SIDES AND EXTRAS **Bowl of chips ②** 964 kcal (**Add: Spicy seasoning ③** (7 kcal) 39p) Small bowl of chips @ 602 kcal 2.99 Five chicken wings **FIF** 407 kcal Peas @ 94 kcal 99p Side salad @ 91 kcal 2.39 Coleslaw V 399 kcal 1.50 Sliced chillies **FFFF 3** kcal 93p Mushy peas @ 289 kcal 99p Roasted vegetables @ 135 kcal 1.63 Garlic mayo ♥ 336 kcal 93p Onion rings @ **Twelve** 538 kcal **3.65 Six** 269 kcal **2.43** Garlic pizza bread **V** 8" 373 kcal **4.55 11**" 746 kcal **5.72** With cheese **8**" 466 kcal **5.13 11**" 932 kcal **6.59** DESSERTS

DESSERTS	
NEW Salted caramel sticky toffee pudding ♥ 810 kcal Vanilla ice cream	4.57
NEW Millionaire's shortbread © 655 474 kcal Two vanilla ice cream scoops, shortbread biscuit, chocolate sauce, toffee sauce	2.32
Vanilla ice cream ♥ (355) 261 kcal Two scoops, toffee sauce, chocolate sauce	1.97
Mini warm chocolate brownie ♥ 660 400 kcal Chocolate sauce, vanilla ice cream	3.13
Mini warm cookie dough sandwich ♥ 📆 350 kcal Salted caramel filling, toffee sauce, vanilla ice cream	3.13
Fresh fruit bowl ♥ 567 427 kcal Banana, strawberry, pineapple, grapes, apple, honeydew and cantaloupe melon, vanilla ice cream	4.71
Warm chocolate fudge cake ② 842 kcal. Vanilla ice cream	5.48
Warm chocolate brownie ♥ 698 kcal Chocolate sauce, vanilla ice cream	5.48

Salted caramel filling, toffee sauce, vanilla ice cream **Bramley apple crumble V** 606 kcal. Vanilla ice cream

Add: Vanilla ice cream scoop (102 kcal) 99p Chocolate sauce (67 kcal) 47p

Warm cookie dough sandwich V 598 kcal

Toffee sauce (58 kcal) 47p; Banana (122 kcal) 60p Strawberries (a) (13 kcal) 60p

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- · List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

= Very mild = Mild = Medium ho	
= Very mild = Mild = Medium no	
= very not = Extremely not	

Vegetarian Vegan 525% fat or less 500 Dish under 500 Calories

All weights are approximate uncooked. Fish, chicken and meat dishes may contain hones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com 'Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions appl Statement of daily Calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. **Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

idwetherspoon.com

BREAKFAST Served 8am - 12 noon

Large Ulster fry 1512 kcal Two fried eggs, bacon, two sausages, baked beans, potato bread, half a soda bread, two slices of toast, black pudding	5.99
Ulster fry 752 kcal Sausage, fried egg, bacon, baked beans, half a potato bread, half a soda bread	3.69
Small breakfast 656 499 kcal Fried egg, bacon, Loughnane's pork sausage, baked beans, hash brown	2.79
Add: Black pudding (81 kcal) 80p	
Large Ulster vegetarian breakfast ♥ 1203 kcal Two fried eggs, two vegan sausages, baked beans, potato bread, half a soda bread, tomato, mushroom, two slices of toast	5.99
Ulster vegetarian breakfast ② 726 kcal Two fried eggs, vegan sausage, baked beans, potato bread, half a soda bread, tomato, mushroom	3.69
Small vegetarian breakfast V 😵 📆 329 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	2.79
Vegan breakfast	2.79
Freedom breakfast 681 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	2.79

Breakfast wrap 784 kcal Fried egg, bacon, Loughnane's pork sausage, hash brown, Cheddar chee	3.92 se
Vegetarian breakfast wrap ♥ 760 kcal Fried egg, two vegan sausages, two hash browns, Cheddar cheese	3.92
Breakfast soda 760 kcal Soda bread, filled with sausage, bacon, fried egg	5.60
Scrambled egg on toast ♥ 648 kcal Three eggs, buttered white bloomer toast	2.79
Beans on toast \$ 9 \$ \$ 6 \$\$ 498 kcal Buttered white bloomer toast NEW Vegan option available with vegan spread \$ 0 \$ \$ 6 \$\$ \$ 6 \$\$\$ \$ 6 \$\$\$ \$ 6 \$	2.79
Small beans on toast ♥ ፡፡ 218 kcal Buttered white bloomer toast	2.29
Two slices of toast with jam (V) 383 kcal White bloomer toast	1.99
Fresh fruit bowl @ \$\ \times \	2.99
NEW Creamy jumbo oat porridge	1.99

BREAKFAST EXTRAS

5.48

5.77

Add any of the following:					
Black pudding 81 kcal	80p	Four rashers of maple-cured bacon 91 kcal	1.62	Two mushrooms @ 98 kcal	98p
Loughnane's pork sausage 184 kcal	1.15	Two rashers of back bacon 131 kcal	1.67	Two grilled tomato halves 🥥 15 kcal	57p
Vegan sausage 7 2 kcal	1.15	Two scrambled eggs V 234 kcal	1.73	Slice of toast V 189 kcal	1.23
Baked beans @ 126 kcal	98p	Fried egg 1 05 kcal	98p	Grilled halloumi cheese ♥ 395 kcal	2.07
Hash brown @ 82 kcal	51p				

BREAKFAST MUFFINS

Includes tea, coffee or hot chocolate. Free refills

Egg & cheese muffin ♥ 555 269 kcal Fried egg, American-style cheese, in a muffin	2.96
Egg & bacon muffin 334 kcal Fried egg, bacon, American-style cheese, in a muffin	3.42
Egg & sausage muffin 452 kcal Fried egg, Loughnane's pork sausage, American-style cheese, in a muffin	3.42
Egg & vegetarian sausage muffin ♥	3.42
Breakfast muffin 518 kcal Fried egg, Loughnane's pork sausage, bacon, American-style cheese, in a muffin	3.66

TEA, COFFEE AND HOT CHOCOLATE



Flat white **1** 92 kcal Cappuccino V 102 kcal Latte V 113 kcal Mocha V 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee **(V)** 24 kcal Hot chocolate V 169 kcal Lyons tea with semi-skimmed milk V 14 kcal (Soya product available @ 5 kcal) Decaffeinated tea and coffee available.

Walkers shortbread **151** kcal **76**p White chocolate-chip cookies **(V)** 141 kcal **76p** Milk chocolate-chip cookies V 141 kcal 76p Whirl shortcake V 136 kcal 76p Oat crunch biscuit V 139 kcal 76p



Add: Hash brown @ (82 kcal) 51p





for the facts drinkaware.co.uk 🖺

wetherspoon

FOOD

Food served until 10.30pm Monday to Wednesday, midnight Thursday, 12.30am Friday and Saturday and 11pm Sunday. Children's menu available.

The Spirit Merchant



This site comprises two Victorian dwellings which were later combined. Thomas Rountree, Spirit Merchant, is first listed at 54–56 Regent Street in 1950 and last recorded there in 1988. The premises subsequently became the short-lived Jolly Judge public house.

INCLUDES A DRINK* •▲

Choose from over 150 drinks







Sustainable **Restaurant Association** Awarded the highest rating in the world's largest sustainabilit certification for pubs and standards in 'sourcing, so



Free-range eggs All of the fresh free-range shell eggs we serve are sourced from Irish farms approved by Bord Bia, under the Sustainable Egg Assurance Scheme (SFAS)



Bacon in County Tipperary, uses only natural ingredients



pork, the quality sausages from Loughnane's of Galway









Lyons is part of the Ethical Tea Partnership, which monitors living and working conditions



Table service

Download the Wetherspoon app or scan this QR code. Or note your table number and order at the bar.



Use the app to: Order food and/or drinks • Search for a pub • Book a hotel • Save your favourites • Find an ale

SMALL PLATES ANY 3 FOR £14.99	9
8" PIZZAS Sourdough base – proved, stretched, topped and freshly baked to order.	
Margherita V 555 482 kcal. Mozzarella, basil	6.06
Pepperoni // 667 kcal	6.66
Mozzarella, pepperoni	
Ham and mushroom 512 kcal	6.66
Mozzarella, ham, mushroom, rocket	
BBQ chicken 568 kcal	6.66
Mozzarella, BBQ sauce, chicken breast, red onion, rocket	
Roasted vegetable ♥ 530 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	6.66
Vegan roasted vegetable © \$\infty\$ \$\infty\$ 359 kcal	6.66
Mushroom, roasted pepper, courgette, onion, basil	2.23
Spicy meat feast /// 665 kcal	7.24
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	
NEW Char-grilled halloumi cheese (V) (600 kcal	5.11
Rocket, roasted pepper, courgette, onion, salsa	3.11
11" garlic pizza bread V 746 kcal	5.72
Nachos /// 🗘 753 kcal	5.96
Cheese, guacamole, salsa, sour cream, sliced chillies	
Add: Chilli bean non-carne 🖊 🚳 (149 kcal) 2.07	
Bowl of chips @ 964 kcal	3.99
Bowl of chips with curry sauce 1 082 kcal	5.29
Cheesy chips ♥ 1297 kcal	5.39
Loaded chips 1557 kcal. Cheese, maple-cured bacon, garlic mayo	5.69
With any of the small plates below, choose one dip: Sweet chilli	
Jack Daniel's Tennessee Honey glaze V 87 kcal; Garlic mayo V 336 k	cal
Quorn [™] nuggets Ø 5555 283 kcal. Eight coated pieces	5.34
Halloumi fries (1) 395 kcal	5.11
Chicken breast bites (%) 555 298 kcal. Ten battered chicken pieces	6.06
Southern-fried chicken strips 555 459 kcal. Five chicken strips	
Chicken wings /// 813 kcal. Ten spicy chicken wings	6.63
Circle Will 83 F F F Old Real. Tell spicy effectivings	5.03
SHARER	
SHAKEK	

With the sharer below, choose two dips: Sweet chilli 37 kcal; Naga chilli 36 kcal **Jack Daniel's® Tennessee Honey glaze** ♥ 87 kcal; **Garlic mayo** ♥ 336 kcal Chicken wings

20 wings (1626 kcal – for sharing) **13.02** 30 wings (2439 kcal – for sharing) **14.93**

NOODLES, SALADS **includes a drink**

and pastas		
	t drink* alcoholi	c drink*
NEW Ramen noodle bowl // @ 666 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, bamboo shoots, red onion, sliced chillies, coriander, in a lig Add: Char-grilled chicken breast (94 kcal) 1.25 Fried buttermilk chicken (473 kcal) 2.07		8.82 oi,
Burrito salad bowl @ \$2523 kcal Spicy rice, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies	7.99	9.52
Add: Cheese ♥ (167 kcal) 1.32; Char-gilled chicken bre Chilli bean non-carne ♥ ② (149 kcal) 2.07	ast (187 kcal) 2.	07
Grilled halloumi cheese & roasted vegetable salad () 391 kcal Roasted pepper, courgette, onion, pico de gallo, dressing	7.99	9.52

Grilled halloumi cheese	7.99	9.52
& roasted vegetable salad 391 kcal Roasted pepper, courgette, onion, pico de gallo, dressing		
Chicken & maple-cured bacon salad Choose: Char-grilled chicken breast © 500 285 kcal Southern-fried chicken strips 600 467 kcal	8.99	10.52
Pasta alfredo V 617 kcal	9.20	10.73

Pasta alfredo V 617 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket

Add: Char-grilled chicken breast (187 kcal) 2.07 Maple-cured bacon (91 kcal) 1.62

Irish beef & pancetta lasagne 11.30 Choose: Side salad, dressing 804 kcal; Chips 1295 kcal

FRIFD CHICKEN INCLUDES A DRINK •

Spicy rice 844 kcal; Chips 1243 kcal

NEW Sticky Korean fried chicken bowl ₱ 949 kcal Chicken strips, chicken breast bites, chips, alcotossed in a Korean-style sauce, coriander, sliced chillies	soft drink* 7.79 bholic drink* 9.32
Chicken wing basket FFF Eight wings, coleslaw, Naga chilli dip Choose: Side salad 1031 kcal Spicy rice 1123 kcal; Chips 1522 kcal	soft drink* 7.78 each
Boneless basket Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Side salad 752 kcal	alcoholic drink* 9.31 each

Ten battered chicken pieces, coleslaw, garlic mayo Choose: Side salad 767 kcal Spicy rice 970 kcal; Chips 1369 kcal Southern-fried chicken strips basket / Five chicken strips, coleslaw, lack Daniel's® Tennessee Honey glaze Choose: Side salad 680 kcal

Ouorn[™] 'no chicken' nuggets basket **// W** Fight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 585 kcal Spicy rice 657 kcal; Chips 1056 kcal

h 100% Irish beef, freshly cooked to order. Traceable from farm to fork

BURGERS INCLUDES A DRINK	Beef l	ourgers made wi	
BEEF BURGERS One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below) American burger 711 kcal			
Red onion, gherkin, ketchup, American-style mustard Classic beef burger 689 kcal Iceberg lettuce, tomato, red onion	soft drink* 5.21 each	alcoholic drink* 6.74 each	
Skinny beef burger 387 kcal Iceberg lettuce, tomato, red onion, with a side sa	lad, instead of	Fchips	
American cheese burger 738 kcal soft drink* 5.80 American-style cheese, red onion, gherkin, ketchup, alcoholic drink* 7.33 American-style mustard			
Double beef burgers Two 3oz beef patties Served with chips (602 kcal, included in Caloric			
Double American burger 1174 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1152 kcal leeberg lettuce, tomato, red onion	soft drink* 7.50 each	alcoholic drink* 9.03 each	
Double American cheese burger 1227 kca American-style cheese, red onion, gherkin, ketch American-style mustard		oft drink* 8.10 blic drink* 9.63	

Iceberg lettuce, tomato, red onion		
Double American cheese burger 1227 kcal	soft drink*	8.10
American-style cheese, red onion, gherkin, ketchup, American-style mustard	alcoholic drink*	9.63
JUST-A-BURGER	each	3.51

Served on its own, without chips or a drink NEW Korean crunchy chicken strip burger ® 838 kcal Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce

American burger (500) 383 kcal Red onion, gherkin, ketchup, American-style mustard **Crunchy chicken strip burger** 440 kcal Two southern-fried chicken strips, iceberg lettuce, mayo

Maple-cured bacon with Cheddar cheese 169 kcal

ADDITIONAL TOPPINGS AND BURGER PATTIES

Maple-cured bacon with American-style cheese 144 kcal	2.24
Ларle-cured bacon 91 kcal	1.62
Cheddar cheese ① 78 kcal	1.62
American-style cheese V 53 kcal	1.62
Crunchy chicken strip / 92 kcal	1.60
One 3oz beef patty 189 kcal	
ried halloumi cheese W 395 kcal	
Char-grilled chicken breast 187 kcal	

MEAT-FREE BURGERS

Chicken breast bites basket

Spicy rice 883 kcal; Chips 1282 kcal

Served with chips (602 kcal, included in Calories below). 7.50 Fried halloumi cheese burger 🖊 🛛 1206 kcal each alcoholic drink* **Bevond Burger**[™] **②** 958 kcal 9.03 BEYOND MEAT plant-based patty each

soft drink*

7.78

each

alcoholic drink*

9.31

each

soft drink*

each

soft drink*

10.14

each

alcoholic drink

11.67

CHICKEN BURGERS

Served with a small portion of chips soft drink* (329 kcal, included in Calories below). 5.21 NEW Korean crunchy chicken strip burger 711 kcal each Two fried chicken strips, iceberg lettuce, gherkin, alcoholic drink* Korean-style sauce 6.74 **Crunchy chicken strip burger ₱** 769 kcal each Two southern-fried chicken strips, iceberg lettuce, mayo

Served with chips (602 kcal, included in Calories below). soft drink* Fried buttermilk chicken burger 1247 kcal 7.50 Breaded whole chicken breast fille each **Char-grilled chicken breast burger** 961 kcal alcoholic drink* Iceberg lettuce, tomato, red onior 9.03 Skinny chicken burger 38 585 kcal each Char-grilled chicken breast, with salad, instead of chips

GOURMET BURGERS

Served with chips, six onion rings (860 kcal, included in Calories below).

Heatwave burger Naga chilli mayo. American-style cheese, hash brown.

topped with a spicy chicken wing Choose: Char-grilled chicken breast 1705 kcal soft drink* Fried buttermilk chicken 1990 kcal 9.70 each Ultimate burger 1688 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, alcoholic drink* signature burger sauce, gherkin 11.23

Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze

2.24

each **2.07**

soft drink*

9.03

each

10.56

Choose: Beef (two 3oz beef patties) 1599 kcal Char-grilled chicken breast 1409 kcal; Fried buttermilk chicken 1694 kcal

BBO burger Maple-cured bacon, Cheddar cheese, BBO sauce **Choose: Beef** (two 3oz beef patties) 1672 kcal

Char-grilled chicken breast 1482 kcal; Fried buttermilk chicken 1768 kcal Fiesta burger 1363 kcal

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1802 kcal soft drink* 11.15 Three 3oz beef patties, American-style cheese, alcoholic drink* 12.68 maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

CURRIES INCLUDES A DRINK •

KATSU CURRIES

Fried buttermilk chicken 473 kcal

BEYOND MEAT patty @ 184 kcal

With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander. Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet

alcoholic drink Katsu grilled chicken curry 68 542 kcal

Sliced char-grilled chicken breast Katsu Quorn[™] nugget curry **②** 639 kcal Eight coated pieces

CLASSIC CURRIES With basmati pilau rice, plain naan, poppadums and mango chutney.

Chicken jalfrezi **FFF** 38 1002 kcal Beef Madras **FFF** 1111 kcal Chicken tikka masala 1257 kcal Mangalorean roasted cauliflower & spinach curry **//** @ 5994 kcal

Change your plain naan to a garlic naan (v) (add 75 kcal) 52p

Add: One vegetable samosa and two onion bhajis // @ (295 kcal) 1.86 Two plain poppadums @ (87 kcal) 52p

11" PIZZAS INCLUDES ADRINK •

Sourdough base - proved, stretched,

topped and freshly baked to order. soft drink* alcoholic drink* Margherita V 963 kcal. Mozzarella, basil 7.78 9.31 Pepperoni // 1334 kcal Mozzarella, pepperoni soft drink* alcoholic drink* 8.85 10.38 Ham and mushroom 1024 kcal Mozzarella, ham, mushroom, rocket

BBQ chicken 1124 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket

Roasted vegetable **1**060 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil

Vegan roasted vegetable @ 38 718 kcal Mushroom, roasted pepper, courgette, onion, basil

Spicy meat feast **///** 1303 kcal 9.92 11.45 Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket

Additional toppings Red onion @ 9 kcal; Sliced chillies **FFFF** @ 3 kcal Mushroom @ 6 kcal; Garlic mayo ♥ 336 kcal each 93p

Mozzarella ♥ 171 kcal; Maple-cured bacon 91 kcal each **1.25** Ham 54 kcal: Chicken breast 94 kcal Pepperoni // 186 kcal; Roasted vegetables @ 90 kcal each **1.63**

SMALL PUB CLASSICS INCLUDES A DRINK •

		,
FISH AND CHIPS	soft drink*	alcoholic drink*
Small freshly battered cod Peas 671 kcal or mushy peas 768 kg		9.67
Add: Two slices of bread ♥ (335 Chip shop-style curry sauce ②		
Small all-day brunch 745 kcal Sausage, bacon, fried egg, baked l		6.52
Small vegetarian all-day br Two vegan sausages, fried egg, ba		6.52

6.39

7.92

AFTERNOON DEAL

soft drink* alcoholic drink Mon – Fri, 2pm – 5pm Choose from the above small pub classic me

PUB CLASSICS INCLUDES A DRINK •

FISH AND CHIPS	soft drink*	alcoholic drink*
Freshly battered cod and chips Peas 1238 kcal or mushy peas 1335 kcal	10.38	11.91
Add: Two slices of bread ♥ (335 kcal) 1.44 Chip shop-style curry sauce ② (118 kcal) 1.56		
Chicken & peppercorn stack Mashed potato, peppercorn sauce, onion rings Choose: Southern-fried chicken strips # 855 kca Char-grilled chicken breast 675 kcal	8.86	10.39
Sausages, chips and beans 1216 kcal Three Loughnane's pork sausages	5.45	6.98
Vegan sausages, chips and beans 3 880 kcal Three vegan sausages	5.45	6.98
NEW Chilli bean non-carne Ø 641 kcal Spicyrice, tortilla chips	5.45	6.98
All-day brunch 1373 kcal Two sausages, bacon, two fried eggs, baked beans, Add: Black pudding (81 kcal) 80p	5.45 chips	6.98
Vegetarian all-day brunch ♥ 1089 kcal Three vegan sausages,	5.45	6.98

two fried eggs, baked beans, chips AFTERNOON DEAL

soft drink* alcoholic drink Mon - Fri, 2pm - 5pm 7.57 9.10 hoose from the above pub classic meals

STEAKS AND GRILLS INCLUDES A DRINK .

From farms in Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days. seasoned with a steak-seasoning blend and freshly cooked to your liking.

Classic 8oz sirloin steak soft drink* alcoholic drink* Choose: Side salad 570 kcal 11.55 13.08 Jacket potato 913 kcal Mashed potato 739 kcal; Chips 1061 kcal

Gourmet 8oz sirloin steak With peas, tomato, mushroom, three onion rings and a steak sauce

Choose: Side salad 808 kcal lacket potato 1152 kcal Mashed potato 977 kcal; Chips 1299 kcal

BBO chicken melt

Add your choice of steak sauce: **Creamy peppercorn sauce** (74 kcal) Jack Daniel's® Tennessee Honey glaze (87 kcal) 1.92 each

> soft drink* alcoholic drink* 10.38 11.91

13.89

soft drink* alcoholic drink*

15.42

just-a-wrap,

without a drink

3.14

each

soft drink*

4.05

each

alcoholic drink*

5.58

each

soft drink*

6.00

each

alcoholic drink*

7.53

each

Grilled chicken. Cheddar cheese, bacon, BBO sauce. peas, tomato, mushroom

Choose: Side salad 629 kcal: lacket potato 639 972 kcal Mashed potato 797 kcal; Chips 1119 kcal

DFI | DFA | S° INCLUDES A DRINK •

10" WRAPS A smaller wrap and filling.

NEW Small Korean fried chicken 7 377 kcal Iceberg lettuce, cucumber, coriander, Korean-style sauce

Small brunch wrap 600 kcal Fried egg, bacon, Loughnane's pork sausage, Cheddar cheese

Small vegetarian brunch wrap V 555 494 kcal

Fried egg, two vegan sausages, Cheddar cheese Small Quorn[™] nuggets // @ 532 533 kcal

Salad leaves, tomato, cucumber, salsa Small southern-fried chicken 5 456 kcal

Salad leaves, garlic mayo Small cold chicken breast **FF** 58 500 277 kcal Salad leaves, sweet chilli sauce

Small fried halloumi cheese // V 555 404 kcal Salad leaves, tomato, cucumber, sweet chilli sauce

Add: Small side salad @ (45 kcal) Small portion of chips (329 kcal) 1.13 each

12" WRAPS

NEW Korean fried chicken **/** 595 kcal Iceberg lettuce, cucumber, coriander, Korean-style sauce

Quorn[™] nuggets / Ø 58 588 480 kcal Salad leaves, tomato, cucumber, salsa **Southern-fried chicken** 684 kcal

Salad leaves, garlic mayo

Cold chicken breast // 500 480 kcal Salad leaves, sweet chilli sauce Fried halloumi cheese **F** 707 kcal

Salad leaves, tomato, cucumber, sweet chilli sauce

PANINIS

Cheddar cheese and tomato ♥ 523 kcal Ham and Cheddar cheese 600 486 kcal BBQ chicken, bacon and Cheddar cheese 584 kcal

 $8"\ PIZZAS$ On a freshly baked sourdough base. Choose any 8" pizza from the small plates section.

Add: Salad @ (91 kcal) Spicy rice (203 kcal) **Chips** (602 kcal) **1.54** each

JACKET POTATOES INCLUDES A DRINK •

With salad and one filling. Extra fillings 1.32 each.

Coleslaw V 788 kcal Cheese 772 kcal

Baked beans @ 511 kcal Chilli bean non-carne / @ 671 kcal

Roasted vegetables @ 612 kcal

alcoholic drink* 7.15 8.68 each each

soft drink*