



















Desserts		
<b>NEW</b> Giant profiterole  433 kcal	5.48	
Choux pastry filled with vanilla cream, Belgian chocolate sauce, strawberry		
<b>NEW</b> Salted caramel sticky toffee pudding  877 kcal	5.72	
Vanilla ice cream		
<b>NEW</b> Millionaire's shortbread  409 kcal	2.32	
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce		
Vanilla ice cream  334 kcal	1.97	
Two scoops, toffee sauce, Belgian chocolate sauce		
Cookie crunch  364 kcal	1.97	
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce		
Mini warm chocolate brownie  435 kcal	3.13	
Belgian chocolate sauce, vanilla ice cream		
Mini warm cookie dough sandwich  431 kcal	3.13	
Salted caramel filling, toffee sauce, vanilla ice cream		
Fresh fruit  470 kcal	4.71	
Apple, banana, blueberries, strawberries, vanilla ice cream		
Warm chocolate fudge cake  909 kcal	5.48	
Vanilla ice cream		
Warm chocolate brownie  736 kcal	5.48	
Belgian chocolate sauce, vanilla ice cream		
Warm cookie dough sandwich  727 kcal	5.48	
Salted caramel filling, toffee sauce, vanilla ice cream		
British Bramley apple crumble  673 kcal	5.77	
Vanilla ice cream		
Add: Vanilla ice cream scoop  (135 kcal) <b>99p</b> ; Toffee sauce  (66 kcal) <b>47p</b>		
Belgian chocolate sauce  (61 kcal) <b>47p</b> ; Banana  (110 kcal) <b>60p</b>		
Strawberries  (27 kcal) <b>60p</b> ; Blueberries  (17 kcal) <b>60p</b>		

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:





- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.


While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

#### DIETARY SYMBOLS

 = Very mild  = Mild  = Medium hot  = Very hot












 = Extremely hot

 Vegetarian  Vegan  5% fat or less  Dish under 500 Calories

 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.<sup>§</sup>

# BREAKFAST




Large breakfast 1343 kcal	7.43
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	
Traditional breakfast 807 kcal	5.75
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
Small breakfast  435 kcal	3.99
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	
Add: Black pudding (178 kcal) <b>80p</b>	
Freedom breakfast 586 kcal	3.99
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
Large vegetarian breakfast  1129 kcal	7.43
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
Vegetarian breakfast  786 kcal	5.75
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
Small vegetarian breakfast  291 kcal	3.99
Fried egg, vegan sausage, baked beans, hash brown, tomato	
Vegan breakfast  642 kcal	3.99
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	
Porridge  252 kcal (plain)	1.99
Add: Banana  (110 kcal) <b>60p</b> ; Strawberries  (27 kcal) <b>60p</b>	
Blueberries  (17 kcal) <b>60p</b> ; Honey  (91 kcal) <b>30p</b>	
Sliced apple  (46 kcal) <b>60p</b>	

## Tea and toast

Includes tea, coffee or hot chocolate. Free refills\*

	with drink	without drink
Two slices of toast with jam or marmalade  524 kcal. White bloomer bread	2.49	1.99









## Breakfast butties and wraps

Bacon butty 574 kcal	3.69
Three rashers of bacon, buttered white bloomer bread	
Sausage butty 714 kcal	3.69
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty  541 kcal	3.69
Two vegan sausages, buttered white bloomer bread	
<b>NEW</b> Vegan option available with vegan spread  435 kcal	
Breakfast wrap 724 kcal	5.08
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap  735 kcal	5.08
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	










## Breakfast muffin deal

Includes tea, coffee, hot chocolate (free refills*) or ANY soft drink*.	
Egg & cheese muffin  249 kcal	3.31
Fried egg, American-style cheese, in an English muffin	
Egg & bacon muffin  314 kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin	
Egg & sausage muffin  417 kcal	3.77
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
Egg & vegetarian sausage muffin  330 kcal	3.77
Fried egg, vegan sausage, American-style cheese, in an English muffin	
Breakfast muffin  482 kcal	3.99
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	
Add: Hash brown  (82 kcal) <b>51p</b>	

Served  
8am – 12 noon

Eggs Benedict 725 kcal	6.07
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	
Mushroom Benedict  638 kcal	6.07
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	
Miner's Benedict 939 kcal	6.07
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	
Scrambled egg on toast  570 kcal	3.99
Three eggs, buttered white bloomer toast	
Beans on toast  566 kcal	3.92
Buttered white bloomer toast	
<b>NEW</b> Vegan option available with vegan spread  460 kcal	
Small beans on toast  252 kcal	2.77
Buttered white bloomer toast	
Two slices of toast with jam or marmalade  524 kcal	1.99
White bloomer bread	
Fresh fruit  200 kcal	2.99
Apple, banana, blueberries, strawberries	
<b>NEW</b> Fresh fruit and yoghurt  334 kcal	3.49
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	

## Breakfast extras

Add any of the following:			
Black pudding 178 kcal	80p	Hash brown  82 kcal	51p
Lincolnshire sausage 168 kcal	1.15	Vegan sausage  82 kcal	1.15
Slice of toast  225 kcal	1.23	Baked beans  126 kcal	98p
Fried egg  56 kcal	98p	Poached egg  63 kcal	98p
Two mushrooms  100 kcal			98p
Two scrambled eggs  136 kcal			1.73
Two rashers of back bacon 131 kcal			1.67
Two grilled tomato halves  16 kcal			57p
Four rashers of maple-cured bacon 91 kcal			1.62

## Tea, coffee and hot chocolate

FREE

REFILLS

TEA, COFFEE AND  
HOT CHOCOLATE

— ALL DAY EVERY DAY —

LAVAZZA

TORINO, ITALY, 1895



£1.71 each

Biscuits

Walkers shortbread  151 kcal **71p**

Stem ginger biscuit  123 kcal **71p**

Belgian chocolate biscuit  129 kcal **71p**

Salted caramel brownie bar  316 kcal **1.64**

Flat white  92 kcal  
Cappuccino  102 kcal  
Latte  113 kcal  
Mocha  147 kcal  
Espresso  6 kcal  
Black coffee  6 kcal  
White coffee  24 kcal  
Hot chocolate  169 kcal  
Tea with semi-skimmed milk  14 kcal  
Dairy alternative: oat sachet  4 kcal  
Decaffeinated tea and coffee available.

for the facts  
drinkaware.co.uk

jdwetherspoon.com

# FOOD

Main menu 11.30am – 11pm. Children's menu available.

This pub is near the site of one of the five gateways through the medieval city walls. Originally called Wales Gate, it became known as Blounts Gate after a former gatekeeper. A blue plaque nearby indicates the location of the gateway to the Town Quay. Although the nearest water is now more than 200m away, until 150 years ago, the Taff flowed along what is now Westgate Street and, until the end of the 18th century, the quay was Cardiff's main outlet to the sea.

## Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale

#### Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.

#### Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.

#### Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Allergen and nutritional information can be found on the customer information screen, website and Wetherspoon app.

Adults need around 2000 kcal a day.<sup>§</sup>

## goodfoodtalks

opening menus for everybody

The spoken menu app for the visually impaired

Breakfast  
8am – 12 noon

Traditional  
breakfast  
£5.75

Tea, coffee and  
hot chocolate  
Free refills 

£1.71  
each

## Deli Deals®

INCLUDES A DRINK\* 

Featuring **NEW** small southern-fried chicken wrap just-a-wrap, without a drink

£4.37

soft drink\*

£5.55

alcoholic drink\*

£7.08

## Burger meals

INCLUDES A DRINK\* 

Featuring 3oz American burger

soft drink\*

£6.91

alcoholic drink\*

£8.44

## Afternoon deals

INCLUDES A DRINK\* 

Mon – Fri, 2pm – 5pm

Featuring small freshly battered fish and chips

soft drink\*

£7.57

alcoholic drink\*

£9.10

## Steak Club®

INCLUDES A DRINK\* 

Tuesday 11.30am – 11pm

Featuring classic 8oz sirloin

soft drink\*

£11.13

alcoholic drink\*

£12.66

## Curry Club®

INCLUDES A DRINK\* 

Thursday 11.30am – 11pm

Featuring the katsu curry range

soft drink\*

£9.37

alcoholic drink\*

£10.90

INCLUDES A DRINK\* 

Choose from over 150 drinks

#### Coffee

The freshly ground 100% Arabica Lavazza coffee\* we serve is from Rainforest Alliance-certified farms.

#### Award-winning children's menu

Independently run 'secret diner' survey.

#### Sustainable Restaurant Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

wetherspoon hotels

Over 50 hotels and 1,329 rooms across England, Ireland, Scotland and Wales.

Book direct.

Available only at jdetherspoon.com, on the app or by phone.

UNLIMITED  
FREE  
Wi-Fi

## wetherspoon hotels

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
























Available only at jdetherspoon.com, on the app or by phone.

Scan to find  
out more.

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: [jdetherspoon.com](http://jdetherspoon.com) \*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. †Statement of daily calorie needs from the Department of Health & Social Care. ††Excluding decaffeinated. \*Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml). \*Choose from: Diet Pepsi, Pepsi, Pepsi Max or Pepsi Max cherry (398ml glass); apple, cranberry or orange juice (398ml glass); apple & mango, apple & raspberry or orange & passion fruit J20; Brecon Carreg natural mineral water (still/sparkling 500ml bottle), blackcurrant, lime or orange standard cordial (398ml glass); blood orange or lemon Sanpellegrino (330ml can); Passion Fruit Cooler or Raspberry Refresher 0% cocktail (215ml glass); Monster Energy, Energy Ultra, Energy Ultra Peachy Keen, Energy Ultra Rosé, Mango Loco or Pipeline Punch (500ml can); Old Jamaica ginger beer (330ml can); R White's raspberry lemonade (330ml can); Remedy kombucha raspberry lemonade (250ml can)



Small plates | Any 3 for £14.99
















8" pizzas. Sourdough base - proved, stretched, topped and freshly baked to order.		
Margherita  <small>UNDER 500</small>	467 kcal. Mozzarella, basil	6.76
Pepperoni  	575 kcal. Mozzarella, pepperoni	7.35
Ham and mushroom	505 kcal. Mozzarella, ham, mushroom, rocket	7.35
BBQ chicken	555 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	7.35
Roasted vegetable 	514 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	7.35
Vegan roasted vegetable   <small>UNDER 500</small>	355 kcal Mushroom, roasted pepper, courgette, onion, basil	7.35
Spicy meat feast   	615 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.95
11" garlic pizza bread 	772 kcal	5.72
Nachos    	695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	6.24
Bowl of chips 	964 kcal	3.99
Bowl of chips with curry sauce 	1082 kcal	5.29
Cheesy chips 	1256 kcal	5.49
Loaded chips	1303 kcal. Cheese, maple-cured bacon, sour cream	5.79
With any of the small plates below, choose one dip: Sweet chilli    37 kcal; Sticky soy  100 kcal; Naga chilli    136 kcal Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo    150 kcal Blue cheese  270 kcal; BBQ sauce  83 kcal		
Halloumi-style fries  <small>UNDER 500</small>	396 kcal	5.34
Chicken bites  <small>UNDER 500</small>	322 kcal. Ten battered chicken breast pieces	6.46
Southern-fried chicken strips  <small>UNDER 500</small>	459 kcal Five chicken breast strips	6.46
Chicken wings   	813 kcal Ten spicy chicken wings	7.14
Quorn™ nuggets  <small>UNDER 500</small>	331 kcal Eight coated pieces	6.18

Deli Deals 

All wraps and paninis are freshly made to order.


<b>NEW 10" wraps</b> A smaller wrap and filling.		
Small brunch wrap	559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-wrap, without a drink 4.37 each
Small vegetarian brunch wrap 	545 kcal Fried egg, two vegan sausages, Cheddar cheese	
Small shawarma chicken    <small>UNDER 500</small>	502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	soft drink* 5.55 each
Small Quorn™ nuggets  <small>UNDER 500</small>	310 kcal Salad leaves, tomato, cucumber, salsa	alcoholic drink* 7.08 each
Small southern-fried chicken    <small>UNDER 500</small>	399 kcal Salad leaves, smoky chipotle mayo	
Small fried halloumi-style cheese    <small>UNDER 500</small>	391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber Add: Small side salad  (46 kcal); Small portion of chips  (329 kcal)	1.13 each










12" wraps

<b>NEW Shawarma chicken</b>    719 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint		
Quorn™ nuggets   508 kcal	Tomato, cucumber, salsa	
Southern-fried chicken    609 kcal	Salad leaves, smoky chipotle mayo	soft drink* 7.15 each
Fried halloumi-style cheese    707 kcal	Salad leaves, sweet chilli sauce, tomato, cucumber	alcoholic drink* 8.68 each
<b>Paninis</b>		
Cheddar cheese and tomato 	527 kcal	
Wiltshire cured ham and Cheddar cheese	508 kcal	
BBQ chicken, bacon and Cheddar cheese	586 kcal	
<b>8" pizzas on a freshly baked sourdough base</b> Choose any 8" pizza from the small plates section.		
Add: Side salad  (91 kcal); Spicy rice  (208 kcal) Chips  (602 kcal) 1.54 each		
Adults need around 2000 kcal a day. <sup>s</sup>		


















Burgers 



Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

<b>Beef burgers</b> One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).		
American burger	696 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* 6.91 each
Classic beef burger	677 kcal Iceberg lettuce, tomato, red onion	alcoholic drink* 8.44 each
Skinny beef burger  <small>UNDER 500</small>	375 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips	
American cheese burger	730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 7.50 each
		alcoholic drink* 9.03 each
<b>Double beef burgers</b> Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).		
Double American burger	1138 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* 9.18 each
Double classic beef burger	1119 kcal Iceberg lettuce, tomato, red onion	alcoholic drink* 10.71 each
Double American cheese burger	1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 9.76 each
		alcoholic drink* 11.29 each











<b>Chicken burgers</b> Served with a small portion of chips (329 kcal, included in the Calories below).		
Crunchy chicken strip burger 	776 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	soft drink* 6.91 each
		alcoholic drink* 8.44 each
Served with chips (602 kcal, included in Calories below).		
Fried buttermilk chicken burger	1255 kcal Breaded whole chicken breast fillet	soft drink* 9.18 each
		alcoholic drink* 10.71 each
Char-grilled chicken breast burger	970 kcal	
Skinny chicken burger   <small>UNDER 500</small>	394 kcal Char-grilled chicken breast, with a side salad, instead of chips	
<b>Meat-free burgers</b> Served with chips (602 kcal, included in Calories below).		
Beyond Burger™ 	1043 kcal  BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce	soft drink* 9.18 each
		alcoholic drink* 10.71 each
Fried halloumi-style cheese burger  	1118 kcal. Sweet chilli sauce	
<b>Just-a-burger</b> Served on its own, without chips or a drink.		
American burger  <small>UNDER 500</small>	367 kcal Red onion, gherkin, ketchup, American-style mustard	each 4.66
Crunchy chicken strip burger  <small>UNDER 500</small>	447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	

Curries 

<b>Classic curries</b> With basmati pilau rice, plain naan and poppadums.		
Mangalorean roasted cauliflower & spinach curry     <small>UNDER 500</small>	927 kcal	
Chicken tikka masala 	1190 kcal	soft drink* 11.32 each
Chicken jalfrezi    <small>UNDER 500</small>	935 kcal	alcoholic drink* 12.85 each
Beef Madras    	1043 kcal	
Change your plain naan to a garlic naan  (add 92 kcal) 52p		
Add: One vegetable samosa and two onion bhajis    (293 kcal) 1.86		
Two plain poppadums  (86 kcal) 52p		



<b>Katsu curries</b> With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.		
Katsu grilled chicken curry  <small>UNDER 500</small>	542 kcal Sliced char-grilled chicken breast	soft drink* 10.20 each
Katsu Quorn™ nugget curry 	686 kcal Eight coated pieces	alcoholic drink* 11.73 each
Katsu chicken curry	828 kcal Sliced whole breaded chicken breast fillet	

Jacket potatoes 

With side salad and one filling. Extra fillings 1.32 each.		
Coleslaw 	559 kcal	
Cheese 	512 kcal	soft drink* 8.31 each
Baked beans   <small>UNDER 500</small>	482 kcal	alcoholic drink* 9.84 each
Chilli bean non-carne    <small>UNDER 500</small>	442 kcal	
Roasted vegetables    <small>UNDER 500</small>	383 kcal	




Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below).






Ultimate burger	1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	
Tennessee burger	Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze	
Choose:		soft drink* 11.39 each
Beef (two 3oz beef patties)	1567 kcal	
Char-grilled chicken breast	1417 kcal	
Fried buttermilk chicken	1703 kcal	
BBQ burger	Maple-cured bacon, Cheddar cheese, BBQ sauce	alcoholic drink* 12.92 each
Choose:		
Beef (two 3oz beef patties)	1644 kcal	
Char-grilled chicken breast	1494 kcal	
Fried buttermilk chicken	1780 kcal	
Fiesta burger 	1380 kcal	
 BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion		soft drink* 12.84 each
		alcoholic drink* 14.37 each
Triple American cheese & bacon burger	1770 kcal Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	soft drink* 12.84 each
		alcoholic drink* 14.37 each

Additional toppings and burger patties





















Maple-cured bacon with Cheddar cheese	173 kcal	2.24
Maple-cured bacon with American-style cheese	160 kcal	2.24
Cheddar cheese 	82 kcal	1.62
American-style cheese 	69 kcal	1.62
Maple-cured bacon	91 kcal	1.62
Crunchy chicken strip 	92 kcal	1.60

3oz beef patty	168 kcal	
Char-grilled chicken breast	187 kcal	
Fried buttermilk chicken	473 kcal	each 2.07
Fried halloumi-style cheese 	298 kcal	
 BEYOND MEAT patty 	184 kcal	






Chicken baskets 

Boneless basket 		
Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce		
Choose: Side salad	720 kcal	
Spicy rice	861 kcal	
Chips	1255 kcal	
Chicken bites basket		
Ten battered chicken breast pieces, coleslaw, sticky soy sauce		soft drink* 10.14 each
Choose: Side salad	623 kcal	
Spicy rice 	763 kcal	alcoholic drink* 11.67 each
Chips	1157 kcal	
Southern-fried chicken strips basket 		
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze		
Choose: Side salad	748 kcal	
Spicy rice	888 kcal	
Chips	1282 kcal	
Quorn™ ‘no chicken’ nuggets basket  		
Eight coated pieces, coleslaw, sweet chilli sauce		
Choose: Side salad	569 kcal	
Spicy rice	709 kcal	
Chips	1104 kcal	

11" pizzas 

Sourdough base - proved, stretched, topped and freshly baked to order.		
Margherita  934 kcal	Mozzarella, basil	soft drink* 10.14
Pepperoni  	1151 kcal. Mozzarella, pepperoni	alcoholic drink* 11.67 each
Ham and mushroom	1011 kcal Mozzarella, ham, mushroom, rocket	soft drink* 11.32 each
BBQ chicken	1097 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	alcoholic drink* 12.85 each
Roasted vegetable 	1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	
Vegan roasted vegetable   <small>UNDER 500</small>	709 kcal Mushroom, roasted pepper, courgette, onion, basil	
Spicy meat feast   	1214 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	12.48
		14.01
<b>Additional toppings</b>		
Red onion  10 kcal; Sliced chillies     3 kcal; Mushroom  4 kcal	each	93p
Garlic & herb dip  180 kcal; Mozzarella  150 kcal; Ham 71 kcal		
Chicken breast 94 kcal; Maple-cured bacon 91 kcal		each 1.25
Pepperoni  	109 kcal; Roasted vegetables  90 kcal	each 1.63









Small pub classics 

Fish and chips		soft drink* 9.31
Small freshly battered cod and chips 	Peas 681 kcal or mushy peas 739 kcal	10.84
Small Whitby breaded scampi	Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi	9.31
		10.84
Add: Two slices of bread  (404 kcal)	1.44	
Chip shop-style curry sauce  (118 kcal)	1.56	
Small Wiltshire cured ham, egg and chips  <small>UNDER 500</small>	455 kcal One slice of Wiltshire cured ham, fried egg	8.10
		9.63
Small all-day brunch	681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips	8.09
Add: Black pudding (178 kcal)	80p	9.62
Small vegetarian all-day brunch 	611 kcal Two vegan sausages, fried egg, baked beans, chips	8.09
		9.62

Afternoon deal  
Mon - Fri, 2pm - 5pm

Choose from the above small pub classic meals.	soft drink* 7.57	alcoholic drink* 9.10
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Pub classics 

Fish and chips		soft drink*	alcoholic drink*
Freshly battered cod and chips 	Peas 1240 kcal or mushy peas 1298 kcal	11.55	13.08
Whitby breaded scampi	Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	11.55	13.08
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Add: Two slices of bread  (404 kcal)	1.44		
Chip shop-style curry sauce  (118 kcal)	1.56		
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All-day brunch 1245 kcal		10.90	12.43
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips			
Add: Black pudding (178 kcal)	80p		
Vegetarian all-day brunch 	1023 kcal	10.90	12.43
Two fried eggs, three vegan sausages, baked beans, chips			
Wiltshire cured ham, eggs and chips 856 kcal		9.21	10.74
Two slices of Wiltshire cured ham, two fried eggs			
Sausages, chips and beans 1170 kcal		8.91	10.44
Three Lincolnshire sausages			
Vegan sausages, chips and beans  910 kcal		8.91	10.44
Three vegan sausages			
<b>NEW</b> Chilli bean non-carne    635 kcal		9.79	11.32
Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips			