Desserts Millionaire's shortbread W 331 kcal Two vanilla ice cream scoops, shortbread biscuit. Belgian chocolate sauce, toffee sauce Vanilla ice cream V 500 257 kcal 1.97 Two scoops, toffee sauce, Belgian chocolate sauce Cookie crunch (V) (287 kcal 1.97 Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce Mini warm chocolate brownie V 397 kcal 3.13 Belgian chocolate sauce, vanilla ice cream Mini warm cookie dough sandwich V 347 kcal 3.13 Salted caramel filling, toffee sauce, vanilla ice cream Mini American-style pancakes V 573 kcal 3.69 Two pancakes, maple-flavour syrup, vanilla ice cream Fresh fruit and ice cream V 52 (1990) 379 kcal 3.49 Apple, banana, blueberries, strawberries, vanilla ice cream Salted caramel sticky toffee pudding **2** 799 kcal 5.14 Warm chocolate fudge cake V 832 kcal. Vanilla ice cream 5.48 Warm chocolate brownie V 697 kcal 5.48 Belgian chocolate sauce, vanilla ice cream 5.48 Warm cookie dough sandwich V 601 kcal Salted caramel filling, toffee sauce, vanilla ice cream British Bramley apple crumble V 602 kcal. Vanilla ice cream 5.77 American-style pancakes V 50 650 kcal 5.14 Four pancakes, maple-flavour syrup, vanilla ice cream

Add: Vanilla ice cream scoop (97 kcal) 99p; Toffee sauce (66 kcal) 47p Belgian chocolate sauce (61 kcal) 47p; Banana (110 kcal) 60p Strawberries (a) (14 kcal) 60p; Blueberries (a) (17 kcal) 60p

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:
• Exclude those dishes containing certain allergens.

- See full lists of ingredients.
- Set Calorie and carbohydrate limits · List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals anddrinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot = Extremely hot Vegetarian Vegan 5% fat or less 500 Dish under 500 Calories

Adults need around 2000 kcal a day.§

wetherspoon hotels

Over 50 hotels and 1.329 rooms across England, Ireland, Scotland and Wales.

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BREAKFAST Served 8am - 12 noon

Large breakfast 1320 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	6.59
Traditional breakfast 774 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	4.99
Small breakfast 6550 435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	2.99
Add: Black pudding (178 kcal) 80p	
Freedom breakfast 581 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	2.99
Large vegetarian breakfast ♥ 1075 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	6.59
Vegetarian breakfast ♥ 729 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	4.99
Small vegetarian breakfast 👽 🚳 📸 281 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	2.99
Vegan breakfast ⊘ № 616 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	2.99
American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages four pancakes, maple-flavour syrup	7.00
Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	5.14

Tea and toast

Includes tea, coffee or hot chocolate. Free refills' with drink without drink Two slices of toast with jam or marmalade 2.49 1.99 V 500 458 kcal. White bloomer bread

Breakfast butties and wraps

Bacon butty 574 kcal	2.69
Three back bacon rashers, buttered white bloomer bread	
Sausage butty 714 kcal	2.69
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty V 520 kcal	2.69
Two vegan sausages, buttered white bloomer bread	
Vegan option available with vegan spread @ 59 (156) 414 kcal	
Breakfast wrap 724 kcal	4.51
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap V 715 kcal	4.51
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	
•	

Breakfast muffin deal	
includes tea, coffee, hot chocolate (free refills') or a soft drink.	
Egg & cheese muffin 👽 ႈ 280 kcal Fried egg, American-style cheese, in an English muffin	2.59
Egg & bacon muffin 😘 3 46 kcal Fried egg, bacon, American-style cheese, in an English muffin	2.79
Egg & sausage muffin ; 449 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	2.79
Egg & vegetarian sausage muffin 父 😁 352 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	2.79
Breakfast muffin 514 kcal ried egg, Lincolnshire sausage, bacon, American-style cheese, n an English muffin	2.99
Add: Hash brown ⊘ (82 kcal) 51p	

Two poached eggs, on an English muffin, with Wiltshire cured ham Hollandaise sauce rocket 5.29 Mushroom Benedict M 667 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket Miner's Benedict 970 kcal 5.29 Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket American-style pancakes - choose: Four pancakes, banana, strawberries, blueberries, 5.14 maple-flavour syrup. V 🚳 694 kcal Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal 5.14 Four pancakes, maple-flavour syrup. V 🚳 554 kcal 4.45 Small American-style pancakes - choose: 3.69 Two pancakes, maple-cured bacon, maple-flavour syrup. 500 322 kcal Two pancakes, maple-flavour syrup. V 528 535 277 kcal 3.40 2.99 Scrambled egg on toast V 570 kcal Three eggs, buttered white bloomer toast Beans on toast V 🚳 566 kcal. Buttered white bloomer toast 2.99 Vegan option available with vegan spread @ 53 (1888) 460 kcal Small beans on toast V 39 (500) 252 kcal. Buttered white bloomer toast 2.49 Fresh fruit @ 53 (186 kcal. Apple, banana, blueberries, strawberries Fresh fruit and yoghurt (V 5% 555) 320 kcal 3.49 Apple, banana, blueberries, strawberries, Greek-style honey yoghurt Porridge V 58 555 253 kcal (plain) 1.99 Add: Banana (110 kcal) 60p; Strawberries (14 kcal) 60p Blueberries **⊘** (17 kcal) **60p**; Honey **∨** (152 kcal) **30p** Sliced apple (46 kcal) 60p; Maple-flavour syrup (104 kcal) 30p

5.29

Breakfast extras

Eggs Benedict 756 kgal

Add any of the following:		
Black pudding 178 kcal	80p Hash brown @ 82 kcal	51p
Two back bacon rashers 131 kcal	1.67 Two mushrooms @ 94 kcal	98p
Lincolnshire sausage 168 kcal	1.15 Two tomato halves @ 16 kcal	57p
Vegan sausage 🥏 72 kcal	1.15 Hollandaise sauce V 299 kcal	1.92
Fried egg V 56 kcal	98p Slice of toast V 192 kcal	1.23
Poached egg V 63 kcal		98p
Two scrambled eggs V 136 kcal		1.73
Baked beans @ 126 kcal		98p

- Tea, coffee and hot chocolate-



HOT CHOCOLATE

- ALL DAY EVERY DAY -



Latte V 113 kcal Mocha V 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal

Flat white 92 kcal

Cappuccino V 102 kcal

White coffee 24 kcal Hot chocolate 169 kcal

with semi-skimmed milk 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available

Biscuits

Walkers shortbread V 151 kcal Stem ginger biscuit V 123 kcal Belgian chocolate biscuit V 129 kcal

for the facts drinkaware.co.uk

idwetherspoon.com

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See website for full details: jdwetherspoon.com "Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. ement of daily Calorie needs from the Department of Health & Social Care. **Excluding decaffeinated tea and decaffeinated coffee. **Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).



Main menu 11.30am - 11pm. Children's menu available.

The John Jacques Fratton, Portsmouth

Previously a branch of the Portsea Island Mutual Co-operative Society (PIMCO), thename of this pub recalls PIMCO's former chief executive who died in 1995 aged 90.

PIMCO was set up by a handful of volunteers in May 1873 – the first Fratton Road shop opening in 1887. It was the first of many PIMCO premises in Fratton Road, including this site. From the end of World War II, PIMCO's driving force for 20 years was its chief executive John Jacques, later Lord Jacques of Portsea Island



Or note your table number and order at the bar.



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INCLUDES A DRINK' • **Choose from over 150 drinks**



rating We have been awarded

the maximum food hygiene rating of 5 in this pub.



Allergen and nutritional information can

website and Wetherspoon app

Sustainable Restaurant

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment



The cod and haddock we serve come from fisheries

Sustainable fish

which have been certified as well-managed and sustainable fisheries.



Free-range eggs

goodfoodtalks

The spoken menu app for the visually impaired

opening menus for everybody

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



100% UK and Irish beef Traceable from farm to fork.





The freshly ground 100% Arabica Lavazza coffee^{tt} we serve is from Rainforest Alliance-certified farms

Traditional breakfast

£4.99

£1.71

Breakfast

8am - 12 noon

Tea. coffee and

hot chocolate

Free refills

Wings,

bites and strips

Mix and match

£2.99 each

2 for £5.49 3 for £7.49

Small plates

Mix and match

3 for £14.99

Deli Deals[®]

INCLUDES A DRINK' •

Featuring southern-fried chicken wrap

just-a-wrap, without a drink

£4.82

Afternoon deals

INCLUDES A DRINK

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips

Gourmet burger meals

Featuring NEW The Big Smoke burger

INCLUDES A DRINK •

£6.00

£6.39

£10.19

alcoholic drink*

£7.53

1.92

alcoholic drink*

£11.72



Award-winning children's menu Independently run

'secret diner' survey. wetherspoon hotels





Adults need around 2000 kcal a day.§

be found on the customer information screen,

Small plates 3 for £14.99 8" pizzas. Sourdough base - proved, stretched, topped and freshly baked to order. 6.06 Margherita V (500) 475 kcal. Mozzarella, fresh basil NEW Spicy chicken FFF 706 kcal 6.66 Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket **Pepperoni **** 556 kcal. Mozzarella, pepperoni 6.66 6.66 **Ham and mushroom** 512 kcal. Mozzarella, ham, mushroom, rocket BBQ chicken 562 kcal 6.66 Mozzarella, chicken breast, BBQ sauce, red onion, rocket 6.66 Roasted vegetable V 522 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, fresh basil Vegan roasted vegetable @ 5% (500) 358 kcal 6.66 Mushroom, roasted pepper, courgette, onion, fresh basil Spicy meat feast FFF 606 kcal 7.24 Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket 11" garlic pizza bread V 778 kcal 5.72 Nachos /// V 768 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies 5.96 Bowl of chips @ 964 kcal 3.99 Bowl of chips with curry sauce 1082 kcal 5.29 Cheesy chips V 1256 kcal 5.49 5.79 **Loaded chips** 1303 kcal. Cheese, maple-cured bacon, sour cream NEW Shawarma-chicken-topped chips // 1387 kcal 5.79 Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces Halloumi-style fries // V 5000 458 kcal. Sweet chilli sauce 5.11 Chicken bites (500) 403 kcal 6.24 Ten battered chicken breast pieces, BBQ sauce 6.24 Southern-fried chicken strips **/** 547 kcal Five chicken breast strips, Jack Daniel's® Tennessee Honey glaze 6.90 Chicken wings / 1113 kcal. Ten spicy chicken wings, Naga chilli sauce Quorn[™] nuggets // Ø 5000 345 kcal 5.34

Wings, bites and strips

Eight coated pieces, sweet chilli sauce

Mix and match Five chicken wings /// 355 445 kcal	2.99 each
Spicy chicken wings Five chicken bites (161 kcal Battered chicken breast pieces	2 for 5.49
Three southern-fried chicken strips Chicken breast strips Five Quern™ puggets 177 kcal Five coated pieces	3 for 7.49

Five Quorn™ nuggets @ 177 kcal. Five coated piece

Add: Sweet chilli sauce **FF** (a) (62 kcal) Naga chilli sauce **FFF** (a) (136 kcal); **BBQ** sauce (a) (83 kcal) Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal)

Chipotle mayo (150 kcal); Blue cheese sauce (270 kcal) Garlic & herb dip @ (301 kcal)

De i Dea S INCLUDES A DRINK

All wraps, paninis and 8" pizzas are freshly made to order.

12" wraps (just-a-wrap, without a drink 4.82 each)

NEW Brunch wrap 741 kcal

Fried egg, bacon, Lincolnshire sausage, Cheddar cheese

NEW Vegetarian brunch wrap V 622 kcal

Two fried eggs, two vegan sausages, Cheddar cheese

Shawarma chicken **FFF** 712 kcal

Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, coriander, rocket

Quorn[™] nuggets / Ø 500 490 kcal soft drink* Salad leaves, tomato, cucumber, salsa 6.00 Southern-fried chicken **FFF** 623 kcal each Salad leaves, smoky chipotle mayo alcoholic drink* Cold chicken breast / 58 685 kcal 7.53 Salad leaves, sweet chilli sauce each

Fried halloumi-style cheese // W 727 kcal Salad leaves, sweet chilli sauce, tomato, cucumbe

Cheddar cheese and tomato V 604 kcal

Wiltshire cured ham and Cheddar cheese 580 kcal BBQ chicken, bacon and Cheddar cheese 🚳 576 kcal

Tuna mayo and Cheddar cheese 581 kcal

Choose any 8" pizza from the small plates section.

Burgers includes a Drink ...

Beef burgers made with 100% British beef, freshly cooked to order.

Traceable from farm to fork

Served with chips (add 602 kcal) or ask for a side salad @ (add 111 kcal). With red onion, gherkin, ketchup, American-style mustard.

American 529 kcal soft drink* 6oz beef patty alcoholic drink* 9.52 American cheese 597 kcal soft drink* 8.58 6oz beef patty, American-style cheese alcoholic drink* 10.11

Served with chips (add 602 kcal) or ask for a side salad @ (add 111 kcal). With iceberg lettuce, tomato, red onion.

The classic burger 540 kcal

soft drink* 6oz beef patty 7.99 Fried buttermilk chicken 460 kcal each Breaded whole chicken breast fillet alcoholic drink* The plant burger @ 537 kcal 9.52 Plant-based patty, garlic & herb sauce each

Halloumi-style cheese and sweet chilli FFF V 638 kcal Fried halloumi-style cheese, sweet chilli sauce

Served with chips (add 602 kcal) or ask for a side salad @ (add 111 kcal). Crunchy chicken # 440 kcal soft drink* Two southern-fried chicken strips, iceberg lettuce, mayonnaise 5.74 each NEW Korean fried chicken # 376 kcal Two fried chicken strips, iceberg lettuce, gherkin, alcoholic drink* 7.27 Korean-style sauce each

Gourmet burgers includes a drink

Served with six beer-battered onion rings (add 269 kcal) and chips (add 602 kcal) or ask for a side salad @ (add 111 kcal). With iceberg lettuce, tomato, red onion.

NEW Cheese meltdown

American-style cheese, smothered with Emmental & Cheddar cheese sauce Choose: Beef (6oz beef patty) 732 kcal Fried buttermilk chicken 839 kcal

NEW The Big Smoke soft drink* Pulled BBQ beef brisket, American-style cheese, 10.19 each maple-cured bacon Choose: Beef (6oz beef patty) 1170 kcal alcoholic drink Fried buttermilk chicken 1310 kcal 11.72

NEW Buffalo PPP 819 kcal

Fried buttermilk chicken, blue cheese sauce, Naga chilli sauce. American-style cheese, topped with a spicy chicken wing

NEW BBQ stack @ 439 kcal

Plant-based patty, stacked with six onion rings and covered with BBQ sauce

The ultimate burger 851 kcal 6oz beef patty, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee

99p

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (6oz beef patty) 719 kcal Fried buttermilk chicken 639 kcal

VEW The Empire State 1038 kcal Two 6oz beef patties, American-style cheese, maple-cured pacon, red onion, gherkin, ketchup, American-style mustard

Fried halloumi-style cheese V 298 kcal

Plant-based patty @ 152 kcal

soft drink* 11.65 alcoholic drink* 13.18

each 2.07

Additional toppings	
Sliced pickled gherkins @ 11 kcal	50
BBQ sauce @ 71 kcal	99
Maple-cured bacon with Cheddar cheese 173 kcal	2.2
Maple-cured bacon with American-style cheese 160 kcal	2.24
Cheddar cheese V 82 kcal	
American-style cheese V 69 kcal	
Maple-cured bacon 91 kcal	
Crunchy chicken strip 🏉 92 kcal	each 1.6 2
Additional burger patties	
6oz beef patty 337 kcal	2.34
Fried buttermilk chicken 473 kcal	

INCLUDES A DRINK .

Sticky Korean fried chicken bowl

Chicken strips, chicken breast bites, tossed in a Korean-style sauce, coriander, sliced chillies

Choose: Coconut-flavour rice 58 866 kcal; Chips 1234 kcal Sticky Korean fried Quorn™ alcoholic drink

'no chicken' bowl 🛮 🚳 Eight coated pieces, tossed in a Korean-style sauce, coriander, sliced chillies

Choose: Coconut-flavour rice 3 712 kcal; Chips 1080 kcal

Boneless basket #

Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Side salad 720 kcal: Spicy rice 856 kcal: Chips 1255 kcal

Chicken bites basket

Ten battered chicken breast pieces, coleslaw, BBQ sauce Choose: Side salad 622 kcal; Spicy rice 758 kcal; Chips 1157 kcal

8.98 each alcoholic drink* Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze 10.51 each

soft drink* alcoholic drink*

11.67

each

alcoholic drink*

10.14

each

soft drink*

soft drink*

8.79

each

10.32

each

Quorn[™] 'no chicken' nuggets basket 🖊 🗸

Southern-fried chicken strips basket /

Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 520 kcal; Spicy rice 657 kcal; Chips 1056 kcal

Choose: Side salad 747 kcal; Spicy rice 883 kcal; Chips 1282 kcal

CHITTLES INCLUDES A DRINK ...

Classic curries With basmati pilau rice, plain naan and poppadums.

Sweet potato, chickpea & spinach curry **//** @ 529 916 kcal

Chicken tikka masala // 1036 kcal

Chicken jalfrezi PPP 323 kcal

Beef Madras /// 1088 kcal

Change your plain naan to a garlic naan (V) (add 92 kcal) 52p

Simple curries With basmati pilau rice or chips.

Simple sweet potato, chickpea

& spinach curry // 🕖 Choose: Basmati pilau rice 557 kcal; Chips 959 kcal

Simple chicken tikka masala Choose: Basmati pilau rice 676 kcal; Chips 1079 kcal

soft drink* Simple chicken jalfrezi

7.92 9.45 each each

Choose: Basmati pilau rice 🚳 564 kcal; Chips 966 kcal

Simple beef Madras

Choose: Basmati pilau rice 729 kcal; Chips 1131 kcal

Add: One vegetable samosa and two onion bhaiis (295 kcal) 1.86 Two plain poppadums @ (86 kcal) 52p

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander

Katsu grilled chicken curry / 3 542 kcal Sliced chicken breast

Katsu Quorn™ nugget curry 💆 🧑 638 kcal Eight coated pieces

soft drink* alcoholic drink* 9.03 each

Katsu chicken curry # 828 kcal Sliced whole breaded chicken breast fillet

Curry Club®

Thursday 11.30am - 11pm Featuring chicken korma see Curry Club° menu for full range. soft drink* Icoholic drink* 8.79 10.32

10.56

each

Jacket potatoes includes a drink of

With side salad and one filling. Extra fillings 1.32 each

Chilli bean non-carne / @ 53 (53) 444 kcal

Roasted vegetables @ 59 (500) 385 kcal

Tuna mayo 594 kcal Coleslaw V 561 kcal Cheese V 587 kcal Baked beans @ 588 5555 484 kcal

7.15 each alcoholic drink* 8.68

soft drink*

each

Pub classics includes a drink

Freshly battered fish and chips Cod, peas 1251 kcal, mushy peas 1308 kcal or baked beans 1247	soft drink* 10.38 kcal	alcoholic drink* 11.91
Whitby breaded scampi Chips, peas 1135 kcal, mushy peas 1214 kcal or baked beans 113 Eight Whitby breaded scampi	10.38 31 kcal.	11.91
Add: Two slices of bread ♥ (383 kcal) 1.44 Chip shop-style curry sauce ⊚ (118 kcal) 1.56		
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips Add: Black pudding (178 kcal) 80p	9.72	11.25
Vegetarian all-day brunch ♥ 992 kcal Two fried eggs, three vegan sausages, baked beans, chips	9.72	11.25
BBQ chicken melt 1132 kcal Chicken breast, Cheddar cheese, bacon, BBQ sauce, peas, mushroom, chips	10.38	11.91
Steak & ale pudding Peas, onion & red wine gravy Choose: Mashed potato 957 kcal; Chips 1260 kcal	8.62	10.15
Bangers and mash 888 kcal	8.62	10.15

Three Lincolnshire sausages, peas, onion & red wine gravy Vegetarian bangers and mash V 598 kcal 8.62 10.15

Three yegan sausages, peas, onion & red wine gravy Wiltshire cured ham, eggs and chips 856 kcal 8.03 Two slices of Wiltshire cured ham, two fried eggs 7.73 Sausages, chips and beans 1170 kcal

773 Vegan sausages, chips and beans @ 880 kcal Chilli bean non-carne / @ 58 629 kcal 8.62 10.15

Afternoon deal

smoky chipotle sauce, rice, tortilla chips

Red peppers, red kidney and black turtle beans,

Mon - Fri, 2pm - 5pm Choose from the above pub classic meals.

Small pub classics INCLUDES A DRINK •

Small freshly battered fish and chips Cod, peas 687 kcal, mushy peas 744 kcal or baked beans 683 kc	soft drink* 8.14 cal	alcoholic drink* 9.67
Small Whitby breaded scampi Chips, peas 629 kcal, mushy peas 686 kcal or baked beans 625 Four Whitby breaded scampi	8.14 kcal.	9.67
Add: Two slices of bread ♥ (383 kcal) 1.44 Chip shop-style curry sauce ② (118 kcal) 1.56		
Small Wiltshire cured ham, egg and chips 655 455 kcal One slice of Wiltshire cured ham, fried egg	6.91	8.44
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips	6.91	8.44

Afternoon deal

Add: Black pudding (178 kcal) 80p

Small vegetarian all-day brunch V 590 kcal

Two vegan sausages, fried egg, baked beans, chips

Adults need around 2000 kcal a day.§

Mon - Fri, 2pm - 5pm Choose from the above small pub classic meals.

soft drink* alcoholic drink*

6.91

6.39

Noodles, salads and pastas INCLUDES A DRINK • 1

Red onion @ 10 kcal; Sliced chillies //// @ 3 kcal; Mushroom @ 4 kcal each 93p

11" DIZZAS INCLUDES A DRINK ...

Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket

soft drink* alcoholic drink

soft drink*

10.14

each

alcoholic drink*

11.67

12.85

each **1.25**

each 1.63

10.51

8.98

11.32

Sourdough base - proved, stretched

topped and freshly baked to order.

Pepperoni // 1111 kcal. Mozzarella, pepperoni

Mozzarella, chicken breast, BBQ sauce, red onion, rocket

Vegan roasted vegetable @ 32 715 kcal

Chicken breast 94 kcal; Maple-cured bacon 92 kcal

Pepperoni ## 82 kcal; Roasted vegetables @ 90 kcal

Mushroom, roasted pepper, courgette, onion, fresh basil

Mozzarella, mushroom, roasted pepper, courgette, onion, fresh basil

Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket

Garlic & herb dip 301 kcal: Mozzarella V 164 kcal: Ham 71 kcal

NEW Spicy chicken // 1374 kcal

Ham and mushroom 1025 kcal

Roasted vegetable V 1044 kcal

Spicy meat feast // 1201 kcal

Additional toppings

Mozzarella, ham, mushroom, rocket

BBQ chicken 1111 kcal

Margherita V 949 kcal

Mozzarella, fresh basil

soft drink* alcoholic drink* Ramen noodle bowl **//** @ 58 5555 477 kcal 7.29 8.82 Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth 10.52 Chicken & maple-cured bacon salad 8.99 Choose: Chicken breast 500 384 kcal Southern-fried chicken breast strips # 566 kcal Mediterranean salad @ 500 349 kcal 9.52 7.99 Pearl barley, quinoa, butternut squash, wheat berries, red pepper, pumpkin seeds, basil, dressing Fried halloumi-style cheese 7.99 9.52 & roasted vegetable salad **10** 607 kcal Roasted pepper, courgette, onion, pico de gallo, dressing Additional toppings: Maple-cured bacon (91 kcal) **1.62 Poached egg ♥** (63 kcal) 1.63 1.16 Roasted vegetables (90 kcal) Tuna mayo (298 kcal) Chicken breast (187 kcal) 2.07 Chilli bean non-carne **/ ⊘** (149 kcal) **2.07** 2.07 Fried huttermilk chicken (473 kcal) Spicy pulled chicken thigh / (249 kcal) 3.09

10.73 9.20 Pasta alfredo V 519 kcal Giant fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Chicken breast (187 kcal) 2.07; Maple-cured bacon (91 kcal) 1.62 British beef & pancetta lasagne 9.77 11.30

Sides and extras Bowl of chips @ 964 kcal

Garlic pizza bread V 8"389 kcal 4.55

Onion rings 🕖

With cheese 🕚

Choose: Side salad 814 kcal; Chips 1346 kcal

2.49 Small bowl of chips @ 602 kcal 2.99 Five chicken wings **FFF** 445 kcal Five chicken breast bites 161 kcal 2.99 Eight Whitby breaded scampi 464 kcal 5.19 2.39 Side salad @ 111 kcal 3.32 Mediterranean side salad @ 214 kcal Roasted vegetables @ 135 kcal 1.63 Onion & red wine gravy @ 37 kcal 99p Sliced chillies **FFFF** @ 3 kcal **93p** Coleslaw (399 kcal 1.50 Peas @ 133 kcal 99p Mushy peas **2**48 kcal 99p

Six 269 kcal **2.43**

8" 479 kcal **5.13**

7.92

8.44

9.56

9.26

9.26

alcoholic drink

9.10

soft drink*

7.57

Twelve 538 kcal 3.65 **11**"778 kcal **5.72** ≥ **11**"958 kcal **6.59 ≥**

3.99