcal	-	98p
Two scrambled eggs V 136 kca	ıl	1.73
Two rashers of back bacon 131	kcal	1.67
Two grilled tomato halves @ 1	6 kcal	57p
Four rashers of maple-cured	bacon 91 kcal	1.62
Grilled halloumi-style cheese V 447 kcal		

## -Tea, coffee and hot chocolate -



Flat white **9** 92 kcal Cappuccino V 102 kcal Latte 113 kcal Mocha 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee V 24 kcal Hot chocolate V 169 kcal

Tea with semi-skimmed milk **①** 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available

**Biscuits** Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p

Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

for the facts drinkaware.co.uk

idwetherspoon.com

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds Fair Well and Early Stera By Carlot and the activistic in the Control of the Cont soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml). \*Choose from: Diet Pepsi, Pepsi, Pepsi, Pepsi, Max or Pepsi Max or Pepsi Max cherry (398ml glass); apple, cranberry or orange juice (398ml glass); apple & mango, apple & raspberry or orange & passion fruit J2O; Brecon Carreg natural mineral water (still/sparkling 500ml bottle), blackcurrant, lime or orange standard cordial (398ml glass); bloo orange or lemon Sanpellegrino (330ml can); Passion Fruit Cooler or Raspberry Refresher 0% cocktail (215ml glass); Monster Energy, Energy Ultra, Energy Ultra Peachy Keen, Energy Ultra Rosá, Mango Loco or Pipeline Punch (500ml can); Old lamaica ginger beer (330ml can); R White's raspberry lemonade (330ml can); Remedy kombucha raspberry lemonade (250ml can

Main menu 11.30am - 11pm. Children's menu available.





## **Table service**

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



## **Food hygiene**

We have been awarded the maximum food hygiene rating of 5 in our pub.



#### Sustainable fish The cod and haddock we serve

come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable



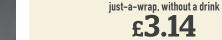
## 100% UK and

Irish beef From farms in the UK and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.



### Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



Breakfast

8am - 12 noon

Tea. coffee and

hot chocolate

Free refills

**Deli Deals** 

INCLUDES A DRINK

Featuring NEW small southern-fried chicken wrap

soft drink\* alcoholic drink\* £5.58 £4.05

## **Burger meals**

INCLUDES A DRINK

Featuring 3oz American burger soft drink\* alcoholic drink\*

£6.74 £5.21

### **Afternoon deals** INCLUDES A DRINK

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips soft drink\*

£6.39

£7.92

**Traditional** 

breakfast

£3.69

## Steak Club

INCLUDES A DRINK' **Tuesday 11.30am - 11pm** 

Featuring classic 8oz sirloin

alcoholic drink\*

£9.97 £11.50

## **Curry Club**

INCLUDES A DRINK • Thursday 11.30am - 11pm

Featuring the katsu curry range soft drink\* alcoholic drink\*

£8.21

INCLUDES A DRINK' • **Choose from over 150 drinks** 

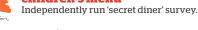


Coffee
The freshly ground 100% Arabica Lavazza coffee<sup>tt</sup> we serve is from Rainforest Alliance-certified farms

£9.74









**Sustainable Restaurant Association** 



Awarded the highest rating in the world's largest sustainability certification for pubs



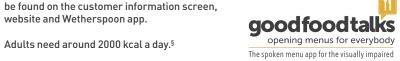
on the app or by phone



Adults need around 2000 kcal a day.§

Allergen and nutritional information can

website and Wetherspoon app.



**Book direct.** 

"pizzas. Sourdough base - proved, stretched, opped and freshly baked to order.		
Margherita V 5555 467 kcal. Mozzarella, basil	6	5.06
Pepperoni 🌈 575 kcal. Mozzarella, pepperoni		.66
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rock		5.66
BBQ chicken 555 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	0	5.66
Roasted vegetable V 514 kcal	6	5.66
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	,	,,
Vegan roasted vegetable @ 🚳 🐯 355 kcal Mushroom, roasted pepper, courgette, onion, basil	O	5.66
Spicy meat feast FFF 615 kcal	7	7.24
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket		
Char-grilled halloumi-style cheese V 514 kcal	į	5.11
Rocket, roasted pepper, courgette, onion, salsa  11" garlic pizza bread 👽 772 kcal	5	5.72
Nachos /// © 695 kcal. Cheese, guacamole, salsa, sour cream, sliced	_	5.96
Bowl of chips @ 964 kcal		3.99
Bowl of chips with curry sauce @ 1082 kcal		.29
Cheesy chips 1993 look Chaese manufactured bases assurances		5.49
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream Tomato & basil soup 👽 🐯 📆 374 kcal. White bloomer bread		5.79 5.38
NEW Vegan option available with vegan spread ② 33 533 285 kcal		
Sweet chilli ♥️ Ø 37 kcal; Sticky soy ♥ 100 kcal; Naga chilli ፆፆ႔ Ø Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo ፆፆ႔		
	V 150 kcal  6 ast strips 6	5.11 5.24
Jack Daniel's® Tennessee Honey glaze © 87 kcal; Chipotle mayo PPP ( Blue cheese © 270 kcal; BBQ sauce @ 83 kcal  Halloumi-style fries © 555 396 kcal  Chicken bites 555 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips 7 555 459 kcal. Five chicken bre  Chicken wings 777 813 kcal. Ten spicy chicken wings	V 150 kcal  6 ast strips 6	5.11 5.24 5.24 5.41
Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo  PP Glue cheese  270 kcal; BBQ sauce  83 kcal  Halloumi-style fries  3396 kcal  Chicken bites  3392 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips  459 kcal. Five chicken bre  Chicken wings  819 kcal. Ten spicy chicken wings  Quorn™ nuggets  331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK  418  All wraps and paninis are freshly made to order.	V 150 kcal  6 ast strips 6	5.11 5.24 5.24 5.41
Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo  99 kcal; Blue cheese  270 kcal; BBQ sauce  83 kcal  Halloumi-style fries  3396 kcal  Chicken bites  332 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips  459 kcal. Five chicken bre  Chicken wings  813 kcal. Ten spicy chicken wings  Quorn™ nuggets  331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK  1841 wraps and paninis are freshly made to order.  EW 10" wraps A smaller wrap and filling.	V 150 kcal  6 ast strips 6	5.11 5.24 5.24 5.41
Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo  88 kcal; Blue cheese  270 kcal; BBQ sauce  83 kcal  Halloumi-style fries  3396 kcal  Chicken bites  332 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips  459 kcal. Five chicken bre  Chicken wings  813 kcal. Ten spicy chicken wings  Quorn™ nuggets  331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK  All wraps and paninis are freshly made to order.  EW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal	V 150 kcal  6 ast strips 6 6 5	5.11 5.24 5.24 5.41 5.34
Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo  88 kcal; Blue cheese  270 kcal; BBQ sauce  83 kcal  Halloumi-style fries  3396 kcal  Chicken bites  332 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips  459 kcal. Five chicken bre  Chicken wings  813 kcal. Ten spicy chicken wings  Quorn™ nuggets  331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK  All wraps and paninis are freshly made to order.  EW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap  \$545 kcal	V 150 kcal  6 6 ast strips 6 6 5  just-a-wra without a di	5.11 5.24 5.24 5.41 5.34
Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo  88 kcal; Blue cheese  270 kcal; BBQ sauce  83 kcal  Halloumi-style fries  3396 kcal  Chicken bites  332 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips  459 kcal. Five chicken bre  Chicken wings  813 kcal. Ten spicy chicken wings  Quorn™ nuggets  331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK*  10 wraps and paninis are freshly made to order.  EW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap  545 kcal  Fried egg, two vegan sausages, Cheddar cheese	V 150 kcal  6 6 ast strips 6 6 5	5.11 5.24 5.24 5.41 5.34
Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo  88 kcal; Blue cheese  270 kcal; BBQ sauce  83 kcal  Halloumi-style fries  339 kcal  Chicken bites  332 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips  459 kcal. Five chicken bre  Chicken wings  813 kcal. Ten spicy chicken wings  Quorn™ nuggets  331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK  141  All wraps and paninis are freshly made to order.  TEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap  545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken  502 kcal	v 150 kcal  6 6 ast strips 6 6 5  just-a-wra without a dr 3.14	5.11 5.24 5.24 5.41 5.34
Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo  88 kcal; Blue cheese  270 kcal; BBQ sauce  83 kcal  Halloumi-style fries  3396 kcal  Chicken bites  332 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips  459 kcal. Five chicken bre  Chicken wings  813 kcal. Ten spicy chicken wings  Quorn™ nuggets  331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK*  10 wraps and paninis are freshly made to order.  EW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap  545 kcal  Fried egg, two vegan sausages, Cheddar cheese	v 150 kcal  6 6 ast strips 6 6 5  just-a-wra without a di 3.14 each	5.11 5.24 5.24 5.24 5.34 5.34
Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo  88 kcal; Blue cheese  270 kcal; BBQ sauce  83 kcal  Halloumi-style fries  339 kcal  Chicken bites  332 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips  459 kcal. Five chicken bre  Chicken wings  813 kcal. Ten spicy chicken wings  Quorn™ nuggets  331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK  141  All wraps and paninis are freshly made to order.  TEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap  545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken  59 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets  310 kcal	v 150 kcal  6 6 ast strips 6 6 5  just-a-wra without a di 3.14 each	5.11 5.24 5.24 5.24 5.34 5.34
Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo  88 kcal; Chipotle mayo  89 kcal; Chipotle mayo  89 kcal; Chipotle mayo  89 kcal; Chipotle mayo  89 kcal; Chicken breast pieces  89 kcal; Chicken wings  813 kcal. Ten spicy chicken wings  813 kcal. Ten spicy chicken wings  813 kcal. Eight coated pieces  80 kcal; Chicken wings  813 kcal. Eight coated pieces  80 kcal; Chicken wings  814 kcal. Eight coated pieces  80 kcal; Chicken wings  815 kcal. Eight coated pieces  80 kcal; Chicken wings  815 kcal. Eight coated pieces  816 kcal; Chicken wings  817 kcal. Eight coated pieces  817 kcal; Chicken wings  818 kcal. Eight coated pieces  818 kcal; Chicken wings  818 kcal. Eight coated pieces  818 kc	just-a-wra without a dr 3.14 each soft drink 4.05 each	5.11 5.24 5.24 5.41 5.34
Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo  88 kcal; Blue cheese  270 kcal; BBQ sauce  83 kcal  Halloumi-style fries  339 kcal  Chicken bites  332 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips  459 kcal. Five chicken bre  Chicken wings  813 kcal. Ten spicy chicken wings  Quorn™ nuggets  331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK  141  All wraps and paninis are freshly made to order.  TEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap  545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken  59 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets  310 kcal	just-a-wra without a du ach soft drink 4.05 each alcoholic dr 5.58	5.11 5.24 5.24 5.41 5.34 5.34
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo I le cheese ♥ 270 kcal; BBQ sauce ⊚ 83 kcal  Halloumi-style fries ♥  396 kcal  Chicken bites  322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips /  459 kcal. Five chicken bre  Chicken wings / / 813 kcal. Ten spicy chicken wings  Quorn™ nuggets ②  331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK • ■  All wraps and paninis are freshly made to order.  IEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken / / 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets ②  310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken / / ② 399 kcal  Salad leaves, smoky chipotle mayo  Small cold chicken breast / ② 300 277 kcal	just-a-wra without a di 3.14 each soft drink 4.05 each alcoholic dr	5.11 5.24 5.24 5.34 5.34 5.34
Blue cheese ♥ 270 kcal; BBQ sauce ② 87 kcal; Chipotle mayo I le cheese ♥ 270 kcal; BBQ sauce ② 83 kcal  Halloumi-style fries ♥ ③ 396 kcal  Chicken bites ⑤ 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips / ⑤ 459 kcal. Five chicken bre  Chicken wings / / 813 kcal. Ten spicy chicken wings  Quorn™ nuggets ② ⑤ 331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK • ■  All wraps and paninis are freshly made to order.  IEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ⑤ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken / / 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets ② ⑤ 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken / / 6 30 399 kcal  Salad leaves, smoky chipotle mayo  Small cold chicken breast / 6 30 277 kcal  Salad leaves, sweet chilli sauce	just-a-wra without a du ach soft drink 4.05 each alcoholic dr 5.58	5.11 5.24 5.24 5.34 5.34 5.34
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo I le cheese ♥ 270 kcal; BBQ sauce ⊚ 83 kcal  Halloumi-style fries ♥  396 kcal  Chicken bites  322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips /  459 kcal. Five chicken bre  Chicken wings / / 813 kcal. Ten spicy chicken wings  Quorn™ nuggets ②  331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK • ■  All wraps and paninis are freshly made to order.  IEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken / / 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets ②  310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken / / ② 399 kcal  Salad leaves, smoky chipotle mayo  Small cold chicken breast / ② 300 277 kcal	just-a-wra without a du ach soft drink 4.05 each alcoholic dr 5.58	5.11 5.24 5.24 5.34 5.34 5.34

Halloumi-style fries ♥ 555 396 kcal  Chicken bites 555 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips ▼ 555 459 kcal. Five chicken bre  Chicken wings ▼ 813 kcal. Ten spicy chicken wings  Quorn™ nuggets  555 331 kcal. Eight coated pieces	ast strips	5.11 6.24 6.24 6.41 5.34
Deli Deals <sup>®</sup> Includes a DRINK •		
All wraps and paninis are freshly made to order.		
NEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-w	vran
Small vegetarian brunch wrap ♥ 545 kcal Fried egg, two vegan sausages, Cheddar cheese Small shawarma chicken /// 502 kcal	without a	drink 4
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets ② ③ 310 kcal  Salad leaves, tomato, cucumber, salsa	soft dri <b>4.0</b> eacl	5
Small southern-fried chicken /// 399 kcal Salad leaves, smoky chipotle mayo Small cold chicken breast // 32 (305) 277 kcal	alcoholic <b>5.5</b> eacl	8
Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese  391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber  Add: Small side salad (46 kcal); Small portion of chips (329 kcal)	<b>1.13</b> eacl	1
12" wraps NEW Shawarma chicken FFF 719 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint		

**Quorn**<sup>™</sup> **nuggets** Ø 🚳 508 kcal. Tomato, cucumber, salsa

Southern-fried chicken **FFF** 609 kcal

Fried halloumi-style cheese // V 707 kcal

Tuna mayo and Cheddar cheese 590 kcal

Wiltshire cured ham and Cheddar cheese 508 kcal

BBQ chicken, bacon and Cheddar cheese 586 kcal

8" pizzas on a freshly baked sourdough base

Add: Side salad @ (91 kcal); Tomato & basil soup @ (150 kcal)

Spicy rice (208 kcal); Chips (602 kcal) 1.54 each

Adults need around 2000 kcal a day.§

Choose any 8" pizza from the small plates section.

Cheddar cheese and tomato V 527 kcal

Salad leaves, sweet chilli sauce, tomato, cucumber

Cold chicken breast FF 3 479 kcal

Salad leaves, smoky chipotle mayo

Salad leaves, sweet chilli sauce

**Paninis** 

mall plates Any 3 for £14	.99	Burgers includes a drink	
pizzas. Sourdough base - proved, stretched,		Beef burgers made with 100% British be	ef, freshly cooked to o
pped and freshly baked to order.  argherita © \$\mathre{G}\$\mathre{G}\$ 467 kcal. Mozzarella, basil  apperoni \$\mathre{F}\$ 575 kcal. Mozzarella, pepperoni  am and mushroom 505 kcal. Mozzarella, ham, mushroom, rock  3Q chicken 555 kcal  zzarella, BBQ sauce, chicken breast, red onion, rocket	6.66	Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, incl American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 677 kcal lceberg lettuce, tomato, red onion Skinny beef burger (300) 375 kcal	soft drink*  5.21 each  alcoholic drink*  6.74 each
pasted vegetable 🤍 514 kcal zzarella, mushroom, roasted pepper, courgette, onion, basil	6.66	Iceberg lettuce, tomato, red onion, with a side salad, instea	d of chips
egan roasted vegetable @ \$3 \$55 355 kcal shroom, roasted pepper, courgette, onion, basil picy meat feast \$ \$ 615 kcal	6.66 7.24	American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 5.80 alcoholic drink* 7.33
zzarella, ham, pepperoni, chicken breast, sliced chillies, rocket		Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories b	velous)
W Char-grilled halloumi-style cheese ♥ 514 kcal cket, roasted pepper, courgette, onion, salsa "garlic pizza bread ♥ 772 kcal achos ፆፆፆ♥ ♥ 695 kcal. Cheese, guacamole, salsa, sour cream, sliced bwl of chips ② 964 kcal	5.11 5.72 chillies 5.96 3.99	Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion	soft drink* 7.50 each alcoholic drink* 9.03 each
owl of chips with curry sauce @ 1082 kcal neesy chips © 1256 kcal neesy chips 1303 kcal. Cheese, maple-cured bacon, sour cream	5.29 5.49 5.79	<b>Double American cheese burger</b> 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 8.10 alcoholic drink* 9.63
mato & basil soup () (3) (333) 374 kcal. White bloomer bread (2) (2) Vegan option available with vegan spread (2) (3) (20) 285 kcal thany of the small plates below, choose one dip: eet chilli () (2) (3) 7 kcal; Sticky soy (1) 100 kcal; Naga chilli () (4) (4) (5) (6) (6) (6) (7) (6) (6) (7) (7) (7) (7) (7) (7) (7) (7) (7) (7		Chicken burgers Served with a small portion of chips (329 kcal, inclu Crunchy chicken strip burger ₱ 776 kcal Two southern-fried chicken strips, iceberg lettuce, mayonn Served with chips (602 kcal, included in Calories b	soft drink* <b>5.21</b> aise alcoholic drink* <b>6.74</b>
ne cheese © 270 kcal; BBQ sauce © 83 kcal halloumi-style fries © 555 396 kcal hicken bites 555 322 kcal. Ten battered chicken breast pieces buthern-fried chicken strips / 555 459 kcal. Five chicken bre hicken wings /// 813 kcal. Ten spicy chicken wings	5.11 6.24 east strips 6.24 6.41	Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet Char-grilled chicken breast burger 970 kcal Skinny chicken burger (%) (%) 394 kcal Char-grilled chicken breast, with a side salad, instead of chips Meat-free burgers	soft drink*   alcoholic drink* 7.50   9.03 each   each
Jorn™ nuggets ⊘ 📸 331 kcal. Eight coated pieces	5.34	Served with chips (602 kcal, included in Calories be	low).
eli Deals <sup>®</sup> INCLUDES A DRINK.		Beyond Burger™ @ 1043 kcal  BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce	soft drink* alcoholic drink* 7.50 9.03 each each
10" wraps A smaller wrap and filling. nall brunch wrap 559 kcal ed egg, bacon, Lincolnshire sausage, Cheddar cheese		Breaded vegetable burger ♥ 1039 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, n Fried halloumi-style cheese burger // ♥	
mall vegetarian brunch wrap ♥ 545 kcal ed egg, two vegan sausages, Cheddar cheese mall shawarma chicken 炉 502 kcal	just-a-wrap, without a drink 3.14 each	Just-a-burger Served on its own, without chips or a drink. American burger 367 kcal Red onion, gherkin, ketchup, American-style mustard	each <b>3.51</b>
cken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, nato, onion, rocket, fresh mint mall Quorn™ nuggets	soft drink* 4.05 each	Crunchy chicken strip burger (*) 447 kca Two southern-fried chicken strips, iceberg lettuce, mayonn	aise
lad leaves, tomato, cucumber, salsa  nall southern-fried chicken /// (2003) 399 kcal lad leaves, smoky chipotle mayo	alcoholic drink* 5.58	Curries INCLUDES A DRINK • Classic curries With basmati pilau rice, plain	

soft drink\*

6.00

each

alcoholic drink\*

7.53

Classic curries With basmati pilau rice, plain naan and poppadums. Mangalorean roasted cauliflower

& spinach curry // @ 58927 kcal Chicken tikka masala 1190 kcal

soft drink\* alcoholic drink\* 10.14 11.67 Chicken jalfrezi FFF 529 935 kcal each each Beef Madras / 1043 kcal

soft drink\* alcoholic drink\*

9.45

each

alcoholic drink\*

10.56

each

7.92

soft drink\*

9.03

each

Change your plain naan to a garlic naan (V) (add 92 kcal) 52p

Simple curries With basmati pilau rice or chips. Simple Mangalorean roasted

cauliflower & spinach curry 🔰 🧿 Choose: Basmati pilau rice 🚳 568 kcal; Chips 970 kcal Simple chicken tikka masala Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal

Simple chicken jalfrezi Choose: Basmati pilau rice 52 575 kcal; Chips 977 kcal Simple beef Madras

Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal

Add: One vegetable samosa and two onion bhajis 🆊 🚳 (293 kcal) 1.86 Two plain poppadums @ (86 kcal) 52p Katsu curries With a mild Japanese-style katsu curry sauce,

coconut-flavour rice, sliced chillies and coriander Katsu grilled chicken curry 58 542 kcal Sliced char-grilled chicken breast

Katsu Quorn™ nugget curry @ 686 kcal Eight coated pieces

Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet **Gourmet burgers** 

ed to order. Traceable from farm to fork.

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze

Choose: Beef (two 3oz beef patties) 1567 kcal soft drink\* Char-grilled chicken breast 1417 kcal 9.70 Fried buttermilk chicken 1703 kcal each **BBQ** burger alcoholic drink

11.23

each

soft drink\*

11.13

each

alcoholic drink\*

12.66

each

7.78

each

alcoholic drink\*

9.31

Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal Char-grilled chicken breast 1494 kcal Fried buttermilk chicken 1780 kcal

Heatwave burger Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing Choose: Char-grilled chicken breast 1722 kcal Fried buttermilk chicken 2007 kcal

Fiesta burger @ 1380 kcal BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper,

Triple American cheese & bacon burger 1770 kcal soft drink\* 11.15 Three 3oz beef patties, American-style cheese, alcoholic drink\* 12.68 maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

Additional toppings and burger patties Maple-cured bacon with Cheddar cheese 173 kcal 2.24 2.24 Maple-cured bacon with American-style cheese 160 kcal 1.62 Cheddar cheese V 82 kcal American-style cheese V 69 kcal 1.62 1.62 Maple-cured bacon 91 kcal

Crunchy chicken strip / 92 kcal 1.60 3oz beef patty 168 kcal Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal each **2.07** 

Breaded vegetable patty V 257 kcal Fried halloumi-style cheese V 298 kcal BEYOND MEAT patty @ 184 kcal

Chicken includes a drink

Chicken on the bone is marinated, slow cooked and finished on the char-grill. Peri-peri char-grilled half chicken

Lemon and herb **/** Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip Choose: Side salad 918 kcal: Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip

Choose: Side salad 888 kcal: Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy

Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal Boneless basket # Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal Chicken bites basket soft drink\*

Chicken wing basket FFF Eight wings, coleslaw, Naga chilli dip

Choose: Side salad 623 kcal; Spicy rice 58 763 kcal; Chips 1157 kcal Southern-fried chicken strips basket / Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal Quorn<sup>™</sup> 'no chicken' nuggets basket **// V** Eight coated pieces, coleslaw, sweet chilli sauce

Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

Ten battered chicken breast pieces, coleslaw, sticky soy sauce

Add: Chicken gravy (50 kcal) 99p

11" DIZZAS INCLUDES A DRINK •

Sourdough base - proved, stretched, topped and freshly baked to order. soft drink\* alcoholic drink\* Margherita V 934 kcal. Mozzarella, basil 7.78 9.31 Pepperoni // 1151 kcal. Mozzarella, pepperoni Ham and mushroom 1011 kcal soft drink\* Mozzarella, ham, mushroom, rocket 8.85 BBQ chicken 1097 kcal each Mozzarella, BBQ sauce, chicken breast, red onion, rocket alcoholic drink\* Roasted vegetable V 1028 kcal 10.38 Mozzarella, mushroom, roasted pepper, courgette, onion, basil each Vegan roasted vegetable @ 32 709 kcal Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast // 1214 kcal 9.92 11.45 Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket **Additional toppings** Red onion @ 10 kcal; Sliced chillies FFFF @ 3 kcal; Mushroom @ 4 kcal each 93p

Small pub classics includes a drink of

each **1.25** 

each 1.63

4.99

6.52

Garlic & herb dip @ 180 kcal; Mozzarella V 150 kcal; Ham 71 kcal

Chicken breast 94 kcal: Maple-cured bacon 91 kcal

Add: Black pudding (178 kcal) 80p

Small vegetarian all-day brunch © 611 kcal

Pepperoni / 109 kcal; Roasted vegetables @ 90 kcal

soft drink\* alcoholic drink\* Fish and chips Small freshly battered cod and chips 8.14 9.67 Peas 681 kcal or mushy peas 739 kcal Small Whitby breaded scampi 8.14 9.67 Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi Add: Two slices of bread (404 kcal) 1.44 Chip shop-style curry sauce (a) (118 kcal) 1.56 Small Wiltshire cured ham. 4.79 6.32 egg and chips 655 455 kcal One slice of Wiltshire cured ham, fried egg Small all-day brunch 681 kcal 4.99 6.52 Lincolnshire sausage, bacon, fried egg, baked beans, chips

Two vegan sausages, fried egg, baked beans, chips Afternoon deal soft drink\* alcoholic drink\* Mon - Fri, 2pm - 5pm 6.39 7.92

## Pub classics includes a drink ...

soft drink\* alcoholic drink\* Fish and chips Freshly battered cod and chips 🕖 10.38 11.91 Peas 1240 kcal or mushy peas 1298 kcal Whitby breaded scampi 10.38 11.91 Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi Add: Two slices of bread (404 kcal) 1.44 Chip shop-style curry sauce (118 kcal) 1.56 All-day brunch 1245 kcal 6.98 5.45 Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips Add: Black pudding (178 kcal) 80p Vegetarian all-day brunch V 1023 kcal 5.45 6.98 Two fried eggs, three vegan sausages, baked beans, chips Steak & kidney pudding Peas, onion & red wine gravy 6.98 5.45 Choose: Mashed potato 963 kcal; Chips 1279 kcal Bangers and mash 894 kcal 8.62 10.15 Three Lincolnshire sausages, peas, onion & red wine gravy 10.15 Vegetarian bangers and mash V 635 kcal 8.62 Three vegan sausages, peas, onion & red wine gravy 6.74 Wiltshire cured ham, eggs and chips 856 kcal 5.21 Two slices of Wiltshire cured ham, two fried eggs Sausages, chips and beans 1170 kcal 6.98 5.45 Three Lincolnshire sausages Vegan sausages, chips and beans @ 910 kcal 5.45 6.98 Three vegan sausages NEW Chilli bean non-carne / @ 635 kcal 5.45 6.98 Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips

Afternoon deal alcoholic drink soft drink\* Mon - Fri, 2pm - 5pm 7.57 9.10

## Steaks and grills INCLUDES A DRINK ...

From farms in the UK and Ireland, prime beef steaks

(traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking. Classic 8oz sirloin steak

soft drink\* alcoholic drink\* Choose: Side salad 526 kcal 11.55 13.08 Mediterranean salad 657 kcal: Jacket potato 774 kcal each each Mashed potato 745 kcal: Chips 1061 kcal Gourmet 8oz sirloin steak Peas, tomato, mushroom, three onion rings, steak sauce soft drink\* alcoholic drink\* Choose: Side salad 785 kcal 13.89 15.42 Mediterranean salad 915 kcal; Jacket potato 1032 kcal each each Mashed potato 1003 kcal: Chips 1320 kcal

alcoholic drink

Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.92 each Below meals are served with peas, tomato and mus soft drink\*

Add your choice of steak sauce: **Creamy peppercorn sauce** (74 kcal)

**BBQ** chicken melt 10.38 11.91 Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad 539 609 kcal; Mediterranean salad 739 kcal Jacket potato 38 856 kcal; Mashed potato 827 kcal; Chips 1143 kcal 5oz gammon and egg 9.03 10.56 Choose: Side salad 🚳 ; 402 kcal; Mediterranean salad 532 kcal Jacket potato 🚳 649 kcal; Mashed potato 620 kcal; Chips 936 kcal 10oz gammon and eggs 13.72 12.19 Choose: Side salad 611 kcal; Mediterranean salad 741 kcal Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 1146 kcal Mixed grill 12.19 13.72 Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips 1519 kcal Large mixed grill 13.95 15.48 Gammon, pork loin, rump, lamb, two Lincolnshire sausages

### Noodles, salads and pastas INCLUDES A DRINK

Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal

Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips 2012 kcal

fried egg, six onion rings

soft drink\* alcoholic drink\* NEW Ramen noodle bowl // @ 53 555 466 kcal 7.29 8.82 Noodles, bean sprouts, shiitake mushroom, spring onio carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, Add: Char-grilled chicken breast (93 kcal) 1.25; Poached egg (63 kcal) 98p Chicken & maple-cured bacon salad 8.99 10.52 Choose: Char-grilled chicken breast (1988) 283 kcal Southern-fried chicken breast strips 6500 465 kcal Mediterranean salad @ 334 kcal 7.99 9.52 Pearl barley, quinoa, butternut squash, wheat berries, red pepper cherry tomatoes, pumpkin seeds, basil, dressing Add: Grilled halloumi-style cheese V (447 kcal) 2.07 Tuna mayo (298 kcal) 1.16; Roasted vegetables (90 kcal) 1.63 Char-grilled chicken breast (187 kcal) 2.07 Grilled halloumi-style cheese 7.99 9.52 & roasted vegetable salad V 600 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing Burrito salad bowl W 668 kcal 7.99 9.52 Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies Add: Char-grilled chicken breast (187 kcal) 2.07 Chilli bean non-carne / (a) (149 kcal) 2.07 Pasta alfredo V 618 kcal 9.20 10.73 Fusilli pasta, creamy pecorino & regato cheese sauce, spinach sun-dried tomato, basil, rocket

## Jacket potatoes includes a drink

Add: Char-grilled chicken breast (187 kcal) 2.07; Maple-cured bacon (91 kcal) 1.62

With side salad and one filling. Extra fillings 1.32 each. Tuna mayo 592 kcal; Coleslaw V 559 kcal

Cheese V 512 kcal Baked beans @ 59 566 482 kcal Chilli bean non-carne / @ 58 588 442 kcal

Roasted vegetables @ 59 (500) 383 kcal

British beef & pancetta lasagne

Choose: Side salad 761 kcal; Chips 1295 kcal

alcoholic drink\* soft drink\* 7.15 8.68 each

9.77

11.30