

Desserts

Fresh fruit and ice cream ^{5%} 379 kcal	3.59
Apple, banana, blueberries, strawberries, vanilla ice cream	
Salted caramel sticky toffee pudding ^{5%} 799 kcal	5.34
Vanilla ice cream	
Warm chocolate fudge cake ^{5%} 832 kcal. Vanilla ice cream	5.68
Warm chocolate brownie ^{5%} 697 kcal	5.68
Belgian chocolate sauce, vanilla ice cream	
Warm cookie dough sandwich ^{5%} 601 kcal	5.68
Salted caramel filling, toffee sauce, vanilla ice cream	
British Bramley apple crumble ^{5%} 603 kcal. Vanilla ice cream	5.97
American-style pancakes ^{5%} 650 kcal	5.24
Four pancakes, maple-flavour syrup, vanilla ice cream	
.....	
Mini desserts	
Millionaire's shortbread ^{5%} 331 kcal	2.47
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
Vanilla ice cream and sauce ^{5%} 257 kcal	2.12
Two scoops, toffee sauce, Belgian chocolate sauce	
Cookie crunch ^{5%} 287 kcal	2.12
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
Mini warm chocolate brownie ^{5%} 397 kcal	3.28
Belgian chocolate sauce, vanilla ice cream	
Mini warm cookie dough sandwich ^{5%} 349 kcal	3.28
Salted caramel filling, toffee sauce, vanilla ice cream	
Mini American-style pancakes ^{5%} 373 kcal	3.79
Two pancakes, maple-flavour syrup, vanilla ice cream	

Add: Vanilla ice cream scoop ^{5%} (97 kcal) **1.04**; Toffee sauce ^{5%} (66 kcal) **52p**
Belgian chocolate sauce ^{5%} (61 kcal) **52p**; Banana ^{5%} (110 kcal) **65p**
Strawberries ^{5%} (14 kcal) **65p**; Blueberries ^{5%} (17 kcal) **65p**

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

^{5%} = Very mild ^{5%} = Mild ^{5%} = Medium hot ^{5%} = Very hot
^{5%} = Extremely hot

^{5%} Vegetarian ^{5%} Vegan ^{5%} 5% fat or less ^{5%} Dish under 500 Calories

Adults need around 2000 kcal a day.⁵

wetherspoon hotels

Over 50 hotels and 1,329 rooms across England, Ireland, Scotland and Wales.

Not available[†] on Booking.com or any website apart from our own.

Book direct.

Our rooms[†] are only available at jdwetherspoon.com, on the app or by phone. [†]UK hotels only.

Scan to find out more.



BREAKFAST 8am - 12 noon

Traditional

Large breakfast 1312 kcal	6.19
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	
Traditional breakfast 770 kcal	3.89
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
Small breakfast 435 kcal	2.99
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	
Add: NEW Black pudding (67 kcal) 85p	
.....	
Freedom breakfast 581 kcal	3.09
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
Large vegetarian breakfast ^{5%} 1067 kcal	6.19
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
Vegetarian breakfast ^{5%} 725 kcal	3.89
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
Small vegetarian breakfast ^{5%} 281 kcal	2.99
Fried egg, vegan sausage, baked beans, hash brown, tomato	
Vegan breakfast ^{5%} 612 kcal	2.99
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	

Benedicts

Eggs Benedict 774 kcal	5.39
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	
Mushroom Benedict ^{5%} 667 kcal	5.39
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	
Miner's Benedict 749 kcal	5.39
Two poached eggs, on an English muffin, with NEW black pudding, Hollandaise sauce, rocket	

Lite bite

Scrambled egg on toast ^{5%} 568 kcal	2.89
Three eggs, white bloomer toast	
Beans on toast ^{5%} 558 kcal. Buttered white bloomer toast	2.89
Vegan option available with vegan spread ^{5%} 452 kcal	
Fresh fruit ^{5%} 186 kcal. Apple, banana, blueberries, strawberries	2.99
Fresh fruit and yoghurt ^{5%} 320 kcal	3.49
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	
NEW Porridge, creamy jumbo oats ^{5%} 188 kcal (plain)	1.99
Add: Banana ^{5%} (110 kcal) 65p ; Strawberries ^{5%} (14 kcal) 65p	
Blueberries ^{5%} (17 kcal) 65p ; Honey ^{5%} (152 kcal) 35p	
Sliced apple ^{5%} (46 kcal) 65p ; Maple-flavour syrup ^{5%} (104 kcal) 35p	

Breakfast muffin deal

Includes tea, coffee (free refills), hot chocolate or a soft drink.

Egg & cheese muffin ^{5%} 286 kcal	2.59
Fried egg, American-style cheese, in an English muffin	
Egg & bacon muffin ^{5%} 351 kcal	2.79
Fried egg, bacon, American-style cheese, in an English muffin	
Egg & sausage muffin ^{5%} 454 kcal	2.79
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
Egg & vegetarian sausage muffin ^{5%} 357 kcal	2.79
Fried egg, vegan sausage, American-style cheese, in an English muffin	
Breakfast muffin 520 kcal	2.99
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	
NEW Smashed avocado muffin ^{5%} 302 kcal	2.99
Guacamole, pico de gallo, on an English muffin, rocket	
Add: Poached egg ^{5%} (63 kcal) 1.03 ; Maple-cured bacon (91 kcal) 1.67	
Add: Hash brown ^{5%} (82 kcal) 56p	

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See website for full details: jdwetherspoon.com [†]Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. ⁵Statement of daily Calorie needs from the Department of Health & Social Care. [†]Excluding decaffeinated tea and decaffeinated coffee. ^{*}Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

American

American breakfast 1258 kcal	7.10
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup	
Small American breakfast 629 kcal	5.24
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	
Pancakes, maple-flavour syrup ^{5%} 554 kcal	3.29
Four American-style pancakes, maple-flavour syrup	
Add: Maple-cured bacon (91 kcal) 1.67	
Banana, blueberries and strawberries (141 kcal) 1.95	
Small pancakes, maple-flavour syrup ^{5%} 277 kcal	2.10
Two American-style pancakes, maple-flavour syrup	
Add: Maple-cured bacon (91 kcal) 1.67	
.....	
Butties and wraps	
Bacon butty 565 kcal	2.79
Three back bacon rashers, buttered white bloomer bread	
Sausage butty 706 kcal	2.79
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty ^{5%} 512 kcal	2.79
Two vegan sausages, buttered white bloomer bread	
Vegan option available with vegan spread ^{5%} 406 kcal	
Breakfast wrap 750 kcal	4.61
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap ^{5%} 742 kcal	4.61
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

Breakfast extras

Add any of the following:		
NEW Black pudding 67 kcal	85p	Hash brown ^{5%} 82 kcal 56p
Two back bacon rashers 131 kcal	1.72	Two mushrooms ^{5%} 94 kcal 1.03
Lincolnshire sausage 168 kcal	1.20	Two tomato halves ^{5%} 16 kcal 62p
Vegan sausage ^{5%} 72 kcal	1.20	Hollandaise sauce ^{5%} 299 kcal 1.97
Fried egg ^{5%} 56 kcal	1.03	Slice of toast ^{5%} 188 kcal 1.28
Poached egg ^{5%} 63 kcal		Two scrambled eggs ^{5%} 136 kcal 1.03
Two scrambled eggs ^{5%} 136 kcal		Baked beans ^{5%} 126 kcal 1.03

Tea and toast

Includes tea, coffee (free refills) ⁵ or hot chocolate.	with drink 2.55	without drink 2.05
Two slices of toast with jam or marmalade ^{5%} 450 kcal		
White bloomer bread		

Tea and coffee

FREE REFILLS⁵	Flat white ^{5%} 92 kcal
TEA AND COFFEE	Cappuccino ^{5%} 102 kcal
— ALL DAY EVERY DAY —	Latte ^{5%} 113 kcal
LAVAZZA TORINO, ITALIA, 1895	Espresso ^{5%} 6 kcal
	Black coffee ^{5%} 6 kcal
£1.33 each	White coffee ^{5%} 24 kcal
.....	
Hot chocolate ^{5%} 169 kcal	1.33
.....	
Biscuits	Tea with semi-skimmed milk ^{5%} 14 kcal
Walker's shortbread ^{5%} 151 kcal	Dairy alternative: oat sachet ^{5%} 4 kcal
Stem ginger biscuit ^{5%} 123 kcal	Decaffeinated tea and coffee available.
Belgian chocolate biscuit ^{5%} 129 kcal	
	75p each

for the facts drinkaware.co.uk

jdwetherspoon.com

FOOD

Main menu 11.30am - 11pm. Children's menu available.



Yr Hen Dderwen

Carmarthen

Carmarthen's old oak (yr hen dderwen) stood at the junction of Priory Street and Old Oak Lane for over 300 years. This famous landmark is said to have sprung from an acorn planted in 1659 by a master at the grammar school. Fragments of the oak tree can be seen in St Peter's Civic Hall and the County Museum. Its name lives on in this public house which was purpose built in 1957 for Boots the Chemist.



TABLE SERVICE

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.



Use the app to: Order food and/or drinks • Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene rating
Maximum rating of 5 awarded here.



Sustainable fish
The cod and haddock we serve come from fisheries which have been certified as well-managed and sustainable fisheries.



Sustainable Restaurant Association
Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.



Free-range eggs
100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



100% UK and Irish beef
Traceable from farm to fork.



Coffee
The freshly ground 100% Arabica Lavazza coffee[®] we serve is from Rainforest Alliance-certified farms.



Award-winning children's menu
Independently run 'secret diner' survey.

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goodfoodtalks

opening menus for everybody
The spoken menu app for the visually impaired

Small plates | 3 for £14.99

8" pizzas. Sourdough base - proved, stretched, topped and freshly baked to order.

Margherita 🌱 🍗 🥑 475 kcal. Mozzarella, fresh basil	6.21
Spicy chicken 🌶️ 🍗 🥑 687 kcal Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket	6.81
Pepperoni 🌶️ 🍗 565 kcal. Mozzarella, pepperoni	6.81
Ham and mushroom 517 kcal. Mozzarella, ham, mushroom, rocket	6.81
BBQ chicken 562 kcal. Mozzarella, chicken breast, BBQ sauce, red onion, rocket	6.81
Mediterranean vegetable 🌱 🥑 513 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, fresh basil	6.81
Vegan Mediterranean vegetable 🌱 🥑 🍗 🥑 349 kcal Mushroom, roasted pepper, courgette, onion, fresh basil	6.81
Spicy meat feast 🌶️ 🍗 🥑 616 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chilli, rocket	7.39

11" garlic pizza bread 🌱 778 kcal	5.87
Nachos 🌶️ 🍗 🥑 1011 kcal Cheese, guacamole, pico de gallo, sour cream, sliced chilli Add: Chilli bean non-carne 🌶️ (149 kcal) 2.12	6.11

Pulled beef brisket (160 kcal) 3.14 ; Spicy pulled chicken thigh 🌶️ (249 kcal) 3.14	
Bowl of chips 🥑 964 kcal (Add: Seasoning 🥑 (7 kcal) 50p)	3.99
Bowl of chips with curry sauce 🥑 1073 kcal	4.95
Cheesy chips 🌱 1256 kcal	5.64
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	5.94
Shawarma-chicken-topped chips 🌶️ 🍗 🥑 1300 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces	5.94
Halloumi-style fries 🌶️ 🍗 🥑 458 kcal. Sweet chilli sauce	5.26

NEW Chicken bites 🍗 🥑 411 kcal Ten battered chicken breast pieces, sticky soy sauce	6.39
Southern-fried chicken strips 🌶️ 547 kcal Five chicken breast strips, Jack Daniel's™ Tennessee Honey glaze	6.39
Chicken wings 🌶️ 🍗 🥑 1026 kcal. Ten spicy chicken wings, Naga chilli sauce	7.05
Quorn™ nuggets 🌶️ 🍗 🥑 369 kcal. Eight coated pieces, sweet chilli sauce	5.49

Wings, bites and strips | Mix and match

Five chicken wings 🌶️ 🍗 🥑 445 kcal. Spicy chicken wings	3.05 each
Five chicken bites 🍗 🥑 153 kcal. Battered chicken breast pieces	2 for 5.59
Three southern-fried chicken strips 🌶️ 🍗 🥑 276 kcal Chicken breast strips	3 for 7.65

Add: Sweet chilli sauce 🌶️ 🥑 (62 kcal)	
Naga chilli sauce 🌶️ 🍗 🥑 (136 kcal); BBQ sauce 🥑 (83 kcal)	
Jack Daniel's® Tennessee Honey glaze 🌱 (87 kcal)	99p each
Chipotle mayo 🌶️ 🍗 🥑 (150 kcal); Blue cheese sauce 🌱 (270 kcal)	
Garlic & herb dip (301 kcal); Sticky soy sauce 🥑 (105 kcal)	

Deli Deals | INCLUDES A DRINK 🍷🍹

All 8" pizzas, paninis and wraps are freshly made to order.

8" pizzas Choose any 8" pizza from the small plates section.

Paninis

Cheddar cheese and tomato 🌱 604 kcal	
Wiltshire cured ham and Cheddar cheese 589 kcal	
BBQ chicken, maple-cured bacon and Cheddar cheese 602 kcal	
Tuna mayo and Cheddar cheese 581 kcal	

12" wraps (just-a-wrap, without a drink 4.82 each)	
Brunch wrap 754 kcal	
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	soft drink* 6.00 each
Vegetarian brunch wrap 🌱 634 kcal	alcoholic drink* 7.53 each
Two fried eggs, two vegan sausages, Cheddar cheese	

NEW Korean fried chicken 🌶️ 582 kcal Iceberg lettuce, cucumber, coriander, Korean-style sauce	
Shawarma chicken 🌶️ 🍗 🥑 739 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, coriander, rocket	
Southern-fried chicken 🌶️ 🍗 🥑 636 kcal. Salad leaves, smoky chipotle mayo	
Fried halloumi-style cheese 🌶️ 🍗 🥑 740 kcal Salad leaves, sweet chilli sauce, tomato, cucumber	

Quorn™ nuggets 🌶️ 🍗 🥑 535 kcal Salad leaves, tomato, cucumber, sweet chilli sauce	
Cold chicken breast 🌶️ 🍗 🥑 512 kcal Salad leaves, sweet chilli sauce	

Add: Side salad 🥑 (111 kcal); Spicy rice 🌶️ 🥑 (203 kcal); Chips 🥑 (602 kcal) **1.59** each

THE LITE BITE

Burgers | INCLUDES A DRINK 🍷🍹

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

Served with chips, red onion, gherkin, ketchup, American-style mustard.	
American 1131 kcal 6oz beef patty	soft drink* 7.79 alcoholic drink* 9.32
American cheese 1211 kcal 6oz beef patty, American-style cheese	soft drink* 8.38 alcoholic drink* 9.91

Served with chips, iceberg lettuce, tomato, red onion.

The classic burger 1143 kcal. 6oz beef patty	
NEW Grilled chicken breast burger 993 kcal	
Fried buttermilk chicken 1062 kcal Breaded whole chicken breast fillet	soft drink* 7.79 each
The plant burger 🌱 1213 kcal Plant-based patty, garlic & herb sauce	alcoholic drink* 9.32 each

Halloumi-style cheese and sweet chilli 🌶️ 🍗 🥑 1265 kcal Fried halloumi-style cheese, sweet chilli sauce	
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Served with chips.

Crunchy chicken 🌶️ 1042 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	
Korean fried chicken 🌶️ 978 kcal Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce	

Gourmet burgers | INCLUDES A DRINK 🍷🍹

Served with six beer-battered onion rings, chips, iceberg lettuce, tomato, red onion.

The Big Smoke Pulled BBQ beef brisket, American-style cheese, maple-cured bacon	
Choose: Beef (6oz beef patty) 1679 kcal Fried buttermilk chicken 1815 kcal	

Cheese meltdown American-style cheese, smothered with Emmental & Cheddar cheese sauce	
Choose: Beef (6oz beef patty) 1589 kcal; Fried buttermilk chicken 1725 kcal	

Buffalo 🌶️ 1679 kcal Fried buttermilk chicken, blue cheese sauce, topped with a spicy chicken wing	
BBQ stack 🥑 1360 kcal Plant-based patty, BBQ sauce, stacked with onion rings	

The ultimate burger 1698 kcal 6oz beef patty, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	
Tennessee Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze	
Choose: Beef (6oz beef patty) 1566 kcal; Fried buttermilk chicken 1701 kcal	

The Empire State 1883 kcal Two 6oz beef patties, American-style cheese, maple-cured bacon, gherkin, ketchup, American-style mustard	
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Additional toppings	
Sliced pickled gherkins 🥑 11 kcal	50p
BBQ sauce 🥑 83 kcal	99p
Maple-cured bacon with Cheddar cheese 173 kcal	2.29
Maple-cured bacon with American-style cheese 171 kcal	2.29
Cheddar cheese 🌱 82 kcal	
American-style cheese 🌱 80 kcal	
Maple-cured bacon 91 kcal	
Crunchy chicken strip 🌶️ 92 kcal	each 1.67

Additional burger patties	
6oz beef patty 337 kcal	2.39
Fried buttermilk chicken 473 kcal	
Fried halloumi-style cheese 🌱 298 kcal	
Plant-based patty 🥑 226 kcal	each 2.12

If your meal comes with chips (602 kcal), you can swap for:

Side salad 🥑 (111 kcal); **Spicy rice** 🌶️ 🥑 (203 kcal); **Mediterranean side salad** 🥑 (214 kcal); **Mash** 🌱 (280 kcal); **Jacket potato** 🌱 (282 kcal)

Swapping items may result in changes to allergens contained in the dish.

Chicken | INCLUDES A DRINK 🍷🍹

NEW Spice bag 🌶️ 🍗 🥑
Chicken strips, chicken breast bites, tossed in a salt & chilli Chinese-style spice mix, red onion, sliced chilli, coriander
Choose: Coconut-flavour rice 722 kcal; Chips 1065 kcal

NEW Quorn™ 'no chicken' spice bag 🌶️ 🍗 🥑
Eight coated pieces, tossed in a salt & chilli Chinese-style mix, red onion, sliced chilli, coriander
Choose: Coconut-flavour rice 601 kcal; Chips 944 kcal

Add: Chip shop-style curry sauce 🥑 109 kcal **99p**

Sticky Korean fried chicken bowl 🌶️ 🍗 🥑
Chicken strips, chicken breast bites, tossed in a Korean-style sauce, coriander, sliced chilli
Choose: Coconut-flavour rice 883 kcal; Chips 1226 kcal

NEW Sticky Korean grilled chicken bowl 🌶️ 🍗 🥑
Sliced chicken breast, tossed in a Korean-style sauce, coriander, sliced chilli
Choose: Coconut-flavour rice 🍷 641 kcal; Chips 984 kcal

Sticky Korean fried Quorn™ 'no chicken' bowl 🌶️ 🍗 🥑
Eight coated pieces, tossed in a Korean-style sauce, coriander, sliced chilli
Choose: Coconut-flavour rice 761 kcal; Chips 1104 kcal

Boneless basket 🌶️ 🍗 🥑
Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce
Choose: Side salad 716 kcal; Spicy rice 848 kcal; Chips 1247 kcal

NEW Chicken bites basket
Ten battered chicken breast pieces, coleslaw, sticky soy sauce
Choose: Side salad 543 kcal; Spicy rice 🌶️ 747 kcal; Chips 1124 kcal

Southern-fried chicken strips basket 🌶️ 🍗 🥑
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze
Choose: Side salad 751 kcal; Spicy rice 883 kcal; Chips 1282 kcal

Quorn™ 'no chicken' nuggets basket 🌶️ 🍗 🥑
Eight coated pieces, coleslaw, sweet chilli sauce
Choose: Side salad 573 kcal; Spicy rice 705 kcal; Chips 1104 kcal

Curries | INCLUDES A DRINK 🍷🍹

Classic curries
With basmati pilau rice, plain naan, poppadums, sliced chilli, coriander.

Sweet potato, chickpea & spinach curry 🌶️ 🥑 🍷 912 kcal	
Chicken tikka masala 🌶️ 🍗 1032 kcal	soft drink* 10.44 each
Chicken jalfrezi 🌶️ 🍗 🥑 919 kcal	alcoholic drink* 11.97 each
The Flaming Dragon chicken curry 🌶️ 🍗 🥑 🍷 895 kcal	

Change your plain naan to a garlic naan 🌱 (add 92 kcal) **57p**

Simple curries With basmati pilau rice or chips, sliced chilli, coriander.

Simple sweet potato, chickpea & spinach curry 🌶️ 🥑
Choose: Basmati pilau rice 🍷 552 kcal; Chips 959 kcal

Simple chicken tikka masala 🌶️ 🍗 🥑
Choose: Basmati pilau rice 672 kcal; Chips 1079 kcal

Simple chicken jalfrezi 🌶️ 🍗 🥑
Choose: Basmati pilau rice 🍷 560 kcal; Chips 967 kcal

Simple Flaming Dragon chicken curry 🌶️ 🍗 🥑 🍷 🍹
Choose: Basmati pilau rice 🍷 535 kcal; Chips 942 kcal

Add: One vegetable samosa and two onion bhajis 🌶️ 🥑 (295 kcal) **1.90**

Two plain poppadums 🥑 (86 kcal) **57p**

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chilli and coriander.

Katsu grilled chicken curry 🌶️ 🍗 🥑 558 kcal
Sliced chicken breast

Katsu Quorn™ nugget curry 🌶️ 🍗 🥑 678 kcal
Eight coated pieces

Katsu chicken curry 🌶️ 🍗 🥑 844 kcal
Sliced whole breaded chicken breast fillet

Pub classics | INCLUDES A DRINK 🍷🍹

Freshly battered fish and chips
Cod, peas 1251 kcal, mushy peas 1286 kcal or baked beans 1247 kcal

Whitby breaded scampi
Chips, peas 1135 kcal, mushy peas 1170 kcal or baked beans 1131 kcal. Eight Whitby breaded scampi

Add: Two slices of bread 🌱 (375 kcal) **1.49**
Chip shop-style curry sauce 🥑 (109 kcal) **99p**

All-day brunch 1245 kcal
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips

Add: **NEW** Black pudding (67 kcal) **85p**
Vegetarian all-day brunch 🌱 992 kcal
Two fried eggs, three vegan sausages, baked beans, chips

BBQ chicken melt
Chicken breast, Cheddar cheese, bacon, BBQ sauce, peas, mushroom

Steak & ale pudding
Peas, gravy
Choose: Mash 969 kcal; Chips 1291 kcal

Bangers and mash 888 kcal
Three Lincolnshire sausages, peas, gravy

Vegetarian bangers and mash 🌱 598 kcal
Three vegan sausages, peas, gravy

Wiltshire cured ham, eggs and chips 874 kcal
Two slices of Wiltshire cured ham, two fried eggs

Sausages, chips and beans 1170 kcal
Three Lincolnshire sausages

Vegan sausages, chips and beans 🥑 880 kcal
Three vegan sausages

Chilli bean non-carne 🌶️ 🥑 🍷 644 kcal
Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips

Soft drink* 11.99 | **alcoholic drink* 13.52**

Soft drink* 9.29 | **alcoholic drink* 10.82**

Soft drink* 5.75 | **alcoholic drink* 7.28**

Soft drink* 8.92 | **alcoholic drink* 10.45**

Soft drink* 8.92 | **alcoholic drink* 10.45**

Soft drink* 5.51 | **alcoholic drink* 7.04**

Soft drink* 5.75 | **alcoholic drink* 7.28**

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