





























Desserts

Fresh fruit and ice cream    379 kcal	3.59
Apple, banana, blueberries, strawberries, vanilla ice cream	
Salted caramel sticky toffee pudding  799 kcal	5.34
Vanilla ice cream	
Warm chocolate fudge cake  832 kcal. Vanilla ice cream	5.68
Warm chocolate brownie  697 kcal	5.68
Belgian chocolate sauce, vanilla ice cream	
Warm cookie dough sandwich  601 kcal	5.68
Salted caramel filling, toffee sauce, vanilla ice cream	
British Bramley apple crumble  603 kcal. Vanilla ice cream	5.97
American-style pancakes   650 kcal	5.24
Four pancakes, maple-flavour syrup, vanilla ice cream	
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Mini desserts	
Millionaire's shortbread   331 kcal	2.47
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
Vanilla ice cream and sauce   257 kcal	2.12
Two scoops, toffee sauce, Belgian chocolate sauce	
Cookie crunch   287 kcal	2.12
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
Mini warm chocolate brownie   397 kcal	3.28
Belgian chocolate sauce, vanilla ice cream	
Mini warm cookie dough sandwich   349 kcal	3.28
Salted caramel filling, toffee sauce, vanilla ice cream	
Mini American-style pancakes   373 kcal	3.79
Two pancakes, maple-flavour syrup, vanilla ice cream	
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Add: Vanilla ice cream scoop  (97 kcal) 1.04 ; Toffee sauce  (66 kcal) 52p	
Belgian chocolate sauce  (61 kcal) 52p ; Banana  (110 kcal) 65p	
Strawberries  (14 kcal) 65p ; Blueberries  (17 kcal) 65p	










ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

 = Very mild  = Mild  = Medium hot  = Very hot
 = Extremely hot
 Vegetarian  Vegan  5% fat or less  Dish under 500 Calories

Adults need around 2000 kcal a day.⁵

wetherspoon hotels

Over 50 hotels and 1,329 rooms across England, Ireland, Scotland and Wales.

Not available[†] on Booking.com or any website apart from our own.

Book direct.









Our rooms[†] are only available at jdwetherspoon.com, on the app or by phone.
[†]UK hotels only.

Scan to find out more.




BREAKFAST 8am - 12 noon


Traditional

Large Scottish breakfast 1221 kcal	6.19
Two fried eggs, bacon, two Lincolnshire sausages, two slices of NEW black pudding, baked beans, potato scone, two slices of toast	
Scottish breakfast 765 kcal	3.89
Fried egg, bacon, Lincolnshire sausage, NEW black pudding, baked beans, potato scone, slice of toast	
Small Scottish breakfast  445 kcal	2.99
Fried egg, bacon, Lincolnshire sausage, baked beans, potato scone	
Add: Haggis (246 kcal) 1.55 ; NEW Black pudding (67 kcal) 85p	
Freedom breakfast 581 kcal	3.09
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
Large vegetarian breakfast  1067 kcal	6.19
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
Vegetarian breakfast  725 kcal	3.89
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
Small vegetarian breakfast    281 kcal	2.99
Fried egg, vegan sausage, baked beans, hash brown, tomato	
Vegan breakfast   612 kcal	2.99
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	

Benedicts

Eggs Benedict 774 kcal	5.39
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	
Mushroom Benedict  667 kcal	5.39
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	
Miner's Benedict 749 kcal	5.39
Two poached eggs, on an English muffin, with NEW black pudding, Hollandaise sauce, rocket	

Wraps

Breakfast wrap 750 kcal	4.61
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap  742 kcal	4.61
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

Breakfast deals

Includes tea, coffee (free refills⁶), hot chocolate or a soft drink.



























Breakfast roll	2.59
Choose: Bacon  335 kcal; Sausage 540 kcal	
Vegetarian sausage   347 kcal; Fried egg   260 kcal	
Haggis  450 kcal; NEW Black pudding 338 kcal	
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Egg & cheese muffin   286 kcal	2.59
Fried egg, American-style cheese, in an English muffin	
Egg & bacon muffin  351 kcal	2.79
Fried egg, bacon, American-style cheese, in an English muffin	
Egg & sausage muffin  454 kcal	2.79
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
Egg & vegetarian sausage muffin   357 kcal	2.79
Fried egg, vegan sausage, American-style cheese, in an English muffin	
Breakfast muffin 520 kcal	2.99
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	
NEW Smashed avocado muffin    302 kcal	2.99
Guacamole, pico de gallo, on an English muffin, rocket	
Add: Poached egg  (63 kcal) 1.03 ; Maple-cured bacon (91 kcal) 1.67	
Add: Hash brown  (82 kcal) 56p	

for the facts drinkaware.co.uk















jdwetherspoon.com

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See website for full details: jdwetherspoon.com [†] Offer (excluding take-away) applies on day of purchase, during one visit, is non-transferable. Exclusions apply. ⁵ Statement of daily Calorie needs from the Department of Health & Social Care. ⁶ Excludes decaffeinated tea and decaffeinated coffee. [†] Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).



American

American breakfast 1258 kcal	7.10
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup	
Small American breakfast 629 kcal	5.24
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	
Pancakes, maple-flavour syrup   554 kcal	3.29
Four American-style pancakes, maple-flavour syrup	
Add: Maple-cured bacon (91 kcal) 1.67	
Banana, blueberries and strawberries (141 kcal) 1.95	
Small pancakes, maple-flavour syrup    277 kcal	2.10
Two American-style pancakes, maple-flavour syrup	
Add: Maple-cured bacon (91 kcal) 1.67	
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Lite bite	
Scrambled egg on toast  568 kcal. Three eggs, white bloomer toast	2.89
Beans on toast   558 kcal. Buttered white bloomer toast	2.89
Vegan option available with vegan spread    452 kcal	
Fresh fruit    186 kcal. Apple, banana, blueberries, strawberries	2.99
Fresh fruit and yoghurt    320 kcal	3.49
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	
NEW Porridge, creamy jumbo oats    188 kcal (plain)	1.99
Add: Banana  (110 kcal) 65p ; Strawberries  (14 kcal) 65p	
Blueberries  (17 kcal) 65p ; Honey  (152 kcal) 35p	
Sliced apple  (46 kcal) 65p ; Maple-flavour syrup  (104 kcal) 35p	






Breakfast extras

Add any of the following:		
NEW Black pudding 67 kcal	85p	Hash brown  82 kcal 56p
Two back bacon rashers 131 kcal	1.72	Two mushrooms  94 kcal 1.03
Lincolnshire sausage 168 kcal	1.20	Two tomato halves  16 kcal 62p
Vegan sausage  72 kcal	1.20	Hollandaise sauce  299 kcal 1.97
Fried egg  56 kcal	1.03	Slice of toast  188 kcal 1.28
Poached egg  63 kcal	1.03	Two scrambled eggs  136 kcal 1.78
Two scrambled eggs  136 kcal	1.03	Baked beans  126 kcal 1.03
Baked beans  126 kcal	1.28	Potato scone  92 kcal 1.28
Potato scone  92 kcal	1.55	Haggis 246 kcal

Tea and toast

Includes tea, coffee (free refills ⁶) or hot chocolate.	with drink	without drink
Two slices of toast with jam or marmalade   450 kcal	2.55	2.05
White bloomer bread		

Tea and coffee

FREE REFILLS⁶	
TEA AND COFFEE — ALL DAY EVERY DAY —	
LAVAZZA TORINO, ITALIA, 1895	
£1.33 each	
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Hot chocolate  169 kcal	1.33
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Biscuits	75p each
Walker's shortbread  151 kcal	
Stem ginger biscuit  123 kcal	
Belgian chocolate biscuit  129 kcal	

FOOD

Main menu 11.30am - 11pm. Children's menu available.

The Carron Works

Falkirk



The name of this pub recalls the Carron Works which opened in Falkirk in 1790. The Carron Works began the iron industry which dominated the area for more than 200 years.



TABLE SERVICE

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.



Use the app to: Order food and/or drinks • Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene information scheme

We have been awarded the food hygiene rating of PASS in this pub.



Sustainable fish

The cod and haddock we serve come from fisheries which have been certified as well-managed and sustainable fisheries.



Sustainable Restaurant Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

THE LITE BITE

INCLUDES A DRINK*

Choose from over 150 drinks

Jacket potatoes

With side salad and one filling.

Tuna mayo 634 kcal

Coleslaw  602 kcal

Cheese  628 kcal

Baked beans    462 kcal

Chilli bean non-carne    485 kcal

Mediterranean vegetables

   475 kcal

soft drink* **£4.99** each

alcoholic drink* **£6.52** each

Extra fillings 99p each

NEW Gourmet jackets

With side salad.

The smoky spud   699 kcal

Pulled BBQ beef brisket, cheese, smoky chipotle mayo, sliced chilli

