




















Desserts

Fresh fruit and ice cream  379 kcal	3.59
Apple, banana, blueberries, strawberries, vanilla ice cream	
Salted caramel sticky toffee pudding  799 kcal	5.34
Vanilla ice cream	
Warm chocolate fudge cake  832 kcal. Vanilla ice cream	5.68
Warm chocolate brownie  697 kcal	5.68
Belgian chocolate sauce, vanilla ice cream	
Warm cookie dough sandwich  601 kcal	5.68
Salted caramel filling, toffee sauce, vanilla ice cream	
British Bramley apple crumble  603 kcal. Vanilla ice cream	5.97
American-style pancakes  650 kcal	5.24
Four pancakes, maple-flavour syrup, vanilla ice cream	
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Mini desserts	
Millionaire's shortbread  331 kcal	2.47
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
Vanilla ice cream and sauce  257 kcal	2.12
Two scoops, toffee sauce, Belgian chocolate sauce	
Cookie crunch  287 kcal	2.12
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
Mini warm chocolate brownie  397 kcal	3.28
Belgian chocolate sauce, vanilla ice cream	
Mini warm cookie dough sandwich  349 kcal	3.28
Salted caramel filling, toffee sauce, vanilla ice cream	
Mini American-style pancakes  373 kcal	3.79
Two pancakes, maple-flavour syrup, vanilla ice cream	

Add: Vanilla ice cream scoop  (97 kcal) **1.04**; Toffee sauce  (66 kcal) **52p**
Belgian chocolate sauce  (61 kcal) **52p**; Banana  (110 kcal) **65p**
Strawberries  (14 kcal) **65p**; Blueberries  (17 kcal) **65p**

ALLERGEN AND NUTRITIONAL INFORMATION





This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

 = Very mild  = Mild  = Medium hot  = Very hot
 = Extremely hot

 Vegetarian  Vegan  5% fat or less  Dish under 500 Calories

Adults need around 2000 kcal a day.⁵

wetherspoon hotels

Over 50 hotels and 1,329 rooms across England, Ireland, Scotland and Wales.

Not available[†] on Booking.com or any website apart from our own.

Book direct.

Our rooms[†] are only available at jdwetherspoon.com, on the app or by phone. [†]UK hotels only.


Scan to find out more.



BREAKFAST


8am - 12 noon

Traditional


Large breakfast 1312 kcal	6.69
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	
Traditional breakfast 770 kcal	5.09
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
Small breakfast  435 kcal	3.09
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	
Add: NEW Black pudding (67 kcal) 85p	

Freedom breakfast 581 kcal	3.20
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	

Large vegetarian breakfast  1067 kcal	6.69
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	


Vegetarian breakfast  725 kcal	5.09
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	

Small vegetarian breakfast  281 kcal	3.09
Fried egg, vegan sausage, baked beans, hash brown, tomato	

Vegan breakfast  612 kcal	3.09
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	

Benedicts

Eggs Benedict 774 kcal	5.39
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	


Mushroom Benedict  667 kcal	5.39
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	


Miner's Benedict 749 kcal	5.39
Two poached eggs, on an English muffin, with NEW black pudding, Hollandaise sauce, rocket	








Lite bite

Scrambled egg on toast  568 kcal	3.09
Three eggs, white bloomer toast	

Beans on toast  558 kcal. Buttered white bloomer toast	3.09
Vegan option available with vegan spread  452 kcal	


Fresh fruit  186 kcal. Apple, banana, blueberries, strawberries	2.99
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Fresh fruit and yoghurt  320 kcal	3.49
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	


NEW Porridge, creamy jumbo oats  188 kcal (plain)	1.99
Add: Banana  (110 kcal) 65p ; Strawberries  (14 kcal) 65p	
Blueberries  (17 kcal) 65p ; Honey  (152 kcal) 35p	
Sliced apple  (46 kcal) 65p ; Maple-flavour syrup  (104 kcal) 35p	

Breakfast muffin deal

Includes tea, coffee (free refills), hot chocolate or a soft drink.

Egg & cheese muffin  286 kcal	2.69
Fried egg, American-style cheese, in an English muffin	



Egg & bacon muffin  351 kcal	2.89
Fried egg, bacon, American-style cheese, in an English muffin	

Egg & sausage muffin  454 kcal	2.89
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	


Egg & vegetarian sausage muffin  357 kcal	2.89
Fried egg, vegan sausage, American-style cheese, in an English muffin	

Breakfast muffin 520 kcal	3.09
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	

NEW Smashed avocado muffin  302 kcal	3.09
Guacamole, pico de gallo, on an English muffin, rocket	

Add: Poached egg  (63 kcal) 1.03 ; Maple-cured bacon (91 kcal) 1.67	
Add: Hash brown  (82 kcal) 56p	

American

American breakfast 1258 kcal	7.10
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup	
Small American breakfast 629 kcal	5.24
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	
Pancakes, maple-flavour syrup  554 kcal	3.29
Four American-style pancakes, maple-flavour syrup	
Add: Maple-cured bacon (91 kcal) 1.67	
Banana, blueberries and strawberries (141 kcal) 1.95	

Small pancakes, maple-flavour syrup  277 kcal	2.10
Two American-style pancakes, maple-flavour syrup	
Add: Maple-cured bacon (91 kcal) 1.67	

Butties and wraps

Bacon butty 565 kcal	2.79
Three back bacon rashers, buttered white bloomer bread	





Sausage butty 706 kcal	2.79
Two Lincolnshire sausages, buttered white bloomer bread	

Vegetarian sausage butty  512 kcal	2.79
Two vegan sausages, buttered white bloomer bread	
Vegan option available with vegan spread  406 kcal	

Breakfast wrap 750 kcal	4.61
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	


Vegetarian breakfast wrap  742 kcal	4.61
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

Breakfast extras

Add any of the following:		
NEW Black pudding 67 kcal	85p	Hash brown  82 kcal 56p
Two back bacon rashers 131 kcal	1.72	Two mushrooms  94 kcal 1.03
Lincolnshire sausage 168 kcal	1.20	Two tomato halves  16 kcal 62p
Vegan sausage  72 kcal	1.20	Hollandaise sauce  299 kcal 1.97
Fried egg  56 kcal	1.03	Slice of toast  188 kcal 1.28
Poached egg  63 kcal		1.03
Two scrambled eggs  136 kcal		1.78
Baked beans  126 kcal		1.03

Tea and toast

Includes tea, coffee (free refills)⁵ or hot chocolate.

Two slices of toast with jam or marmalade  450 kcal	2.55	with drink	2.05	without drink
White bloomer bread				

Tea and coffee

FREE REFILLS⁵	
TEA AND COFFEE	
— ALL DAY EVERY DAY —	
LAVAZZA 	
£1.85 each	
Flat white  92 kcal	
Cappuccino  102 kcal	
Latte  113 kcal	
Espresso  6 kcal	
Black coffee  6 kcal	
White coffee  24 kcal	
Tea	
with semi-skimmed milk  14 kcal	
Dairy alternative: oat sachet  4 kcal	
Decaffeinated tea and coffee available.	

Hot chocolate  169 kcal	1.85
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Biscuits	
Walker's shortbread  151 kcal	75p each
Stem ginger biscuit  123 kcal	
Belgian chocolate biscuit  129 kcal	

for the facts drinkaware.co.uk

jdwetherspoon.com

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See website for full details: jdwetherspoon.com [†]Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. ⁵Statement of daily Calorie needs from the Department of Health & Social Care. ^{††}Excluding decaffeinated tea and decaffeinated coffee. ^{*}Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

FOOD

Main menu 11.30am - 11pm. Children's menu available.

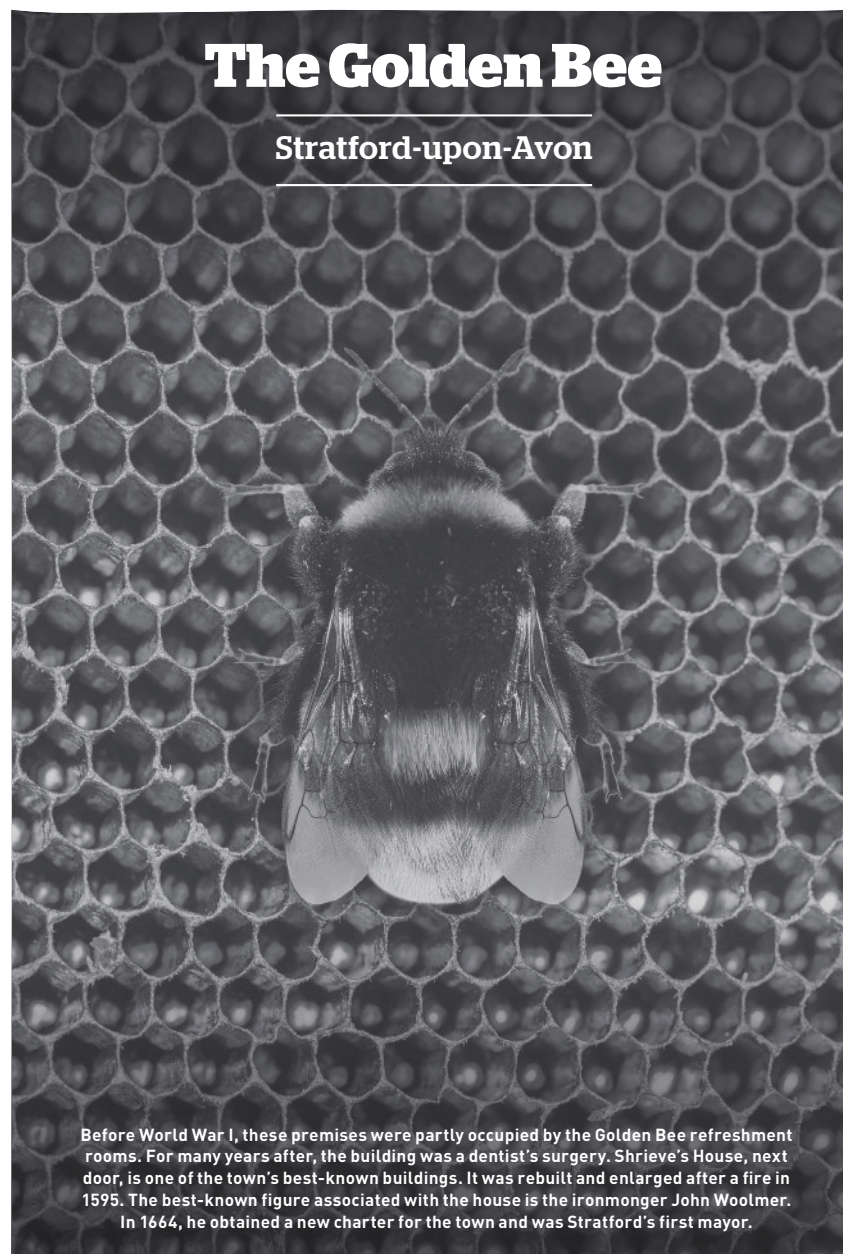


TABLE SERVICE

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.



Use the app to: Order food and/or drinks • Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene rating
Maximum rating of 5 awarded here.



Sustainable fish
The cod and haddock we serve come from fisheries which have been certified as well-managed and sustainable fisheries.



Sustainable Restaurant Association
Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.



Free-range eggs
100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

THE LITE BITE

INCLUDES A DRINK*

Choose from over 150 drinks

Jacket potatoes

With side salad and one filling.

Tuna mayo 634 kcal







Coleslaw  602 kcal

Cheese  628 kcal




Baked beans  462 kcal

THE LITE BITE




















If your meal comes with chips (602 kcal), you can swap for:

Side salad  (111 kcal)	Mash  (280 kcal)
Spicy rice   (203 kcal)	Jacket potato  (282 kcal)
Mediterranean side salad  (214 kcal)	Swapping items may result in changes to allergens contained in the dish.

Small plates | 3 for £14.99

Nachos    1011 kcal Cheese, guacamole, pico de gallo, sour cream, sliced chilli Add: Chilli bean non-carne   (149 kcal) 2.12	6.11
Pulled beef brisket (160 kcal) 3.14 : Spicy pulled chicken thigh  (249 kcal) 3.14	
Bowl of chips  964 kcal (Add: Seasoning  (7 kcal) 50p)	3.99
Bowl of chips with curry sauce  1073 kcal	4.95
Cheesy chips  1256 kcal	5.64
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	5.94
Shawarma-chicken-topped chips    1300 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces	5.94
Halloumi-style fries    458 kcal. Sweet chilli sauce	5.26
NEW Chicken bites   411 kcal Ten battered chicken breast pieces, sticky soy sauce	6.39
Southern-fried chicken strips  547 kcal Five chicken breast strips, Jack Daniel's® Tennessee Honey glaze	6.39
Chicken wings    1026 kcal. Ten spicy chicken wings, Naga chilli sauce	7.05
Quorn™ nuggets    369 kcal. Eight coated pieces, sweet chilli sauce	5.49

Wings, bites and strips | Mix and match

Five chicken wings    445 kcal. Spicy chicken wings	3.05 each
Five chicken bites  153 kcal. Battered chicken breast pieces	2 for 5.59
Three southern-fried chicken strips  276 kcal Chicken breast strips	3 for 7.65
Five Quorn™ nuggets  192 kcal. Five coated pieces	
Add: Sweet chilli sauce   (62 kcal)	
Naga chilli sauce    (136 kcal); BBQ sauce  (83 kcal)	
Jack Daniel's® Tennessee Honey glaze  (87 kcal)	99p each
Chipotle mayo    (150 kcal); Blue cheese sauce  (270 kcal)	
Garlic & herb dip  (301 kcal); Sticky soy sauce  (105 kcal)	

Deli Deals