#### Sides and extras 3.99 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 39p) 2.49 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 2.99 NEW Five chicken breast bites 161 kcal 2.99 Eight Whitby breaded scampi 464 kcal 5.19 Grilled halloumi-style cheese V 447 kcal 2.07 Peas 133 kcal 99p Mushy peas V 248 kcal 99p 2.39 Side salad @ 91 kcal Mediterranean side salad @ 198 kcal 3.32 Roasted vegetables @ 135 kcal 1.63 Coleslaw V 399 kcal 1.50 93p Sliced chillies FFFF @ 3 kcal 99n Chicken gravy 50 kcal Onion rings 🕖 Six 269 kcal 2.43 **Twelve** 538 kcal **3.65** 8" 386 kcal 4.55 **11**" 772 kcal **5.72** Garlic pizza bread 💟 8" 473 kcal 5.13 **11**" 922 kcal **6.59** With cheese V

#### **Desserts** NEW Salted caramel sticky toffee pudding V 5.14 Vanilla ice cream 877 kcal or custard 741 kcal 2.32 NEW Millionaire's shortbread (V) (1888) 409 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce Vanilla ice cream V 555 334 kcal 1.97 Two scoops, toffee sauce, Belgian chocolate sauce 1.97 Cookie crunch V 5364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce Mini warm chocolate brownie V 500 435 kcal 3.13 Belgian chocolate sauce, vanilla ice cream Mini warm cookie dough sandwich (V) (1888) 431 kcal 3.13 Salted caramel filling, toffee sauce, vanilla ice cream Mini American-style pancakes (V 500) 412 kcal 3.69 Two pancakes, maple-flavour syrup, vanilla ice cream 4.71 Fresh fruit V 5% (500) 470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream Warm chocolate fudge cake V 909 kcal. Vanilla ice cream 5.48 Warm chocolate brownie V 736 kcal 5.48 Belgian chocolate sauce, vanilla ice cream Warm cookie dough sandwich V 727 kcal 5.48 Salted caramel filling, toffee sauce, vanilla ice cream British Bramley apple crumble V 5.77 Vanilla ice cream 673 kcal or custard 🚳 537 kcal

Add: Custard (134 kcal) 1.33; Vanilla ice cream scoop (135 kcal) 99p Belgian chocolate sauce (61 kcal) 47p; Toffee sauce (66 kcal) 47p Banana (110 kcal) 60p; Strawberries (27 kcal) 60p; Blueberries (17 kcal) 60p

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens. • See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

American-style pancakes V 38 689 kcal

Four pancakes, maple-flavour syrup, vanilla ice cream

While we have procedures for segregating preparation within meals anddrinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may

#### **DIETARY SYMBOLS**

	Mild /// = Medium hot /// = Very hot
= Extreme	ely hot
Vegetarian 🕢 V	egan 5% fat or less 500 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

result in changes to allergens contained in the dish.

# BREAKFAST Served 8am - 12

3.81

5.29

2.49

3.49

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	6.59	Fiesta brunch  © 659 kcal  Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa
<b>Traditional breakfast</b> 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of	<b>4.99</b> of toast	<b>Eggs Benedict</b> 725 kcal Two poached eggs, on an English muffin, with Wiltshir
Small breakfast 655 435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	2.99	Hollandaise sauce, rocket  Mushroom Benedict ♥ 638 kcal
Add: Black pudding (178 kcal) <b>80p</b>		Two poached eggs, on an English muffin, with mushro Hollandaise sauce, rocket
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	2.99	Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black p
Large vegetarian breakfast ♥ 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	6.59	Hollandaise sauce, rocket  American-style pancakes  NEW Four pancakes, banana, strawberries, blueberr
Vegetarian breakfast ♥ 786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	4.99	maple-flavour syrup. <b>V</b>
Small vegetarian breakfast 👽 🚳 📆 291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	2.99	Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syn
Vegan breakfast ⊘ 642 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	2.99	Two pancakes, maple-flavour syrup. <b>© © CFFF</b> 277 <b>Scrambled egg on toast ©</b> 570 kcal Three eggs, buttered white bloomer toast
American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausa four pancakes, maple-flavour syrup	<b>7.00</b> ges,	Beans on toast V 🚳 566 kcal. Buttered white NEW Yegan option available with vegan spread 🥝 Small beans on toast V 🚳 📆 252 kcal
Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	5.14	Buttered white bloomer toast <b>Two slices of toast with jam or marma</b> White bloomer bread
Porridge  \$\colon \colon \colo	1.99	Fresh fruit @ 39 (555) 200 kcal Apple, banana, blueberries, strawberries  NEW Fresh fruit and yoghurt © 39 (556) Apple, banana, blueberries, strawberries, Greek-style

### Tea and toast

5.14

Includes tea, coffee or hot chocolate. Free refills

with drink without drink Two slices of toast with jam or marmalade 2.49 1.99 V 524 kcal. White bloomer bread

### **Breakfast butties and wraps**

2.69
2.69
2.69
4.5
<b>4.</b> 5′

### **Breakfast muffin deal**

Includes tea, coffee, hot chocolate (free refills') or ANY soft drink Egg & cheese muffin V 500 249 kcal

3.31 Fried egg, American-style cheese, in an English muffin Egg & bacon muffin (500) 314 kcal 3.77 Fried egg, bacon, American-style cheese, in an English muffin Egg & sausage muffin (500) 417 kcal 3.77

Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin Egg & vegetarian sausage muffin V 555 330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin

Breakfast muffin (500) 482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin Smashed avocado muffin @ 59 (888) 271 kcal

Guacamole, pico de gallo, on an English muffin, rocket Add: Maple-cured bacon (91 kcal) 1.62; Poached egg V (63 kcal) 98p Grilled halloumi-style cheese (V) (447 kcal) 2.07

Add: Hash brown @ (82 kcal) 51p

#### Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket Mushroom Benedict @ 638 kcal 5.29 Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket Miner's Benedict 939 kcal 5.29 Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket American-style pancakes Four pancakes, banana, strawberries, blueberries, 5.14 maple-flavour syrup. V 🚳 708 kcal

Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal 5.14 Four pancakes, maple-flavour syrup. V 🚳 554 kcal 4.45 Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syrup. 322 kcal 3.69 3.40 Two pancakes, maple-flavour syrup. V 50 500 277 kcal 2.99 Scrambled egg on toast V 570 kcal Three eggs, buttered white bloomer toast Beans on toast V 🕸 566 kcal. Buttered white bloomer toast 2.99 NEW Vegan option available with vegan spread @ 58 555 460 kcal

Buttered white bloomer toast Two slices of toast with jam or marmalade V 524 kcal 1.99 White bloomer bread Fresh fruit @ 5% (500) 200 kcal 2.99 Annle hanana blueherries strawberries

NEW Fresh fruit and yoghurt (V 🚳 5 334 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt

### Breakfast extras

3 4 4 ---- - 641- - 6-11----

Add any of the following:			
Black pudding 178 kcal	80p	Hash brown @ 82 kcal	51p
Lincolnshire sausage 168 kcal	1.15	Vegan sausage 🕝 82 kcal	1.15
Slice of toast V 225 kcal	1.23	Baked beans @ 126 kcal	98p
Fried egg 🤍 56 kcal	98p	Poached egg V 63 kcal	98p
Two mushrooms 🥏 100 kcal			98p
Two scrambled eggs V 136 kca	l		1.73
Two rashers of back bacon 131	kcal		1.67
Two grilled tomato halves @ 1	6 kcal		57p
Four rashers of maple-cured I	bacon	91 kcal	1.62
Grilled halloumi-style cheese	<b>V</b> 447	kcal	2.07

### -Tea, coffee and hot chocolate -



Cappuccino V 102 kcal Latte 113 kcal

- ALL DAY EVERY DAY -LAVATIA (2) (20) (3)

Mocha 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee V 24 kcal Hot chocolate V 169 kcal Tea

Flat white **9** 92 kcal

with semi-skimmed milk V 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available.

**Biscuits** Walkers shortbread 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

for the facts drinkaware.co.uk

idwetherspoon.com

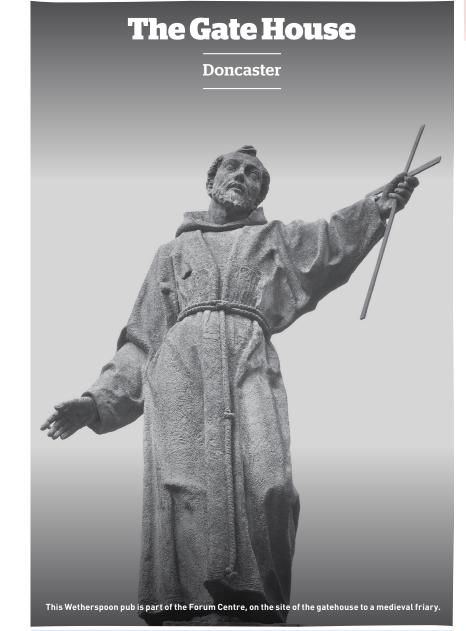
All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing ordinaries and own and abolish per bouses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com "Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. "Statement of daily Calorie needs from the Department of Health & Social Care." Excluding decaffeinated. "Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml). \*Choose from: Diet Pepsi, Pepsi, Pepsi Max or Pepsi Max or Pepsi Max cherry (398ml glass); apple, cranberry or orange juice (398ml glass); apple & mango, apple & raspberry or orange & passion fruit J20; Brecon Carreg natural mineral water (still/sparkling 500ml bottle), blackcurrant, lime or orange standard cordial (398ml glass); bloc orange or lemon Sanpellegrino (330ml can); Passion Fruit Cooler or Raspberry Refresher 0% cocktail (215ml glass); Monster Energy, Energy Ultra, Energy Ultra, Energy Ultra Rosá, Mango Loco or Pipeline Punch (500ml can); Old lamaica ginger beer (330ml can); R White's raspberry lemonade (330ml can); Remedy kombucha raspberry lemonade (250ml can

3.77

3.99

3.99

Main menu 11.30am - 11pm. Children's menu available.





### Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale

FOOD HYGIENE RATING 0 1 2 3 4 5

Allergen and nutritional information can

website and Wetherspoon app.

Adults need around 2000 kcal a day.§

be found on the customer information screen,

### **Food hygiene** We have been awarded

the maximum food hygiene rating of 5 in our pub.



#### Sustainable fish The cod and haddock we serve come from fisheries which have

been independently certified to the MSC's standard for well-managed and sustainable



#### 100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.



#### Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

The spoken menu app for the visually impaired



Lavazza coffee<sup>tt</sup> we serve is from Rainforest Alliance-certified farms



#### **Award-winning** children's menu Independently run 'secret diner' survey.

**Sustainable Restaurant** 



#### Association Awarded the highest rating in the world's

largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.





**Traditional** 

breakfast

£4.99

alcoholic drink\*

£5.94

alcoholic drink\*

£7.27

£7.92

alcoholic drink\*

£11.50

alcoholic drink\*

£9.74

**Breakfast** 

8am - 12 noon

Tea. coffee and

hot chocolate

**Deli Deals** 

INCLUDES A DRINK •

Featuring NEW small southern-fried chicken wrap

just-a-wrap, without a drink

**Burger meals** 

INCLUDES A DRINK •

Featuring 3oz American burger

**Afternoon deals** 

INCLUDES A DRINK •

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips

Steak Club

INCLUDES A DRINK'

**Tuesday 11.30am - 11pm** 

Featuring classic 8oz sirloin

**Curry Club** 

INCLUDES A DRINK • **Thursday 11.30am - 11pm** 

Featuring the katsu curry range

INCLUDES A DRINK •

Choose from over 150 drinks

Coffee
The freshly ground 100% Arabica

Free refills

soft drink\*

£4.41

soft drink\*

soft drink\*

£6.39

£9.97

soft drink\*

£8.21

£5.74

B" pizzas. Sourdough base - proved, stretched,	
topped and freshly baked to order.	
Margherita V 😘 467 kcal. Mozzarella, basil	6.0
Pepperoni 🃂 575 kcal. Mozzarella, pepperoni	6.66
<b>Ham and mushroom</b> 505 kcal. Mozzarella, ham, mushroom, rocke	t <b>6.66</b>
BBQ chicken 555 kcal	6.66
Mozzarella, BBQ sauce, chicken breast, red onion, rocket	
Roasted vegetable V 514 kcal	6.66
Mozzarella, mushroom, roasted pepper, courgette, onion, basil Vegan roasted vegetable @ 🚳 55 kcal	6.66
Mushroom, roasted pepper, courgette, onion, basil	0.00
Spicy meat feast /// 615 kcal	7.24
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	
<u></u>	E 44
Char-grilled halloumi-style cheese V 514 kcal Rocket, roasted pepper, courgette, onion, salsa	5.11
11" garlic pizza bread 👽 772 kcal	5.72
Nachos /// W 695 kcal. Cheese, guacamole, salsa, sour cream, sliced o	
Bowl of chips @ 964 kcal	3.99
Bowl of chips with curry sauce 1082 kcal	5.29
Cheesy chips ♥ 1256 kcal	5.49
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	5.79
Tomato & basil soup 🕜 👀 😘 374 kcal. White bloomer bread	4.38
NEW Vegan option available with vegan spread 🥝 👀 🐃 285 kcal	
· · · · · · · · · · · · · · · · · · ·	5.11 6.24
Halloumi-style fries ♥ \$\text{\$\colone{1}}\$ 396 kcal  Chicken bites \$\text{\$\colone{1}}\$ 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips \$\mathcal{\colone{1}}\$ 459 kcal. Five chicken brea  Chicken wings \$\mathcal{\colone{1}}\$ 813 kcal. Ten spicy chicken wings  Quorn nuggets \$\text{\$\colone{1}}\$ 331 kcal. Eight coated pieces	6.24
Chicken bites 333 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips (1965) 459 kcal. Five chicken breachicken wings (1966) 813 kcal. Ten spicy chicken wings  Quorn™ nuggets (1966) 331 kcal. Eight coated pieces  Deli Deals Includes a Drink (1966)	6.24 st strips 6.24 6.90
Chicken bites 333 322 kcal. Ten battered chicken breast pieces Southern-fried chicken strips (333 459 kcal. Five chicken breast Chicken wings (7) 813 kcal. Ten spicy chicken wings Quorn™ nuggets (3 331 kcal. Eight coated pieces  Deli Deals INCLUDES A DRINK • • • • • • • • • • • • • • • • • • •	6.24 st strips 6.24 6.90
Chicken bites 333 322 kcal. Ten battered chicken breast pieces Southern-fried chicken strips (333 459 kcal. Five chicken breast Chicken wings (7) 813 kcal. Ten spicy chicken wings Quorn™ nuggets (3) 331 kcal. Eight coated pieces  Deli Deals INCLUDES A DRINK • • • • • • • • • • • • • • • • • • •	6.24 st strips 6.24 6.90
Chicken bites 333 322 kcal. Ten battered chicken breast pieces Southern-fried chicken strips (333 459 kcal. Five chicken breast Chicken wings (7) 813 kcal. Ten spicy chicken wings Quorn™ nuggets (2) 331 kcal. Eight coated pieces  Deli Deals INCLUDES A DRINK (1) All wraps and paninis are freshly made to order.  Lew 10" wraps A smaller wrap and filling. Small brunch wrap 559 kcal	6.24 st strips 6.24 6.90
Chicken bites 333 322 kcal. Ten battered chicken breast pieces Southern-fried chicken strips (333 459 kcal. Five chicken breast Chicken wings (7) 813 kcal. Ten spicy chicken wings Quorn™ nuggets (3) 331 kcal. Eight coated pieces  Deli Deals INCLUDES A DRINK (1) All wraps and paninis are freshly made to order.  IEW 10" wraps A smaller wrap and filling. Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	6.24 st strips 6.24 6.90 5.34
Chicken bites 333 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips (333 459 kcal. Five chicken breast  Chicken wings (7) 813 kcal. Ten spicy chicken wings  Quorn™ nuggets (3 331 kcal. Eight coated pieces  Deli Deals INCLUDES A DRINK • • • • • • • • • • • • • • • • • • •	6.24 st strips 6.24 6.90 5.34 just-a-wrap. without a drink
Chicken bites 333 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips (333 459 kcal. Five chicken breast  Chicken wings (7) 813 kcal. Ten spicy chicken wings  Quorn™ nuggets (3 331 kcal. Eight coated pieces  Deli Deals INCLUDES A DRINK • • • • • • • • • • • • • • • • • • •	6.24 st strips 6.24 6.90 5.34
Chicken bites 333 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips (1556 459 kcal. Five chicken breast  Chicken wings (1566 813 kcal. Ten spicy chicken wings  Quorn™ nuggets (1566 313 kcal. Eight coated pieces  Deli Deals Includes a Drink (1566 413 kcal. Eight coated pieces)  All wraps and paninis are freshly made to order.  IEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap (1560 545 kcal)  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken (1560 502 kcal)	6.24 st strips 6.24 6.90 5.34  just-a-wrap, without a drink 3.23
Chicken bites 333 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips (333 459 kcal. Five chicken breast  Chicken wings (7) 813 kcal. Ten spicy chicken wings  Quorn™ nuggets (3 331 kcal. Eight coated pieces  Deli Deals INCLUDES A DRINK • • • • • • • • • • • • • • • • • • •	just-a-wrap, without a drink 3.23 each
Chicken bites 33 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips  \$\iiiiiiiiiiiiiiiiiiiiiiiiiiiiiiiiiii	just-a-wrap, without a drink 3.23 each
Chicken bites 33 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips 63 459 kcal. Five chicken breast  Chicken wings 64 813 kcal. Ten spicy chicken wings  Quorn™ nuggets 63 331 kcal. Eight coated pieces  Deli Deals INCLUDES A DRINK 44 All wraps and paninis are freshly made to order.  LEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap 9 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken 67 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets 6 30 310 kcal  Salad leaves, tomato, cucumber, salsa	just-a-wrap. without a drink 3.23 each
Chicken bites 33 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips  \$\int(\) 459 kcal. Five chicken breast  Chicken wings  \$\int(\) 813 kcal. Ten spicy chicken wings  Quorn  nuggets  \$\int(\) 331 kcal. Eight coated pieces  Deli Deals  INCLUDES A DRINK  All wraps and paninis are freshly made to order.  INCLUDES A DRINK  All wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap  545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken	just-a-wrap. without a drink 3.23 each soft drink* 4.41 each
Chicken bites 33 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips / 33 459 kcal. Five chicken breast  Chicken wings / 813 kcal. Ten spicy chicken wings  Quorn™ nuggets 3 331 kcal. Eight coated pieces  Deli Deals INCLUDES A DRINK All wraps and paninis are freshly made to order.  IEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken / 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets 3 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken / 83 399 kcal  Salad leaves, smoky chipotle mayo	just-a-wrap. without a drink 3.23 each
Chicken bites 33 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips 459 kcal. Five chicken breast  Chicken wings 47 813 kcal. Ten spicy chicken wings  Quorn nuggets 331 kcal. Eight coated pieces  Deli Deals INCLUDES A DRINK All wraps and paninis are freshly made to order.  IEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap 554 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken 47 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn nuggets 350 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken 47 550 399 kcal  Salad leaves, smoky chipotle mayo  Small cold chicken breast 550 277 kcal	just-a-wrap, without a drink* 3.23 each soft drink* 4.41 each alcoholic drink* 5.94
Chicken bites 33 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips 459 kcal. Five chicken breast  Chicken wings 47 813 kcal. Ten spicy chicken wings  Quorn nuggets 331 kcal. Eight coated pieces  Deli Deals INCLUDES A DRINK All wraps and paninis are freshly made to order.  IEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken 47 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, all shawarma chicken 77 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, all and garlic & herb sauces, all and garlic & herb sauces, all garlic & herb sauces, small couthern-fried chicken 77 502 kcal  Small southern-fried chicken 77 503 399 kcal  Small cold chicken breast 77 503 277 kcal  Salad leaves, sweet chilli sauce	just-a-wrap, without a drink* 3.23 each soft drink* 4.41 each alcoholic drink* 5.94
Chicken bites 33 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips 459 kcal. Five chicken breast  Chicken wings 4813 kcal. Ten spicy chicken wings  Quorn nuggets 3331 kcal. Eight coated pieces  Deli Deals Includes Adrink 1418  All wraps and paninis are freshly made to order.  Lew 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken 46502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn nuggets 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken 16502 277 kcal  Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese 16502 277 kcal	just-a-wrap, without a drink* 3.23 each soft drink* 4.41 each alcoholic drink* 5.94
Chicken bites 33 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips / 35 459 kcal. Five chicken breast  Chicken wings / 813 kcal. Ten spicy chicken wings  Quorn™ nuggets 3 331 kcal. Eight coated pieces  Deli Deals Includes Adrink    All wraps and paninis are freshly made to order.  Lew 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap  545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken / 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets 3 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken / 7 3399 kcal  Salad leaves, smoky chipotle mayo  Small cold chicken breast / 50 277 kcal  Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese / 7 50 391 kcal  Salad leaves, sweet chilli sauce	just-a-wrap, without a drink 3.23 each soft drink* 4.41 each alcoholic drink* 5.94 each
Chicken bites 33 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips / 35 459 kcal. Five chicken breast  Chicken wings / 813 kcal. Ten spicy chicken wings  Quorn™ nuggets  3331 kcal. Eight coated pieces  Deli Deals  Includes A DRINK  All wraps and paninis are freshly made to order.  Includes A DRINK  All wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap  545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken / 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, somato, onion, rocket, fresh mint  Small Quorn™ nuggets  35 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken / 50 30 399 kcal  Salad leaves, smoky chipotle mayo  Small cold chicken breast / 50 30 277 kcal  Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese / 50 30 391 kcal  Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese / 50 30 391 kcal  Salad leaves, sweet chilli sauce, tomato, cucumber  Add: Small side salad (3 (46 kcal); Small portion of chips (329 kcal) 1	just-a-wrap, without a drink 3.23 each soft drink* 4.41 each alcoholic drink* 5.94 each
Chicken bites 33 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips / 35 459 kcal. Five chicken breast  Chicken wings / 813 kcal. Ten spicy chicken wings  Quorn™ nuggets  35 331 kcal. Eight coated pieces  Deli Deals  Includes A DRINK  All wraps and paninis are freshly made to order.  Includes A DRINK  All wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap  545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken / 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, somato, onion, rocket, fresh mint  Small Quorn™ nuggets  55 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken / 55 339 kcal  Salad leaves, smoky chipotle mayo  Small cold chicken breast / 55 330 277 kcal  Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese / 55 391 kcal  Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese / 56 3391 kcal  Salad leaves, sweet chilli sauce, tomato, cucumber  Add: Small side salad (3 (46 kcal); Small portion of chips (329 kcal) 1  12" wraps	just-a-wrap, without a drink 3.23 each soft drink* 4.41 each alcoholic drink* 5.94 each
Chicken bites 33 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips / 35 459 kcal. Five chicken breast  Chicken wings / 813 kcal. Ten spicy chicken wings  Quorn™ nuggets  331 kcal. Eight coated pieces  Deli Deals  INCLUDES A DRINK  All wraps and paninis are freshly made to order.  INCLUDES A DRINK  All wraps and paninis are freshly made to order.  INCLUDES A DRINK  All wraps and paninis are freshly made to order.  INCLUDES A DRINK  All wraps and paninis are freshly made to order.  INCLUDES A DRINK  All wraps and paninis are freshly made to order.  INCLUDES A DRINK  All wraps and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap  545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken	just-a-wrap, without a drink 3.23 each soft drink* 4.41 each alcoholic drink* 5.94 each
Chicken bites 33 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips / 35 459 kcal. Five chicken breast  Chicken wings / 813 kcal. Ten spicy chicken wings  Quorn™ nuggets  331 kcal. Eight coated pieces  Deli Deals  Includes A DRINK  All wraps and paninis are freshly made to order.  Includes A DRINK  All wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap  545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken / 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, somato, onion, rocket, fresh mint  Small Quorn™ nuggets  55 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken / 7 505 379 kcal  Salad leaves, smoky chipotle mayo  Small cold chicken breast / 55 35 277 kcal  Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese / 7 505 391 kcal  Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese / 7 505 391 kcal  Salad leaves, sweet chilli sauce, tomato, cucumber  Add: Small side salad  (46 kcal); Small portion of chips (329 kcal) 1  12" wraps  EVY Shawarma chicken / 719 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,	just-a-wrap, without a drink 3.23 each soft drink* 4.41 each alcoholic drink* 5.94 each
Chicken bites 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips 534 459 kcal. Five chicken breast  Chicken wings 778 813 kcal. Ten spicy chicken wings  Quorn nuggets 3331 kcal. Eight coated pieces  Deli Deals Includes A DRINK All wraps and paninis are freshly made to order.  It was and paninis are freshly made to order.  It was A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken 775 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, omato, onion, rocket, fresh mint  Small Quorn nuggets 355 310 kcal  Salad leaves, tomato, cucumber, salsa  Small southern-fried chicken 775 kcal  Salad leaves, smoky chipotle mayo  Small cold chicken breast 755 399 kcal  Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese 757 kcal  Salad leaves, sweet chilli sauce, tomato, cucumber  Add: Small side salad 366 (46 kcal); Small portion of chips 367 (329 kcal) 1  12" wraps  LWY Shawarma chicken 779 kcal	just-a-wrap, without a drink 3.23 each soft drink* 4.41 each alcoholic drink* 5.94 each

Southern-fried chicken **FFF** 609 kcal Salad leaves, smoky chipotle mayo

soft drink\* Cold chicken breast FF 3 479 kcal Salad leaves, sweet chilli sauce Fried halloumi-style cheese // V 707 kcal Salad leaves, sweet chilli sauce, tomato, cucumber alcoholic drink\*

6.00

each

7.53

Tuna mayo and Cheddar cheese 590 kcal Cheddar cheese and tomato V 527 kcal

Wiltshire cured ham and Cheddar cheese 508 kcal BBQ chicken, bacon and Cheddar cheese 586 kcal

#### 8" pizzas on a freshly baked sourdough base

Choose any 8" pizza from the small plates section.

Add: Side salad @ (91 kcal); Tomato & basil soup @ (150 kcal) Spicy rice (208 kcal); Chips (602 kcal) 1.54 each

Adults need around 2000 kcal a day.§

#### Burgers includes a drink ...

order. Traceable from farm to fork.

Beef burgers made with 100% British b	eef, freshl	y cooked to
Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, inc	cluded in Cal	ories below).
American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion	soft drink* <b>5.74</b> each	alcoholic drink* <b>7.27</b> each
Skinny beef burger 375 kcal lceberg lettuce, tomato, red onion, with a side salad, inste	ad of chips	
American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	_	oft drink* 6.34 lic drink* 7.87
Double beef burgers Two 3ozbeef patties. Served with chips (602 kcal, included in Calories	below).	
Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion	soft drink* <b>8.03</b> each	alcoholic drink* 9.56 each
<b>Double American cheese burger</b> 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	_	oft drink* 8.60 lic drink* 10.13

#### Chicken burgers Served with a small portion of chips (329 kcal, included in the Calories below).

Crunchy chicken strip burger 776 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise alcoholic drink\* 7.27

Served with chips (602 kcal, included in Calories below).		
Fried buttermilk chicken burger 1255 kcal		
Breaded whole chicken breast fillet	soft drink*	alcoholic drink*
Char-grilled chicken breast burger 970 kcal	8.03	9.56
Skinny chicken burger 53 594 kcal	each	each
Char-grilled chicken breast, with a side salad, instead of chin	S	

#### **Meat-free burgers**

Served with chips (602 kcal, included in Calories below).

Beyond Burger™ @ 1043 kcal  BEYOND MEAT plant-based patty,	soft drink*	alcoholic drink*
iceberg lettuce, garlic & herb sauce	each	9.56 each

Breaded vegetable burger V 1039 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese Fried halloumi-style cheese burger // W 1118 kcal. Sweet chilli sauce

#### Just-a-burger

each 3.51 Served on its own, without chips or a drink.

American burger 367 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger # 447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise

### CUITTIES INCLUDES A DRINK .

#### Classic curries With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry **FF** @ 529 927 kcal

soft drink\* alcoholic drink\* Chicken tikka masala 1190 kcal 10.14 11.67 Chicken jalfrezi FF 523 935 kcal each each Beef Madras / 1043 kcal

Change your plain naan to a garlic naan (V) (add 92 kcal) 52p

#### Simple curries With basmati pilau rice or chips.

Simple Mangalorean roasted cauliflower & spinach curry 🔰 🧿 Choose: Basmati pilau rice 🚳 568 kcal; Chips 970 kcal

Simple chicken tikka masala Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal

Simple chicken jalfrezi Choose: Basmati pilau rice 52 575 kcal; Chips 977 kcal

Simple beef Madras Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal

Add: One vegetable samosa and two onion bhajis 🆊 🚳 (293 kcal) 1.86 Two plain poppadums @ (86 kcal) 52p

#### Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander Katsu grilled chicken curry 58 542 kcal

Sliced char-grilled chicken breast Katsu Quorn™ nugget curry @ 686 kcal Eight coated pieces

Katsu chicken curry 828 kcal

9.03 each Sliced whole breaded chicken breast fillet

soft drink\* alcoholic drink\* 10.56 each

soft drink\* alcoholic drink\*

9.45

7.92

**Gourmet burgers** 

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1656 kcal

Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze

Choose: Beef (two 3oz beef patties) 1567 kcal Char-grilled chicken breast 1417 kcal Fried buttermilk chicken 1703 kcal

soft drink\*

10.23

soft drink\*

11.13

each

alcoholic drink\*

12.66

each

soft drink\*

8.98

each

alcoholic drink\*

10.51

each alcoholic drink\* Maple-cured bacon, Cheddar cheese, BBQ sauce 11.76 Choose: Beef (two 3oz beef patties) 1644 kcal each Char-grilled chicken breast 1494 kcal

#### Fried buttermilk chicken 1780 kcal Heatwave burger

Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing Choose: Char-grilled chicken breast 1722 kcal

### Fried huttermilk chicken 2007 kcal Fiesta burger @ 1380 kcal

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper,

Triple American cheese & bacon burger 1770 kcal soft drink\* 11.68 Three 3oz beef patties, American-style cheese, alcoholic drink\* 13.21 maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

#### Additional toppings and burger patties

Maple-cured bacon with Cheddar cheese 173 kcal	2.24
Maple-cured bacon with American-style cheese 160 kcal	2.24
Cheddar cheese V 82 kcal	1.62
American-style cheese ♥ 69 kcal	1.62
Maple-cured bacon 91 kcal	1.62
Crunchy chicken strip <b>/</b> 92 kcal	1.60

### 3oz beef patty 168 kcal

Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal each **2.07** Breaded vegetable patty V 257 kcal

Fried halloumi-style cheese V 298 kcal BEYOND MEAT patty @ 184 kcal

### Chicken includes a drink

Chicken on the bone is marinated, slow cooked and finished on the char-grill.

Peri-peri char-grilled half chicken Lemon and herb / Char-grilled in a lemon & herb glaze

Coleslaw, garlic & herb dip Choose: Side salad 918 kcal: Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dir Choose: Side salad 888 kcal: Mediterranean salad 1018 kcal

Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy

#### Chicken wing basket FFF Eight wings, coleslaw, Naga chilli dip Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal

Boneless basket # Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce

Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal Chicken bites basket

Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice 58 763 kcal; Chips 1157 kcal Southern-fried chicken strips basket / Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze

Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal Quorn™ 'no chicken' nuggets basket // V Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

Add: Chicken gravy (50 kcal) 99p

11"DIZZAS INCLUDES A DRINK •

Sourdough base - proved, stretched,		
topped and freshly baked to order.	soft drink*	* alcoholic drink*
Margherita 🛡 934 kcal. Mozzarella, basil	8.98	10.51
Pepperoni 🌈 1151 kcal. Mozzarella, pepperoni		
Ham and mushroom 1011 kcal Mozzarella, ham, mushroom, rocket BBQ chicken 1097 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket Roasted vegetable ♥ 1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil Vegan roasted vegetable ● № 709 kcal Mushroom, roasted pepper, courgette, onion, basil		soft drink* 10.14 each alcoholic drink* 11.67 each
Spicy meat feast /// 1214 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocke	<b>11.32</b> et	12.85
Additional toppings Red onion @ 10 kcal; Sliced chillies FFFF @ 3 kcal; Mushro	<b>om </b>	cal each <b>93p</b>

### Small pub classics includes a DRINK A

Garlic & herb dip @ 180 kcal; Mozzarella V 150 kcal; Ham 71 kcal

Chicken breast 94 kcal: Maple-cured bacon 91 kcal

Pepperoni / 109 kcal; Roasted vegetables @ 90 kcal

Silian han crassics in	CLUDES A DR	TMK OF
Fish and chips	soft drink*	alcoholic drink*
Small freshly battered cod and chips Peas 681 kcal or mushy peas 739 kcal	8.14	9.67
Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi	8.14	9.67
Add: Two slices of bread ♥ (404 kcal) 1.44 Chip shop-style curry sauce ② (118 kcal) 1.56		•••••••
Small Wiltshire cured ham, egg and chips 675 455 kcal One slice of Wiltshire cured ham, fried egg	6.91	8.44
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chip Add: Black pudding (178 kcal) <b>80p</b>	<b>6.91</b>	8.44

## Afternoon deal

Small vegetarian all-day brunch © 611 kcal

Two vegan sausages, fried egg, baked beans, chips

Fish and chips

Three vegan sausages

Mon - Fri, 2pm - 5pm

Mon - Fri, 2pm - 5pm	6.39	7.92
Choose from the above small pub classic meals.		7.72

### Pub classics includes a drink of

11.91
11.91
11.25
11.25
10.15
10.15
10.15
9.56
9.26

#### NEW Chilli bean non-carne / @ 635 kcal Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips Afternoon deal

Vegan sausages, chips and beans @ 910 kcal

alcoholic drink soft drink\* 7.57 9.10

7.73

8.62

9.26

10.15

### Steaks and grills INCLUDES A DRINK ...

From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking. Classic 8oz sirloin steak

soft drink\* alcoholic drink Choose: Side salad 526 kcal 11.55 13.08 Mediterranean salad 657 kcal: Jacket potato 774 kcal each each Mashed potato 745 kcal: Chips 1061 kcal

alcoholic drink

Peas, tomato, mushroom, three onion rings, steak sauce soft drink\* alcoholic drink\* Choose: Side salad 785 kcal 13.89 15.42 Mediterranean salad 915 kcal; Jacket potato 1032 kcal each Mashed potato 1003 kcal: Chips 1320 kcal

Add your choice of steak sauce: **Creamy peppercorn sauce** (74 kcal) Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.92 each

Gourmet 8oz sirloin steak

fried egg, six onion rings

each **1.25** 

each 1.63

6.91

soft drink\* alcoholic drink\*

8.44

Below meals are served with peas, tomato and mu soft drink\*

**BBQ** chicken melt 10.38 11.91 Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad 539 609 kcal; Mediterranean salad 739 kcal Jacket potato 38 856 kcal; Mashed potato 827 kcal; Chips 1143 kcal 5oz gammon and egg 9.03 10.56 Choose: Side salad 🚳 ; 402 kcal; Mediterranean salad 532 kcal Jacket potato 🚳 649 kcal; Mashed potato 620 kcal; Chips 936 kcal 10oz gammon and eggs 13.72 Choose: Side salad 611 kcal; Mediterranean salad 741 kcal Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 1146 kcal Mixed arill 12.19 13.72 Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips 1519 kcal Large mixed grill 13.95 15.48 Gammon, pork loin, rump, lamb, two Lincolnshire sausages

### Noodles, salads and pastas INCLUDES A DRINK'

Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal

Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips 2012 kcal

soft drink\* alcoholic drink\* NEW Ramen noodle bowl // @ 53 555 466 kcal 7.29 8.82 Noodles, bean sprouts, shiitake mushroom, spring onio carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, Add: Char-grilled chicken breast (93 kcal) 1.25; Poached egg (63 kcal) 98p

Chicken & maple-cured bacon salad 8.99 10.52 Choose: Char-grilled chicken breast (505) 283 kcal Southern-fried chicken breast strips 6500 465 kcal Mediterranean salad @ 334 kcal 7.99 Pearl barley, quinoa, butternut squash, wheat berries, red pepper

cherry tomatoes, pumpkin seeds, basil, dressing Add: Grilled halloumi-style cheese V (447 kcal) 2.07 Tuna mayo (298 kcal) 1.16; Roasted vegetables (90 kcal) 1.63 Char-grilled chicken breast (187 kcal) 2.07 Grilled halloumi-style cheese 7.99 & roasted vegetable salad (V) 600 494 kcal

9.52 Roasted pepper, courgette, onion, pico de gallo, dressing Burrito salad bowl W 668 kcal 7.99 9.52 Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips guacamole, sliced chillies Add: Char-grilled chicken breast (187 kcal) 2.07

Pasta alfredo V 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach sun-dried tomato, basil, rocket

Chilli bean non-carne / (a) (149 kcal) 2.07

Add: Char-grilled chicken breast (187 kcal) 2.07; Maple-cured bacon (91 kcal) 1.62

British beef & pancetta lasagne 9.77 11.30 Choose: Side salad 761 kcal; Chips 1295 kcal

### Jacket potatoes includes a drink

With side salad and one filling. Extra fillings 1.32 each. Tuna mayo 592 kcal; Coleslaw V 559 kcal

Cheese V 512 kcal Baked beans @ 5% 555 482 kcal Chilli bean non-carne / @ 58 588 442 kcal

Roasted vegetables @ 59 (500) 383 kcal

alcoholic drink\* soft drink\* 7.15 8.68 each

9.20

9.52

10.73