Desserts

Millionaire's shortbread ♥ (555) 331 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	2.32
Vanilla ice cream (V) (1999) 257 kcal Two scoops, toffee sauce, Belgian chocolate sauce	1.97
Cookie crunch 🖤 뻀 287 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.97
Mini warm chocolate brownie V ‱ 397 kcal Belgian chocolate sauce, vanilla ice cream	3.13
Mini warm cookie dough sandwich 父 🐻 347 kcal Salted caramel filling, toffee sauce, vanilla ice cream	3.13
Mini American-style pancakes (V) (1999) 373 kcal Two pancakes, maple-flavour syrup, vanilla ice cream	3.69
Fresh fruit and ice cream 👽 🗐 🐻 379 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	3.49
Salted caramel sticky toffee pudding 🔮 799 kcal Vanilla ice cream	5.14
Warm chocolate fudge cake Ѵ 832 kcal. Vanilla ice cream	5.48
Warm chocolate brownie 🔮 6 97 kcal Belgian chocolate sauce, vanilla ice cream	5.48
Warm cookie dough sandwich 🔮 601 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.48
British Bramley apple crumble V 602 kcal. Vanilla ice cream	5.77
American-style pancakes ♥ 	5.14

Add: Vanilla ice cream scoop V (97 kcal) 99p; Toffee sauce V (66 kcal) 47p Belgian chocolate sauce @ (61 kcal) 47p; Banana @ (110 kcal) 60p Strawberries (14 kcal) 60p; Blueberries (17 kcal) 60p

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as: • Exclude those dishes containing certain allergens.

- See full lists of ingredients. Set Calorie and carbohydrate limits
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and % $\label{eq:constraint}$ drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot **Extremely hot** Vegetarian 🥏 Vegan 🕺 5% fat or less 👫 Dish under 500 Calories

Adults need around 2000 kcal a day.§

wetherspoon hotels Over 50 hotels and 1,329 rooms across

England, Ireland, Scotland and Wales.

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BREAKFAST Served 8am - 12 noon

Large breakfast 1320 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	
Traditional breakfast 774 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
Small breakfast () 435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	
Add: Black pudding (178 kcal) 80p	
Freedom breakfast 581 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
Large vegetarian breakfast 🕥 1075 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
Vegetarian breakfast 	
Small vegetarian breakfast V 😵 📸 281 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	
Vegan breakfast @ 39 616 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	
American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausage four pancakes, maple-flavour syrup	S,
Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	

Tea and toast

Includes tea, coffee or hot chocolate. Free refills"		
	with drink	without drin
Two slices of toast with jam or marmalade V (1997) 458 kcal. White bloomer bread	2.49	1.99

Breakfast butties and wraps

Bacon butty 574 kcal	2.69
Three back bacon rashers, buttered white bloomer bread	
Sausage butty 714 kcal	2.69
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty V 520 kcal	2.69
Two vegan sausages, buttered white bloomer bread	
Vegan option available with vegan spread 🥏 🥯 👫 414 kcal	
Breakfast wrap 724 kcal	4.51
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap 🕐 715 kcal	4.51
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

Breakfast muffin deal

Includes tea, coffee, hot chocolate (free refills") or a soft drink.	
Egg & cheese muffin 💟 5 280 kcal	2.59
Fried egg, American-style cheese, in an English muffin	
Egg & bacon muffin 1 346 kcal	2.79
Fried egg, bacon, American-style cheese, in an English muffin	
Egg & sausage muffin 😘 449 kcal	2.79
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
Egg & vegetarian sausage muffin V 🗺 352 kcal	2.79
Fried egg, vegan sausage, American-style cheese, in an English muffin	
Breakfast muffin 514 kcal	2.99
Fried egg, Lincolnshire sausage, bacon, American-style cheese,	
in an English muffin	
Add: Hash brown @ (82 kcal) 51p	•••••

Eggs Benedict 756 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.29
Mushroom Benedict 🔮 667 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.29
Miner's Benedict 970 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.29
American-style pancakes – choose: Four pancakes, banana, strawberries, blueberries, maple-flavour syrup. V 😪 694 kcal	5.14
Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. 🔍 🥸 554 kcal	5.14 4.45
Small American-style pancakes – choose: Two pancakes, maple-cured bacon, maple-flavour syrup. ♥ 322 kcal Two pancakes, maple-flavour syrup. ♥ 😵 😁 277 kcal	3.69 3.40
Scrambled egg on toast 🛛 570 kcal Three eggs, buttered white bloomer toast	2.99
Beans on toast 🔇 😵 566 kcal. Buttered white bloomer toast Vegan option available with vegan spread 🥥 🥸 📆 460 kcal	2.99
Small beans on toast 💟 🕸 5 252 kcal. Buttered white bloomer toast	2.49
Fresh fruit 🥏 🥸 쮒 186 kcal. Apple, banana, blueberries, strawberries	2.99
Fresh fruit and yoghurt 💙 🧐 뻀 320 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	3.49
Porridge ♥ Some 253 kcal (plain) Add: Banana (110 kcal) 60p; Strawberries (14 kcal) 60p Blueberries (17 kcal) 60p; Honey ♥ (152 kcal) 30p Sliced apple (46 kcal) 60p; Maple-flavour syrup (104 kcal) 30p	1.99

Breakfast extras

Add any of the following:		
Black pudding 178 kcal	80p Hash brown 🥝 82 kcal	51p
Two back bacon rashers 131 kcal	1.67 Two mushrooms 🥏 94 kcal	98p
Lincolnshire sausage 168 kcal	1.15 Two tomato halves 🥥 16 kcal	57p
Vegan sausage 🥏 72 kcal	1.15 Hollandaise sauce V 299 kcal	1.92
Fried egg V 56 kcal	98p Slice of toast V 192 kcal	1.23
Poached egg V 63 kcal		98p
Two scrambled eggs V 136 kcal		1.73
Baked beans 🥏 126 kcal		98p

- Tea. coffee and hot chocolate \neg

FREE	Flat white 🖤 92 kcal
	Cappuccino V 102 kcal
REFILLS	Latte V 113 kcal
KLIILD	Mocha V 147 kcal
TEA, COFFEE AND	Espresso 🧭 6 kcal
HOT CHOCOLATE	Black coffee 🞯 6 kcal
— ALL DAY EVERY DAY —	White coffee V 24 kcal
	Hot chocolate V 169 kcal
TORINO, ITALIA, 1895	Tea with semi-skimmed milk ♥ 14 kcal
1 71	Dairy alternative: oat sachet @ 4 kcal
E I I I each	Decaffeinated tea and coffee available.
Biscuits	•••••••••••••••••••••••••••••••••••••••
Walkers shortbread V 151 kcal	74
Stem ginger biscuit 🕐 123 kcal	71p each
Belgian chocolate biscuit 🔍 129 kca	

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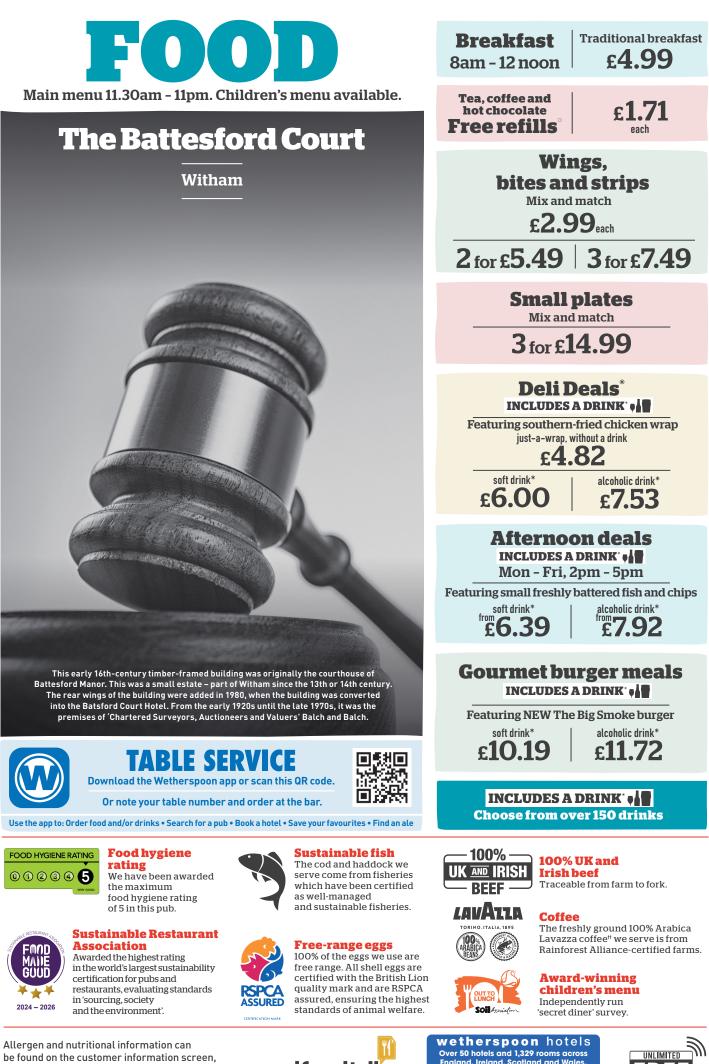
All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See website for full details: jdwetherspoon.com "Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. ement of daily Calorie needs from the Department of Health & Social Care. ** Excluding decaffeinated tea and decaffeinated coffee. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

for the facts

drinkaware.co.uk

website and Wetherspoon app.

200



Adults need around 2000 kcal a day.§

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Small plates 3 for £14.99

8" pizzas. Sourdough base - proved, stretched,	
topped and freshly baked to order.	
Margherita V 🐻 475 kcal. Mozzarella, fresh basil	6.06
NEW Spicy chicken // 706 kcal	6.66
Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket	
Pepperoni 📂 556 kcal. Mozzarella, pepperoni	6.66
Ham and mushroom 512 kcal. Mozzarella, ham, mushroom, rocket	6.66
BBQ chicken 562 kcal	6.66
Mozzarella, chicken breast, BBQ sauce, red onion, rocket	
Roasted vegetable 💟 522 kcal	6.66
Mozzarella, mushroom, roasted pepper, courgette, onion, fresh basil	
Vegan roasted vegetable 🥏 😳 🐯 358 kcal	6.66
Mushroom, roasted pepper, courgette, onion, fresh basil	
Spicy meat feast /// 606 kcal	7.24
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	
11" garlic pizza bread 💟 778 kcal	5.72
Nachos /// 🛛 768 kcal. Cheese, quacamole, salsa, sour cream, sliced chillies	
Bowl of chips Ø 964 kcal	3.99
Bowl of chips with curry sauce @ 1082 kcal	5.29
Cheesy chips V 1256 kcal	5.49
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	5.79
NEW Shawarma-chicken-topped chips /// 1387 kcal	5.79
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces	0177
Halloumi-style fries 💋 👽 🚟 458 kcal. Sweet chilli sauce	5.11
Chicken bites (300) 403 kcal	6.24
Ten battered chicken breast pieces, BBQ sauce	
Southern-fried chicken strips 🖉 547 kcal	6.24
Five chicken breast strips, Jack Daniel's® Tennessee Honey glaze	
Chicken wings /// 1113 kcal. Ten spicy chicken wings, Naga chilli sauce	6.90
Quorn [™] nuggets 💋 🧭 5 kcal	5.34
Eight coated pieces, sweet chilli sauce	

Wings, bites and strips

Mix and match Five chicken wings /// (555) 445 kcal	2.99 each
Spicy chicken wings Five chicken bites (*****) 161 kcal Battered chicken breast pieces	2 for 5.49
Three southern-fried chicken strips // (566) 276 kcal Chicken breast strips	3 for 7.49
Five Quorn [™] nuggets @ 177 kcal. Five coated pieces Add: Sweet chilli sauce // @ (62 kcal)	
Naga chilli sauce /// @ (136 kcal); BBQ sauce @ (83 kcal) Jack Daniel's® Tennessee Honey glaze V (87 kcal)	99p each
Chinotle mayo FFF 🕥 (150 kcal). Blue cheese sauce 🕥 (270 kcal)	

Chipotle mavo 🗾 🖉 💟 (150 kcal): Blue cheese sauce 💟 (270 kcal) Garlic & herb dip 🥥 (301 kcal)

Deli Deals Includes A DRINK

All wraps, paninis and 8" pizzas are freshly made to order. 12" wraps (just-a-wrap, without a drink 4.82 each) NEW Brunch wrap 741 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese NEW Vegetarian brunch wrap V 622 kcal Two fried eggs, two vegan sausages, Cheddar cheese Shawarma chicken **FFF** 712 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, coriander, rocket Quorn[™] nuggets / Ø 🐻 490 kcal soft drink* Salad leaves, tomato, cucumber, salsa 6.00 Southern-fried chicken **FFF** 623 kcal each Salad leaves, smoky chipotle mayo alcoholic drink* Cold chicken breast **//** 58 (566) 485 kcal 7.53 Salad leaves, sweet chilli sauce each Fried halloumi-style cheese **F V** 727 kcal Salad leaves, sweet chilli sauce, tomato, cucumbe

Paninis

Cheddar cheese and tomato V 604 kcal Wiltshire cured ham and Cheddar cheese 580 kcal BBQ chicken, bacon and Cheddar cheese 🐵 576 kcal Tuna mayo and Cheddar cheese 581 kcal 8" pizzas

Choose any 8" pizza from the small plates section.

Add: Side salad @ (111 kcal); Spicy rice 🖉 @ (203 kcal); Chips @ (602 kcal) 1.54 each

Burgers Includes A DRINK Beef burgers made with 100% British beef, freshly cooked to order.

Served with chips (add 602 kcal) or ask for a side salad @ (add 111 kcal). With red onion, gherkin, ketchup, American-style mustard. soft drink* 7.99 American 529 kcal 6oz beef patty alcoholic drink* 9.52 soft drink* 8.58 American cheese 597 kcal

oz beef patty, American-style cheese alco	holic drink* 10.11
cerved with chips (add 602 kcal) or ask for a side salad @ (add Vith iceberg lettuce, tomato, red onion. Fhe classic burger 540 kcal	111 kcal).
oz beef patty	soft drink* 7.99
Fried buttermilk chicken 460 kcal Ireaded whole chicken breast fillet	each
The plant burger @ 537 kcal	9.52

The plant burger ⊘ 537 kcal Plant-based patty, garlic & herb sauce Halloumi-style cheese and sweet chilli

Fried halloumi-style cheese, sweet chilli sauce	
Served with chips (add 602 kcal) or ask for a side salad 🥥 (add 111	kcal).
Crunchy chicken 🍠 440 kcal	soft drink*
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	5.74
	each

NEW Korean fried chicken / 376 kcal Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce

Gourmet burgers Includes A DRINK

Served with six beer-battered onion rings (add 269 kcal) and chips (add 602 kcal) or ask for a side salad Ø (add 111 kcal). With iceberg lettuce, tomato, red onion.

NEW Cheese meltdown American-style cheese, smothered with Emmental & Cheddar cheese sauce Choose: Beef (6oz beef patty) 732 kcal Fried buttermilk chicken 839 kcal

NEW The Big Smoke

Pulled BBQ beef brisket, American-style cheese, maple-cured bacon Choose: Beef (6oz beef patty) 1170 kcal Fried buttermilk chicken 1310 kcal

NEW Buffalo /// 819 kcal

Plant-based patty @ 152 kcal

Fried buttermilk chicken, blue cheese sauce, Naga chilli sauce, American-style cheese, topped with a spicy chicken wing

NEW BBQ stack @ 439 kcal Plant-based patty, stacked with six onion rings and covered with BBQ sauce

The ultimate burger 851 kcal 6oz beef patty, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (6oz beef patty) 719 kcal Fried buttermilk chicken 639 kcal

soft drink* **11.65** alcoholic drink* **13.18 NEW** The Empire State 1038 kcal wo 6oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

Additional toppings Sliced pickled gherkins @ 11 kcal BBQ sauce @ 71 kcal Maple-cured bacon with Cheddar cheese 173 kcal	50p 99p 2.24
Maple-cured bacon with American-style cheese 160 kcal	2.24
Cheddar cheese V 82 kcal American-style cheese V 69 kcal	
Maple-cured bacon 91 kcal	
Crunchy chicken strip 💋 92 kcal	each 1.62
Additional burger patties	
6oz beef patty 337 kcal	2.34
Fried buttermilk chicken 473 kcal	
Fried halloumi-style cheese 💟 298 kcal	

Chicken Includes A DRINK

Sticky Korean fried chicken bowl 🖉 Chicken strips, chicken breast bites, tossed in a Korean-style sauce,

coriander. sliced chillies Choose: Coconut-flavour rice 🚳 866 kcal; Chips 1234 kcal Sticky Korean fried Quorn™ 'no chicken' bowl 🖉 🤕 Eight coated pieces, tossed in a Korean-style sauce, coriander, sliced chillies Choose: Coconut-flavour rice 🚳 712 kcal; Chips 1080 kcal Boneless basket

Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Side salad 720 kcal; Spicy rice 856 kcal; Chips 1255 kcal

Chicken bites basket Ten battered chicken breast pieces, coleslaw, BBQ sauce soft drink* Choose: Side salad 622 kcal; Spicy rice / 758 kcal; Chips 1157 kcal

Southern-fried chicken strips basket 🖉 alcoholic drink* Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 747 kcal; Spicy rice 883 kcal; Chips 1282 kcal

Quorn[™] 'no chicken' nuggets basket **ፆ 🖉** 🔮 Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 520 kcal; Spicy rice 657 kcal; Chips 1056 kcal

Curries includes a drink

Classic curries With basmati pilau rice, plain naan and poppadums. Sweet potato, chickpea & spinach curry **//** 🕢 🕺 916 kcal

soft drink* alcoholic drink* Chicken tikka masala 🖊 1036 kcal 10.14 each Chicken jalfrezi

Beef Madras //// 1088 kcal

Change your plain naan to a garlic naan (V) (add 92 kcal) 52p

Simple curries With basmati pilau rice or chips.

Simple sweet potato, chickpea & spinach curry 🗾 🙆 Choose: Basmati pilau rice 557 kcal; Chips 959 kcal

Simple chicken tikka masala 🗾 Choose: Basmati pilau rice 676 kcal; Chips 1079 kcal

Simple chicken jalfrezi Choose: Basmati pilau rice 🚳 564 kcal; Chips 966 kcal

Simple beef Madras Choose: Basmati pilau rice 729 kcal; Chips 1131 kcal

Add: One vegetable samosa and two onion bhaiis **FF** @ (295 kcal) **1.86** Two plain poppadums 🥥 (86 kcal) 52p

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander

Katsu grilled chicken curry 🖉 😳 542 kcal Sliced chicken breast soft drink* alcoholic drink* Katsu Quorn[™] nugget curry 🖉 🥥 638 kcal 9.03 Eight coated pieces each Katsu chicken curry 🖉 828 kcal

Sliced whole breaded chicken breast fillet

Curry Club[®] Thursday 11.30am - 11pm Featuring chicken korma see Curry Club[®] menu for full range.

soft drink* 8.79	alcoholic drink* 10.32

-		
Jacket	potatoes	INCLUDES A DRINK" 🖡

With side salad and one filling. Extra fillings 1.32 each. Tuna mavo 594 kcal Coleslaw V 561 kcal Cheese V 587 kcal Baked beans @ 58 (1999) 484 kcal Chilli bean non-carne 📕 🙆 🚳 🎆 444 kcal Roasted vegetables Ø 58 (1999) 385 kcal

soft drink* 7.15 each
alcoholic drink* 8.68 each

soft drink* 7.15 each
alcoholic drink* 8.68 each

soft drink*

8.79

each

8.98

each

10.51

each

11.67

each

soft drink* alcoholic drink*

9.45

each

10.56

each

7.92

each

All-day br Two fried eggs baked beans, Add: Black pu

NEW Stea Peas, onion & Choose: Mash

Mon - Fri Choose fr pub classi

Small free Cod, peas 687 Small Wh

Chips, peas 6 Four Whitby b Add: Two slice

Chip shop-sty

Small Wil egg and c One slice of W

Small all-Lincolnshire s

Add: Black pu Small veg Two vegan sa

Afte Mon - F Choose small pub classic meals.



each **2.07**

alcoholic drink* 11.72

soft drink*

each

alcoholic drink*

7.27

each

10.19 each

e,		

Pub classics INCLUDES A DRINK

I UD CIUSSICS INCLODESADRI		
Freshly battered fish and chips Cod, peas 1251 kcal, mushy peas 1308 kcal or baked beans 1247	soft drink* 10.38 Kcal	alcoholic drink* 11.91
Whitby breaded scampi Chips, peas 1135 kcal, mushy peas 1214 kcal or baked beans 113 Eight Whitby breaded scampi	10.38 31 kcal.	11.91
Add: Two slices of bread 🖤 (383 kcal) 1.44 Chip shop-style curry sauce 🥥 (118 kcal) 1.56		
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips Add: Black pudding (178 kcal) 80p	9.72	11.25
Vegetarian all-day brunch ♥ 992 kcal Two fried eggs, three vegan sausages, baked beans, chips	9.72	11.25
BBQ chicken melt 1132 kcal Chicken breast, Cheddar cheese, bacon, BBQ sauce, peas, mushroom, chips	10.38	11.91
NEW Steak & ale pudding Peas, onion & red wine gravy Choose: Mashed potato 957 kcal; Chips 1260 kcal	8.62	10.15
Bangers and mash 888 kcal Three Lincolnshire sausages, peas, onion & red wine gravy	8.62	10.15
Vegetarian bangers and mash ♥ 598 kcal Three vegan sausages, peas, onion & red wine gravy	8.62	10.15
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	8.03	9.56
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	7.73	9.26
Vegan sausages, chips and beans @ 880 kcal Three vegan sausages	7.73	9.26
Chilli bean non-carne F @ @ 629 kcal Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips	8.62	10.15

Afternoon deal

i, 2pm - 5pm	
m the above	
meals.	
m the above : meals.	

alcoholic drink' soft drink* 7.57 9.10

Small pub classics INCLUDES A DRINK

shly battered fish and chips 7 kcal, mushy peas 744 kcal or baked beans 68	soft drink' 8.14 3 kcal	
titby breaded scampi 29 kcal, mushy peas 686 kcal or baked beans <i>6</i> oreaded scampi	8.14 525 kcal.	9.67
es of bread ♥ (383 kcal) 1.44 yle curry sauce ∅ (118 kcal) 1.56		
Itshire cured ham, hips 🚟 455 kcal Viltshire cured ham, fried egg	6.91	8.44
-day brunch 681 kcal sausage, bacon, fried egg, baked beans, chips udding (178 kcal) 80p	6.91	8.44
getarian all-day brunch (V) 590 kcal usages, fried egg, baked beans, chips	6.91	8.44
rnoon deal		
ri, 2pm - 5pm om the above	soft drink* 6.39	alcoholic drink* 7.92

11" pizzas includes a drink" Sourdough base - proved, stretched topped and freshly baked to order. soft drink* alcoholic drink* Margherita V 949 kcal 8.98 10.51 Mozzarella, fresh basil NEW Spicy chicken /// 1374 kcal Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket **Pepperoni //** 1111 kcal. Mozzarella, pepperoni soft drink* Ham and mushroom 1025 kcal 10.14 Mozzarella, ham, mushroom, rocket each BBQ chicken 1111 kcal alcoholic drink* Mozzarella, chicken breast, BBQ sauce, red onion, rocket 11.67 Roasted vegetable V 1044 kcal each Mozzarella, mushroom, roasted pepper, courgette, onion, fresh basil Vegan roasted vegetable ⊘ 😳 715 kcal Mushroom, roasted pepper, courgette, onion, fresh basil 12.85 11.32 Spicy meat feast **///** 1201 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket **Additional toppings** Red onion @ 10 kcal; Sliced chillies **FFFF** @ 3 kcal; Mushroom @ 4 kcal each **93**p Garlic & herb dip @ 301 kcal; Mozzarella 💟 164 kcal; Ham 71 kcal Chicken breast 94 kcal; Maple-cured bacon 92 kcal each **1.25**

Noodles, salads and pastas INCLUDES A DRINK

Pepperoni **FF** 82 kcal; Roasted vegetables **@** 90 kcal

each **1.63**

s Ramen noodle bowl 🎢 🥥 😒 🐯 477 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a	soft drink* 7.29 light brot	8.82
Chicken & maple-cured bacon salad Choose: Chicken breast ()) 384 kcal Southern-fried chicken breast strips // 566 kcal	8.99	10.52
Mediterranean salad @ (555) 349 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper, pumpkin seeds, basil, dressing	7.99	9.52
Fried halloumi-style cheese & roasted vegetable salad V 607 kcal Roasted pepper, courgette, onion, pico de gallo, dressing	7.99	9.52
Additional toppings: Maple-cured bacon (91 kcal) Tuna mayo (298 kcal) Chicken breast (187 kcal) Fried buttermilk chicken (473 kcal) Spicy pulled chicken thigh ♥ (249 kcal)	🧿 (90 kcal	
Pasta alfredo ♥ 519 kcal Giant fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Chicken breast (187 kcal) 2.07; Maple-cured bacon (91 kc	9.20 al) 1.62	10.73
British beef & pancetta lasagne Choose: Side salad 814 kcal; Chips 1346 kcal	9.77	11.30

Sides and extras

Bowl of chips 🤕 964 kcal			3.99	
Small bowl of chips @ 602 kcal			2.49	
Five chicken wings			2.99	
Five chicken breast bites 161 kc	al		2.99	
Eight Whitby breaded scampi	464 kcal		5.19	
Side salad 🥥 111 kcal			2.39	
Mediterranean side salad 🤕 🛛	14 kcal		3.32	
Roasted vegetables 🥏 135 kcal			1.63	
Onion & red wine gravy @ 37 kc	al		99p	
Sliced chillies 🖅 🖉 🖉 3 kcal	93p	Coleslaw V 399 kcal	1.50	
Peas 🥏 133 kcal	99p	Mushy peas V 248 kcal	99p	101
Onion rings 🥥 Six 269 kcal	2.43	Twelve 538 kcal	3.65	ć
Garlic pizza bread V 8" 389 kcal	4.55	11" 778 kcal	5.72	
With cheese 💟 🛛 8'' 479 kcal	5.13	11" 958 kcal	6.59	

Adults need around 2000 kcal a day.§